

**Carcinoma del rinofaringe: analisi dei fattori prognostici in una casistica di 149 pazienti consecutivi trattati con tecniche di radioterapia ad intensità modulata e chemioterapia**



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### Prospective Randomized Study of Intensity-Modulated Radiotherapy on Salivary Gland Function in Early-Stage Nasopharyngeal Carcinoma Patients

Michael K.M. Kam, Sing-Fai Leung, Benny Zee, Ricky M.C. Chau, Joyce J.S. Suen, Frankie Mo, Maria Lai, Rosalie Ho, Kin-yin Cheung, Brian K.H. Yu, Samuel K.W. Chiu, Peter H.K. Choi, Peter M.L. Teo, Wing-hong Kwan, and Anthony T.C. Chan

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0360-3016/06/\$-see front matter

**CLINICAL INVESTIGATION**

**Head and Neck**

### XEROSTOMIA AND QUALITY OF LIFE AFTER INTENSITY-MODULATED RADIOTHERAPY VS. CONVENTIONAL RADIOTHERAPY FOR EARLY-STAGE NASOPHARYNGEAL CARCINOMA: INITIAL REPORT ON A RANDOMIZED CONTROLLED CLINICAL TRIAL

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### Radiotherapy and Oncology

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Phase III randomised trial

A prospective, randomized study comparing outcomes and toxicities of intensity-modulated radiotherapy vs. conventional two-dimensional radiotherapy for the treatment of nasopharyngeal carcinoma

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Contents lists available at ScienceDirect



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### Radiotherapy and Oncology

journal homepage: [www.thegreenjournal.com](http://www.thegreenjournal.com)



Review

Evolution of treatment for nasopharyngeal cancer – Success and setback in the intensity-modulated radiotherapy era



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*Review*

**Emerging Prognostic Factors in Nasopharyngeal Carcinoma**

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2014



## RT of nasopharyngeal carcinoma

# Is primary tumor volume still a prognostic factor in intensity modulated radiation therapy for nasopharyngeal carcinoma?

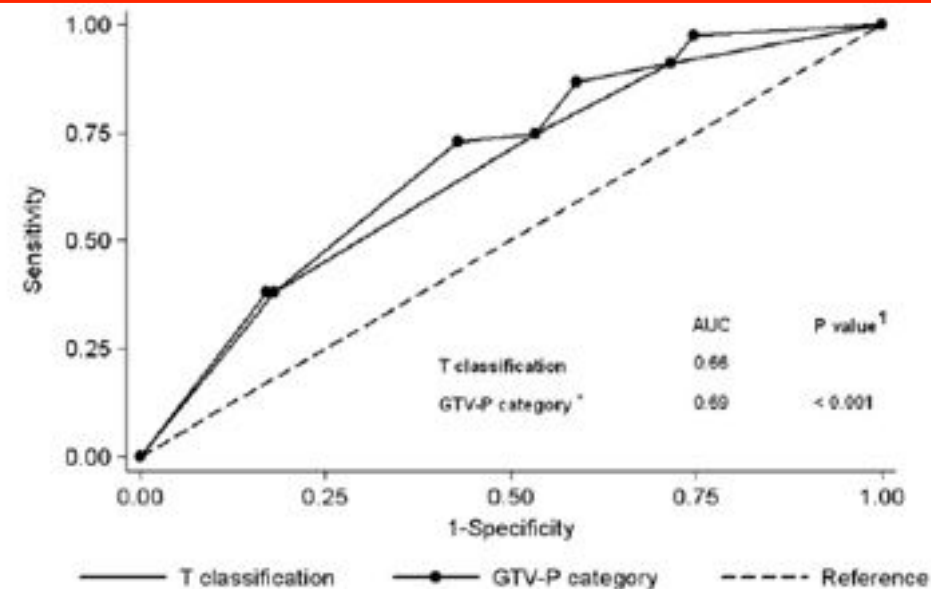
Multivariate analysis of prognostic factors in early and advanced T classification for all 694 nasopharyngeal carcinoma patients receiving IMRT.

Endpoint	Variable	HR	HR (95% CI)	P-value
<b>Early T1-T2 patients*</b>				
Disease-free survival	GTV-P (>19 ml vs.<19 ml)	7.678	3.735–15.785	<0.001
	N classification* (N1-3 vs. N0)	2.562	0.884–7.429	0.083
Overall survival	GTV-P (>19 ml vs.<19 ml)	8.714	3.613–21.016	<0.001
	N classification* (N1-3 vs. N0)	3.866	0.894–16.721	0.070
Local relapse-free survival	GTV-P (>19 ml vs.<19 ml)	NS		
Distant metastasis-free survival	GTV-P (>19 ml vs.<19 ml)	9.636	4.071–22.812	<0.001
<b>Advanced T3-T4 patients*</b>				
Disease-free survival	GTV-P (>19 ml vs.<19 ml)	7.256	2.284–23.057	0.001
	Age (>45 vs.<45 years)	1.613	1.118–2.328	0.011
	N classification* (N1-3 vs. N0)	1.877	1.049–3.359	0.034
Overall survival	GTV-P (>19 ml vs.<19 ml)	5.725	1.804–18.172	0.003
	Age (>45 vs.<45 years)	2.146	1.378–3.342	0.001
	GTV-P (>19 ml vs.<19 ml)	NS		
Local relapse-free survival	GTV-P (>19 ml vs.<19 ml)	NS		
Distant metastasis-free survival	GTV-P (>19 ml vs.<19 ml)	6.961	1.692–28.634	0.007
	N classification* (N1-3 vs. N0)	2.208	1.014–4.811	0.046

