

## WORKSHOP

Intensificazione dei trattamenti  
neoadiuvanti nel carcinoma del  
retto e fattori predittivi di risposta

### Cosa i pazienti si aspettano dall'intensificazione del trattamento

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## DICHIARAZIONE

### Relatore: Maria Antonietta Gambacorta

Come da nuova regolamentazione della Commissione Nazionale per la Formazione Continua del Ministero della Salute, è richiesta la trasparenza delle fonti di finanziamento e dei rapporti con soggetti portatori di interessi commerciali in campo sanitario.

- Posizione di dipendente in aziende con interessi commerciali in campo sanitario **(NIENTE DA DICHIARARE)**
- Consulenza ad aziende con interessi commerciali in campo sanitario **(NIENTE DA DICHIARARE)**
- Fondi per la ricerca da aziende con interessi commerciali in campo sanitario **(NIENTE DA DICHIARARE)**
- Partecipazione ad Advisory Board **(NIENTE DA DICHIARARE)**
- Titolarità di brevetti in compartecipazione ad aziende con interessi commerciali in campo sanitario **(NIENTE DA DICHIARARE)**
- Partecipazioni azionarie in aziende con interessi commerciali in campo sanitario **(NIENTE DA DICHIARARE)**
- Altro

# Preoperative RT in rectal Ca: the downside of the coin



Preop Radiotherapy is the **STANDARD of CARE**

- Local control **6% advantage**
- Overall survival **no benefit**
- Bowel dysfunction **20% disadvantage**
- Sexual dysfunction **10% disadvantage**
- Second tumor **5% disadvantage**

Preop Radiotherapy has a **CONTRVERSIAL ROLE!!**



**Shared Decision Making (SDM)**

# What Women Want





**Shared Decision Making:**  
**is the patient really involved?**

# Radiotherapy in Rectal Cancer: Shared Decision Making



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Original article

Considering patient values and treatment preferences enhances patient involvement in rectal cancer treatment decision making

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# Radiotherapy in Rectal Cancer: Shared Decision Making



## Patients' point of view

Perceived decisional role<sup>b</sup>

Patient made the decision	4 (7)
Patient made the decision after considering the radiation oncologist's opinion	13 (22)
Radiation oncologist and patient made the decision together	22 (37)
Radiation oncologist made the decision after considering the patient's opinion	12 (20)
Radiation oncologist made the decision	9 (15)

85%

## ROs' point of view

In deciding about PRT, the radiation oncologists explicitly indicated to consider patients' values in 1/90 consultations (1%), patients' treatment preferences in 10/90 consultations (11%), or both in 5/90 consultations (6%).

18%

*Kunneman M, Marijnen CAM et al Radiother Oncol 2015 in press*



# **Shared Decision Making: Patient and Doctor**

**Do we have same expectations?**



# Benefit and Harms

## *patients' and oncologists' treatment preferences*



British Journal of Cancer (2007) 97, 717–724

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[www.bjcancer.com](http://www.bjcancer.com)

## Benefit from preoperative radiotherapy in rectal cancer treatment: disease-free patients' and oncologists' preferences

