



Sistema Socio Sanitario  
 Regione  
Lombardia  
ASST Lecco

Sabato 27 Novembre 2021

**RADIOTERAPIA OGGI E  
DOMANI,**

**20 (+1) anni della  
U.O.C. di Radioterapia  
dell'Ospedale Manzoni  
di Lecco**

Politecnico di Milano – Polo Territoriale di Lecco – Aula Magna  
Via G. Previati 1/c—Lecco



# Stato dell'arte, problematiche attuali e prospettive future RADIOTERAPIA STEREOTASSICA

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Istituto Europeo di Oncologia IRCCS, Milano

Università degli Studi di Milano

UNIVERSITÀ  
DEGLI STUDI  
DI MILANO



IEO  
Istituto Europeo  
di Oncologia



## **DISCLOSURES**

### **ALL OUTSIDE THE CURRENT LECTURE:**

#### **Research funding:**

AIRC Italian Association for Cancer Research (institutional grants),

FIEO-CCM & FUV (institutional grants)

Accuray (institutional grant)

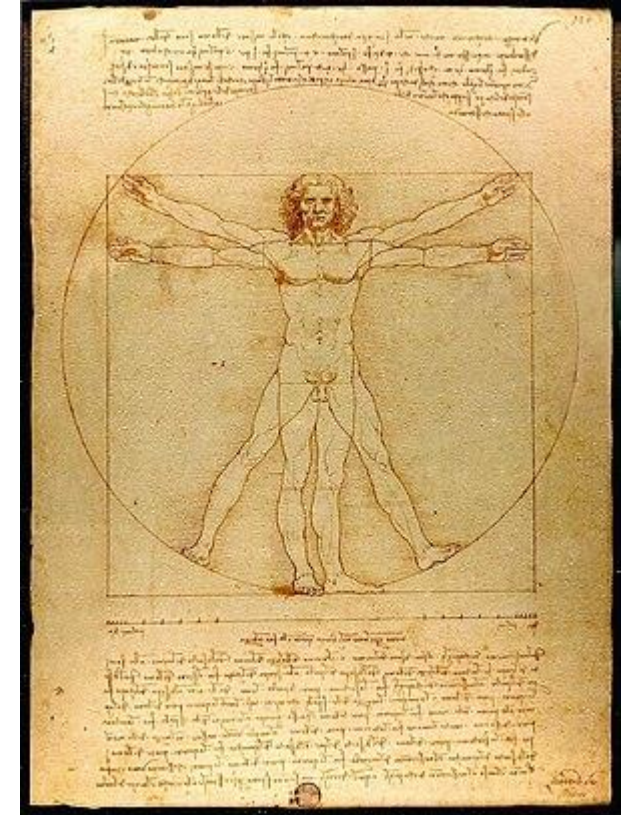
#### **Travel expenses or speaker fees:**

Janssen, Ferring, Bayer, Roche, Astellas, Elekta, Carl Zeiss, Ipsen, Accuray, IBA

# AGENDA

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- ❑ SBRT and SRS
- ❑ Brain
- ❑ Thorax
- ❑ Abdomen/pelvi
- ❑ Particular scenarios:  
oligometastases, re-irradiation



[https://en.wikipedia.org/wiki/Vitruvian\\_Man#/media/File:Da\\_Vinci\\_Vitruve\\_Luc\\_Viatour.jpg](https://en.wikipedia.org/wiki/Vitruvian_Man#/media/File:Da_Vinci_Vitruve_Luc_Viatour.jpg)

# Game changer



<https://www.cuf.pt/en/cuf-services/international-cuf/medical-offer>

<https://commons.wikimedia.org/wiki/File:Gamma-knife-cuf.jpg>



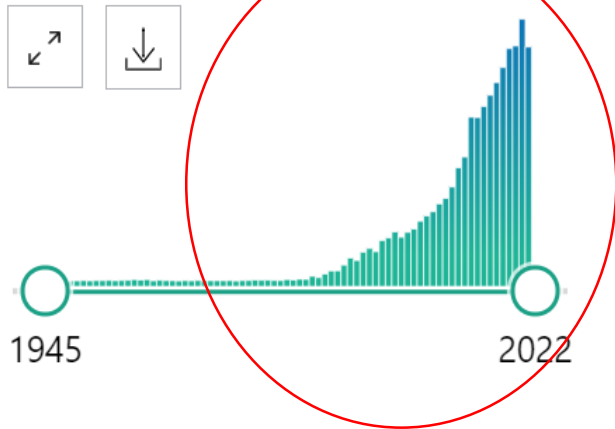
# Game changer

MY NCBI FILTERS 

27,139 results

Page 1 of 2,714

RESULTS BY YEAR



TEXT AVAILABILITY



1

Cite

Share

Operating procedures, risk management and challenges during implementation of adaptive and non-adaptive MR-guided **radiotherapy**: 1-year single-center experience.

Garcia Schüler HI, Pavic M, Mayinger M, Weitkamp N, Chamberlain M, Reiner C, Linsenmeier C, Balermipas P, Krayenbühl J, Guckenberger M, Baumgartl M, Wilke L, Tanadini-Lang S, Andratschke N.

Radiat Oncol. 2021 Nov 14;16(1):217. doi: 10.1186/s13014-021-01945-9.

PMID: 34775998

BACKGROUND: Main purpose was to describe procedures and identify challenges in the implementation process of adaptive and non-adaptive MR-guided **radiotherapy** (MRgRT), especially new risks in workflow due to the new technique. RESULTS: A summary of the processes on the M



## Radiotherapy for oligometastatic cancer: a survey among radiation oncologists of Lombardy (AIRO-Lombardy), Italy

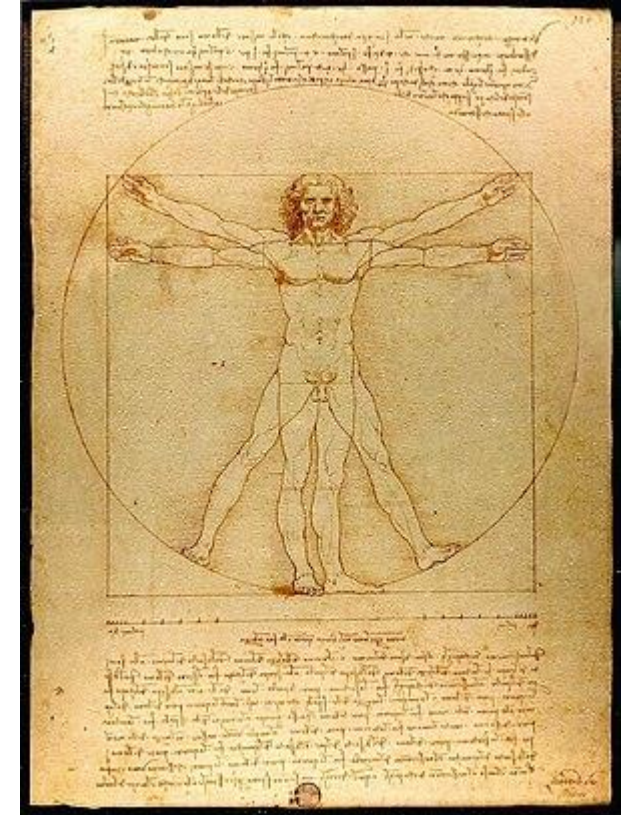
Barbara Alicja Jereczek-Fossa<sup>1,2</sup> · Barbara Bortolato<sup>3</sup> · Marianna Alessandra Gerardi<sup>1</sup>  · Samantha Dicuonzo<sup>1</sup> · Virginia Maria Arienti<sup>3</sup> · Stefania Berlinghieri<sup>4</sup> · Stefano Bracelli<sup>5</sup> · Michela Buglione<sup>6</sup> · Mariangela Caputo<sup>7</sup> · Gianpiero Catalano<sup>8</sup> · Luigi Franco Cazzaniga<sup>9</sup> · Luigi De Cicco<sup>5</sup> · Nadia Di Muzio<sup>10</sup> · Francesco Romeo Filippone<sup>9</sup> · Andrei Fodor<sup>10</sup> · Davide Franceschini<sup>11</sup> · Paolo Frata<sup>4</sup> · Stefania Gottardo<sup>2,15</sup> · Giovanni Battista Ivaldi<sup>12</sup> · Antonio Laudati<sup>13</sup> · Stefano Maria Magrini<sup>6</sup> · Elisa Mantero<sup>7</sup> · Ilaria Meaglia<sup>12</sup> · Sara Morlino<sup>7</sup> · Mauro Palazzi<sup>3</sup> · Fabio Piccoli<sup>9</sup> · Paola Romanelli<sup>1</sup> · Marta Scorsetti<sup>11,14</sup> · Flavia Serafini<sup>13</sup> · Luciano Scandolaro<sup>13</sup> · Riccardo Valdagni<sup>2,7,16</sup> · Roberto Orecchia<sup>2,17</sup> · Paolo Antognoni<sup>15</sup> · the Lombardy Section of the Italian Society of Oncological Radiotherapy (Associazione Italiana di Radioterapia Oncologica-Lombardia, AIRO-L)

**Oligometastatic cancer: 7-15% of all RT patients**

# AGENDA

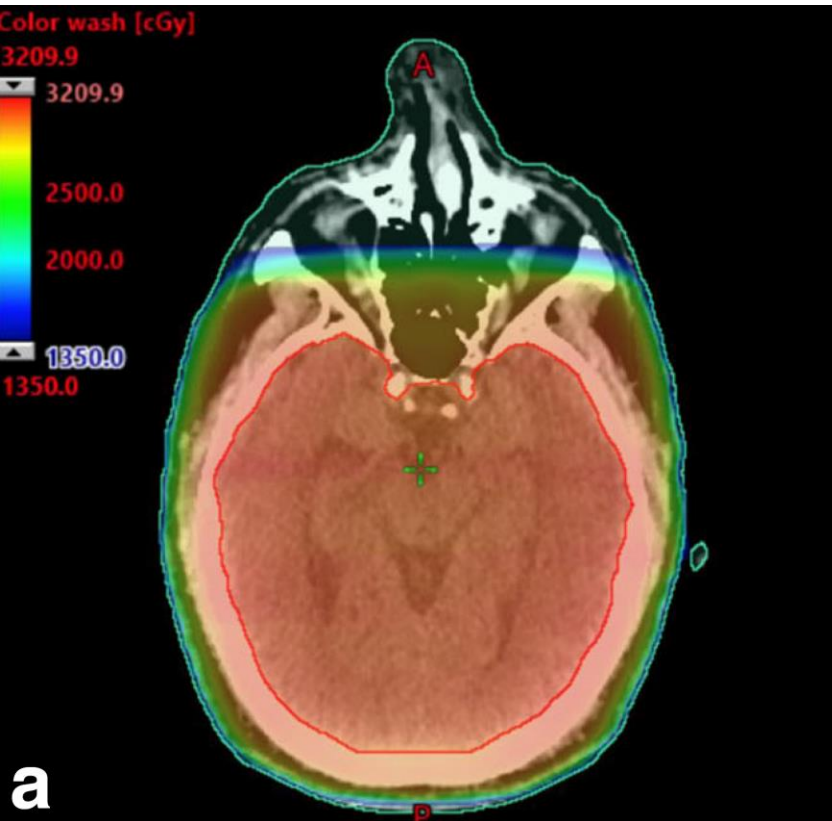
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- ❑ SBRT and SRS
- ❑ **Brain**
- ❑ Thorax
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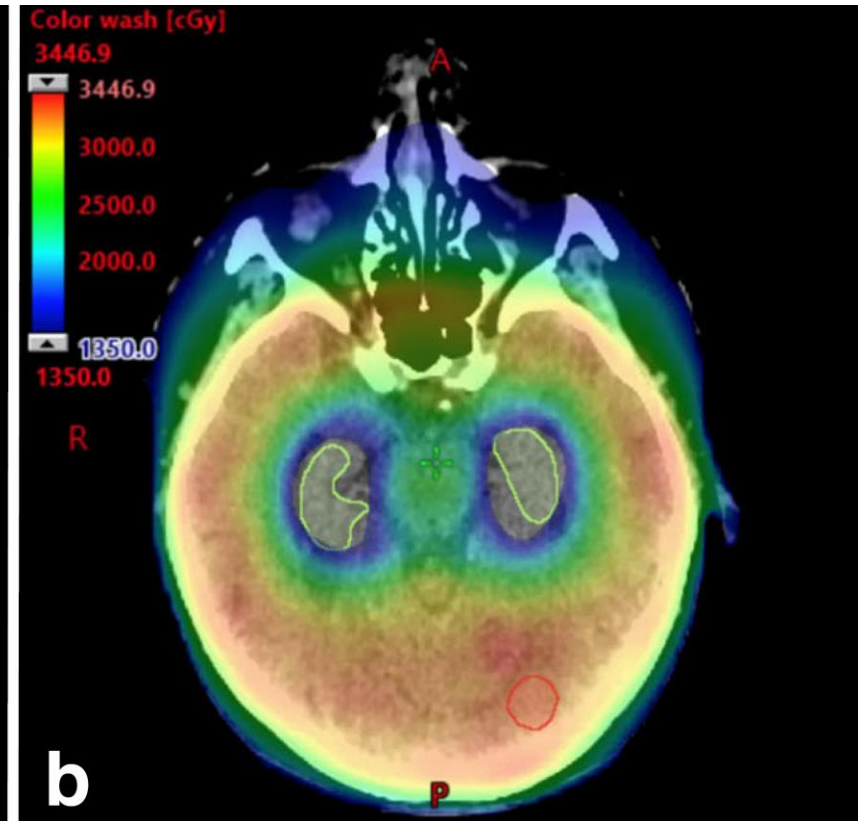
[https://en.wikipedia.org/wiki/Vitruvian\\_Man#/media/File:Da\\_Vinci\\_Vitruve\\_Luc\\_Viatour.jpg](https://en.wikipedia.org/wiki/Vitruvian_Man#/media/File:Da_Vinci_Vitruve_Luc_Viatour.jpg)

# RT for brain metastasis



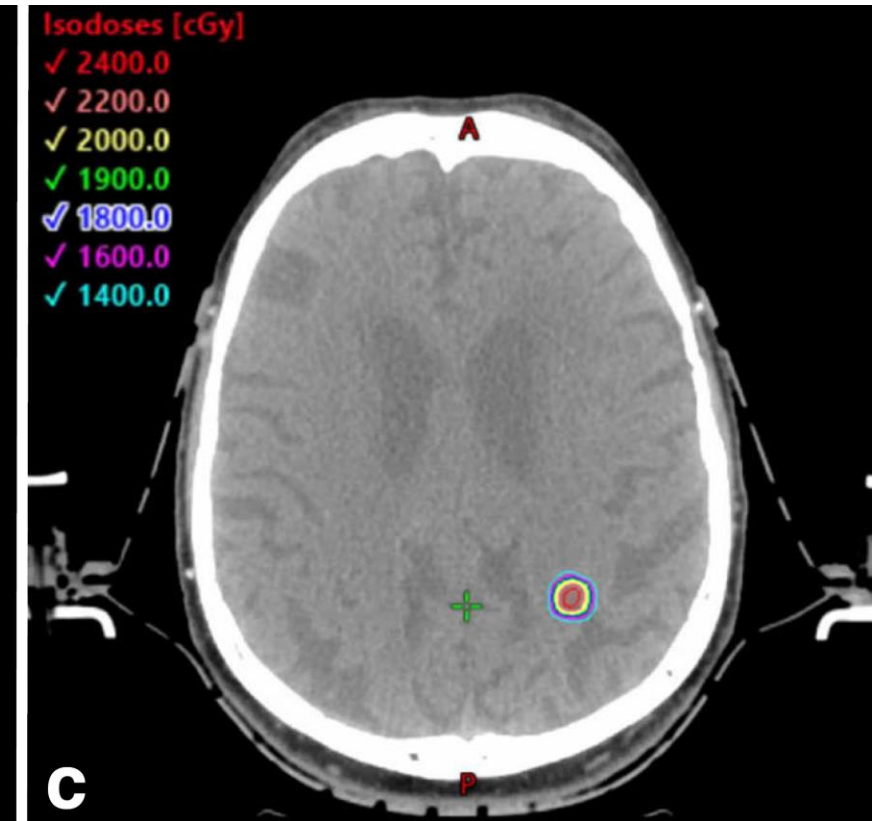
Whole brain RT

WBRT



Hippocampal avoidance (sparing) WBRT

HS-WBRT (IMRT)

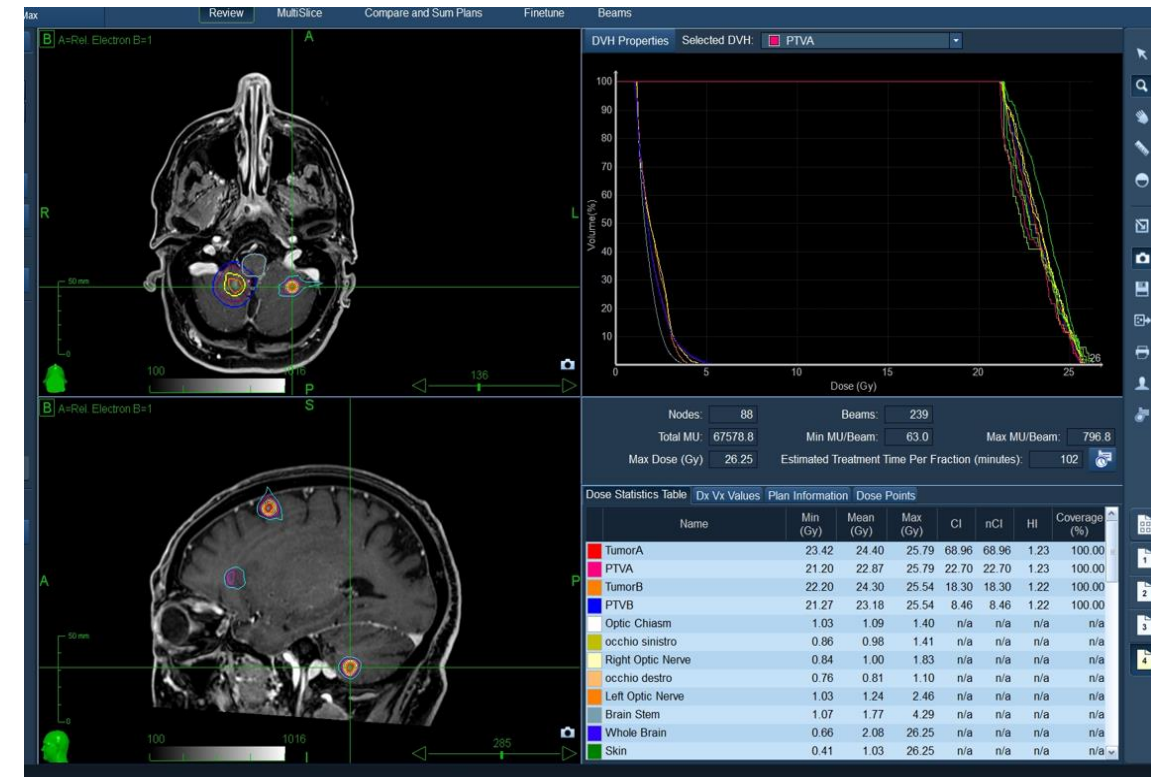
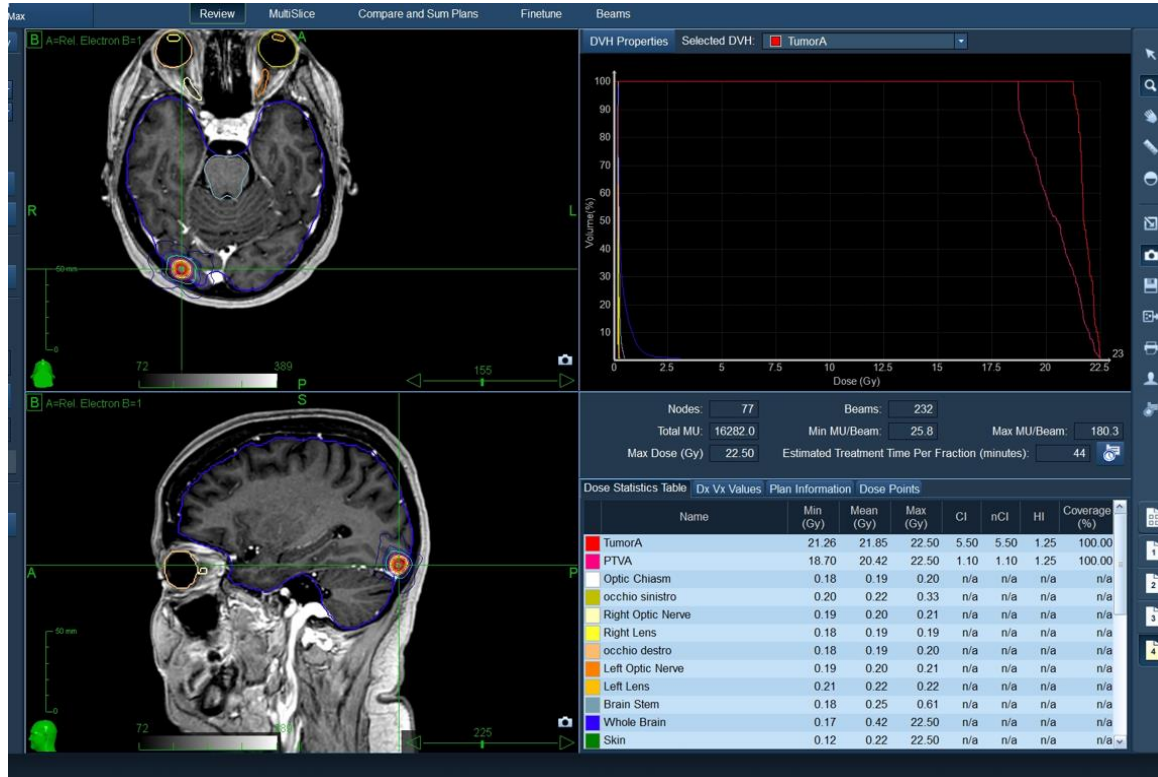


