

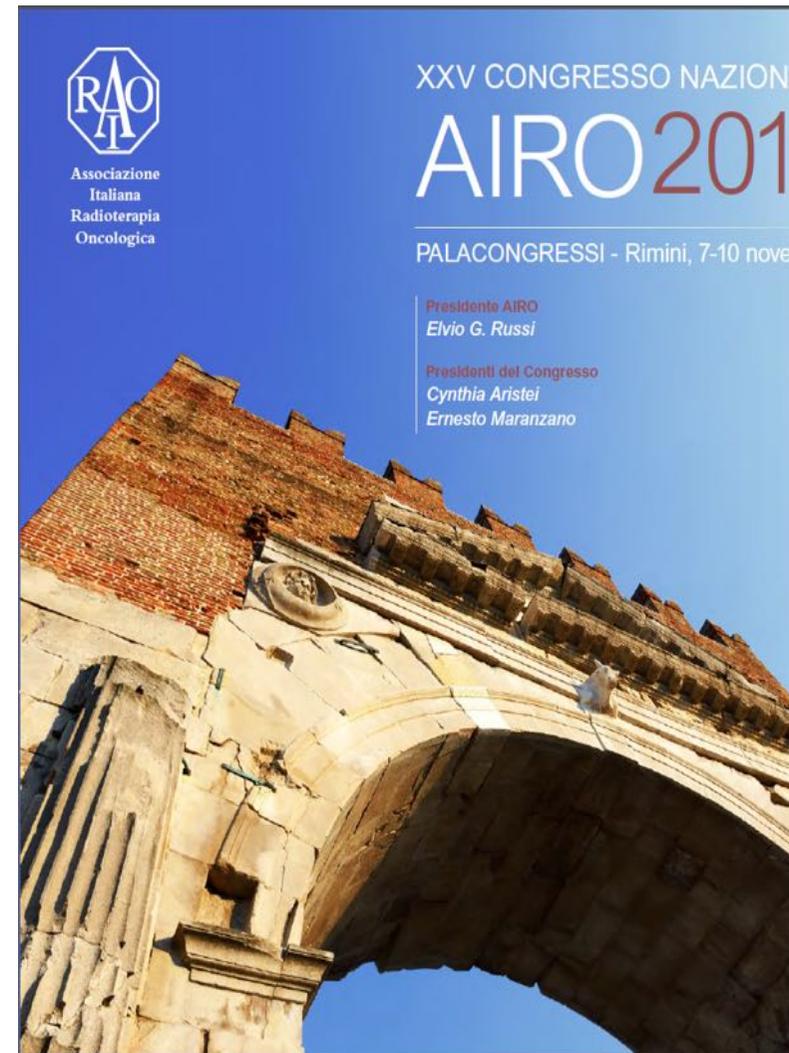
# Trattamento delle metastasi ossee nel paziente con tumore della prostata resistente alla castrazione (mCRPC)

## Valutazione della Risposta

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Medicina Nucleare

Policlinico Universitario «G. Martino» - Messina



XXV Congresso Nazionale AIRO  
08/11/2015 - Rimini



## DICHIARAZIONE

Relatore: Sergio Baldari

In seguito alla nuova regolamentazione della Commissione Nazionale per la Formazione Continua del Ministero della Salute, è richiesta la trasparenza delle fonti di finanziamento e dei rapporti con soggetti portatori di interessi commerciali in campo sanitario.

Assunzione di dipendente in aziende con interessi commerciali in campo sanitario **(NIENTE DA DICHIARARE /**

Consulenza ad aziende con interessi commerciali in campo sanitario **(NIENTE DA DICHIARARE**

Fondi per la ricerca da aziende con interessi commerciali in campo sanitario **(NIENTE DA DICHIARARE /**

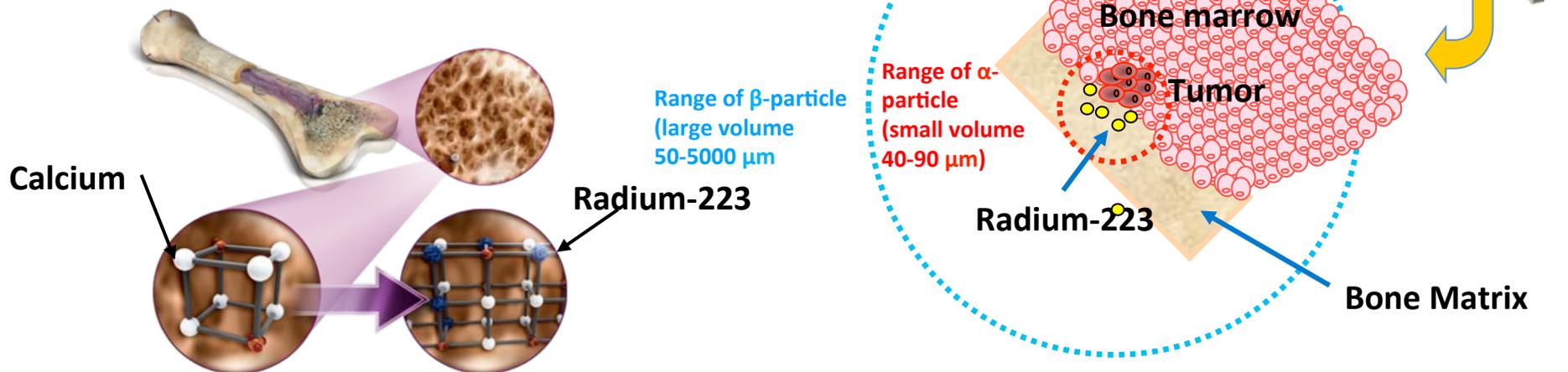
Partecipazione ad Advisory Board **(Bayer)**

Proprietà di brevetti in compartecipazione ad aziende con interessi commerciali in campo sanitario **(NIENTE DA DICHIARARE /**

Partecipazioni azionarie in aziende con interessi commerciali in campo sanitario **(NIENTE DA DICHIARARE /**

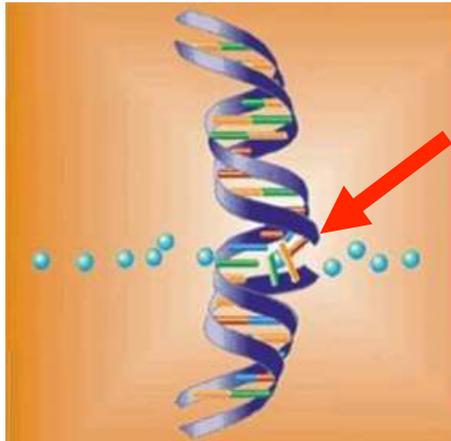
# Characteristics of Ra-223

- A radioactive isotope of the alkaline earth metal radium, therefore a calcium mimetic
- Incorporates into bone mineral hydroxyapatite
- Preferential uptake in areas of new bone formation
- Has a half-life of 11.4 days
- Primarily an alpha-particle emitter
  - ~94% emitted as alpha-particles
  - ~4% emitted as beta-particles
  - ~2% emitted as gamma rays



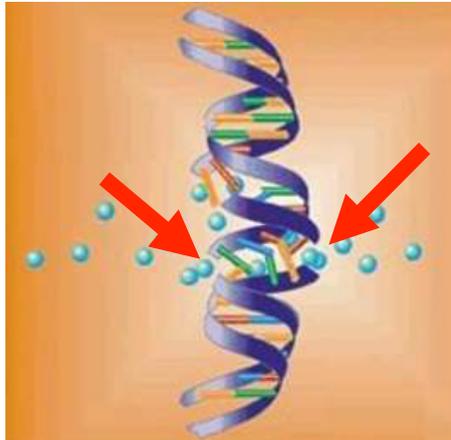
# $\alpha$ -Particles cause lethal double-strand DNA breaks

## $\beta$ -emitters



- Low-LET  $\beta$ -radiation  $\rightarrow$  single-strand DNA breaks
- Single-strand breaks: easily repaired using the opposite strand as a template
- Single-strand breaks  $\rightarrow$  less likely to induce cell death

## $\alpha$ -emitters



- High-LET  $\alpha$ -particles  $\rightarrow$  double-strand DNA breaks
- Double-strand breaks: difficult to repair
- Failure to repair  $\rightarrow$  to apoptosis
- Misrepaired double-strand breaks  $\rightarrow$  chromosomal aberrations  $\rightarrow$  mitotic cell death

# Biodistribution

- Radium-223 dichloride goes to the target immediately after IV administration

More than 75% of the activity had left the blood and plasma at 15 minutes after injection

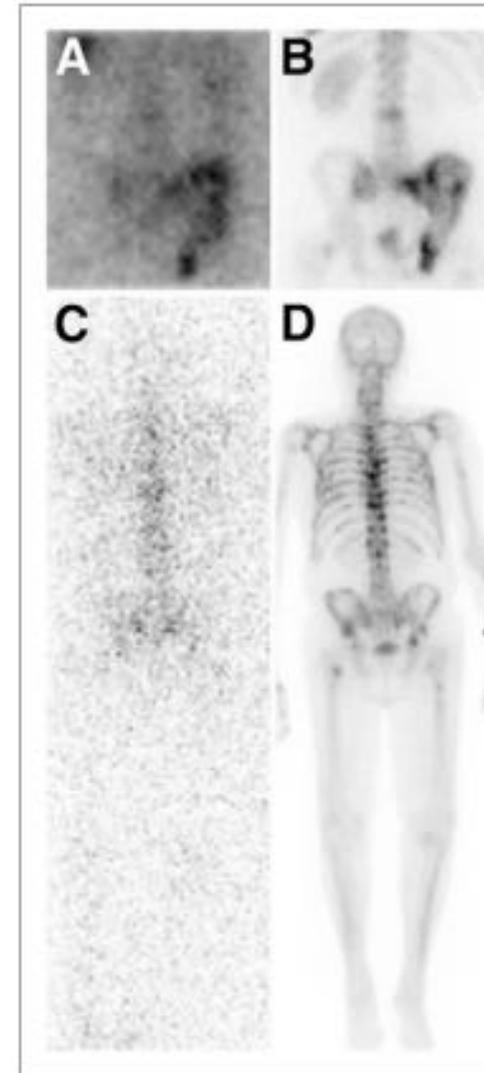
- Only  $4 \pm 1\%$  (range 2–6%) of the activity remained in the blood at 4 hours post injection, decreasing to less than 1% at 72 hours

Radium 223 selectively targeted bone tissue and was localized in areas of increased bone formation in bone metastases

The remainder was rapidly eliminated, predominantly via the GI tract

No specific renal, urinary bladder, cardiac, gallbladder, or splenic uptake was visible on scintillation camera images

- ~ 60% of activity injected is taken up in bone by 4 hours
- ~ 75% excreted within 1 week
- < 5% excreted through urine (low renal and bladder adsorbed doses)



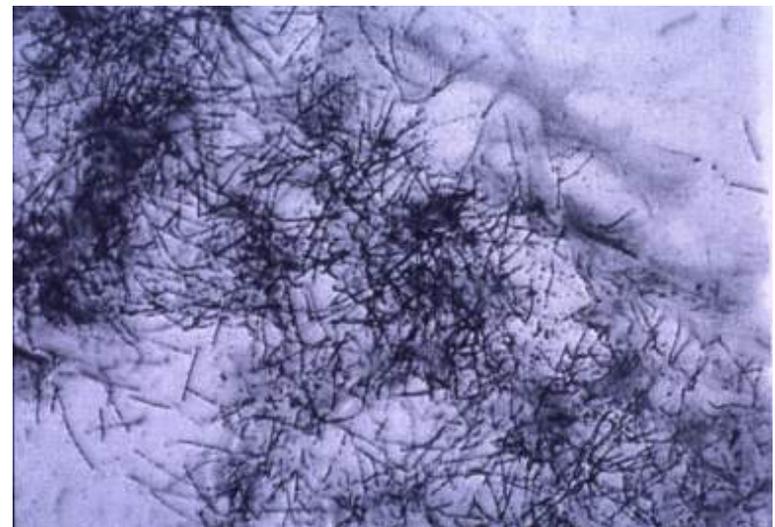
# Radium 223 Is a Bone-Seeking Radionuclide