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# Benefit and Harms

*patients' and oncologists' treatment preferences*

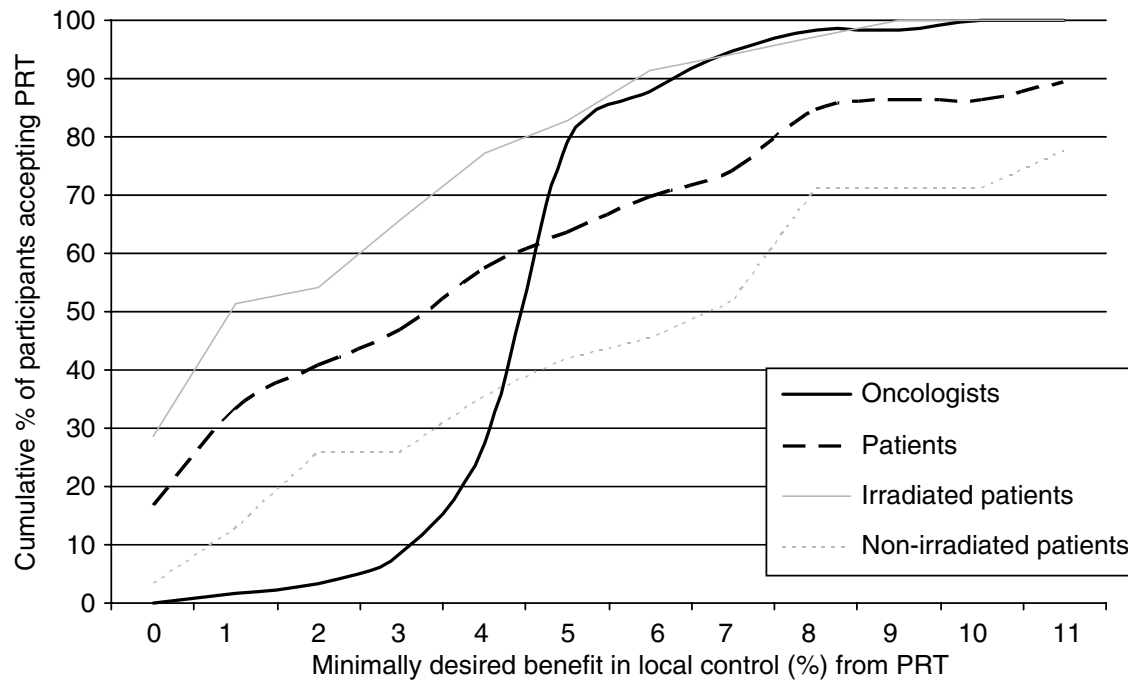
**66 DFS patients**

**60 oncologists** (25 surgical, 26 radiation, 10 medical)

**Interviewed**

- 1. Minimally desired benefit from preop RT**
- 2. Relative importance of treatment outcomes in determining treatment outcome preference:**  
OS, LC, faecal incontinence, sex problems

# Minimally desired benefit from RT *patients' and oncologists' treatment preferences*



## Patients:

average **4.4%**

**RT 2.6%** vs **S 5.1%**  $p < 0.001$

## Oncologists:

average **5%**

**RO: 4.7%**

**MO: 5%**

**SO: 5.3%**

$p: n.s.$

# Relative importance of treatment outcomes

*oncologists' treatment preferences*

**Radiation Oncologists:** **LOCAL CONTROL**

(RO 35 vs SO 28;  $p=0.02$  vs MO: 24;  $p= 0.04$ )

**Medical Oncologists:** **SURVIVAL**

(MO 28 vs SO 17 vs;  $p= 0.05$ )

