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VARIABILITÀ INTEROSSERVATORE NELLA CONTORNAZIONE DEGLI ORGANI A RISCHIO NELL'IRRADIAZIONE DELLA MAMMELLA: CUORE IN TOTO, ARTERIE CORONARIE E PLESSO BRACHIALE

DOTT.SSA CARMEN CEFALOGLI

Associazione Italiana di Radioterapia Oncologica Congresso Nazionale –Padova, 2014





Int. J. Radiation Oncology Biol. Phys., Vol. 76, No. 3, Supplement, pp. S3-S9, 2010
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0360-3016/\$ - see front matter

doi:10.1016/j.ijrobp.2009.09.040

INTRODUCTORY PAPER

QUANTITATIVE ANALYSES OF NORMAL TISSUE EFFECTS IN THE CLINIC (QUANTEC): AN INTRODUCTION TO THE SCIENTIFIC ISSUES

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Int. J. Radiation Oncology Biol. Phys., Vol. 76, No. 3, Supplement, pp. S77-S85, 2010
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0360-3016/\$ - see front matter

doi:10.1016/j.ijrobp.2009.04.093

QUANTEC: ORGAN SPECIFIC PAPER

Thorax: Heart

RADIATION DOSE-VOLUME EFFECTS IN THE HEART

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Int J Radiation Oncology Biol Phys., Vol. 72, No. 3, pp. 1362-1367, 2008
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0091-643X/\$ - see front matter

doi:10.1016/j.ijrobp.2008.03.064

RTOG

CLINICAL INVESTIGATION

Head and Neck

DEVELOPMENT AND VALIDATION OF A STANDARDIZED METHOD FOR CONTOURING THE BRACHIAL PLEXUS: PRELIMINARY DOSIMETRIC ANALYSIS AMONG PATIENTS TREATED WITH IMRT FOR HEAD-AND-NECK CANCER



ELSEVIER

Int J Radiat Oncol Biol Phys., Vol. 79, No. 1, pp. 19-24, 2010
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doi:10.1016/j.ijrobp.2010.07.1977

CLINICAL INVESTIGATION

CONSIDERATION OF DOSE LIMITS FOR ORGANS AT RISK OF THORACIC RADIOTHERAPY: ATLAS FOR LUNG, PROXIMAL BRONCHIAL TREE, ESOPHAGUS, SPINAL CORD, RIBS, AND BRACHIAL PLEXUS

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WALTER J. CURRAS, Jr., M.D.^{**}

RadioGraphics

Brachial Plexus Contouring with CT and MR Imaging in Radiation Therapy Planning for Head and Neck Cancer[†]

TEACHING POINTS

See last page

Minh Tam Truong, M.D. • Rohit N. Nadgir, M.D. • Arun Rathnam M. Subramaniam, M.D., PhD • Jimmy W. Wong, MD • Melvin Khandekar, M.D., PhD • A. Chacko Nair, M.D., PhD



Int J Radiation Oncology Biol Phys., Vol. 79, No. 1, pp. 10-18, 2011
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0091-643X/\$ - see front matter

doi:10.1016/j.ijrobp.2009.10.058

CLINICAL INVESTIGATION

Breast

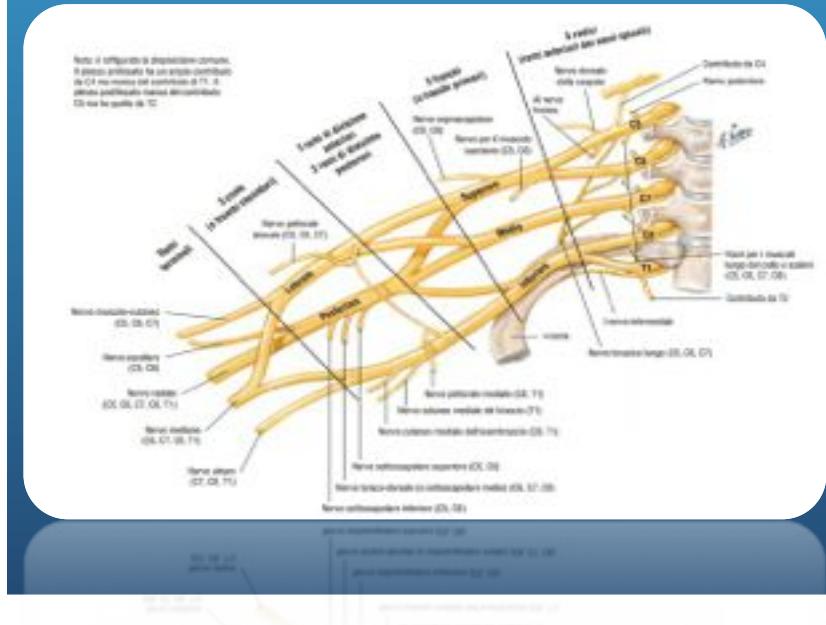
DEVELOPMENT AND VALIDATION OF A HEART ATLAS TO STUDY CARDIAC EXPOSURE TO RADIATION FOLLOWING TREATMENT FOR BREAST CANCER

