

Topics

- **Head & Neck**

- **Prostate**

- **Lung**

- **Breast**

- **Rectum**

Lung Topics 2008

Induction Treatment

Definitive irradiation

Post-operative RT

PCI

Mediastinal ypN0 status significantly predicts greater 5-year survival



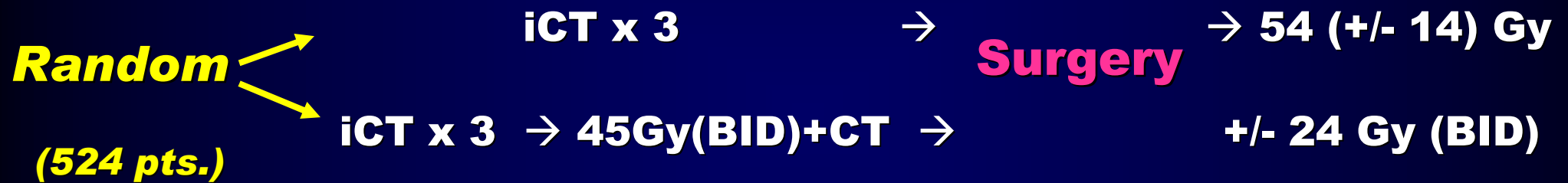
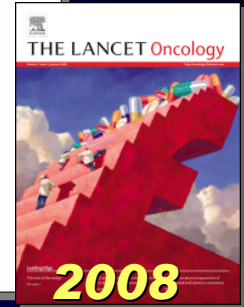
Subgroup	N	Median OS, months (95% CI)	5-year OS, %	P, Univariate analysis	P, Multivariate analysis
Extent of resection				.009	.03
(Bi-)lobectomy	58	25.4 (17.7 to 48.9)	27		
Pneumonectomy	72	13.4 (11.1 to 19.5)	12		
Mediastinal status				<.001	.04
ypN0-1	64	22.7 (17.6 to 42.7)	29		
ypN2	86	14.9 (11.2 to 18.5)	7		
Type of resection				<.001	.01
Complete	77	24.1 (16.7 to 42.4)	27		
Incomplete	76	12.1 (9.5 to 17.1)	7		

EORTC 08941

Is there a preferred preoperative approach in locally advanced NSCLC ?

Effect of preoperative chemoradiation in addition to preoperative chemotherapy: a randomised trial in stage III non-small-cell lung cancer

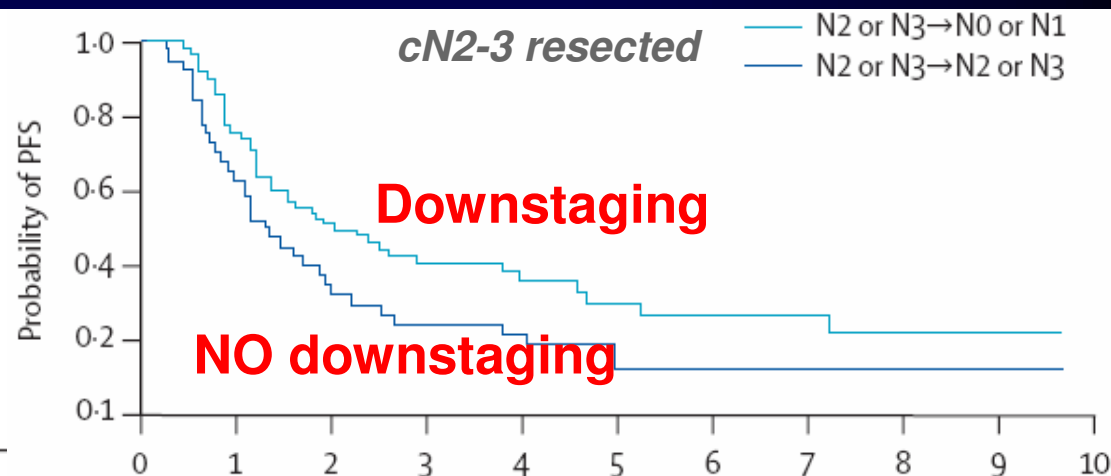
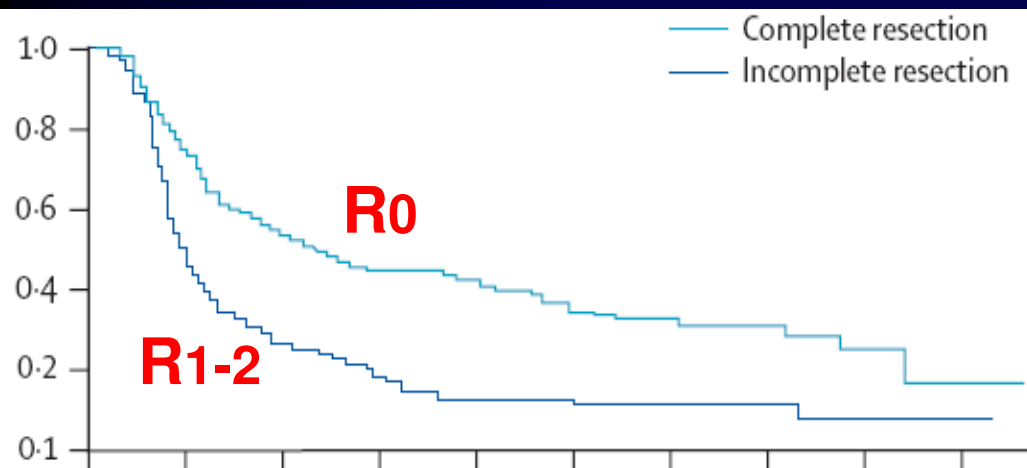
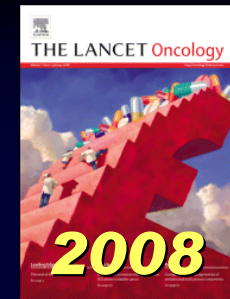
Michael Thomas, Christian Rübe, Petra Hoffknecht, Hans N Macha, Lutz Freitag, Albert Linder, Norman Willich, Michael Hamm, Gerhard W Sybrecht, Dieter Ukena, Karl-Matthias Deppermann, Cornelia Dröge, Dorothea Riesenbeck, Achim Heinecke, Cristina Sauerland, Klaus Junker, Wolfgang E Berdel*, Michael Semik*, for the German Lung Cancer Cooperative Group**



Improvement on

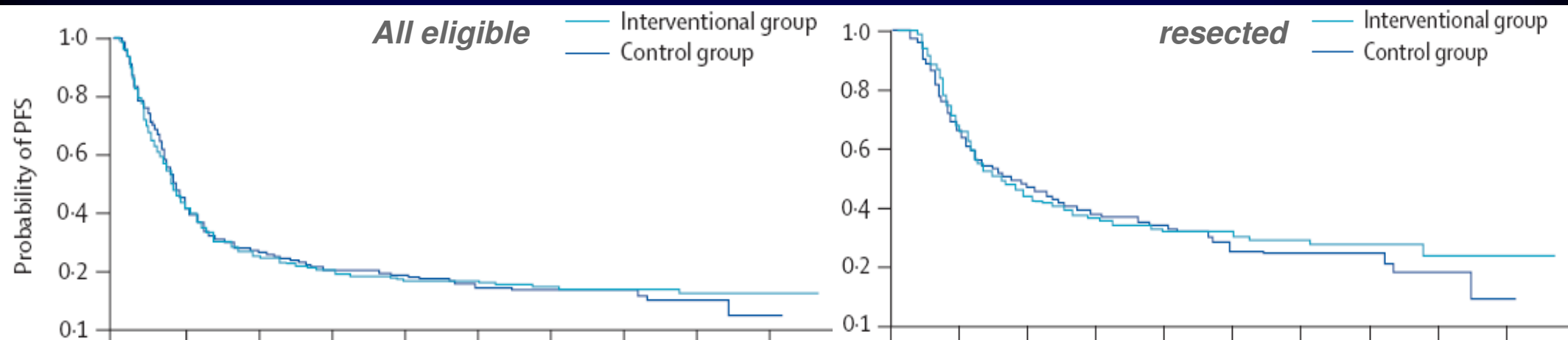
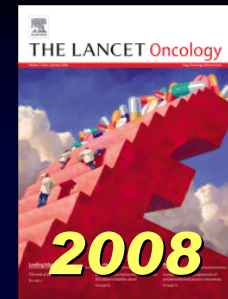
- ✓ **complete resections**
- ✓ **mediastinal downstaging**

furthermore...



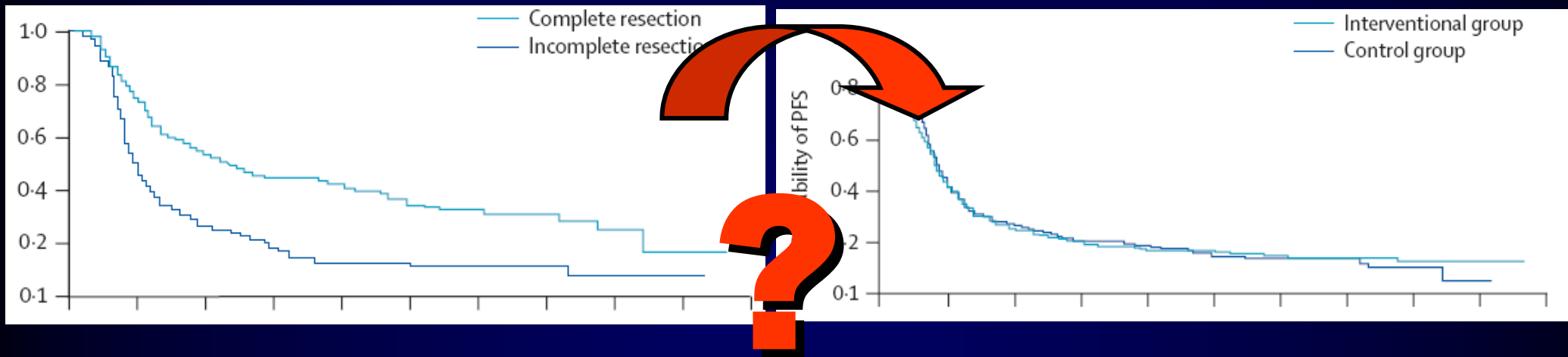
Complete resection and mediastinal downstaging as *prognostic factors* for PFS

... nevertheless ...



“...no significant differences in PFS and OS between groups...”

“...no significant differences in PFS and OS between groups...”

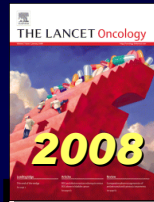


Statistics ? ← complete resections: 182/524 (35%)

Post-op RT as confounding factor

Surgical delay (2 months) in RT+CT group

Last but not least ... toxicity



GLCCG (stage IIIA or IIIB)

EORTC 08941² (stage IIIA; N2)

INT 0139¹⁴ (stage IIIA; N2)

Randomisation;
CT, CT/RT, surgery

Randomisation;
CT, surgery, RT

CT, response, randomisation,
surgery vs RT

Randomisation, CT/RT vs
CT/RT, surgery, CT

Surgical mortality, %

Total

9.2

4.5

4

7.9

After lobectomy or bilobectomy

7.5

2.4

0

1

After pneumonectomy

14.0

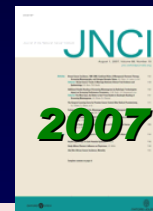
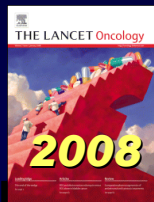
5.5

7

26

***Trimodality approach not optimal when a
pneumonectomy is required***

Last but not least ... toxicity



GLCCG (stage IIIA or IIIB)

EORTC 08941² (stage IIIA; N2)

INT 0139¹⁴ (stage IIIA; N2)

Randomisation;
CT, CT/RT, surgery

Randomisation;
CT, surgery, RT

CT, response, randomisation,
surgery vs RT

Randomisation, CT/RT vs
CT/RT, surgery, CT

Surgical mortality, %

Total

9.2

4.5

4

7.9

After lobectomy or bilobectomy

7.5

2.4

0

1

After pneumonectomy

14.0

5.5

7

26

**At present, there's no evidence of superiority
of preoperative CT+RT over CT alone**

Lung Topics 2008

Induction Treatment

Definitive irradiation

Post-operative RT

PCI

“What is the standard for stage IIIA NSCLC ?”



Hot Topics 2007

Evidence teaches us that the superiority in outcome of concomitant over sequential approach may be counterbalanced in excess of toxicity

“Optimization of chemo-radiotherapy integration has the best perspective to improve the outcome and to become the novel standard...”

Van Meerbeek et al



Optimization = intensification !

Randomized Phase II Trial of Induction Chemotherapy
Followed by Concurrent Chemotherapy and Dose-Escalated
Thoracic Conformal Radiotherapy (74 Gy) in Stage III
Non-Small-Cell Lung Cancer: CALGB 30105

Mark A. Socinski, A. William Blackstock, Jeffrey A. Bogart, Xiaofei Wang, Michael Munley, Julian Rosenman,
Lin Gu, Gregory A. Masters, Peter Ungaro, Arthur Sleeper, Mark Green, Antonius A. Miller, and Everett E. Vokes



69 pts.