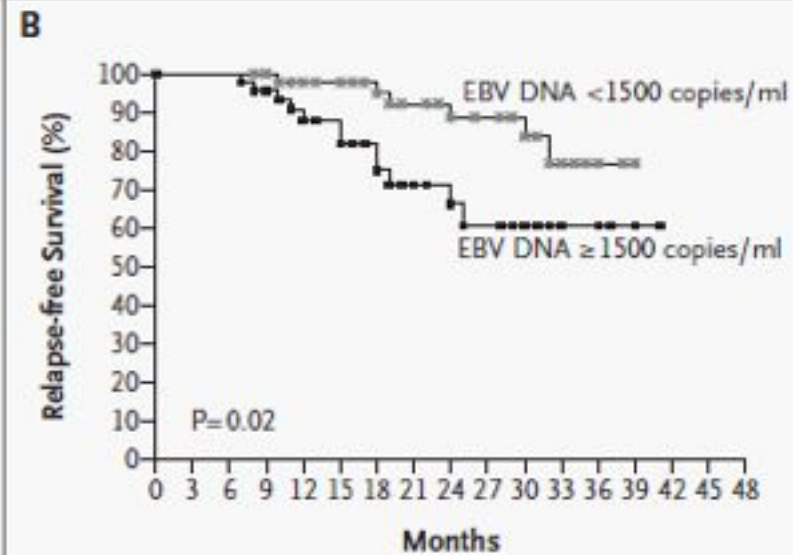
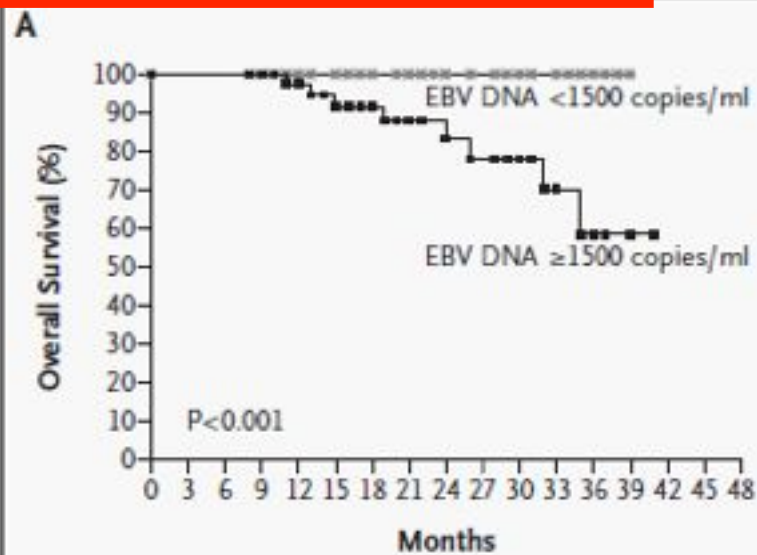
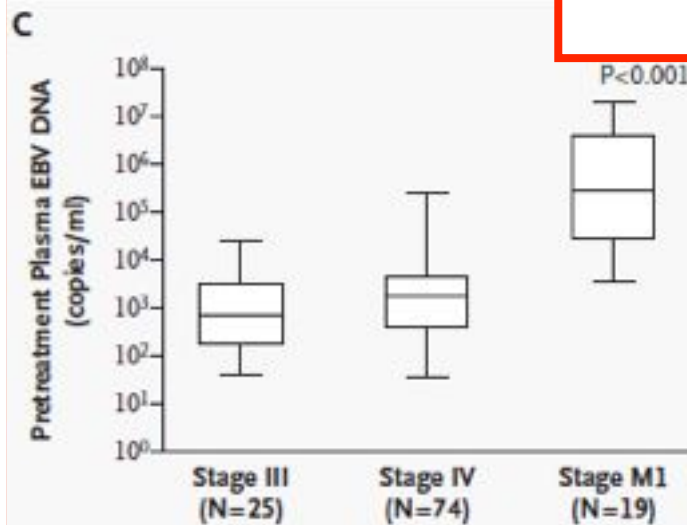
Abbreviation: NS, not significant; GTV-P, primary tumor volume.

\*According to the 7th AJCC/UICC staging system. The following parameters were included in the Cox proportional hazards model by backward elimination: age (>45 vs. <45 years), gender (female vs. male), World Health Organization (WHO) histological grade (Type II vs. Type I), T classification (T2 vs.T1; T4 vs.T3), N classification (N1-3 vs. N0), use of chemotherapy (with vs. without) and GTV-P (>19 ml vs.<19 ml).