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JULIE SORIANO, M.D.,^{*} ROBIN MARSH, C.M.D.,^{*} AND LORI J. PIERCE, M.D.,^{*}

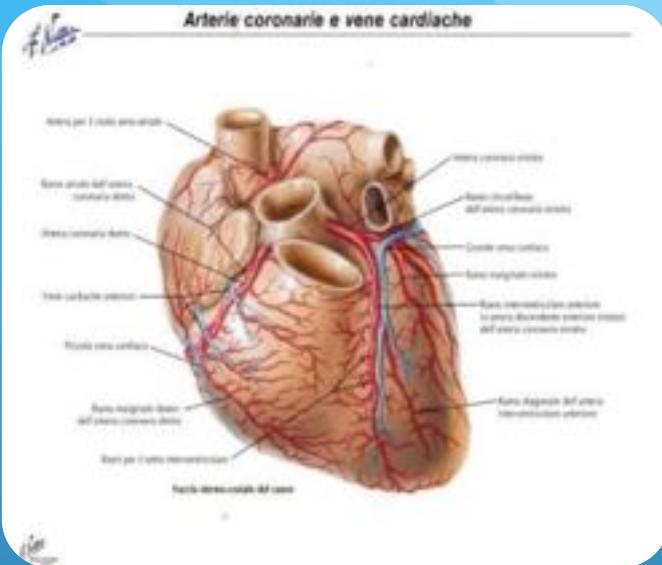
Plesso brachiale

Il plesso brachiale è composto dai *6 plessi nervosi* del SNP, costituiti dalle radici anteriori dei nervi **C5-T1** e rami anastomotici di C4 e T2. Comprende tre tronchi: Superiore (C5-C6); medio (C7); inferiore (C8-T1).

Si estende infero-lateralmente tra i muscoli scaleni anteriore e medio, segue l'arteria succchia, cui si colloca inizialmente al davanti e successivamente lateralmente; al di sotto della clavicola si fa posteriore e parallelo all'a. succchia.



Cuore-coronarie



L'**Arteria coronaria sinistra** raggiunge il solco coronarico e si divide in **descendente anteriore**, e **arteria circonflessa**.

L'**arteria coronaria destra** origina dal seno aortico destro e va in basso davanti al solco atrioventricolare, circonda il margine acuto e termina alla crux cordis.

Scopo

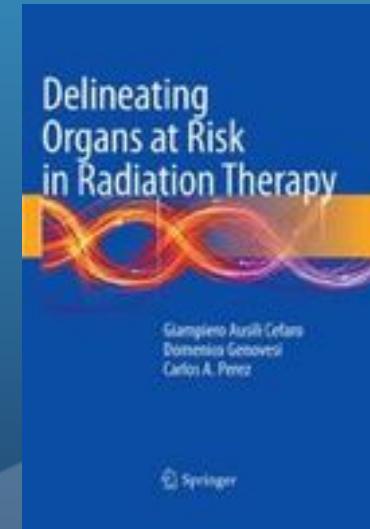
Valutare la variabilità inter-osservatore delle contornazioni del cuore in toto, delle arterie coronarie e del plesso brachiale con e senza l'uso di atlanti di riferimento tra medici con un'esperienza relativamente breve nel contouring.