CBDCA/PTX x 2 →

CBDCA/Gem x 2 →

3D-RT

74 Gy

+ weekly low dose CBDCA/PTX

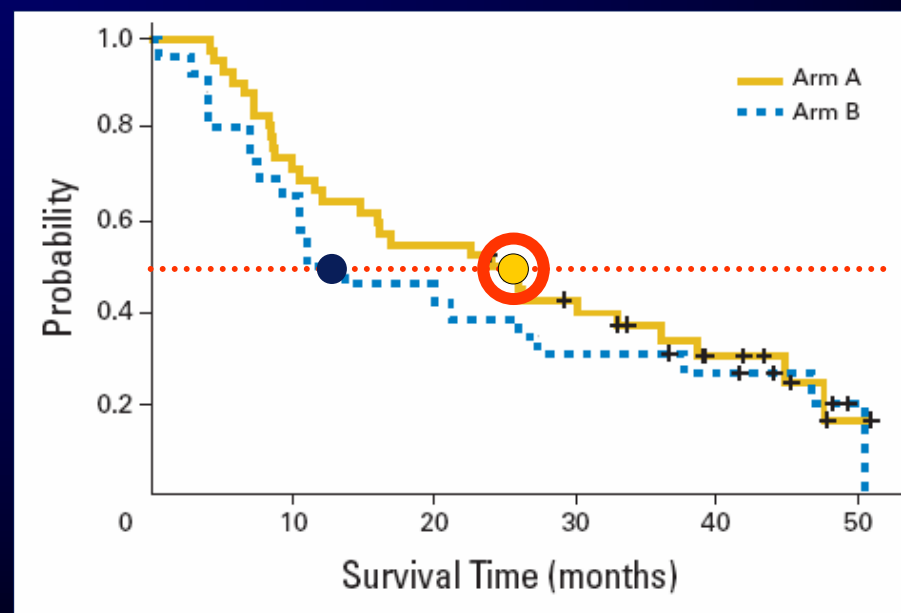
+ twice weekly low dose Gem

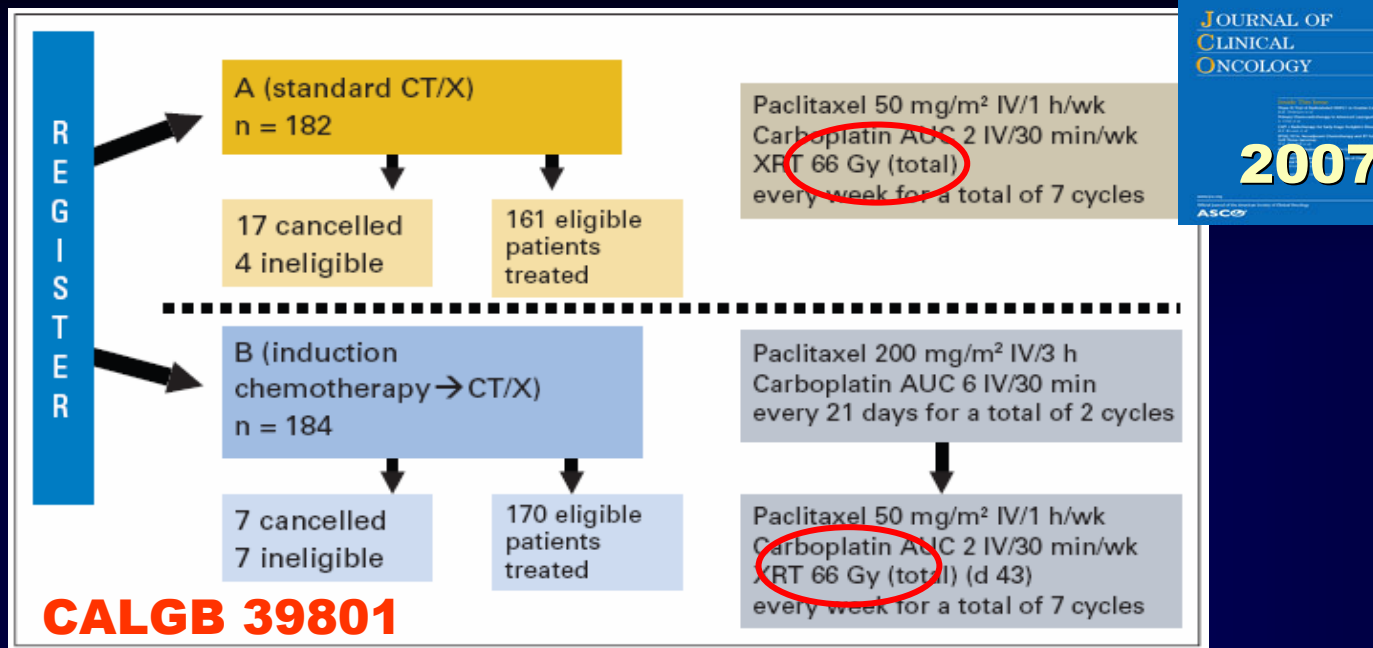
End-points: overall survival (i.e. MST => 18 months)

Intensification = toxicity !

Summary of Grade 3, 4, and 5 Toxicities During Concurrent Chemoradiation												
Toxicity	CBDCA/PTX Arm A (n = 37)						CBDCA/Gem Arm B (n = 23)					
	Grade 3		Grade 4		Grade 5		Grade 3		Grade 4		Grade 5	
	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
Esophagitis	6	16	0	0	0	0	9	39	0	0	0 (0)	0
Nausea	3	8	0	0	0	0	1	4	0	0	0	0
Vomiting	2	5	0	0	0	0	0	0	0	0	0	0
Dehydration	2	5	0	0	0	0	3	13	0	0	0	0
Weight loss	2	6	0	0	0	0	2	9	0	0	0	0
Fatigue	3	8	1	3	0	0	8	35	0	0	0	0
Infection without neutropenia	3	8	0	0	0	0	3	13	0	0	0	0
Pulmonary	4	11	2	5	0	0	8	21	2	9	2	8
Cardiac	0	0	0	0	1	3	1	4	0	0	0	0
Grade 3-5: 16%						vs. 37%						

Arm A	Arm B
MST: 24.3 mth	vs. 12.5 mth
3yOS: 37.1%	vs. 30.8%





- Induction chemotherapy added to RT+CT **does not** lead to a significant increase in survival in unresectable stage III NSCLC
- *Survival on both study arms disappointing (MST ~ 14 mth)*

... So far, dose-escalation with 3-D planning should be tested in RCTs of integrated treatments !



XVIII Congresso Nazionale

Lunedì 17 Novembre 2008

16.30-18.00

Sala Rossa

• SESSIONE 18

WORKSHOP

Highlights in oncologia toracica

MODERATORI: **E. Emiliani** (Ravenna), **G. Silvano** (Taranto)

NSCLC localmente avanzato: come migliorare il controllo di malattia?

L. Trodella (Roma)

Ruolo delle tecniche stereotassiche nel NSCLC

F. Casamassima (Firenze)

Quale spazio per la brachiterapia in oncologia polmonare?

G. Gava (Treviso)

Lung Topics 2008

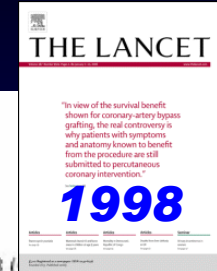
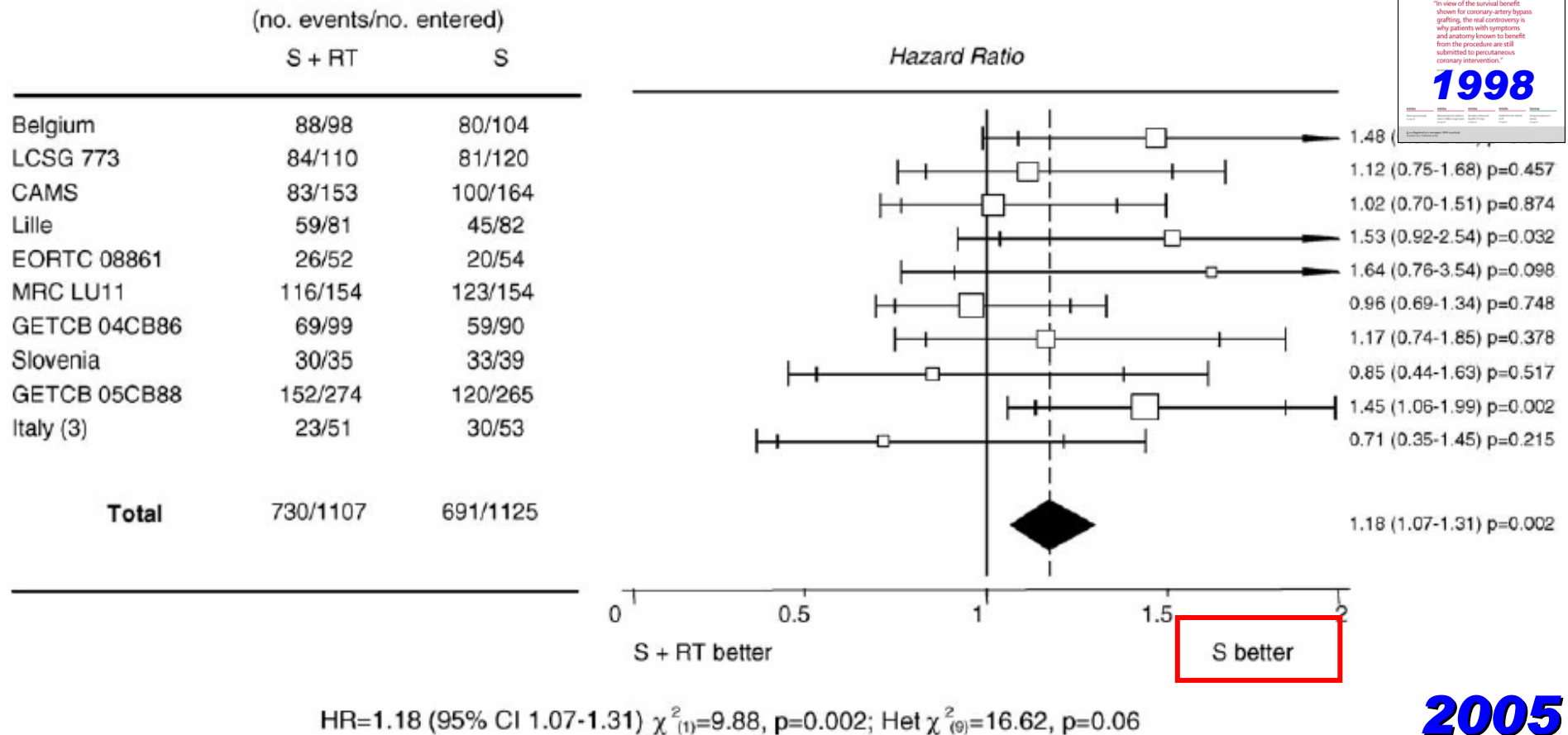
Induction Treatments

Definitive irradiation

Post-operative RT

PCI

current evidence

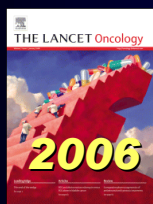


2005

**“...post-op RT is detrimental in completely resected...
...the role in N2 is not clear... further research...”**

IMPACT OF POSTOPERATIVE RADIATION THERAPY ON SURVIVAL IN PATIENTS WITH COMPLETE RESECTION AND STAGE I, II, OR IIIA NON-SMALL-CELL LUNG CANCER TREATED WITH ADJUVANT CHEMOTHERAPY: THE ADJUVANT NAVELBINE INTERNATIONAL TRIALIST ASSOCIATION (ANITA) RANDOMIZED TRIAL

JEAN-YVES DOUILLARD, M.D., PH.D.,* RAFAEL ROSELL, M.D.,† MARIO DE LENA, M.D.,‡ MARCELLO RIGGI, M.D.,§ PATRICK HURTELOUP, M.D.,§ AND MARC-ANDRE MAHE, M.D., PH.D.
ON BEHALF OF THE ADJUVANT NAVELBINE INTERNATIONAL TRIALIST ASSOCIATION



Surgery

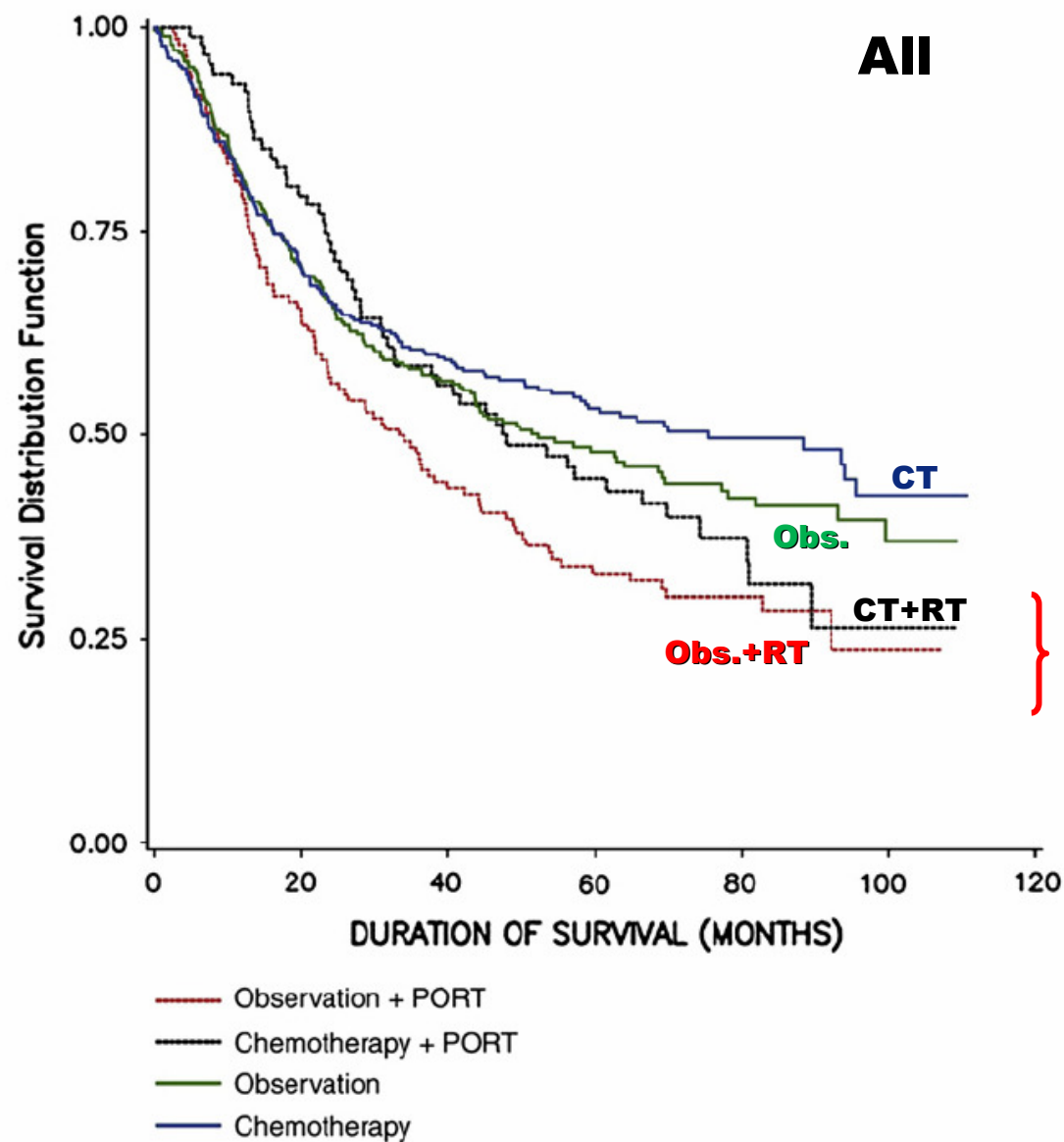
→ **Random**

CDDP+VNR +/- RT (N+)