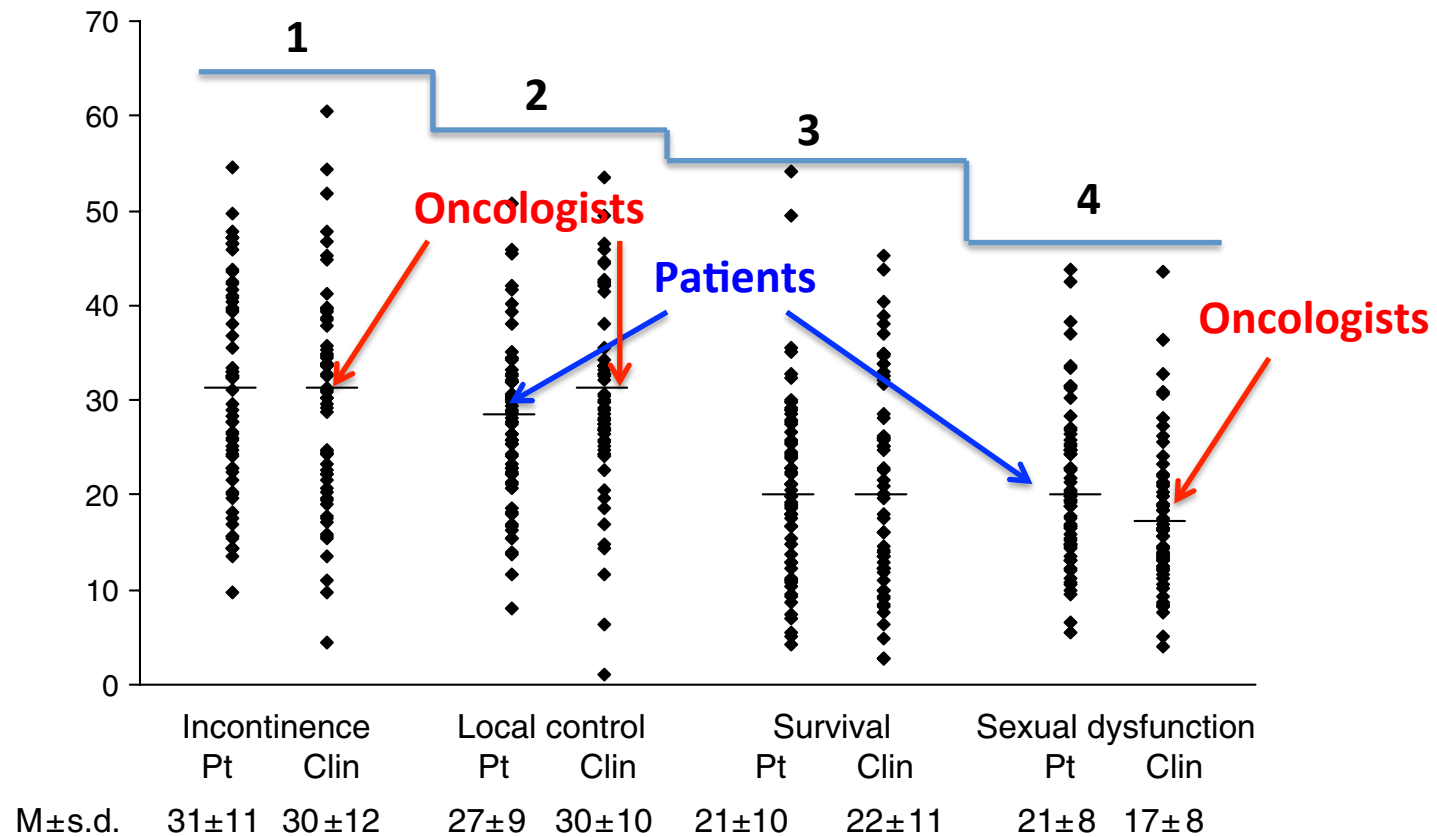
**Surgical Oncologists:** **SEXUAL ACTIVITY**

(SO 20 vs RO 14 vs;  $p= 0.02$ )