Guo R, Radiother Oncol, 2012



# Quantification of Plasma Epstein–Barr Virus DNA in Patients with Advanced Nasopharyngeal Carcinoma



FURTHER IMPROVEMENT IN OUTCOMES OF NASOPHARYNGEAL CARCINOMA  
WITH OPTIMIZED RADIOTHERAPY AND INDUCTION PLUS CONCOMITANT  
CHEMOTHERAPY: AN UPDATE OF THE MILAN EXPERIENCE

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Int J Rad Oncol Biol Phys, 2009

Critical analysis of locoregional  
failures following intensity-  
modulated radiotherapy for  
nasopharyngeal carcinoma

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Valeria Mongioj<sup>2</sup>, Mauro Carrara<sup>2</sup>, Mauro Palazzi<sup>5</sup>, Marzia Franceschini<sup>6</sup>,  
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Future Oncology, 2013

# SCOPO

Analizzare l'outcome clinico e i fattori prognostici in una serie consecutiva di 156 pazienti (pz) affetti da carcinoma del rinofaringe trattati con finalità curativa con tecniche di radioterapia (RT) ad intensità modulata (IMRT, Intensity Modulated Radiation Therapy o VMAT, Volumetric Modulated Arc Therapy) tra il 2004 e il 2013



# Caratteristiche dei pazienti (N=156)

<b>Sesso, M:F</b>	107 : 49(69%: 31%)
<b>Età mediana (range)</b>	49 (18 - 92)
<b>Istologia</b>	
<b>Indifferenziato (WHO type 3)</b>	129 (83%)
<b>Scarsamente differenziato (WHO type 2)</b>	15 (9%)
<b>Cheratinizzante (WHO type 1)</b>	12 (8%)
<b>Valore basale plasmatico di EBV-DNA , copie/ml (98 pts, pos in 66)</b>	544.5 (0-162.021)
<b>Stadi</b>	
<b>I</b>	2 (2%)
<b>IIA</b>	1 (1%)
<b>IIB</b>	27 (17%)
<b>III</b>	45 (29%)
<b>IV A</b>	31 (19%)
<b>IV B</b>	50 (32%)
<b>Trattamento</b>	
<b>RT esclusiva</b>	7 (4%)
<b>concomitante RT-CT (platino basata)</b>	30 (20%)
<b>CT induzione (TPF) → RT-CT</b>	119 (76%)



# Radioterapia

**GTV (T+N), range**

Volume mediana 53.1cc  
(3.56-423 cc)

## Tecnica

IMRT convenzionale

96 (61%)

VMAT

60 (39%)

## Regime RT

Convenzionale (70 Gy in 35 frs)

127 (18.6%)

Moderatamente accelerato (70 Gy in 33 fractions)

29 (81.4%)

Tempo globale di trattamento

52 gg (range, 45-60)

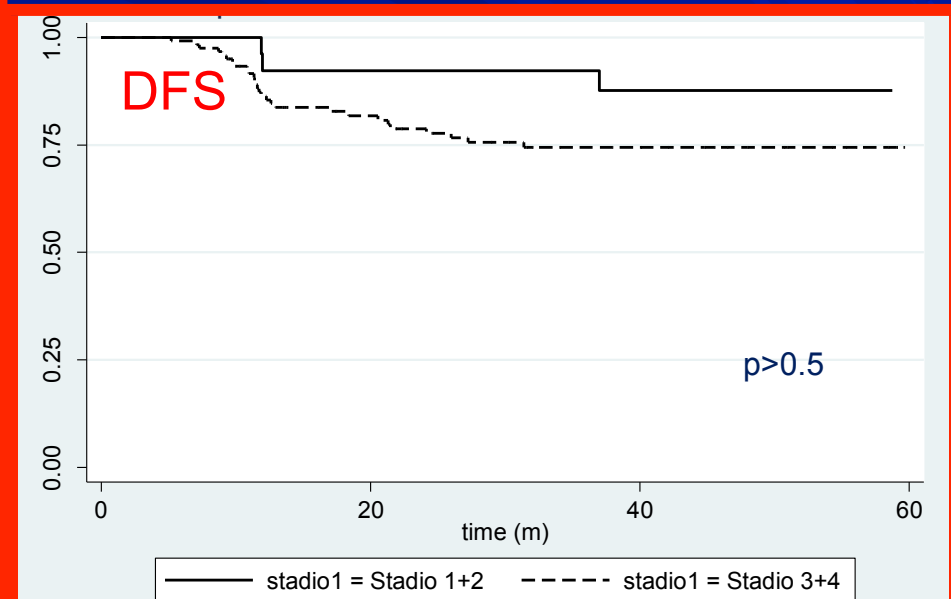
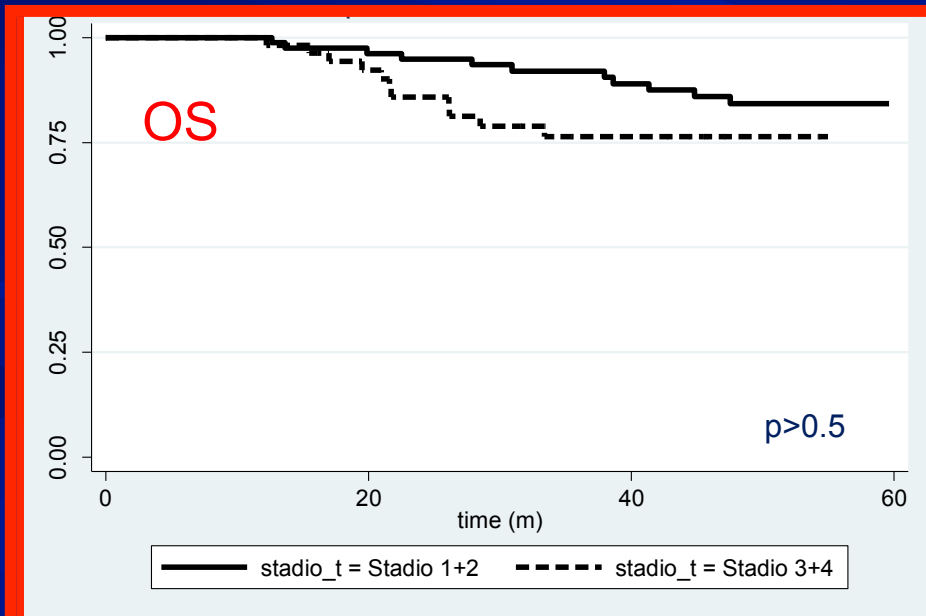
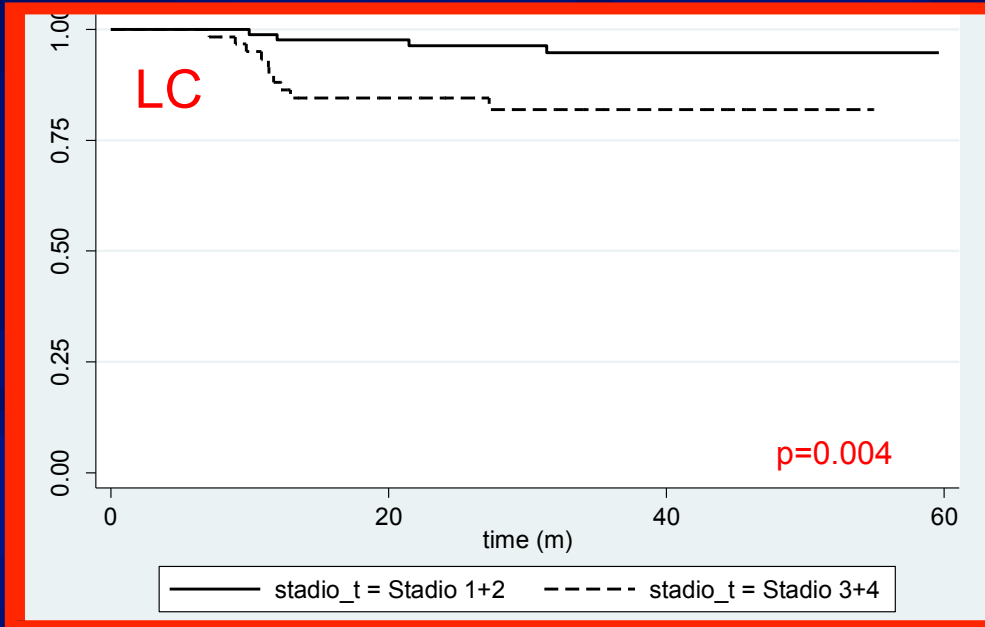


