







Gruppo Interregionale Piemonte, Liguria e Valle d'Aosta



### SBRT nel distretto addome-pelvi:

- Tumori del fegato:
  - Metastasi epatiche
  - HCC
- Tumore del pancreas
- Tumore della prostata



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#### Liver metastases: background

- Early diagnosis of metastatic disease is improved and prevalence of oligometastatic patients is increasing
- The liver is a common site of metastases for gastrointestinal, lung and breast cancers

• In colorectal cancer 30% to 70% of patients will develop liver metastases, often isolated or associated with limited metastatic foci of disease.

Hoyer, I. J. Rad Onc Biol Phys, 2012 Comito T et al, I. BMC Cancer. 2014

# Surgery

- The introduction of modern chemotherapy regimens has improved the PFS and only minimally the OS, with a limited local control of disease
- Surgical resection of CRC liver metastases improves overall survival

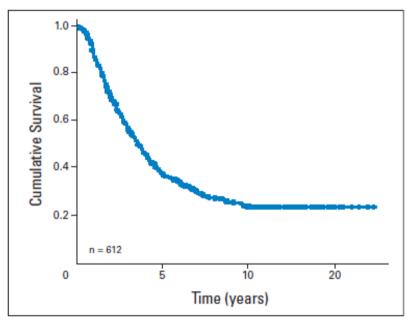


Fig 1. Kaplan-Meier plot of disease-specific survival for 612 patients with potential 10-year follow-up who underwent resection of colorectal liver metastases from 1985 to 1994 at Memorial Sloan-Kettering Cancer Center.

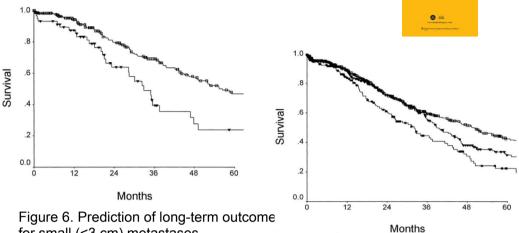
- 1 year rates of 90-95%
- 5-year rates of 30-60%
- median OS of 40-53 months

Fong Y. et al. (1995) CA Cancer J.Clin. Tomlison JS et al. (2007) JCO Simmonds P.C. et al. (2006) Br.J.Cancer Lam VW et al., (2013) J Gastrointest Surg.

#### Clinical Score for Predicting Recurrence After Hepatic Resection for **Metastatic Colorectal Cancer Analysis of 1001 Consecutive Cases**

Table 4. MULTIVARIATE PREDICTORS OF RECURRENCE

	Hazard	Coefficient	р
Positive margin	1.7	0.5	0.004
Extrahepatic disease	1.7	0.5	0.003
>1 tumor	1.5	0.4	0.0004
Carcinoembryonic antigen >200 ng/ml	1.5	0.4	0.01
Size >5 cm	1.4	0.3	0.01
Node-positive primary	1.3	0.28	0.02
Disease-free interval <12 months	1.3	0.25	0.03
Bilateral tumor	0.9	-0.1	0.4



for small (<3 cm) metastases.

Survival after hepatic resection for colorectal metastases as related to number of liver tumors.

#### Actual 10-Year Survival After Resection of Colorectal Liver Metastases Defines Cure

James S. Tomlinson, William R. Jarnagin, Ronald P. DeMatteo, Yuman Fong, Peter Kornprat, Mithat Gonen, Nancy Kemeny, Murray F. Brennan, Leslie H. Blumgart, and Michael D'Angelica



SURGERY

#### **Patients selection**

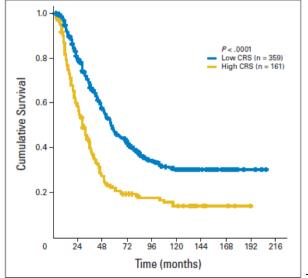


Fig 2. Kaplan-Meier plots of disease-specific survival stratified by low-risk clinical risk score (CRS; top curve) and high-risk CRS (bottom curve).



# **Surgery for non-CRC Liver metastases**

The role of non-CRC liver metastases ablation was often controversial



#### Hepatic Resection for Noncolorectal Nonendocrine Liver Metastases

Analysis of 1452 Patients and Development of a Prognostic Model

René Adam, MD, PhD, Laurence Chiche, MD, Thomas Aloia, MD, Dominique Elias, MD, PhD, Rémy Salmon, MD, Michel Rivoire, MD, Daniel Jaeck, MD, Jean Saric, MD, Yves Patrice Le Treut, MD, Jacques Belghiti, MD, Georges Mantion, MD, Gilles Mentha, MD, and the Association Française de Chirurgie

All patients	1452	36	35
Group 1: 5-yr survival >30%			
Adrenal	28	66	63
Testicular	78	51	82
Ovarian	65	50	98
Small bowel	28	49	58
Ampullary	15	46	38
Breast	454	41	45
Unknown	28	38	30
Renal	85	38	36
Uterine	43	35	32
Group 2: 5-yr survival 15%-30%			
Gastric adenocarcinoma	64	27	15
Exocrine pancreatic	40	25	20
Cutaneous melanoma	44	22	27
Choroid melanoma	104	21	19
Duodenal	12	21	34
Group 3: 5-yr survival <15%			
Gastroesophageal junction	25	12	14
Pulmonary	32	8	16
Esophageal	20	32*	16
Head and neck	15	24*	18



#### Hepatic Resection for Noncolorectal Nonendocrine Liver Metastases

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treatments. In current practice, liver surgery for noncolorectal nonendocrine metastases should be considered only when the metastatic disease is well controlled or responding to systemic therapy. When applied in these situations, surgery may be able to offer selected patients a real benefit in long-term survival.

- Only 10-60% of patients were suitable to surgical resection because of
  - technical difficulties
  - unfavourable tumour factors
  - patients co-morbiditities

Category	Contraindication
Technical (A)	
1. Absolute	Impossibility of R0 resection with ≥25%-30% liver remnant
	Presence of unresectable extrahepatic disease
2. Relative	R0 resection possible only with complex procedure (portal vein embolization, two-stage hepatectomy, hepatectomy combined with ablation <sup>a</sup> )
	R1 resection
Oncological (B)	
1.	Concomitant extrahepatic disease (resectable)
2.	Number of lesions ≥5
3.	Tumor progression
B3. This classification of unresectable patient	categorized as A1 or A2/B1, B2, or may help to clearly define the type s included in all clinical trials. including radiofrequency ablation.

Table 2. Contraindications to hepatic resection in patients with colorectal cancer liver metastases

Contraindication

Adam, de Gramont (2012) The Oncologist. Fong Y. et al. (1995) CA Cancer J.Clin. Simmonds P.C. et al. (2006) Br.J.Cancer Lam VW et al., (2013) J Gastrointest Surg.

Category



- Radiofrequency ablation (RFA) is the most valid alternative to surgery:
  - local control rates of 90-98%
  - 1, 2 and 5-year survival rates of 87%-70% and 34%,
  - median overall survival of 25 months
- Limits:
- lesions higher than 3 cm of diameter
- lesions located in proximity of major blood vessels, main biliary tract, gallbladder or just beneath the diaphragm

# liver metastases treatment: is there an alternative?

Kemeny N. et al, Oncology 2006 Shen A et al, J Gastroenterol Hepatol. 2013

# Liver metastases treatment: RT could be an alternative?

The **liver tissue low tolerance to irradiation** involves the risk of the radiation-induced liver disease



**RILD** (2 weeks to 4 months after RT)

- anicteric ascites
- •elevation of alkaline phosphatase and liver transaminases
- •liver failure
- death

According to the radiobiological model and the liver parallel architecture....



... The risk of RILD is proportional to the **mean radiation dose** delivered to normal liver tissue

Song, Choi et al, IJROBP 2010
Tai et al, IJROBP 2009 - Sawrie et al, Cancer Control 2010
Pan CC, Kavanagh BD, Dawson LA, IJROBP, 2010 (suppl)

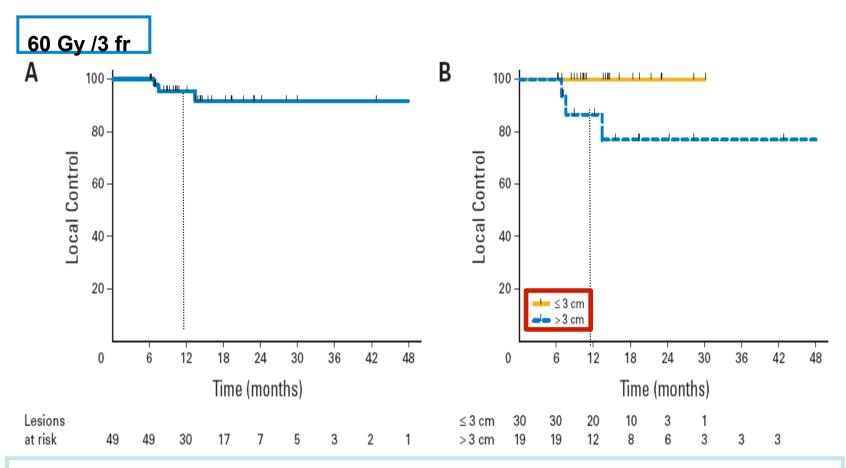
...It should be possible the safely liver irradiation with adequate dose constraints for normal liver (minimum volume of 700mL should receive a total dose less than 15 Gy)

# Liver metastases treatment: SBRT could be an alternative?

Table 1 Prospective clinical trials in the literature studying stereotactic ablative radiotherapy in liver metastases and their results

Ref.	Design	No of patients	Tumor size	SABR dose	Toxicity	Outcomes
Scorsetti et al <sup>[15]</sup>	Phase II	61 (76 tumors)	1.8-134.3 cm <sup>3</sup>	75 Gy in 3	No case of RILD. Twenty-six percent	1-yr LC94, 22-mo LC
	(preliminary		(mean 18.6 cm <sup>3</sup> )	fractions	had grade 2 transaminase increase	90.6%
	report)				(normalised in 3 mo). Grade 2 fatigue	
					in 65% patients, one grade 3 chest wall	
					pain which regressed within 1 year.	
Goodman et al <sup>[16]</sup>	Phase I (HCC	26 (19 liver	0.8-146.6 mL	Dose escalation,	No dose-limiting toxicity	1-yr local failure, 3%
	and liver	mets)	(median, 32.6	18-30 Gy (1 fr)	4 cases of Grade 2 late toxicity (2 GI, 2	2-yr OS, 49% (mets only)
	mets)		mL)		soft tissue/rib)	
Ambrosino et al <sup>[17]</sup>	Prospective	27	20-165 mL	25-60 Gy (3 fr)	No serious toxicity	Crude LC rate 74%
	cohort		(median, 69 mL)			
Lee et al[18]	Phase I-II	68	1.2-3090 mL	Individualized	No RILD, 10% Grade 3/4 acute	1-yr LC, 71% Median
			(median, 75.9	dose, 27.7-60 Gy	toxicity	survival, 17.6 mo
			mL)	(6 fr)	No Grade 3/4 late toxicity	
Rusthoven et al <sup>[19]</sup>	Phase I-II	47	0.75-97.98 mL	Dose escalation,	No RILD, Late Grade ¾ < 2%	1-yr LC, 95%
			(median, 14.93	36-60 Gy (3 fr)		2-yr LC, 92%
			mL)			Median survival, 20.5 mo
Høyer et al <sup>[10]</sup>	Phase II (CRC	64 (44 liver	1-8.8 cm (median	45 Gy (3 fr)	One liver failure, two severe late GI	2-yr LC, 79% (by tumor)
	oligomets)	mets)	3.5 cm)		Toxicities	and 64% (by patient)
Méndez Romero	Phase I-II	25 (17 liver	1.1-322 mL	30-37.5 Gy (3 fr)	Two Grade 3 liver toxicities	2-yr LC, 86%
et al <sup>[20]</sup>	(HCC and	mets)	(median, 22.2			2-yr OS, 62%
	mets)		mL)			
Herfarth et al <sup>[21]</sup>	Phase I-II	35	1-132 mL	Dose escalation,	No significant toxicity reported	1-yr LC, 71%
			(median, 10 mL)	14-26 Gy (1 fr)		18-mo LC, 67%
						1-yr OS, 72%

#### Correlation between dose prescription and tumor size



For lesion diameter > 3cm, a prescription dose of >60 Gy should be considered.