Stereotactic radiosurgery

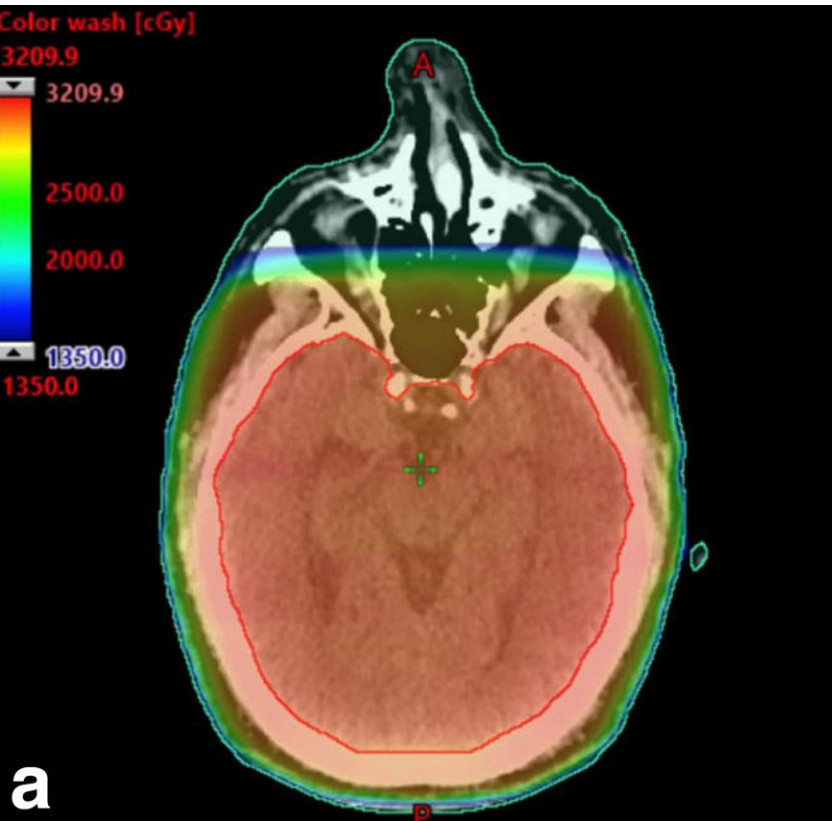
SRS



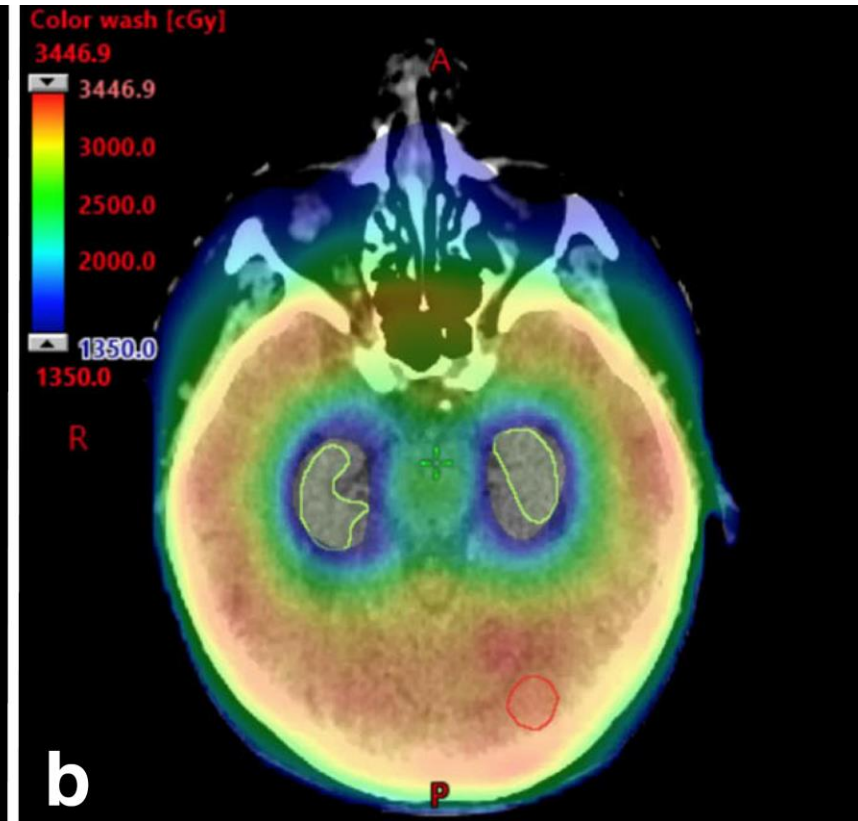
# Any site can be treated, with favorable DVHs



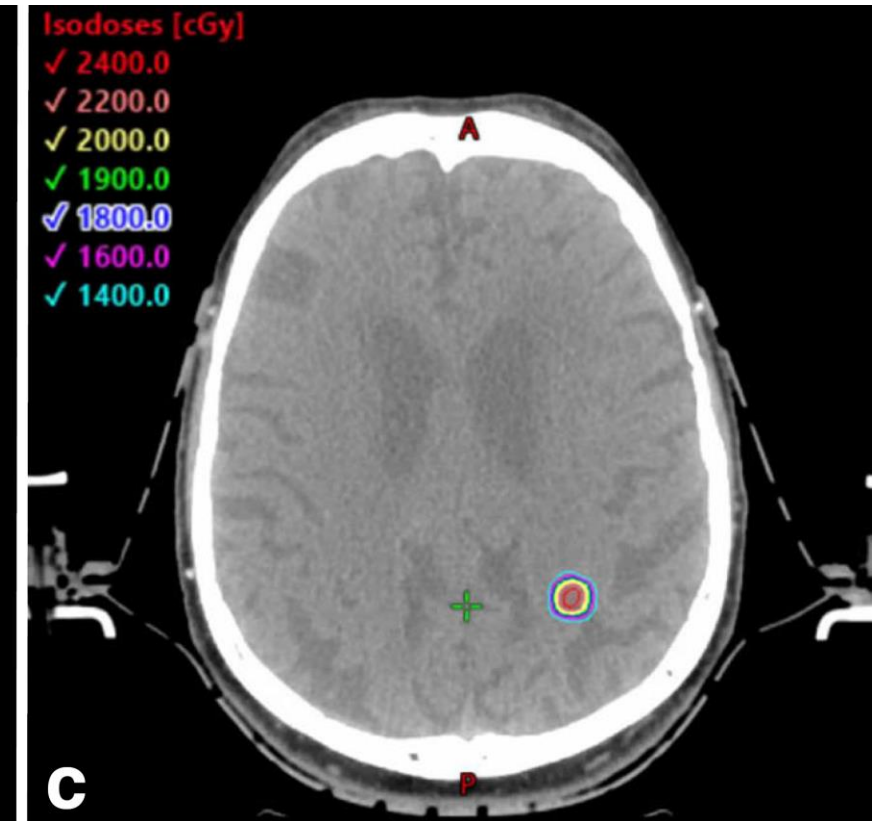
# RT for brain metastasis



Whole brain RT



Hippocampal avoidance (sparing) WBRT



Stereotactic radiosurgery

**IEO: 15 patients/2020**

**40 patients/2020**

**215 patients/2020**

# SRS in > 10 mts

## Tumor Radiosurgery

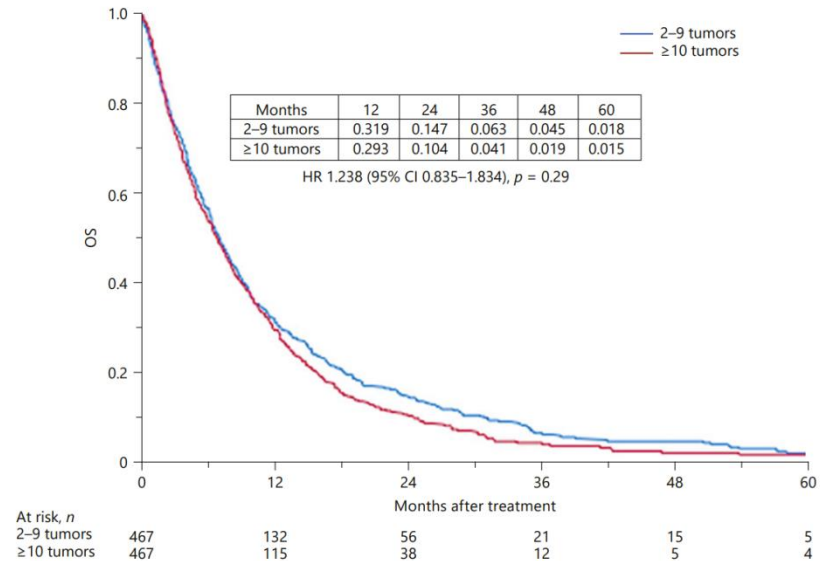
Niranjan A, Lunsford LD, Kano H (eds): Leksell Radiosurgery.  
Prog Neurol Surg. Basel, Karger, 2019, vol 34, pp 110–124 (DOI: 10.1159/000493056)

## Stereotactic Radiosurgery for Patients with 10 or More Brain Metastases

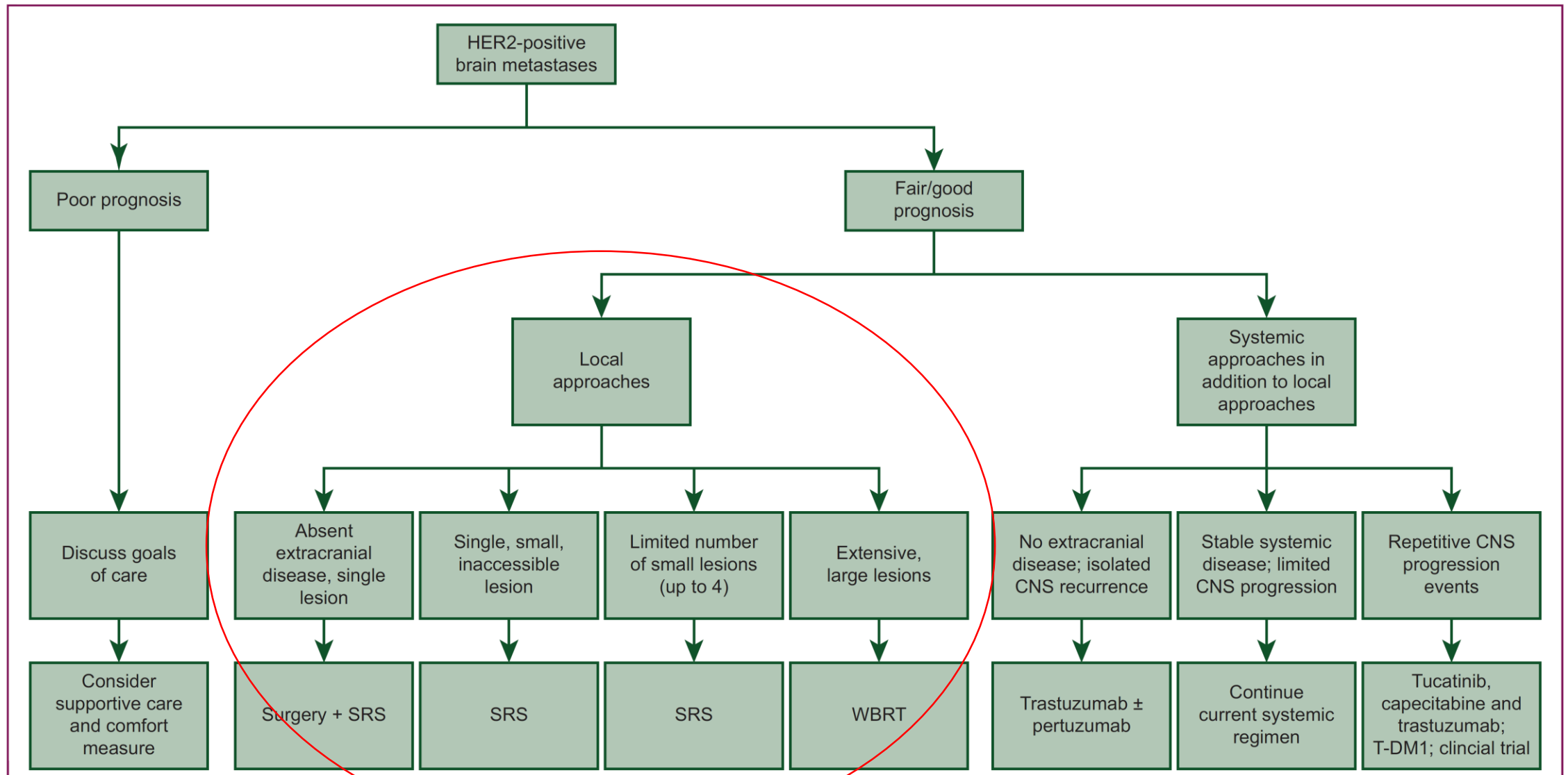
Masaaki Yamamoto<sup>a, b</sup> Yoshinori Higuchi<sup>e</sup> Yasunori Sato<sup>c, d</sup>  
Hidetoshi Aiyama<sup>a, e</sup> Hidetoshi Kasuya<sup>b</sup> Bierta E. Barfod<sup>a</sup>

<sup>a</sup>Katsuta Hospital Mito Gamma House, Hitachinaka, Japan; <sup>b</sup>Department of Neurosurgery, Tokyo Women's Medical University Medical Center East, Tokyo, Japan; <sup>c</sup>Department of Neurosurgery, Chiba University Graduate School of Medicine, Chiba, Japan; <sup>d</sup>Department of Global Clinical Research, Chiba University Graduate School of Medicine, Chiba, Japan; <sup>e</sup>Department of Neurosurgery, Faculty of Medicine, University of Tsukuba, Tsukuba, Japan

OS did not differ between patients with 2 to 4 metastases and those with 5–10 (median OS 10.8 months in both groups)

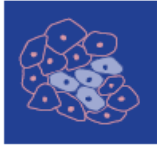


# Boston algorithm for HER2-positive brain mets





# SRT re-irradiation is feasible... (review 13 studies)




*cancers*



*Systematic Review*

## **Efficacy and Safety of a Second Course of Stereotactic Radiation Therapy for Locally Recurrent Brain Metastases: A Systematic Review**

François Lucia <sup>1,\*</sup>, Ruben Touati <sup>1</sup>, Nicolae Crainic <sup>2</sup>, Gurvan Dissaux <sup>1</sup>, Olivier Pradier <sup>1</sup>, Vincent Bourbonne <sup>1</sup>  and Ulrike Schick <sup>1</sup>

For patients with a limited number of BM, SRS/SRT achieves favorable **tumor control rates of 80–90% at 12 months** while sparing normal brain tissue, with a **radionecrosis (RN) rate of 3 to 5%**

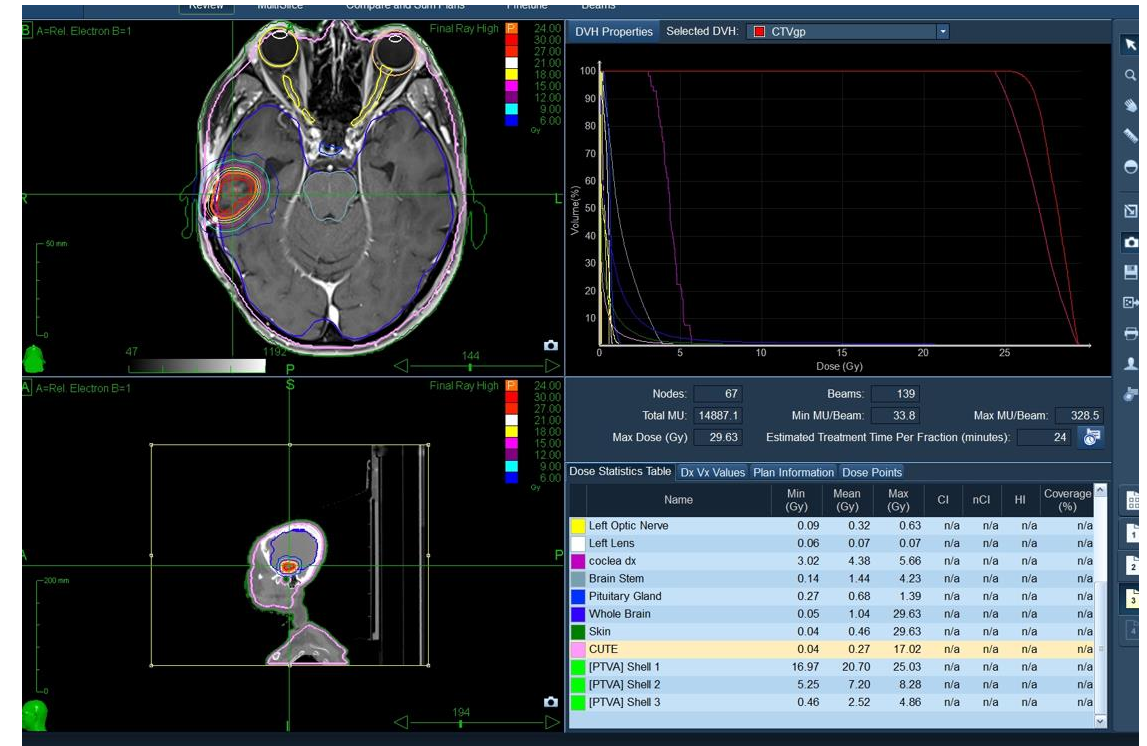
# Postoperative RT for brain mets

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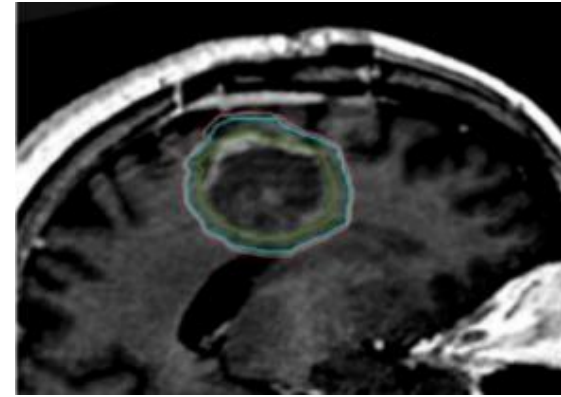
1. No RT

2. Whole brain RT

3. Stereotactic RT (SRT, SRS)



# SRS to surgical cavity (tumor bed)

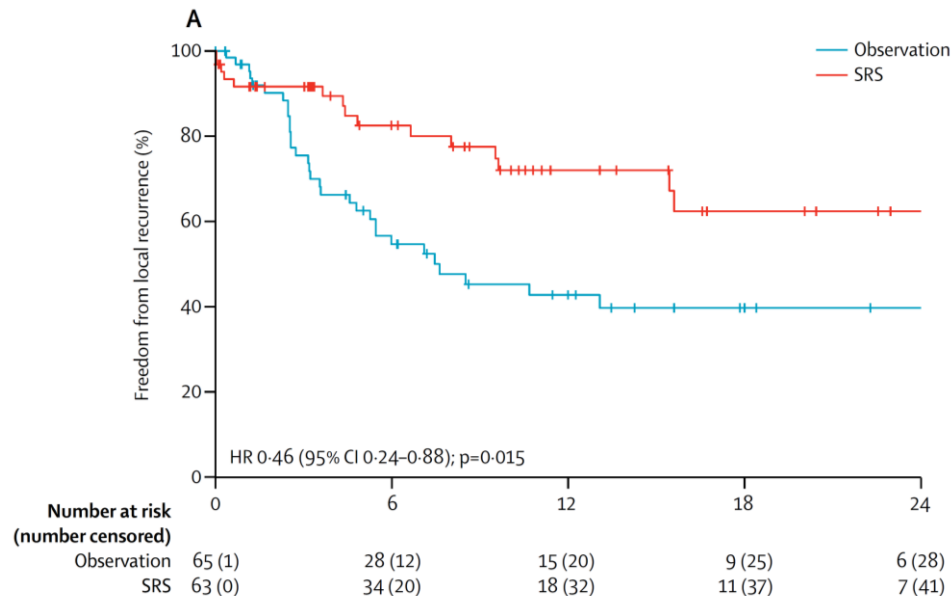


El Shafie et al Cancers 2019, 11(3), 294;

Post-operative stereotactic radiosurgery versus observation for completely resected brain metastases: a single-centre, randomised, controlled, phase 3 trial

*Lancet Oncol* 2017; 18: 1040-48

Anita Mahajan, Salmaan Ahmed, Mary Frances McAleer, Jeffrey S Weinberg, Jing Li, Paul D Brown, Stephen Settle, Sujit S Prabhu, Frederick F Lang, Nicholas Levine, Susan McGovern, Erik Sulman, Ian E McCutcheon, Syed Azeem, Daniel Cahill, Claudio Tatsui, Amy B Heimberger, Sherise Ferguson, Amol Ghia, Franco Demonte, Shaan Raza, Nandita Guha-Thakurta, James Yang, Raymond Sawaya, Kenneth R Hess, Ganesh Rao



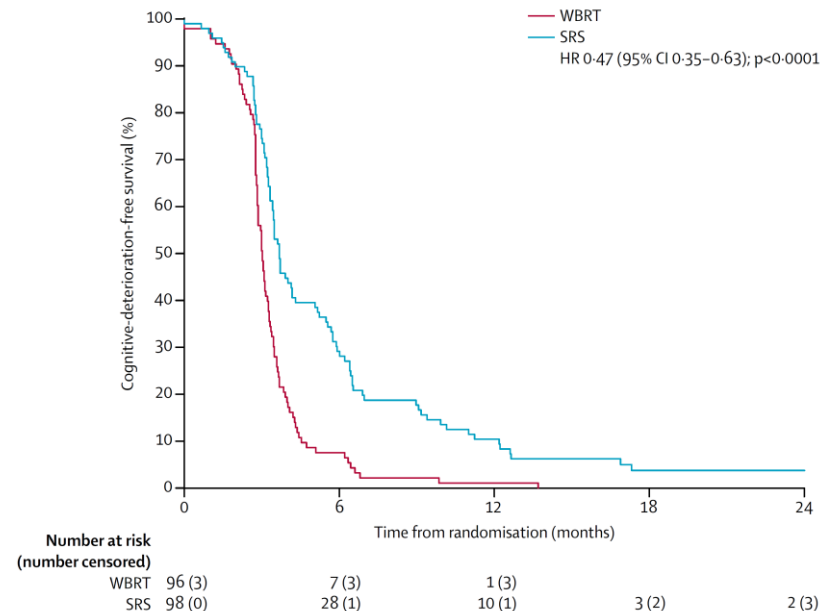
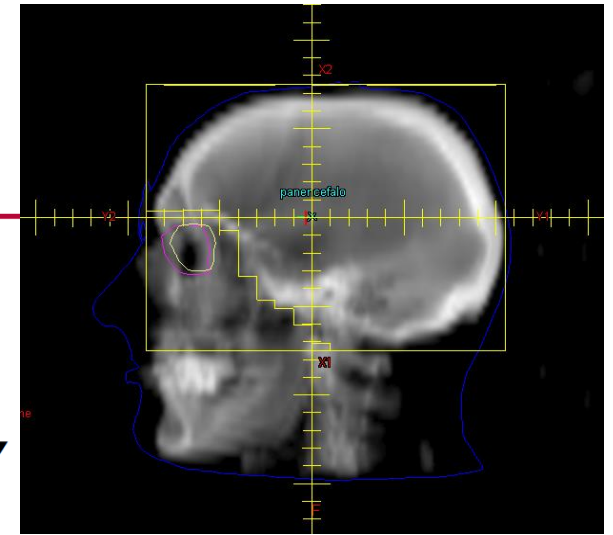
**SRS improved the 1-year freedom from local failure**  
**72% vs. 43%**  
**P = 0.015**

# SRS or WBRT after surgery

Postoperative stereotactic radiosurgery compared with whole brain radiotherapy for resected metastatic brain disease (NCCTG N107C/CEC-3): a multicentre, randomised, controlled, phase 3 trial