# Outcome

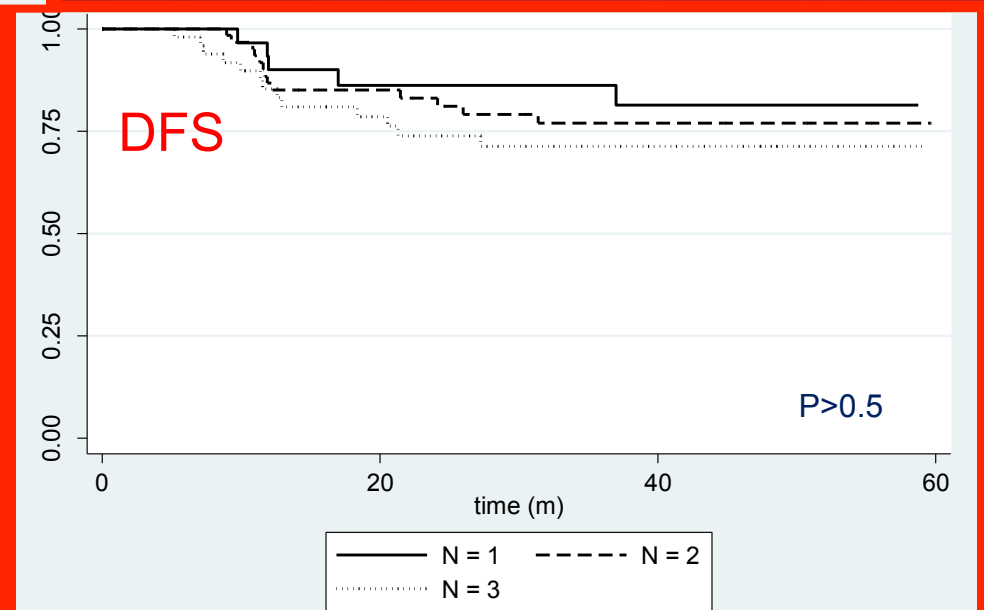
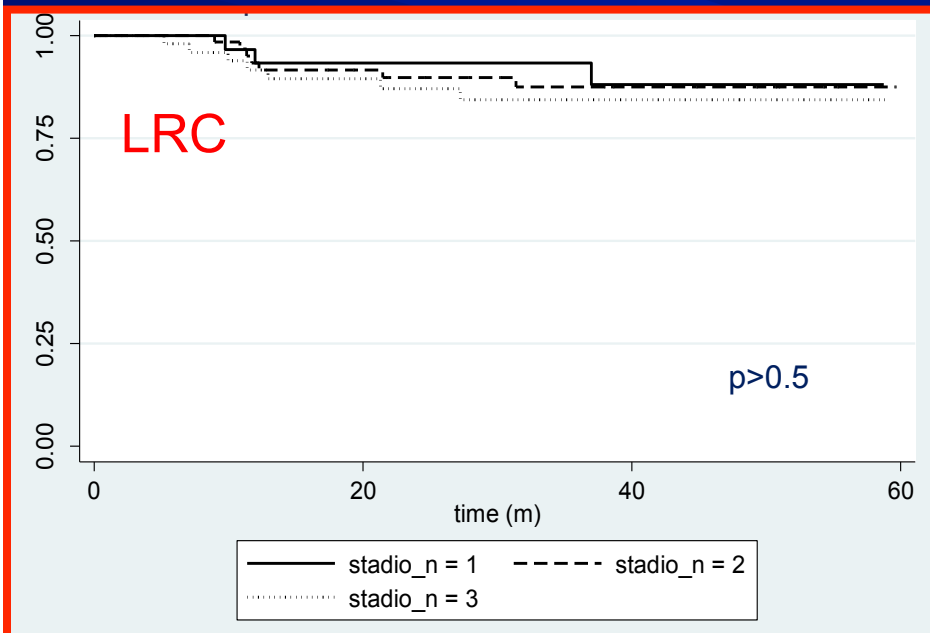
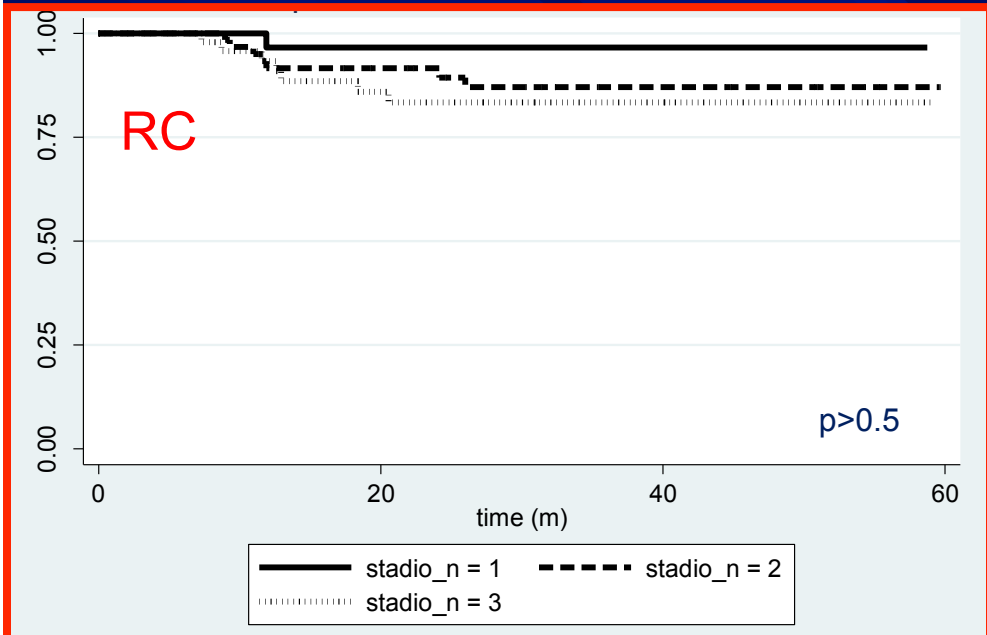
Follow-up mediano 49.5 mesi (range 5.7-112.4 mesi)

<b>Endpoint</b>	<b>2-anni</b>	<b>5-anni</b>
Sopravvivenza globale (OS)	91.4%	81.1%
Sopravvivenza libera da malattia (DFS)	81.3%	76.9%
Controllo locale (LC)	91.4%	89.6%
Controllo locoregionale (LRC)	90%	87.1%
Controllo a distanza (MC)	90.2%	88.3%

