

Observation vs Radiotherapy vs Chemotherapy after surgery for the treatment of low-grade glioma: less treatment, same outcome, less toxicity?

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Brescia Meeting in Radiation Oncology, 2014





Good reasons why adjuvant treatment in Low Grade Gliomas should be given



LGG have infiltrative growth pattern





J Neurosurg 109:835-841, 2008

Recurrence following neurosurgeon-determined gross-total resection of adult supratentorial low-grade glioma: results of a prospective clinical trial

Clinical article

Edward G. Shaw, M.D.,¹ Brian Berkey, M.S.,² Stephen W. Coons, M.D.,³ Dennis Bullard, M.D.,⁴ David Brachman, M.D.,⁵ Jan C. Buckner, M.D.,⁶ Keith J. Stelzer, M.D., Ph.D.,⁷ Geoffrey R. Barger, M.D.,⁸ Paul D. Brown, M.D.,⁹ Mark R. Gilbert, M.D.,¹⁰ and Minesh Mehta, M.D.¹¹





Postoperative Radiotherapy

Efficacy Neurotoxicity

THE DILEMMA OF LOW GRADE GLIOMA

I R Whittle



J Neurol Neurosurg Psychiatry 2004;75[Suppl II]:ii31-ii36. doi: 10.1136/jnnp.2004.040501



Efficacy of postoperative Radiotherapy





THE DILEMMA OF LOW GRADE GLIOMA

I R Whittle

J Neurol Neurosurg Psychiatry 2004;75(Suppl II):ii31-ii36. doi: 10.1136/jnnp.2004.040501

Efficacy of postoperative Radiotherapy Level 1 evidence: **Early RT increases PFS**





Neurocognitive effects of Radiotherapy



Quality of Life after Radiation Therapy of Cerebral Low-grade Gliomas of the Adult: Results of a Randomised Phase III Trial on Dose Response (EORTC Trial 22844)

G.M. Kiebert,¹ D. Curran,² N.K. Aaronson,³ M. Bolla,⁴ J. Menten,⁵ E.H.J.M. Rutten,⁶ E. Nordman,⁷ M.E. Silvestre,⁶ M. Pierart,³ A.B.M.F. Karim⁹ on behalf of the EORTC Radiotherapy Co-operative Group

A PROSPECTIVE STUDY OF COGNITIVE FUNCTIONS FOLLO' CONVENTIONAL RADIOTHERAPY FOR SUPRATENTORIAL GLI IN YOUNG ADULTS: 4-YEAR RESULTS

MARIA-CLAUDIA VIGLIANI, M.D.* NICOLE SICHEZ, PH.D.,[†] MICHEL POISSON M.D.* AND JEAN-YVES DELATTRE, M.D.*

Long-term outcome of low-grade oligodendroglioma and mixed glioma Jon D. Olson, MD; Elyn Riedel, MA; and Lisa M. DeAngelis, MD

Short-Term Effects of Radiotherapy on Attention and Memory Performances in Patients with Brain Tumors



Adverse long-term effects of brain radiotherapy in adult low-grade glioma patients

O. Surma-aho, MSc; M. Nismela, MD, PhD; J. Vilkki, PhD; M. Kouri, MD, PhD; A. Brunder, MD, PhD; O. Salonen, MD, PhD; A. Pactou, MD, PhD; M. Kallis, MD, PhD; J. Pyykkonen, LicPhil; and J. Jackselaines, MD, PhD

Radiotherapy-Radiotherapy-induced cerebral abnormalities in patients with low-grade glioma

T.J. Postma, MD; M. Klein, PhD; C.C.P. Verstappen, MD; J.C. Bromberg, MD; M. Swent J.A. Langendijk, MD; M.J.B. Taphoon, MD; P. Scheltens, MD; B.J. Slotman, MD; H.M. van der Ploeg, PhD; N.K. Aaronson, PhD; and J.J. Heimans, MD