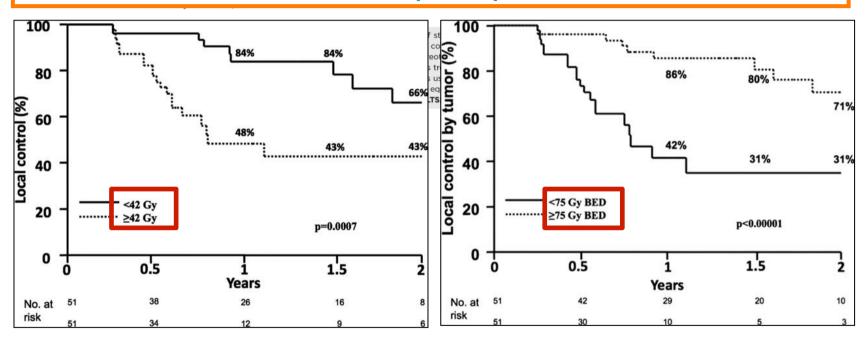


Original Article

# Stereotactic Body Radiotherapy for Colorectal Liver Metastases

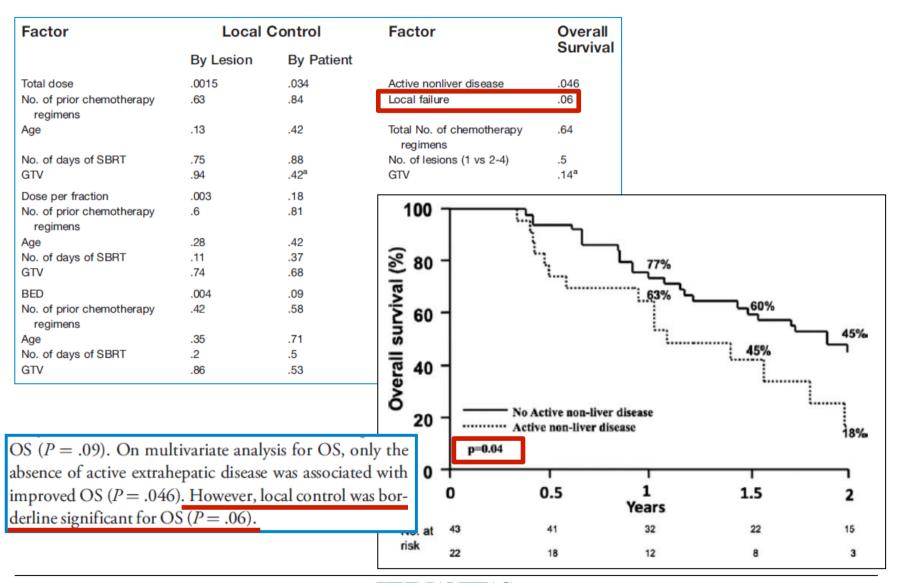
A Pooled Analysis

#### **Correlation between dose prescription and local control**



for 1-year local control >90% is 46 to 52 Gy in 3 fractions. **CONCLUSIONS:** Liver stereotactic body radiotherapy is well tolerated and effective for colorectal liver metastases. The strong correlation between local control and OS supports controlling hepatic disease even for heavily pretreated patients. For a 3-fraction regimen of stereotactic body radiotherapy, a prescription dose of  $\ge 48$  Gy should be considered, if normal tissue constraints allow. *Cancer* 

#### **Correlation between dose prescription and OS**



# Liver SBRT: our phase II study



Is Stereotactic Body Radiation Therapy an Attractive Option for Unresectable Liver Metastases? A Preliminary Report From a Phase 2 Trial

Marta Scorsetti, MD,\* Stefano Arcangeli, MD,\* Angelo Tozzi, MD,\* Tiziana Comito, MD,\* Filippo Alongi, MD,\* Pierina Navarria, MD,\* Pietro Mancosu, MSc,\* Giacomo Reggiori, MSc,\* Antonella Fogliata, MSc,‡ Guido Torzilli, MD,† Stefano Tomatis, MSc,\* and Luca Cozzi, PhD‡

#### **INCLUSION CRITERIA:**

- Unresectable liver metastases
  - Maximum tumor diameter < 6cm
- ≤ 3 discrete lesions
- Performance status 0-2
- Good compliance to treatment

#### **END POINTS:**

Primary: in-field local control

Secondary: toxicity and overall survival

Table 1 Baseline patient and treatment characteristics			
Characteristic	n	%	
No. of patients	61		
Male	26	42.6	
Female	35	57.4	
Median age, y	65	-	
Range	39-87		
No. of liver lesions			
1	48	78.7	
2	11	18.0	
3	2	3.3	
Primary			
Colorectal	29	47.5	
Breast	11	18.0	
Gynecological	7	11.5	
Other	14	22.9	
Time since diagnosis, mo			
≤12	35	57.4	
>12	26	42.6	
No. of prior systemic treatn	_		
0	10	16.4	
1	15	24.6	
2	13	21.3	
3	14	22.9	
≥4	9	14.7	
Presence of stable extrahepa			
Yes	21	34.4	
No	40	65.6	
Prior liver-directed therapy			
Yes	28	45.9	
Surgery	21	75	
RFA	2	7	
Both	5	19	
No	33	54.1	

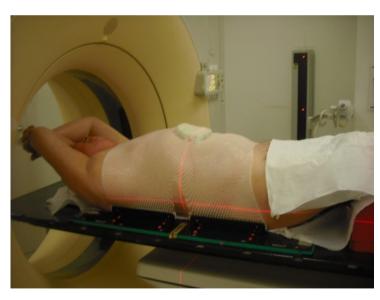
# February 2010- September 2011

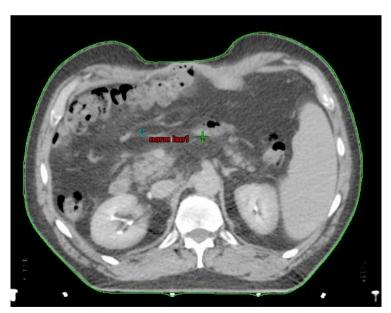
#### Median FU 12 months

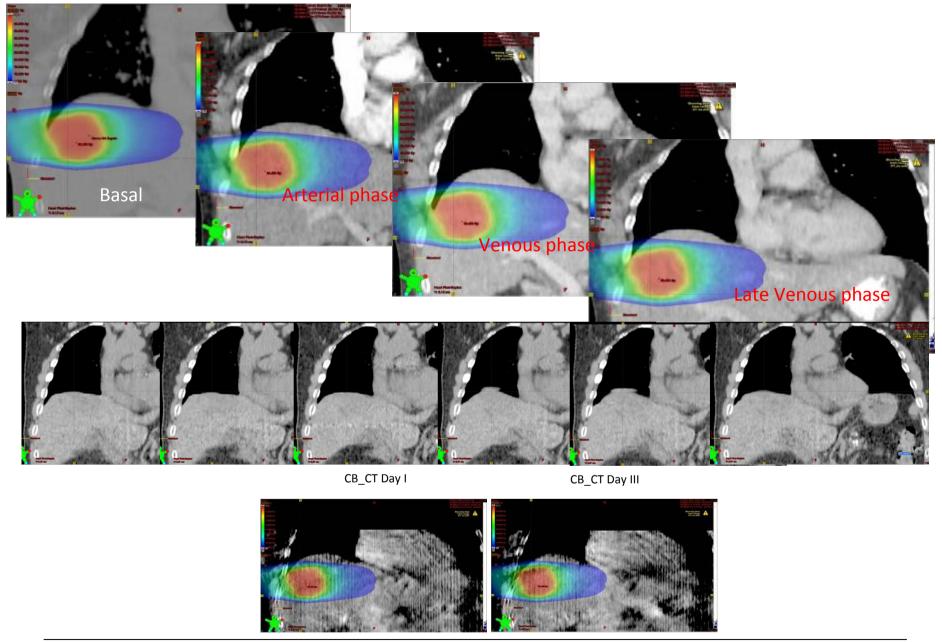
Treatment	No. of lesions	%
Lesion diameter (mm)		
≤30 mm	45	59.2
>30 mm	31	40.8
CTV volume (cm <sup>3</sup> )		
Mean $\pm$ SD	$18.6 \pm 22.7$	
Range	1.8-134.3	
PTV volume (cm <sup>3</sup> )		
Mean	$54.9 \pm 41.998$	
Range	7.7-209.4	
Dose prescription (per lesi	ion)	
Full dose (75 Gy)	62	82
90% (67.5 Gy)	6	8
80% (60 Gy)	4	5
70% (52.5 Gy)	4	5
Abbreviations: CTV = cl	inical target volume; PTV	= planning
target volume; RFA = radiof	requency ablation.	