Radium 223 has preferential uptake in areas of new bone formation

Normal spongy bone



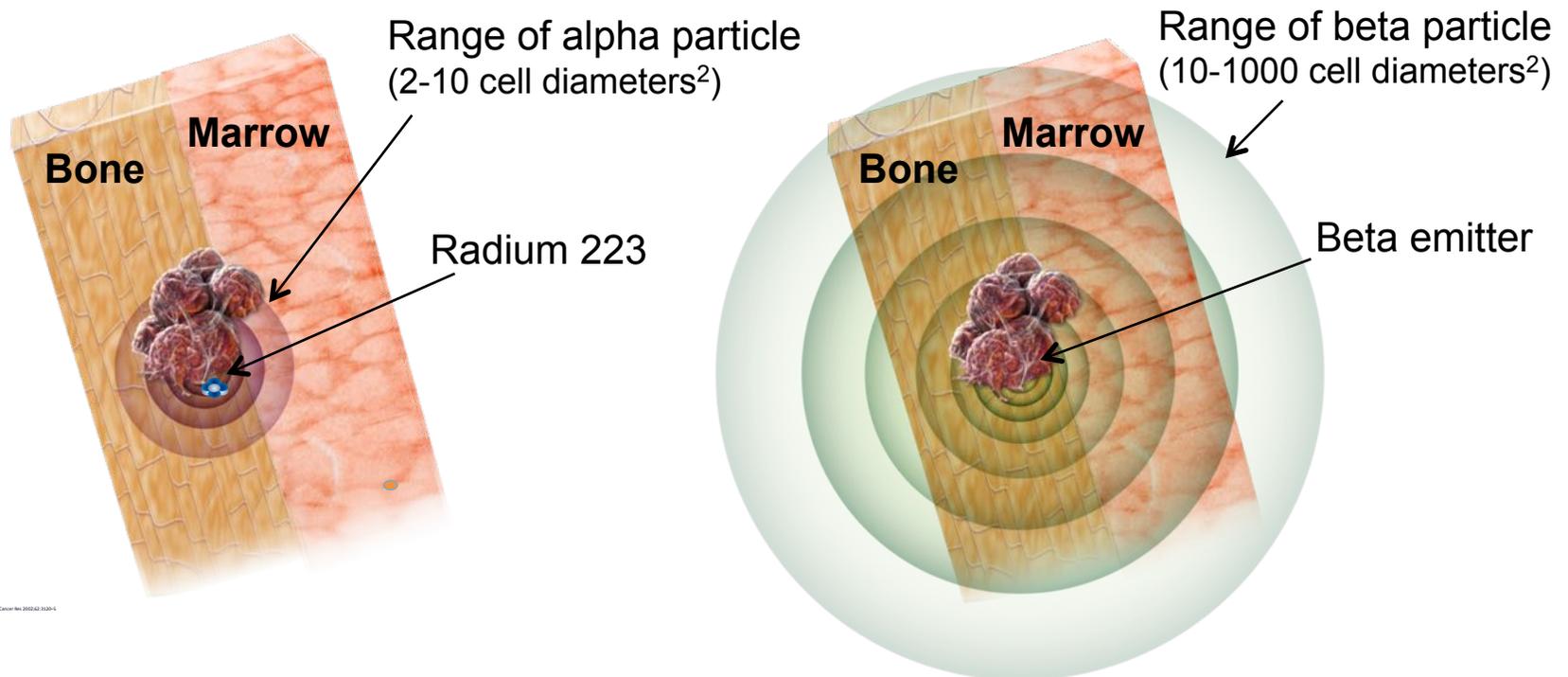
Osteoblastic zone



Microautoradiography from a dog injected with radium 223  
Distribution of  $\alpha$ -particle tracks in normal spongy bone and an osteoblastic zone

# Short range of alpha-emitters reduces bone marrow exposure

	Beta	Alpha
Range in tissue ( $\mu\text{m}$ )	50–12 000	40–100
Relative particle mass	1	7000
DNA hits for cell kill	>1000	1–4



# Randomized, Double-Blind, Dose-Finding, Multicenter, Phase 2 Study of Radium Chloride (Ra 223) in Patients with Metastases and Castration-Resistant Prostate Cancer

Stephen C. Parker<sup>a,\*</sup>, Sarah Pascoe<sup>b</sup>, Aleš Chodacki<sup>c</sup>, Joe M. O'Sullivan<sup>d</sup>, Josep R. Germá<sup>e</sup>,

**Table 3 – Number of treatment-related adverse events and total number of hematology events reported up to week 24 by dose group and Common Toxicity Criteria safety grade (safety population)**

Parameter	Ra 223 dose group											
	25 kBq/kg, n = 41				50 kBq/kg, n = 39				80 kBq/kg, n = 42			
CTC safety grade	1	2	3	4	1	2	3	4	1	2	3	4
Treatment-related AEs by system organ class												
Gastrointestinal disorders <sup>a</sup>	16	2	-	-	18	-	-	-	20	2	1	-
General disorders and administration site conditions	5	2	-	-	10	5	-	-	6	1	-	-
Blood and lymphatic system disorders <sup>b</sup>	1	3	-	-	-	3	3	1	2	6	1	-
Investigations <sup>c</sup>	-	-	2	-	3	2	1	1	-	3	-	-
Musculoskeletal and connective tissue disorders <sup>d</sup>	-	-	-	-	2	-	1	-	-	2	1	-
Metabolism and nutrition disorders	1	-	-	-	-	2	-	-	2	-	-	-
Nervous system disorders	-	-	-	-	2	-	-	-	-	2	-	-
Skin and subcutaneous tissue disorders	-	-	-	-	1	1	-	-	-	1	-	-
Total treatment-related AEs	23	7	2	0	36	13	5	2	30	17	3	0
Total hematology events												
White blood cell count	7	2	0	0	9	7	0	0	10	8	3	0
Neutrophils	16	0	0	0	12	7	0	0	11	8	1	0
Platelets	5	1	1	0	8	1	0	1	10	2	1	0
Hemoglobin	18	12	1	0	18	8	4	1	21	14	1	1

AE = adverse event; CTC = Common Toxicity Criteria.

<sup>a</sup> One case of grade 3 constipation was reported in the 80-kBq/kg group.

<sup>b</sup> All reported grade 3 or 4 AEs were classified as anemia.

<sup>c</sup> One case each of grade 3 decreased hemoglobin or platelet counts occurred in the 25-kBq/kg group; decreased hemoglobin (grade 3) and decreased platelet counts (grade 4) occurred in the 50-kBq/kg group.

<sup>d</sup> All reported grade 3 AEs were classified as bone pain.

er cancer (CRPC) and treatments that improve quality of life.

ity of three different doses of Ra 223 in patients with metastases.

ole-blind multicenter study of Ra 223 at 6-wk intervals of 25, 50, or 80 kBq/kg (n = 42). The study included patients who had a confirmed decrease in PSA.

was evaluated using bone scan and skeletal-related events (SREs), physical examination, and laboratory tests assessed trends between groups.

nd point with a statistically significant difference in PSA declines for no patients in the 25-kBq/kg dose group, and for 16% (7/42) in the 50-kBq/kg dose group, and for 67% (28/42) in the 80-kBq/kg dose group. A  $\geq 50\%$  decrease in PSA was observed in 16% (7/42) patients in the 50-kBq/kg group, respectively ( $p < 0.001$ ).

up to week 24 across all dose groups (16% vs 67% vs 67%, respectively).

No difference in incidence of SREs was observed between groups.

ial limitations include selection bias and lack of a placebo control.

im markers of CRPC activity and overall survival.

### Treatment-Related Adverse Events (AEs) Reported during the Designated ALSYMPCA Follow-up

ALSYMPCA Follow-up, n (%)	Radium-223 (n = 404*)		Placebo (n = 167*)	
	All Grades	Grades 3/4	All Grades	Grades 3/4
<b>Hematologic AEs</b>				
Anemia	11 (3)	5 (1)	5 (3)	1 (<1)
Aplastic anemia	1 (<1)	1 (<1)	0	0
Leukopenia	2 (<1)	2 (<1)	0	0
Neutropenia	2 (< 1)	2 (<1)	0	0
Thrombocytopenia	4 (1)	0	0	0
<b>Nonhematologic AEs</b>				
Cardiopulmonary failure	0	0	1 (<1) <sup>†</sup>	0
Nausea	0	0	1 (<1)	0
Fatigue	0	0	1 (<1)	0
General physical health deterioration	1 (<1)	0	0	0
Multiorgan failure	1 (<1) <sup>†</sup>	0	0	0
Pneumonia	1 (<1) <sup>†</sup>	0	0	0
Weight decrease	1 (<1)	0	0	0
Anorexia	1 (<1)	0	0	0
Musculoskeletal pain	1 (<1)	0	0	0
Pathologic fracture	2 (<1)	1 (<1)	0	0
Dizziness	1 (<1)	0	0	0
<b>Primary Cancers</b>	<ul style="list-style-type: none"> <li>• Bladder cancer</li> <li>• Lymph node metastasis not originating from prostate</li> </ul>		<ul style="list-style-type: none"> <li>• Squamous cell carcinoma</li> <li>• Adenocarcinoma rectosigmoid</li> <li>• Skin cancer</li> </ul>	

\*Safety population

<sup>†</sup>Grade 5

# Alpha Radin e Valutazione della Risposta

inica - Personalizzata

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on è Temporizzata

on esistono indicatori certi

on è chiaro il ruolo dell'imaging

sistono tuttavia alcune evidenze.....



*Faro del Montorsoli Punta San Ranieri -*



# RATTERISTICHE CLINICHE



**pain**  
analgesic

**Mild pain**

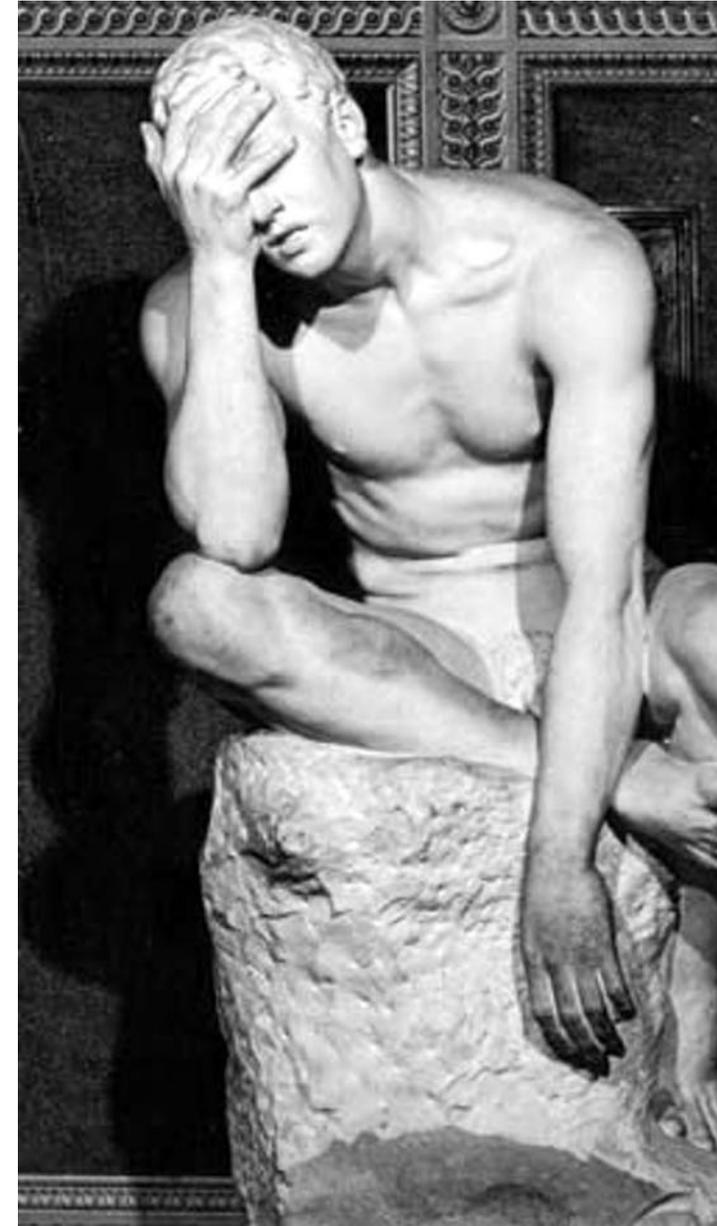
Non-opioid  
analgesics  
EBRT

**Moderate  
pain**

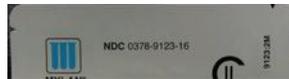
Occasional  
opioid use

**Severe  
pain**

Daily opioid  
use



# RATTERISTICHE CLINICHE



Patients can be considered for Radium-223 as soon as the symptoms of bone metastases appear

43% of patients had mild pain and no opioid use in ALSYMPCA

m-223 is not  
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be  
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**pain**  
analgesic