Materiali e metodi

Due radioterapisti con esperienza inferiore ai 5 anni hanno contornato in cieco con e senza atlante plesso brachiale, cuore in toto e arterie coronarie di una paziente affetta da carcinoma della mammella. È stato successivamente calcolato l'indice di conformità.

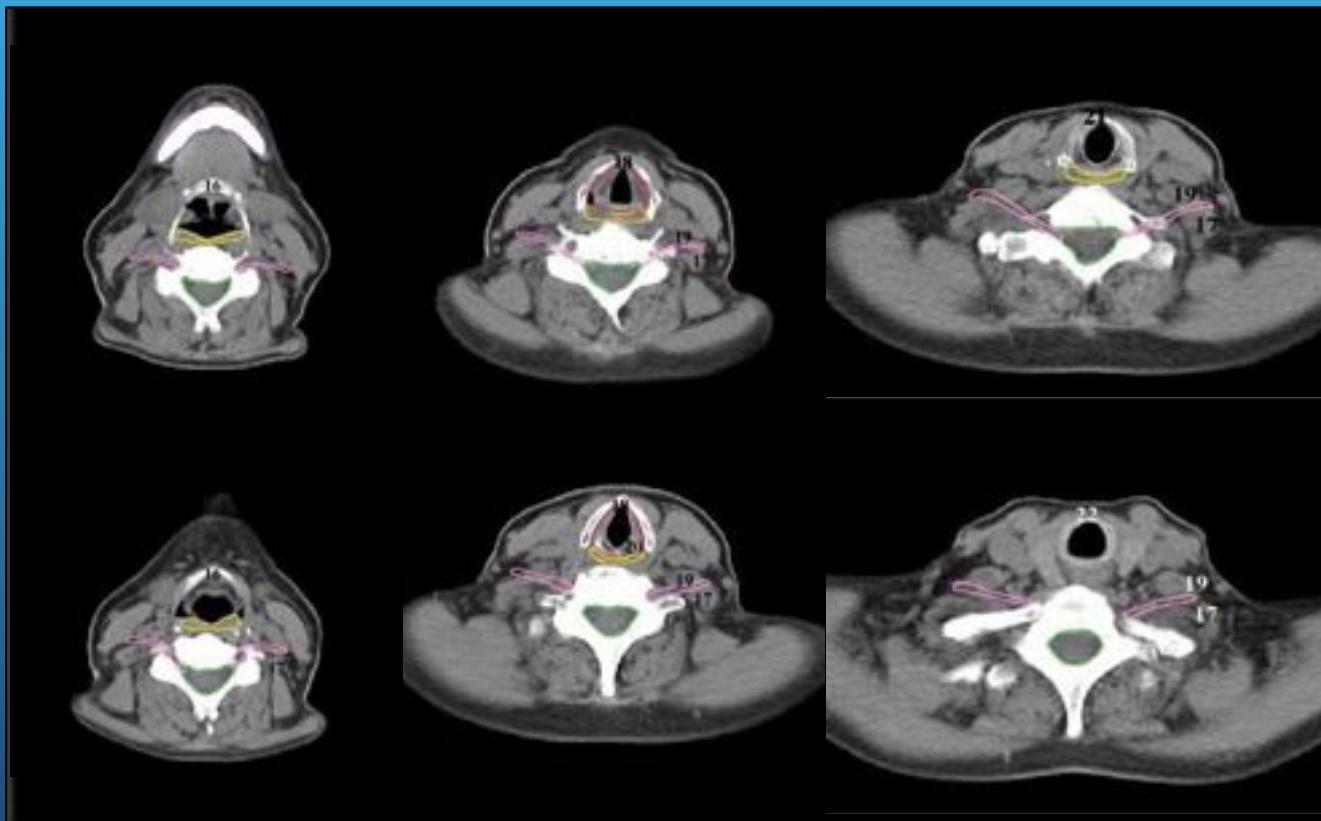
IC: Volume di intersezione/Volume di unione