**All males!!**

# Relative importance of treatment outcomes

*patients' and oncologists' treatment preferences*



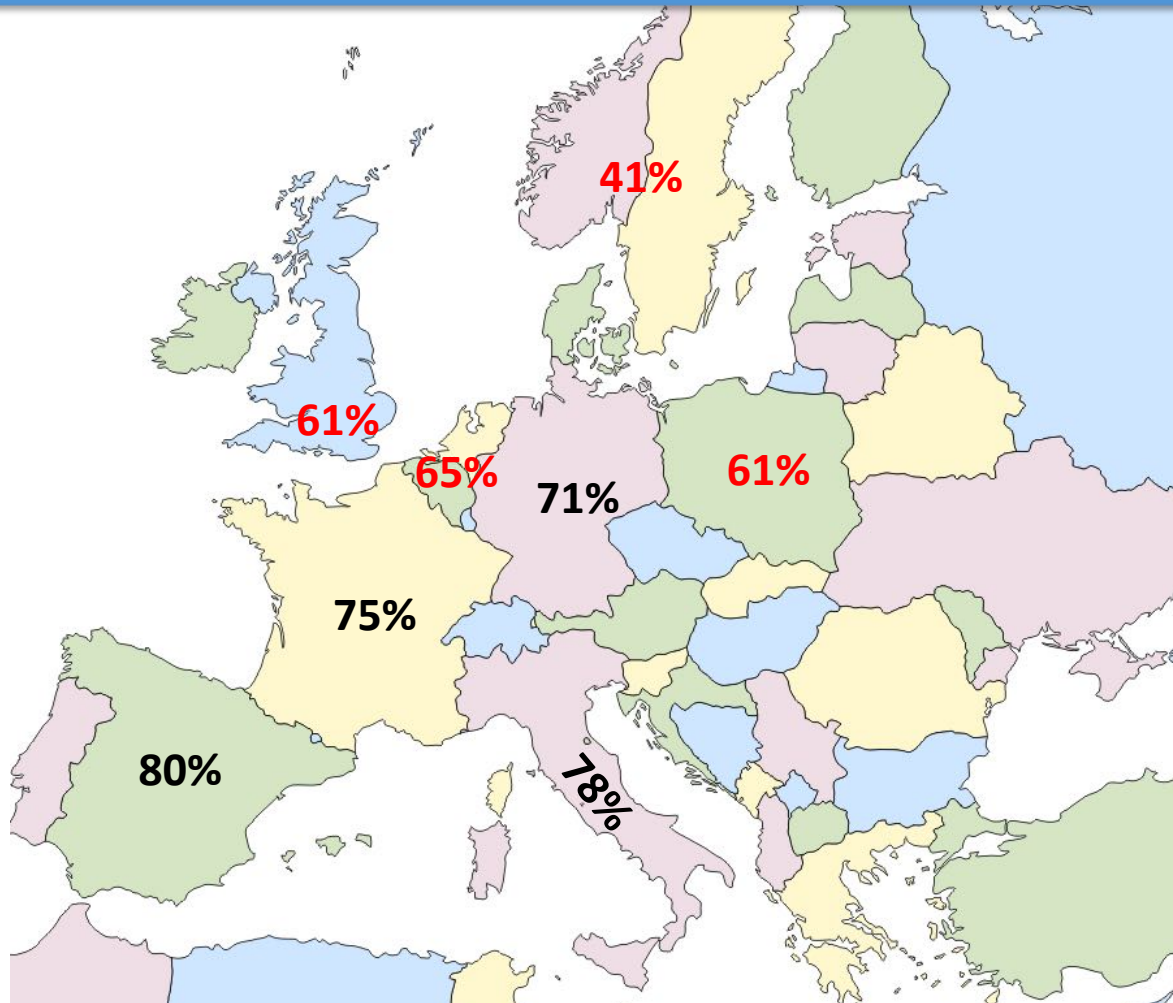


## **Shared Decision Making:**

**May the sphincter preservation be preserved?**

# Has Sphincter Preservation the same value in Europe?

Data from RCT



Dutch Trial

MRC Trial

Polish Trial

Scandinavian Trial

German Trial

French Trial

Spanish Trial



# Sphincter Preservation

## **TREATMENT GOLDEN STANDARD**

Short RT, Chemorad...

## **WORKING IN TEAM**

Specialists' availability,  
Leadership conflicts

## **TECHNICAL SKILL**

Ultra-low TME, TEM, TATA...

## **RISK TOLERANCE**

Definitive surgery trust,  
Clinical trial support



## **REHABILITATION SUPPORT SERVICES**

## **PATIENTS' REQUEST**

Cultural and religions  
constraints



# Does the patients request influences the surgeon?

Swedish Rectal Cancer Registry 1995-2005: 16 713 patients

AR: 7433 patients (44.5%); APR 3808 (22.8 %) and Hartmann: 1704 (10.2 %)

Socio-economic	AR	APR
Un-married	Least likely (OR 0.76, 0.64 to 0.88)	More likely (OR 1.21, 1.00 to 1.48)
University educated	Most likely (OR 1.30, 1.04 to 1.62)	Less likely (OR 0.78, 0.63 to 0.98)
Highest income	More likely (OR 0.80, 0.85 and 0.86)	

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# Has Sphincter Preservation the same value in Europe?

## Data from RCT

	Sphinc Saving RT – RT+ %	
DUTCH trial	67 - 65	ns

	Sphinc Saving RT - RTCh %	
EORTC 22921	51 - 53	ns
FCCD 9203	52 - 53	ns
Polish Trial	57 - 52	ns
UCSC Trial	85 - 90	ns
ACCORD Trial	75 - 75	ns