**Mild pain**

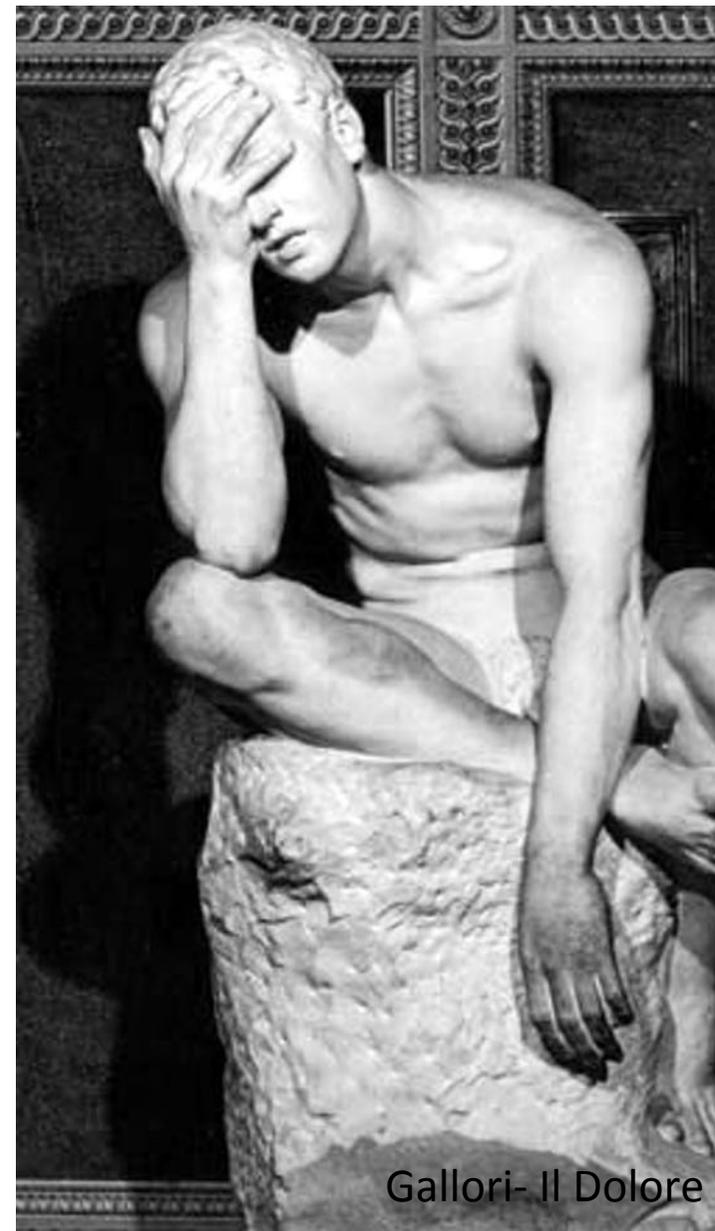
Non-opioid  
analgesics  
EBRT

**Moderate  
pain**

Occasional  
opioid use

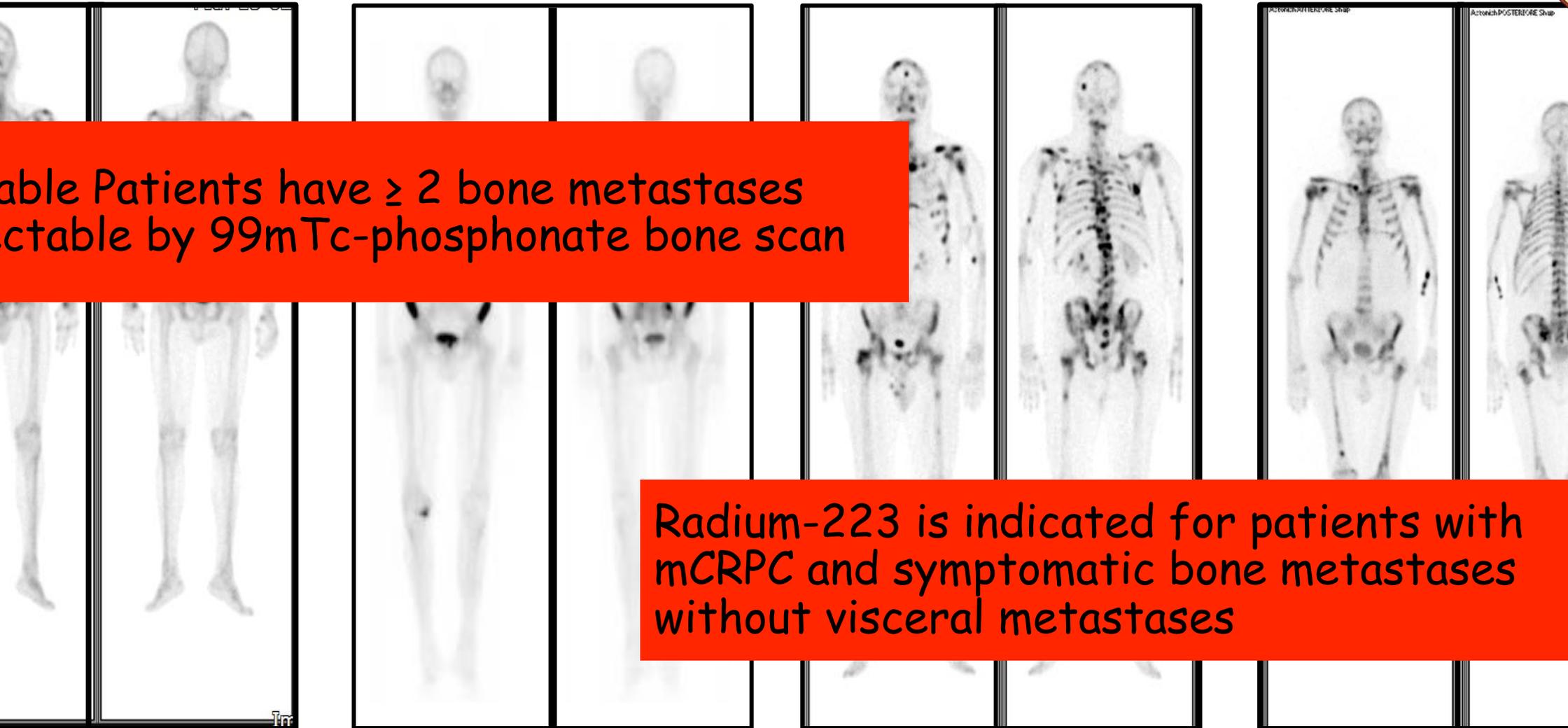
**Severe  
pain**

Daily opioid  
use



Gallori- Il Dolore

# CHARACTERISTIC CLINICAL



able Patients have  $\geq 2$  bone metastases detectable by  $^{99m}\text{Tc}$ -phosphonate bone scan

Radium-223 is indicated for patients with mCRPC and symptomatic bone metastases without visceral metastases

Patient 1:  
No Metastasis

Patient 2:  
> 2 Metastasis

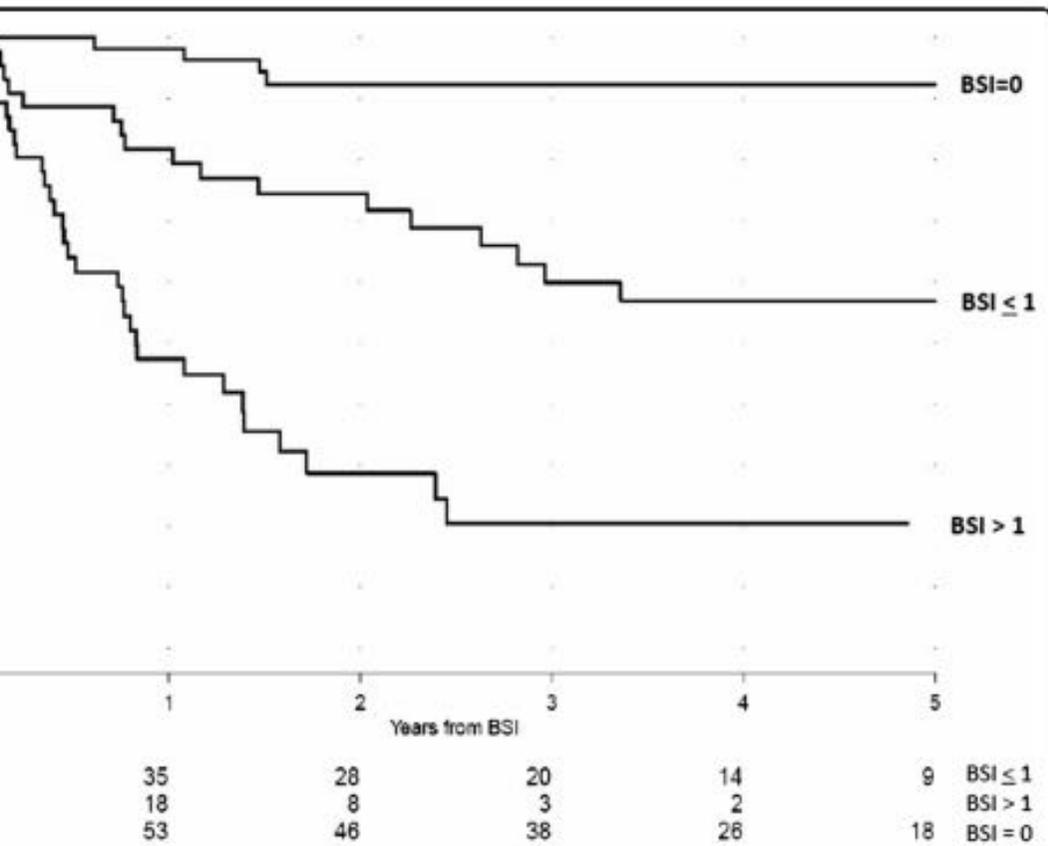
Patient 3:  
> 20 Metastasis

Patient 4:  
«SuperScan»

# Bone Scan Index as a prognostic imaging marker during androgen deprivation therapy

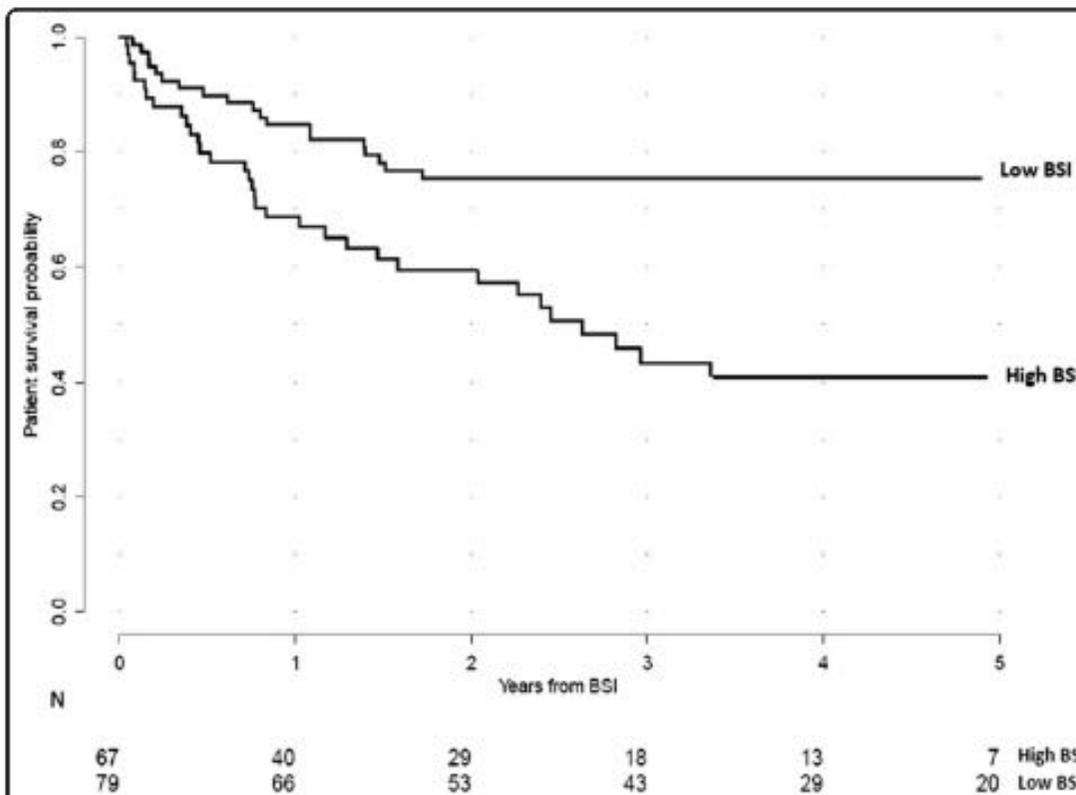
Reza<sup>1\*</sup>, Anders Bjartell<sup>2</sup>, Mattias Ohlsson<sup>3</sup>, Reza Kaboteh<sup>4</sup>, Per Wollmer<sup>1</sup>, Lars Edenbrandt<sup>1,4</sup>, Trägårdh<sup>1</sup>

Reza et al. *EJNMMI Research* 2014, **4**:58  
<http://www.ejnmires.com/content/4/1/58>



Bone scan index, N= Number of patients

At follow-up, Kaplan-Meier curves showing patient survival probability stratified by BSI categories. These 146 patients were evaluated with bone scans after the initiation of primary hormonal treatment. In accordance with their BSI values at follow-up, these patients were classified in three BSI categories: BSI = 0 (n = 55), BSI ≤ 1 (n = 44) and BSI > 1 (n = 47). These three groups demonstrated significantly different 5-year survival rates of 92%, 57% and 20%, respectively (p < 0.0001).



High BSI change = BSI Increase, Low BSI change = Stable BSI or BSI decrease, N= Number of patients

Figure 3 At follow-up, Kaplan-Meier curves showing patient survival probability stratified by BSI changes categories. BSI changes from baseline to follow-up were evaluated among the 146 patients studied. In accordance with their BSI change values at follow-up, these patients were classified in two BSI changes categories: High BSI change (BSI increase n = 67) and low BSI change (stable BSI or BSI decrease, n = 79). These two groups demonstrated significantly different 5-year survival rates of 41% and 75%, respectively (p = 0.0004).