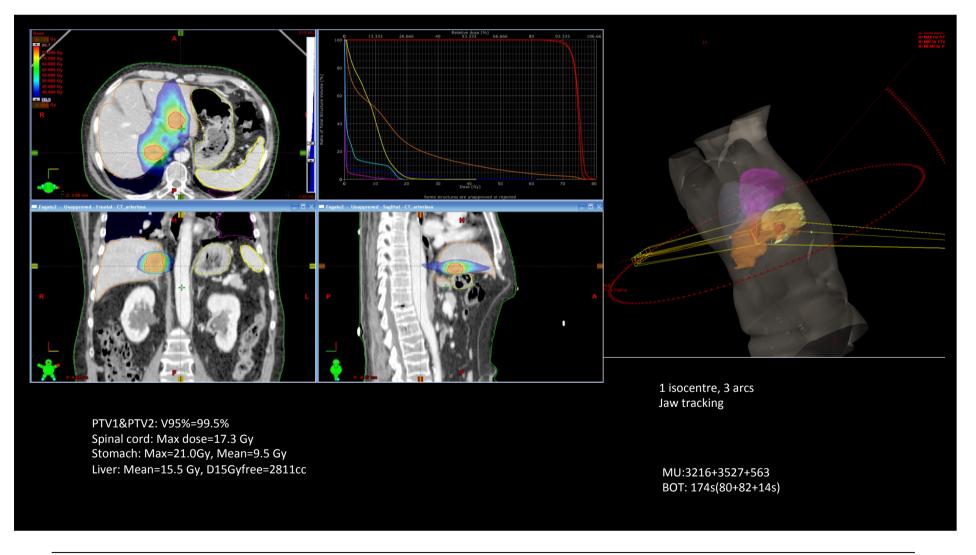




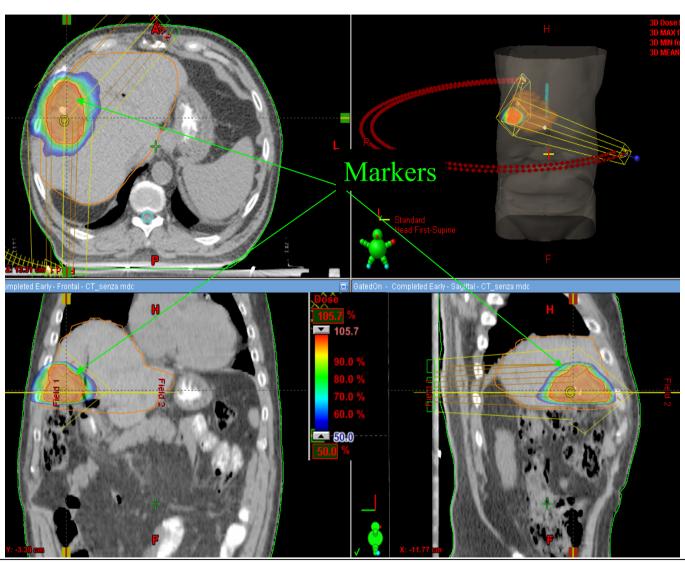




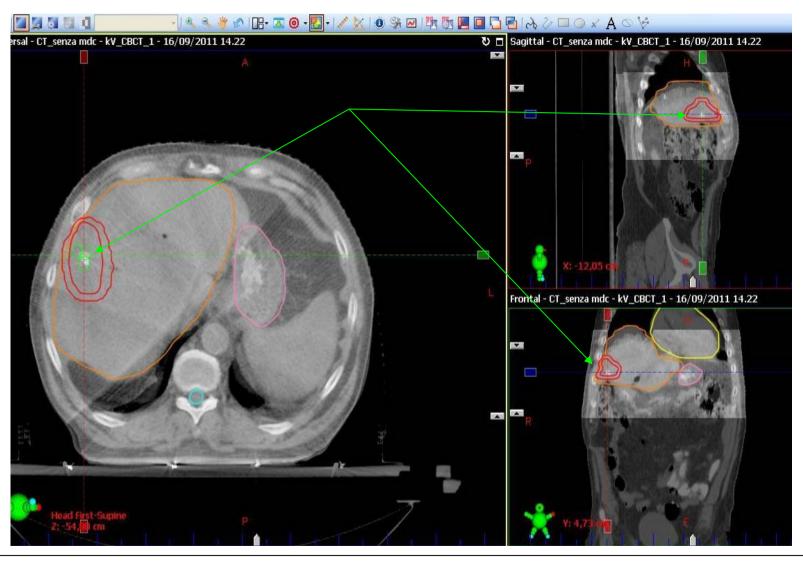
# SBRT liver: 25Gy x 3; 10FFF; DR 2400

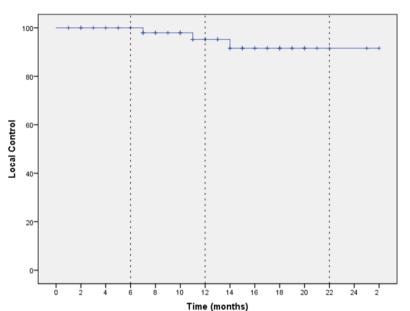


# **CLIPS AS FIDUCIAL MARKERS**



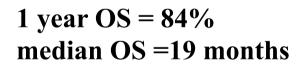
#### **CLIPS AS FIDUCIAL MARKERS**

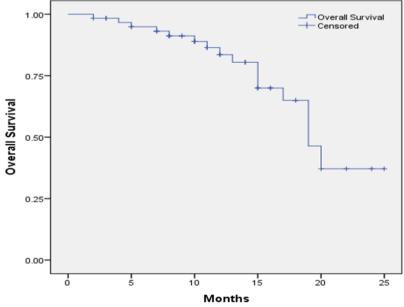




#### 1 year Local Control: 94%

A subgroup analysis for lesions with diameter < 3 cm compared with those > 3 cm revealed no statistical differences in local control rates (p=0.90)





#### **ACUTE TOXICITY:**

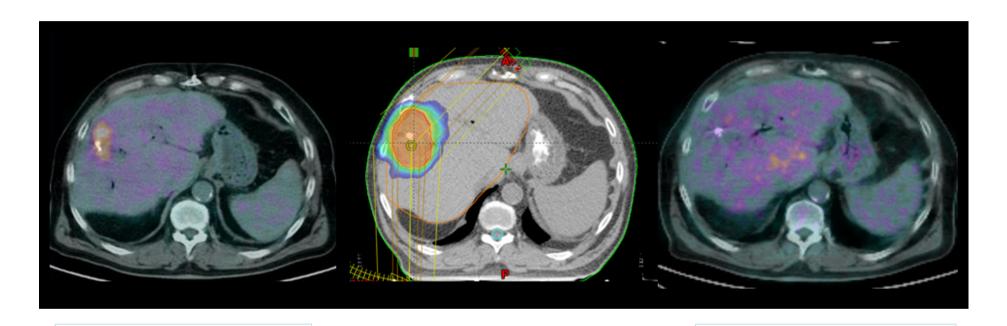
- G2 toxicity (vomiting, skin erythema and pain) 4%
- G2 transient transaminase increase 26%
- No G3-G4 or G5 toxicity observed

#### **LATE TOXICITY:**

One case of G3 chronic chest wall pain

**NO RILD** 

# Patient treated with SBRT for local relapse after hepatic surgery for colorectal metastasis



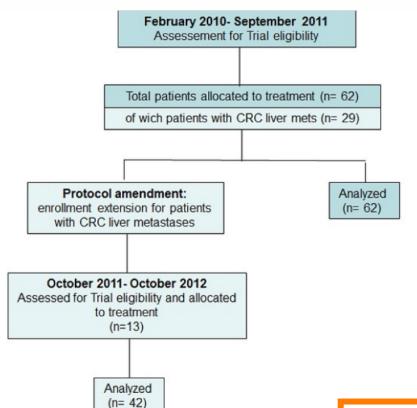
PET –CT pre-treatment, CEA 72

PET –CT post-treatment CEA 2.2

#### Final results of a phase II trial for stereotactic body radiation therapy for patients with inoperable liver metastases from colorectal cancer



Marta Scorsetti · Tiziana Comito · Angelo Tozzi · Pierina Navarria · Antonella Fogliata · Elena Clerici · Pietro Mancosu · Giacomo Reggiori · Lorenza Rimassa · Guido Torzilli · Stefano Tomatis · Armando Santoro · Luca Cozzi



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#### **END POINTS:**

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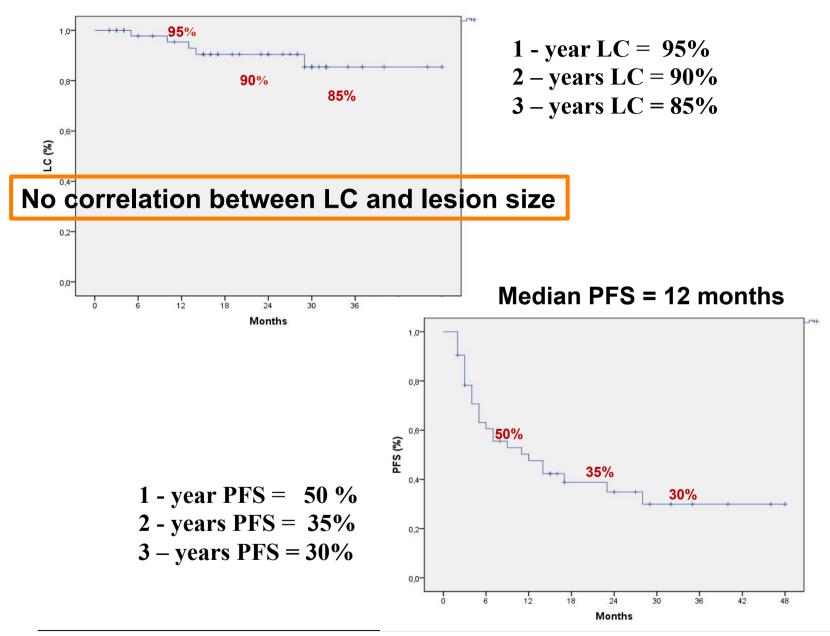
Prescription dose was 75Gy in 3 fractions

Patients number	42
ratients number	72
Mean age (range)y	67 (43–87)
Sex (M:F)	36:6
Primary	
Colon	30 (71%)
Rectum	12 (29%)
TNM Primary Classification	, ,
T1	2 (5%)
T2	9 (21)
Т3	28 (67%)
T4	3(7%)
N0	21 (50%)
N1-2	21 (50%)
M1	17 (40%)
Only liver	15 (88%)
Liver and lung	2 (12%)
Timing of liver metastases	
Synchronous (DFI ≤ 12 months)	20 (47.6%)
Metachronous (DFI > 12 months)	22 (52.4%)
Previous local treatments	
Surgery	17 (40%)
RFA or other	4 (9.5%)
Systemic treatments	
Pre-SBRT chemotherapy	42 (100%)
Post-SBRT chemotherapy	6 (14%)
Time of SBRT since diagnosis	
<12 mo	3 (7 %)
>12 mo	39 (93%)

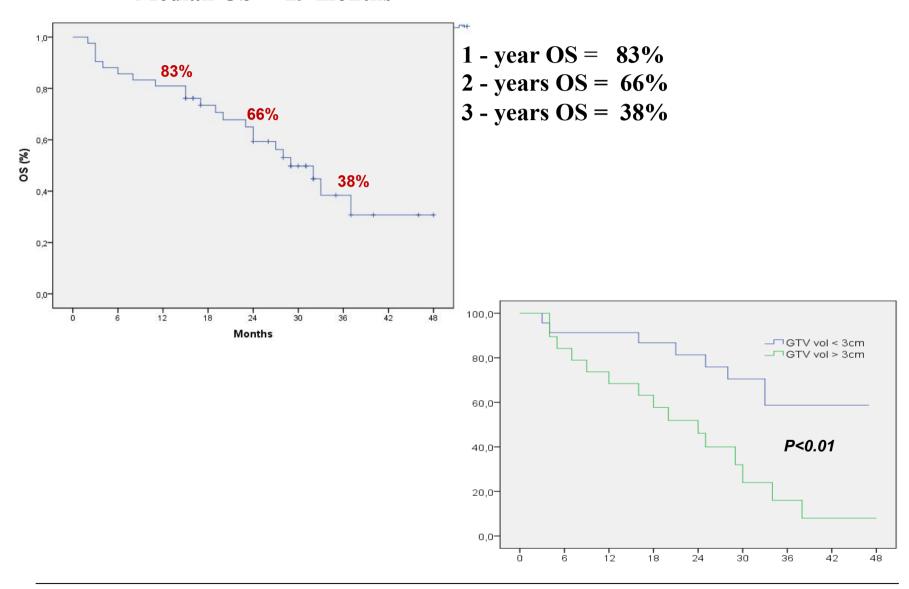
February 2010- October 2012

# Median FUP 24 months (4-48 months)

Number of lesions treated	52	
Number of lesions for patients		
1	34 (81%)	
2	5 (12%)	
3	3(7%)	
Size of lesions		
< 3 cm	28 (55%)	
> 3 cm	24 (45%)	
Mean volume (range) [cm³]		
CTV	18.6 ± 22.03 (1.8-134.3)	
PTV	54.90 ± 41.90 (7.7-909.10)	



#### Median OS = 29 months

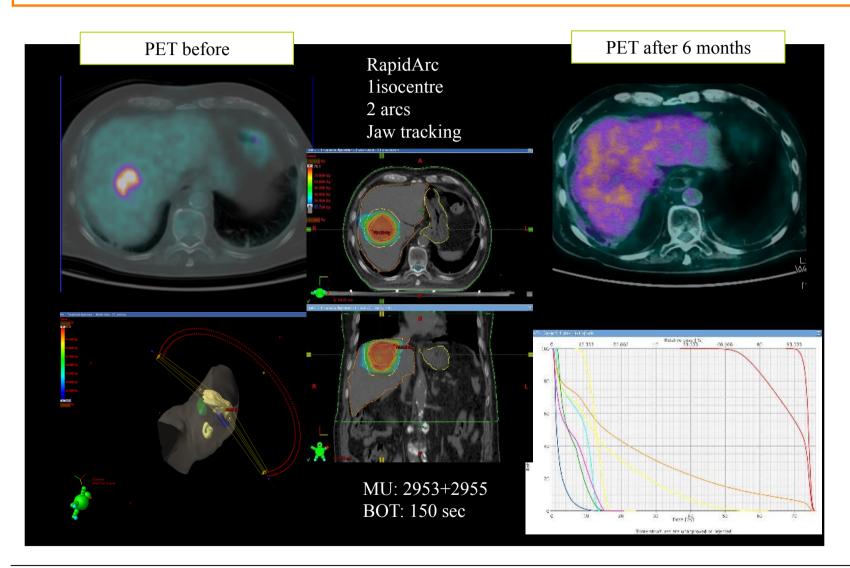


**ACUTE and LATE TOXICITY:** 

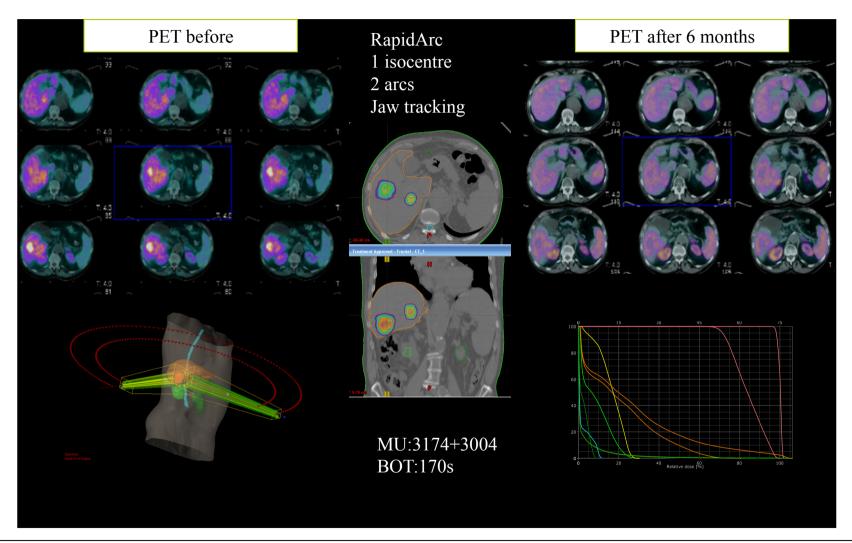
No G3-G4 or G5 toxicity observed

**No RILD** 

### Patient treated with SBRT for inoperable colorectal liver metastasis



#### Patient treated with SBRT for two colorectal liver metastasis



### Liver metastases: conclusions

#### **Current evidence of SBRT in liver metastases:**

- Feasibility: Non invasive and low toxicity
- Efficacy: Acceptable local control rate