Observation +/- RT (N+)

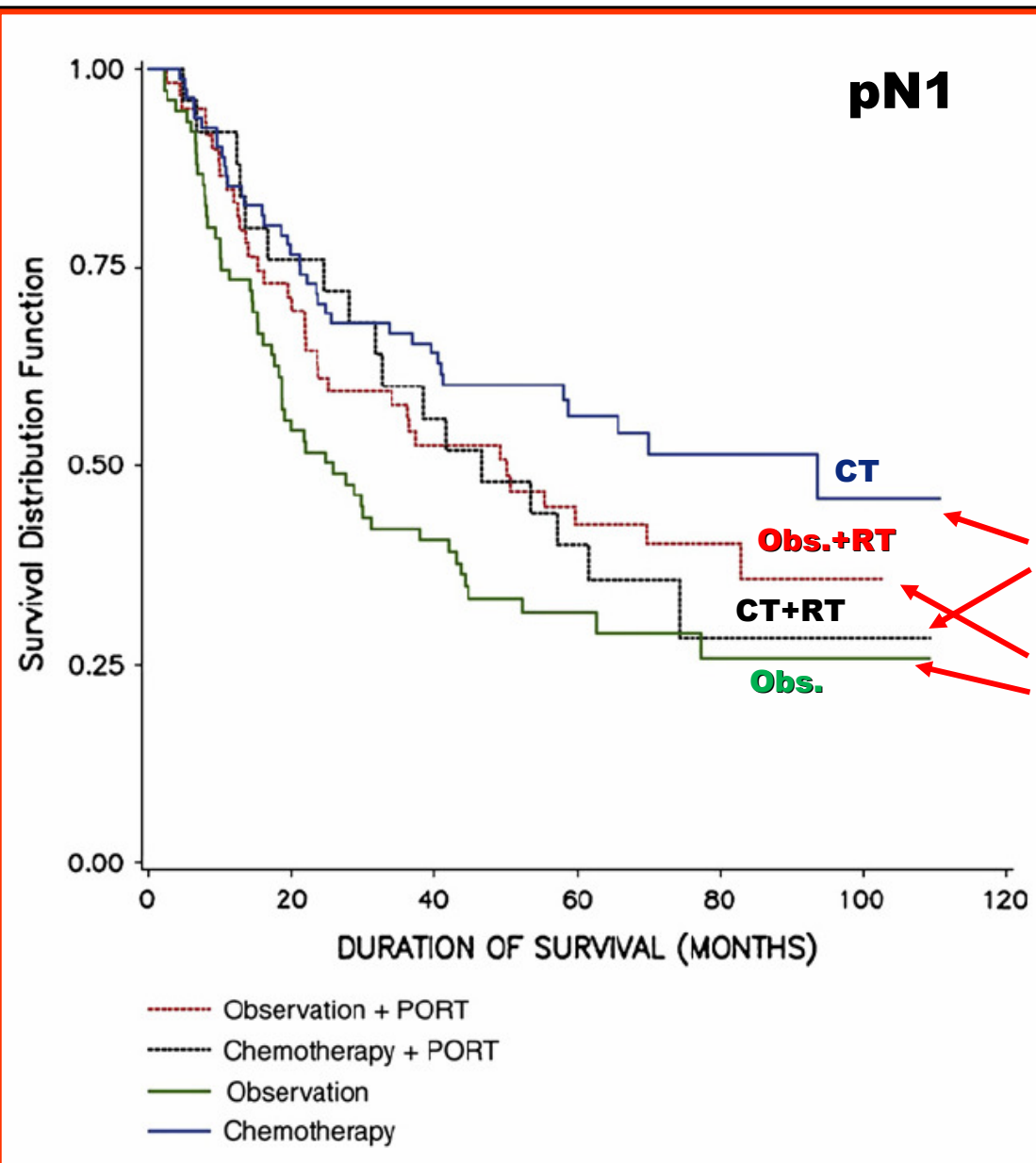
840 Stage I-IIIa

	Observation			Cisplatin + vinorelbine			Total
	pN0	pN1	pN2	pN0	pN1	pN2	
Total population	188	136	106	179	107	118	840*
PORT population	16	60	68	15	25	48	232
% PORT	8.5	44.1	64.5	8.4	23.3	40.6	27.6



PORT detrimental !!

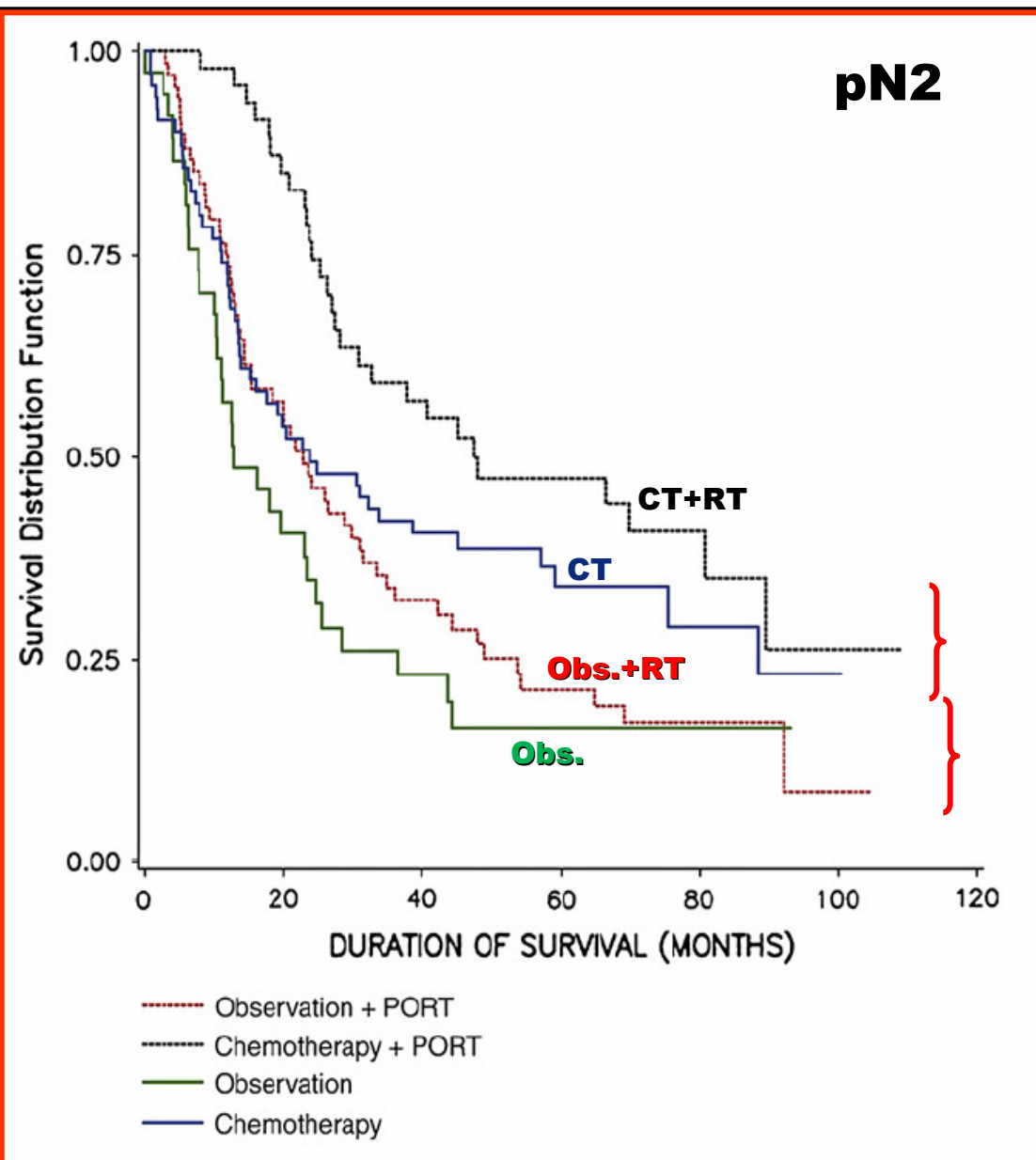




CT group: PORT detrimental

Obs. group: PORT beneficial





CT group: PORT+ CT better than CT alone

Obs. group: PORT beneficial

Is it enough to change the evidence ?

.....?

Cancer Care Ontario and American Society of Clinical Oncology Adjuvant Chemotherapy and Adjuvant Radiation Therapy for Stages I-IIIA Resectable Non-Small-Cell Lung Cancer Guideline

Katherine M.W. Pisters, William K. Evans, Christopher G. Azzoli, Mark G. Kris, Christopher A. Smith, Christopher E. Desch, † Mark R. Somerfield, Melissa C. Brouwers, Gail Darling, Peter M. Ellis, Laurie E. Gaspar, Harvey I. Pass, David R. Spigel, John R. Strawn, Yee C. Ung, and Frances A. Shepherd



Reference	Median Follow-Up (years)	Intervention	No. of Patients Randomly Assigned	Survival		Local Recurrence Rate (%)
				Median (years)	5-Year Rate (%)	
Mayer et al, 1997 ⁴³	3.6	Surgery + RT	83	NR	29.7	6.0
		Surgery	72	NR	20.4	23.6
Dautzenberg et al, 1999 ⁴⁴	5.7	Surgery + RT	373	2.3	30.0*	22.5†
		Surgery	355	3.5	43.0	28.5
Feng et al, 2000 ⁴⁵	NR	Surgery + RT	134‡	NR	43.4	12.7§
		Surgery	162‡	NR	40.5	33.2§

Published after PORT Meta-analysis

NO survival benefit !

Need for a New Trial to Evaluate Adjuvant Postoperative Radiotherapy in Non-Small-Cell Lung Cancer Patients With N2 Mediastinal Involvement

Cecile Le Péchoux, Ariane Dunant, and Jean-Pierre Pignon

Departments of Radiotherapy and Biostatistics, Institut Gustave Roussy,
Villejuif, France

Dirk De Ruysscher

Academic Hospital Maastricht/GROW/MAASTRO Clinic, Maastricht, the Netherlands



Lung Topics 2008

Induction Treatments

Definitive irradiation

Post-operative RT

PCI

PCI improves survival in responsive SCLC

... not only in Limited Disease !!

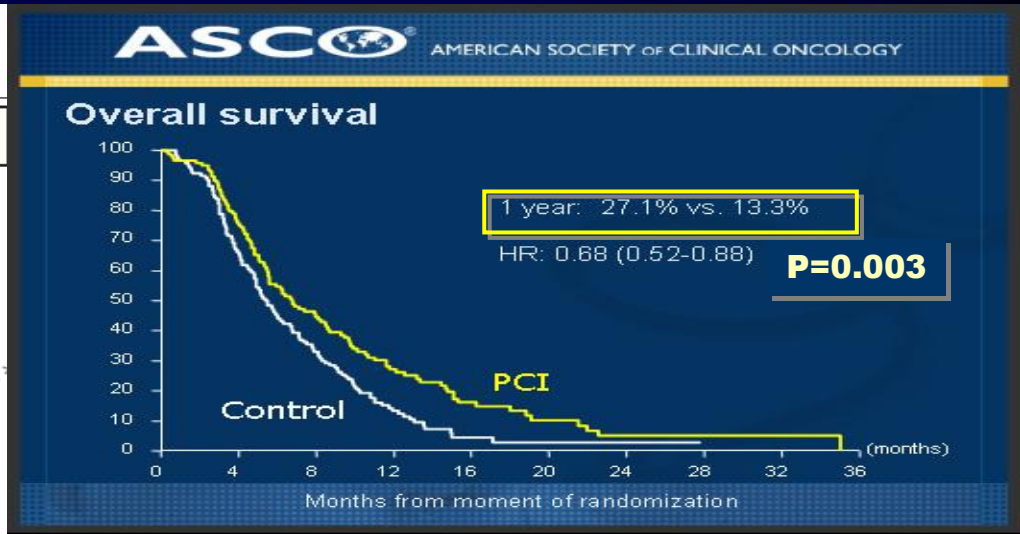
The NEW ENGLAND JOURNAL of MEDICINE

August 2007

ORIGINAL ARTICLE

Prophylactic Cranial Irradiation in Extensive Small-Cell Lung Cancer

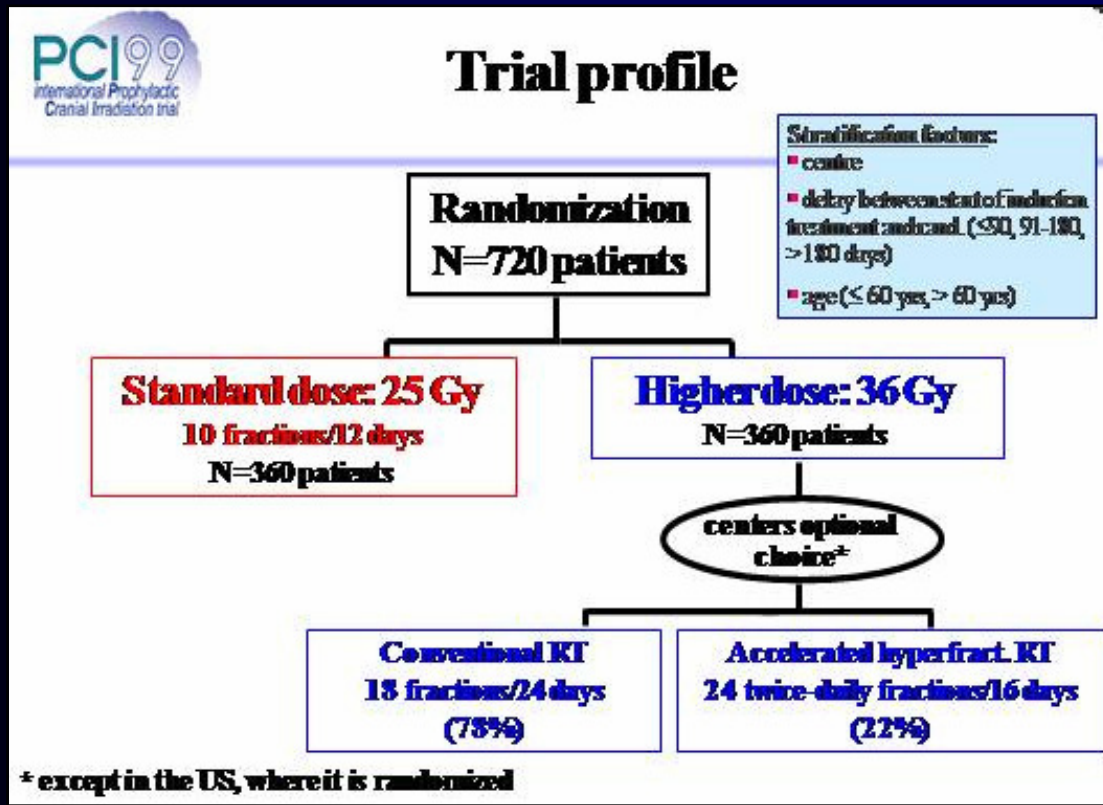
Ben Slotman, M.D., Ph.D., Corinne Faivre-Finn, M.D., Ph.D., Gijs Kramer, M.D.,
Elaine Rankin, M.D., Michael Snee, D.M., Matthew Hatton, F.R.C.R.,
Pieter Postmus, M.D., Ph.D., Laurence Collette, Ph.D., Elena Musat, M.D.,
and Suresh Senan, Ph.D., F.R.C.R., for the EORTC Radiation Oncology Group
and Lung Cancer Group†