*Lancet Oncol* 2017; 18: 1049–60

*Paul D Brown, Karla V Ballman, Jane H Cerhan, S Keith Anderson, Xiomara W Carrero, Anthony C whitton, Jeffrey Greenspoon, Ian F Parney, Nadia N I Laack, Jonathan B Ashman, Jean-Paul Bahary, Costas G Hadjipanayis, James J Urbanic, Fred G Barker II, Elana Farace, Deepak Khuntia, Caterina Giannini, Jan C Buckner, Evanthia Galanis, David Roberge*



- **Decline in cognitive function - more frequent with WBRT than with SRS**
- No difference in overall survival
- SRS should be considered one of the standards of care as a less toxic alternative to WBRT



# Stereotactic Radiosurgery for Postoperative Metastatic Surgical Cavities: A Critical Review and International Stereotactic Radiosurgery Society (ISRS) Practice Guidelines

Kristin J. Redmond, MD, MPH,\* Antonio A.F. De Salles, MD, PhD,†  
Laura Fariselli, MD,‡ Marc Levivier, MD, PhD,§|| Lijun Ma, PhD,¶  
Ian Paddick, MSc,# Bruce E. Pollock, MD,\*\* Jean Regis, MD,††  
Jason Sheehan, MD, PhD,‡‡ John Suh, MD,§§ Shoji Yomo, MD,|| || and  
Arjun Sahgal, MD¶¶

- 8 retrospective series, 1 phase 2 prospective study, 3 randomized controlled trials, and 1 consensus contouring paper
- Local control: 80.5%
- Randomized data suggest improved local control with single-fraction SRS compared with observation and improved cognitive outcomes compared with WBRT
- The toxicity of SRS/SRT in the postoperative setting was limited

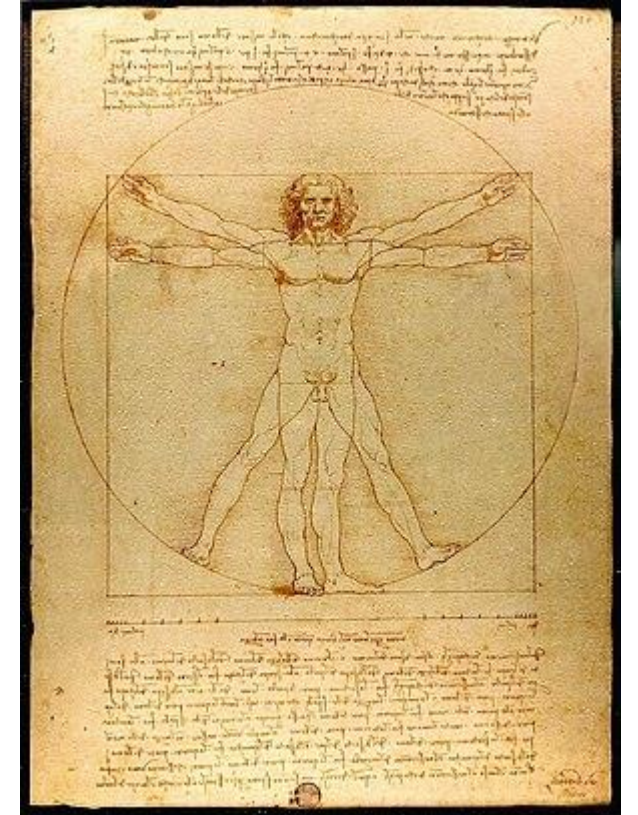
**Table 4** ISRS summary recommendations

Recommendation	Level of evidence
After surgery for a brain metastasis, postoperative SRS is preferred over observation due to superior local control	I
For patients with 1 resected brain metastasis, ECOG performance status of 0-2, and a resection cavity measuring <5 cm, postoperative SRS to the resection cavity is recommended to minimize cognitive toxicity compared with whole brain radiation therapy	I
Target volume should include the resection cavity and entire surgical tract with consideration to expand the clinical target volume to include a 5-10 mm expansion beyond the preoperative tumor location along bone flap in those tumors contacting the dura preoperatively, while respecting anatomic barriers, and a 1-5 mm expansion along sinuses for tumors contacting a sinus preoperatively. In addition, a 2-3 mm radial expansion to PTV should be considered.	III
Prescription doses of approximately 30-50 Gy EQD2 <sub>10</sub> , 50-70 Gy EQD2 <sub>5</sub> , and 70-90 Gy EQD2 <sub>2</sub> , have been associated with reasonable local control, but formal comparative studies are warranted. Emerging data suggest single-fraction treatment without dose de-escalation is appropriate in cavities <2 cm in size and that fractionated regimens may provide superior local control compared with single-fraction SRS in patients with large metastases greater than 2.5-3 cm.	III
The consent process for brain metastases surgery should include a discussion of the risk of surgical dissemination of tumor manifesting as leptomeningeal disease.	III

# AGENDA

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- ❑ SBRT and SRS
- ❑ Brain
- ❑ **Thorax**
- ❑ Abdomen/pelvi
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[https://en.wikipedia.org/wiki/Vitruvian\\_Man#/media/File:Da\\_Vinci\\_Vitruve\\_Luc\\_Viatour.jpg](https://en.wikipedia.org/wiki/Vitruvian_Man#/media/File:Da_Vinci_Vitruve_Luc_Viatour.jpg)

# STAGE I NSCLC: SBRT vs RT TROG 09.02 CHISEL

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**Ball D. et al. Lancet Oncol 2019; 20: 494–503**

Stereotactic ablative radiotherapy versus standard radiotherapy in stage 1 non-small-cell lung cancer (TROG 09.02 CHISEL): a phase 3, open-label, randomized controlled trial

**101 patients** : biopsy-confirmed stage 1 (T1–T2aN0M0) NSCLC  
FDG-PET staged  
medically inoperable or had refused surgery  
ECOG 0-1  
peripherally located tumor



**SABR**

**54 Gy/3 fr of 18 Gy**

**48 Gy/4 fr of 12 Gy**



**standard RT**

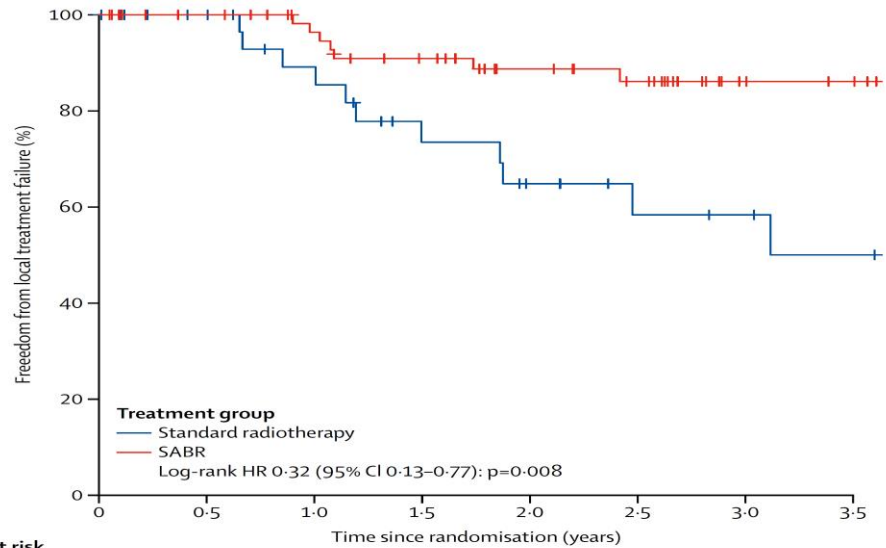
**66 Gy/33 fr of 2 Gy**

**50 Gy/20 fr of 2.5 Gy**

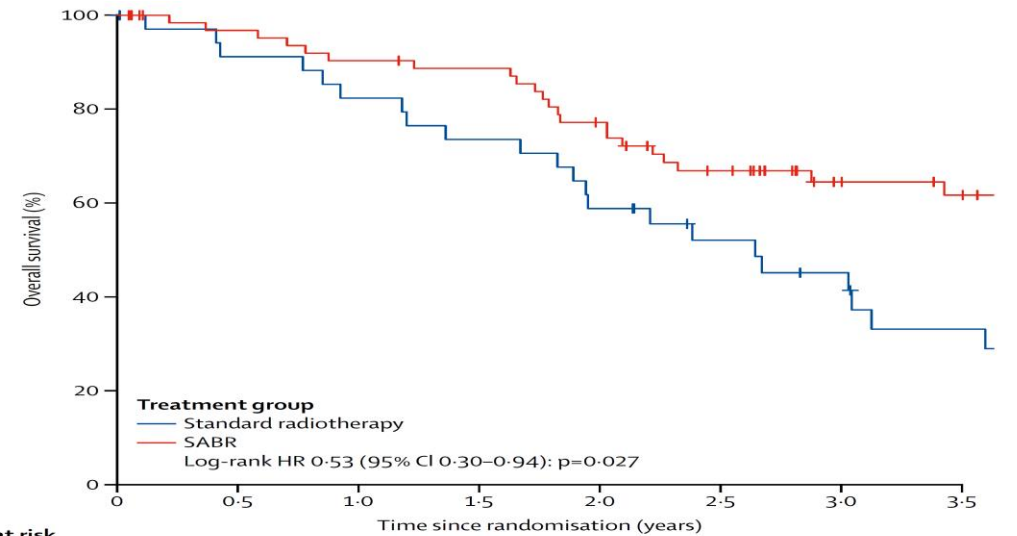
# STAGE I NSCLC: SBRT vs RT TROG 09.02 CHISEL

Ball D. et al. Lancet Oncol 2019; 20: 494–503

Stereotactic ablative radiotherapy versus standard radiotherapy in stage 1 non-small-cell lung cancer (TROG 09.02 CHISEL): a phase 3, open-label, randomized controlled trial



Number at risk (number censored)	0	0.5	1.0	1.5	2.0	2.5	3.0	3.5
Standard radiotherapy	35 (0)	30 (5)	24 (8)	17 (11)	13 (13)	9 (16)	8 (17)	6 (18)
SABR	66 (0)	60 (6)	53 (11)	46 (15)	37 (23)	32 (27)	19 (40)	17 (42)



Number at risk (number censored)	0	0.5	1.0	1.5	2.0	2.5	3.0	3.5
Standard radiotherapy	35 (0)	31 (1)	28 (1)	25 (1)	20 (1)	15 (4)	12 (5)	8 (6)
SABR	66 (0)	60 (4)	56 (4)	54 (5)	46 (6)	37 (9)	25 (20)	22 (22)

**SABR: superior local control and OS without an increase in major toxicity**

**SABR should be the treatment of choice for this patient group**





# SBRT as alternative to surgery

**SABRTooth: a randomised controlled feasibility study of stereotactic ablative radiotherapy (SABR) with surgery in patients with peripheral stage I nonsmall cell lung cancer considered to be at higher risk of complications from surgical resection**

Kevin N. Franks<sup>1,2,13</sup>, Lucy McParland<sup>3,13</sup>, Joanne Webster<sup>3</sup>, David R. Baldwin<sup>4</sup>, David Sebag-Montefiore<sup>1,2,3</sup>, Matthew Evison<sup>5</sup>, Richard Booton<sup>5</sup>, Corinne Faivre-Finn<sup>6</sup>, Babu Naidu<sup>7</sup>, Jonathan Ferguson<sup>8</sup>, Clive Peedell<sup>8</sup>, Matthew E.J. Callister<sup>9</sup>, Martyn Kennedy<sup>9</sup>, Jenny Hewison<sup>10</sup>, Janine Bestall<sup>10</sup>, Walter M. Gregory<sup>3</sup>, Peter Hall<sup>11</sup>, Fiona Collinson<sup>3</sup>, Catherine Olivier<sup>3</sup>, Rachel Naylor<sup>3</sup>, Sue Bell<sup>3</sup>, Peter Allen<sup>12</sup>, Andrew Sloss<sup>12</sup> and Michael Snee<sup>1</sup>

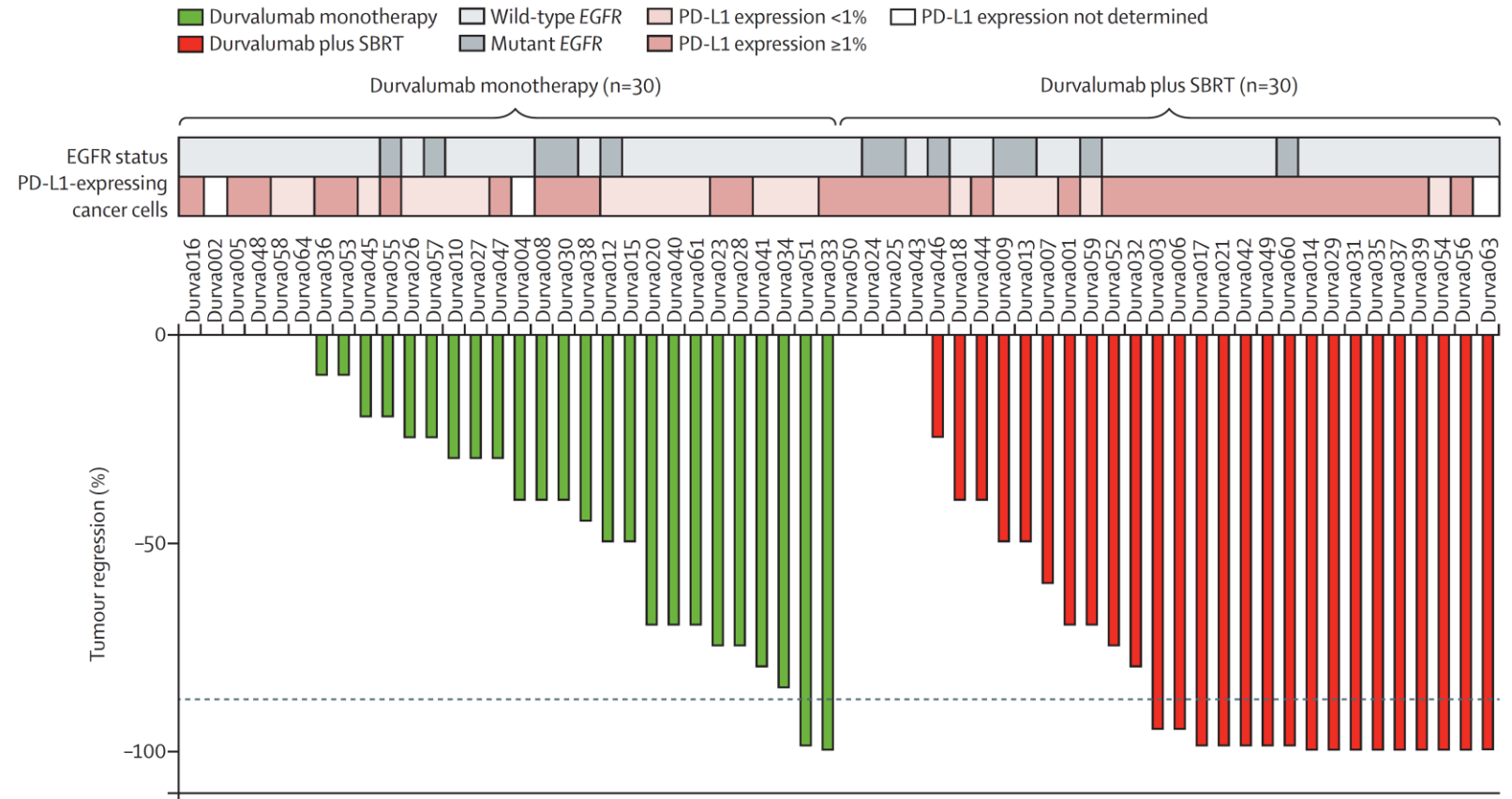
- A phase III RCT randomising higher risk patients between SABR and surgery is not feasible in the National Health Service.
- Patients have pre-existing treatment preferences, which was a barrier to recruitment.
- **A significant proportion of patients randomised to the surgical group declined and chose SABR.**



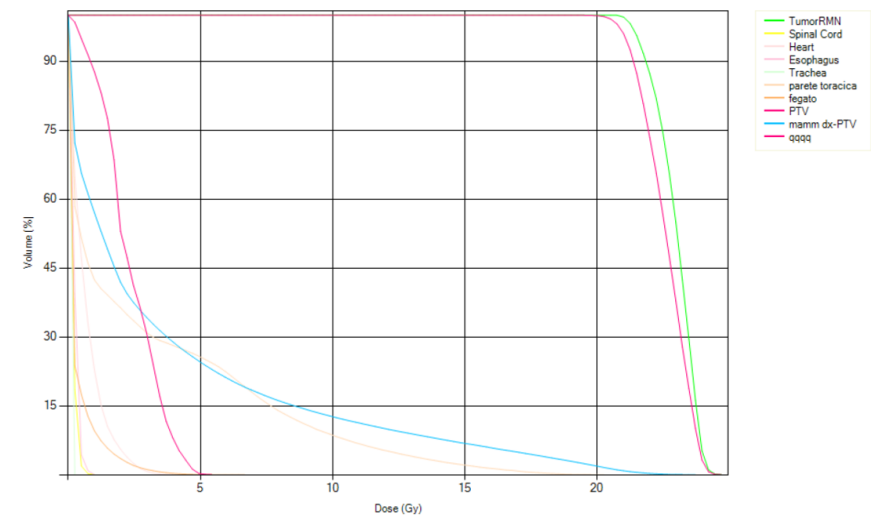
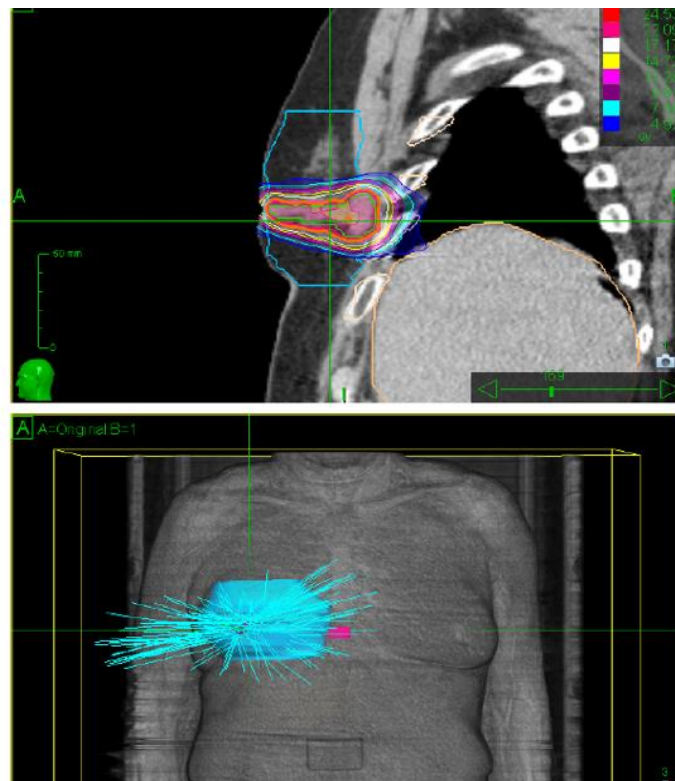
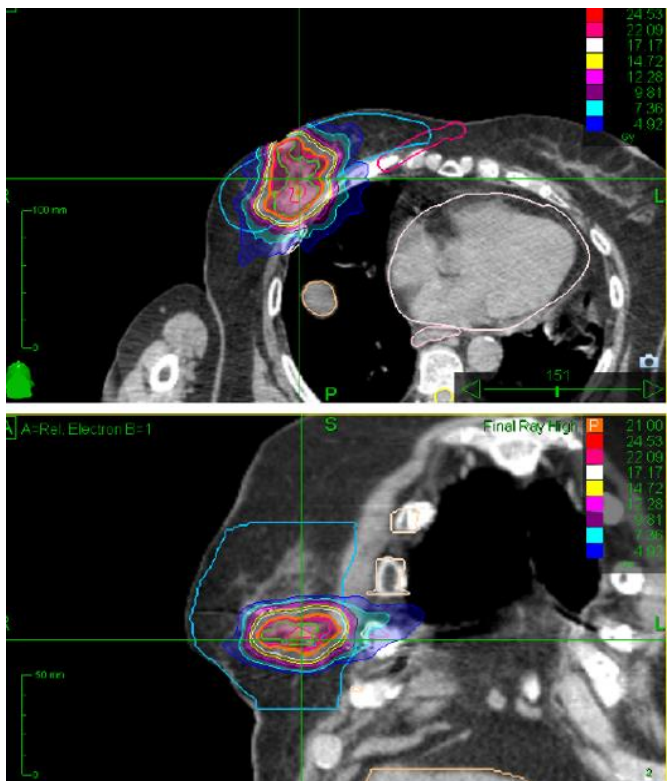
# Neoadjuvant durvalumab with or without stereotactic body radiotherapy in patients with early-stage non-small-cell lung cancer: a single-centre, randomised phase 2 trial

Nasser K Altorki, Timothy E McGraw, Alain C Borczuk, Ashish Saxena, Jeffrey L Port, Brendon M Stiles, Benjamin E Lee, Nicholas J Sanfilippo, Ronald J Scheff, Bradley B Pua, James F Gruden, Paul J Christos, Cathy Spinelli, Joyce Gakuria, Manik Uppal, Bhavneet Binder, Olivier Elemento, Karla V Ballman, Silvia C Formenti

## IT vs IT + SBRT



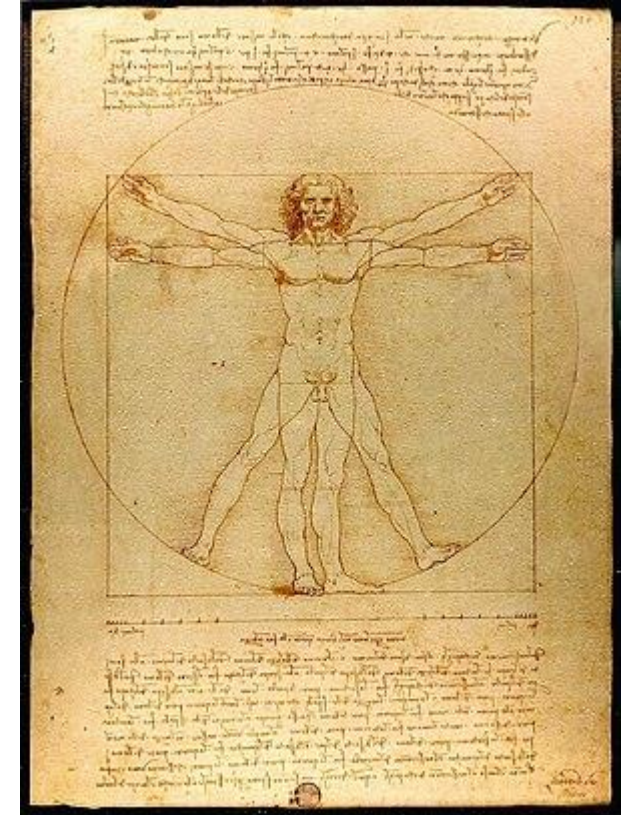
# Breast cancer SBRT



# AGENDA

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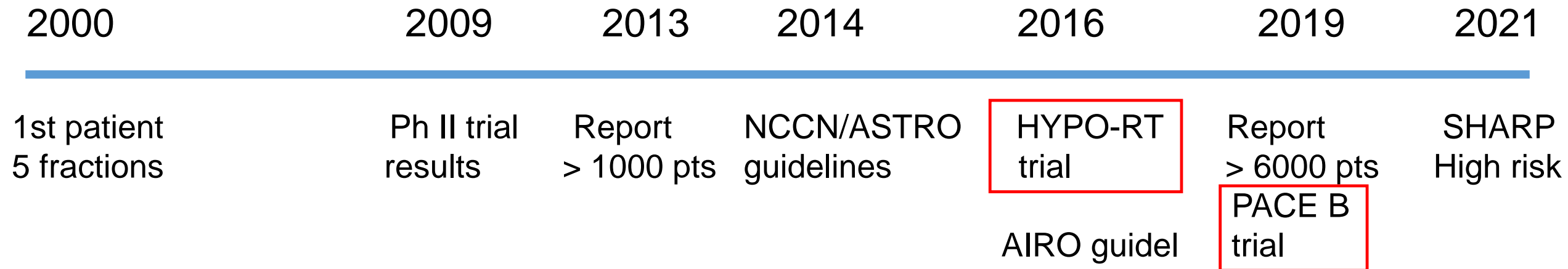
- ❑ SBRT and SRS
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# PROSTATE EXTREME HYPOFRACTIONATION



# Where are we?



National  
Comprehensive  
Cancer  
Network®

## NCCN Guidelines Version 1.2021 Prostate Cancer

[NCCN Guidelines Index](#)  
[Table of Contents](#)  
[Discussion](#)

### PRINCIPLES OF RADIATION THERAPY

Table 1: Below are examples of regimens that have shown acceptable efficacy and toxicity. The optimal regimen for an individual patient warrants evaluation of comorbid conditions, voiding symptoms and toxicity of therapy. Additional fractionation schemes may be used as long as sound oncologic principles and appropriate estimate of BED are considered.  
[See PROS-3](#), [PROS-4](#), [PROS-5](#), [PROS-6](#), [PROS-7](#), [PROS-9](#), [PROS-13](#), and [PROS-G](#) for other recommendations, including recommendations for neoadjuvant/concomitant/adjuvant ADT.