#### Stereotactic body radiation therapy for liver metastases

Journal of Gastrointestinal Oncology 2014

Marta Scorsetti, Elena Clerici and Tiziana Comito

Selection criteria for SBRT				
Patients categories				
uitable	Cautionary	Unsuitable		
<3	4	>4		
1-3	>3 and ≤6	>6		
>8	5-8	<5		
Child A	Child B	Child C		
>1,000	<1,000 and ≥700	<700		
	suitable <3 1-3 >8 Child A	Patients categor  Suitable Cautionary  <3 4  1-3 >3 and ≤6  >8 5-8  Child A Child B		

#### Liver metastases: conclusions

### **Future directions:**

- 1. Selection of patients with favourable prognosis to evaluate the impact on survival
- 2. Comparative RCTs with other local procedures (SR and RF)
- 1. Association with chemo\target therapy
- 2. Multidisciplinary Integration of therapy



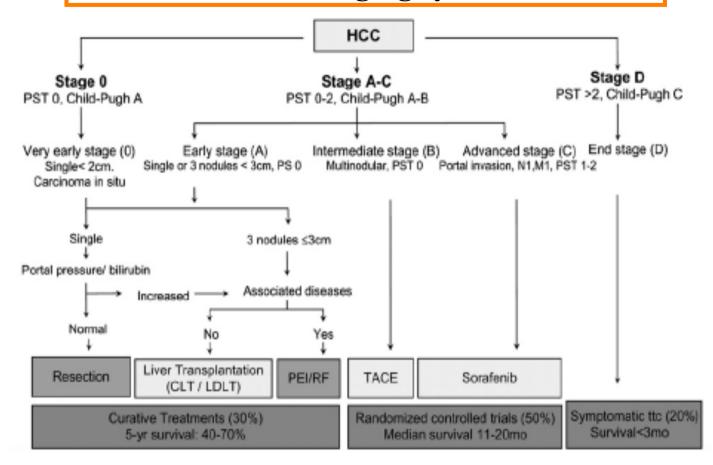
# SBRT nel distretto addome-pelvi:

- Tumori del fegato:
  - Metastasi epatiche
  - HCC
- Tumore del pancreas
- Tumore della prostata

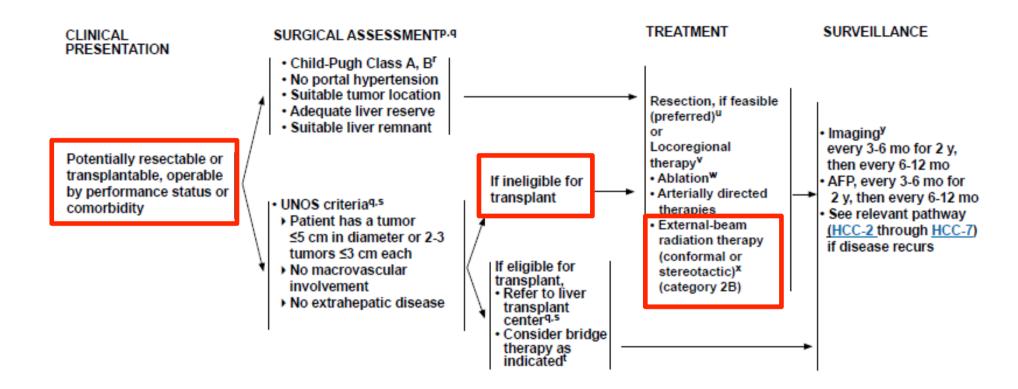
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Radioterapia e Radiochirurgia. Humanitas Clinical and Research Center tiziana.comito@humanitas.it

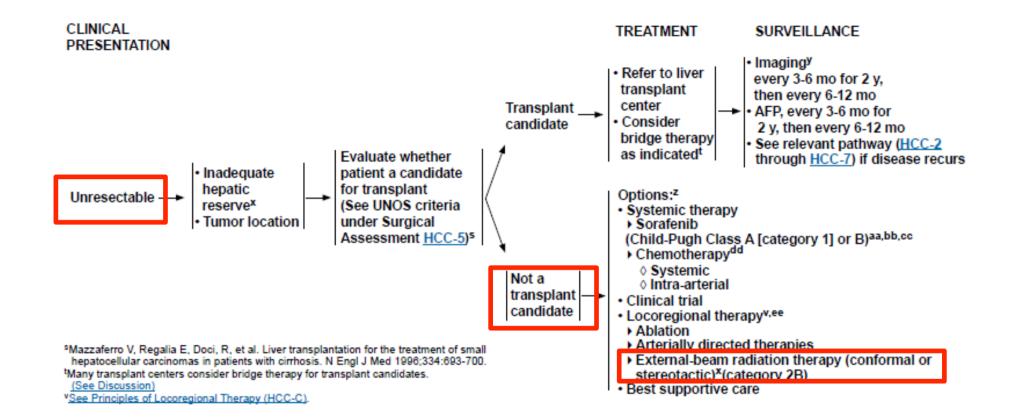
# **BCLC** staging system



# Comprehensive NCCN Guidelines Version 2.2014 Cancer Hepatobiliary Cancers

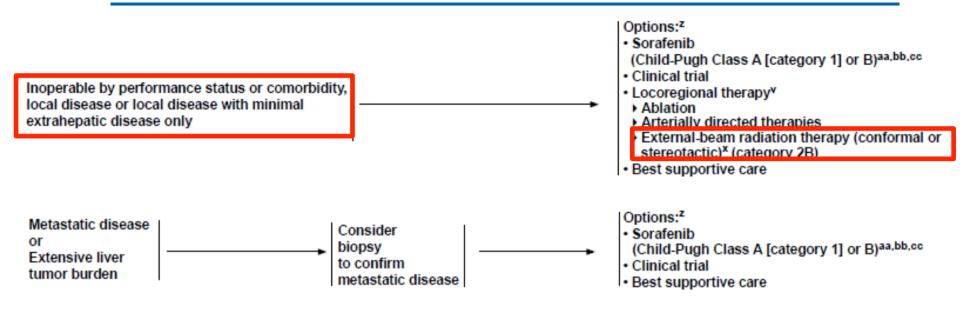


# Comprehensive NCCN Guidelines Version 2.2014 Cancer Hepatobiliary Cancers



# Comprehensive NCCN Guidelines Version 2.2014 Cancer Hepatobiliary Cancers

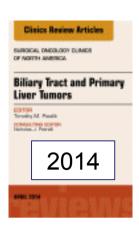
NCCN Guidelines Index Hepatobiliary Cancers Table of Contents Discussion



#### PRINCIPLES OF LOCOREGIONAL THERAPY

#### External-beam radiation therapy (EBRT)

- All tumors irrespective of the location may be amenable to EBRT (Stereotactic body radiation therapy [SBRT] or 3D-conformal radiation therapy).
- SBRT is an advanced technique of EBRT that delivers large ablative doses of radiation.
- There is growing evidence for the usefulness of SBRT in the management of patients with HCC.<sup>17</sup> SBRT can be considered as alternative to the ablation/embolization techniques mentioned above or when these therapies have failed or are contraindicated.
- SBRT is often used for patients with 1-3 tumors. SBRT could be considered for larger lesions or more extensive disease, if there is sufficient uninvolved liver and liver radiation tolerance can be respected. There should be no extrahepatic disease or it should be minimal and addressed in a comprehensive management plan. The majority of data on radiation for HCC liver tumors arises from patients with Child-Pugh A liver disease; safety data are limited for patients with Child-Pugh B or poorer liver function. Those with Child-Pugh B cirrhosis can be safely treated, but they may require dose modifications and strict dose constraint adherence. The safety of liver radiation for HCC in patients with Child-Pugh C cirrhosis has not been established, as there are not likely to be clinical trials available for CP-C patients. The safety of liver radiation for HCC in patients with Child-Pugh C cirrhosis has not been established, as there are not likely to be clinical trials available for CP-C patients.
- Palliative EBRT is appropriate for symptom control and/or prevention of complications from metastatic HCC lesions, such as bone or brain.



# An Emerging Role for Radiation Therapy in the Treatment of Hepatocellular Carcinoma and Intrahepatic Cholangiocarcinoma

Jennifer Y. Wo, MD<sup>a,\*</sup>, Laura A. Dawson, MD<sup>b</sup>, Andrew X. Zhu, MD, PhD<sup>c</sup>, Theodore S. Hong, MD<sup>a</sup>

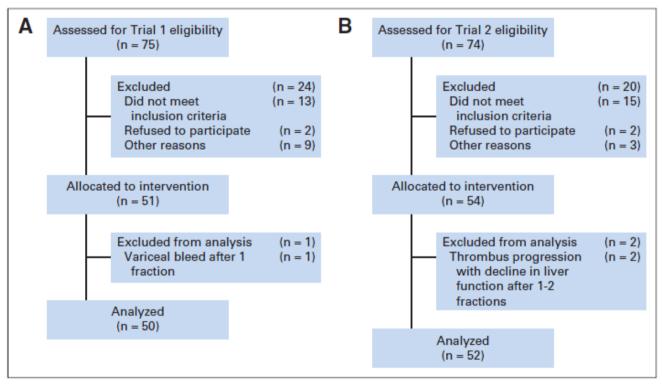
Table 1 Summary of SBRT literature for treatment of primary liver tumors									
Author, Year	Study Design	Number of Patients	Tumor Size	Portal Vein Thrombus (%)	Dose (Gy		Number of Fractions	1-Y Overall Survival (%)	Grade ≥3 Toxicity (%)
Bujold et al, <sup>5</sup> 2013	Phase 1/2	102	Trial 1: no limits Trial 2: maximum dimension 15 cm	55	24–54		6	55	36
Andolino et al, <sup>16</sup> 2011	Retrospective	60	1–6.5 cm	NA	24–48	П	3–5	67 at 2 y	37
Cardenes et al, <sup>17</sup> 2010	Phase 1	17	≤6 cm	18	36–48	П	3–4	75	18
Kwon et al, <sup>18</sup> 2010	Retrospective	42	≤100 mL	0	30–39		3	93	2
Seo et al, <sup>19</sup> 2010	Retrospective	38	<10 cm	NA	33–57		3–4	69	0
Tse et al, <sup>4</sup> 2008	Phase 1	31	9–1913 mL	0	37.5		4	75	29
Méndez Romero et al, <sup>20</sup> 2006	Phase 1/2	8	NA	25	25–30		3–5	75	12.5





#### Sequential Phase I and II Trials of Stereotactic Body Radiotherapy for Locally Advanced Hepatocellular Carcinoma

Alexis Bujold, Christine A. Massey, John J. Kim, James Brierley, Charles Cho, Rebecca K.S. Wong, Rob E. Dinniwell, Zahra Kassam, Jolie Ringash, Bernard Cummings, Jenna Sykes, Morris Sherman, Jennifer J. Knox, and Laura A. Dawson