# Quality of life (QOL), updated survival, and safety of radium-223 dichloride in patients with castration-resistant prostate cancer (CRPC) with bone metastases from the phase 3 double-blind, randomized, multinational study (ALSYMPCA)

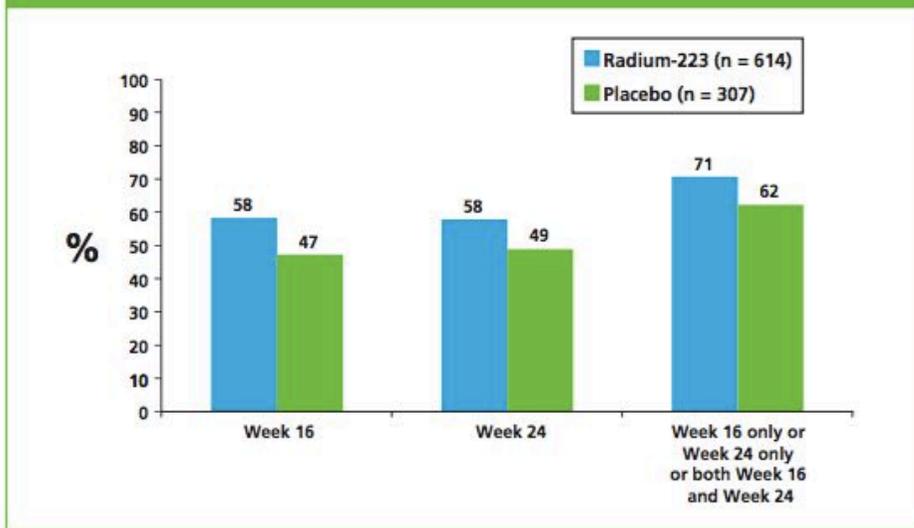
C. Parker,<sup>1</sup> R.E. Coleman,<sup>2</sup> S. Nilsson,<sup>3</sup> N. Vogelzang,<sup>4</sup> A. Lloyd,<sup>5</sup> K. Staudacher,<sup>6</sup> P. Cislo,<sup>7</sup> R. Van Gool,<sup>8</sup> O. Sartor<sup>9</sup>

<sup>1</sup>The Royal Marsden NHS Foundation Trust, Sutton, UK; <sup>2</sup>Weston Park Hospital, Sheffield, UK; <sup>3</sup>Karolinska University Hospital, Stockholm, Sweden; <sup>4</sup>Comprehensive Cancer Centers of Nevada, Las Vegas, NV, USA; <sup>5</sup>Oxford Outcomes, Oxford, UK; <sup>6</sup>Algeta ASA, Oslo, Norway; <sup>7</sup>Bayer HealthCare, Montville, NJ, USA; <sup>8</sup>Bayer HealthCare, Berlin, Germany; <sup>9</sup>Tulane Cancer Center, New Orleans, LA, USA

## QOL FINDINGS

- The percentage of patients with a baseline QOL measurement and a QOL measurement at specified post-baseline visits shows that more patients in the radium-223 group than in the placebo group completed the QOL assessments (Figure 1)

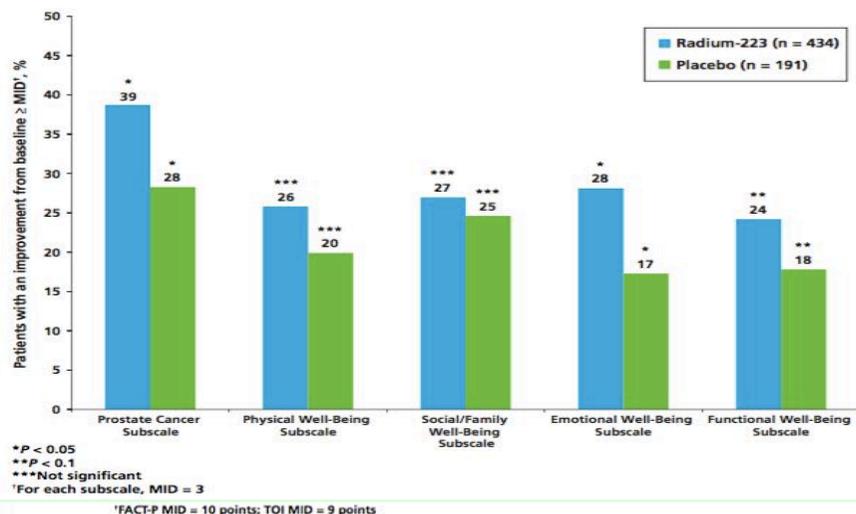
**Figure 1. Percentage of Patients Who Have a Baseline QOL Measurement and a QOL Measurement at the Specified Post-baseline Visits**



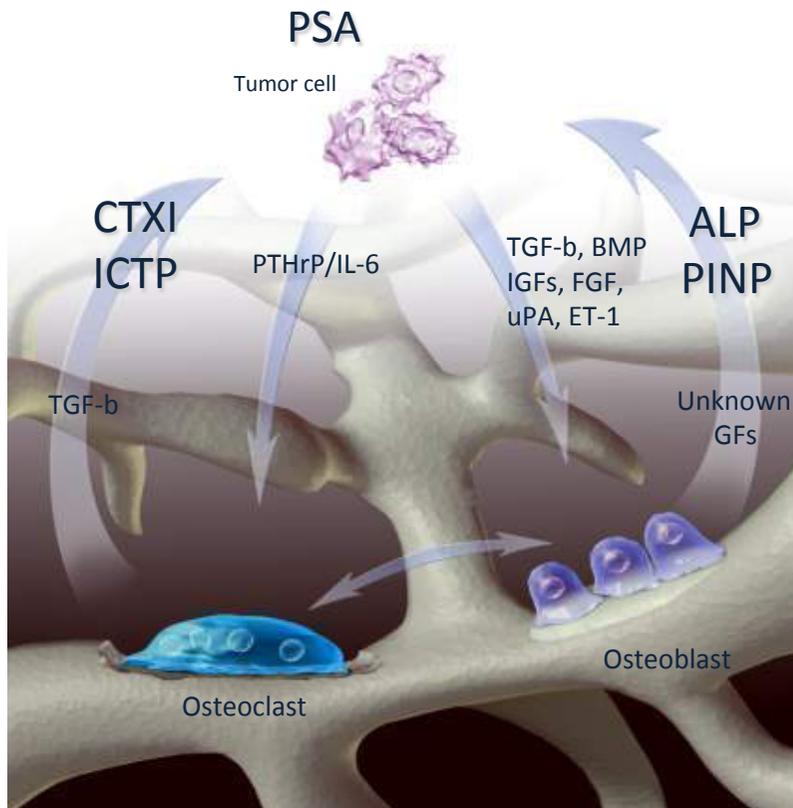
- There was a trend toward improvement in all subscales of the FACT-P, with  $P < 0.05$  for the PCS and EWB subscales (Figure 2B)

**Figure 2. ALSYMPCA QOL Responder Analysis Based on Improvement (Minimally Important Difference; MID) in FACT-P Summary Scores (A) and Subscale Scores (B) at Week 16 and/or Week 24**

**(B) Responder Analysis Based on Changes in FACT-P Subscale Scores**



# Bone Metastases in Patients with Prostate Cancer



## Underlying mechanisms

Factors are released by tumor cells that stimulate both osteoclast and osteoblast activity<sup>1,2</sup>

Excessive new bone formation occurs around tumor cell deposits, resulting in low bone strength and potential vertebral collapse<sup>3</sup>

Osteoclastic and osteoblastic activity releases growth factors that stimulate tumor cell growth, perpetuating the cycle of bone resorption and abnormal bone growth<sup>4</sup>

Bone biomarkers outlined are elevated

randomized, dose-response, multicenter phase II study of radium-223 chloride for the palliation of painful bone metastases in patients with castration-resistant prostate cancer <sup>☆</sup>

S. Nilsson et al. / European Journal of Cancer 48 (2012) 678–686

Nilsson <sup>a,l,\*</sup>, P. Strang <sup>b,l</sup>, A.K. Aksnes <sup>c</sup>, L. Franzén <sup>d,e</sup>, P. Olivier <sup>f</sup>, A. Pecking <sup>g</sup>, M. Furth <sup>h</sup>, S. Vasanthan <sup>i</sup>, C. Andersson <sup>j</sup>, Ø.S. Bruland <sup>k</sup>

**Abstract Purpose:** To investigate the dose-response relationship and pain-relieving effect of radium-223, a highly bone-targeted alpha-pharmaceutical.

**Methods:** One hundred patients with painful bone metastases were treated with radium-223. The primary endpoint was pain (visual analogue scale), also used to classify patients as responders (pain reduction ≥ 50%).

**Results:** A significant dose-response relationship was observed. There were 40%, 63%, and 75% of patients who were responders (pain decreased by a mean of 50%, 55%, and 60%, respectively) in the 5, 25, and 100 kBq/kg dose groups (P = .002, and P < .001 for comparison between the 5 and 100 kBq/kg dose groups). The median time to first response was 2 weeks (range 0–16 weeks) in the 5, 25, and 100 kBq/kg dose groups (P = .002 and .02, Wilcoxon test in the highest dose group).

**Conclusion:** Pain response was significantly higher in the 25 and 100 kBq/kg dose groups 2 weeks after administration. The median time to first response reported was confirmed.

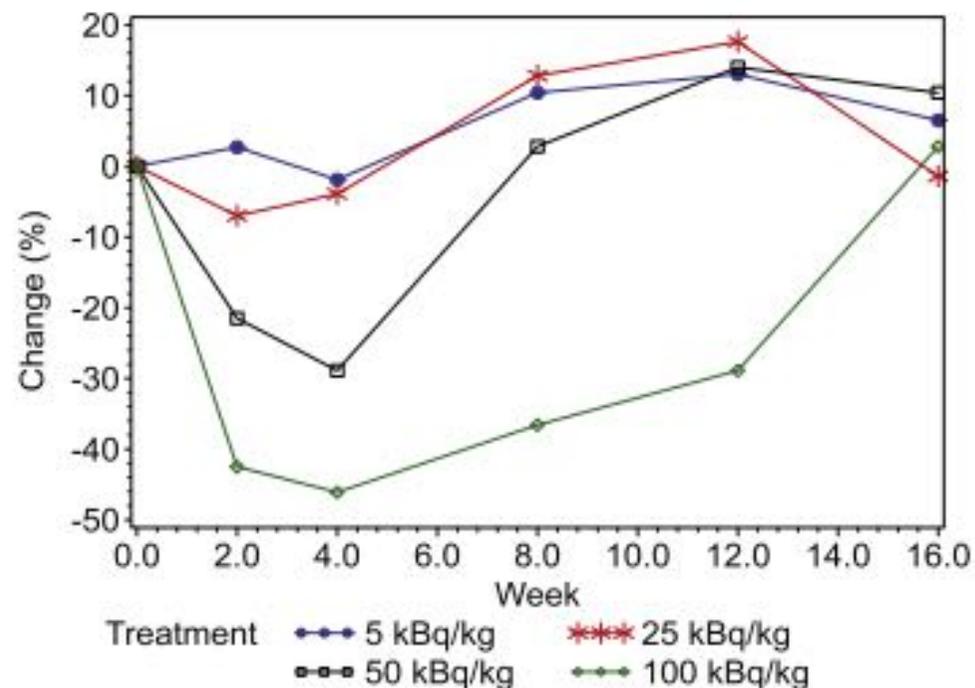


Fig. 3. Bone-alkaline phosphatase (ALP): median percentage change from baseline (safety set).

# ALSYMPCA phase 3 trial: main secondary endpoints

Main Secondary Efficacy End Points in the Intention-to-Treat Population.				
Endpoint	Radium-223 (N=614)	Placebo (N=307)	Hazard Ratio (95% CI)	P Value
Time to first symptomatic skeletal event — mo	15.6	9.8	0.66 (0.52–0.83)	<0.001
Time to increase in total alkaline phosphatase level — mo	7.4	3.8	0.17 (0.13–0.22)	<0.001
Time to increase in PSA level — mo	3.6	3.4	0.64 (0.54–0.77)	<0.001
Patients with ≥30% reduction in total alkaline phosphatase response — no./total no. (%)	233/497 (47)	7/211 (3)		
Patients with normalization of total alkaline phosphatase level — no./total no. (%)*	109/321 (34)	2/140 (1)		

\*Patients who had elevated total alkaline phosphatase levels at baseline are included.

Appendix, respectively. In addition, a significantly higher proportion of patients in the radium-223 group than in the placebo group had a response according to the total alkaline phosphatase level (≥30% reduction, P<0.001) and normalization of this level (P<0.001). A 30% or greater reduction in PSA blood levels at week 12 was achieved in 16% of patients in the radium-223 group and in 6% of patients in the placebo group (P<0.001). This reduction was sustained 4 weeks after the last injection in 14% of patients in the radium-223 group and in 4% of patients in the placebo group (P<0.001).

All main secondary efficacy endpoints showed a significant benefit of radium 223 (+ BSoC) over placebo.

## Changes in prostate-specific antigen, markers of bone metabolism and bone scans after treatment with radium-223

Scand J Urol, 2014; 49(3): 211–217  
DOI: 10.3109/21681805.2014.982169

Anders Nome<sup>1</sup>, Eivor Hernes<sup>2</sup>, Trond Velde Bogsrud<sup>2,5</sup>, Trine Bjørø<sup>1,4</sup> & Sophie D. Fosså<sup>3</sup>