➤ Testo di riferimento



Limiti anatomo-radiologici

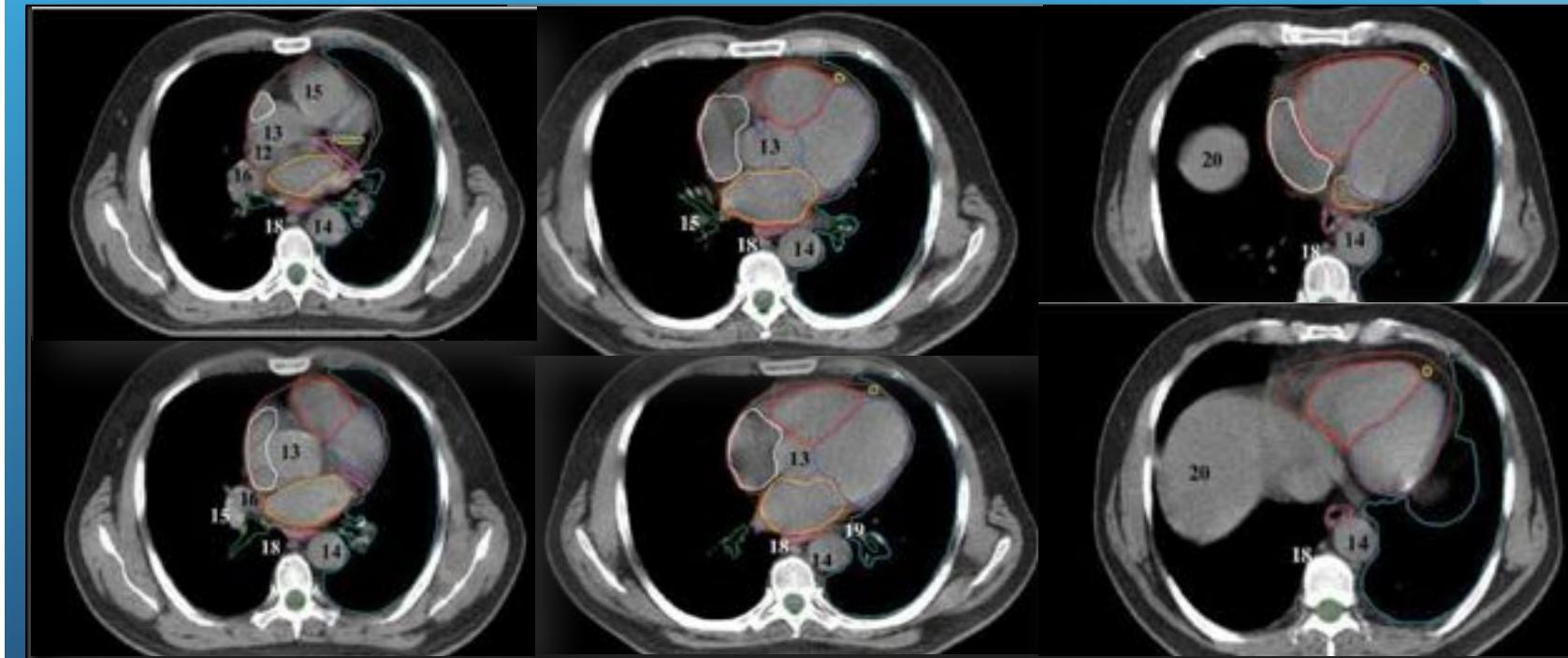
Organ at risk	Cranial	Caudal	Lateral
Brachial plexus	Neural foramina C4-C5	First half of clavicular head	Sternocleidomastoid muscle, subclavian and axillary neurovascular bundle



G.Ausili Cefaro
D.Genovesi
C.A.Perez
Springer 2013

Limiti anatomo-radiologici

Organ at risk	Cranial	Caudal	Lateral
Heart and pericardium	Line through the inferior aspect of left pulmonary trunk	Line through the superior aspect of left hepatic lobe	Mediastinal pleura and lung parenchyma