Late cognitive and radiographic changes related to radiotherapy

Initial prospective findings

C.L. Armstrong, PhD; J.V. Hunter, MD; G.E. Ledakis, PhD; B. Cohen, PhD; E.M. Tallent, BA; B.H. Goldstein, PhD; Z. Tochner, MD; R. Lusig, MD; K.D. Jady, MD; A. Pruitt, MD; J.E. Mollman, MD; E.M. Stanczack, PhD, M.Y. Sp, PeyD; T.L. Than, MS; and P. Phillips, MD

Effect of radiotherapy and other treatment-related factors on mid-term to long-term cognitive sequelae in low-grade gliomas a comparative study

M Klein, JJ Heimans, N K Aaronson, H M van der Plong, J Grit, M Muller, T J Postma, J J Mouji, R H Boerman. G N Beute, G J Ossenkoppele, G W van Imhoff, A W Dekker, J Joles, B J Stotman, H Struikmans, M J B Taphoo Effects of Radiotherapy on Cognitive Function in Patients With Low-Grade Glioma Measured by the Folstein Mini-Mental State Examination

By Paul D. Brown, Jan C. Buckner, Judith R. O'Follon, Nancy L. Iturria, Cerise A. Brown, Brian P. O'Neil, Bernd W. Scheithauer Robert P. Dinazolii. Robert M. Anusell. Waher J. Curran, Ross Abrons, and Edward G. Show

The neurocognitive effects of radiation in adult low-grade glioma patients¹

Paul D. Brown,² Jan C. Buckner, Joon H. Uhm, and Edward G. Shav Division of Ratilation Oncology (ID 81, Division of Medical Oncology (JC.81, and D Neuro-Oncology (JJ.U.), Muyo Chinc, Richeldar, MM 59505, USA and Department Valke Forest University School of Medicine, Ministro-State, MINISTO, State (JC.83).

Delayed radiation toxicity after focal or whole brain radiotherapy for low-grade glioma

vennen¹, J.E.C. Bromberg¹, Th.D. Witkamp¹, C.H.J. Terhaard¹, T.J. Postma¹ and M.J.B. Taphoorn¹ ort of Neurology, ²Department of Radiology, ²Department of Radiotherapy, University Medical Cento Desartment of Neurolosy, Virgi Universite Medical Center, Austerdam, The Netherlands

OGNITIVE FUNCTION AFTER RADIOTHERAPY FOR SUPRATENTORIAI LOW-GRADE GLIOMA: A NORTH CENTRAL CANCER TREATMENT GROUP PROSPECTIVE STUDY

NADIA N. LAACK, M.D.,* PAUL D. BROWN, M.D.,* ROBERT J. IVNIK, PH.D.,[†] lered F. Furth, M.S.,[†] Karla V. Ballman, Ph.D.,³ Julie E. Hammack, M.D.,[†] ert M. Arusell, M.D.,[#] Edward G. Shaw, M.D.,** and Jan C. Buckner, M.D.³

Late Effects of Conformal Radiation Therapy for Pediatric Patients With Low-Grade Glioma: Prospective Evaluation ather M. Conklin, Sheneije Wu, Robert H. I. The

FACTORS INFLUENCING NEUROCOGNITIVE OUTCOMES IN YOUNG PATIENTS WITH BENIGN AND LOW-GRADE BRAIN TUMORS TREATED WITH STEREOTACTIC CONFORMAL RADIOTHERAPY

RAKESH JALALI, M.D.,* INDRANE, MALLICK, M.D.,* DEBNARAYAN DUTTA, M.D.,* Savita Goswame, M.Sc.,¹ Teipal, Gupta, M.D.,* Anusimee, Munshe, M.D.,* Deepak Distipande, Ph.D.,⁴ and Rahv Sarin, F.R.C.R.*