# Impatto stadio T

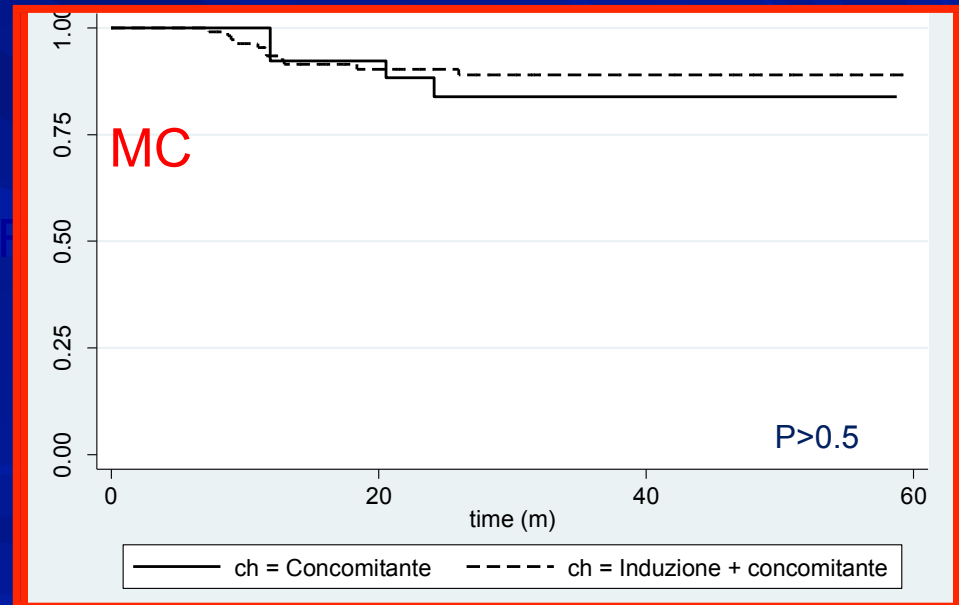
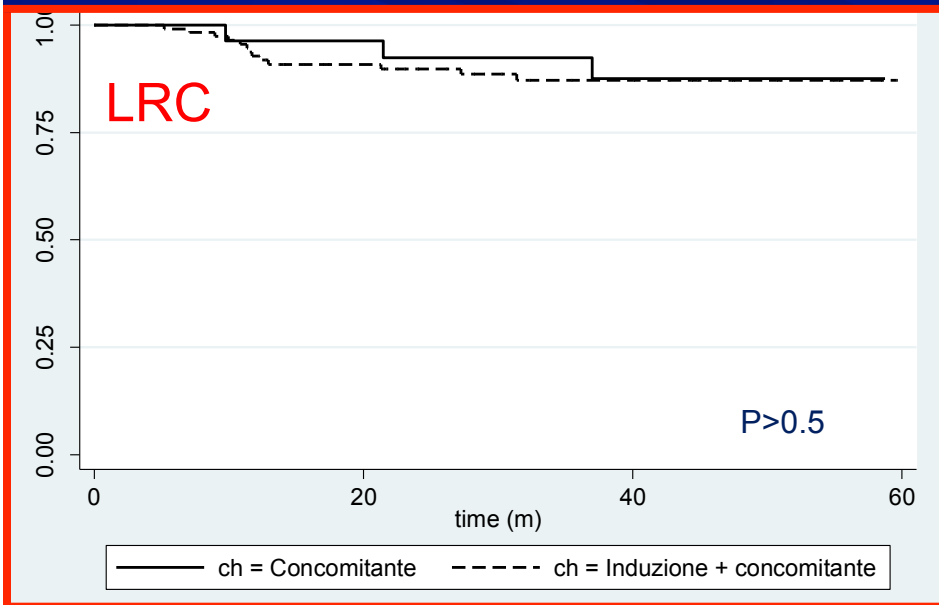
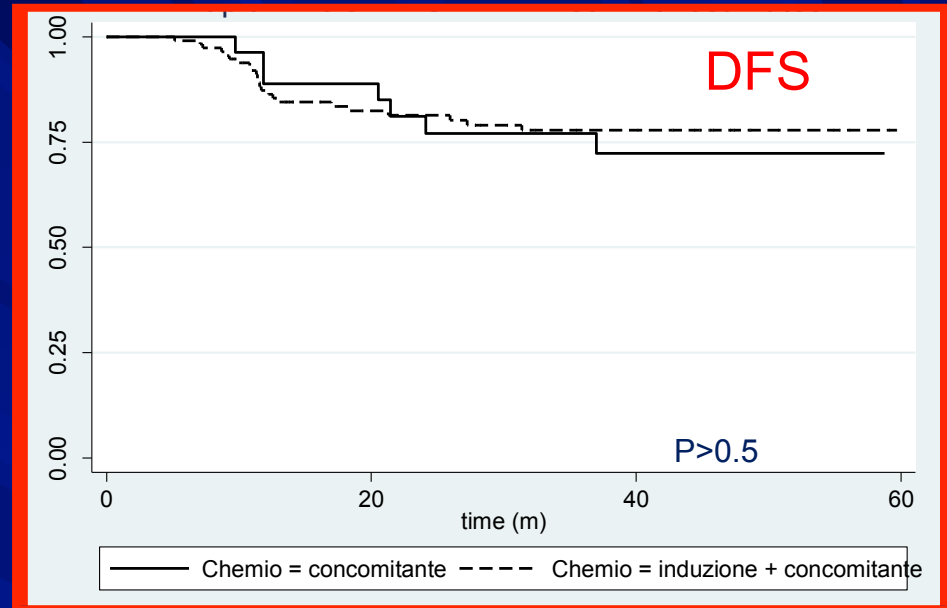