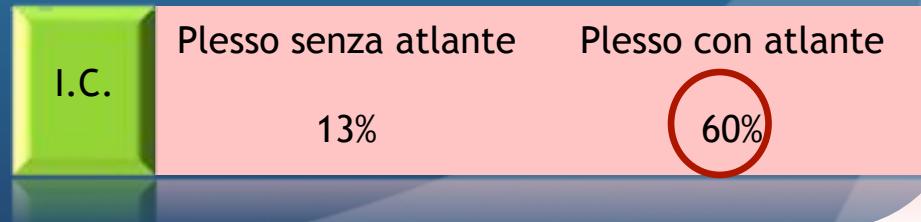
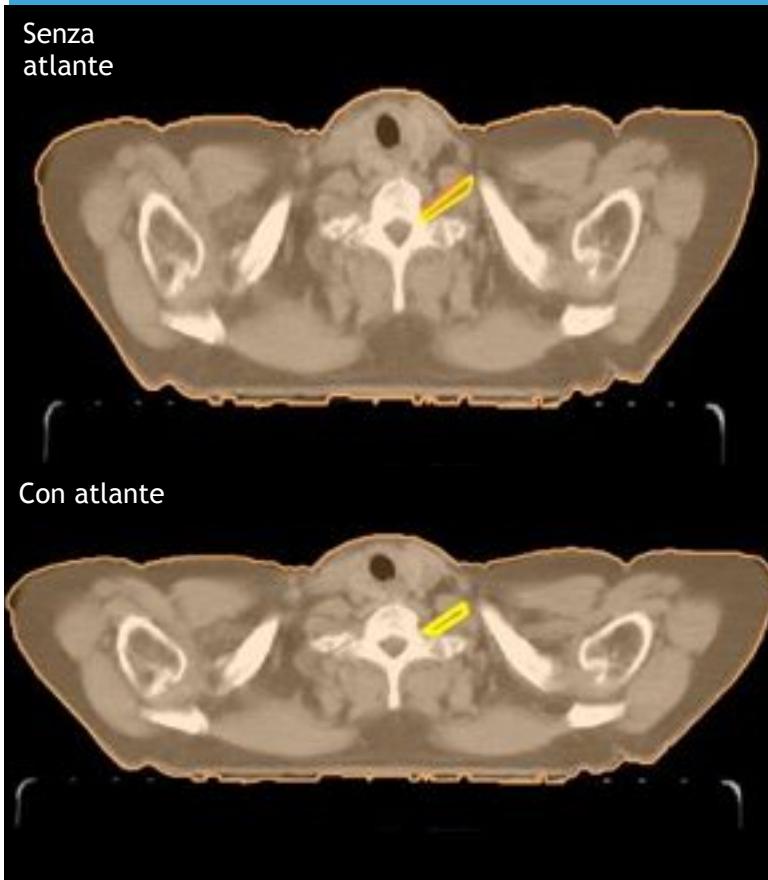


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Risultati: Plesso Brachiale

Volume (cc)	A	B
Senza atlante	2	5,1
Con atlante	6,6	8,5

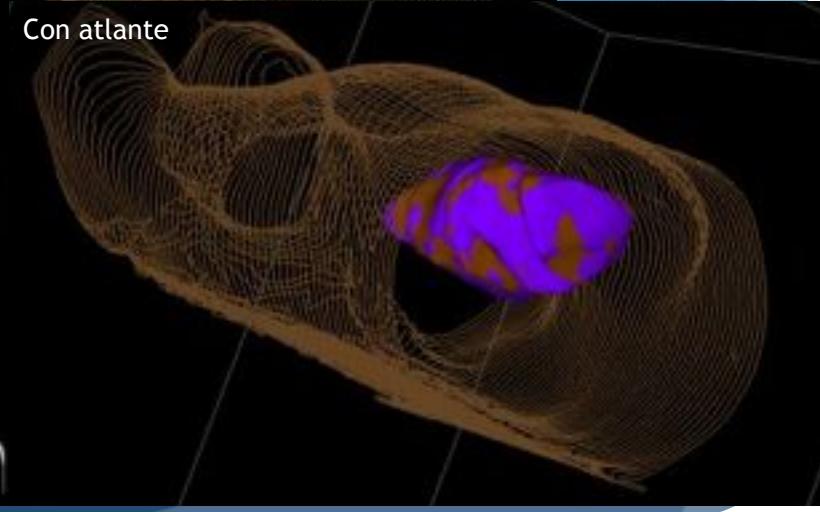
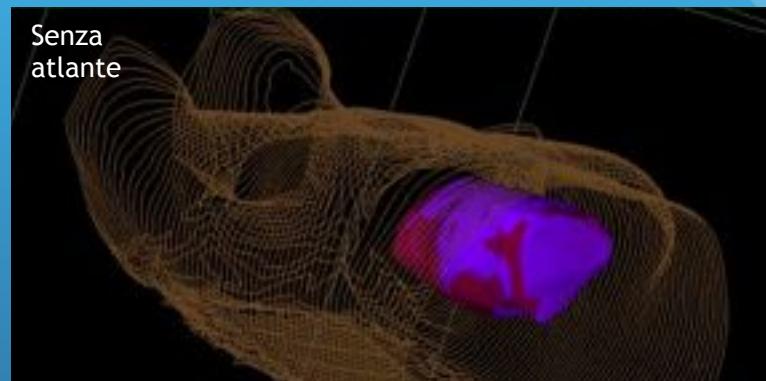
Estensione Cranio-Caudale	A	B
Senza atlante	8,5	8
Con atlante	9	9