Regimen	Preferred Dose/Fractionation	NCCN Risk Group (✓ indicates an appropriate regimen option if radiation therapy is given)					
		Very Low and Low	Favorable Intermediate	Unfavorable Intermediate	High and Very High	Regional N1	Low Volume M1 <sup>a</sup>
<b>EBRT</b>							
Moderate Hypofractionation (Preferred)	3 Gy x 20 fx 2.7 Gy x 26 fx 2.5 Gy x 28 fx	✓	✓	✓	✓	✓	
	2.75 Gy x 20 fx						✓
Conventional Fractionation	1.8–2 Gy x 37–45 fx	✓	✓	✓	✓	✓	
Ultra-Hypofractionation	7.25–8 Gy x 5 fx 6.1 Gy x 7 fx	✓	✓	✓	✓		
	6 Gy x 6 fx						✓
<b>Brachytherapy Monotherapy</b>							
LDR							
Iodine 125	145 Gy						
Palladium 103	125 Gy	✓	✓				
Cesium 131	115 Gy						
HDR							
Iridium-192	13.5 Gy x 2 implants 9.5 Gy BID x 2 implants	✓	✓				
<b>EBRT and Brachytherapy (combined with 45–50.4 Gy x 25–28 fx or 37.5 Gy x 15 fx)</b>							
LDR							
Iodine 125	110–115 Gy						
Palladium 103	90–100 Gy			✓	✓		
Cesium 131	85 Gy						
HDR							
Iridium-192	15 Gy x 1 fx 10.75 Gy x 2 fx			✓	✓		

<sup>a</sup> High-volume disease is differentiated from low-volume disease by visceral metastases and/or 4 or more bone metastases, with at least one metastasis beyond the pelvis vertebral column. Patients with low-volume disease have less certain benefit from early treatment with docetaxel combined with ADT.

Note: All recommendations are category 2A unless otherwise indicated.  
Clinical Trials: NCCN believes that the best management of any patient with cancer is in a clinical trial. Participation in clinical trials is especially encouraged.

NCCN, ASTRO and AIRO guidelines  
have included  
**ultrahypofractionation (SBRT)**  
**as an option for Pca**  
in centers with technology&clinical expertise

EUROPEAN UROLOGY 79 (2021) 243–262

available at [www.sciencedirect.com](http://www.sciencedirect.com)  
journal homepage: [www.europeanurology.com](http://www.europeanurology.com)



Review – Prostate Cancer

**EAU-EANM-ESTRO-ESUR-SIOG Guidelines on Prostate  
Cancer—2020 Update. Part 1: Screening, Diagnosis,  
and Local Treatment with Curative Intent**

Nicolas Mottet<sup>a,\*</sup>, Roderick C.N. van den Bergh<sup>b</sup>, Erik Briers<sup>c</sup>, Thomas Van den Broeck<sup>d</sup>,

Caution in high risk...

WHAT'S  
NEXT







**High risk Pca? Pelvis?**



**Focal boosting of the DIL**



**Shorter schedules**

# Less than 5 fractions: 3? 2? 1?

Original Article

## Two versus five stereotactic ablative radiotherapy treatments for localized prostate cancer: A quality of life analysis of two prospective clinical trials



Yasir Alayed <sup>a,b,c</sup>, Harvey Quon <sup>d</sup>, Patrick Cheung <sup>a,b</sup>, William Chu <sup>a,b</sup>, Hans T. Chung <sup>a,b</sup>, Danny Vesprini <sup>a,b</sup>, Aldrich Ong <sup>e</sup>, Amit Chowdhury <sup>e</sup>, Dilip Panjwani <sup>f</sup>, Joelle Helou <sup>g</sup>, Geordi Pang <sup>a,b</sup>, Renee Korol <sup>a,b</sup>, Melanie Davidson <sup>a,b</sup>, Ananth Ravi <sup>a,b</sup>, Boyd McCurdy <sup>e</sup>, Liying Zhang <sup>a</sup>, Alexandre Mamedov <sup>a</sup>, Andrea Deabreu <sup>a</sup>, Angela Commisso <sup>a</sup>, Kristina Commisso <sup>h</sup>, Andrew Loblaw <sup>a,b,\*</sup>

<sup>a</sup>Odette Cancer Centre, Sunnybrook Health Sciences Centre, Toronto; <sup>b</sup>Department of Radiation Oncology, University of Toronto, Canada; <sup>c</sup>Division of Radiation Oncology, College of Medicine, King Saud University, Riyadh, Saudi Arabia; <sup>d</sup>Department of Radiation Oncology, Tom Baker Cancer Centre, Calgary; <sup>e</sup>CancerCare Manitoba, Winnipeg, Canada; <sup>f</sup>Compassionate Cancer Centers, India; <sup>g</sup>Department of Radiation Oncology, University of Toronto, Princess Margaret Cancer Centre; and <sup>h</sup>University Health Network, Toronto, Canada



Original Article

## Single dose high-dose-rate brachytherapy with focal dose escalation for prostate cancer: Mature results of a phase 2 clinical trial



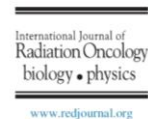
Shreya Armstrong <sup>a,b,\*</sup>, Stephanie Brown <sup>a</sup>, May Stancliffe <sup>c,d</sup>, Peter Ostler <sup>a</sup>, Robert Hughes <sup>a</sup>, Peter Hoskin <sup>a</sup>, Roberto Alonzi <sup>a</sup>

Clinical Investigation

40Gy/3 fr

## Toxicity at 1 Year After Stereotactic Body Radiation Therapy in 3 Fractions for Localized Prostate Cancer

Alessandro Magli, MD, \* Alessia Farneti, MD, † Adriana Faiella, MD, † Mariaconsiglia Ferriero, MD, † Valeria Landoni, PhD, ‡ Diana Giannarelli, PhD, † Eugenia Moretti, PhD, § Ugo de Paula, MD, # Sara Gomellini, MD, # and Giuseppe Sanguineti, MD †



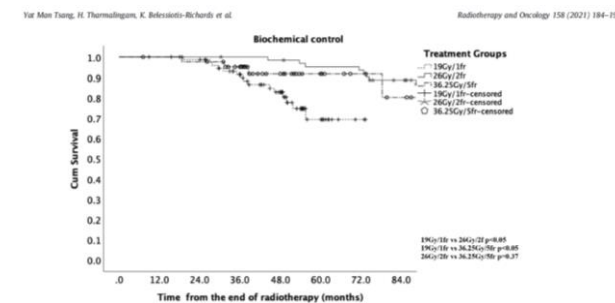
JAMA Oncology | Original Investigation

## Safety and Efficacy of Virtual Prostatectomy With Single-Dose Radiotherapy in Patients With Intermediate-Risk Prostate Cancer Results From the PROSINT Phase 2 Randomized Clinical Trial

Carlo Greco, MD; Oriol Pares, MD; Nuno Pimentel, MD; Vasco Louro, MD; Inês Santiago, MD; Sandra Vieira, PhD; Joep Stroom, PhD; Dailia Mateus; Ana Soares; João Marques; Elda Freitas; Graça Coelho; Manuela Seixas; Antonio Lopez-Beltran, MD; Zvi Fuks, MD

24Gy/1fr

19Gy/1fr



Original Article

## Ultra-hypofractionated radiotherapy for low- and intermediate risk prostate cancer: High-dose-rate brachytherapy vs stereotactic ablative radiotherapy



Yat Man Tsang <sup>a,\*</sup>, Hannah Tharmalingam <sup>a</sup>, Katherine Belessiotis-Richards <sup>a</sup>, Shreya Armstrong <sup>a</sup>, Peter Ostler <sup>a</sup>, Robert Hughes <sup>a</sup>, Roberto Alonzi <sup>a</sup>, Peter J Hoskin <sup>a,b</sup>



Short Communication

## Single fraction urethra-sparing prostate cancer SBRT: Phase I results of the ONE SHOT trial



Thomas Zilli <sup>a,b,\*</sup>, Ciro Franzese <sup>d</sup>, Marta Bottero <sup>a</sup>, Niccolò Gaj-Levra <sup>g</sup>, Robert Förster <sup>f</sup>, Daniel Zwahlen <sup>e</sup>, Nikolaos Koutsouvelis <sup>a</sup>, Aurelie Bertaut <sup>h</sup>, Julie Blanc <sup>h</sup>, Giuseppe Roberto D'agostino <sup>d</sup>, Filippo Alongi <sup>g,i</sup>, Matthias Guckenberger <sup>f</sup>, Marta Scorsetti <sup>c,d</sup>, Raymond Miralbell <sup>a,b</sup>

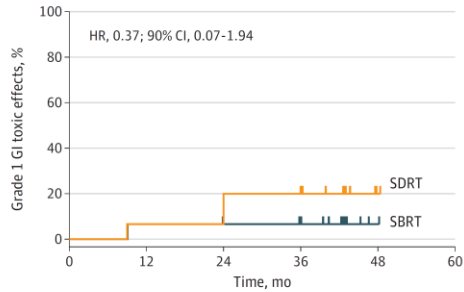
# Safety and Efficacy of Virtual Prostatectomy With Single-Dose Radiotherapy in Patients With Intermediate-Risk Prostate Cancer

## Results From the PROSINT Phase 2 Randomized Clinical Trial

Carlo Greco, MD; Oriol Pares, MD; Nuno Pimentel, MD; Vasco Louro, MD; Inês Santiago, MD; Sandra Vieira, PhD; Joep Stroom, PhD; Dália Mateus; Ana Soares; João Marques; Elda Freitas; Graça Coelho; Manuela Seixas; Antonio Lopez-Beltran, MD; Zvi Fuks, MD

**ground-breaking**

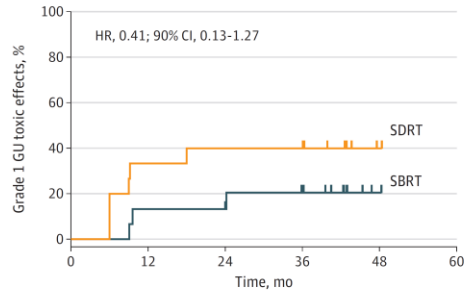
**A** Grade 1 rectal toxic effects by study arm



No. at risk

	0	12	24	36	48	60
SBRT	15	14	13	12	2	2
SDRT	15	14	12	13	2	2

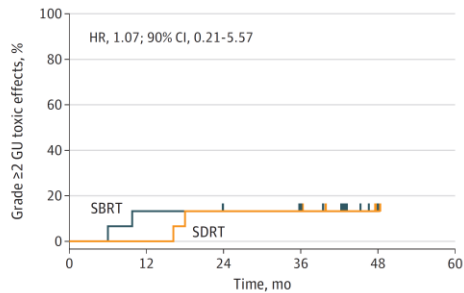
**B** Grade 1 urinary toxic effects by study arm



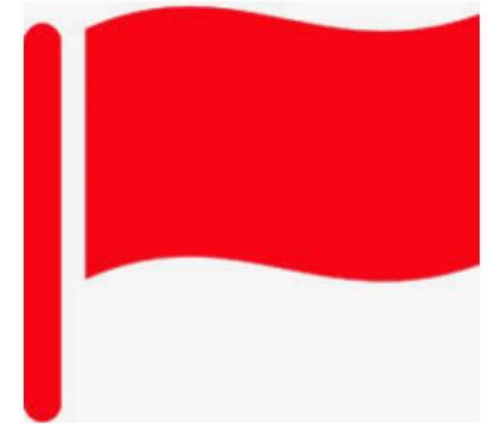
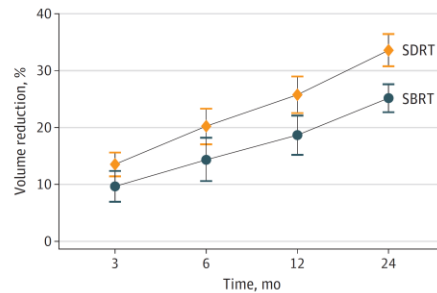
No. at risk

	0	12	24	36	48	60
SBRT	15	14	13	11	2	2
SDRT	15	11	10	10	2	2

**C** Grade ≥2 urinary toxic effects by study arm




**D** Volume reduction on magnetic resonance imaging by study arm



 PROSTATE CANCER

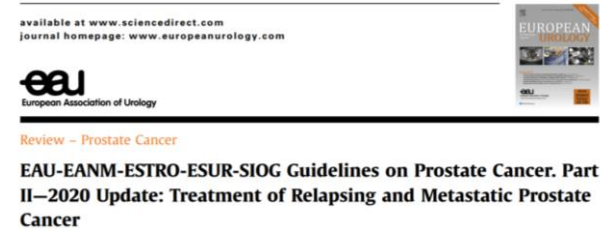
# Single dose prostate radiotherapy — a step too far?

Alison C. Tree  and Nicholas J. van As

# LOCAL SALVAGE APPROACH

1. Surgery
2. HIFU
3. Cryotherapy
4. BRT

Cornford P et al. **EAU-ESTRO-SIOG Guidelines on Prostate Cancer** Eur Urol. 2021;79:263-282.  
Parker C, et al. Prostate cancer: **ESMO Clinical Practice Guidelines**. Ann Oncol 2020;31:1119-34  
**NCCN Clinical practice guidelines in Oncology 2021**  
Lieng H et al. Radioth Oncol 2018;129:377–386



NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®)

## Prostate Cancer

Version 2.2021 — February 17, 2021

**SBRT**





# Finally 2021



## Meta-analyses

MASTER, Valle LF et al. Eur Urol. 2021 Sep;80(3):280-292  
Corkum MT et al., Adv Radiat Oncol . 2020;5:965-977  
Ingrosso G et al., Eur Urol Oncol 2020;3:183-197

## Systematic Reviews and Reviews

Munoz F et al., Cancer Treat Rev 2021;95:102176  
Baty M et al. Cancer/Radiotherapie 2019;23:541-558  
Philippou Y et al. Eur Urol Focus 2016;2:158-171  
Tetreault-Laflamme A et al. Semin Radiat Oncol 2016

## ESTRO ACROP Consensus

Jereczek-Fossa BA et al. Cancer Treat Rev 2021;98:102206



Platinum Priority – Review – Prostate Cancer – Editor's Choice  
Edited by Jack Zheng and Jasmin Crook on pp. 280-294 of this issue

**A Systematic Review and Meta-analysis of Local Salvage Therapies After Radiotherapy for Prostate Cancer (MASTER)**

Luca F. Valle<sup>1</sup>, Eric J. Lehrer<sup>2</sup>, Daniela Markovic<sup>3</sup>, David Elashoff<sup>4</sup>, Rebecca Levin-Epstein<sup>5</sup>, R. Jeffrey Karnes<sup>6</sup>, Robert E. Reiter<sup>7</sup>, Matthew Rettig<sup>8</sup>, Jeremie Calais<sup>9</sup>, Nicholas G. Nickols<sup>10</sup>, Robert T. Dess<sup>11</sup>, Daniel E. Spratt<sup>12</sup>, Michael L. Steinberg<sup>13</sup>, Paul L. Nguyen<sup>14</sup>, Brian J. Davis<sup>15</sup>, Nicholas G. Zaorsky<sup>16</sup>, Amar U. Kishan<sup>16,\*</sup>

Advances in Radiation Oncology (2020) 5, 965-977



Scientific Article

**A Novel Salvage Option for Local Failure in Prostate Cancer, Reirradiation Using External Beam or Stereotactic Radiation Therapy: Systematic Review and Meta-Analysis**

Mark T. Corkum, MD, MSc,<sup>1</sup> Lucas C. Mendez, MD, MSc,<sup>2</sup> Joseph Chin, MD,<sup>3</sup> David D'Souza, MD,<sup>4</sup> R. Gabriel Boldt, MLIS,<sup>5</sup> and Glenn S. Bauman, MD<sup>1,\*</sup>



Systematic or Meta-analysis Studies

**Outcomes and toxicities of re-irradiation for prostate cancer: A systematic review on behalf of the Re-Irradiation Working Group of the Italian Association of Radiotherapy and Clinical Oncology (AIRO)**

Fernando Munoz<sup>1</sup>, Francesco Fiorica<sup>2</sup>, Luciana Caravatta<sup>3</sup>, Consuelo Rosa<sup>4</sup>, Letizia Ferrella<sup>5</sup>, Luca Boldrin<sup>6</sup>, Bruno Fiandra<sup>7</sup>, Anna Rita Altino<sup>8</sup>, Alessia Nardangeli<sup>9</sup>, Francesco Dionisi<sup>10</sup>, Stefano Arcangeli<sup>11</sup>, Alessandro Di Marzo<sup>12</sup>, Antonio Pantoriero<sup>13</sup>, Vittorio Donato<sup>14</sup>, Mariangela Massaccesi<sup>15</sup>



Hot Topic

**Salvage stereotactic body radiotherapy (SBRT) for intraprostatic relapse after prostate cancer radiotherapy: An ESTRO ACROP Delphi consensus**

Berborn A, Jereczek-Fossa<sup>1,2,3</sup>, Giulia Marvaso<sup>2,3,4</sup>, Mattia Zaffaroni<sup>5</sup>, Simone Giovanni Gagliardo<sup>6,7,8</sup>, Dario Zorzi<sup>9</sup>, Federica Ceno<sup>10</sup>, Sara Gandini<sup>11</sup>, Filippo Alongi<sup>12</sup>, Alberto Bossi<sup>13</sup>, Philip Cornford<sup>14</sup>, Bernardino De Bari<sup>15</sup>, Valerie Fonteyne<sup>16</sup>, Peter Hoskin<sup>17</sup>, Bradley R. Pieters<sup>18</sup>, Alison C. Tree<sup>19</sup>, Stefano Arcangeli<sup>20</sup>, Donald B. Fuller<sup>21</sup>, Ciro Fontana<sup>22</sup>, Jean-Michel Hannequin-Lévy<sup>23</sup>, Guillaume Jannony<sup>24</sup>, Linda Kerkmeijer<sup>25</sup>, Young Kwok<sup>26</sup>, Lorenzo Livi<sup>27</sup>, Manro Loi<sup>28</sup>, Raymond Miralbell<sup>29</sup>, David Pasquier<sup>30</sup>, Michael Pokuwa<sup>31</sup>, Nathaniel Scher<sup>32</sup>, Maria Scrosetti<sup>33</sup>, Mohamed Shehata<sup>34</sup>, Alain Teledano<sup>35</sup>, Nicholas van As<sup>36</sup>, Andrea Vaccaroni<sup>37</sup>, Thomas Zilli<sup>38</sup>, Matteo Peppas<sup>39</sup>, Piet Ost<sup>40</sup>, on the behalf of the European Society for Radiotherapy, Oncology Advisory Committee on Radiation Oncology Practice (ESTRO ACROP)

# The best option?

Salvage therapy	5y biochemical control	GU tox (G3-4)	GI tox (G3-G4)
Prostatectomy	37-65%	15-65%	5-10%
HIFU	45-54%	10-40%	0.5-6%
Cryotherapy	50% (23-70%)	3-19%	2%-14%
Brachytherapy	50% (34-77%)	10-20%	2%-6%
<b>SBRT</b>	<b>35-50%</b>	<b>0-5%</b>	<b>0-2%</b>

Invasive  
RP

Less  
invasive  
HIFU,  
cryo,  
BRT

Non  
invasive  
SBRT

# A Systematic Review and **Meta-analysis** of Local Salvage Therapies After Radiotherapy for Prostate Cancer (MASTER)



Luca F. Valle<sup>a,†</sup>, Eric J. Lehrer<sup>b,†</sup>, Daniela Markovic<sup>c</sup>, David Elashoff<sup>c</sup>, Rebecca Levin-Epstein<sup>a</sup>, R. Jeffery Karnes<sup>d</sup>, Robert E. Reiter<sup>e</sup>, Matthew Rettig<sup>f,g</sup>, Jeremie Calais<sup>h</sup>, Nicholas G. Nickols<sup>a,i</sup>, Robert T. Dess<sup>j</sup>, Daniel E. Spratt<sup>j</sup>, Michael L. Steinberg<sup>a</sup>, Paul L. Nguyen<sup>k</sup>, Brian J. Davis<sup>l</sup>, Nicholas G. Zaorsky<sup>m</sup>, Amar U. Kishan<sup>a,e,\*</sup>



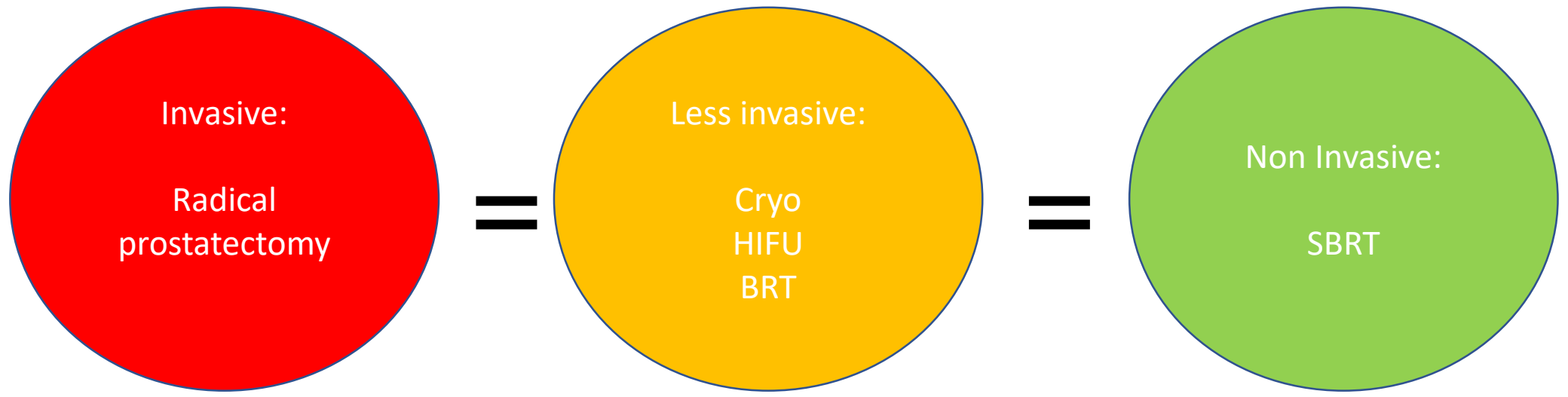
**Table 1 – Summary of patient and treatment characteristics for local salvage modalities**

	Age (yr)	Whole-gland salvage (%)	Biopsy-proven recurrence (%)	Presalvage PSA (ng/mL)	Perisalvage ADT use (%)	Interval from initial treatment to recurrence or salvage (mo)	Median follow-up (mo)	Number of studies (n)	Number of patients (n)
RP	65	100	99	6.0	16	50	47	52	2686
Cryotherapy	66	93	99	5.8	35	63	32	32	5153
HIFU	69	86	100	5.0	18	63	33	20	1783
SBRT	72	61	81	4.0	37	89	26	8	261
HDR	71	85	94	4.5	43	61	40	16	586
LDR	69	92	95	5.5	37	67	52	32	853

ADT=androgen deprivation therapy; HDR=high-dose-rate brachytherapy; HIFU=high-intensity focused ultrasound; LDR=low-dose-rate brachytherapy; PSA=prostate-specific antigen; RP=radical prostatectomy; SBRT=stereotactic body radiotherapy.