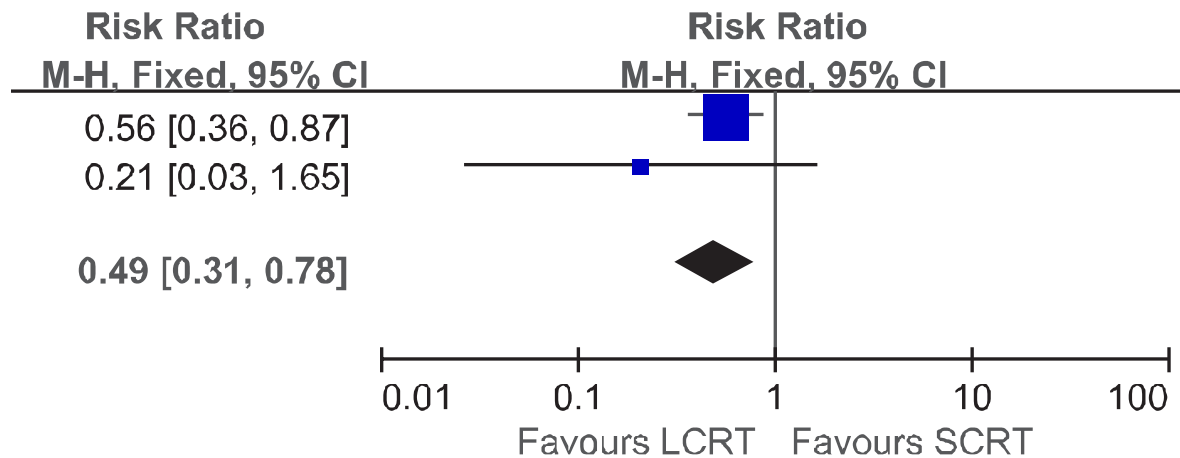
Van de Velde CJ – ECCO 13 - 2005

Bosset JF / Buiko K / Gerard JP – *NEJM, JCO, RO* – 2006

Valentini V – *IJROBP* – 2008

Gerard JP – *JCO* – 2010

# SCRT delayed Surg vs LC-CRT delayed Surg



**pCR rate**



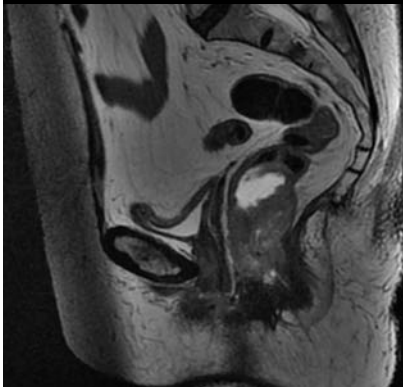
**Shared Decision Making:**

**Can surgery be avoided?**



# pCR: the good and the bad news

**PRE**



**LC-CRT**

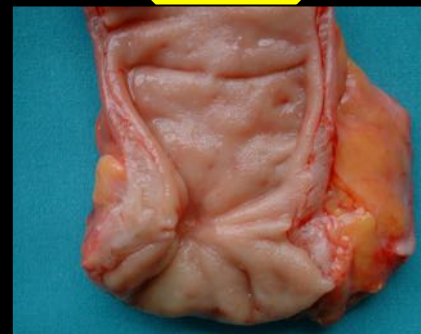
**POST**



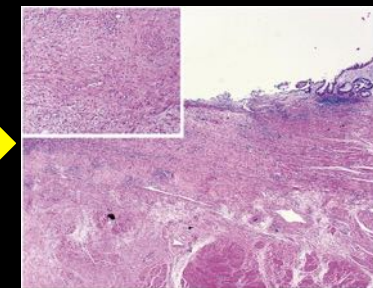
**cCR**

**pCR**

**APR  
sec Miles**



**SURG**

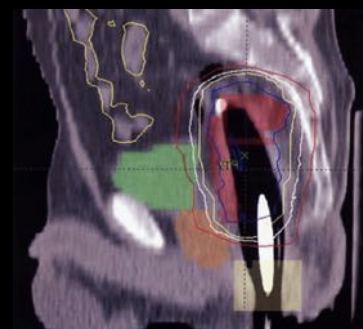
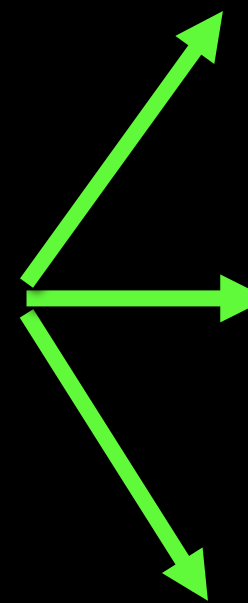
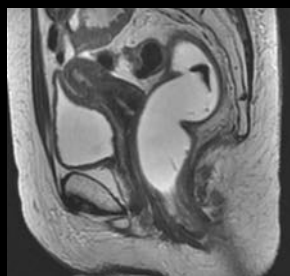


**PATH**

# cCR: can we do LESS?



R  
T  
C  
T





# pCR: can we do MORE?



Br J Surg. 2015 Jun;102(7):853-60. doi: 10.1002/bjs.9809. Epub 2015 Apr 2.

