RADIOCHEMIOTERAPIA MODERATAMENTE IPOFRAZIONATA SOMMINISTRATA MEDIANTE HT NEL TRATTAMENTO DEL NSCLC LOCALMENTE AVANZATO NON RESECABILE





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NSCLC Incidence The IASLC Lung Cancer Database



Stage III "N2/N3 Disease" AND Sequential/Concurrent RT



711 patients 3 randomized trials

O'Rourke N. Clin Oncol 2010



1205 patients 6 randomized trials

Auperin A. J Clin Oncol 2010

Stage III "N2/N3 Disease" AND Sequential/Concurrent RT

In patients with stage III (N2,3) NSCLC and performance status 0-1 combination platinumbased chemotherapy and radiotherapy (60-66 Gy) are recommended (Grade 1A)



NSCLC

1980s: Definitive XRT

5-y Survival

- 1990s: Sequential chemoradiotherapy
- 2000s: Concurrent chemoradiation

Site	1976	1982	1994	2008
Breast	75	76	85	90
Colon	50	55	63	65
Prostate	67	73	93	100
Rectum	48	52	61	68
Lung	12	13	14	17

CA CANCER J CLIN 2013

Stage III NSCLC AND Focus on RT

So far, concurrent chemotherapy with radiotherapy to a dose of 60 Gy in 30 daily fractions is considered the standard treatment

Locoregional control rate @ 3 yrs = 38%

Journal of Thoracic Oncology 2012

Stage III NSCLC AND Focus on RT



Stage III NSCLC AND RT CONSIDERATIONS

HIGHER BIOLOGICALLY EFFECTIVE DOSE OF RADIOTHERAPY IS ASSOCIATED WITH IMPROVED OUTCOMES FOR LOCALLY ADVANCED NON–SMALL CELL LUNG CARCINOMA TREATED WITH CHEMORADIATION: AN ANALYSIS OF THE IJROBP 2012 RADIATION THERAPY ONCOLOGY GROUP

RT dose intensity ensure a 4% relative improvement in survival for every 1 Gy BED increase

Stage III NSCLC AND RT CONSIDERATIONS



The effect of radiation dose on survival is independent of whether chemotherapy is given

Wang L. IJROBP 2009

Stage III NSCLC AND RTOG 0617

<u>Arm A</u>

Concurrent chemotherapy: Carboplatin & Paclitaxel

RT to 60 Gy, 5 x per week for 6 weeks

Arm B: Closed 6/17/11

<u>Concurrent chemotherapy:</u> Carboplatin & Paclitaxel

RT to 74 Gy, 5 x per week for 7.5 weeks

Arm C 1-year OS: 81% in the 60 Gy arm vs 70.4% in the 74 Gy arm (p=0.02)

Cetuximab Loading Dose: Week 1, Day 1 then Concurrent chemotherapy, Carboplatin & Paclitaxel, and Cetuximab

RT to 60 Gy, 5 x per week for 6 weeks Arm D: Closed 6/17/11

Cetuximab Loading Dose: Week 1, Day 1 then Concurrent chemotherapy, Carboplatin Paclitaxel, and Cetuximab

RT to 74 Gy, 5 x per week for 7.5 weeks





Deaths related to the effects on the normal lungs and perhaps the heart from high-dose 3D-CRT and IMRT?

Letter

2013

Dose-escalated Radiotherapy for Stage III Unresectable Non-small Cell Lung Cancer: Have We Come to a Standstill?

Arm B: Closed 6/17/11

Concurrent chemotherapy: Carboplatin & Paclitaxel

RT to 74 Gy, 5 x per week for 7.5 weeks

Arm D: Closed 6/17/11

<u>Cetuximab Loading Dose:</u> Week 1, Day 1 then <u>Concurrent chemotherapy, Carboplatin</u> <u>Paclitaxel, and Cetuximab</u>



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Dose escalation by extending the course of treatment over more days incurs extra tumor cell repopulation during the course of treatment, lessening the benefit of the extra dose

Letter

2013

Dose-escalated Radiotherapy for Stage III Unresectable Non-small Cell Lung Cancer: Have We Come to a Standstill?