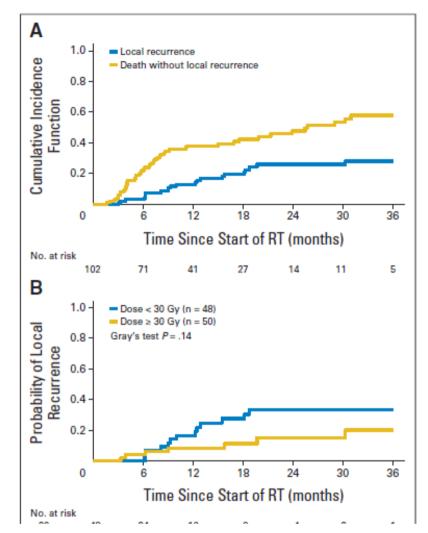
Prescription dose, Gy§

Median

Range

24.0-54.0

	Gra	de 3	Grade 4		Grade 5	
Toxicity	No.	%	No.	%	No.	%
All	27	26.5	3	2.9	7*	6.9
Fatigue	1	1.0	0	0.0	_	
Biochemical†						
Albumin	0	0.0	0	0.0	0	0.0
AST/ALT	11	10.9	0	0.0	_	
Bilirubin	3	3.0	2	2.0	_	
Creatinine	1	1.0	0	0.0	0	0.0
INR	0	0.0	_		_	
Hematologic†						
Hemoglobin	2	2.0	0	0.0	0	0.0
Leukocytes	1	1.0	0	0.0	0	0.0
Platelets	9	9.0	0	0.0	0	0.0
GI						
Cholangitis	0	0.0	0	0.0	1	1.0
Gastritis/GI bleed	1	1.0	0	0.0	1	1.0
Liver failure	1	1.0	1	1.0	5*	4.9
Nausea/vomiting	1	1.0	0	0.0	0	0.0
Pain (RUQ/chest wall)	1	1.0	0	0.0	_	
Proportion of patients with CTP deterioration, without progressive disease, %						
3 months						
Score	46					
Class			29	9		
12 months						
Score			17	7		
Class	6					



and extrahepatic disease was present in 12%. LC1y was 87% (95% CI, 78% to 93%). SBRT dose (hazard ratio [HR] = 0.96; P = .02) and being in Trial 2 (HR = 0.38; P = .03) were associated with LC1y on univariate analysis. Toxicity  $\geq$  grade 3 was seen in 30% of patients. In seven patients (two with TVT PD), death was possibly related to treatment (1.1 to 7.7 months after SBRT). Median overall survival was 17.0 months (95% CI, 10.4 to 21.3 months), for which only TVT (HR =

### **HCC:** Humanitas Experience

#### **INCLUSION CRITERIA:**

- ✓ Unsuitable for resection, TACE, RFA or alcohol ablation.
- ✓ Maximum tumor diameter < 8cm
- $\checkmark \le 3$  discrete lesions
- ✓ Performance status 0-2
- ✓ Child-Turgotte-Pugh A or B liver score
- ✓ Absence of clinical ascites, encephalopathy, active hepatitis or gastric, duodenal or variceal bleed within 2 months of SBRT start.
- ✓ No concomitant chemotherapy.

#### **Treatment characteristics**

February 2011 and April 2014: 54 patients

Treatment charateristics	Value				
No. of lesions	82				
No. of lesions per patient	1 for 31 pts (57%) 2 for 18 pts (34%) 3 for 5 pts (9%)				

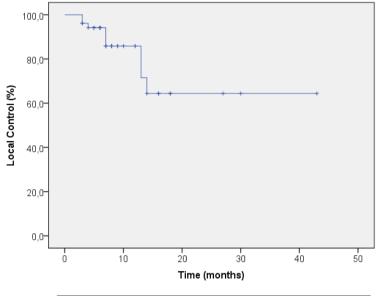
Dose prescription	Lesions
48-75 Gy/3fr	30 (37 %)
36-45 Gy/6fr	33 (40 %)
40-50 Gy/10fr	19 (23 %)

Dose prescription and fractionation were according to lesions size and liver function.

#### **SBRT for HCC: Patients characteristics**

43				
72 (46–87)		Madian ELID 9 ma		
31:12		Median FUP 8 mo	onins (range 3-43)	
23 (53%)				
20 (47%)				
2 (4%)				
* *				
	Number of	lesions treated	63	
(,	Dunanindia			
10 (44%)	Prescription	1 dose		
	48-75 Gv	7/3fr	30 (48 %)	
	******	~		
2 (2070)	36-60 Gy	7/6fr	33 ( 52 %)	
9 (20%)	****	~	, , ,	
31 (0070)	Median tun	nor size (range)	4.8 cm (1-12.5)	
3 (8%)	•••••	(8-)	()	
• •				
• •				
2 (170)				
	en en			
2 (4%)	Tumor size	(diam < 3cm)	(diam 3-6cm)	
• •		*	Child-Pugh A-B	
11 (5070)	Liver runction	Ciliu-Fugii A-D	Ciliu-Fugii A-D	
24 (57%)	Prescription	48 - 75 Gy (16 - 25Gy / 3 fr)	36-60 Gy (6-10 Gy / 6fr)	
			00 (0 20	
	Dose			
1 (570)				
22 (51%)	1		1	
22 (3170)				
	72 (46–87) 31:12 23 (53%)	72 (46–87) 31:12  23 (53%) 20 (47%)  2 (4%) 28 (64%) 9 (20%) 12 (28%)  Prescription 48-75 Gy 36-60 Gy  9 (20%) 34 (80%)  Median tum  3 (8%) 5 (12%) 9 (41%) 2 (4%)  2 (4%)  41 (96%)  Tumor size Liver Function  Prescription  Prescription  Dose	72 (46-87) 31:12  Median FUP 8 mod  23 (53%) 20 (47%)  2 (4%) 28 (64%) 9 (20%) 12 (28%)  Number of lesions treated  Prescription dose 48-75 Gy/3 fr 36-60 Gy/6 fr  9 (20%) 34 (80%)  Median tumor size (range)  3 (8%) 5 (12%) 9 (41%) 2 (4%) 41 (96%)  Tumor size Liver Function  Child-Pugh A-B  Prescription Dose  Median FUP 8 mod  All (44%)  All (44%)  All (44%)  Prescription dose 48-75 Gy/3 fr  All (44%) Al	

#### Local control

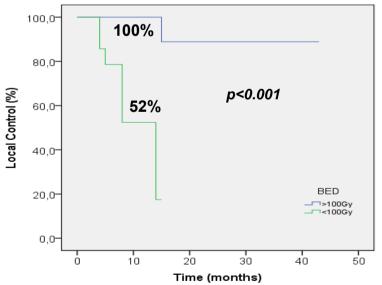


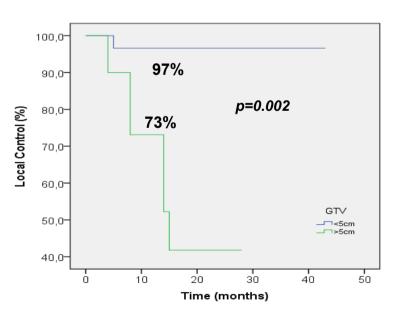
Actuarial LC

6 months: 94%

12 months: 86%

24 months: 64%.

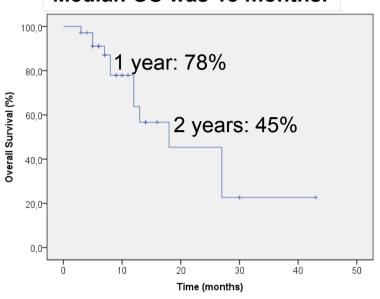




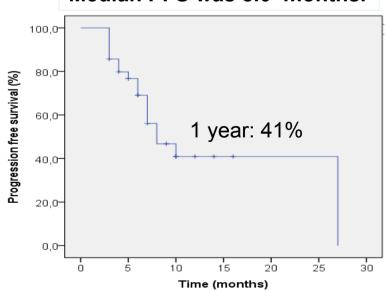


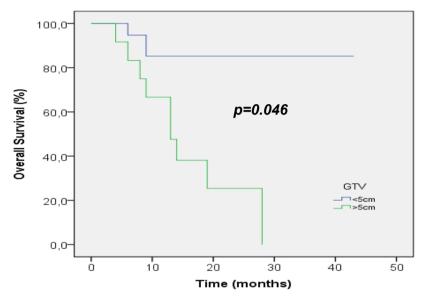
#### **Overall Survival and Progression free survival**

#### Median OS was 18 months.

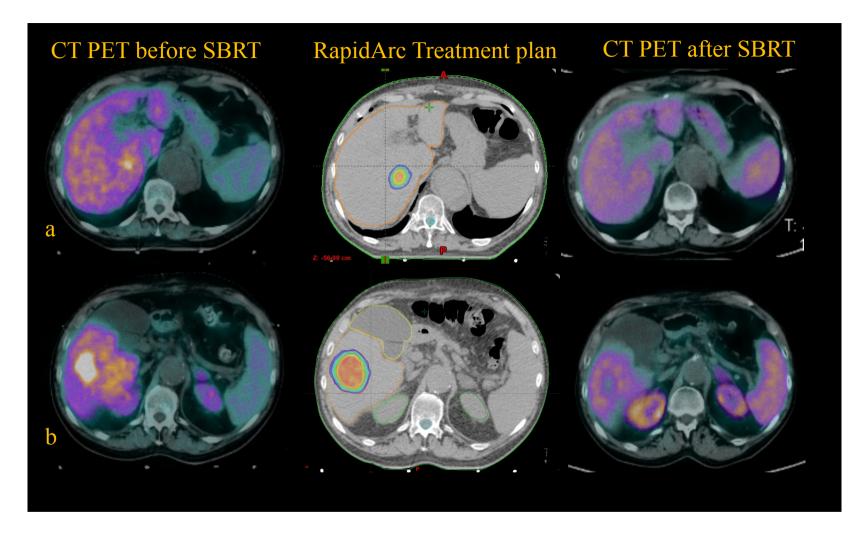






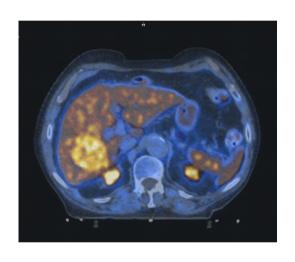


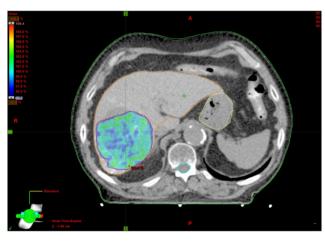
Factors	1 years LC (rates)	p value	Median OS (months)	p value
Cumulative GTV				
< 5 cm	97%	0.02	33.0	0.04
> 5 cm	73%		12.8	
Number of fractions				
3	100%	0.002	18.9	0.18
6	68%		13.2	
BED				
≥ 100 Gy	100%	0.001	27.0	0.05
< 100 Gy	52%		8.1	
LC				
Local PD	_	_	7.8	0.04
No local PD	-		18.8	
HUMANITAS				

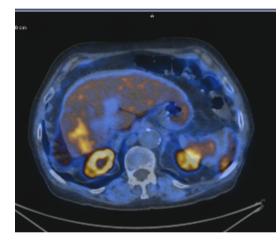


Examples of dose distributions and treatment outcome for two patients in the two fractionation groups (a: 75 Gy in 3 fractions, b: 60 Gy in 6 fractions).

# Partial remission after incomplete TACE plus SBRT CT-PET evaluation







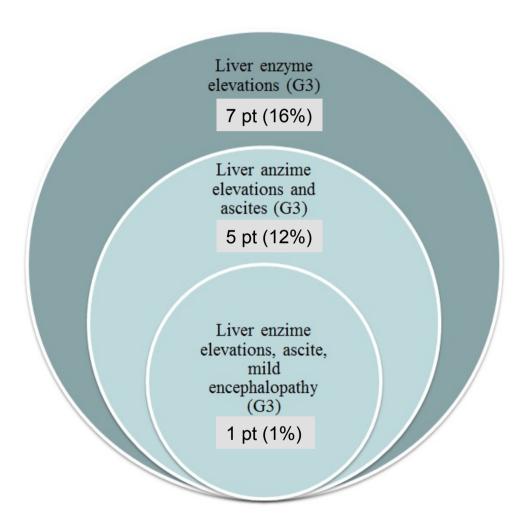
before RT

RA Treatment plan

after RT

**SBRT** HCC dose: 50 Gy /10 fr Beam 10 FFF Two arcs BOT = 01':40" 1272 MU

## **Toxicity**



#### **HCC:** conclusions

#### **Current evidence:**

Feasibility: Non invasive and acceptable toxicity

**Efficacy:** Encouraging local control rate

#### **Future directions:**

- 1. RCTs with other local procedures
- 2. Integration therapy
- 3. Escalation RT dose



#### SBRT nel distretto addome-pelvi:

- Tumori del fegato:
  - Metastasi epatiche
  - HCC
- Tumore del pancreas
- Tumore della prostata

#### Pancreatic tumors: the challenge of cure

- Second most common gastrointestinal cancer
- High mortality rates

- Decrease of surgical morbidity
- Chemotherapy intensification
- Radiation therapy addition



Only middle OS improved

5-year OS rates < 25%

National Cancer Institute Annual Cancer Statistics Review 1973–1988, Bethesda.