- ***The optimal PCI dose is not well defined***

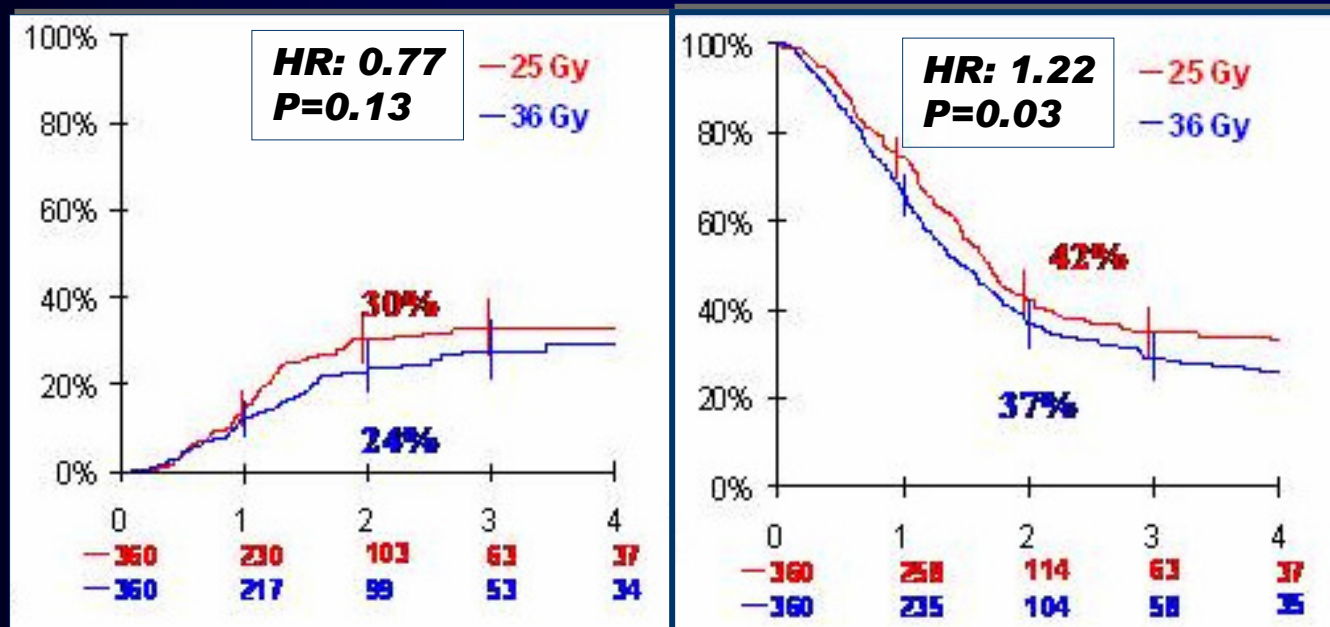
...meta-analysis suggested that brain metastases incidence might be reduced at higher doses...

Randomized Trial of Standard Dose to a Higher Dose PCI in LS-SCLC Complete Responders: Primary Endpoint Analysis C. Le Pechoux, et al



End-points: BM incidence
(decrease of 15% at 2 yrs)
Overall survival
QoL
Late sequelae

Results



Lower OS

Non-significant reduction in BM incidence

PCI at 25 Gy remains the standard for LD-SCLC

Is there a role for PCI in NSCLC ?

Prophylactic Cranial Irradiation in Operable Stage IIIA Non-Small-Cell Lung Cancer Treated With Neoadjuvant Chemoradiotherapy: Results From a German Multicenter Randomized Trial

Christoph Pöttgen, Wilfried Eberhardt, Andreas Grannass, Soenke Korfee, Georg Stüben, Helmut Teschler, Georgios Stamatis, Horst Wagner, Bernward Passlick, Volker Petersen, Volker Budach, Hans Wilhelm, Isabel Wanke, Herbert Hirche, Hans-Jochen Wilke, and Martin Stuschke



End-points: Overall survival
BM incidence

- ✓ No systemic treatment in control arm
- ✓ Too many variables in experimental arm

Is there a role for PCI in **NSCLC** ?

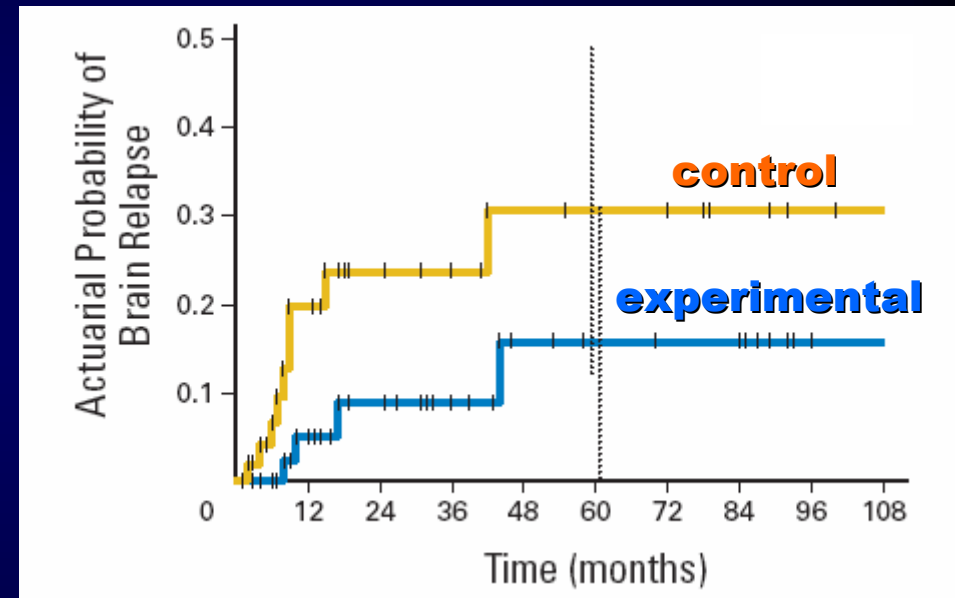


- Significant **reduction** of BM incidence

(30.7% vs. 15.8% after 5 years)

- **NO DIFFERENCE** in survival

5y-OS: **18%** vs. **16%** (P 0.15)



No evidence for PCI in NSCLC
Need for RCTs (RTOG ?)

Domenica 16 Novembre 2008

9.00-10.00

Sala Rossa

• **SESSIONE 4**

CONTROVERSIE IN RADIOTERAPIA

L'irradiazione profilattica dell'encefalo

Pro e Contro

MODERATORI: **R. Santoni** (Roma), **I. Pirtoli** (Siena)

Pro

U. Ricardi (Torino)

Contro

E. Maranzano (Terni)

Replica

U. Ricardi (Torino)

Replica

E. Maranzano (Terni)

Topics

- Head & Neck
- Prostate
- Lung
- **Breast**
- Rectum

Breast Topics 2008

Hypofractionation

Partial Breast Irradiation

Carcinoma in situ

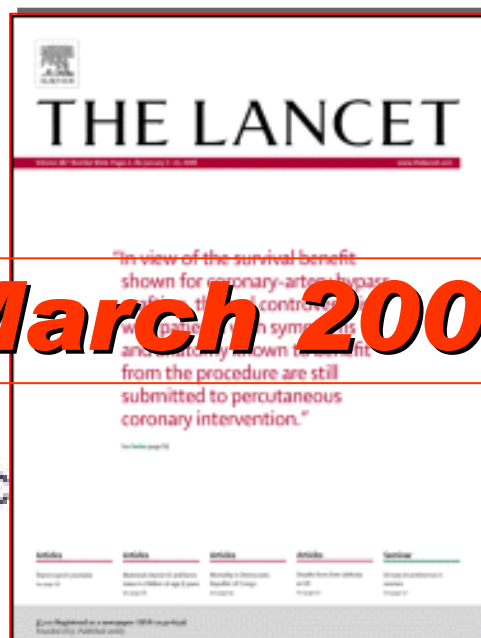


Hypofractionation for early breast cancer: First results of the UK standardisation of breast radiotherapy (START) trials

March 2008

April 2008

CANCER RESEARCH



START Trials: design and endpoints

BCS + mastectomy

Women with completely excised
invasive breast cancer, T1-3 N0-1 M0

Trial A (ST-A)

N=2236

50Gy in 25 #
(2.0Gy) 5 wks
N=749

39.0Gy in 13 #
(3.0Gy) 5 wks
N=750

41.6Gy in 13 #
(3.2Gy) 5 wks
N=737

Primary endpoint:

- local-regional relapse

Secondary endpoints:

- normal tissue effects (NTEs)

-annual physician assessments of

2236 2215

induration, shrinkage, oedema

-photographs (baseline, 2y & 5y)

1291 1094

standard

Hypofractionation

- quality of life EORTC Breast, body image, HADS (baseline, 6m, 1y, 2y, 5y)

1129 1079

Trial B (ST-B)

N=2215

50Gy in 25 #
(2.0Gy) 5 wks
N=1105

40Gy in 15 #
(2.67Gy) 3 wks
N=1110

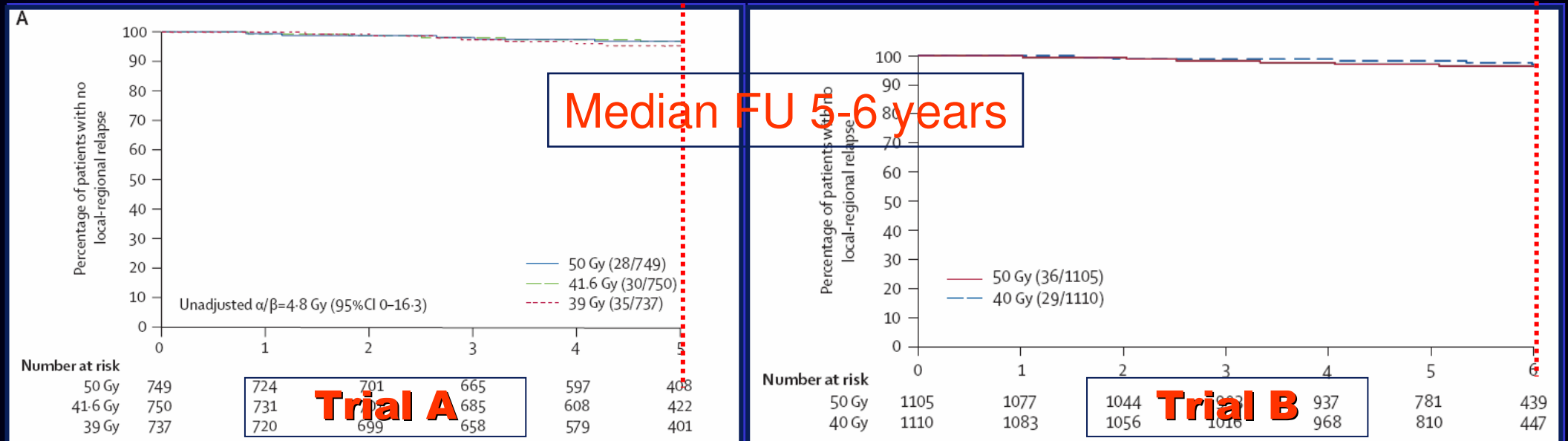
Additional endpoints:

- disease-free survival
- overall survival

2236 2215

**Recruitment from 35 UK centres
between Jan 1999 & Oct 2002**

No differences in local-regional relapse



Local-regional relapse		% at 5 yrs	crude HR (95% CI)	p value
50 Gy	28/749 (3.7)	3.6 (2.2-5.1)	1	-
41.6 Gy	30/750 (4.0)	3.5 (2.1-4.3)	1.05 (0.63-1.75)	0.86
39 Gy	35/737 (4.7)	5.2 (3.5-6.9)	1.26 (0.77-2.08)	0.35

p: n.s.

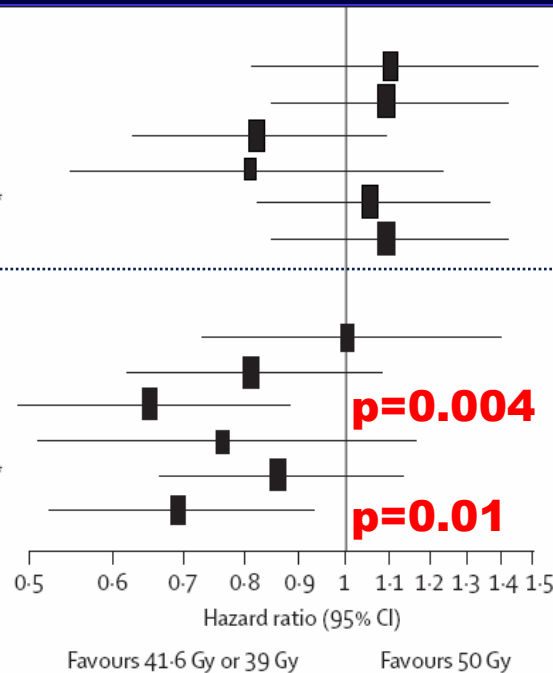
Local-regional relapse		% at 5 yrs	crude HR (95% CI)	p value
50 Gy	36/1105 (3.2)	3.3 (2.2-4.5)	1	
40 Gy	29/1110 (2.6)	2.2 (1.3-3.1)	0.79 (0.48-1.29)	0.35

p: n.s.