Radiotherapy = Neurocognitive Impairment

Author	Study type	RT+ patients	Evaluable patients for cognitive outcome	Radiotherapy			Cognitive assessment	Cognitive	Follow-
				Total dose	Dose per fraction	Volume		outcome	up
Olson [12]	Remspective	62/106 (33% received RT after malignant trasformation (20 postoperative RT, 6 postoperative RT, 6 postoperative RT+ CHT, 36 delaved RT)	NA	Median D 59.4 Gy (up to 65 Gy)	NA	NA	Clinical evaluation	Cognitive impairment in 13/62 RT+ patients (21%)	Median 6 year:
Surma-aho [13]	> Remspective	28/311 postoperative RT	51/51	Median D 60 Gy ap io 68 Gyj	1.8 or 2 Gy	WBRT for 40 Gy + boost up to 20–28 Gy 67.8% Limited volume 32.2%	Standardized tests [Digit Span, Similarities, Block design and Digit Symbol subtests (Wechsler Adult Intelligence Scale) Modified Benton Visual Retention Test]	RT+ pts performed significantly worse in cognitive tests regarding performance IQ visual memory and attention	Mean 7 years
Postma [14]	Retrospective	23739 postoperative RT (2012) 108:291-308	NA	Median D S4 Gy (up to 64 Gy)	up to 25 Gy	WBRT + boost 17.4% Limited volume 82.6%	Standardized tests (Letter-Digit Substitution Test, Visual verbal Learning Test, Stroop Color-Word	Cerebral atrophy in 14/23 RT+ patients (61%) and in 1/16 RT- patients (6%). Brain atrophy was	NA
	DOI 10.1007/	/s11060-012-0821-8					Test, Concept	to graphomotor	
Jour Service	nal ef nacology Change patient Silvia Scoc Alberto Iat	EFFECTS OF STANDARD OF ART TREATMENT Changes in neurocognitive functioning and quality of life in adult patients with brain tumors treated with radiotherapy Silvia Scoccianti · Beatrice Detti · Samantha Cipressi · Alberto Iannalfi · Ciro Franzes · Giampaolo Biti				Sniffing Test)	speed, information processing capacity and memory performance. White matter changes in 6/23 RT+ patients (26.1%) and in none of RT- patients.		

Radiotherapy = Neurocognitive Impairment									
Author	Study type	RT+ patients	Evaluable patients for cognitive outcome	Radiotherapy Total dose	Dose per fraction	Volume	Cognitive assessment	Cognitive outcome	Follow- up
iorrea [15]	Reposed the	6775 (5 RT, 1 RT+ CHT)	15/25 were available for long-term follow-up	54-08.4 Gy	1.8 or 2 Gy	Limited volume	Standardized tests (Brief test of attention, Trail making test, Verbal fluency, Hopkins verbal learning test, Brief visual spatial memory, Grooved pegboard test, Beck depression inventory, Functional assessment of cancer therapy-brain)	Long-term follow-up: RT contributed to a mild decline in verbal fluency, mood and quality of life.	Median 8 year
łouw [5]	Renospective	65/65	65/65	Mean ID 56.5 Gy 38% of patients received a boost (mean dose 14 Gy)	1.6–2.5 Gy (9%	Limited volume 94%	Standardized tests (Letter-digit substitution test, Concept shifting test, Stroop color-word test, Visual verbal learning test, Memory comparison test	RT+ patients did worse in executive functioning, information processing speed and attention.	Mean 12 yea

RT radiotherapy, RT+ patients patients who received radiotherapy, RT- patients patients who did not receive radiotherapy, CHT chemotherapy, D dose, NA not available, WBRT whole brain radiotherapy, y years J Neurosci (2012) 108:291-308 DOI 10.0078/1080-031-821-3

and Categoric word fluency)



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Radiotherapy \neq Neurocognitive Impairment