## Chemoradiation therapy for rectal cancer in the distal rectum followed by organ-sparing transanal endoscopic microsurgery (CARTS study).

Verseveld M<sup>1</sup>, de Graaf EJ, Verhoef C, van Meerten E, Punt CJ, de Hingh IH, Nagtegaal ID, Nuyttens J, Marijnen CA, de Wilt JH; CARTS Study Group.

Dis Colon Rectum. 2013 Dec;56(12):1349-56. doi: 10.1097/DOR.0b013e318292036a.

## Local excision after preoperative chemoradiotherapy for rectal cancer: results of a multicenter phase II clinical trial.

Puccarelli S<sup>1</sup>, De Paol A, Guerrieri M, La Torre G, Marotto L, De Marchi F, Martello G, Gambacorta MA, Carozzi V, Nili D, Valentini V, Coco C.

Hematol Oncol Clin North Am. 2015 Feb;29(1):135-51. doi: 10.1016/j.hoc.2014.09.004.

## Nonoperative management of rectal cancer: identifying the ideal patients.

Habr-Gama A<sup>1</sup>, São Jullião GP<sup>2</sup>, Perez RO<sup>3</sup>.

J Contemp Brachytherapy. 2015 Apr;7(2):183-8. doi: 10.5114/jcb.2015.51402. Epub 2015 May 6.

## High-dose-rate pre-operative endorectal brachytherapy for patients with rectal cancer.

Vuong T<sup>1</sup>, Devic S<sup>2</sup>.

Int J Radiat Oncol Biol Phys. 2012 Jun 1;83(2):e165-71. doi: 10.1016/j.ijrobp.2011.12.002.

## Correlation in rectal cancer between clinical tumor response after neoadjuvant radiotherapy and sphincter or organ preservation: 10-year results of the Lyon R 96-02 randomized trial.

Ortholan C<sup>1</sup>, Romestaing P, Chapel O, Gerard JP.

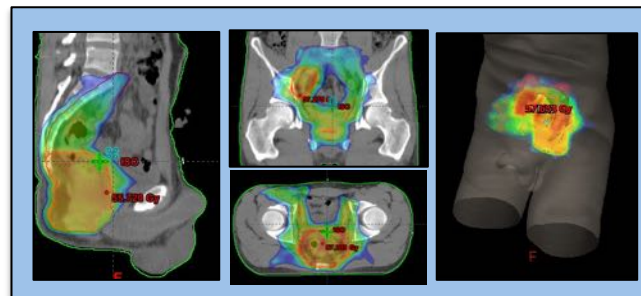
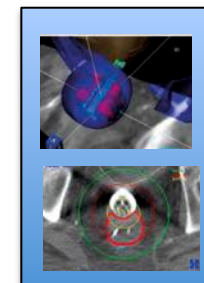
Surg Endosc. 2013 Aug 27(8):2860-7. doi: 10.1007/s00464-013-2842-6. Epub 2013 Feb 13.

## Transanal endoscopic microsurgery after neoadjuvant radiochemotherapy for locally advanced extraperitoneal rectal cancer: short-term morbidity and functional outcome.

Coco C<sup>1</sup>, Rizzo G, Mattiana C, Gambacorta MA, Verbo A, Barbaro B, Vecchio FM, Pafundi DP, Mastromarino MG, Valentini V.