No toxicity increase with hypofractionation

41.6 Gy vs 50 Gy

Breast shrinkage since radiotherapy*
Breast hardness since radiotherapy*
Change in skin appearance since radiotherapy
Swelling in area of affected breast
Change in breast appearance since radiotherapy*
Change in breast appearance (photographic)*



Trial A

Breast shrinkage since radiotherapy*

Breast hardness since radiotherapy*

Change in skin appearance since radiotherapy

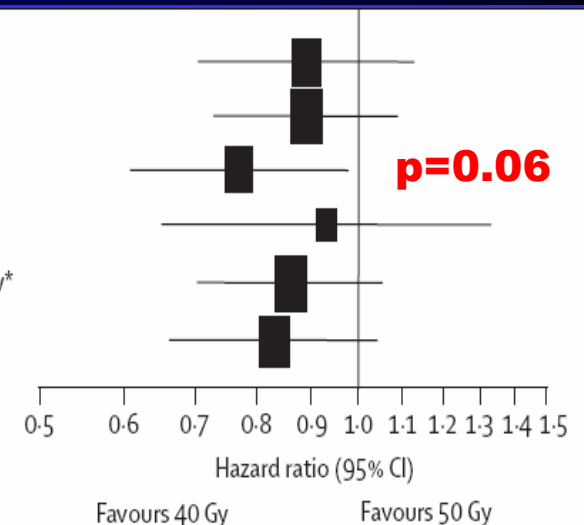
Swelling in area of affected breast

Change in breast appearance since radiotherapy*

Change in breast appearance (photographic)*

*Breast conserving patients only

Trial B



... hypofractionated could offer rates of tumor control and normal tissue damage as least as favourable as standard schedule...



Is there enough evidence to change?

No

Comments on
the START -trials
Dr. LJ Boersma, MAASTRO
clinic, Maastricht, The Netherlands



	% without any systemic treatment	# Fractions	Fraction size (Gy)	Total dose (Gy)	NTD2 (Gy)	NTD3,4 (Gy)	Breast changes (HR)	NTD10 (Gy)	NTD4,6 (Gy)	5 yr LRR (%)
					NTD for normal tissue			NTD for tumour		
START-A-B		25	2	50,00	50,00	50,00	1	50,00	50,00	3,3-3,6
START-A	7,7%	13	3	39,00	48,75	46,22	0,69	42,25	44,91	5,2
START-A	7,7%	13	3,2	41,60	54,08	50,84	1,09	45,76	49,16	3,5
START-B	3%	15	2,67	40,05	46,76	45,02	0,83	42,29	44,12	2,2
Bartelink	70%	25	2	50,00	50,00	50,00		50,00	50,00	7,3
Bartelink	70%	33	2	66,00	66,00	66,00		66,00	66,00	4,3

Similar LC despite different dose

→ **different risk?**

Age (younger in EORTC)

Resection margin

Surgery

Syst. tr: EORTC 30%, START 90%

Is there enough evidence to change?

No

Comments on
the START -trials
Dr. LJ Boersma, MAASTRO
clinic, Maastricht, The Netherlands



	% without any systemic treatment	# Fractions	Fraction size (Gy)	Total dose (Gy)	NTD2 (Gy) NTD for normal tissue	NTD3,4 (Gy)	Breast changes (HR)	NTD10 (Gy) NTD for tumour	NTD4,6 (Gy)	5 yr LRR (%)
START-A-B		25	2	50,00	50,00	50,00	1	50,00	50,00	3,3-3,6
START-A	7,7%	13	3	39,00	48,75	46,22	0,69	42,25	44,91	5,2
START-A	7,7%	13	3,2	41,60	54,08	50,84	1,09	45,76	49,16	3,5
START-B	3%	15	2,67	40,05	46,76	45,02	0,83	42,29	44,12	2,2
Bartelink	70%	25	2	50,00	50,00	50,00		50,00	50,00	7,3
Bartelink	70%	33	2	66,00	66,00	66,00		66,00	66,00	4,3

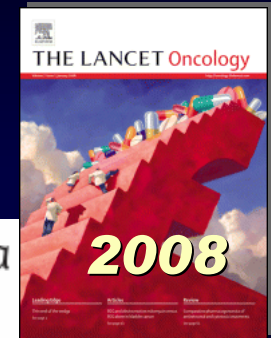
**Low NTD for normal tissues
... but short FU!**

Is there enough evidence to change?

No

Comment ^{*}Harry Bartelink, Rodrigo Arriagada

Hypofractionation in radiotherapy for breast cancer



Mixed population :

Mastectomy

Boost

Tamoxifen

Chemotherapy

Oestrogen receptors

Balanced ?

Trial A

15%

61%

79%

35%

?

Trial B

8%

43%

87%

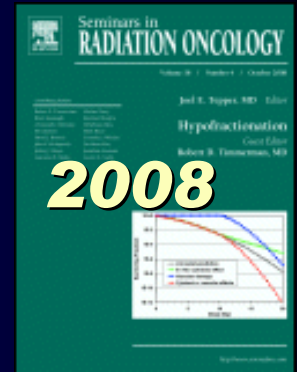
22%

?

“... hypofractionation is convenient... nevertheless we have to wait for longer FU before final conclusions.”

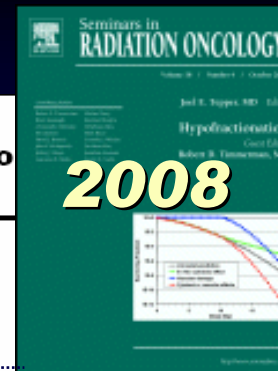
Is there enough evidence to change?

Yes



*“There are now long-term data from randomized trials to support the concept that **modest** hypofractionation can be used to treat the whole breast after breast conserving surgery with **similar** rates of local control and morbidity as seen with conventional fractionation.”*

Whelan TJ et al.



Study	Patients	Fractionation Schedule	Follow-up (yrs)	Locoregional Recurrence (%)	Breast Appearance (% excellent/good or no change)
Whelan et al, 2002 ²⁶	1234 Node -ve	50 Gy/25 fractions/ 5 weeks 42.5 Gy/ 16 fractions/3 weeks	5, 5	3.0, 2.8*	77, 77 [†]
Yarnold et al, ²⁸ Owen et al, 2006 ²⁹	1410 Node -ve and +ve	50 Gy/25 fractions/ 5 weeks 42.9 Gy/ 13 fractions/5 weeks 39 Gy/13 fractions/5 weeks	10, 10, 10	12.1, 9.1, 14.8	47, 42, 44 [‡] , 72.3
START A ³⁰	2236 Node -ve and +ve	50 Gy/25 fractions/ 5 weeks 41.6 Gy/ 13 fractions/5 weeks 39 Gy/13 fractions/5 weeks	5, 5, 5	3.6, 3.5, 5.2	59, 59, 70 [‡]
START B ³¹	2215 Node -ve and +ve	50 Gy/25 fractions/ 5 weeks 40 Gy/ 15 fractions/5 weeks	5, 5	3.3, 2.2	57, 64 [‡]



10-years FU

Standard

Hypo

LR risk
cosmesis > good
skin morbidity > moderate

6.7%

71%

3%

6.2%

70%

6%

Breast Topics 2008

Hypofractionation

Partial Breast Irradiation

Carcinoma in situ

Key question: is less more?

Changing Concepts in Radiation Therapy for Early Breast Cancer

By Krystyna Kiel, MD


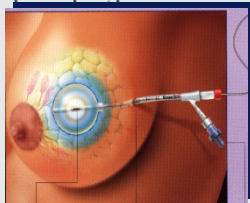
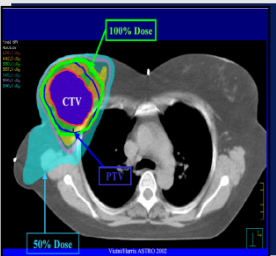


***“... Accelerated PBI may be an alternative to conventional
irradiation for **some** patients...
... many studies suggest that, for **selected** patients, this
approach is safe and effective.”***

Overview of Accelerated Partial Breast Irradiation **2008**

Todd A. Swanson, MD, PhD, and Frank A. Vicini, MD

CURRENT **Oncology** reports

APBI technique	Study/Institution	Patients, <i>n</i>	Median follow-up, <i>mo</i>	Recurrence rate, %	Good or excellent cosmesis, %	
	King et al. [20] Oschner Clinic (New Orleans, LA)	84	84	2.5	75	
	Vicini et al. [21] William Beaumont Hospital (Royal Oak, MI)	199	65	2	99	
	Kuske et al. [23] RTOG 95-17 (multi-institutional)	99	45	3	NR	
	Polgár et al. [34••]	258	66	MIB: 4.7% WBI: 3.4%	MBI: 77; WBI: 63	
MammoSite* breast	Keisch et al. [25] Benitez (personal communication)	70	60		86	
	Zannis et al. [18••] ASBS registry trial	1403	15	0.1	98	
	Benitez et al. [25•]	100	9.5	2	98	
	3D-CRT	Vicini et al. [29••] RTOG 03-19 (multi-institutional)	46	NR	NR	NR
		William Beaumont Hospital (personal communication)	91	24	0	91
	Wernicke et al. [28] New York University (New York, NY)	78	28	0	92	

... but who's to be treated!

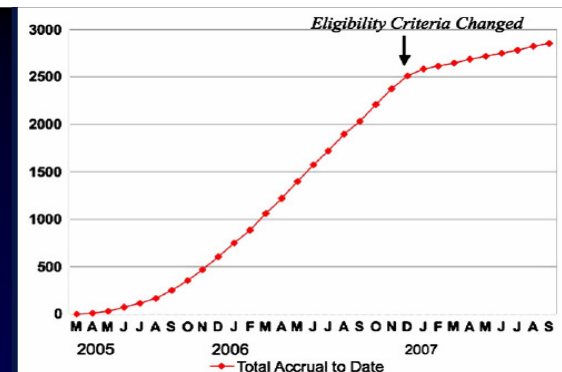
Organization	Participant age, y	Tumor size, cm	Histology	Lymph node status	Margin status
ABS	≥ 50	≤ 3	Invasive ductal carcinoma	Negative (by sentinel lymph node or axillary dissection)	Negative (at inked margin)
LOW RISK					
ASBS	≥ 45	≤ 3	Invasive ductal carcinoma and ductal carcinoma in situ	Negative (by sentinel lymph node or axillary dissection)	Negative (> 2 mm)
NSABP B-39 RTOG 0413	≥ 18	≤ 3	Invasive ductal carcinoma and ductal carcinoma in situ	Allows for 0–3 nodes (with negative sentinel lymph node or > 6 nodes sampled)	Negative (at inked margin)

Shifting from a “careful” selection to a more realistic PBI investigation in clinical practice

... are we ready for it ?

NSABP B-39 / RTOG 0413

Inclusion of Low risk pts. finished after 2547 pts



Current eligibility criteria

- Women < 50 with DCIS or invasive breast cancer (with an index lesion < 3 cm and ≤ 3 positive lymph nodes)
- Women > 50 with an index lesion < 3 cm and either hormone receptor-negative disease or 1–3 positive lymph nodes



Randomize

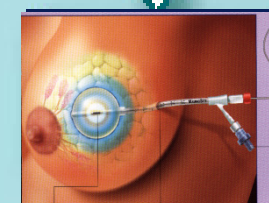
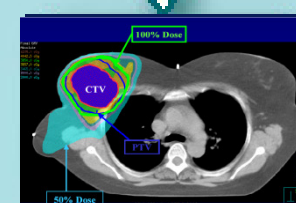
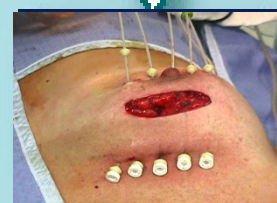
Whole breast irradiation

- 45–50 Gy to whole breast with boost to 60 Gy after chemotherapy if necessary
- Treatment daily, 5 days/wk × 5–7 wk

Accelerated partial breast irradiation

- 34 Gy to the index quadrant before chemotherapy if necessary
- Treatment twice daily × 5 days ≥ 6 hours between treatments

Physician/patient choice



**CLINICAL OUTCOME ANALYSIS IN “HIGH-RISK” VERSUS “LOW-RISK” PATIENTS
ELIGIBLE FOR NATIONAL SURGICAL ADJUVANT BREAST AND BOWEL B-39/
RADIATION THERAPY ONCOLOGY GROUP 0413 TRIAL: FIVE-YEAR RESULTS**

**RAKESH R. PATEL, M.D., MICHAEL E. CHRISTENSEN, B.S., C. WESLEY HODGE, M.D.,
JARROD B. ADKISON, M.D., AND RUPAK K. DAS, PH.D.**



Purpose: to compare the clinical outcome of a retrospective PBI population, whose eligibility criteria were the same as NSABP/RTOG trial