S. Arcangeli, V. Donato Radiotherapy Department, S. Camillo-Forlanini Hospital, Rome, Italy

<u>3 RTOG trials</u>

loss of survival of 1.6% per day of prolongation
>6 weeks [Fowler '02]

 risk of death >2% for each day of prolongation in concurrent CT-RT [Machtay '05]

Stage III NSCLC How to go beyond 60 Gy ?



Stage III NSCLC Improving RT efficiency I



Vincent Van Gogh- The Starry Night

A dose that conforms more tightly to the target volume means less normal tissue irradiated.

Highly conformal doses can be achieved using intensity-modulated RT

Yom IJROBP 2007

Stage III NSCLC Improving RT efficiency II



Hypofractionation

increases dose per day reducing the number of treatment fractions thus counteracting the effect of tumour repopulation due to a prolonged treatment time

Mehta IJROBP 2001

Stage III NSCLC Improving RT efficiency III

Hit Your Target



Uncertainty in patient setup is reduced using imageguided radiotherapy (IGRT)



✓ IMRT✓ HYPOFRACTIONATION✓ IGRT

TomoTherapy

2

6

frontiers in

RADIATION ONCOLOGY

Trial outline

2.25-2.28 Gy/fx x 30 fxs

• Fewer and larger fractions are delivered within 6 wks

 2.25-2.28 Gy x 30 fxs = 67.5-68.4Gy has the same biologic effective dose (BED) for tumouricidal effects equal to 70Gy in 2Gy fractions

frontiers in

IN RADIATION ONCOLOGY

Patients characteristics	Value
No. of patients	61
Age (y)	67 (range 40 – 78)
Type of carcinoma	31 Adenocarcinoma23 Squamous cell7 Unspecified NSCLC
Stage	IIIA 35 IIIB 26
Chemotherapy	32 Sequential 29 Concomitant
Median OTT days	42 (42—45)

frontiers in

RADIATION ONCOLOGY



frontiers in

IN RADIATION ONCOLOGY



frontiers in

IN RADIATION ONCOLOGY



frontiers in

RADIATION ONCOLOGY

 Hypofractionated RT increase radiation effect on the tumor cells allowing higher total dose and keeping the treatment course within 6 weeks

 Dose escalation utilizing the dose-per-fraction is safe even when associated with chemotherapy (either sequential or concurrent)

Stage III NSCLC AND Ongoing Trials

RTOG 1106/ACRIN 6697

RANDOMIZED PHASE II TRIAL OF INDIVIDUALIZED ADAPTIVE RADIOTHERAPY USING DURING-TREATMENT FDG-PET/CT AND MODERN TECHNOLOGY IN LOCALLY ADVANCED NON-SMALL CELL LUNG CANCER (NSCLC)

S T R A T	Stage 1. IIIA 2. IIIB Primary Tumor Size 1. > 5 cm 2. ≤ 5 cm	³ R A D O M	Arm 1: Concurrent Chemoradiotherapy RT to 50 Gy in 25 fractions (nominally 5 fx/week) ⁴ Carboplatin and paclitaxel weekly Arm 2: Concurrent Chemoradiotherapy	F D G P E T	A total of 60 Gy in 30 daily fractions (nominally 5 fx/week)
I F Y	I F <u>Histology</u> Y 1. Squamous 2. Non- Squamous	I F Z ⁴ E	RT to <u>46.2 Gy in 21 fractions</u> (nominally 5 fx/week) Carboplatin and paclitaxel weekly		Arm 2: Adaptive radiotherapy, <u>based on</u> during-RT FDG-PET/CT scan and resimulation with CT scan with carboplatin and paclitaxel for a total of 6 weekly cycles 19.8-34.2 Gy in 9 fractions: overall total of up

ClinicalTrials.gov

Dose Escalation by Boosting Radiation Dose Within the Primary Tumor Using FDG-PET-CT Scan in Stage IB, II and III NSCLC (PET Boost)

to 80.4 Gy in 30 daily fractions in 6 weeks

Individualized to MLD 20 Gy

Whole tumor boost

RADIATION THERAPY

ONCOLOGY GROUP

Patients in this arm will receive radiotherapy (66Gy) in 24 fractions of 2.75 Gy with an integrated boost to the primary tumor as a whole

Boost 50% SUV area

Patients in this arm receive radiotherapy (66Gy) in 24 fractions of 2.75Gy with an integrated boost to the 50% SUVmax area of the primary tumor (of the pre-treatment FDG-PET-CT scan)