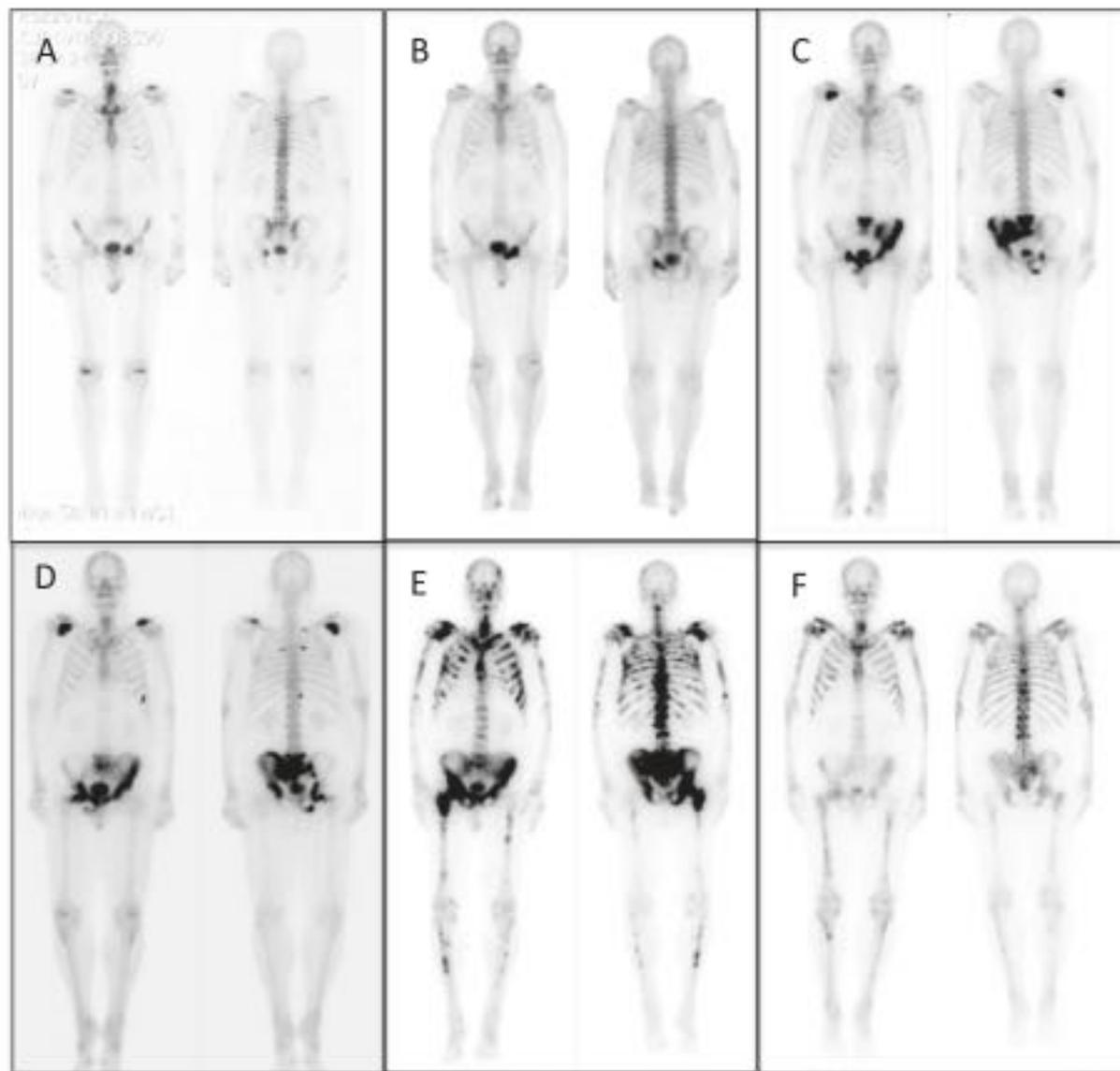
### Abstract

**Objective.** The aim of this study was to assess treatment-related changes in prostate-specific antigen (PSA), total and bone alkaline phosphatase (total ALP, bone ALP), and changes on conventional bone scans in patients with metastatic castration-resistant prostate cancer (mCRPC) and bone metastases who received six cycles of radium-223 (Ra-223). **Materials and methods.** Changes in PSA, total ALP and bone ALP ( $\geq 30\%$  increase or decrease), and changes on bone scans were assessed before and after six monthly cycles of Ra-223 therapy (50 kBq/kg body weight). **Results.** Post-treatment PSA increased by at least 30% in 11 out of 14 patients and remained stable in three. Total ALP and bone ALP decreased in six and nine patients, respectively. In 10 out of 12 evaluable patients the uptake on post-treatment bone scan was reduced in lesions with high pretreatment uptake, in 11 patients accompanied by the development of new or expanded bone lesions. FACBC position emission tomography/computed tomography scans confirmed the growth of new or expanded bone metastases in two patients. **Conclusions.** These observations support the notion that Ra-223 kills tumour cells in metastases surrounded by highly proliferating osteoblasts, consistent with the reported survival benefit. The radiation effect in small tumour deposits not surrounded by increased osteoblast activity seems, however, insufficient, thus allowing continuous tumour growth. Long-lasting PSA reductions are the exception rather than the rule during Ra-223 treatment, whereas alkaline phosphatases decrease more frequently. To improve the overall anticancer effect, Ra-223 might be a valuable component of combination treatment.

## REPORT

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McNamara<sup>1,2\*</sup> ar



**Figure 2** Radionuclide bone scan trend and response to radium-223. **A.** June 2008, metastatic prostate cancer diagnosis. **B.** May 2010, disease progression on combined androgen blockade. **C.** May 2011, disease progression following sipuleucel-T immunotherapy. **D.** December 2011, disease progression just prior to docetaxel chemotherapy. **E.** June 2013, widespread disease progression associated with severe diffuse bone pain on enzalutamide ("pre-radium-223"). **F.** February 2014, dramatic bone scan response two months after completing six treatments of radium-223 ("post-radium-223").

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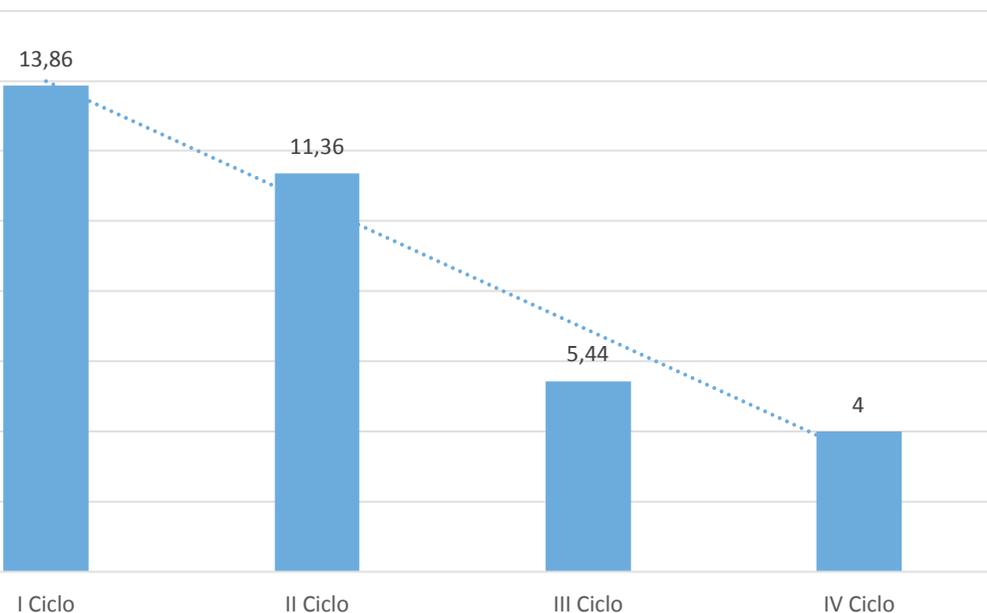
B.E. 69 Anni  
Gleason 9 (4+5)  
Terapia Antalgica: Targin, Tachipirina  
No Evidenza di Malattia Viscerale  
Maggior dolore presente al tratto L-S  
In terapia con 223Ra-Cl dal Luglio 2015 (1 ciclo ogni 4 settimane circa)



## History

2015: 13.86 ng/ml (0-4) (I Ciclo)  
2015: 11.36 ng/ml (0-4) (II Ciclo)  
2015: 5.44 ng/ml (0-4) (III Ciclo)  
2015: 5 ng/ml (0-4) (IV Ciclo)

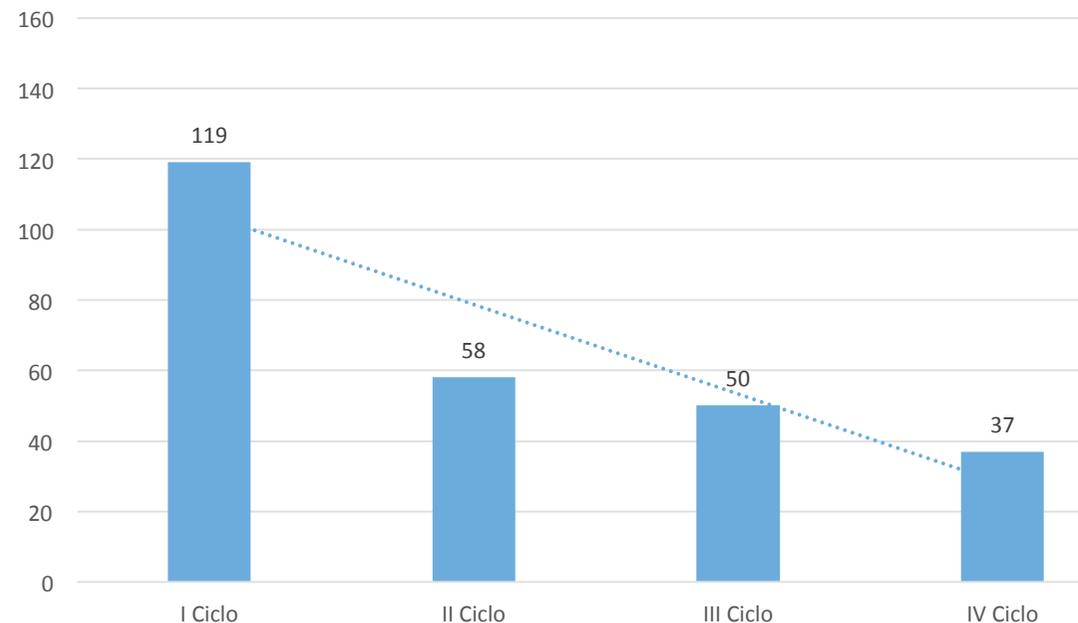
ANDAMENTO PSA



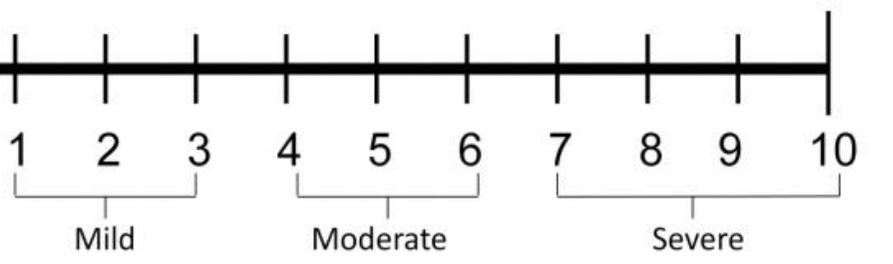
## ALP History

Luglio 2015: 119 U/L (I Ciclo)  
Agosto 2015: 58 U/L (II Ciclo)  
Settembre 2015: 50 U/L (III Ciclo)  
Ottobre 2015: 37 U/L (IV Ciclo)

ANDAMENTO ALP



Instructions (adopted from (McCaffery, Beebe et al. 1989):  
 "Indicate the intensity of current, best, and worst pain levels over  
 24 hours on a scale of 0 (no pain) to 10 (worst pain imaginable)"



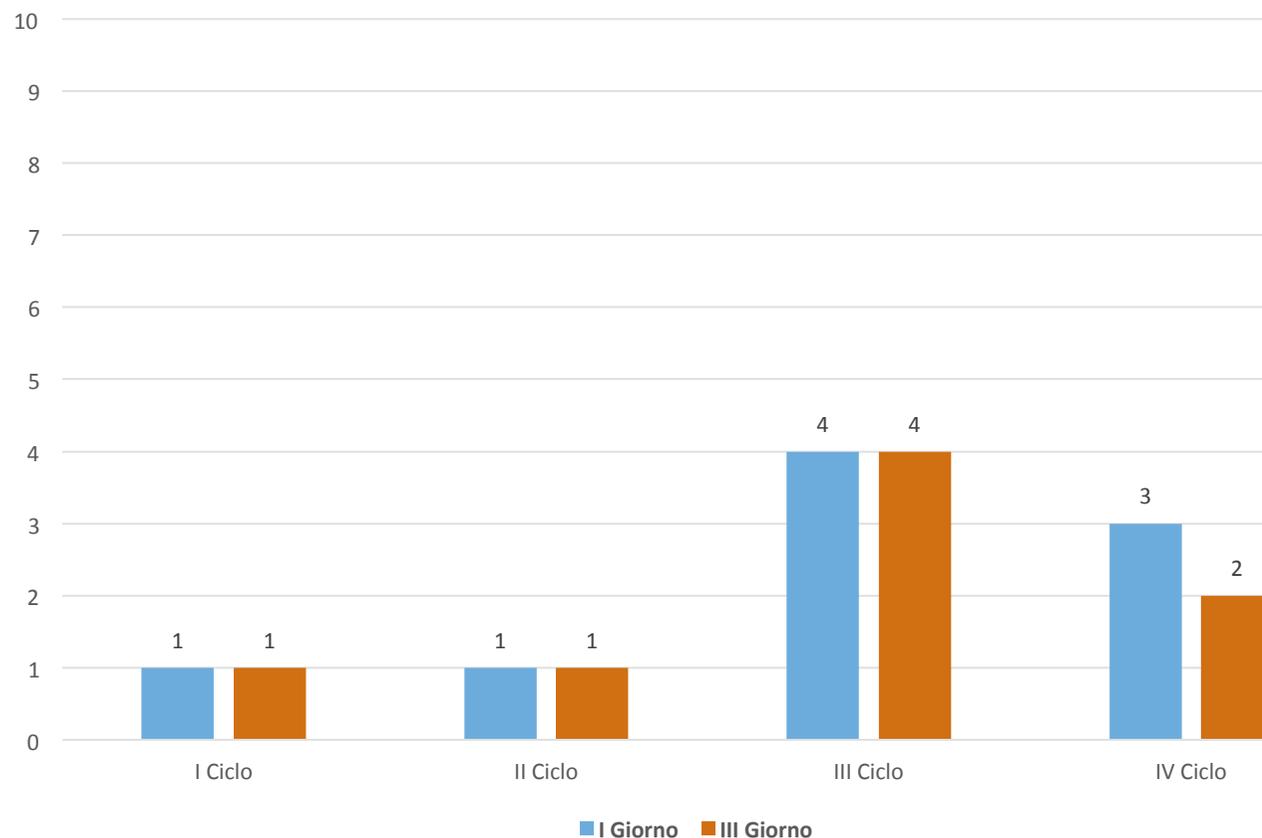
Source:  
 McCaffery, M., Beebe, A., et al. (1989). *Pain: Clinical manual for nursing practice*, Mosby St. Louis, MO.