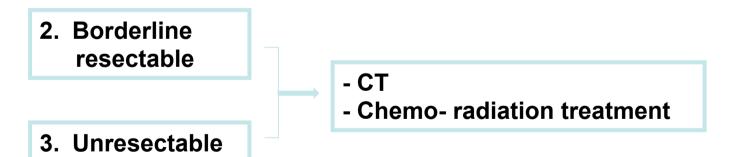
Gudjonsson B: Cancer of the pancreas. 50 years of surgery. Cancer 1987.

Raimondi S, et al Epidemiology of pancreatic cancer: An overview. Nat Rev Gastroenterol Hepatol 2009.

**Surgery:** the only curative treatment

• median OS 15–22 months and a 5-year survival rate of about 20-25%

# Less than 20%-30% of pancreatic tumors are resectable at the time of diagnosis





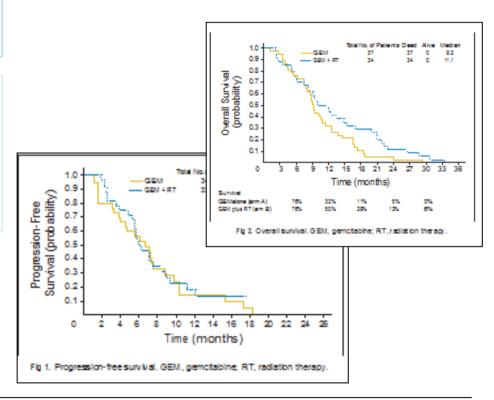
#### Gemcitabine Alone Versus Gemcitabine Plus Radiotherapy in Patients With Locally Advanced Pancreatic Cancer: An Eastern Cooperative Oncology Group Trial

Patrick J. Loehrer Sr, Yang Feng, Higinia Cardenes, Lynne Wagner, Joanna M. Brell, David Cella, Patrick Flynn, Ramesh K. Ramanathan, Christopher H. Crane, Steven R. Alberts, and Al B. Benson III

- CRT: 50.4 Gy/ 28 fr Gy + GEM
- GEM alone

#### CRT:

- Increased toxicity
- Median survival improvement (9.2 to 11.1 months)
- No differences in PFS



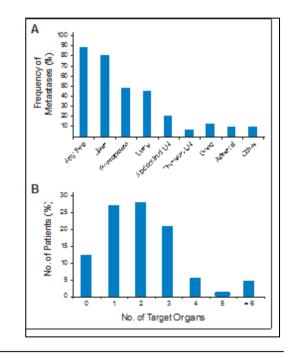
#### How much is important the local control of this "systemic" disease?



# *DPC4* Gene Status of the Primary Carcinoma Correlates With Patterns of Failure in Patients With Pancreatic Cancer

Christine A. Iacobuzio-Donahue, Baojin Fu, Shinichi Yachida, Mingde Luo, Hisashi Abe, Clark M. Henderson, Felip Vilardell, Zheng Wang, Jesse W. Keller, Priya Banerjee, Joseph M. Herman, John L. Cameron, Charles J. Yeo, Marc K. Halushka, James R. Eshleman, Marian Raben, Alison P. Klein, Ralph H. Hruban, Manuel Hidalgo, and Daniel Laheru

- Up to 30% of patients died for locally destructive disease with few or no distant metastases
- There is a population with genetically determined tendency to local progression



#### The importance of prognostic factors: Ca 19.9



Prognostic impact of perioperative serum CA 19-9 levels in patients with resectable pancreatic cancer.

Kondo N1, Murakami Y, Uemura K, Hayashidani Y, Sudo T, Hashimoto Y, Nakashima A, Sakabe R, Shigemoto N, Kato Y, Ohge H, Sueda T.



CA 19-9 level as indicator of early distant metastasis and therapeutic selection in resected pancreatic cancer.

Kim TH, Han SS, Park SJ, Lee WJ, Woo SM, Yoo T, Moon SH, Kim SH, Hong EK, Kim DY. Park JW.



Preoperative CA 19-9 level is an important prognostic factor in patients with pancreatic adenocarcinoma treated with surgical resection and adjuvant concurrent chemoradiotherapy.

Hallemeier CL1, Botros M, Corsini MM, Haddock MG, Gunderson LL, Miller RC.



High serum CA 19-9 but not tumor size should select patients for staging laparoscopy in radiological resectable pancreas head and peri-ampullary cancer.

Alexakis N, Gomatos IP, Sbarounis S, Toutouzas K, Katsaragakis S, Zografos G, Konstandoulakis MM.

#### How is possible to increase the local control?

SBRT —

- Dose escalation
- Low toxicity

Author, study (ref.)	Patients (n)	SBRT dose (Gy/fraction)	CT gemcitabina-based	FFLP (%)	PFS (months)	OS (months)	GI toxicity ( ≥ G2) (%)
Koong [12]	15	15-25 Gy/1fx	no	77%	2	11 from diagnosis	none
Hoyer [13]	22	45 Gy/3fx	no	57%	4.8	5.7 from diagnosis	18%
Schellenberg [14]	16	25 Gy/1fx	sequential chemotherapy	81%	9	11.4 from diagnosis	47%
Chang [15]	77	25 Gy/ 1fx	For same patients prior CT	84%	-	11.4 from diagnosis	13%
Schellenberg [16]	20	25 Gy/1fx	sequential chemotherapy	94%	9.2	11.8 from diagnosis	20%
Polistina [17]	33	30 Gy/3fx	Prior chemotherapy	82.6%	7.3	10.6	none
Didolkar [18]	85	15-30 Gy/3 fx	sequential chemotherapy	91.7%	-	18.6 from diagnosis 8.6 from SBRT	22%
Mahadevan [19]	39	24-36 Gy/3fx	sequential chemotherapy	85%	15 from diagnosis	20 from diagnosis	9%
Rwigema [20]	71	18-25 Gy/1fx	no	64.8%	-	10.3	10%
Present study	30	36-45Gy/6 fx	Prior chemotherapy	85% (96% for group of 45 Gy)	8 from SBRT 14 from diagnosis	11 from SBRT 19.5 from diagnosis	none

#### Our experience on SBRT: preliminary report

# SBRT in unresectable advanced pancreatic cancer: preliminary results of a mono-institutional experience



Angelo Tozzi<sup>1</sup>, Tiziana Comito<sup>1</sup>, Filippo Alongi<sup>1,3\*</sup>, Pierina Navarria<sup>1</sup>, Cristina Iftode<sup>1</sup>, Pietro Mancosu<sup>1</sup>, Giacomo Reggiori<sup>1</sup>, Elena Clerici<sup>1</sup>, Lorenza Rimassa<sup>1</sup>, Alessandro Zerbi<sup>1</sup>, Antonella Fogliata<sup>2</sup>, Luca Cozzi<sup>2</sup>, Stefano Tomatis<sup>1</sup> and Marta Scorsetti<sup>1</sup>

#### 2010-2011: 30 patients.

- 21 patients (70%) with unresectable locally advanced disease
- 9 patients (30%) with local recurrence after surgery.

# Gemcitabine-based chemotherapy was administered to all patients before SBRT:

- 10 patients (33%) Gemcitabine
- 11 patients (37%) GEMOX
- 7 patients (23%) GEM-5FU
- 2 patients (7%) PEF-G.

#### Table 1 Summary of patient characteristics

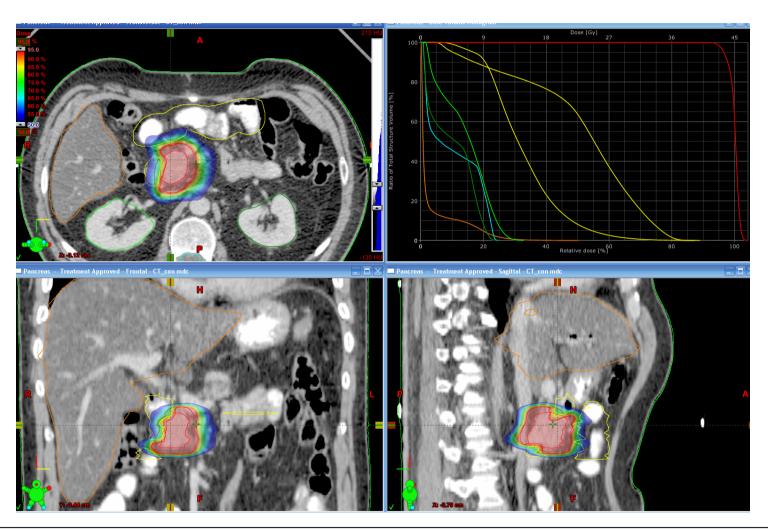
Patients number	30
Mean age (range)	67 (43–87)
Gender (M:F)	20:10
Initial tumor characteristics	
T2	8 (27%)
Т3	13 (43%)
T4	9 (30%)
N1	12 (40%)
Tumor location (number of patients):	
Head	21 (70%)
Body / Tail	9 (30%)
Mean volume (range) [cm³]	
CTV	25.6 (3.2-78.8)
PTV	70.9 (20.4-205.2)
Prior therapy (no. of patients)	
Surgery	9 (30%)
Chemotherapy	30 (100%)
Radiation therapy	0 (0%)

- Prescription dose was 45Gy in 6 daily fractions of 7.5Gy.
- In 5 patients (17%) the dose prescription was reduced to **36Gy in 6 fractions** not to exceed dose constraints of duodenum and stomach

The required target coverage was defined as V95% = 100% for the CTV. The maximum acceptable dose heterogeneity to the CTV was D98% > 95% and D2% < 107%.

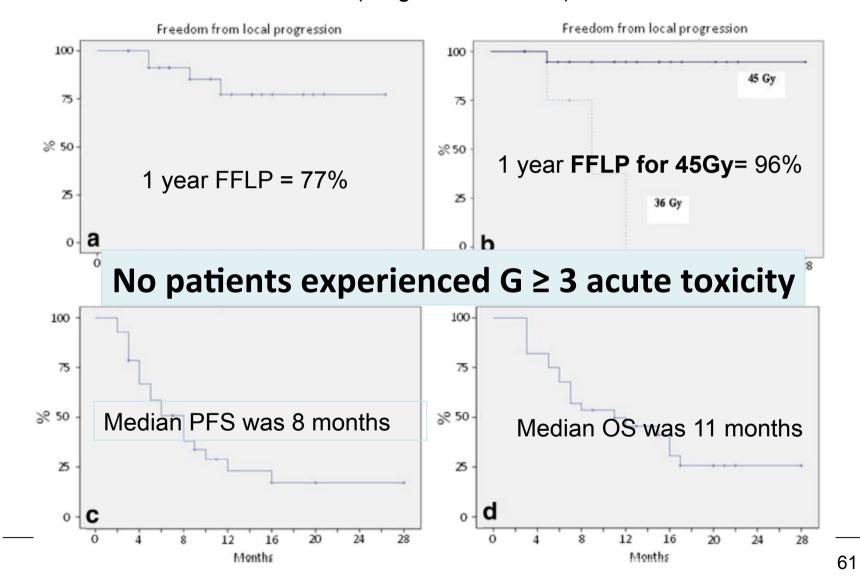
ORGAN	Dose-Volume Limits
Liver	> 700 cm³ at < 21 Gy
Spinal cord	D 1cm <sup>3</sup> < 18 Gy
Kidneys (R+L)	V15 Gy < 35%
Duodenum	D 1cm³ < 36 Gy
Stomach, small intestine	D 3cm³ < 36 Gy

# Pz 56 y. Pancreatic unresectable adenoca; GEM + FOLFIRI -> RP -> SBRT (**45Gy/6fr**.) -> surgery (R0).



#### Our experience on SBRT pancreas: preliminary data

Median FU was 11 months (range2–28 months)



#### Our Phase II trial on SBRT pancreas

#### **INCLUSION CRITERIA:**

- Unresectable or recurrence disease
- Maximum tumor diameter < 5cm
- N0
- M0

Median FUP 12 months (3-48 months)