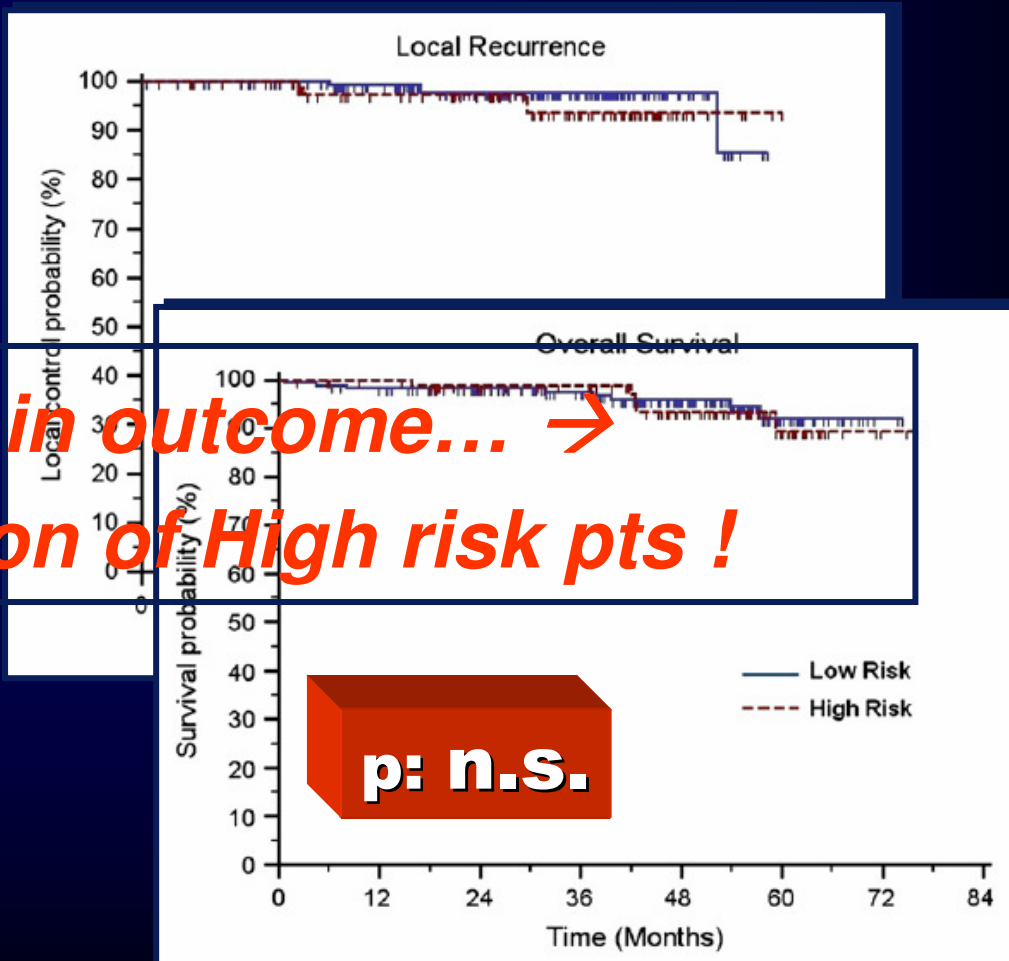
CLINICAL OUTCOME ANALYSIS IN “HIGH-RISK” VERSUS “LOW-RISK” PATIENTS ELIGIBLE FOR NATIONAL SURGICAL ADJUVANT BREAST AND BOWEL B-39/ RADIATION THERAPY ONCOLOGY GROUP 0413 TRIAL: FIVE-YEAR RESULTS

RAKESH R. PATEL, M.D., MICHAEL E. CHRISTENSEN, B.S., C. WESLEY HODGE, M.D.,
JARROD B. ADKISON, M.D., AND RUPAK K. DAS, PH.D.



Characteristic	Low-risk group	High-risk group
Patient/tumor related		
Patients (<i>n</i>)	183	90
Median age (y)	63	47
Median pathologic size (mm)	11	14
Patients <50 y	0 (0)	70 (78)
Positive lymph nodes	0 (0)	16 (18)
Estrogen receptor negative	0 (0)	27 (30)
DCIS	28 (15)	8 (9)
Treatment related		
Multicatheter brachytherapy	162 (89)	85 (94)
MammoSite	21 (11)	5 (6)
Chemotherapy	20 (11)	48 (53)
Hormonal therapy	104 (57)	45 (50)
Outcome related		
Median follow-up (mo)	47.9	49.7
Crude ipsilateral breast recurrence	4 (2.2)	4 (4.4)
Death from any cause	8 (4.4)	5 (5.6)

... no difference in outcome... →
Support the inclusion of High risk pts !



Breast Topics 2008

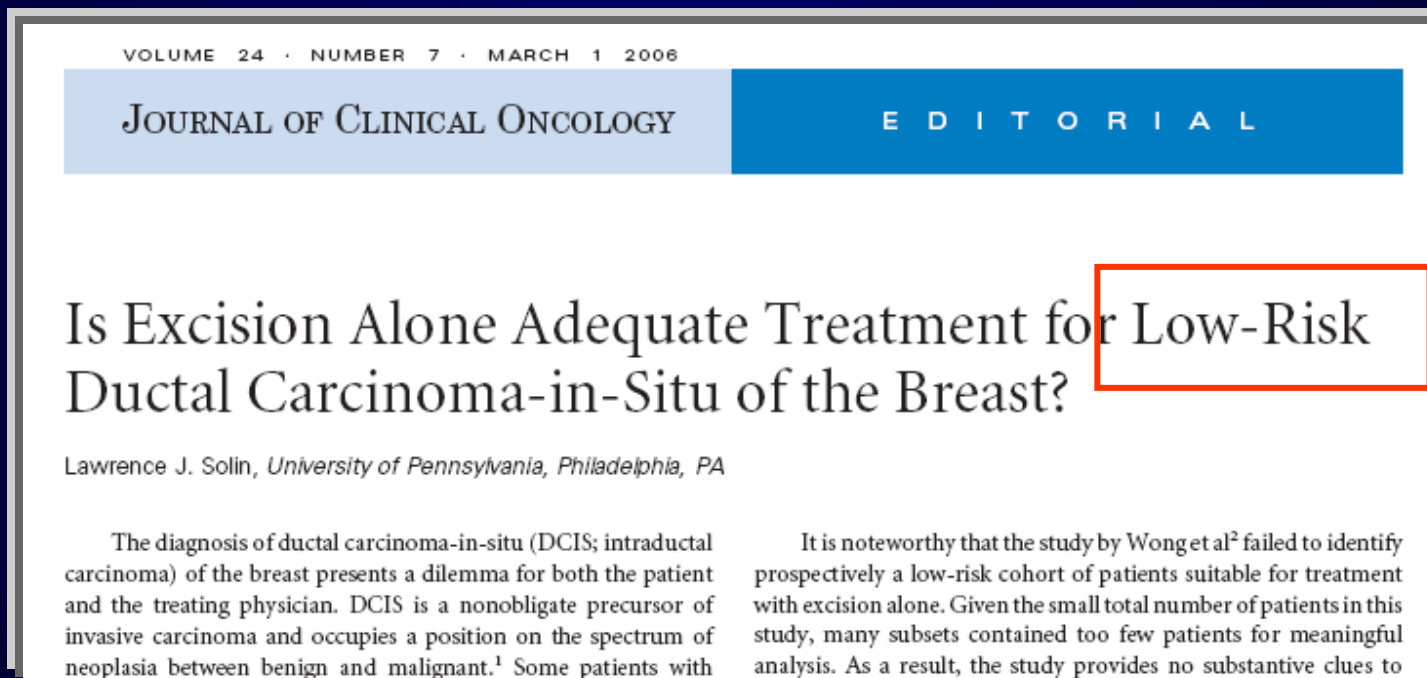
Hypofractionation

Partial Breast Irradiation

Carcinoma in situ

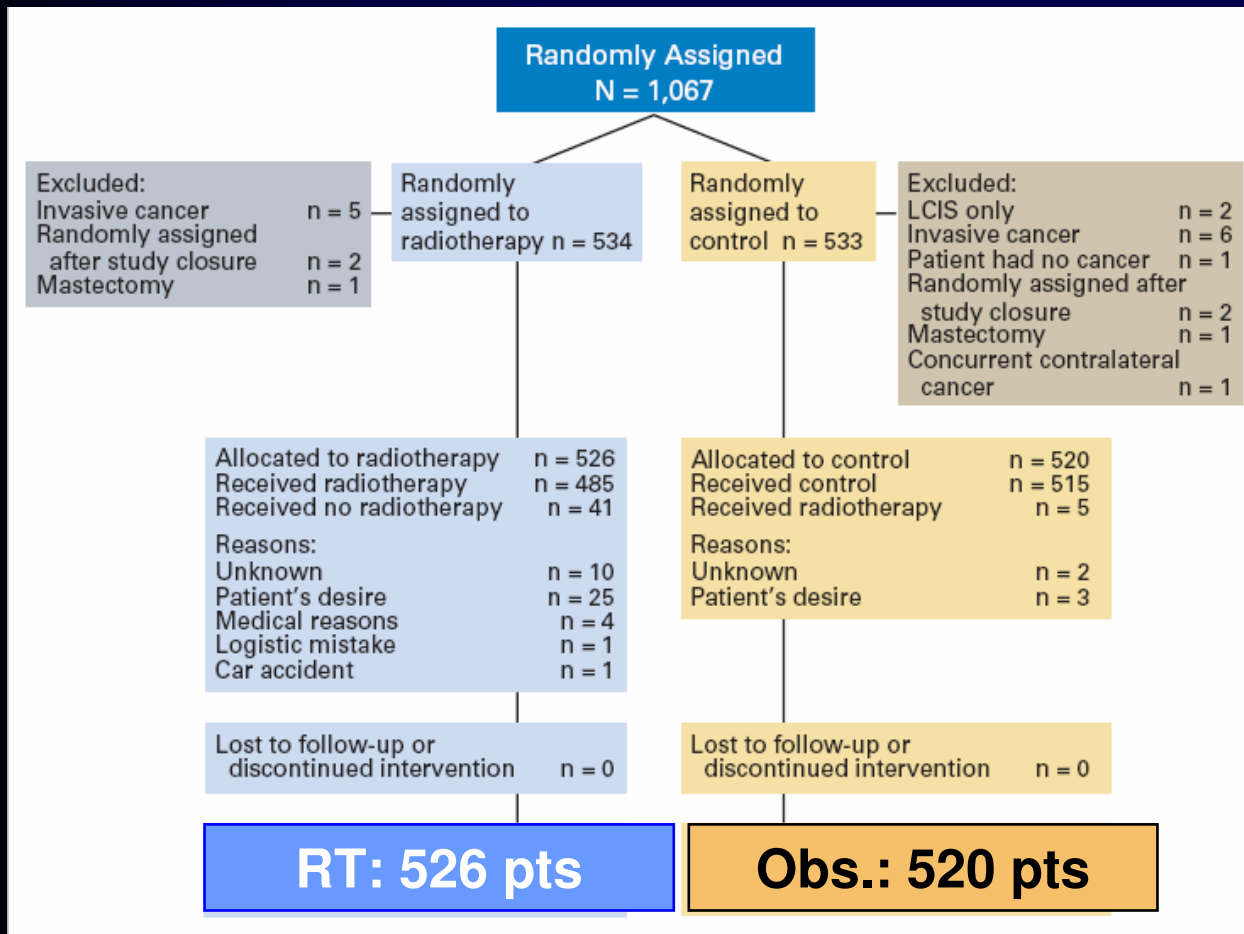
Key question: should post-op RT be offered to any patient with DCIS?

- Are there patient groups where RT is more or less effective?



Absolute Risk Reductions for Local Recurrence After Postoperative Radiotherapy After Sector Resection for Ductal Carcinoma In Situ of the Breast

Lars Holmberg, Hans Garmo, Bengt Granstrand, Anita Ringberg, Lars-Gunnar Arnesson, Kerstin Sandelin, Per Karlsson, Harald Anderson, and Stefan Emdin

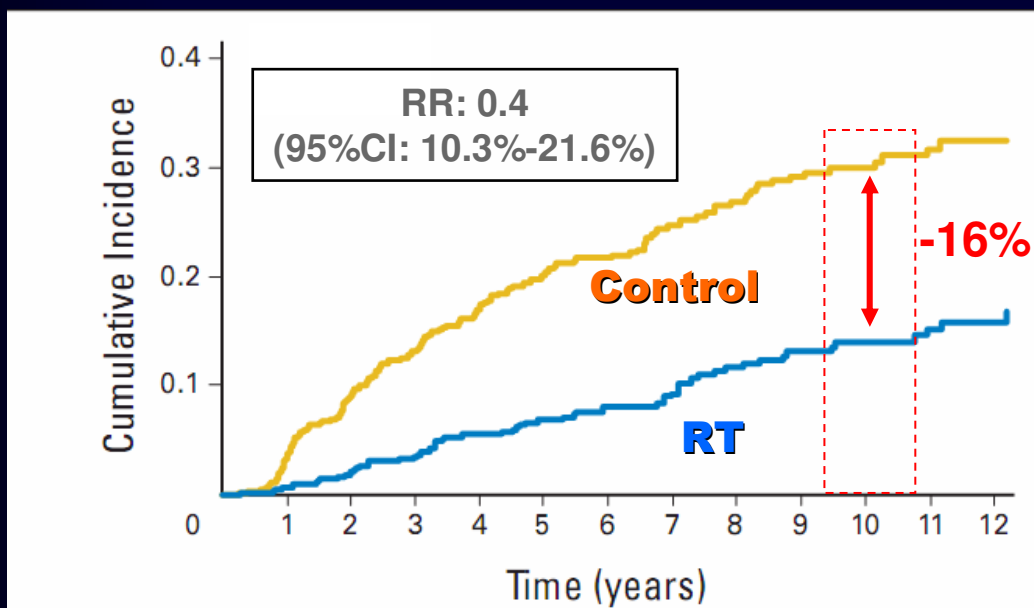


End-points:

Absolute risk reduction of Local recurrence incidence

Mean FU: 8.4 years

Risk reduction with RT






Increasing RT effect with age

Characteristic		No. of Ipsilateral Events		Stratified Univariate Model		Stratified Multivariate Model	
		RT Arm	Control Arm	RR (RT v control)	95% CI	RR (RT v control)	95% CI
Age, years							
< 50	<50	27	32	0.74	0.45 to 1.23	0.73	0.43 to 1.24
50-57	>50	15	38	0.36	0.20 to 0.66	0.36	0.19 to 0.65
58-64		11	40	0.25	0.13 to 0.48	0.26	0.13 to 0.50
65+		11	31	0.29	0.15 to 0.58	0.27	0.14 to 0.54

current evidence

▪ Young age as independent factor for local relapse

	Trial	Age
	NSABP B-17	$\leq 49\text{aa}$ (Trend)
	EORTC 10853	$\leq 40\text{aa}$ $p = 0.0021$
	Solin J et al.	$\leq 39\text{aa}$ $p = 0.0006$

▪ Older patients still benefit from adjuvant RT (5-year risk of recurrence up to 13.6% without RT in 3409 pts of ≥ 66)

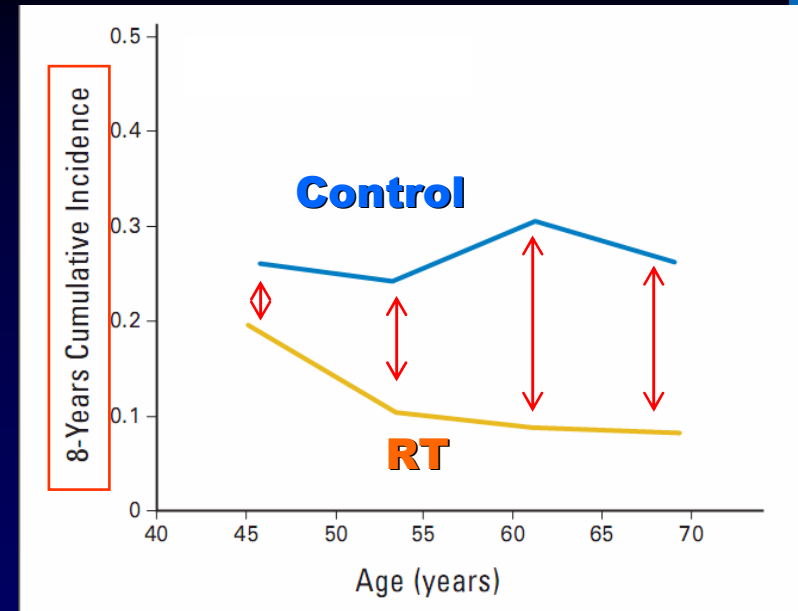
Smith et al.