150 studies were included for analysis.

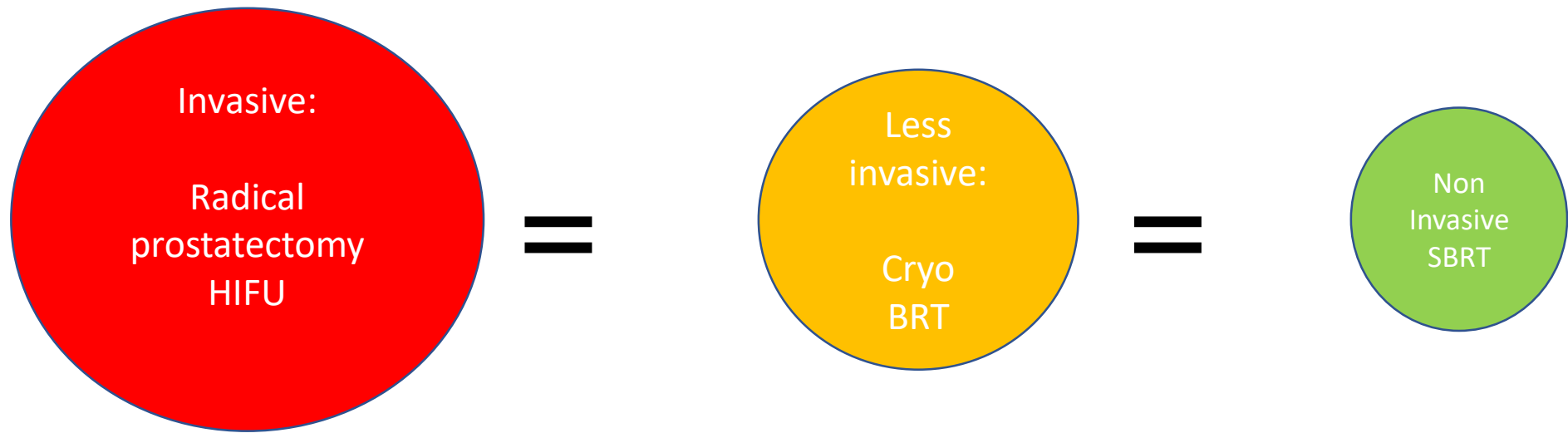


**Tumor control**





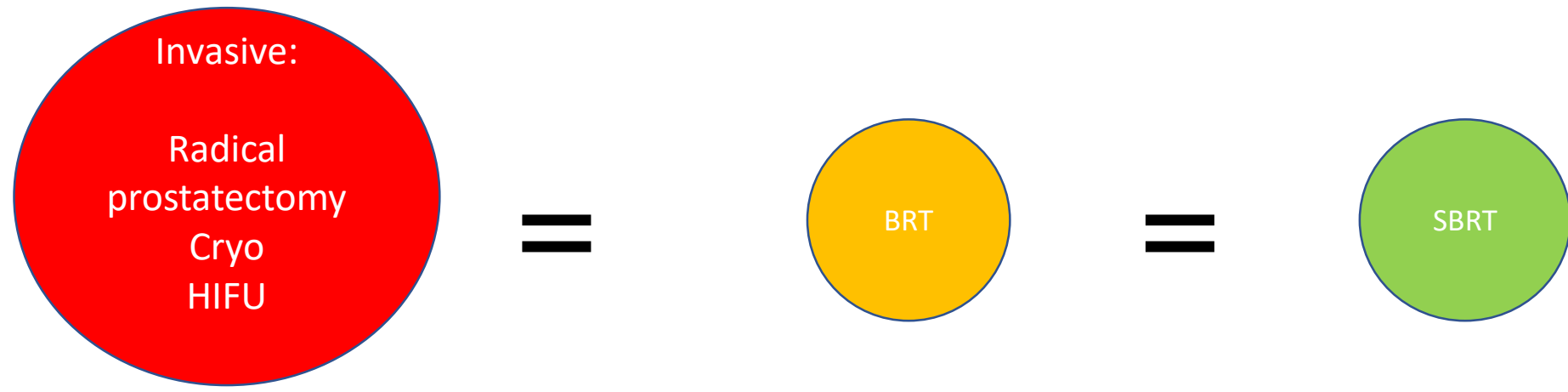
150 studies were included for analysis.



GU toxicity



150 studies were included for analysis.



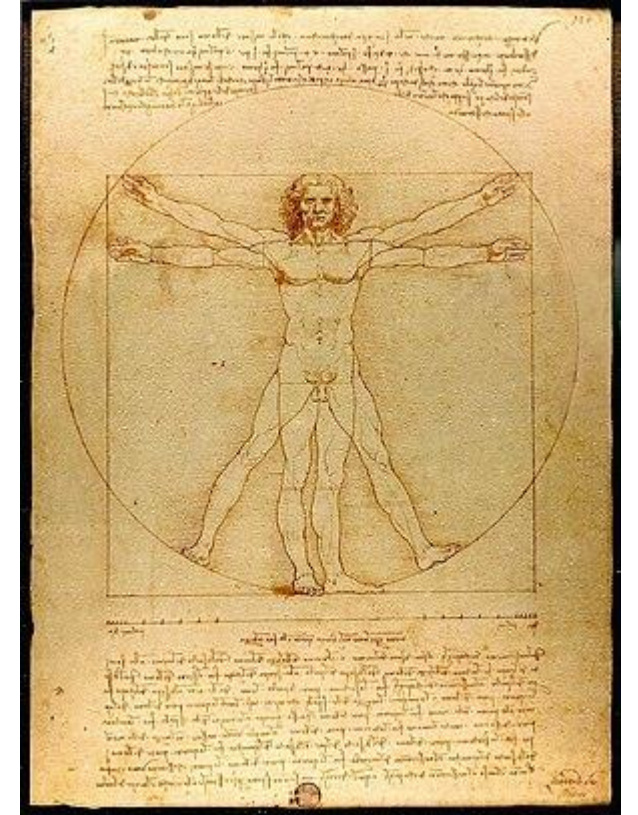
GI Toxicity

# AGENDA

---

- ❑ SBRT and SRS
- ❑ Brain
- ❑ Thorax
- ❑ Abdomen/pelvi
- ❑ **Particular scenarios:**

**oligometastases, re-irradiation**



[https://en.wikipedia.org/wiki/Vitruvian\\_Man#/media/File:Da\\_Vinci\\_Vitruve\\_Luc\\_Viatour.jpg](https://en.wikipedia.org/wiki/Vitruvian_Man#/media/File:Da_Vinci_Vitruve_Luc_Viatour.jpg)



# DEFINITION

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1. Nr of mets





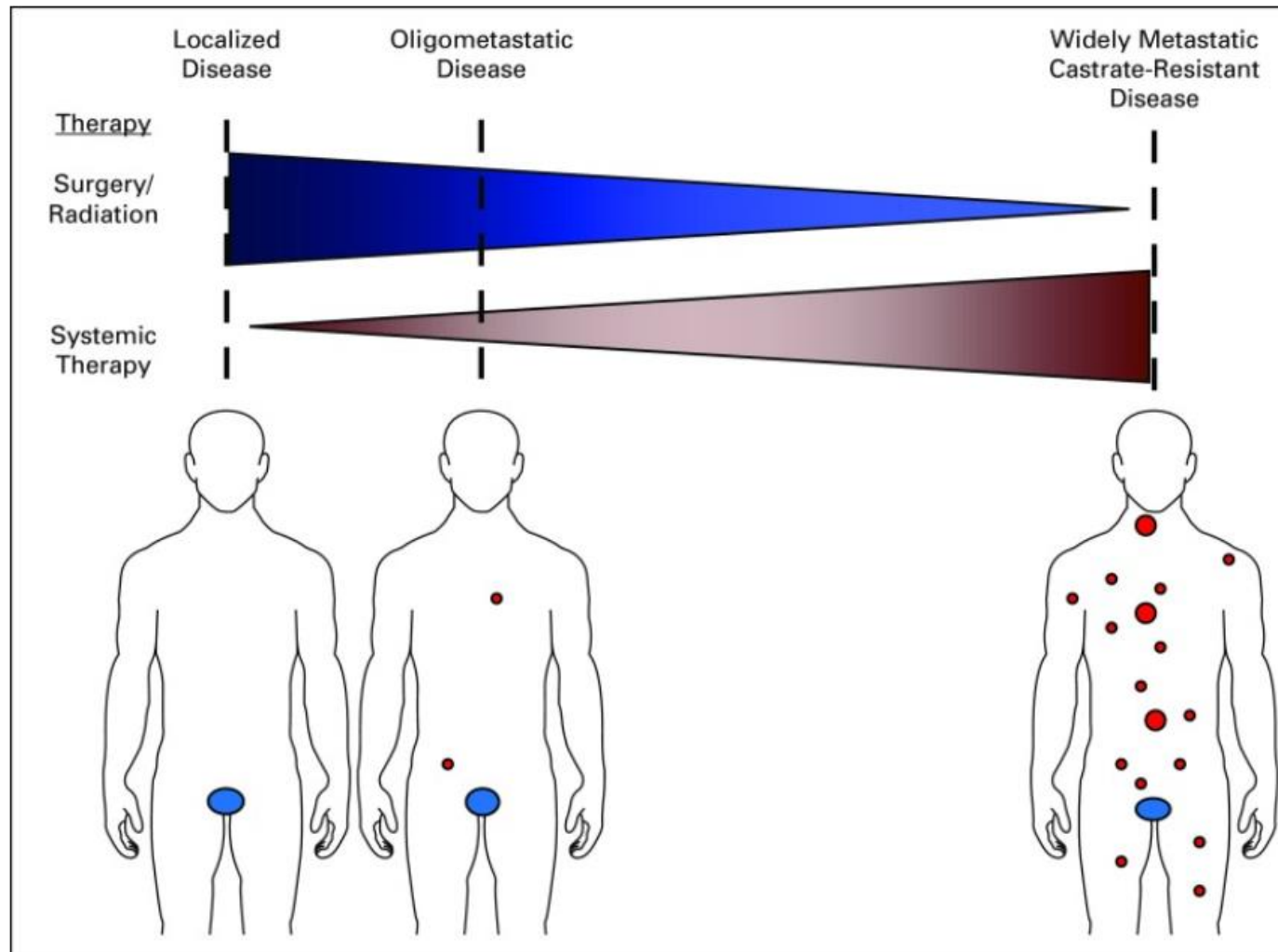
# DEFINITION

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1. Nr of mets
2. Volume of mets
3. Nr of organs
4. Type of organs (lymph nodes, bone, visceral organs)
5. Primary tumor
6. Time to occurrence

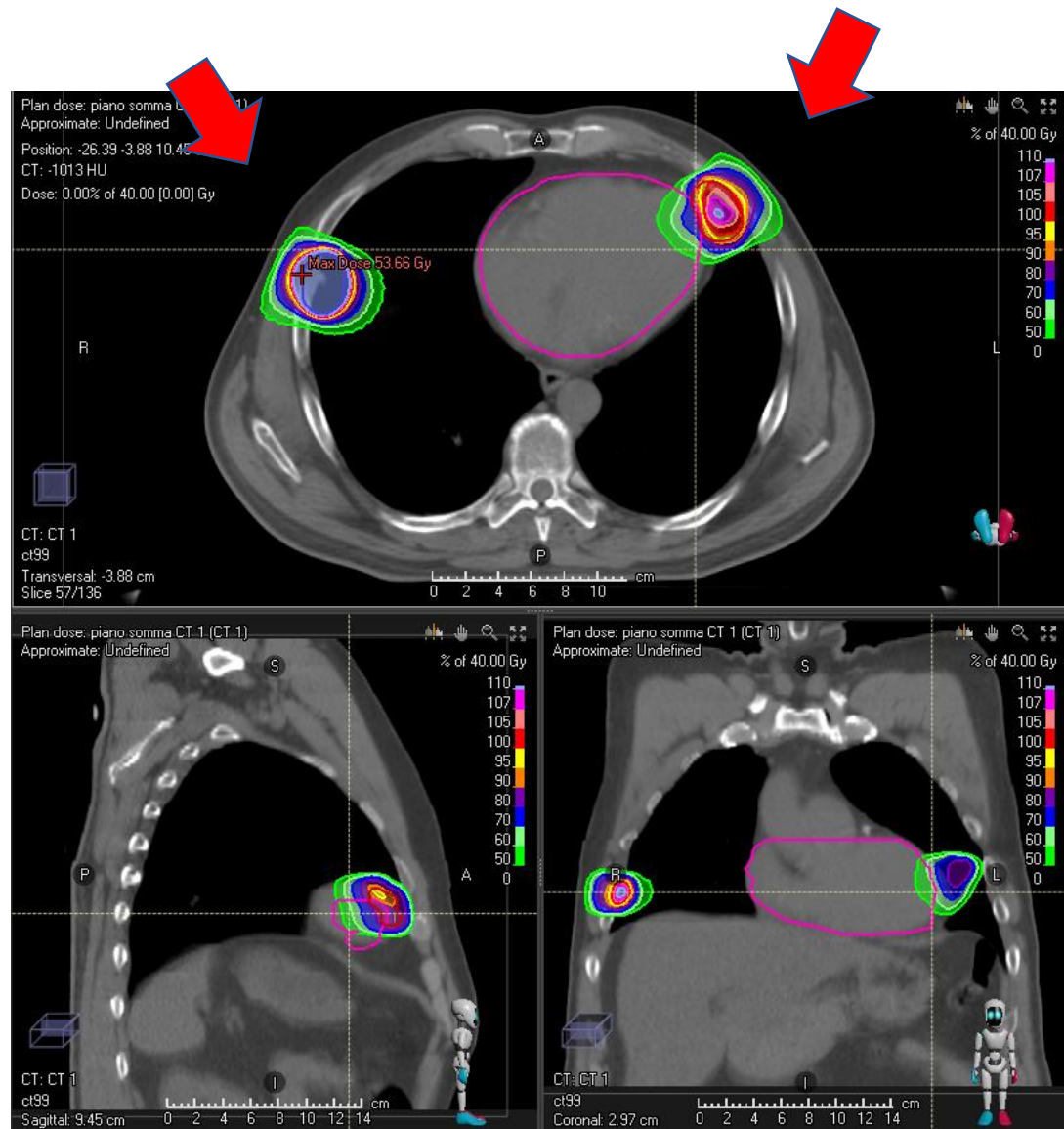


# Altering the natural history of oligometastatic cancer

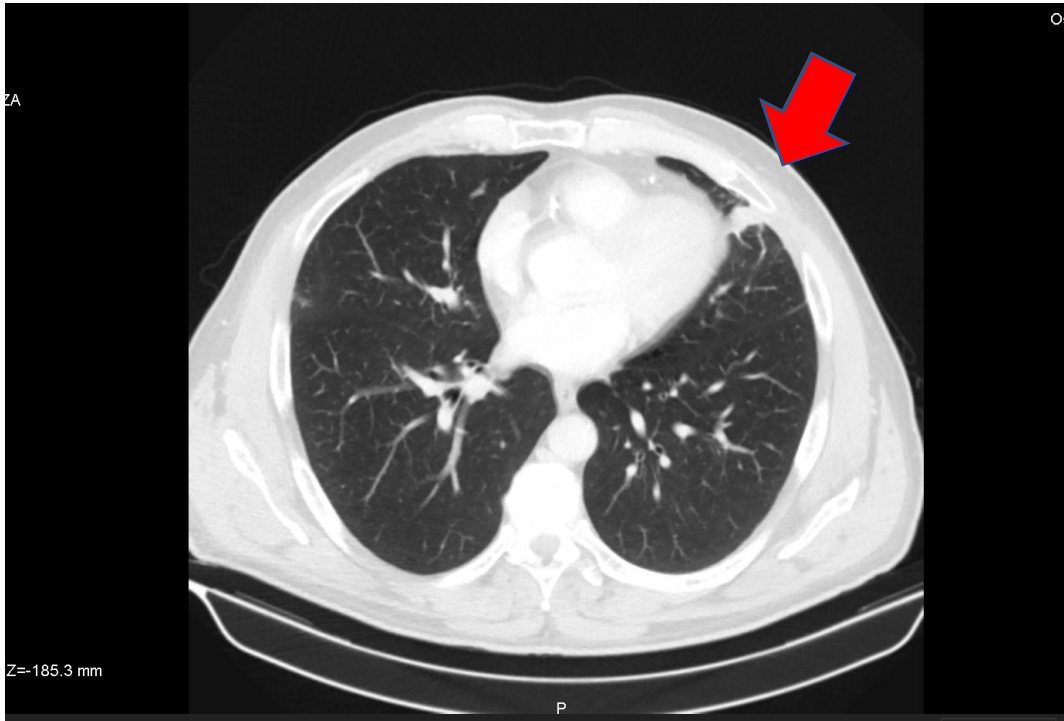


**SBRT: 50 Gy in 5 fractions**

**SBRT: 40 Gy in 5 fractions**



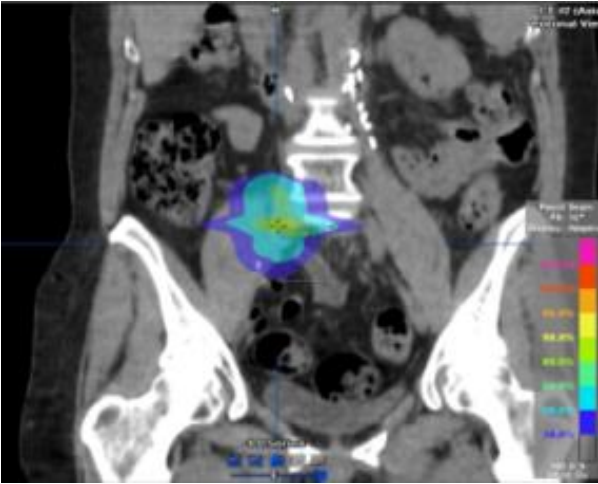
# Radioterapia ablativa Stereotassica



**Da 2.5 anni  
senza terapia  
attiva  
(drug holiday)**

TC di controllo





## Local Consolidative Therapy Vs. Maintenance Therapy or Observation for Patients With Oligometastatic Non–Small-Cell Lung Cancer: Long-Term Results of a Multi-Institutional, Phase II, Randomized Study

Gomez D et al published at jco.org on May 8, 2019: DOI <https://doi.org/10.1200/JCO.19.00201>

- Early trial closure after 49 patients (a significant PFS benefit in the LCT arm)
- With an updated median follow-up time of 38.8 months:

	<b>LCT</b>	<b>MT/O</b>	
PFS	14.2m	4.4m	P=0.022
OS	41.2m	17m	P=0.017

tripling PFS  
nearly tripling OS

- No additional grade 3 or greater toxicities were observed.