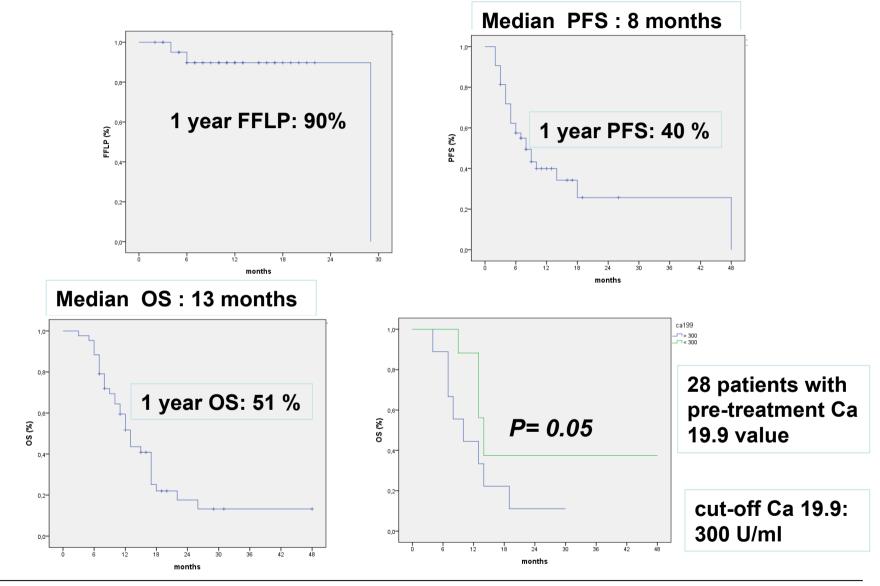
#### **END POINTS:**

PRIMARY: in-field local control

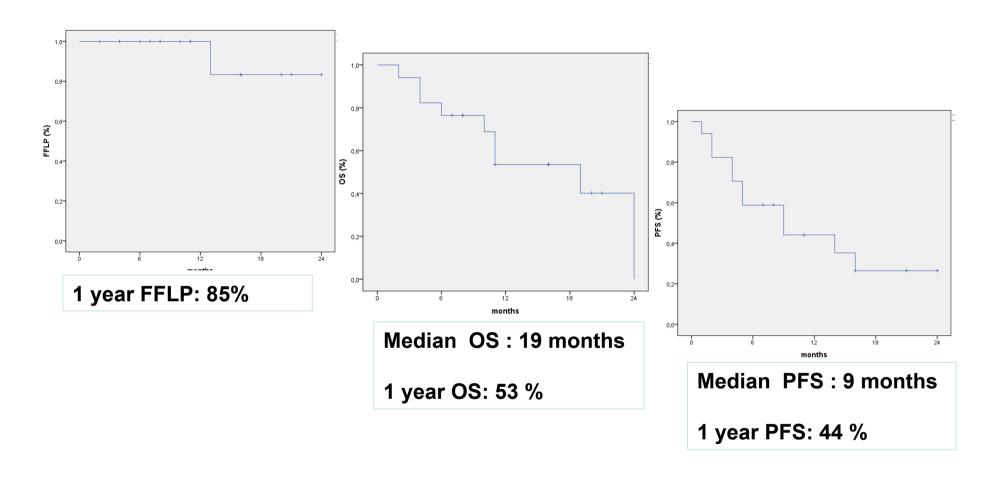
SECONDARY: toxicity and overall survival

68 (40–87) 24:38 45 (74%)		
<b>15 (71%)</b>		
73 (77/0)		
28 (45%)		
12 (43%)		
16 (57%)		
17 (26%)		

#### Phase II trial on SBRT pancreas: results on unresectable disease (45pts)

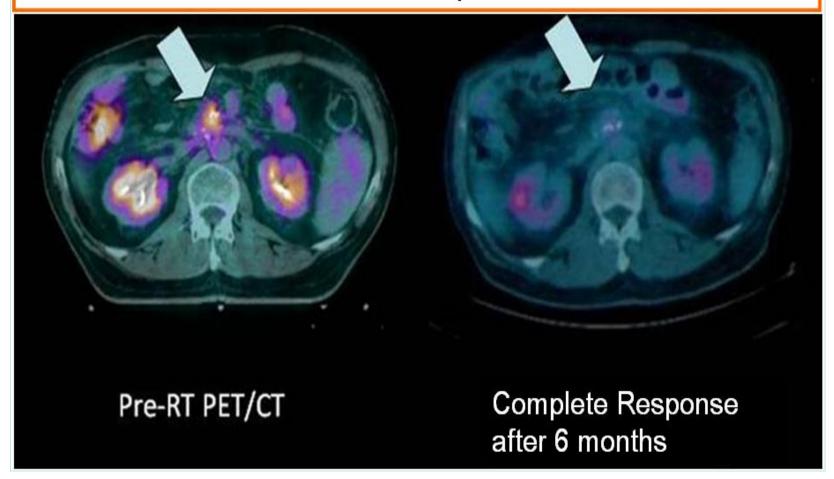


#### Phase II trial on SBRT pancreas: results on recurrence of disease(17pts)



• No patients experienced G ≥ 3 acute toxicity.

62 yo patient with pancreatic carcinoma local relapse, showing CR after SBRT at 6 months follow-up.



#### Pancreatic tumors: conclusions

#### **Current evidence:**

**Feasibility**: Non invasive and low toxicity

Efficacy: Acceptable local control rate

#### **Future directions:**

- 1. Selection of patients with molecular factors prognostic of locally failure pattern
- 2. Escalation RT dose



#### SBRT nel distretto addome-pelvi:

- Tumori del fegato:
  - Metastasi epatiche
  - HCC
- Tumore del pancreas
- Tumore della prostata

#### SBRT and (Extreme) Hypofractionation for prostate cancer







Critical Reviews in Oncology/Hematology xxx (2012) xxx-xxx

# Will SBRT replace conventional radiotherapy in patients with low-intermediate risk prostate cancer? A review

Stefano Arcangeli\*, Marta Scorsetti, Filippo Alongi

Radiotherapy and Radiosurgery department, Istituto Clinico Humanitas, Humanitas Cancer Center, Rozzano, Milano, Italy
Accepted 23 November 2011

#### SBRT and (Extreme) Hypofractionation for prostate cancer

Table 3 Summary of outcomes from SBRT trials with a follow-up of more than 30 months and at least 40 enrolled patients

Study	Schedule	# of patients	Risk class	Medi F/U (mos)	Late grade 3 GU toxicity	Late grade 3 Gl toxicity	FFBF
		1					
Katz et al. 2010 [5]	35 – 36.25 Gy in 5 fx	304	L-I-H	48	2%	-	97, 93, 75% at 4 year
Freeman, King, 2011. [6]	7-7.25 Gy in 5 fx	41	L	60	< 1%	-	93% at 5 year
McBride et al. 2012 [7]	36.25-37.5 Gy in 5 fx	45	L	44.5	< 1%	-	97.7% at 3 years
Fuller et al. [8]	38 Gy in 4 fx †	54	L-I	36	4%	-	96% at 3 years
Kang et al. [9]	32-36 Gy in 4 fx	44	L-I-H	40	-	-	100%, 100%, 90.9% at 5 years
King et al. 2012 [10]	36.25 Gy in 5 fx	67	L	32.4	3.5%	-	94% at 4 years
Gantry-based Systems							
Madsen et al. 2007 [11]	33.5 Gy in 5 fx	40	L	41	-	-	90% at 4 years
Boike et al. 2011 [12]	45-50 Gy in 5 fx	45	L-I	30, 18, 12	4%	2% plus 1 Grade 4	100% at 1–2.5 years
Abbrevietiene I Jesus I i							

**Abbreviations**: L = low; I = intermediate; H = high.

Alongi et al. Radiation Oncology 2013

#### Our phase II study: inclusion criteria

- Age ≤ 80 years
- WHO performance status ≤ 2.
- Histologically proven prostate adenocarcinoma
   →Any case where prophylactic lymph node irradiation is not required (risk of microscopic involvement ≤ 15%)
- PSA ≤ 20 ng/ml.
- T1-T2 (localized)-stage

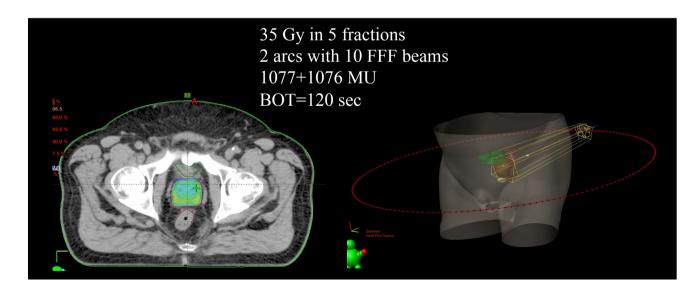
- No pathologic lymph nodes at CT/ MR and no distant metastases
- No previous prostate surgery other than TURP
- No malignant tumors in the previous 5 years
- IPSS 0-7
- Combined HT according to risk factors.
- Informed consent

#### **Treatment**

#### The schedule is $[5 \times 7 \text{ Gy} = 35 \text{ Gy}]$ delivered in 5 alternative days

#### OARs constraints:

- Rectum: V18Gy < 35%; V28Gy < 10%; V32Gy < 5%; D1% < 35 Gy
- Bladder D1% < 35 Gy;

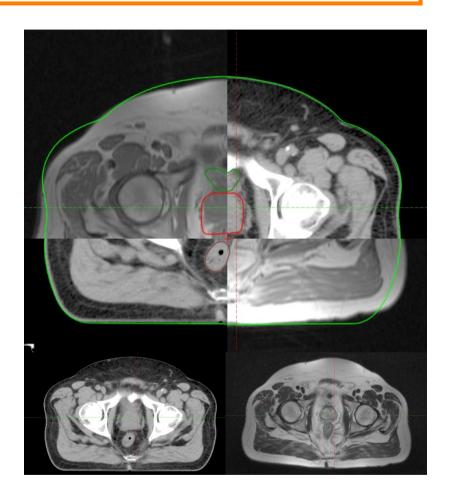


### Simulation and Target definition

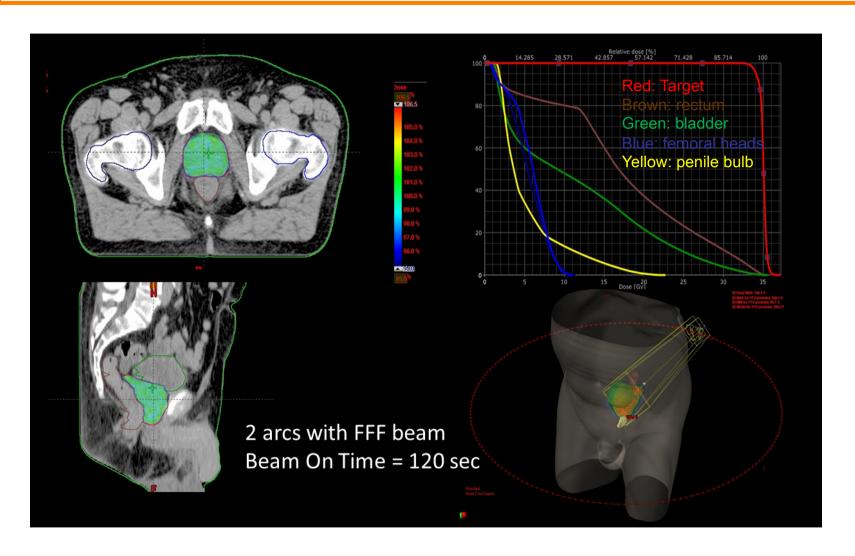
- Simulation CT
- Simulation MRI
- CT/MRI registration