2006



modest risk reduction in younger (6%)

significant reduction in older (18%)



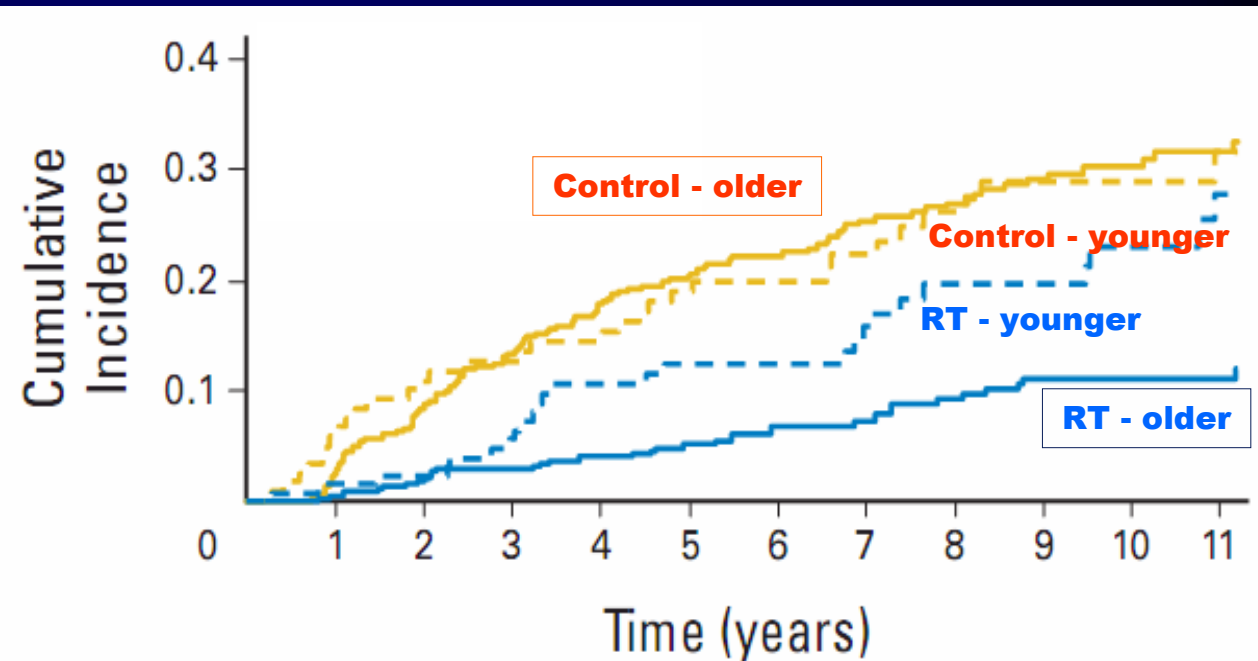
Does age effect result in low risk group?

Younger

Similar difference in RT vs.
Control group

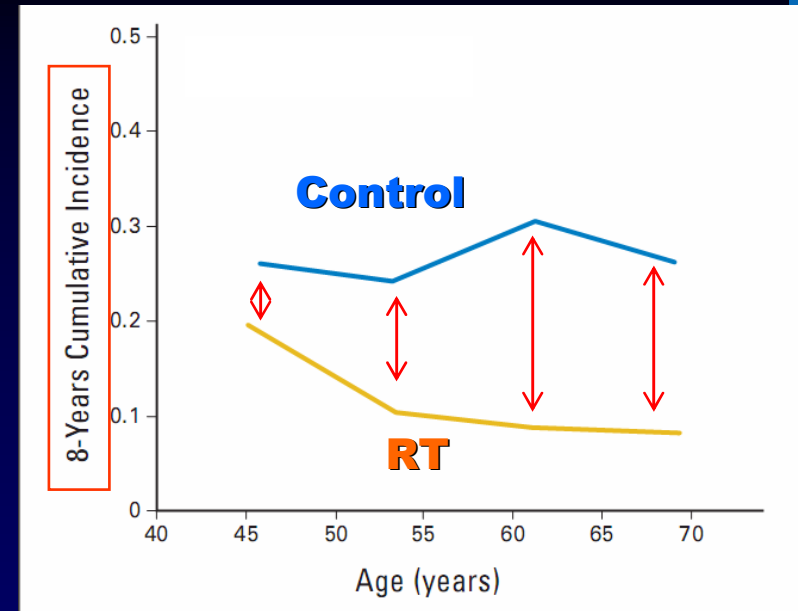
Older

RT reduces the risk during FU



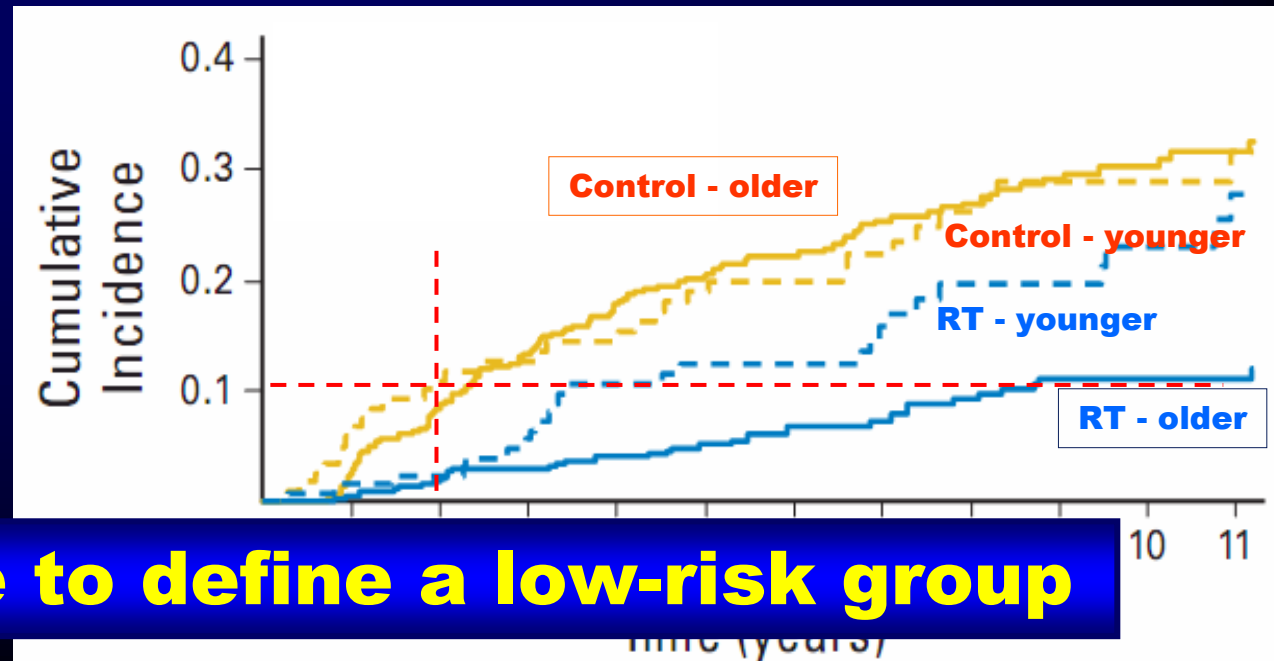
modest risk reduction in younger (6%)

significant reduction in older (18%)



Does age effect result in low risk group?

**2-year Incidence
> 10% in
Controls**



Not possible to define a low-risk group

Should post-op RT be offered to any patient with DCIS?



XVIII Congresso Nazionale

Lunedì 17 Novembre 2008

8.00-8.40

Sala Rossa

• SESSIONE 13

“Meet The Professor”

LEZIONE DI AGGIORNAMENTO

Il carcinoma in situ della mammella

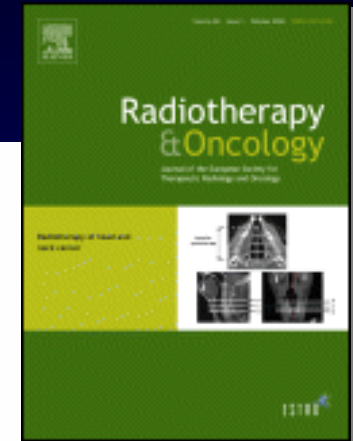
RELATORE: **C. Aristei** (Perugia)

Shooter: **L. Livi** (Firenze)

Topics

- Head & Neck
- Prostate
- Lung
- Breast
- Rectum

Educational review



Evidence and research in rectal cancer

Vincenzo Valentini^{a,*}, Regina Beets-Tan^b, Josep M. Borrás^c, Zoran Krivokapić^d,
Jan Willem Leer^e, Lars Pålman^f, Claus Rödel^g, Hans Joachim Schmoll^h,
Nigel Scottⁱ, Cornelius Van de Velde^j, Christine Verfaillie^k

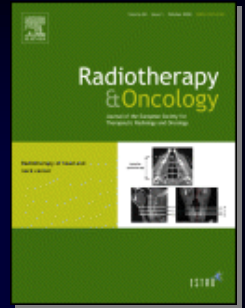
^aDepartment of Radiation Oncology, Università Cattolica S.Cuore, Rome, Italy, ^bDepartment of Radiology, University Hospital Maastricht, The Netherlands, ^cIDIBELL-Cancer Plan, Department of Health, Barcelona, Spain, ^dInstitute for Digestive Diseases, Clinical Center of Serbia, Belgrade, Serbia, ^eDepartment of Radiation Oncology, Radboud University Nijmegen Medical Center, The Netherlands, ^fDepartment of Surgery, Uppsala University Hospital, Uppsala, Sweden, ^gDepartment of Radiation Oncology, University of Frankfurt, Germany, ^hDepartment of Medical Oncology, Martin Luther University Halle-Wittenberg, Germany, ⁱDepartment of Pathology, St. James's University Hospital, Leeds, UK, ^jDepartment of Surgery, Leiden University Medical Center, The Netherlands, ^kESTRO Office, Brussels, Belgium

Rectum Topics 2008

Resectable disease

Unresectable disease

High evidence of better local control with short-course preoperative RT in resectable disease

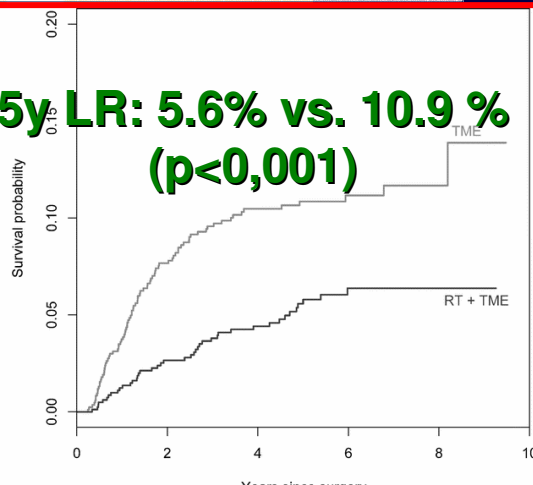


***Less evidence for Survival benefit
(systematic review on 25.000 pts →10% gain - Acta Oncol 2003)***

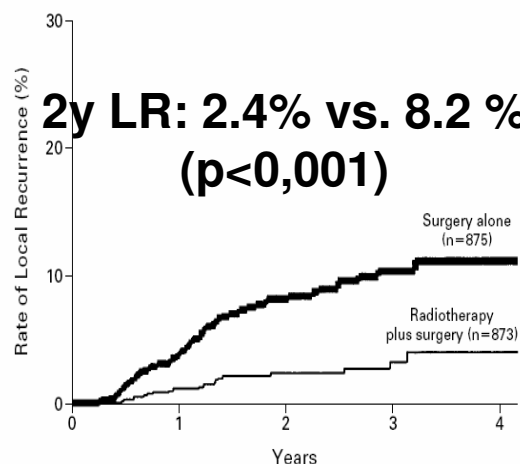
- ***Has anything changed?***
- ***What role does chemotherapy play?***

Peeters et al. 2007
FU: 6 years

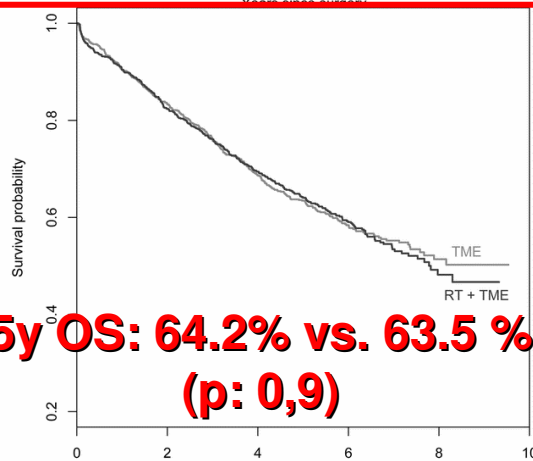
5y LR: 5.6% vs. 10.9 %
(p<0,001)