# SABR-COMET study

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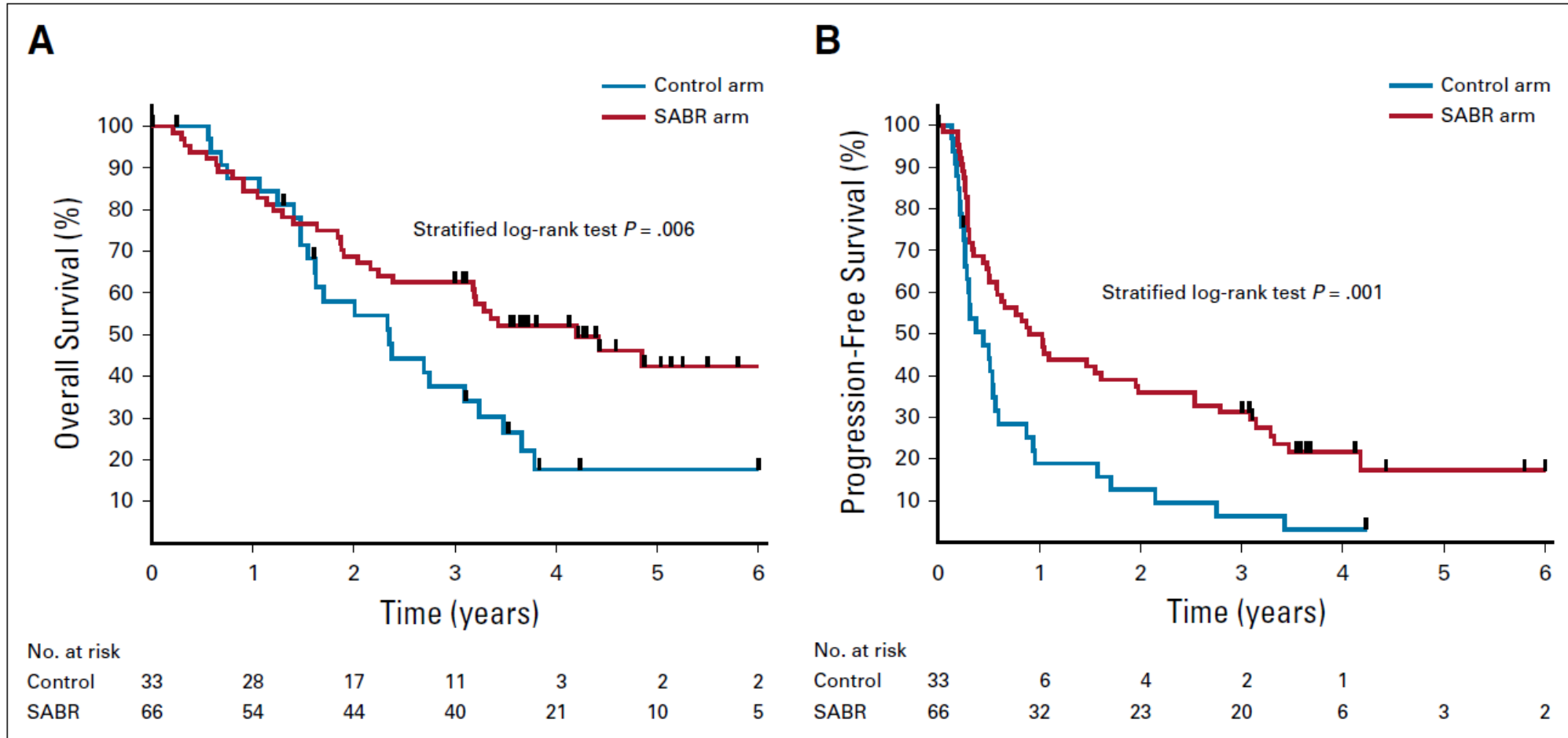
Oligometastatic breast, colon, prostate, lung cancer

Standard of care

Standard of care  
**+ SBRT**



Benefit in OS: **22 m**  
 Absolute benefit at 5 years: **24.6%**




STUDY PROTOCOL

Open Access

# Stereotactic ablative radiotherapy for the comprehensive treatment of 4–10 oligometastatic tumors (SABR-COMET-10): study protocol for a randomized phase III trial



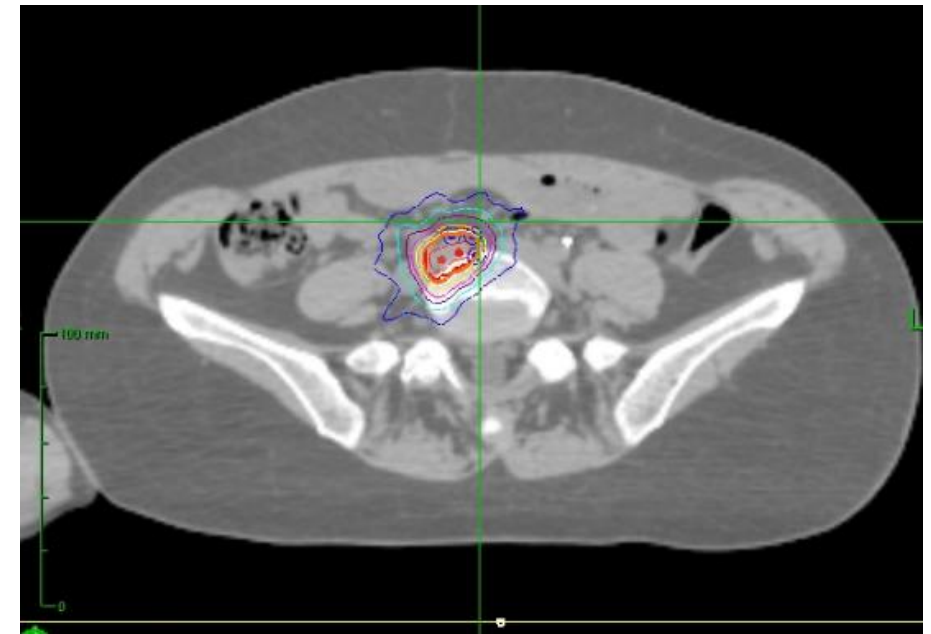
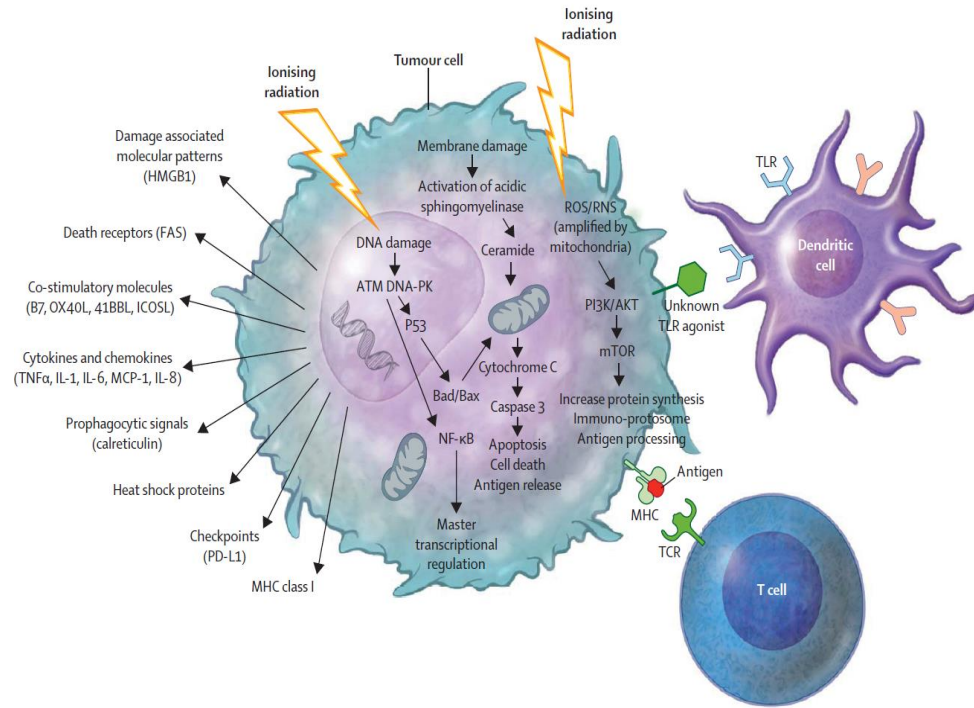
David A. Palma<sup>1\*</sup> , Robert Olson<sup>2</sup>, Stephen Harrow<sup>3</sup>, Rohann J. M. Correa<sup>1</sup>, Famke Schneiders<sup>4</sup>, Cornelis J. A. Haasbeek<sup>4</sup>, George B. Rodrigues<sup>1</sup>, Michael Lock<sup>1</sup>, Brian P. Yaremko<sup>1</sup>, Glenn S. Bauman<sup>1</sup>, Belal Ahmad<sup>1</sup>, Devin Schellenberg<sup>2</sup>, Mitchell Liu<sup>2</sup>, Stewart Gaede<sup>1</sup>, Joanna Laba<sup>1</sup>, Liam Mulroy<sup>5</sup>, Sashendra Senthil<sup>6</sup>, Alexander V. Louie<sup>7</sup>, Anand Swaminath<sup>8</sup>, Anthony Chalmers<sup>9</sup>, Andrew Warner<sup>1</sup>, Ben J. Slotman<sup>4</sup>, Tanja D. de Gruijl<sup>4</sup>, Alison Allan<sup>1</sup> and Suresh Senan<sup>4</sup>

# New histologies: TCC

---

1. Patel V, et al. (2017) Survival after metastasectomy for metastatic urothelial carcinoma: a systematic review and meta-analysis *Bl Cancer* 3(2) 121–132
2. Shah S, et al (2017) Consolidative radiotherapy in metastatic urothelial cancer *Clin Genitourin Cancer* 15(6) 685–688
3. Manig L, et al (2016) Predicting survival after irradiation of metastases from transitional carcinoma of the bladder *Anticancer Res* 36(12) 6663–6665
4. Augugliaro M, et al (2019) Recurrent oligometastatic transitional cell bladder carcinoma: is there room for radiotherapy? *Neoplasma* 66(1) 160–165
5. Leonetti A, et al (2018) Radiotherapy for the treatment of distant nodes metastases from oligometastatic urothelial cancer: a retrospective case series *Int J Urol* 25(10) 879–886 <https://doi.org/10.1111/iju.13773> PMID: 30103254
6. Francese C et al. Stereotactic Body Radiation Therapy in the Management of Oligometastatic and Oligoprogressive Bladder Cancer and Other Urothelial Malignancies *Clin Oncol (R Coll Radiol)*. 2021 Jan;33(1):50-56.

# Sundahl N, et al. : Randomized phase 1 trial of pembrolizumab with sequential versus concomitant stereotactic body radiotherapy in metastatic urothelial carcinoma Eur Urol 2019, 75(5) 707–711





## Review – Prostate Cancer

# Oligorecurrent Prostate Cancer and Stereotactic Body Radiotherapy: Where Are We Now? A Systematic Review and Meta-analysis of Prospective Studies

Giulia Marvaso<sup>a,b,†</sup>, Stefania Volpe<sup>a,b,†,‡</sup>, Matteo Pepa<sup>a,\*</sup>, Matteo Augugliaro<sup>a</sup>, Giulia Corrao<sup>a,b</sup>, Annalisa Biffi<sup>c,d</sup>, Mattia Zaffaroni<sup>a</sup>, Luca Bergamaschi<sup>a,b</sup>, Francesco Maria La Fauci<sup>a,e</sup>, Francesco Alessandro Mistretta<sup>f</sup>, Stefano Luzzago<sup>b,f</sup>, Federica Cattani<sup>e</sup>, Gennaro Musi<sup>b,f</sup>, Giuseppe Petralia<sup>b,g</sup>, Gabriella Pravettoni<sup>b,h</sup>, Ottavio De Cobelli<sup>b,f</sup>, Roberto Orecchia<sup>i</sup>, Barbara Alicja Jereczek-Fossa<sup>a,b</sup>

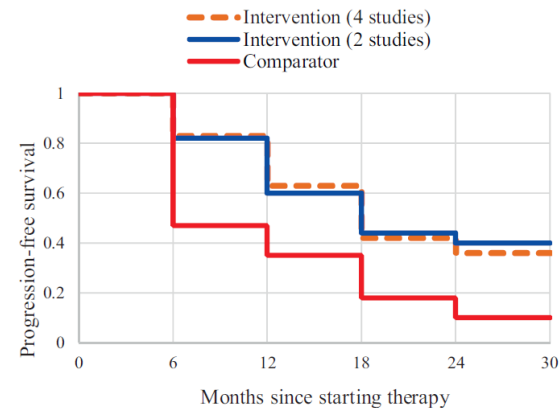


Fig. 2 – Kaplan-Meier survival curve for survivors to oligometastatic prostate cancer: intervention (four studies: observational studies and RCT; n = 323), intervention (two studies: RCT; n = 67), and comparison (two studies: RCT; n = 49). The dotted orange line represents all patients in the intervention arm (four studies). The blue line includes individuals in the intervention arm (two studies: RCT). The red line includes patients in the observation arm (two studies: RCT). RCT = randomized controlled trial.

445 pts

6 prospective studies:  
 2 randomised  
 4 observational

Almost 100% local control

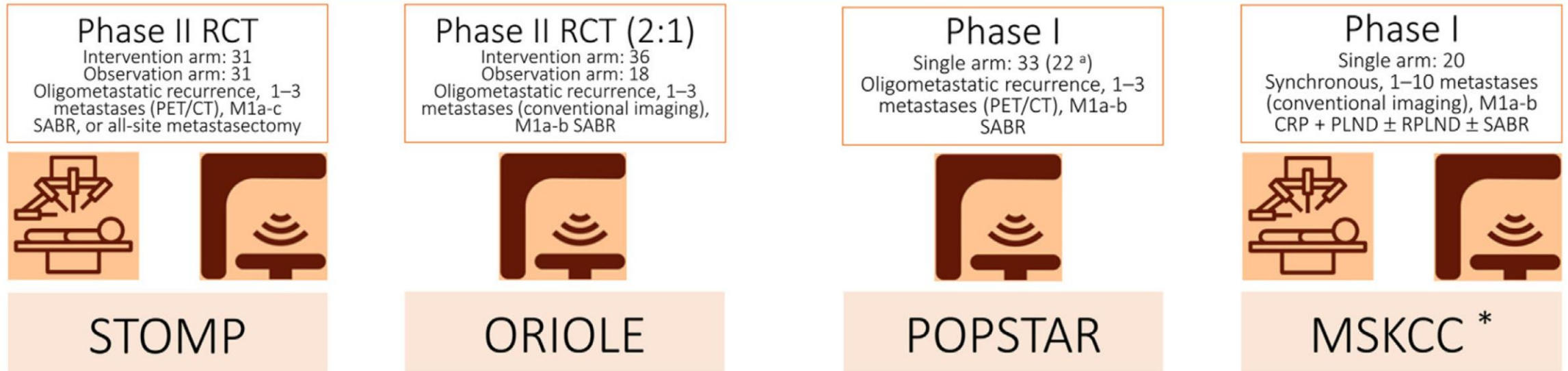
PFS benefit is mantined at 2 y

Almost no toxicity



# Hormone-sensitive oligometastatic prostate cancer

## Clinical trial design



## Clinical trial outcomes



# ORIOLE: phase II randomized trial

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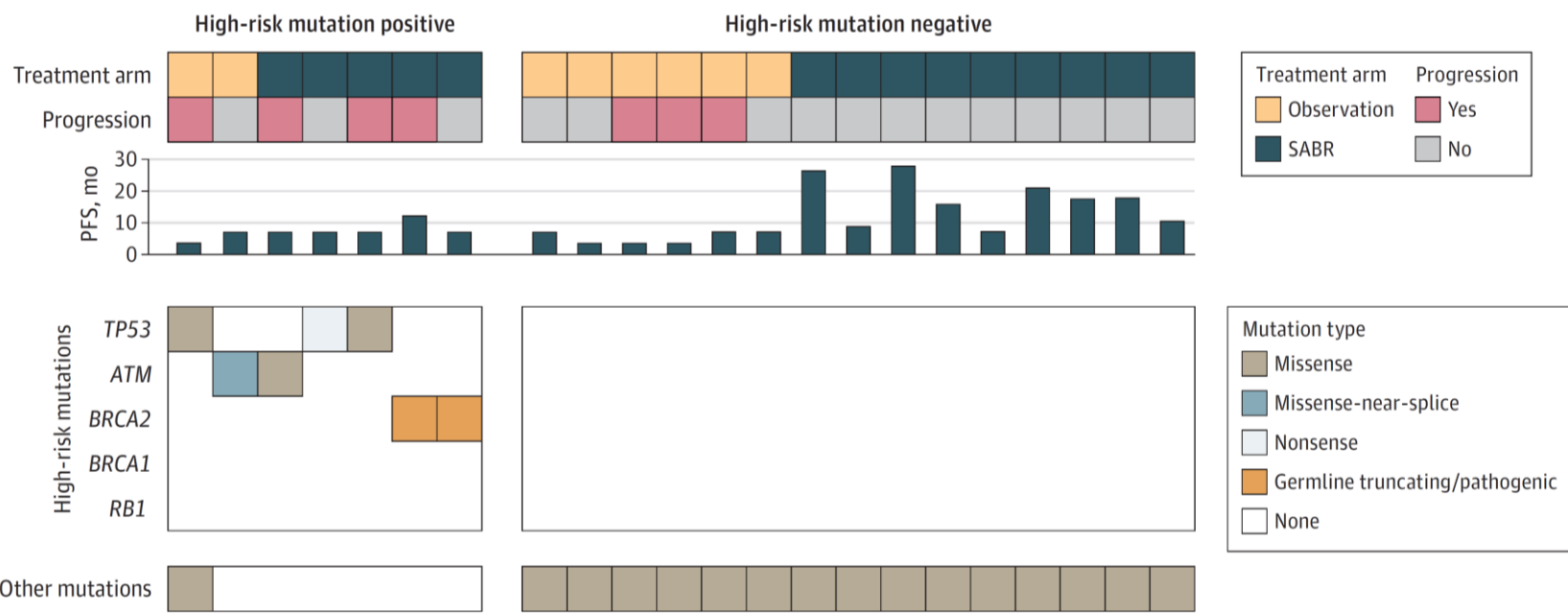


## Association of tumor biology and outcome of SBRT

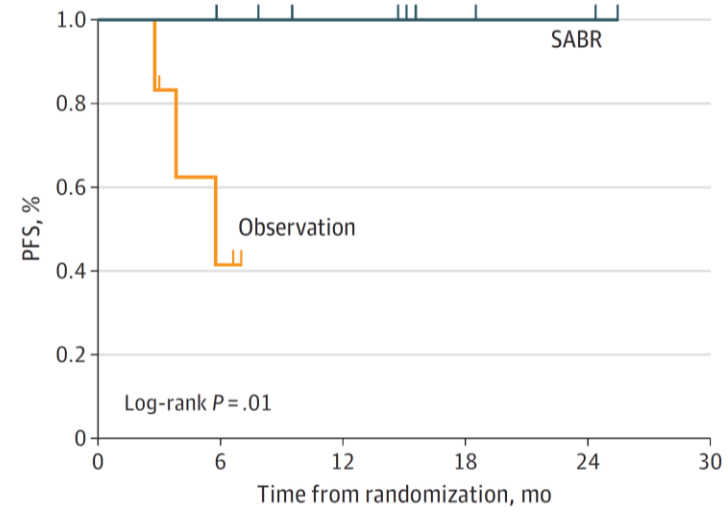
**any oligorecurrent patient with a high-risk mutation**

(mutations of key gatekeepers of genomic integrity like BRCA 1/2, ATM, TP53, or RB1)

**would soon progress when managed with MDT alone**

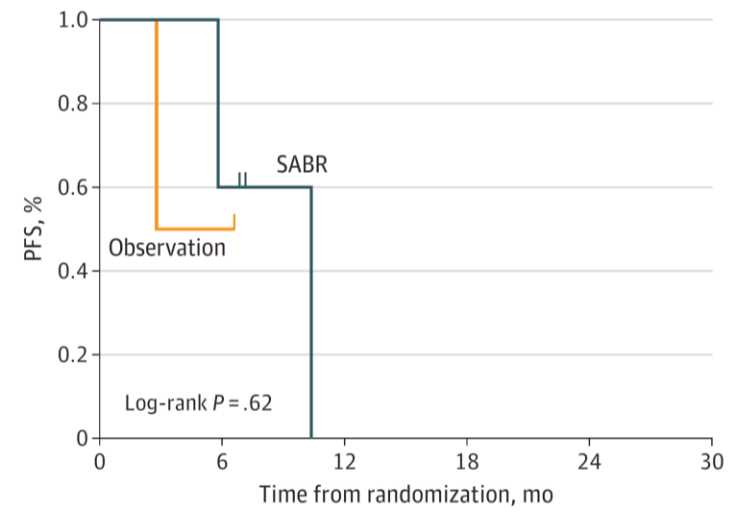


**B** PFS for patients without high-risk mutations



No. at risk	0	6	12	18	24	30
Observation	6	2	0	0	0	0
SABR	9	8	6	3	2	0

**C** PFS for patients with high-risk mutations



No. at risk	0	6	12	18	24	30
Observation	2	1	0	0	0	0
SABR	5	3	0	0	0	0

# SBRT to oligometastatic CRPC

---



## Retrospective studies

1. **Triggiani L et al.** World J Urol. 2019 Mar 11. doi: 10.1007/s00345-019-02717-7
2. **Berghen C et al.** Eur Urol Oncol 2019 Sep 23. pii: S2588-9311
3. **Valeriani M et al.** Radiation Oncology (2019) 14:205
4. **Deek MP et al.** Eur Urol Oncol. 2020 Jun 11:S2588-9311(20)30058-4

# SBRT to oligoprogressive-mCRPca:



## next-line systemic treatment free survival (NEST)

---

30 pts with CRPC

SBRT/surgery + 1-3 progressive mets (maintaining systemic therapy)

### MAIN FINDINGS:

- median NEST-free survival: **16 months**
- progression-free survival: **10 months**
- only minor radiotherapy- or surgery-related toxicity



# Combo trials (mCRPC and SBRT)

ClinicalTrials.gov. Name/Centre/PI	Study design	Arms
NCT03449719 ARTO/Univ of Florence, Italy	Phase II Randomized Trial: Trial Comparing Efficacy and Safety of Abiraterone and Abiraterone Associated With of Ablative Radiation Therapy in Patients With Oligometastatic CRPC	<b>ABI +/- SBRT</b>
NCT03503344 PILLAR/Univ of California, San Francisco, USA	Phase II Randomized Trial : Apalutamide With or Without Stereotactic Body Radiation Therapy in Treating Participants With CRPC	<b>Apalutamide +/- SBRT</b>
NCT01818986 University of Texas Southwestern Medical Center, USA	Phase II, Single arm Trial: Sipuleucel-T and Stereotactic Ablative Body Radiation (SABR) for Metastatic CRPC.	<b>Sipuleucel + SBRT</b>
NCT02685397 Jewish General Hospital, Canada	Adaptive Phase II/III Randomized Trial: The Role of Stereotactic Body Radiotherapy in the Management of CRPC Cancer With Oligometastases:	<b>Enzalutamide +/- SBRT</b>
NCT04070209 Jewish General Hospital, Canada	A Pilot Phase II Trial: The Role of Therapeutic Layering of Stereotactic Body Radiotherapy on Darolutamide in the Management of Oligoprogressive CRPC	<b>Darolutamide + SBRT</b>

# PSMA-PET guided RT trials

## Oligometastatic disease

NCT03569241	2	MDT + ADT vs MDT + whole-pelvis RT + ADT (6 mo total)	Nodal relapse after RP or RT, identified on choline, PSMA, or FACBC PET/CT with $\leq 3$ nodes avid	178	2-yr metastasis free survival
NCT03298087	2	RP + leuprolide + apalutamide + abiraterone + SBRT (6 mo ADT total)	De novo M1a or M1b with $\leq 5$ metastases that would be classified as M1a or M1b	28	Percentage of patients with PSA $< 0.05$ ng/mL at 6 mo after testosterone recovery
NCT03902951	2	Leuprolide + apalutamide + abiraterone + SBRT (6 mo ADT total)	Recurrence after RP with $\leq 5$ metastases that would be classified as M1a or M1b	28	Percentage of patients with PSA $< 0.05$ ng/mL at 6 mo after testosterone recovery
NCT03503344	2	Apalutamide + SBRT vs apalutamide alone	Castrate-resistant disease (3 PSA $> 0.05$ ng/mL on continuous antiandrogen therapy) with $\leq 5$ lesions on PSMA PET/CT	60	Proportion of patients with PSA $< 0.2$ ng/mL at 18 mo
NCT04222634	2	MDT	$\leq 3$ extracranial oligoprogressive lesions; $^{18}\text{F}$ -PSMA PET/CT used as part of the investigational study, not to define the number of lesions	18	Next-line systemic treatment-free survival and PSMA PET/CT accuracy and predictive value
NCT03525288	2	RT to 1–5 lesions found on $^{18}\text{F}$ -DCFPyL-PSMA PET/CT vs standard RT	$\leq 5$ lesions on conventional imaging (including N1 lesions by echelon by 1 lesions and with $\leq 3$ non-bone lesions) or selected NCCN high risk or biochemical recurrence (after RP [PSA $\geq 0.2$ ng/mL] or RT [PSA $\geq$ nadir +2 ng/mL])	130	Failure-free survival

available at [www.sciencedirect.com](http://www.sciencedirect.com)  
 journal homepage: [www.europeanurology.com](http://www.europeanurology.com)