Author	Study type	RT+ patients	tients Evaluable patients for cognitive outcome	Radiotherapy			Cognitive assessment	Cognitive outcome	Follow-up
				Total dose	Dose per fraction	Volume			
Klein [7]	Retrospective	104/195	195/195	Median D 55.6 Gy	1.8–2 Gy (82.7%) >2 Gy (17.3%)	Limited volume 48.1% Limited volume + boost 42.3% WBRT 1.9% WBRT + boost 7.7%	Standardized tests (Dutch adult reading test, Line bisection test, Facial recognition test, Judgment of line orientation test, Letter-digit substitution test, Letter-digit substitution test, Visual verbal learning test, Working memory task, Stroop color-word test, Categoric word fluency task, Concept shifting test)	Logistic regression showed that the use of RT was not associated with cognitive disability. Impairment in the memory domain was found only in patients who received fraction doses >2 Gy.	Mean 6 years
Vigliani [16]	Prospective	17/31	29/31 patients were evaluable 12 months after the end of treatment	54–55.8 Gy	1.8 Gy	Limited volume	Standardized tests (Stroop color-word test, WAIS subtest code, Reaction time, Verbal and visual span, Raven progressive matrices, Wechsler memory scale, Recall of a word/design series, Recall of Rey-osterrieth complex figure)	No significant difference was found over time between the RT+ and RT- patients.	6–48 m
Armstrong [17] Prospective	26/48	37/48	Mean D 55.6 Gy	1.8–2 Gy	Limited volume	Standardized tests (Praxis/finger/tapping test, Bells test, Continuous	RT without other risk for morbidity does not carry	Mean 3 years
	DOI 10.1007/s11060-012-0821	8	TMENT	_			performance test, Sentence repetition test, Controlled	a burden of cognitive decline	
Jornal of Neuro-Oncology	Changes in neur patients with br Silvia Scoccianti · Beatric Alberto Iannalfi · Ciro Fi	rocognitive fu rain tumors tr re Detti · Samantha Ci ranzese · Giampaolo E	nctioning and eated with rad	quality of life liotherapy	in adult		oral word association test, Animal naming test, Paced auditory serial addition test, symbol digit modalities test, Digit/word span test,	in adults for at least 4 years after treatment.	

Radiotherapy ≠ **Neurocognitive Impairment**

Author	Study type	RT+ patients	Evaluable	Radiotherapy			Cognitive assessment	Cognitive outcome	Follow-u
			patients for cognitive outcome	Total dose	Dose per fraction	Volume			
Brown [18]	Prospective	203/203	88/203 patients were evaluable 12 months after the end of treatment	50.4 or 64.8 Gy	1.8 Gy	Limited volume	MMSE	Most patients maintained a stable neurocognitive status after focal RT (5% of patients had a clinically significant decrease in score 5 years after the end of treatment).	Median 7.4 ye
								Patients with abnormal MMSE were more likely to have an improvement in cognitive abilities than deterioration after RT	
Forres [19]	Prospective	20/22	15/22	Mean D 54 Gy (45–63 Gy)	1.8 Gy	Limited volume	Standardized tests (Selective reminding test, Spatial recall test, Symbol digit modality test, Shipley scale. Wechsler adult intelligence scale-revised test, Trail making test, Symptom Checklist-90-revised global severity index scale)	Decline in memory and attention only if disease progressed	Mcan 2 year
Laack [4]	Prospective	20/20	20/20	50.4 or	1.8 Gy	Limited volume	Standardized tests (Wechsler adult	Cognitive function was stable after RT	Mean 3 years
	J Neuroencol (2012) 108:291-308 DOI 10.1007/s11060-012-0821-8						intelligence scale-revised		
Journal of Neuro-Oncology	EFFECTS OF STANDARD OF ART TREATMENT Changes in neurocognitive functioning and quality of life patients with brain tumors treated with radiotherapy Silvia Scoccianti - Beatrice Detti - Samantha Cipressi - Alberto Iannali - Ciro Franzes - Giampaolo Biti				in adult		learning test, Benton visual retention test, Trail making test, Stroop color-word test, Controlled oral word association test)		

Neurocognitive impairment in LGG have a multifactorial genesis

Baseline alterations	Laack 2005
Older age	Crossen JCO 1994, Klein 2002, Douw 2009
Comorbidities	Peterson 1993, Armstrong 2002, Swennen 2004
The tumor itself	Taphoorn 1994, Hahn 2000, Klein 2002, Laack 2003, Torres 2003, Correa 2007, Merchant 2009, Douw 2009
Surgery	Recht 1992, Reijneveld 2001, Merchant 2009, Douw 2009
Radiotherapy	Dose >2Gy: Corn 1994, Crossen 1994, Klein 2002 High total dose: Crossen 1994, Kiebert 1998, Klein 2002 Large volume: Asai 1989, Kleinberg 1993, Gregor 1996, Surma-aho 2001, Swennen 2004, Merchant 2009
Chemotherapy	Crossen 1994, Keime-Guibert 1998
Antiepilectic Drugs	Klein 2002, Correa 2007, Correa 2009, Douw 2009
Psychological Experience	Cull 1996