## NRS History

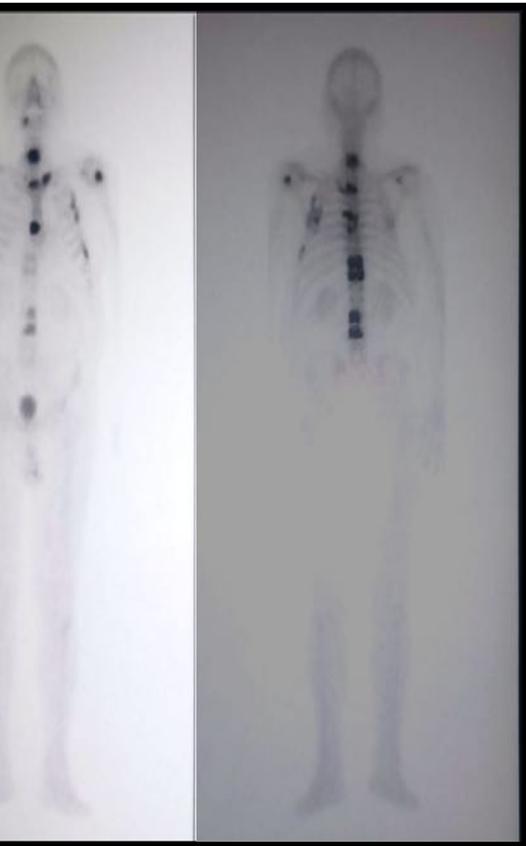
Luglio 2015 1 (I Ciclo)  
 Luglio 2015 1 (I Ciclo)  
 Agosto 2015 1 (II Ciclo)  
 Agosto 2015 1 (II Ciclo)  
 Settembre 2015 4 (III Ciclo)  
 Settembre 2015 4 (III Ciclo)  
 Ottobre 2015 3 (IV Ciclo)  
 Ottobre 2015 2 (IV Ciclo)



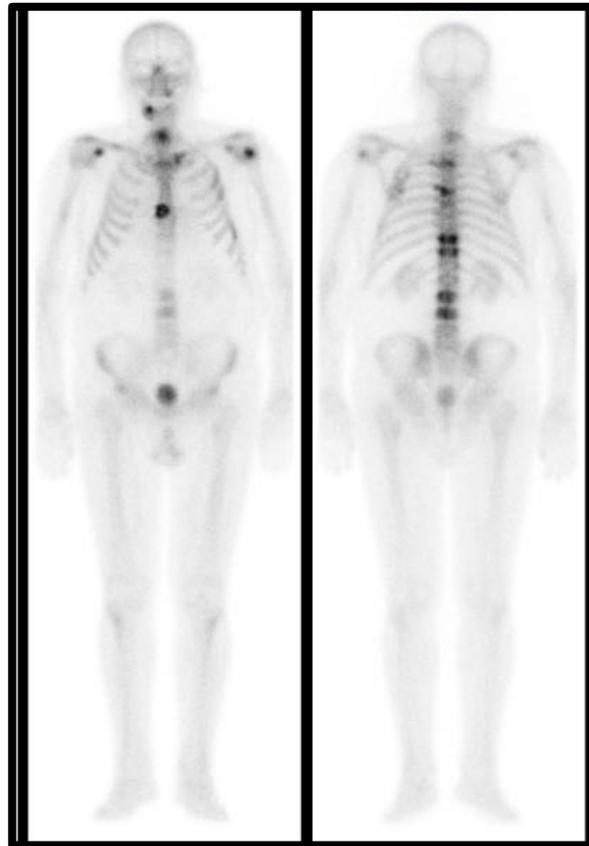
## NRS PAIN SCALE



**Pre-Trattamento**



**Controllo Dopo III Ciclo**



**B.E. 69 Anni**  
**Gleason 9 (4+5)**  
**Terapia Antalgica: Targin, Tachipirina**  
**No Evidenza di Malattia Viscerale**  
**Maggior dolore presente al tratto L-S**  
**In terapia con  $^{223}\text{Ra-Cl}$  dal Luglio 2015 (1 ciclo**  
**settimane circa)**





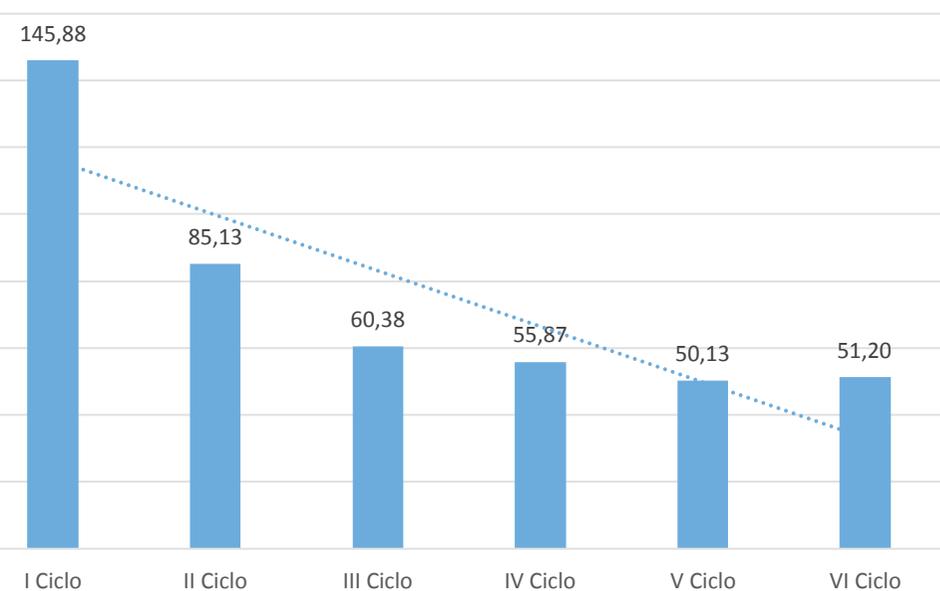
B.S. 69 Anni  
**Gleason: 9 (4+5)**  
**Da Giugno ad Settembre 2014: 7 cicli Docetaxel**  
**No Evidenza Malattia Viscerale**  
**Terapia Antalgica: 2014 EBTR su art. coxofemorale sinistra**  
**In terapia con 223Ra-Cl dall'Ottobre 2014 al Marzo 2015 (1 ciclo ogni 4 settimane circa)**



**History**

**Giugno 2014: 145.88 ng/ml (0-4) (I Ciclo)**  
**Luglio 2014: 85.13 ng/ml (0-4) (II Ciclo)**  
**Agosto 2014: 60.38 ng/ml (0-4) (III Ciclo)**  
**Settembre 2014: 55.87 ng/ml (0-4) (IV Ciclo)**  
**Ottobre 2014: 50.13 ng/ml (0-4) (V Ciclo)**  
**Novembre 2014: 51.20 ng/ml (0-4) (VI Ciclo)**

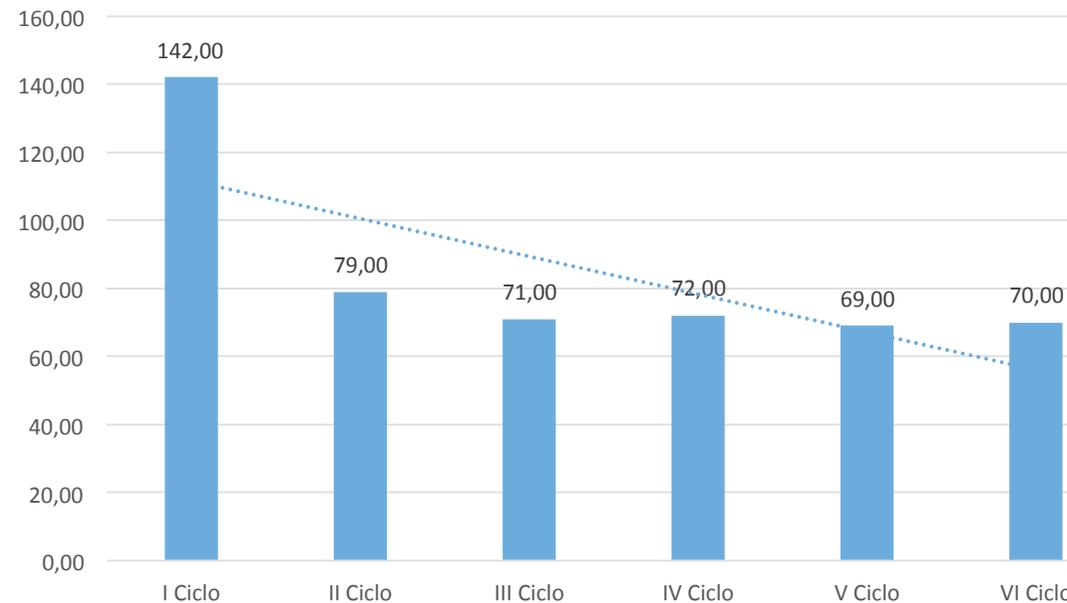
Andamento PSA



**ALP History**

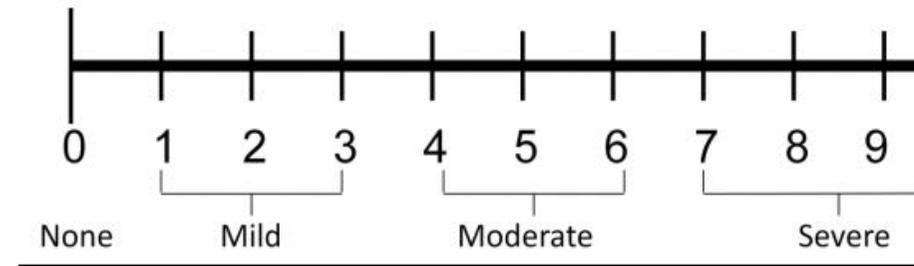
**Ottobre 2014: 142 U/L (I Ciclo)**  
**Novembre 2014: 79 U/L (II Ciclo)**  
**Dicembre 2014: 71 U/L (III Ciclo)**  
**Gennaio 2015: 72 U/L (IV Ciclo)**  
**Febbraio 2015: 69 U/L (V Ciclo)**  
**Marzo 2015: 70 U/L (VI Ciclo)**

ANDAMENTO ALP



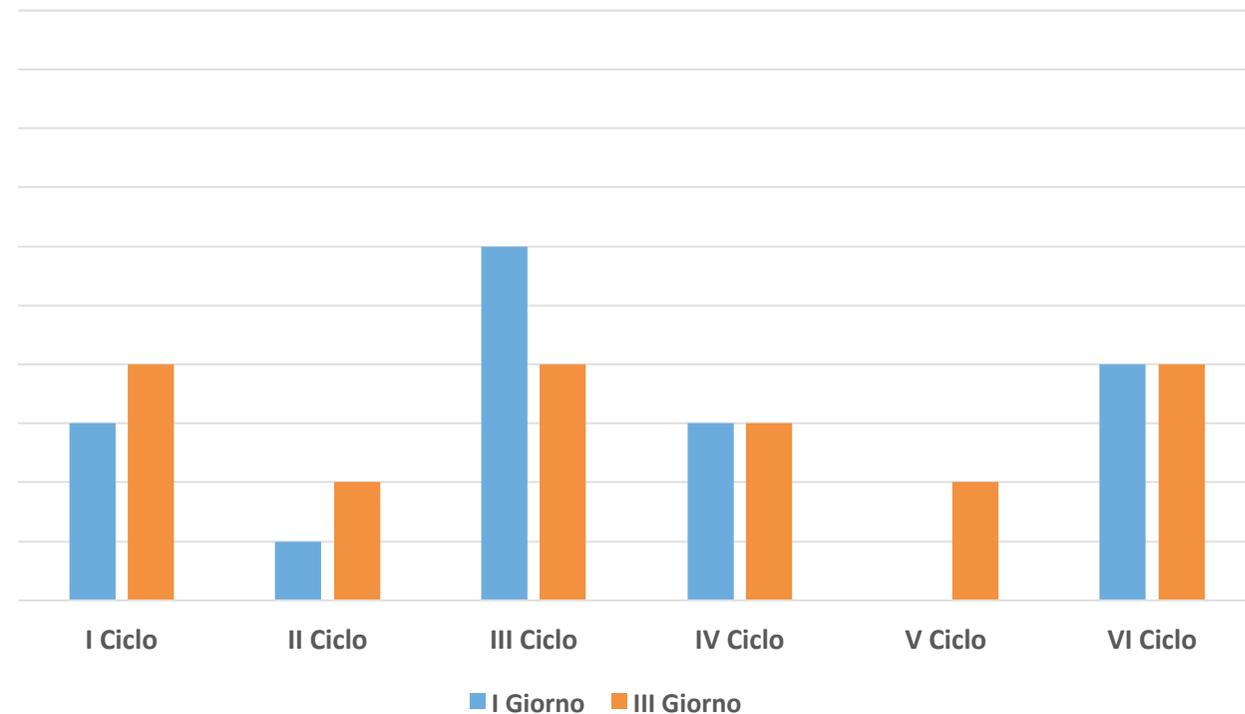


Patient Instructions (adopted from (McCaffery, Beebe et al. 1989):  
 "Please indicate the intensity of current, best, and worst pain levels  
 the past 24 hours on a scale of 0 (no pain) to 10 (worst pain imaginable)"



Reference:  
 McCaffery, M., Beebe, A., et al. (1989). Pain: Clinical manual for nursing practice, Mosby St. L.