Dose  
intensification



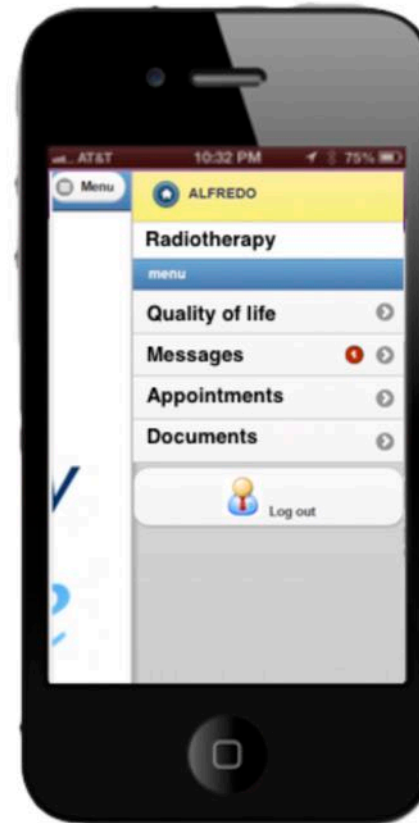
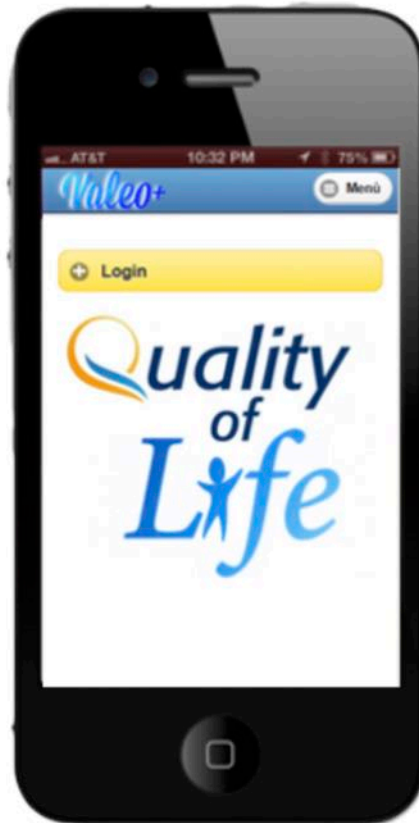
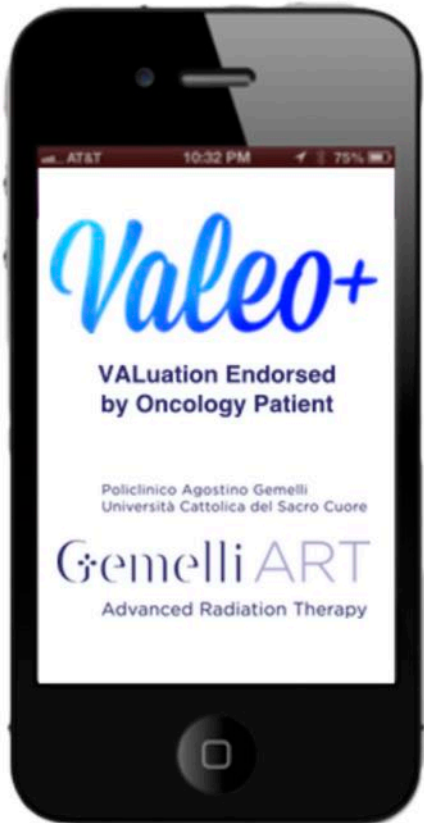


# Shared Decision Making:

**Is my oncologist always  
reacheable?**

# Valeo+

(VALuation Endorsed by Oncology Patient)



# Valeo+

## (VALuation Endorsed by Oncology Patient)



Misura il tuo disagio emotivo

	1.	2. Oggi, nel	5. Oggi	
Non ho diffi camminare	Non ho diffic prendermi cur. stesso	Non sono ansi depresso		
Ho qualche camminare	Ho qualche dif lavarmi o vesti	Sono moderat ansioso o dep		
Sono costre	Non sono in gr lavarmi o vesti	Sono estrema ansioso o dep		

Non :

**X No**

**✓ Conferma**

# In conclusions



- Preop RT Controversial Advantage: **Shared Decision Making**

**Cosa i pazienti si aspettano dall'intensificazione del trattamento?**

- Patients **feel** themselves **involved** > *increases outcomes*
- Consider **patient's values/preferences**: *incontinence >> LC!*
- **Sphincter preservation**: 'not objective' endpoint
- **Organ preservation**: open window
- Keep **in contact** with your patient: computerized systems