Risultati: Cuore

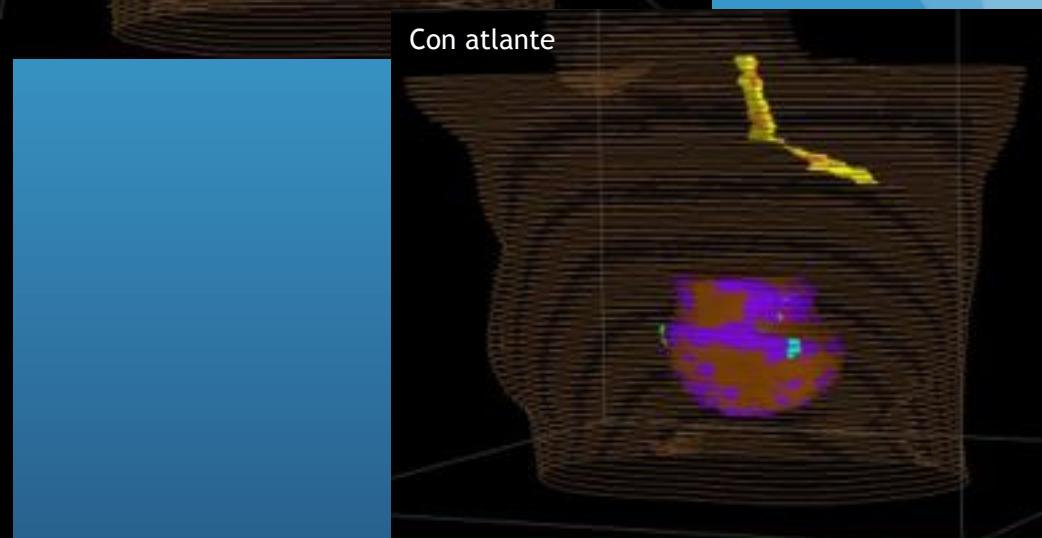
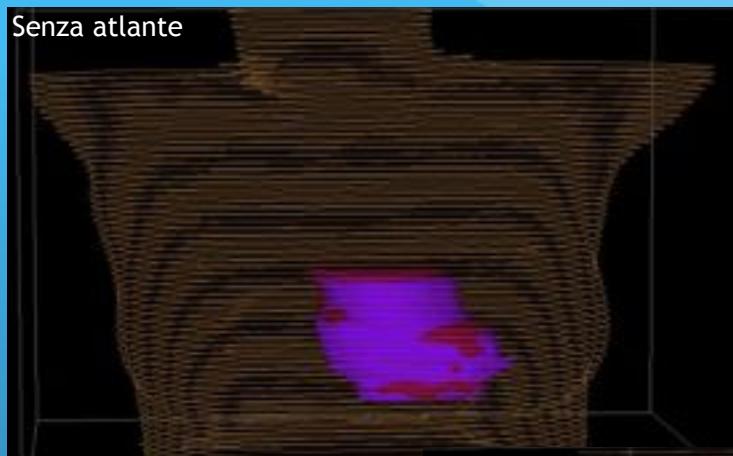
Volume(cc)	A	B
Senza atlante	610.7	623.8
Con atlante	641.3	629.9