**CTV**: prostate + SV, except for T1-T2 lesions with risk of SV involvement ≤ 15% in which case CTV is prostate only

**PTV**: CTV + 5 mm margin in each direction



# **Treatment planning**

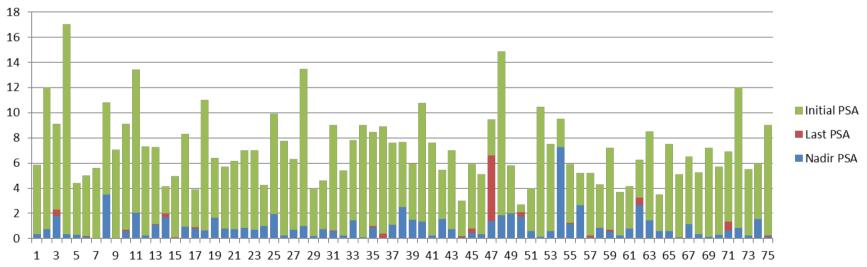


# Results

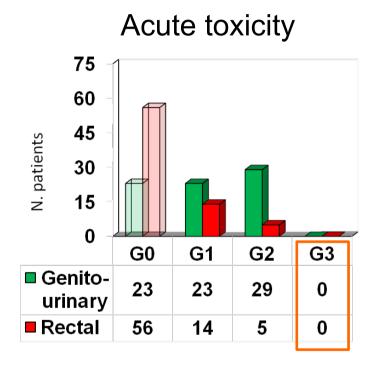
N. of patients	75
Recruitment	Dec 2011- Apr 2014
Median Age [year]	70 [48 – 80]
Median Gleason Score	6 [6–7]
Initial PSA [ng/mL]	Median: 7.17 [0.5-17]
NCCN Low Risk Class	47
NCCN Intermediate Risk Class	28
CTV [cm3]	Mean: 58.4 [25,1-110,2]
PTV [cm3]	Mean: 108.6 [52.8-182.2]

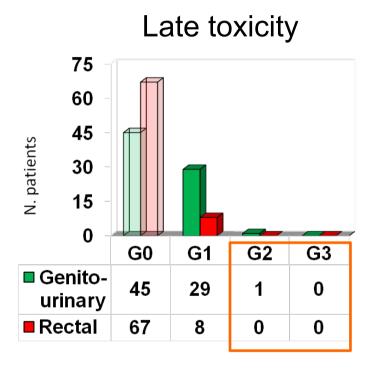
### Results

Follow-up [months]	Mean: 17.1 Range: 6–29 Median: 17,8
Nadir PSA [ng/mL]	Mean: 0,97 Range: 0.02–7.25
Last PSA [ng/mL]	Mean: 1.10 Range: 0.02–7.25



### Results





#### SBRT and (Extreme) Hypofractionation for prostate cancer



# Linac based SBRT for prostate cancer in 5 fractions with VMAT and flattening filter free beams: preliminary report of a phase II study

Filippo Alongi<sup>1,4\*</sup>, Luca Cozzi<sup>2</sup>, Stefano Arcangeli<sup>1</sup>, Cristina Iftode<sup>1</sup>, Tiziana Comito<sup>1</sup>, Elisa Villa<sup>1</sup>, Francesca Lobefalo<sup>1</sup>, Pierina Navarria<sup>1</sup>, Giacomo Reggiori<sup>1</sup>, Pietro Mancosu<sup>1</sup>, Elena Clerici<sup>1</sup>, Antonella Fogliata<sup>2</sup>, Stefano Tomatis<sup>1</sup>, Gianluigi Taverna<sup>3</sup>. Pierpaolo Graziotti<sup>3</sup> and Marta Scorsetti<sup>1</sup>

**Methods**: A prospective phase I-II study, started on February 2012. The schedule was 35 Gy in 5 alternative days. SBRT was delivered with RapidArc VMAT, with 10MV FFF photons.

**Results**: Median follow-up was 11 months (range: 5–16); 40 patients were recruited in the protocol and treated. All patients completed the treatment as programmed (median 11.8 days (9–22). Acute Toxicities were as follow: Rectum G0: 30/40 cases (75%); G1: 6/40 (15%); G2: 4/40 (10%). Genito-urinary: G0: 16/40 (40%); G1: 8/40 (20%); G2: 16/34 (40%). In two G2 urinary retention cases, intermittent catheter was needed. No acute G3 or greater toxicity was found. Median treatment time was 126 sec (120–136). PSA reduction from the pre-treatment value of the marker was documented in all patients.

**Conclusions**: Early findings suggest that SBRT with RapidArc and FFF beams for prostate cancer in 5 fractions is feasible and tolerated in acute setting. Longer follow-up is needed for assessment of late toxicity and outcome.

#### SBRT and (Extreme) Hypofractionation for prostate cancer



# Stereotactic body radiotherapy with flattening filter-free beams for prostate cancer: assessment of patient-reported quality of life

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In the framework of a prospective mono-institutional phase II trial, EPIC questionnaire was dispensed (up to 1 year after treatment) to a cohort of 46 patients of 72 treated with 5 fractions of 7 Gy each to the prostate. SBRT was delivered with RapidArc VMAT with 10 MV flattening filter-free photon beams.

<u>Conclusions</u> Stereotactic body radiotherapy (SBRT) treatment of prostate with RapidArc and high-intensity photon beams resulted to be well tolerated by patients with mild toxicity profiles and good patient-reported quality of life perception for the first year after treatment.

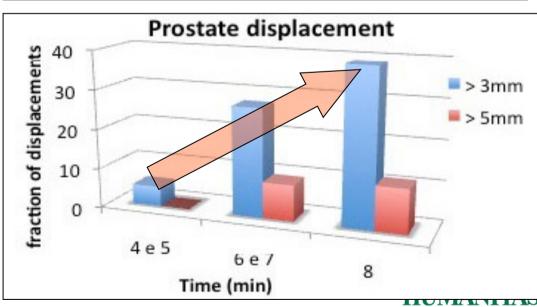
#### Prostate motion

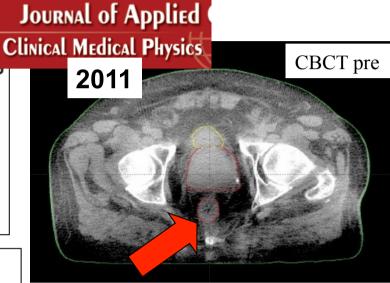
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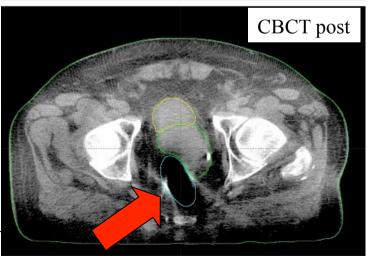
Cone beam CT pre- and post-daily treatment for assessing geometrical and dosimetric intrafraction variability during radiotherapy of prostate cancer

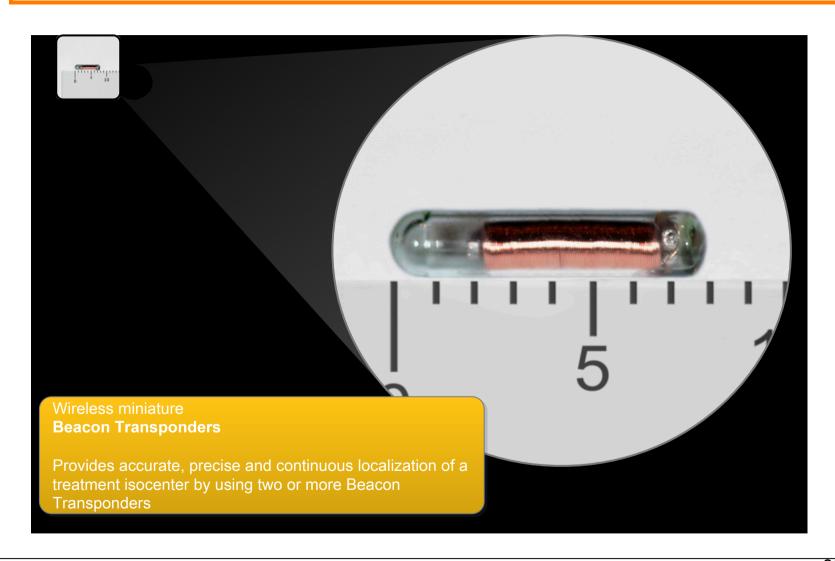
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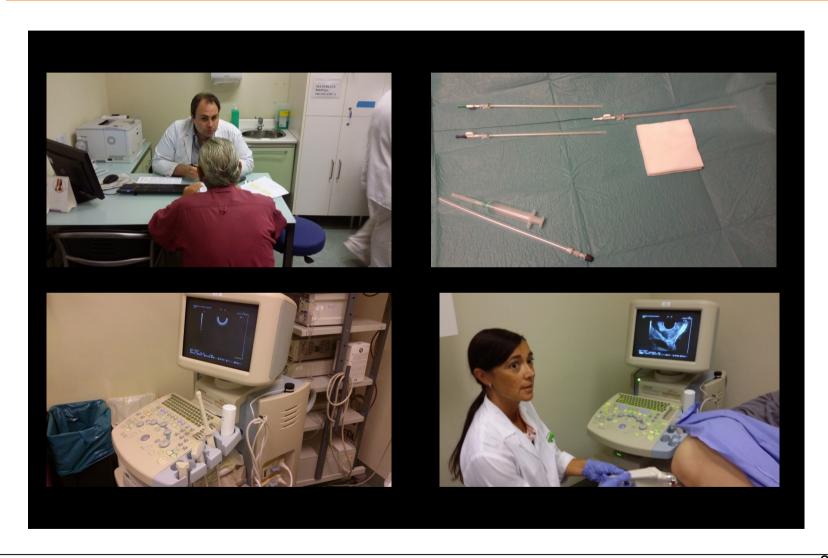
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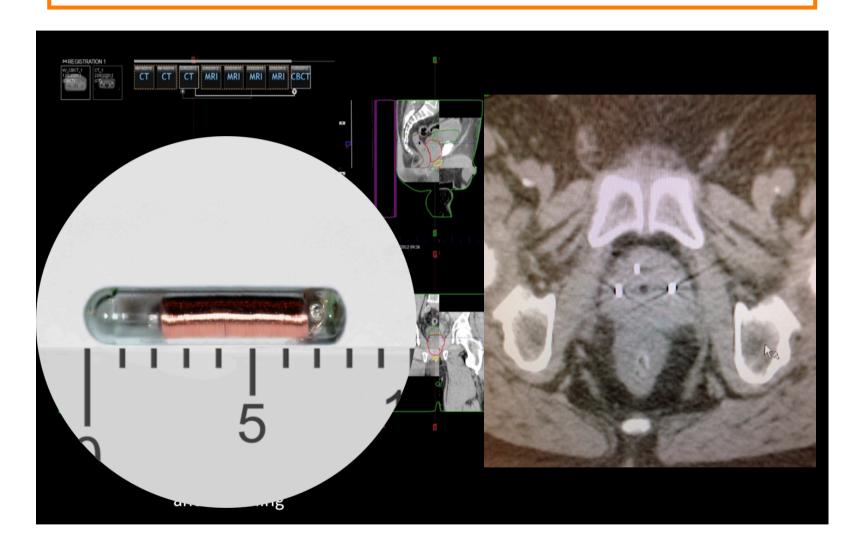


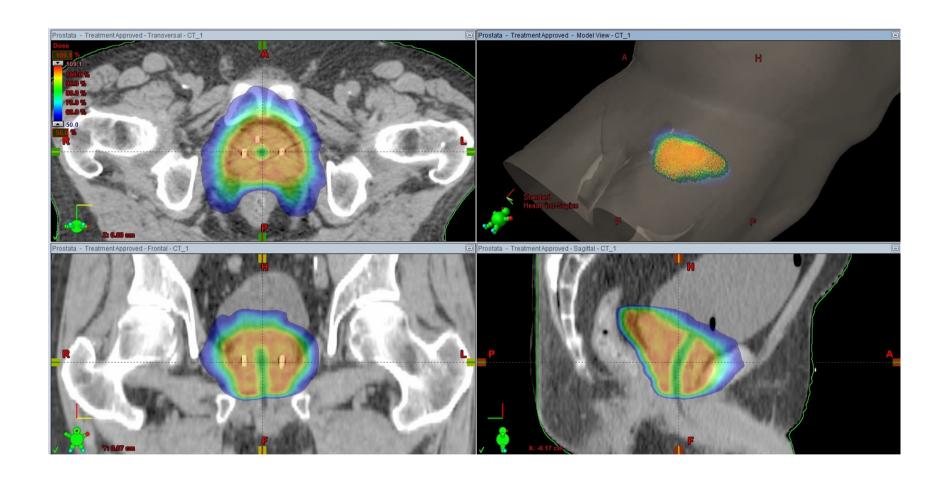






## **Treatment verification**







#### **Prostatic tumors: conclusions**

#### **Current evidence:**

**Feasibility**: well tolerated with mild toxicity profiles

#### **Future directions:**

1. Longer follow-up is needed for definitive assessment of late toxicity and clinical outcome.

# Thank you!

"We can not solve our problems with the same level of thinking that created them"

A. Einstein