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# Correlation of Dosimetrical Variables and Cytokines in NSCLC Patients Treated with IG-IMRT

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## Background

Post RTOG 0617 era. Improving outcome in locally advanced NSCLC:

- Radiobiology alterated fractionations
- New systemic agents
- Biology

SBRT era. Widespread use of high ablative dose; the number of patients eligible for SBRT is likely to increase. New challenges:

- interpretation of lung changes vs. PD
- foreseeing high risk patients for severe lung toxicity

## Background

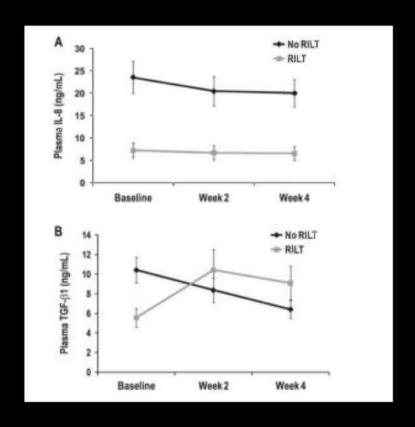
As part of Biology: cytokines!

Possible biomarkers:

- in the identification of patients at high risk for the development of radiation fibrosis
- -differential diagnosis fibrosis vs. PD in SBRT
- -in the identification of patients that might / might not benefit from dose-escalation
- -surrogates of response

### Rationale

A correlation exists between plasma levels of cytokines and side effects of RT to the lung



#### Rationale

Research has been conducted in this field with limitations:

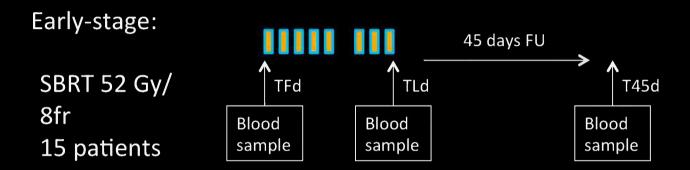
- different studies assessed the role of *single* cytokines
- few molecules investigated
- no current endpoints (clinical –G2/4 pneumonitis)
- no conclusive results

## Purpose

to investigate if a correlation exists between dosimetrical variables of the RT treatment and plasmatic levels of multiple cytokines in NSCLC patients treated with IG-IMRT.



Ethics Committee Approval
Between May and December 2011



Locally-advanced:



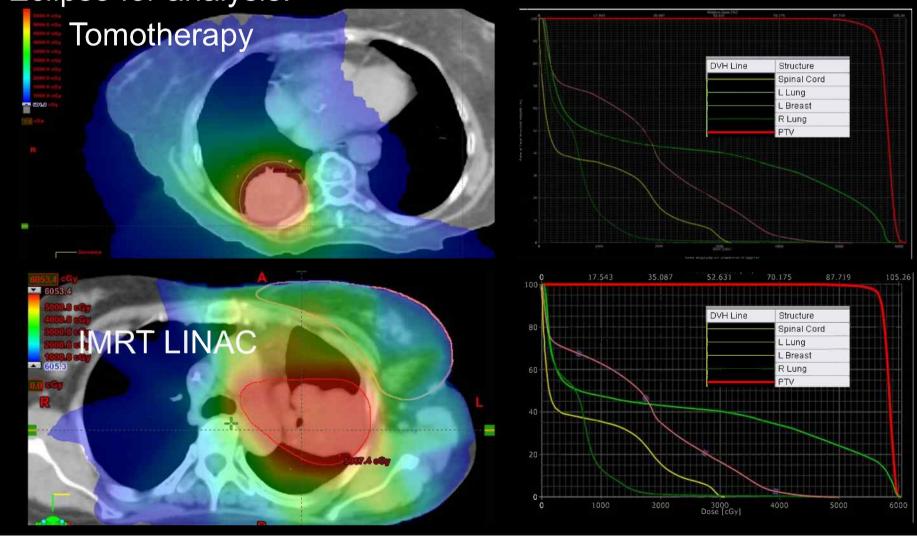
TFd: Time first day of RT; TLd: Time last day of RT; T45d: Time 45th day of follow-up; T2w: Time second week RT

A multiplex parametric technology was used for quantification of the following cytokines:

IL-1, IL-1ra, IL-2, IL-4, IL-5, IL-6, IL-7, IL-8, IL-10, IL-12, IL-13, IL-15, IL-17,

EGF, FGF-2, INF- $\gamma$ , MIP-1 $\alpha$ , MIP-1 $\beta$ , TGF- $\alpha$ , VEGF, PDGF- $\alpha$ , PDGF- $\beta$ 

IMRT was delivered with the Tomotherapy Hi-Art II System or with a Varian LINAC (RA). Tomotherapy plans were exported to Eclipse for analysis.