Estensione crano-caudale	A	B
Senza atlante	8.5	9
Con atlante	9,5	9



Risultati: Cuore

Cuore	A	B
Diam. A-P 1	9.06	9,05
Diam. A-P 2	9.26	9.04
Diam. L-L 1	13,09	12,58
Diam. L-L 2	12,89	13,02



C. Senza atlante

90%

C. Con
atlante

96%

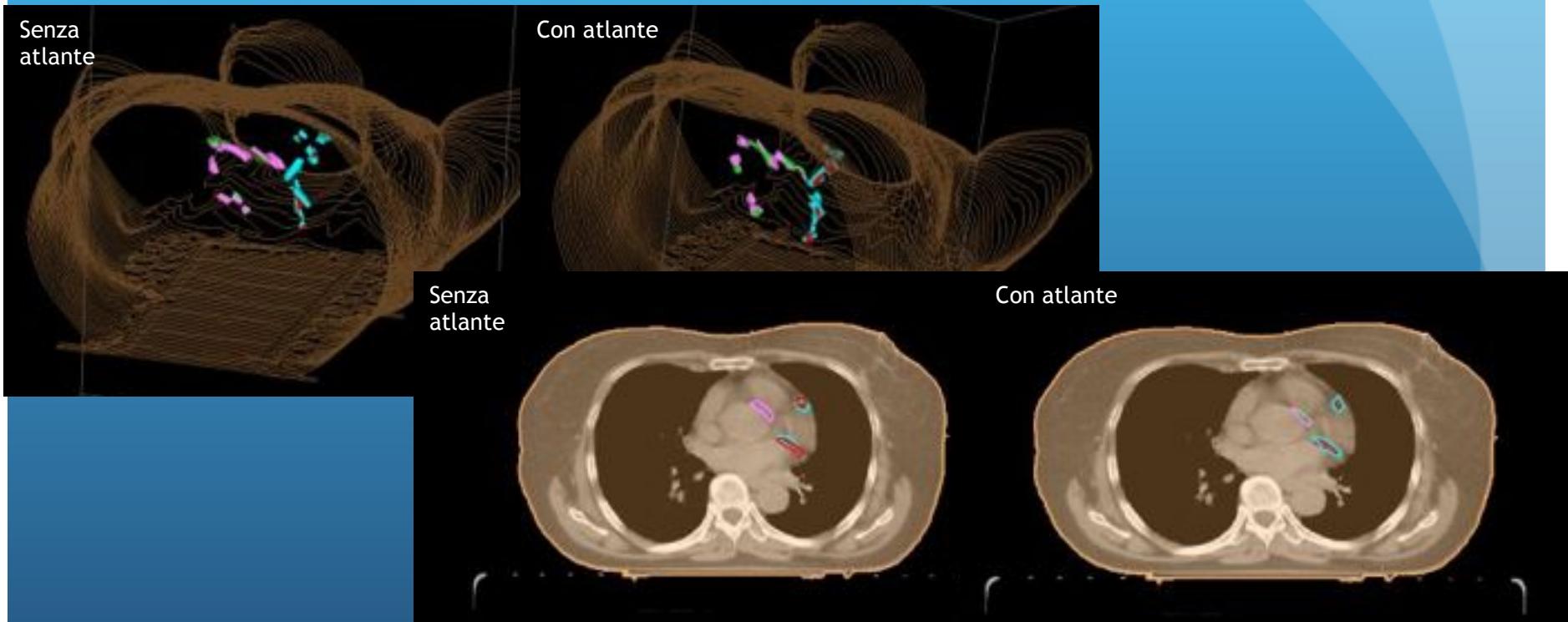
Risultati: Coronarie

Coronaria dx

Volume cc	A	B
1	2,73	4,05
2	2,44	3,64

Coronaria sx

Volume cc	A	B
1	2,53	3,62
2	3,79	4,87



I.C.

Coronaria Dx
senza atlante
22%

Coronaria Dx
con atlante
44%

I.C.

Coronaria Sn
senza atlante
31%

Coronaria Sn
con atlante
51%

Conclusioni

- Conoscenza dell'anatomia
- Esperienza nel contouring
- Utilizzo routinario di linee guida ed atlanti
- Scegliere adeguati indicatori di processo
- Utilizzo del mezzo di contrasto

Grazie dell'attenzione!