**NRS PAIN SCALE**



**NRS History**

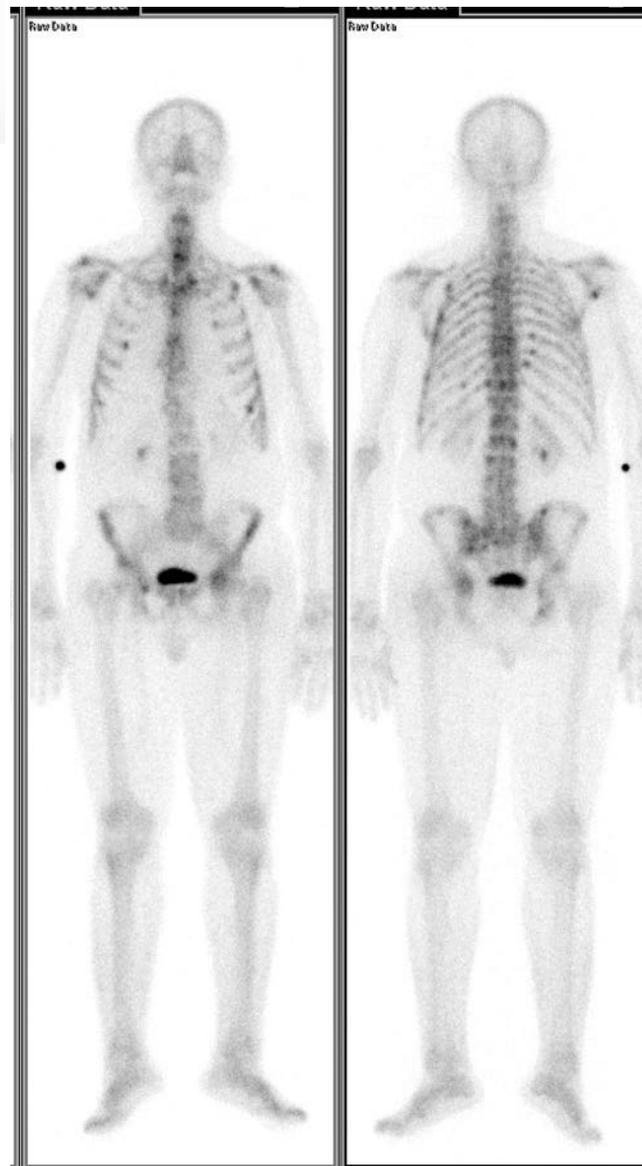
- Ottobre 2014 3 (I Ciclo)
- Ottobre 2014 4 (I Ciclo)
- Novembre 2014 1 (II Ciclo)
- Novembre 2014 2 (II Ciclo)
- Dicembre 2014 6 (III Ciclo)
- Dicembre 2014 4 (III Ciclo)
- Gennaio 2015 3 (IV Ciclo)
- Gennaio 2015 3 (IV Ciclo)
- Febbraio 2015 0 (V Ciclo)
- Febbraio 2015 2 (V Ciclo)
- Marzo 2015 4 (VI Ciclo)
- Marzo 2015 4 (VI Ciclo)



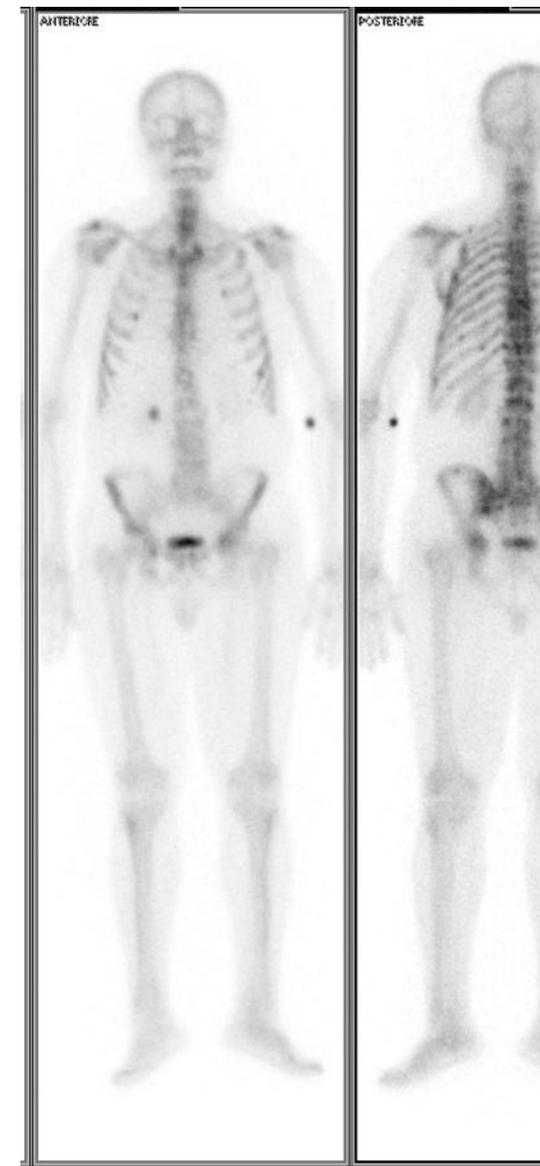


69 Anni  
son: 9 (4+5)  
Giugno ad Settembre 2014: 7 cicli  
etaxel  
Evidenza Malattia Viscerale  
Terapia Antalgica: 2014 EBTR su art.  
femorale sin.  
Terapia con  $^{223}\text{Ra-Cl}$  dall'Ottobre 2014 al  
inizio 2014 (1 ciclo ogni 4 settimane circa)

Pre-Trattamento



Controllo Dopo VI Ci





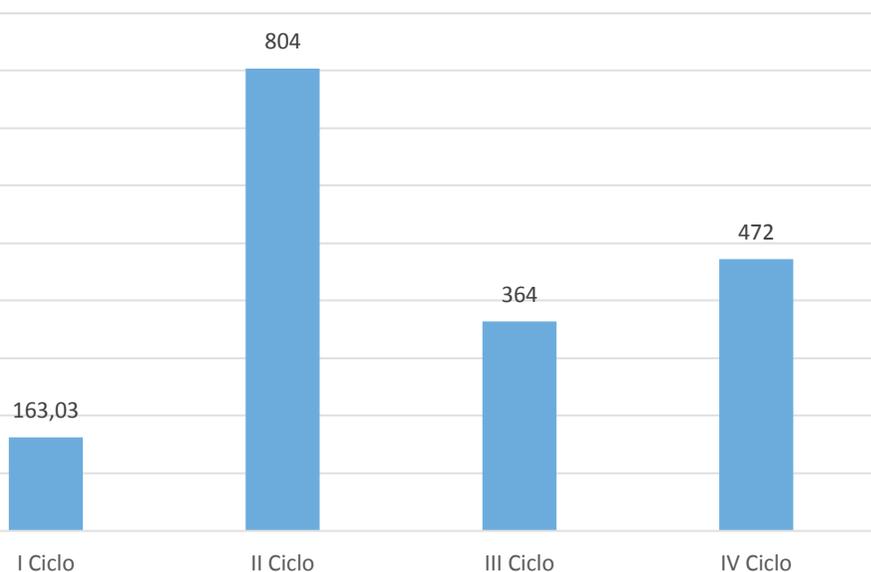
**A.M. 75 Anni**  
**Gleason 4+5**  
**No Evidenza Malattia Viscerale**  
**Terapia Antalgica ASA, Durogesic**  
**Maggior Espressione del dolore al Femore Dx**  
**In terapia con 223Ra-Cl da Dicembre 2014 a**  
**Marzo 2015 (1 ciclo ogni 4 settimane circa)**



### History

**Dicembre 2014: 163.03 ng/ml (0-4) (I ciclo)**  
**Gennaio 2015: 804 ng/ml (0-4) (II Ciclo)**  
**Febbraio 2015: 364 ng/ml (0-4) (III Ciclo)**  
**Marzo 2015: 472 ng/ml (0-4) (IV Ciclo)**

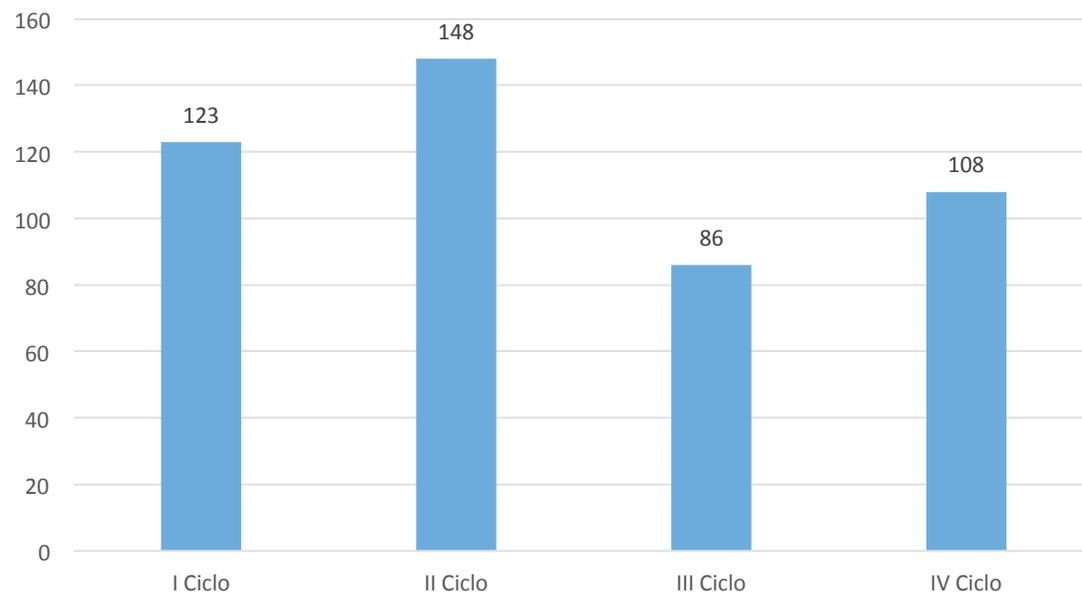
Andamento PSA



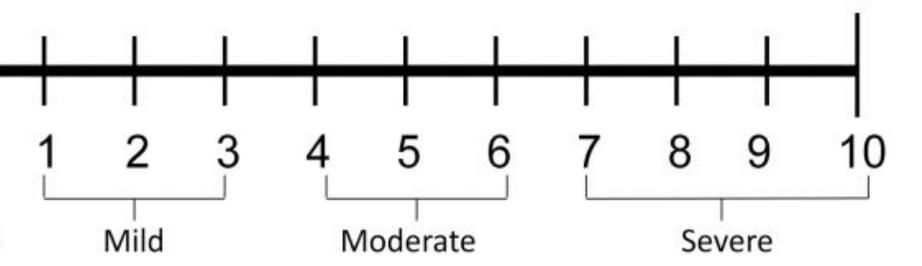
### ALP History

**Dicembre 2014: 123 U/L (I Ciclo)**  
**Gennaio 2015: 148 U/L (II Ciclo)**  
**Febbraio 2015: 86 U/L (III Ciclo)**  
**Marzo 2015: 108 U/L (IV Ciclo)**

Andamento ALP



Instructions (adopted from (McCaffery, Beebe et al. 1989):  
 "Please indicate the intensity of current, best, and worst pain levels over  
 the last 24 hours on a scale of 0 (no pain) to 10 (worst pain imaginable)"



Reference:  
 McCaffery, M., Beebe, A., et al. (1989). *Pain: Clinical manual for nursing practice*, Mosby St. Louis, MO.