The following dosimetrical parameters were extracted:

Variables related to ipsilateral lung:

Mean lung dose (MLD): 17.2 Gy (95% CI 3.7 - 30.1)

V20: 32.4 (95% CI: 6.1 - 59.1)

V5: 59.3 (95% CI: 16.3 - 94.6)

Variables related to PTV:

Size of PTV: 281.1 cc (95% CI: 25.4 – 975)

Average dose to PTV: 58.2 Gy (95% CI: 53.4 - 63.2)

Variables related to fractionation:

Average dose / fraction to PTV: 5.9 (95% CI: 2.4 - 10.9)

Number of fractions: 5,8, 25

## Statistical analysis

Ccorrelations between dosimetric parameters and cytokines was performed using the Pearson linear correlation coefficient and the associated *p*-values computed using a Student's t distribution.

A matrix of p-values, showing only p<0.05 was calculated to identify significant correlations

#### Dosimetrical variables

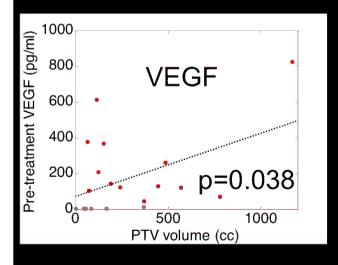
Measured Cytokines

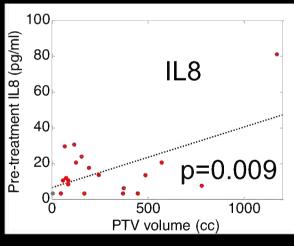
	PTV size (cc)	V20 (Gy)	V5 (Gy)	MLD (Gy)	PTVave (Gy)	fractions	dose / fx (Gy)
IL1_0			` ,		( 2)		( , ,
IL1ra 0							
IL2_0							
IL4_0							
IL5_0	0.009						
IL6_0							
IL7_0							
IL8_0	0.009						
IL10_0							
IL12_0							
IL13_0							
IL15_0							

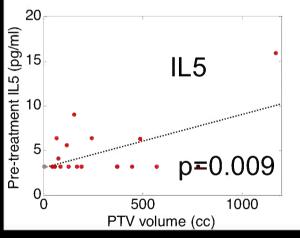
## Results (1)

Statistically significant correlations were found between some absolute values of cytokines and dosimetric variables:

PTV size (cc) was related to pre-treatment values of IL 5, IL 8 and VEGF



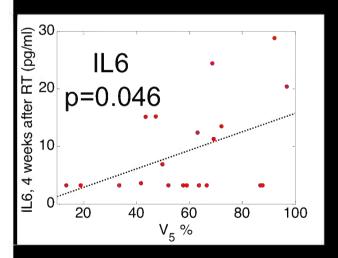


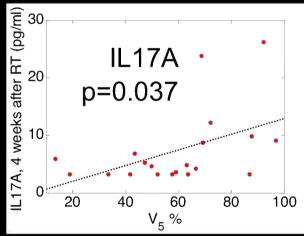


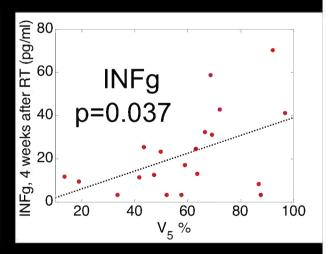


## Results (2)

Ipsilateral Lung V5 was related to plasmatic value of IL6, IL17A and INFg measured at 45 days after RT



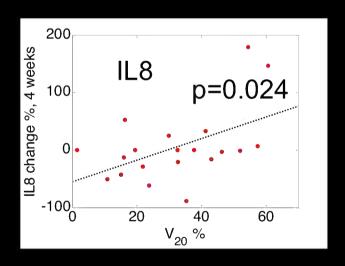


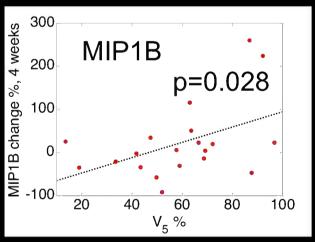


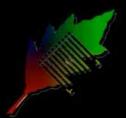


## Results (3)

*Ipsilateral Lung V5 and V20* were also related to relative change in MIP1B and IL-8 45 days after RT







#### Conclusions

- PTV volume was related to some baseline cytokines values (IL-5, IL-8, VEGF).
- Dosimetrical lung variables (V5 and V20) were related to cytokines levels after completion of RT.
- All correlations were positive: an increase in dosimetrical parameters corresponded to an increase in cytokine plasmatic level
- No "fractionation effect" on cytokine levels.