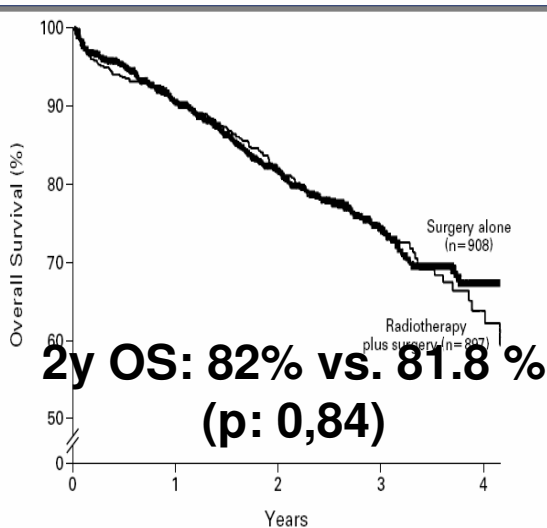
2y LR: 2.4% vs. 8.2 %
(p<0,001)



5y OS: 64.2% vs. 63.5 %
(p: 0,9)



2y OS: 82% vs. 81.8 %
(p: 0,84)



Numbers at risk:		Years since surgery				
TME	: 906	752	578	299	56	0
RT + TME	: 896	738	586	300	47	0

**PREOPERATIVE RADIOTHERAPY COMBINED WITH
TOTAL MESORECTAL EXCISION FOR RESECTABLE RECTAL CANCER**

ELLEN KAPITEIJN, M.D., CORRIE A.M. MARIJNEN, M.D., IRIS D. NAGTEGAAL, M.D., HEIN PUTTER, Ph.D.,
WILLEM H. STEUP, M.D., Ph.D., THEO WIGGERS, M.D., Ph.D., HARM J.T. RUTTEN, M.D., Ph.D.,
LARS PAHLMAN, M.D., Ph.D., BENGT GLIMELIUS, M.D., Ph.D., J. HAN J.M. VAN KRIEKEN, M.D., Ph.D.,
JAN W.H. LEER, M.D., Ph.D., AND CORNELIS J.H. VAN DE VELDE, M.D., Ph.D.,
FOR THE DUTCH COLORECTAL CANCER GROUP*

Major advantage:

- ✓ **Node-positive disease**
- ✓ **Non-low seated tumors**
- ✓ **CRM negative**

Chemotherapy



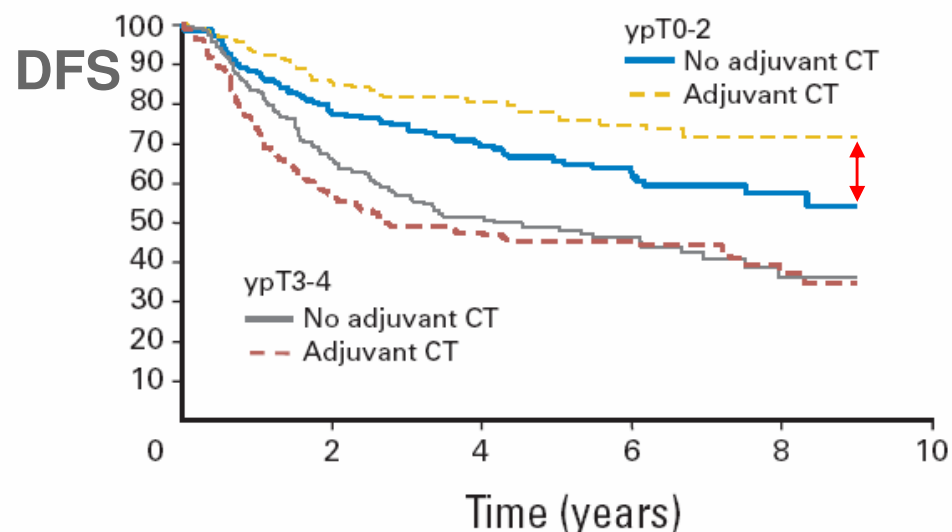
Author	Regimen	Patients	pCR (%)	Spincter preservation (%)	Local failure (%)	5 y DFS (%)	5 y OS (%)
	Preop Postop						
Bosset EORTC '06	RT					54	65
	RT						
	RT/5-FU	1011	14	52.8	8.7	56	66
	RT/5-FU	5-FU/FA			7.6		
			$p = 0.0001$		$p = 0.002$		
Gerard FFCD '06	RT		3.6	52	16.5	56	66
	RT/5-FU	5-FU/FA	11.4	53	8.1	59	67
			$p = 0.0001$		$p = 0.003$		
Bujko Polish '07	RT (5 × 5 Gy)		0.7	61	9	58°	67°
	RT/5-FU	312	15.2	58	14	55°	66°
			$p = 0.0001$				

Benefit on resectability and LC
No impact on Survival

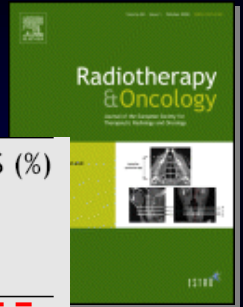


Patients With Curative Resection of cT3-4 Rectal Cancer After Preoperative Radiotherapy or Radiochemotherapy: Does Anybody Benefit From Adjuvant Fluorouracil-Based Chemotherapy? A Trial of the European Organisation for Research and Treatment of Cancer Radiation Oncology Group

Laurence Collette, Jean-Francois Bosset, Marcel den Dulk, France Nguyen, Laurent Mineur, Philippe Maingon, Ljiljana Radosevic-Jelic, Marianne Piérart, and Gilles Calais



Chemotherapy



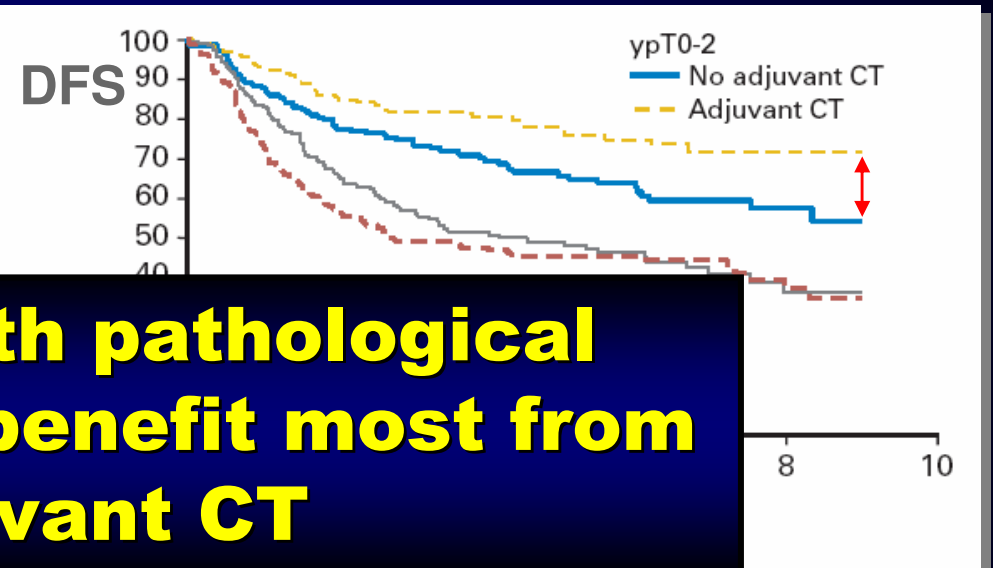
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	RT/5-FU	5-FU/FA 733	11.4	53	8.1	59	67
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	RT/5-FU	312	15.2	58	14	55°	66°
			$p = 0.0001$				

**Benefit on resectability and LC
No impact on Survival**



Patients With Curative Resection of cT3-4 Rectal Cancer After Preoperative Radiotherapy or Radiochemotherapy: Does Anybody Benefit From Adjuvant Fluorouracil-Based Chemotherapy? A Trial of Research and Treatment

Laurence Collette, Jean-Francois Bosset, Mar...
Ljiljana Radosevic-Jelic, Marianne Pierart, a...



Patients with pathological downstaging benefit most from Adjuvant CT

Rectum Topics 2008

Resectable disease

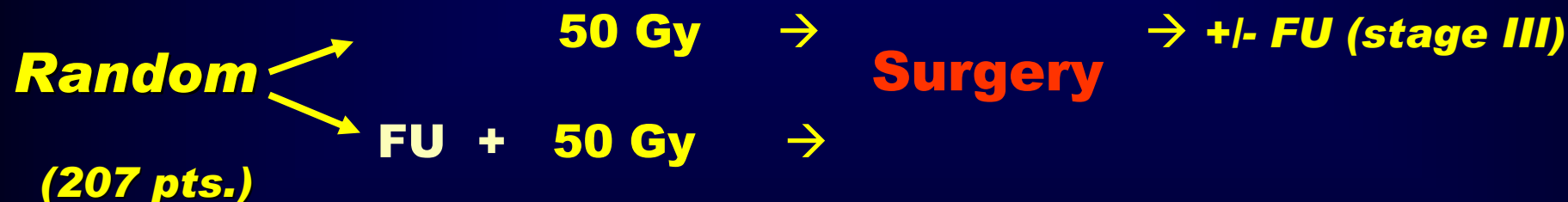
Unresectable disease

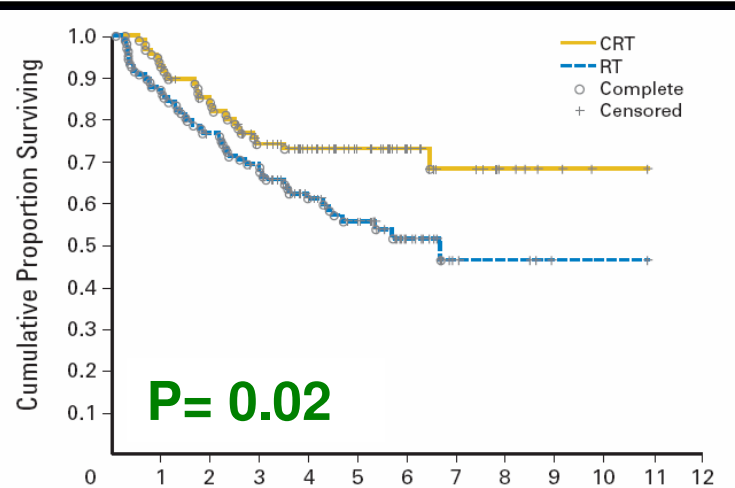
All pts with unresectable disease should receive preoperative CMT (50-54 Gy + FU-CT) to enhance resectability

Glimelius et al. Acta Oncol 2003

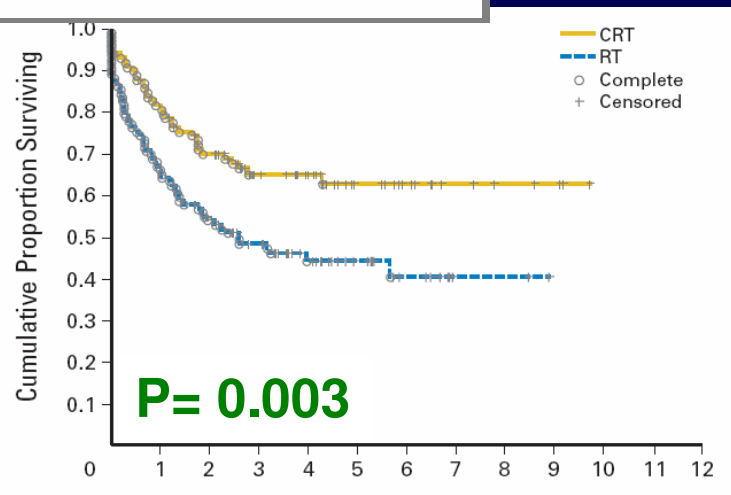
Randomized Phase III Study Comparing Preoperative Radiotherapy With Chemoradiotherapy in Nonresectable Rectal Cancer

Morten Brændengen, Kjell M. Tveit, Åke Berglund, Elke Birkemeyer, Gunilla Frykholm, Lars Pählman, Johan N. Wiig, Per Byström, Krzysztof Bujko, and Bengt Glimelius

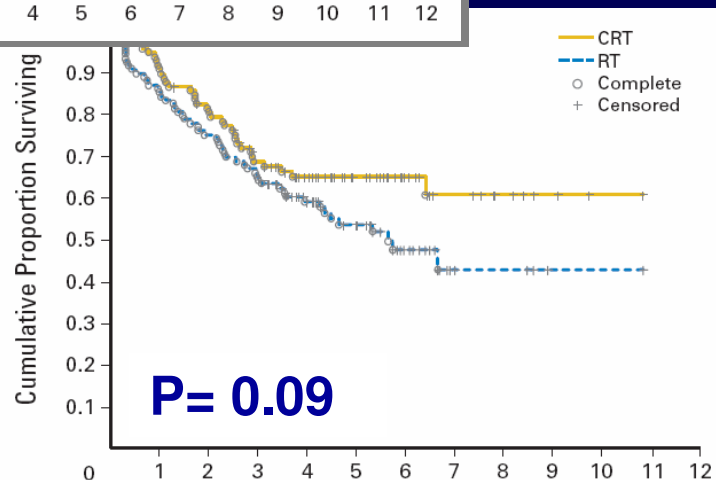




Local control



Time to Failure



Overall survival

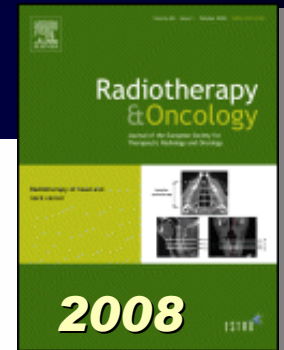
... what about **short-course** schedule?

Editorial

The 5×5 Gy with delayed surgery in non-resectable rectal cancer: A new treatment option

Krzysztof Bujko*, Milena Kolodziejczyk

Department of Radiotherapy, Maria Skłodowska-Curie Memorial Cancer Centre and Institute of Oncology, Warsaw, Poland



Although, the evidence is insufficient to recommend the short-course radiation and delayed surgery for all patients with non-resectable cancer, for those unfit for chemotherapy or requiring chemotherapy dose intensification due to synchronous distant metastases, this management is a new valuable option.



XVIII Congresso Nazionale

Lunedì 17 Novembre 2008

9.00-10.40

Sala Rossa

• SESSIONE 14

SIMPOSIO AIRO-AIOM

La chemio-radioterapia nel carcinoma del retto: opinioni a confronto

MODERATORI: F. Boccardo (Genova), F. Valvo (Milano)

Il parere del chirurgo

L. Gennari (Milano)

Il parere del radioterapista

V. Valentini (Roma)

Il parere dell'oncologo medico

C. Pinto (Bologna)

Discussione

!e noiz nsttu' l' rqq sizzu' G



12-18 novembre 2008
XVIII Congresso Nazionale