Take home message





Strategies for reducing the toxicity of RT Selection for pts to be treated with immediate RT

How to reduce the potential neurotoxicity of radiotherapy

Use high conformal technique								
Keep your volume as small as possible	GTV: high intensity area on T2w MRI + CE CTV=GTV + 1 (-2) cm	EORTC 22033: Fairchild 2012 Merchant 2009						
Keep total dose as low as possible	45/50.4/(54Gy)	EORTC 22844: Karim 1996 RTOG: Shaw 2002						
Use always conventional fractionation	1.8/2 Gy							

"..with modern RT techniques, the risk of cognitive decline is probably low.."

Taphoorn, ASCO Proceedings 2009

Consider hippocampal sparing RT

Pinkham 2013

Hippocampal-sparing radiotherapy: The new standard of care for World Health Organization grade II and III gliomas?



M.B. Pinkham ^{a,e,*}, K.C. Bertrand ^e, S. Olson ^b, D. Zarate ^f, J. Oram ^{b,c}, A. Pullar ^{a,e}, M.C. Foote ^{a,d,e}



Unfavorable prognostic factors

Clinical factors	Disease related factors	Treatment related factors
Age ≥40 y*	Astrocytoma*	Partial removal or biopsy
Low PS	High proliferative index	
Neurological deficits *	No LOH 1p/19q	
	Large diameter*	
	Tumor crossing the midline*	
	Contrast enhancement	

*Confirmed by EORTC data, Pignatti 2002



Prognostic Factors for Survival in Adult Patients With Cerebral Low-Grade Glioma

By Francesco Pignatti, Martin van den Bent, Desmond Curran, Channa Debruyne, Richard Sylvester, Patrick Therasse, Denes Áfra, Philippe Cornu, Michel Bolla, Charles Vecht, and Abul B.M.F. Karim for the European Organization for Research and Treatment of Cancer Brain Tumor Cooperative Group and Radiotherapy Cooperative Group

Age	<40 vs ≥40 y	
Headache	No vs Yes	
Epilepsy	No vs Yes	
Epilepsy only	No vs Yes	
Mental disturbances	No vs Yes	
Motor disturbances	No vs Yes	
Neurologic deficit	No vs Yes	
Largest diameter	<6 cm vs ≥6 cm	
Tumor crossing the midline	No vs Yes	
N of lobes involved	<1 vs>1	
Ventricles involved	No vs Yes	
Surgery	Biopsy vs<50% removal vs 50-89% removal vs 90-100%	
Histology subtype	OD/OA vs A	

Age <40 vs ≥40 y Neurologic No vs Yes SC deficit 0 Largest <6 cm vs ≥6 1 diameter cm Tumor No vs Yes 2 crossing the 3 midline 4 Histology OD/OA vs A subtype 5

Prognostic score		
0	Risk Gro	ups
1	Low	0-2
2	Lich	2 5
3	risk	5-5
4		
-		

J Clin Oncol 20:2076-2084

<image/> <section-header><section-header></section-header></section-header>	Age ≥ 40 y Neurological deficit (with exception of well- controlled seizures) Astrocytoma	<image/> <section-header><section-header></section-header></section-header>
Max diameter > 6 cm		Partial resection

RADIOTHERAPY WITHOUT DELAY





Can Chemotherapy replace Radiotherapy in the postoperative management of LGG?