# Impatto stadio N

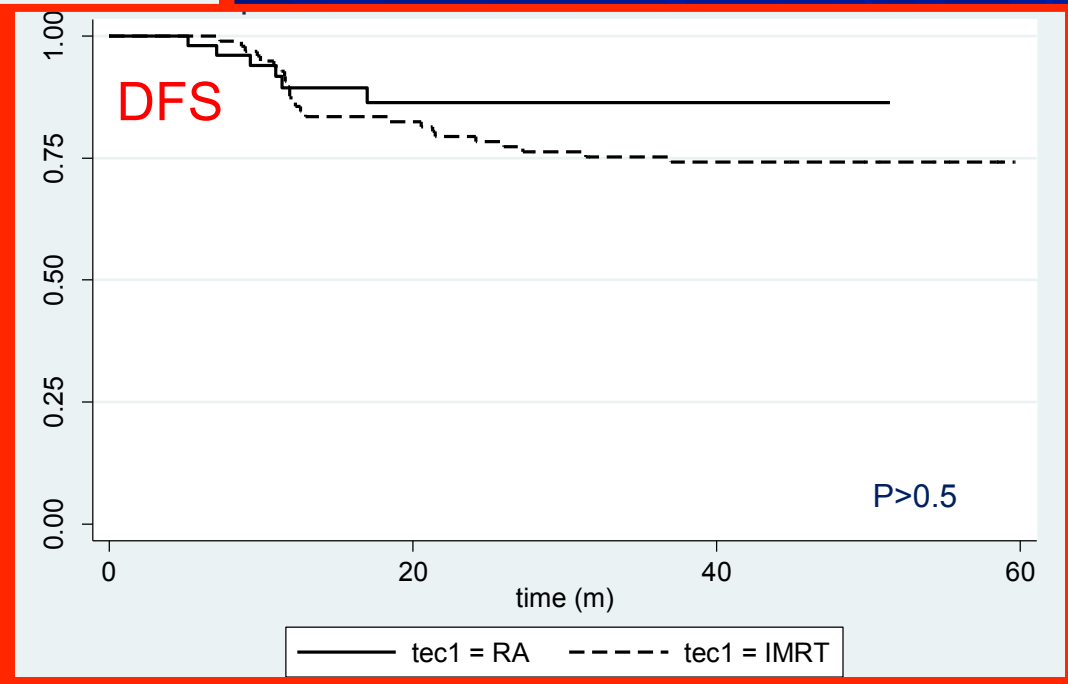
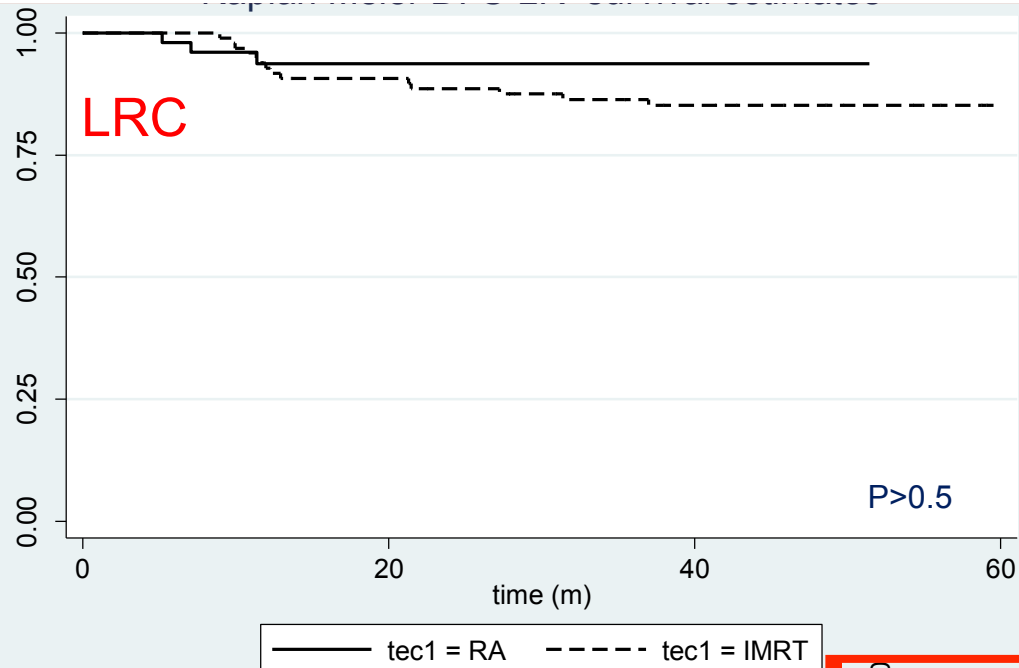