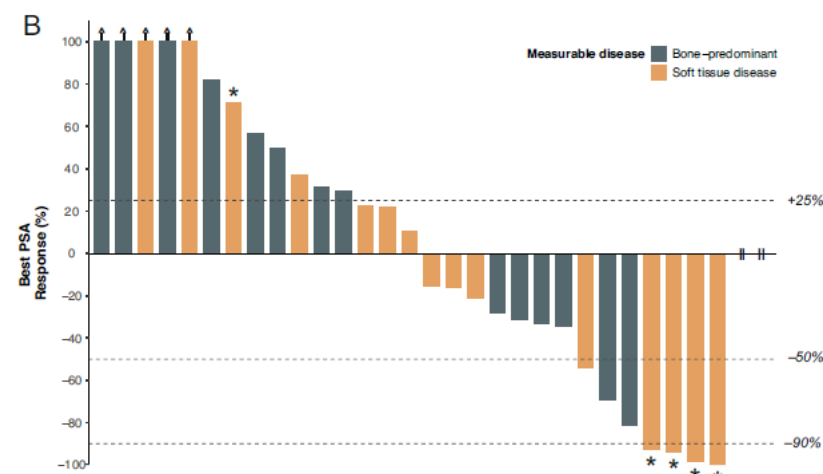
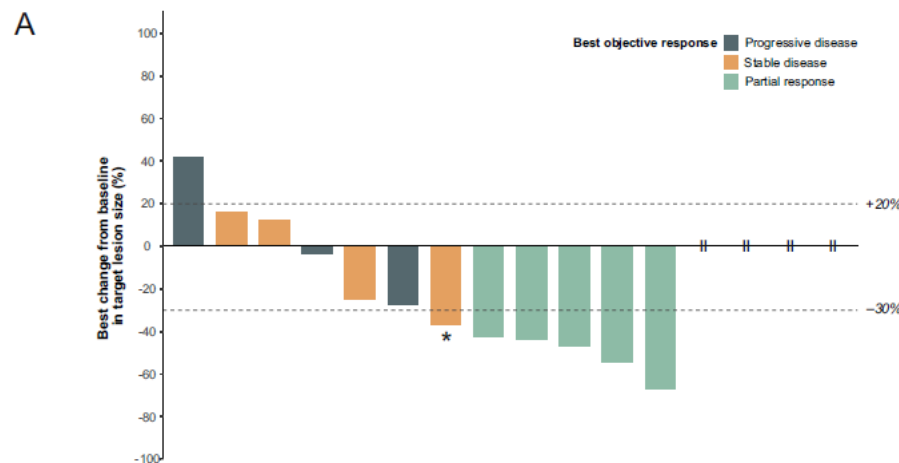


Platinum Priority – Prostate Cancer  
 Editorial by XXX on pp. x–y of this issue

## Avelumab Combined with Stereotactic Ablative Body Radiotherapy in Metastatic Castration-resistant Prostate Cancer: The Phase 2 ICE-PAC Clinical Trial

Edmond M. Kwan<sup>a,b</sup>, Lavinia Spain<sup>c,d,e</sup>, Angelyn Anton<sup>d,e,f</sup>, Chun L. Gan<sup>b</sup>, Linda Garrett<sup>b</sup>, Deborah Chang<sup>b</sup>, Elizabeth Liow<sup>b</sup>, Caitlin Bennett<sup>e</sup>, Tiantian Zheng<sup>g</sup>, Jianjun Yu<sup>g</sup>, Chao Dai<sup>g</sup>, Pan Du<sup>g</sup>, Shidong Jia<sup>g</sup>, Heidi Fettke<sup>h,i</sup>, Claire Abou-Seif<sup>j</sup>, Gargi Kothari<sup>k</sup>, Mark Shaw<sup>i,k</sup>, Phillip Parente<sup>d,e</sup>, Carmel Pezaro<sup>d,e</sup>, Ben Tran<sup>c,f,i</sup>, Shankar Siva<sup>i,k</sup>, Arun A. Azad<sup>a,c,i,\*</sup>

- Advanced and heavily pretreated prostate cancer (CRPC)
- SBRT + avelumab was safe
- in nearly half of patients: cancer control for 6 months or longer
- SBRT may improve the effectiveness of immunotherapy in prostate cancer.



# GOOD NEWS FOR OUR PATIENTS

1. Local control 90-100%
2. Almost no toxicity
3. Median 2-3 years of  
DRUG HOLIDAY

**Chronic curable patients**

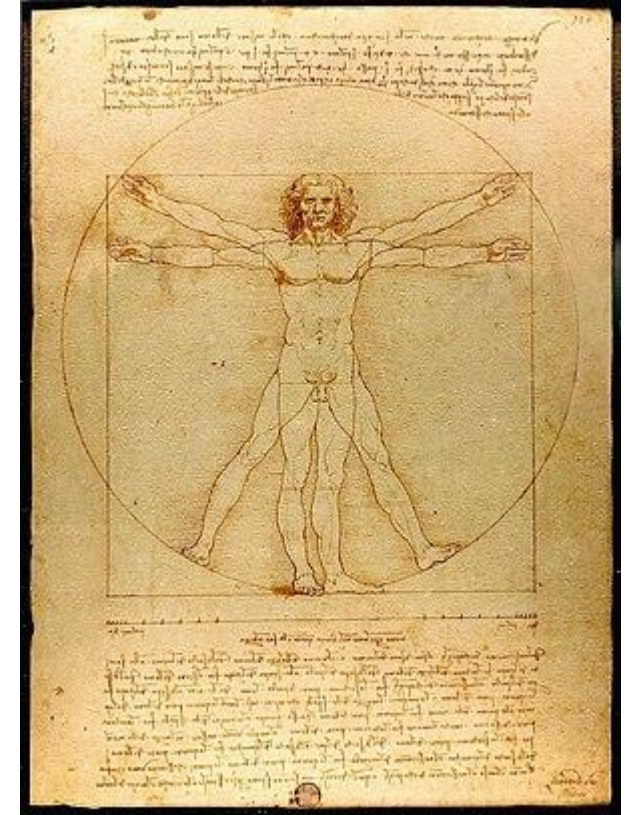
**Meta-static -> meta-stable disease**



# AGENDA

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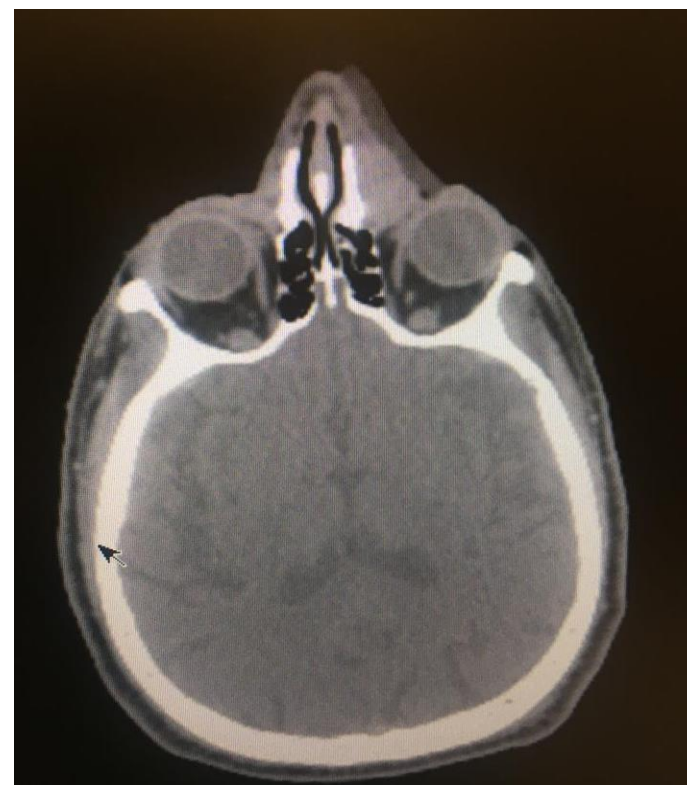
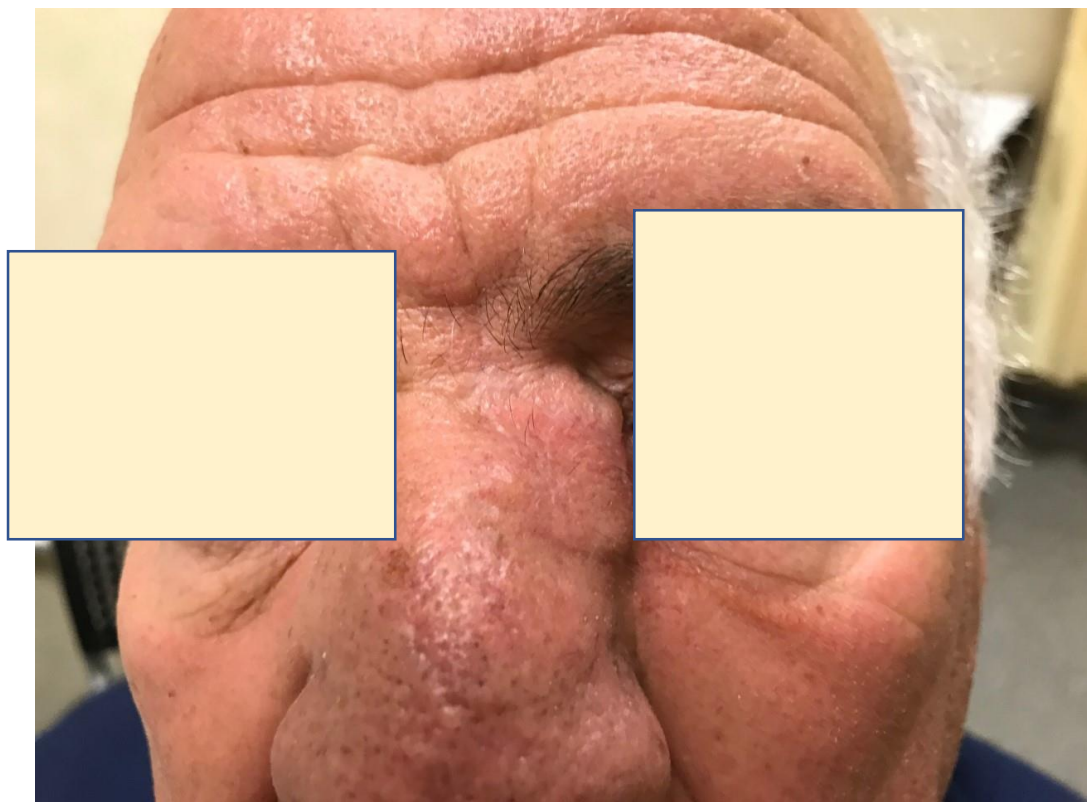
- ❑ SBRT and SRS
- ❑ Brain
- ❑ Thorax
- ❑ Abdomen/pelvi
- ❑ Particular scenarios:
  - oligometastases, re-irradiation,
  - difficult sites**

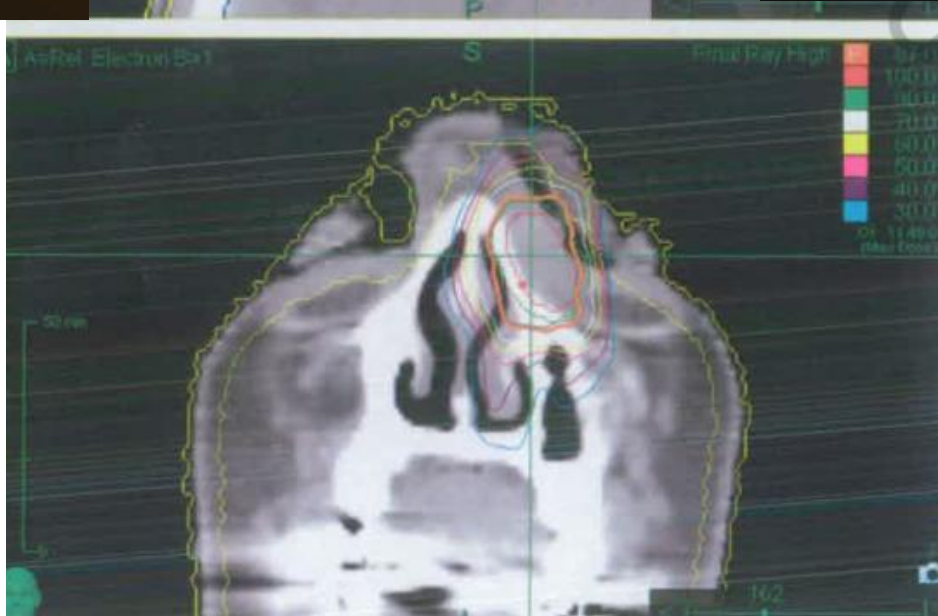


[https://en.wikipedia.org/wiki/Vitruvian\\_Man#/media/File:Da\\_Vinci\\_Vitruve\\_Luc\\_Viatour.jpg](https://en.wikipedia.org/wiki/Vitruvian_Man#/media/File:Da_Vinci_Vitruve_Luc_Viatour.jpg)




# RT in Squamous Cell Carcinoma

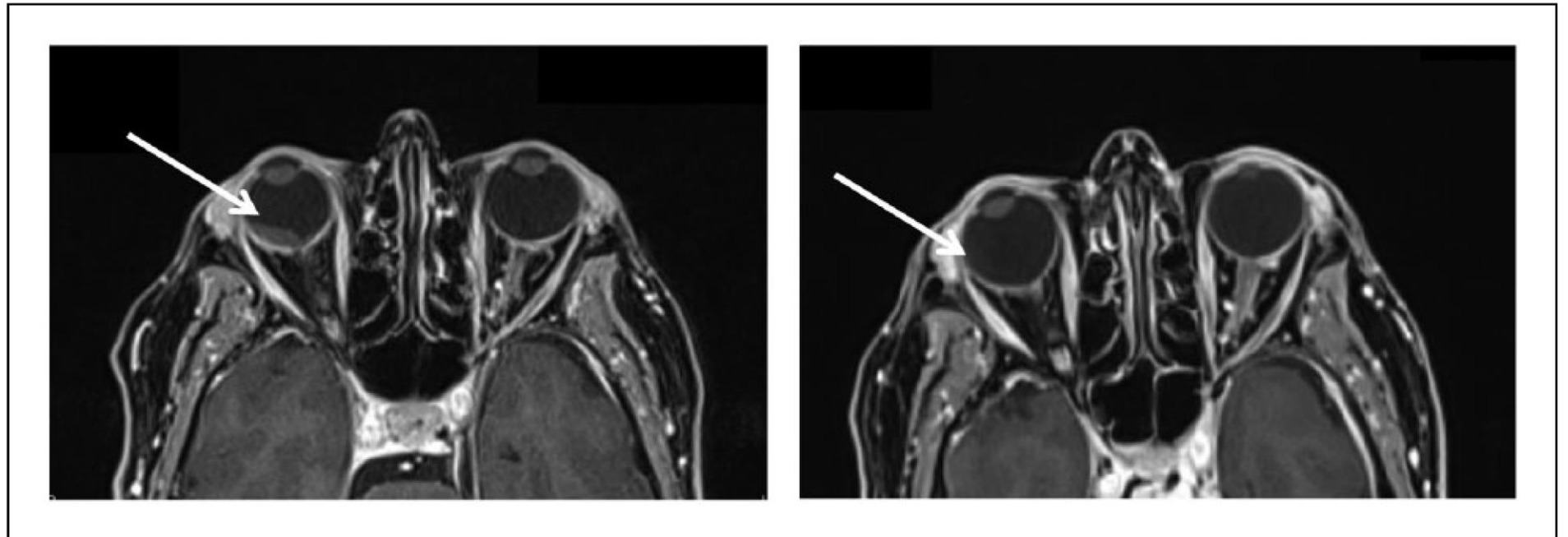
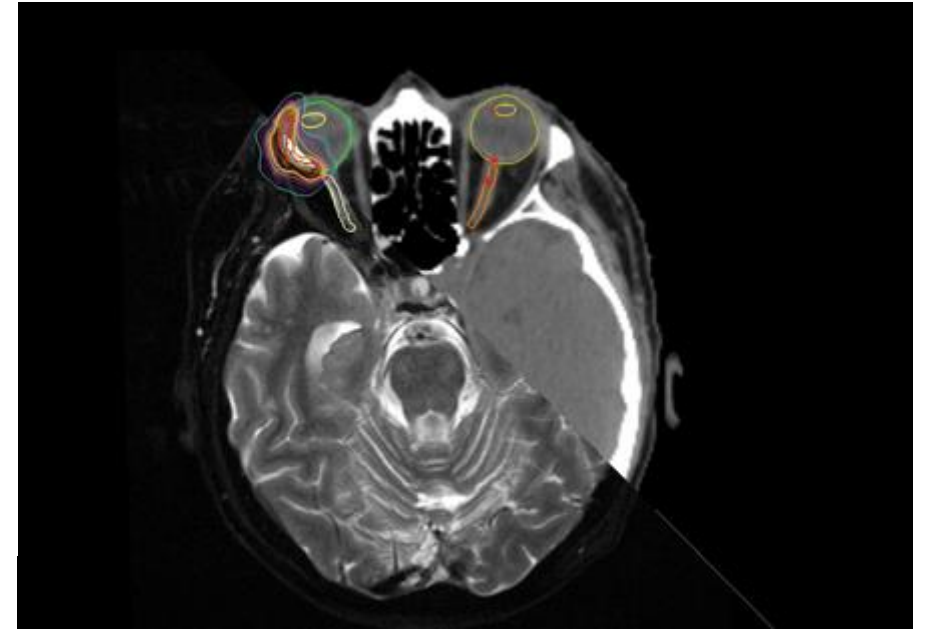




# CyberKnife radiotherapy for orbital metastases: A single-center experience on 24 lesions

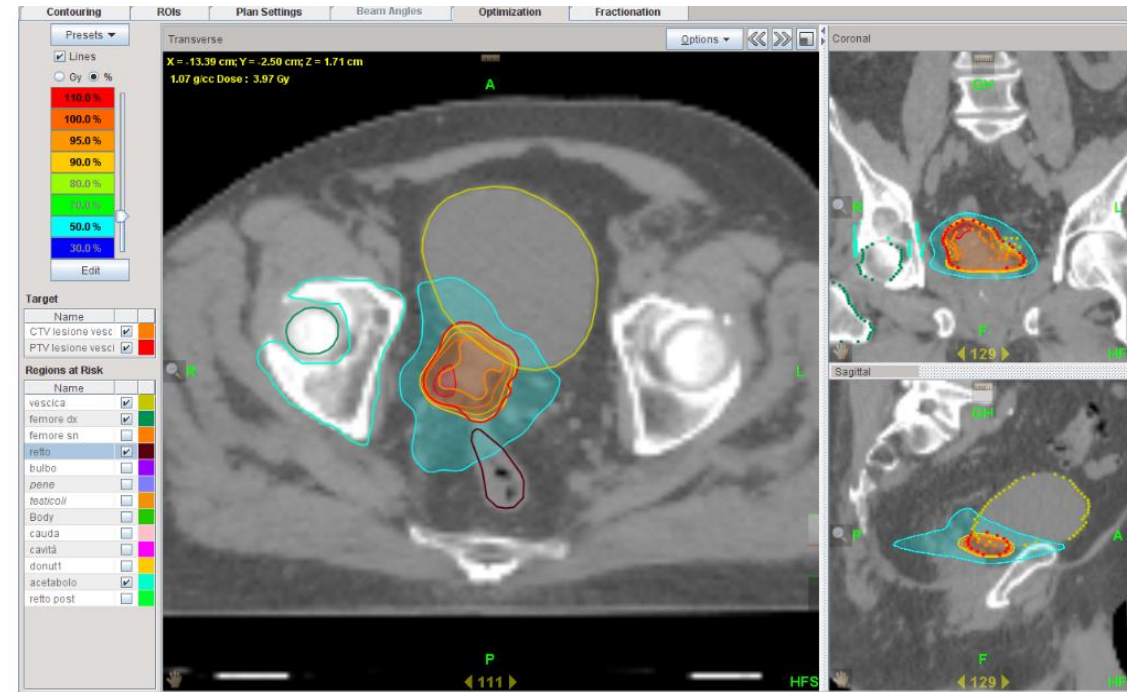
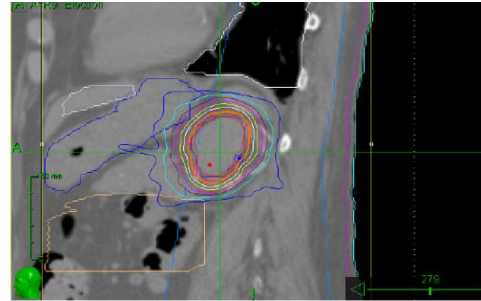
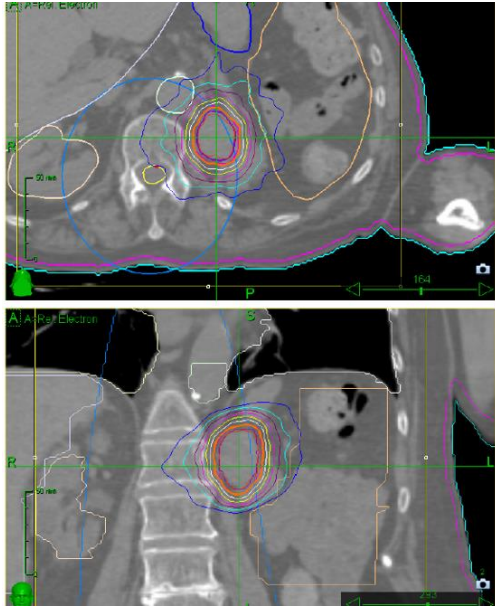
Giulia Riva<sup>1,2</sup>, Matteo Augugliaro<sup>1,2</sup>, Gaia Piperno<sup>2</sup>,  
Annamaria Ferrari<sup>2</sup>, Elena Rondi<sup>3</sup>, Sabrina Vigorito<sup>3</sup>, Delia Ciardo<sup>2</sup>,  
Roberto Orecchia<sup>4</sup> and Barbara Alicja Jereczek-Fossa<sup>1,2</sup>