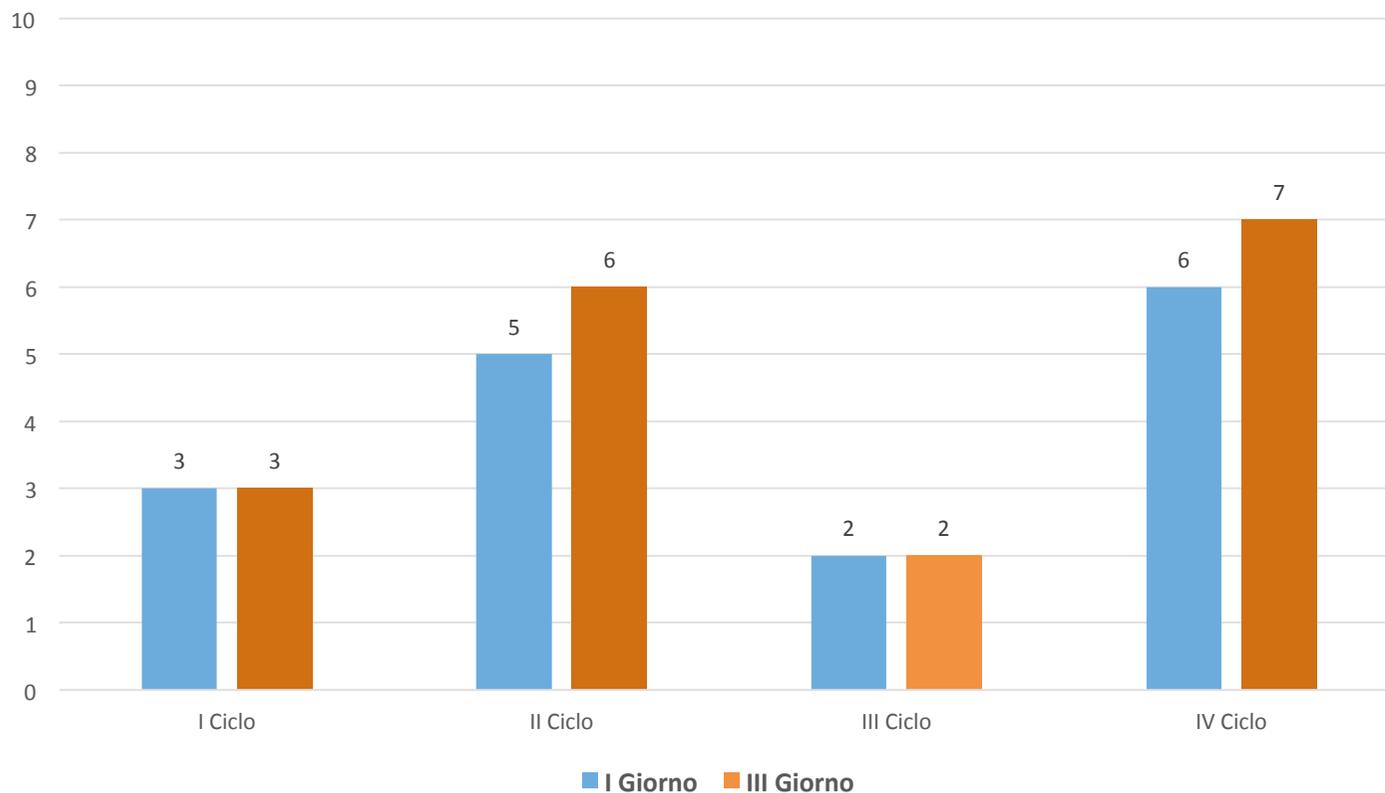


## History

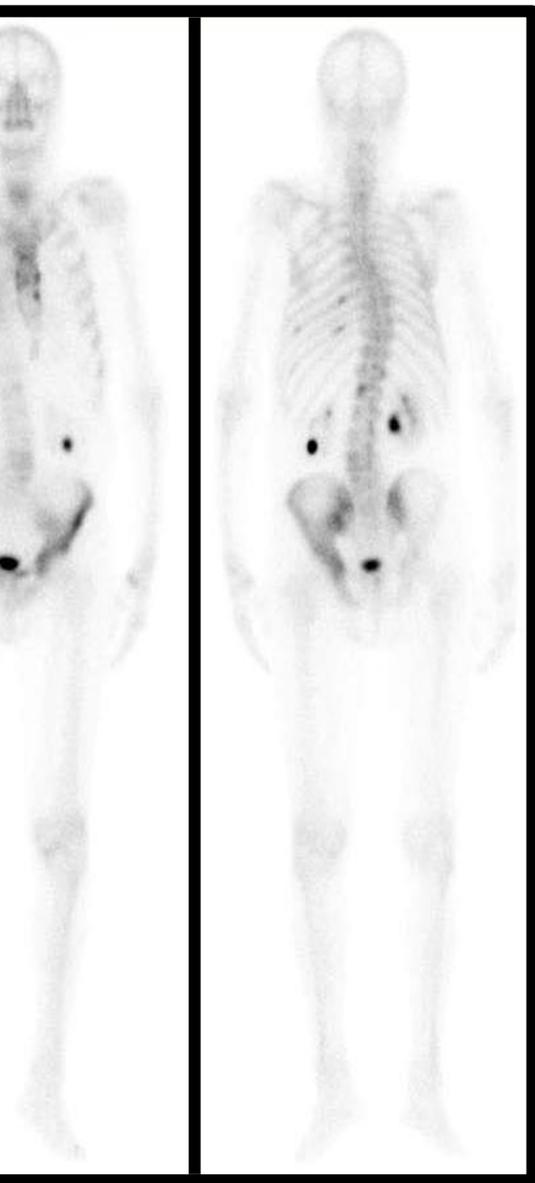
Dicembre 2014 3 (I Ciclo)  
 Dicembre 2014 3 (I Ciclo)  
 Maggio 2015 5 (II Ciclo)  
 Maggio 2015 6 (II Ciclo)  
 Maggio 2015 2 (III Ciclo)  
 Maggio 2015 2 (III Ciclo)  
 Ottobre 2015 6 (IV Ciclo)  
 Ottobre 2015 7 (IV Ciclo)



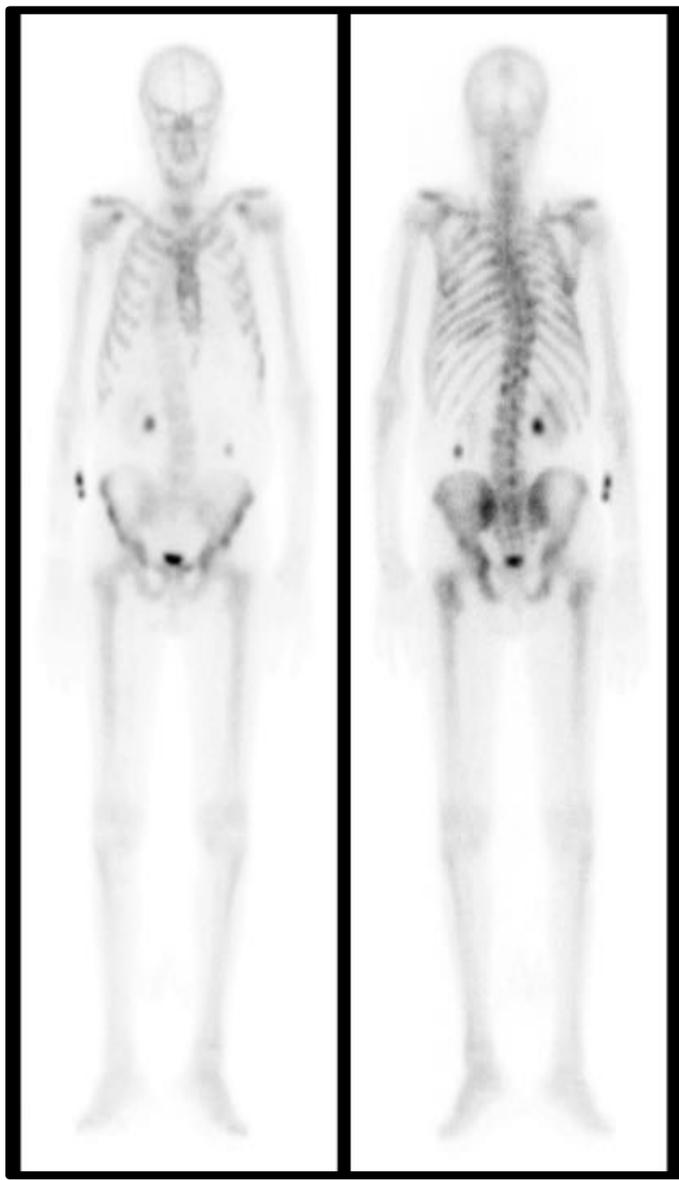
## NRS PAIN SCALE



**Pre-Trattamento**



**Controllo Dopo III Ciclo**



**A.M. 75 Anni**

**Gleason 4+5**

**No Evidenza Malattia Viscerale**

**Terapia Antalgica ASA, Durogesic**

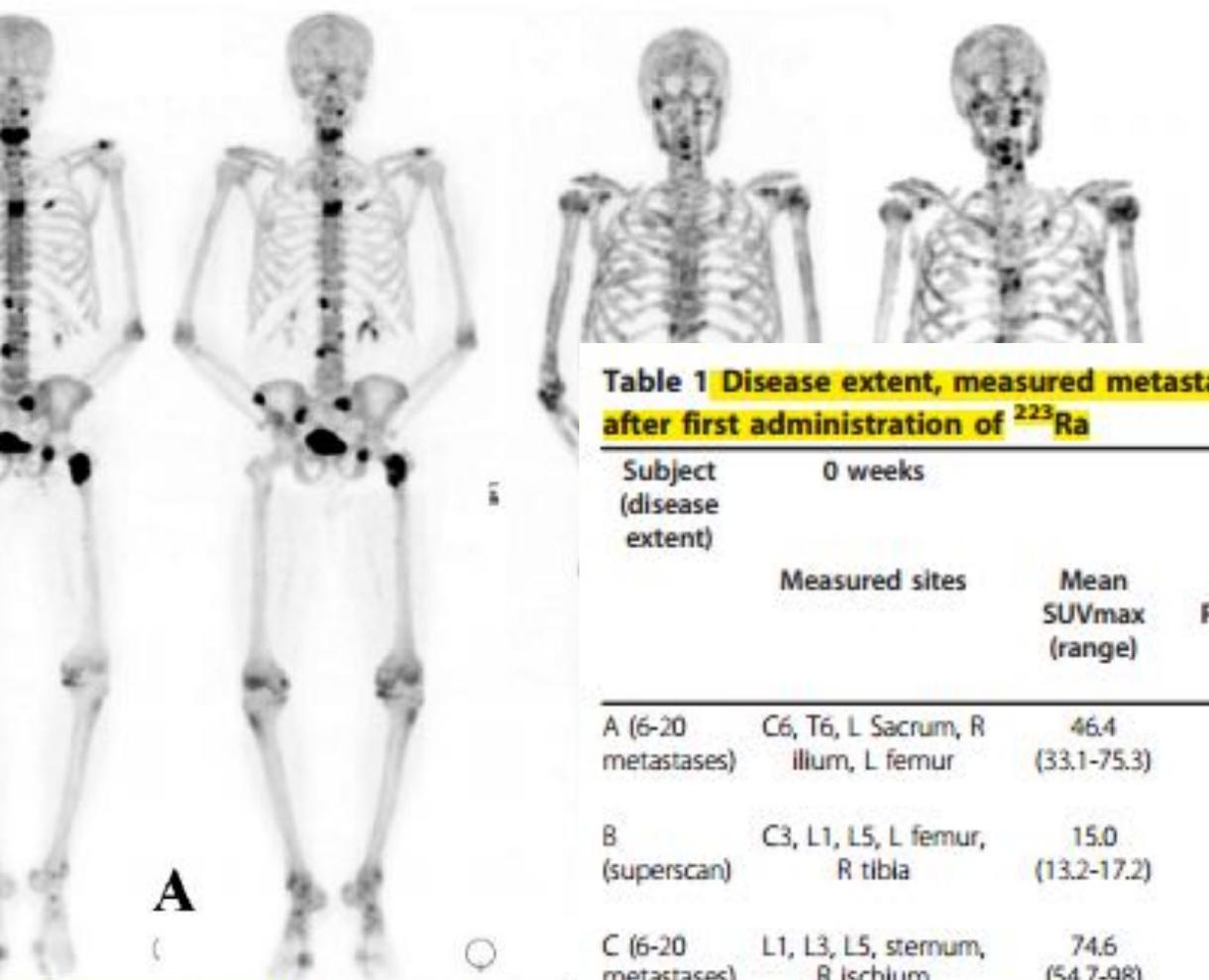
**Maggior Espressione del dolore al Femore**

**In terapia con 223Ra-Cl da Dicembre 2014**

**Marzo 2015 (1 ciclo ogni 4 settimane circa)**



# Fluoride PFT: changes in uptake as a method



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:4  
1/1/4

**Table 1 Disease extent, measured metastatic sites and changes in mean SUVmax, PSA and ALP at 6 and 12 weeks after first administration of <sup>223</sup>Ra**

Subject (disease extent)	0 weeks			6 weeks			12 weeks		
	Measured sites	Mean SUVmax (range)	Baseline PSA (ng/ml)	Baseline ALP (U/L)	SUV (range) [% of baseline]	PSA [% of baseline]	ALP [% of baseline]	SUV (range) [% of baseline]	PSA [% of baseline]
A (6-20 metastases)	C6, T6, L Sacrum, R ilium, L femur	46.4 (33.1-75.3)	370	118	31.3 (26.5-40.5) [67.5%]	210 [56.8%]	47 [39.8%]	22.1 (16.7-28.2) [47.6%]	207 [55.9%]
B (superscan)	C3, L1, L5, L femur, R tibia	15.0 (13.2-17.2)	508	761	16.0 (11.9-21.1) [106.7%]	459 [90.4%]	332 [43.6%]	3.7 (2.9-4.8) [24.7%]	350 [68.9%]
C (6-20 metastases)	L1, L3, L5, sternum, R Ischium	74.6 (54.7-98)	78	129	66.7 (51.3-76.7) [89.4%]	92 [117.9%]	85 [65.9%]	38.2 (26.5-46.9) [51.2%]	57 [73.1%]
D (>20 metastases)	Skull, L scapula, T11, L3, L ilium	27.5 (20.3-35.4)	551	89	25.3 (20.6-29.5) [92%]	674 [122.3%]	53 [59.6%]	30.7 (21.1-59.4) [111.6%]	607 [110.2%]
E (superscan)	Skull, T12, L3, R ilium, R femur	22.3 (11.4-28.6)	254	393	20.3 (11-25) [91%]	273 [107.5%]	406 [103.3%]	18.8 (9.8-24.8) [84.3%]	298 [117.3%]

**Qualitative response assessment.** Maximum intensity projection (MIP) showing significant qualitative change.

# Monitoraggio del Trattamento con $^{223}\text{Ra}$ Radiocloruro nel Paziente mCRPC Sintomatico Stato Dell'Arte



**Valutazione dolore:**  
Presente, indicatore clinico affidabile

Alta valenza

Principale marker

**Immunoscintigrafia Scheletrica:**  
Necessaria attenta valutazione, a fine  
di trattamento, salvo chiari segni di  
progressione.

**Standardizzazione dell'Imaging:**  
Mancanza di criteri standardizzati

- Il trattamento va protratto fino all'insorgenza di eventuali gravi effetti collaterali o deterioramento clinico
- Prendere in considerazione tutti i segni e sintomi clinici disponibili
- Valutare il paziente nella sua globalità