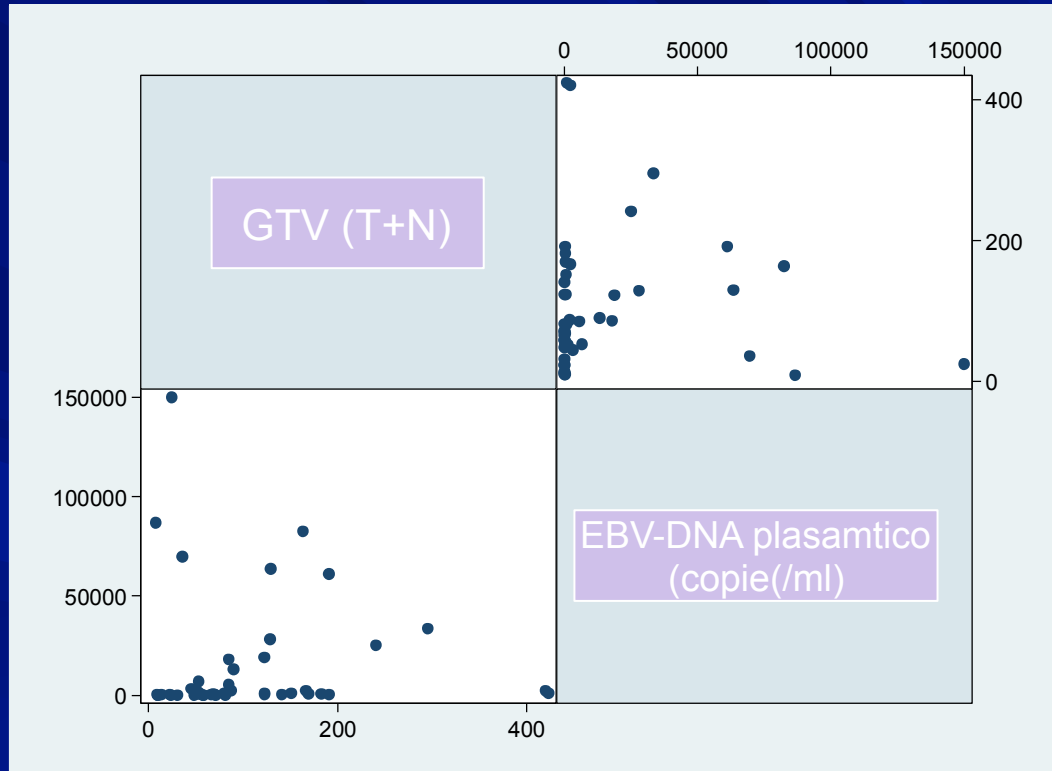
# Impatto regime CT



# Impatto tecnica

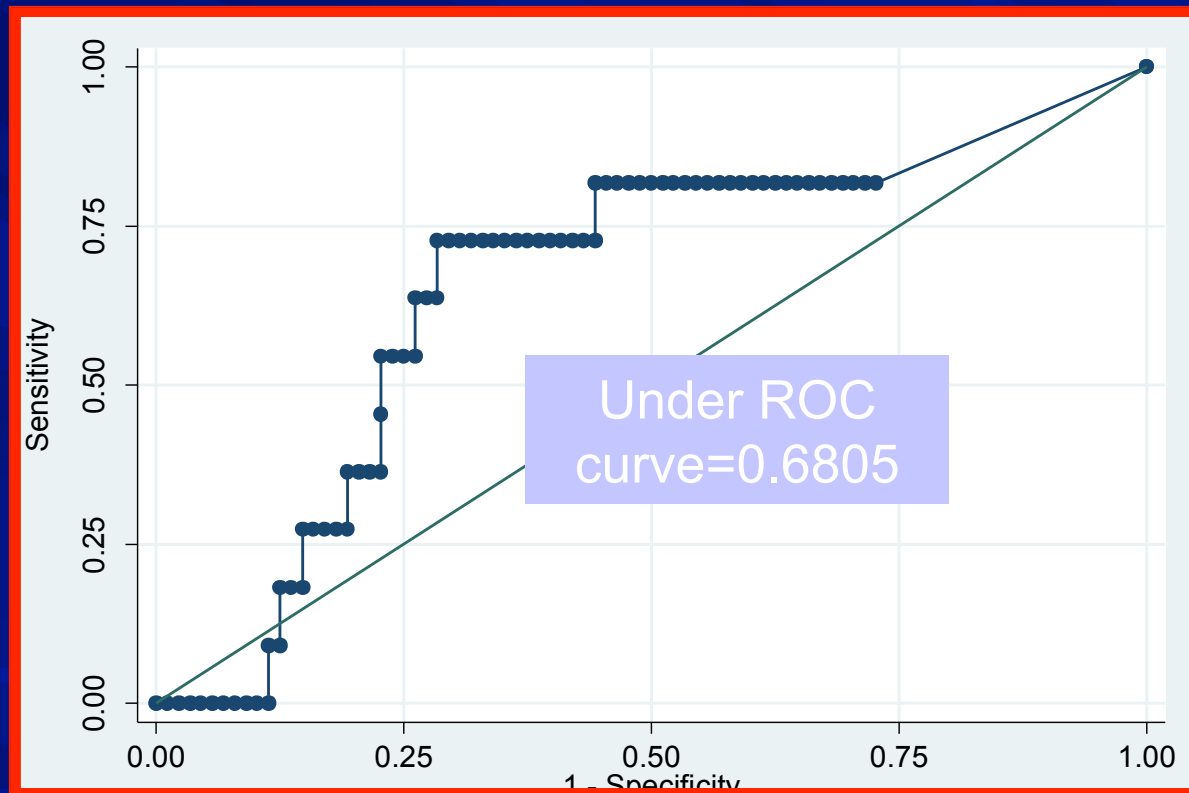


# Dosaggio EBV-DNA plasmatico



	<b>T1+2</b>	<b>T3+T4</b>	<b>p-value</b>
<b>EBV-DNA (copie/ml)</b>	636 ± 1743	12802 ± 25972	0.053 t-Student's test

# CURVA ROC PER EBV\_DNA E RECIDIVA A DISTANZA



1500 copie



# Analisi multivariata

	OS		DFS		LC		RC		MC	
	OR	p-value	OR	p-value	OR	p-value	OR	p-value	OR	p-value
Stadio T	1.32	0.666	2.32	0.151	27.8	0.023	1.92	0.266	1.42	0.663
Stadio N	0.84	0.693	1.73	0.190	2.36	0.202	1.57	0.487	2.32	0.171
EBV DNA (cut off 1500)	1.49	0.540	1.16	0.803	0.28	0.192	0.30	0.294	3.18	0.141
Tecnica	1.41	0.576	1.61	0.367	2.86	0.268	0.95	0.949	1.95	0.329
CT	1.37	0.744	0.30	0.114	0.22	0.313	0.93	0.957	0.16	0.156

Analisi univarata:

1. tecnica fattore prognostico significativo per LC,RC.
2. dosaggio EBV-DNA fattore prognostico significativo per sopravvivenza libera da M.

# CONCLUSIONI

1. Il trattamento intensificato di IMRT/VMAT e CHT consente di ottenere eccellenti outcomes clinici.
2. La paucità dei tradizionali fattori prognostici trovati può sottendere la necessità di indagarne di nuovi, come una possibile 'signature' genetica di radioresistenza.
3. Potenziale esistenza di un valore soglia di EBV-DNA prognostico di controllo a distanza anche in aree geografiche non endemiche.

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*Elena Deponti,  
UO Fisica Sanitaria,  
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SS Fisica Medica  
INT, Milano*



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