European Journal of Ophthalmology  
2019, Vol. 29(1) 61–68  
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# VIRTUAL SURGERY: Small primary or recurrent tumors in inoperable patients



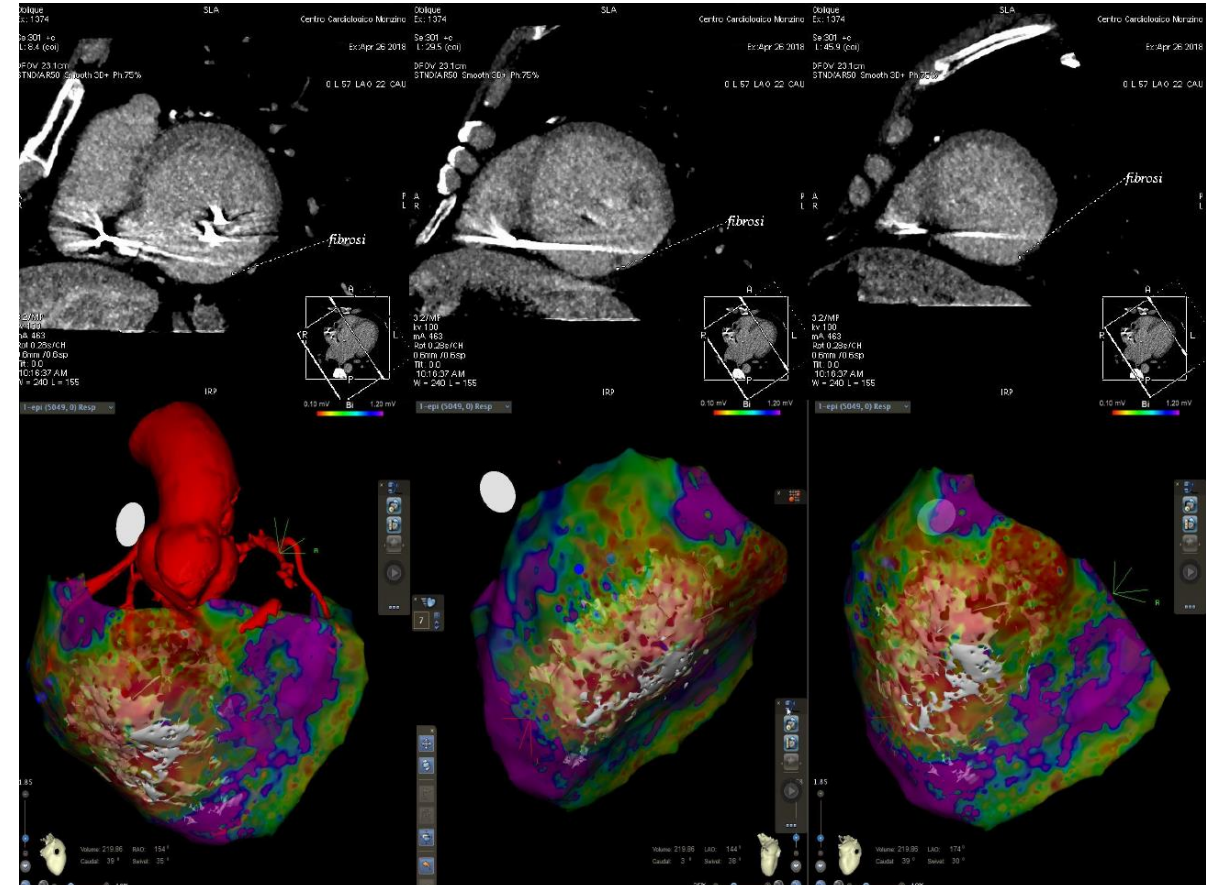
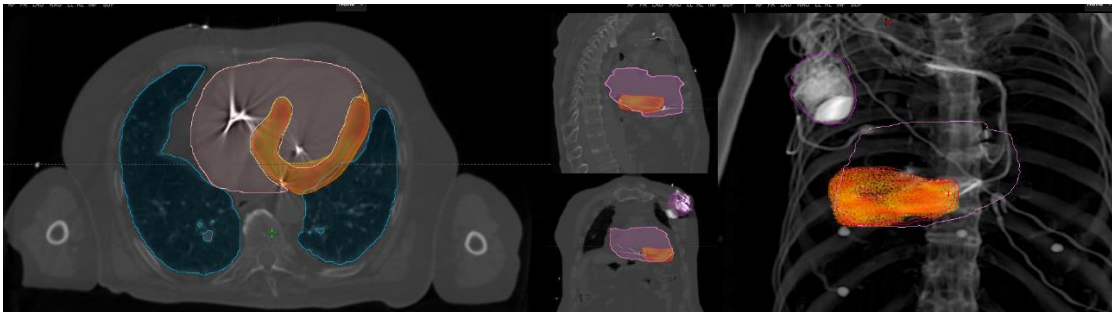
# Heart radioablation

> J Interv Card Electrophysiol. 2020 Aug 27. doi: 10.1007/s10840-020-00855-2. Online ahead of print.

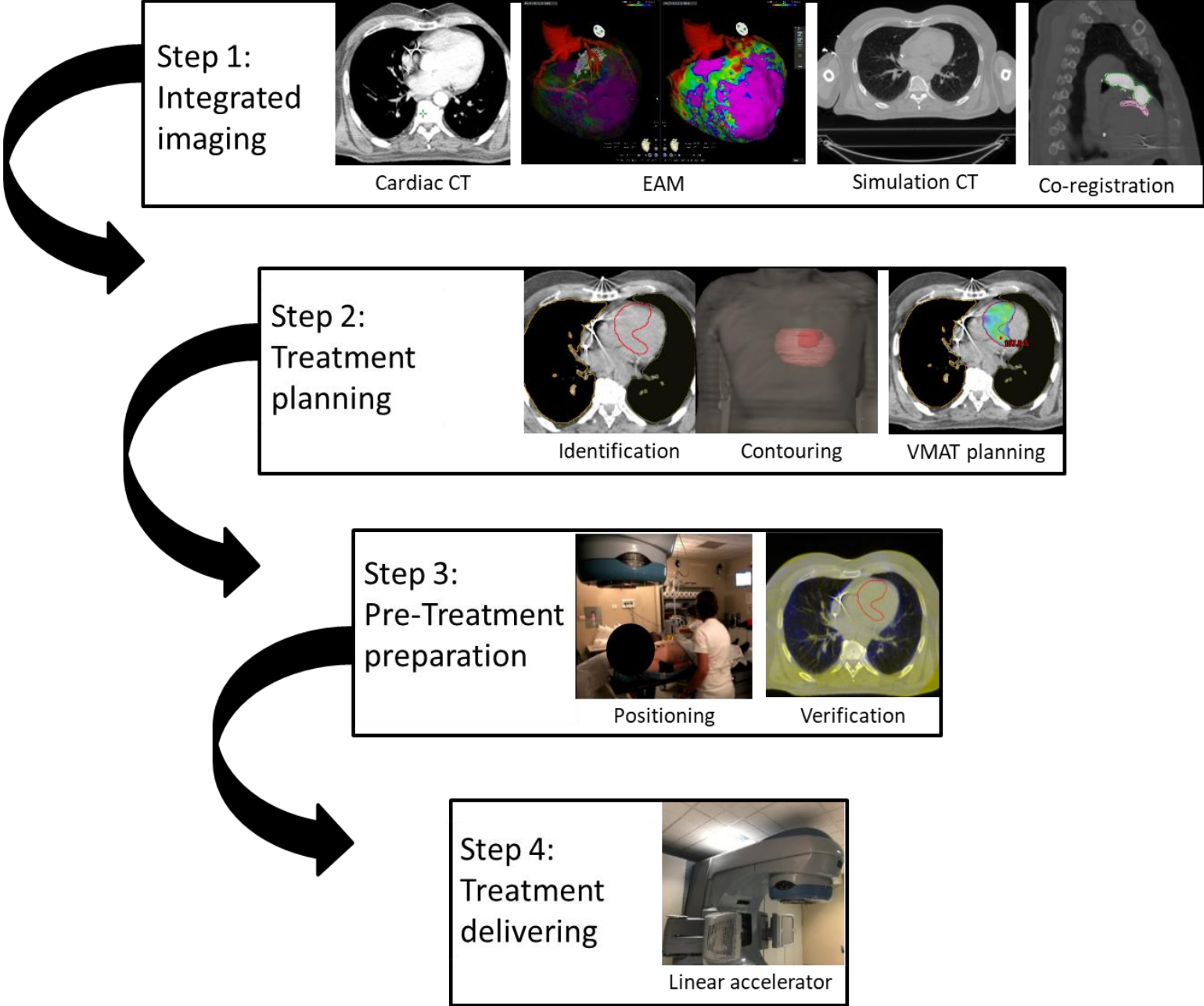
## STRA-MI-VT (STereotactic RadioAblation by Multimodal Imaging for Ventricular Tachycardia): rationale and design of an Italian experimental prospective study

C Carbuicchio <sup>1</sup>, B A Jereczek-Fossa <sup>2 3</sup>, D Andreini <sup>4 5</sup>, V Catto <sup>6</sup>, G Piperno <sup>3</sup>, E Conte <sup>4</sup>, F Cattani <sup>7</sup>, E Rondi <sup>7</sup>, S Vigorito <sup>7</sup>, C Piccolo <sup>7 8</sup>, A Bonomi <sup>9</sup>, A Gorini <sup>2 10</sup>, M Pepa <sup>3</sup>, S Mushtaq <sup>4</sup>, G Fassini <sup>6</sup>, M Moltrasio <sup>6</sup>, F Tundo <sup>6</sup>, G Marvaso <sup>2 3</sup>, F Veglia <sup>9</sup>, R Orecchia <sup>11</sup>, E Tremoli <sup>12</sup>, C Tondo <sup>6 5</sup>

phase Ib/II, open-label study [Clinical trials gov NCT04066517](https://clinicaltrials.gov/ct2/show/study/NCT04066517)

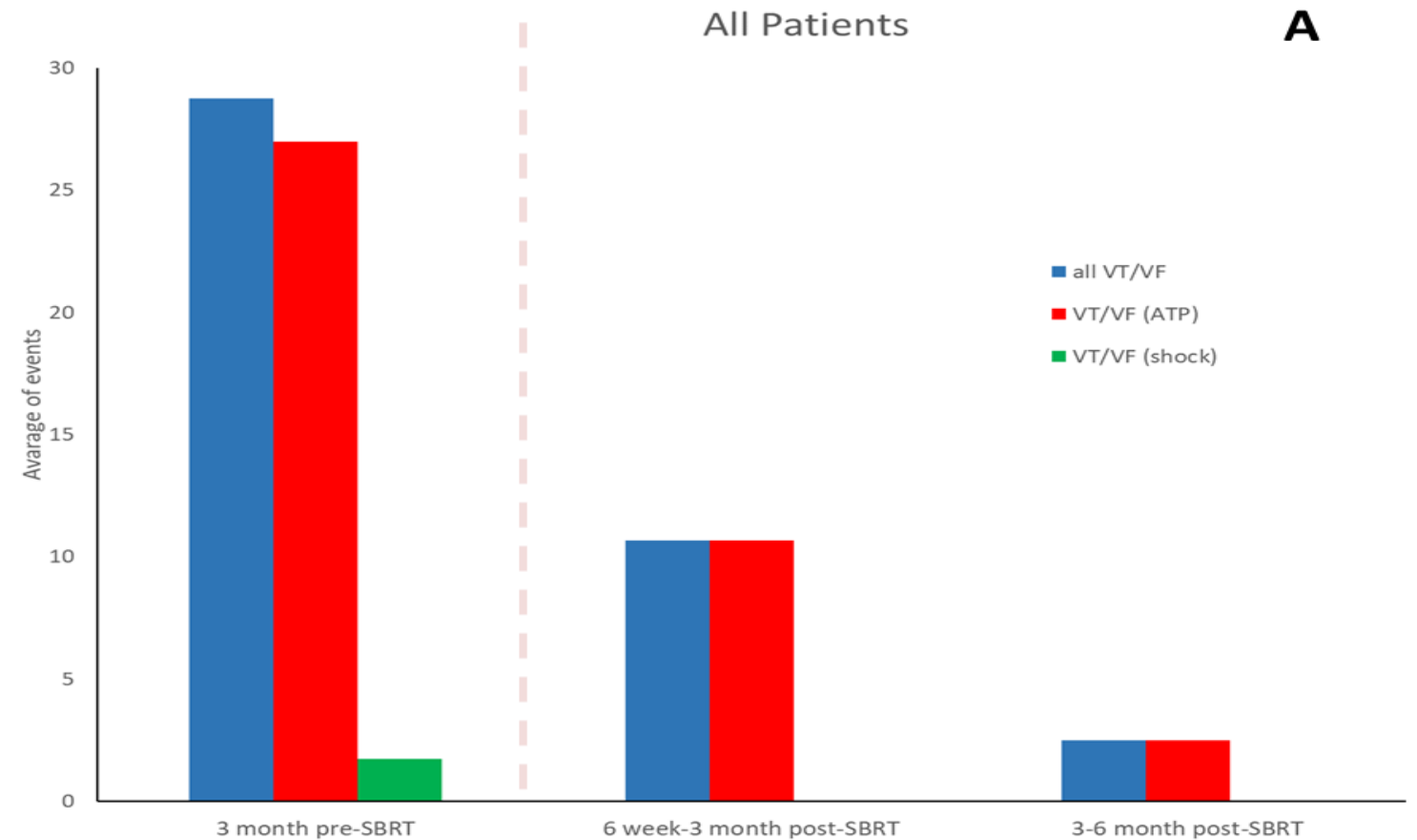


# WORKFLOW





# PRELIMINARY RESULTS: radioablation for VT (IEO-CCM)



Journal of Interventional Cardiac Electrophysiology (2021) 62:427–439  
<https://doi.org/10.1007/s10840-021-01060-5>



## Stereotactic radioablation for the treatment of ventricular tachycardia: preliminary data and insights from the STRA-MI-VT phase Ib/II study

Corrado Carbucicchio<sup>1</sup> · Daniele Andreini<sup>2,3</sup> · Gaia Piperno<sup>4</sup> · Valentina Catto<sup>1</sup> · Edoardo Conte<sup>2</sup> ·  
 Federica Cattani<sup>5</sup> · Alice Bonomi<sup>6</sup> · Elena Rondi<sup>5</sup> · Consiglia Piccolo<sup>5</sup> · Sabrina Vigorito<sup>5</sup> · Annamaria Ferrari<sup>4</sup> ·  
 Matteo Pepa<sup>4</sup> · Mattia Giuliani<sup>7</sup> · Saima Mushtaq<sup>2</sup> · Antonio Scarà<sup>8</sup> · Leonardo Calò<sup>8</sup> · Alessandra Gorini<sup>7,9</sup> ·  
 Fabrizio Veglia<sup>6</sup> · Gianluca Pontone<sup>2</sup> · Mauro Pepi<sup>10</sup> · Elena Tremoli<sup>11</sup> · Roberto Orecchia<sup>12</sup> · Giulio Pompilio<sup>13,14</sup> ·  
 Claudio Tondo<sup>1,14</sup> · Barbara Alicja Jereczek-Fossa<sup>4,9</sup>

Received: 21 May 2021 / Accepted: 2 September 2021 / Published online: 5 October 2021  
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Carbucicchio C, Jereczek-Fossa BA in press

**HOW T O DO IT SAFELY?**

**Table 13.1** Systems for documentation of side-effects, with examples for oral mucositis

Grade	General	RTOG/EORTC	CTCAE v3	WHO
0	No change	No change	No change	No change
1	Mild	Erythema, mild soreness, painless erosions	Erythema; normal diet	Soreness, erythema
2	Moderate/clear	Painful erythema, oedema or ulcers; can eat	Patchy ulceration; can eat and swallow modified diet	Erythema, ulcers; can eat solids
3	Severe/significant	Painful erythema, oedema or ulcers; cannot eat	Confluent ulcerations, bleeding with minor trauma; unable to adequately aliment or hydrate orally	Ulcers; requires liquid diet only
4	Life-threatening	Requires parenteral or enteral support	Tissue necrosis; significant spontaneous bleeding	Alimentation not possible
5	Death owing to side-effects	Death owing to side-effects	Death owing to side-effects	Death owing to side-effects

RTOG/EORTC, Radiation Therapy and Oncology Group and the European Organisation for Research and Treatment of Cancer; CTCAE v3, the Common Terminology Criteria for Adverse Events, version 3; WHO, World Health Organization.

# Do it safely.....

Practical Radiation Oncology® (2021) 11, e355–e365



Topic Discussion

## Organ at Risk Dose Constraints in SABR: A Systematic Review of Active Clinical Trials

Serenna G. Gerhard, BHSc (candidate),<sup>a</sup> David A. Palma, MD, PhD,<sup>a,\*</sup>  
Andrew J. Arifin, MD,<sup>a</sup> Alexander V. Louie, MD, PhD,<sup>b</sup> George J. Li, HBSc,<sup>c</sup>  
Faiez Al-Shafa, MD,<sup>d</sup> Patrick Cheung, MD,<sup>b</sup> George B. Rodrigues, MD, PhD,<sup>a</sup>  
Carol W. Bassim, DMD, MSc, MHSc,<sup>e</sup> and Mark T. Corkum, MD, MSc<sup>b</sup>



**Constraints review from 85  
trials using:**

**Timermann et al  
UK SABR Hanna et al  
AAPM  
Hy-TEC etc**

Topic Discussion

**Organ at Risk Dose Constraints in SABR:  
A Systematic Review of Active Clinical Trials**



Serenna G. Gerhard, BHSc (candidate),<sup>a</sup> David A. Palma, MD, PhD,<sup>a,\*</sup>  
Andrew J. Arifin, MD,<sup>a</sup> Alexander V. Louie, MD, PhD,<sup>b</sup> George J. Li, HBSc,<sup>c</sup>  
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Carol W. Bassim, DMD, MSc, MHSc,<sup>e</sup> and Mark T. Corkum, MD, MSc<sup>b</sup>

53 of 85 eligible clinical trials contributed OAR constraints  
Constraints 1-8 fractions  
33 OARs

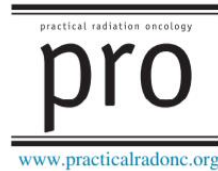
**RESULTS:**

- substantial variability in OAR dose constraints (dose, volumes, optional vs mandatory)
- OARs displaying the most variability were the rectum, penile bulb, and chest wall and ribs

# Do it safely....

## Constraints review from 85 trials...

Practical Radiation Oncology® (2021) 11, e355–e365



### Topic Discussion

## Organ at Risk Dose Constraints in SABR: A Systematic Review of Active Clinical Trials



Serenna G. Gerhard, BHSc (candidate),<sup>a</sup> David A. Palma, MD, PhD,<sup>a,\*</sup>  
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Carol W. Bassim, DMD, MSc, MHSc,<sup>e</sup> and Mark T. Corkum, MD, MSc<sup>b</sup>

**Table 1** Dose constraints from selected OARs for SABR delivered in 1 fraction

Parameter	No. studies reporting	Modal dose constraint (Gy)	Median dose constraint (Gy)	Interquartile range (Gy)	Minimum dose constraint (Gy)	Maximum dose constraint (Gy)
Spinal cord						
D <sub>max</sub> (≤0.1 cm <sup>3</sup> )	18	14	14	14-14	14	15
D <sub>0.35</sub> cm <sup>3</sup>	13	10	10	10-10	10	10

**Table 2** Dose constraints from selected OARs for SABR delivered in 3 fractions

Parameter	No. studies reporting	Modal dose constraint (Gy)	Median dose constraint (Gy)	Interquartile range (Gy)	Minimum dose constraint (Gy)	Maximum dose constraint (Gy)
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**Table 3** Dose constraints from selected OARs for SABR delivered in 5 fractions

Parameter	No. studies reporting	Modal dose constraint (Gy)	Median dose constraint (Gy)	Interquartile range (Gy)	Minimum dose constraint (Gy)	Maximum dose constraint (Gy)
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**Table 5** Comparison of modal 5 fraction dose constraints included in our study with AAPM-TG 101, Timmerman, NRG-BR001, and the UK Consensus Guidelines

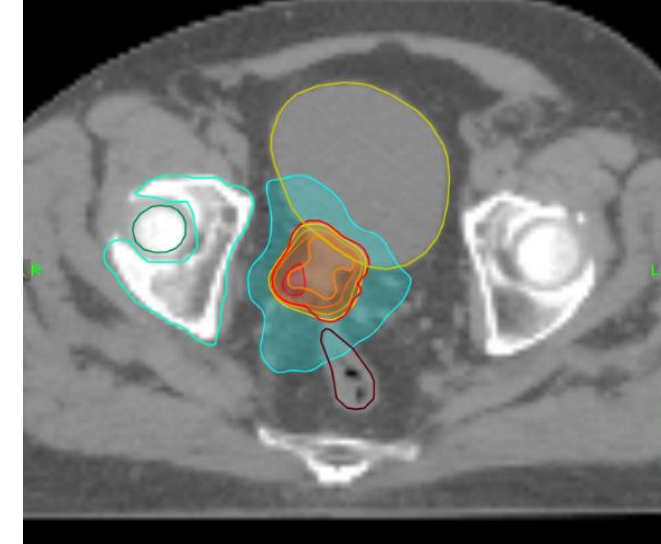
Organ	Parameter	Mode of included studies Volume dose (Gy)	AAPM-TG 101 Volume dose (Gy)	Timmerman Volume dose (Gy)	NRG-BR001 Volume dose (Gy)	UK Consensus Volume dose (Gy)
Colon	$D_{\max}$ (<0.1 cm <sup>3</sup> )	38	38	38	40	
	D0.5 cm <sup>3</sup>	32				
	D20 cm <sup>3</sup>	25	25	25	28.5	
Rectum	$D_{\max}$ (<0.1 cm <sup>3</sup> )	38	38	38	55	
	D0.5 cm <sup>3</sup>	30, 32				
	D3.5 cm <sup>3</sup>	50			50	
	D20 cm <sup>3</sup>	25	25	25	32.5	
Bladder wall	$D_{\max}$ (<0.1 cm <sup>3</sup> )	38	50	38	38	
	D0.5 cm <sup>3</sup>					
	D15 cm <sup>3</sup>					
Ureter	$D_{\max}$ (<0.1 cm <sup>3</sup> )					
	D0.5 cm <sup>3</sup>					
Penile bulb	$D_{\max}$ (<0.1 cm <sup>3</sup> )					
	D0.5 cm <sup>3</sup>					
	D3 cm <sup>3</sup>					
Femoral heads	D10 cm <sup>3</sup>					

**WARNING:**

- 1. No clinical data matched with constraints**
- 2. Patterns of practice study**
- 3. Readers should exercise prudence when reviewing and referencing such constraints.**



## TAKE HOME MESSAGES



- SBRT/SRS is widely employed in oncology
- Higher level evidence is becoming available
- High quality planning and delivery are essential
- Scrupulous data collection is warranted in order to establish safety constraints for routine use (standardisation)





Thank you!