1.Phase II studies on exclusive cht 2.EORTC trial 22033/26033

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Phase II studies on exclusive cht

Author	n	Histotypes	Chemo	Newly diagn/rec	OS	PFS	RR
Mason Neurology 1996	8/9	OD	PCV	Newly diagn	n.a.	mPFS 25 m	PR 75%
Soffietti Neurosurgery 1998	15/26	OD+OA	PCV	Onlyrec	n.a.	mPFS 24 m*	CR 12%* SD 31%* PR 50%* PD 8%*
Brada Ann Oncol 2003	30	A+OD+OA	ТМΖ	Both	3y OS 82%	3y PFS 66%	SD 38% PR 58% PD 3%
Hoang-Xuan JCO 2004	60	OD+OA	TMZ	Only rec	n.a.	1y PFS 73%	SD 61% PR 31% PD 8%
Lebrun Eur JNeurol 2007	33	OD	PCV	Newlydiagn	2y OS 85%	1y PFS 90%	CR 3% SD 55% PR 24% PD 18%
Tosoni JNO 2008	30	A+OD+OA	3 weeks on, 1 week off TMZ	Only rec	2y OS 79%	2y PFS 43%	SD 56,7% PR 30% PD 13,3%
Kesari Clin Cancer Res 2009	32/44	OD+OA	7 weeks on, 4 weeks off TMZ	Both	3y OS 12%*	3y PFS 57%*	SD 75%* PR 20%* PD 5%*

Treatment	Endpoint			
50,4 Gy 75 mg/m2/day, d1-21, q28 TMZ (up to 12 courses or until progression)	PRIMARY ENDPOINT: PFS (differences to be detected: improvement of 13% to 58% in PFS at 5 years for the TMZ arm; HR: 0.68,2-sided,5% sign.level)			
	SECONDARY ENDPOINTS:			
	OS OoL and MMSE			
	SECONDARY ENDPOINTS: OS QoL and MMSE <u>Neurocognitive measures</u> (only in some centers)			
progression)	Neurocognitive n (only in some centers) Toxicity			







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			RT (N=	228)(%)	TMZ (N=235)(%)		
G4 hematological toxicity			Grade 2	Grade 3	Grade 2	Grade 3	Grade 4
		WBC	2 (0.9%)	-	61 (26.0%)	8 (3.4%)	1 (0.4%)
Radiotherapy	0%	ANC	1 (0.4%)	1 (0.4%)	28 (11.9%)	6 (2.6%)	4 (1.7%)
		Platelets	-	-	4 (1.7%)	4 (1.7%)	7 (3.0%)
TMZ	5.5%	Haemoglobin	-	-	7 (3.0%)	1 (0.4%)	1 (0.4%)

22033	3-26033	3: Ge	neral	toxici	ty			
	RT (N=238) (%)			TMZ (N=235) (%)				
	Grade 3	Grade 4	Grade 5	Grade 3	Grade 4	Grade 5		
Allergy, immuno.				1 (0.4)				
Auditory, ear	4 (1.8)			1 (0.4)				
Blood				14 (6.0)	3 (1.3)	Concession of the		
Cardiac (general)				2 (0.9)		1 (0.4)	G4 t	oxicity
Constitutional symptoms	8 (3.5)			15 (6.4)	1 (0.4)			OAICICY
Dermatology/skin	1 (0.4)			4 (1.7)			RT	0.9%
Gastrointestinal	4 (1.8)			10 (4.3)				010 /0
Hepato./pancreas	2 (0.9)						TMZ	22.9%
Infection	2 (0.9)			7 (3.0)	1 (0.4)			
Lymphatics	1 (0.4)						G5 to	oxicity
Metabolic/laboratory	2 (0.9)		1 (0.4)					-
Neurology	25 (11.0)	2 (0.9)			34 (14.5)	5 (2.1)	RT	1.7%
Pain	6 (2.6)				7 (3.0)			2 22/
Pulmonary/upper respiratory	1 (0.4)		1 (0.4)		1 (0.4)		IMZ	3.8%
Renal/Genitourinary	2 (0.9)							
Second. malignancy	1 (0.4)		1 (0.4)		2 (0.9)	3 (1.3)		
Sexual/reproductive function					4 (1.7)			
Vascular	1 (0.4)		1 (0.4)		1 (0.43)			

Take home message

Can Chemotherapy replace Radiotherapy in the postoperative management of high risk LGG?

•First line treatment with TMZ compared to RT did not improve PFS •Severe toxicity in patients treated with TMZ was more frequent



