



## Oncoematologia e nuove tecniche Radioterapiche

# Linfoma di Hodgkin

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C.N.R

Pusey W.

Cases of sarcoma and of Hodgkin's disease treated by exposure to X-rays: a preliminary report.

JAMA **1902**; 38:166-169

# Radiotherapy “extended field”

R. Gilbert

“Radiotherapy in Hodgkin’s disease. (Malignant Granulomatosis); anatomic and clinical foundations; governing principles; results”

American Journal of Roentgenology 41:198, 1939.

M.V. Peters

“A study of survivals in Hodgkin’s disease treated radiologically”

American Journal of Roentgenology 63:299, 1950.

H.S. Kaplan

“The radical radiotherapy of regionally localized Hodgkin’s disease,”

Radiology 78:553–561, 1962.

# Extended fields

Mantle field → linfonodi sovradiaframmatici

Inverted Y → linfonodi sottodiaframmatici

TLI → Mantle field + Inverted Y

STLI → TLI - pelvi

### Lymph Nodes

Cervical

Supra-clavicular

Mediastinal

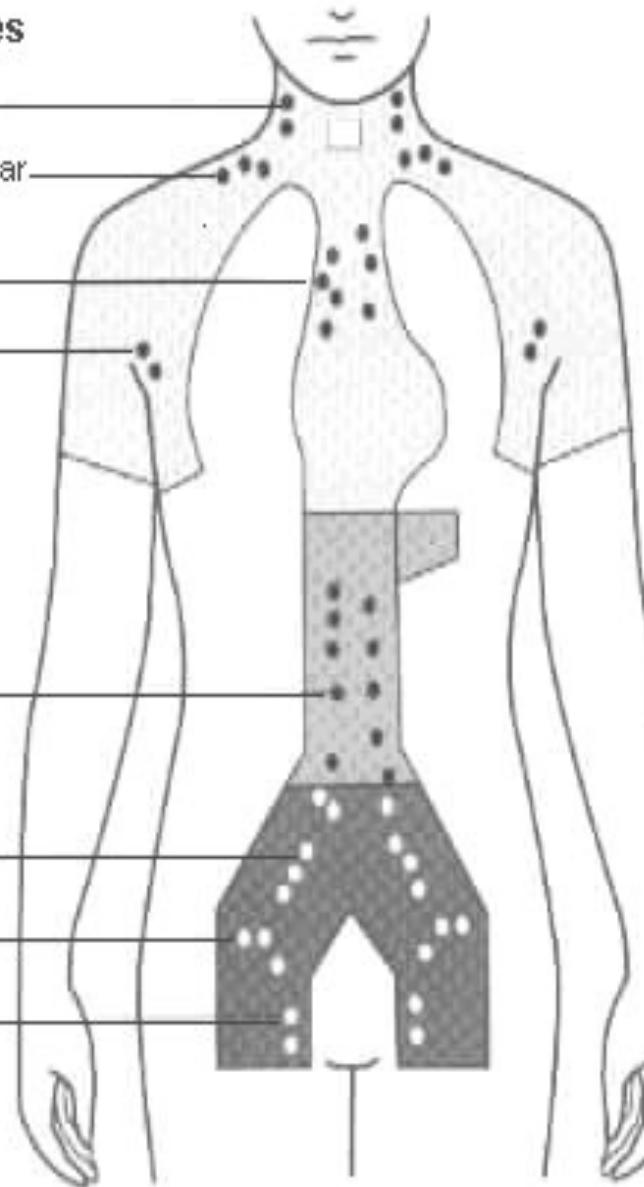
Axillary

Periaortic

Iliac

Inguinal

Femoral



Mantle  
Field

Total  
Field

Inverted Y  
Field

# Outcome

Stage I-II

Dose 40 – 45 Gy

DFS 5 year up to 70%

Hoppe RT et Al. Blood 59(3):455-465, 1982

Mauch P et Al. J Clin Oncol 6(10):1576-83, 1988

# Chemotherapy in Hodgkin's lymphoma

V. T. Devita Jr., A. A. Serpick, and P. P. Carbone,

“Combination chemotherapy in the treatment of advanced Hodgkin’s disease,”

*Annals of Internal Medicine* 73(6):881–895, 1970.

G. Bonadonna, R. Zucali, and S. Monfardini,

“Combination chemotherapy of Hodgkin’s disease with adriamycin, bleomycin, vinblastine, and imidazole carboxamide versus MOPP,”

*Cancer* 36(19):252–259, 1975.

# Late toxicity

- ✓ Lung
- ✓ Heart
- ✓ Thyroid
- ✓ Second cancer

## Survival in Hodgkin's disease patients – Report of 25 years of experience at the Milan Cancer Institute

Gianni Bonadonna \*, Simonetta Viviani, Valeria Bonfante,  
Alessandro M. Gianni, Pinuccia Valagussa

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Received 3 August 2004; received in revised form 8 November 2004; accepted 4 January 2005

Available online 24 February 2005

### Cause of death at 25 years

- Progressive lymphoma      25.1%
- Chemotherapy related      2.6%
- Second cancers            11.6%
- Potentially treatment related 3.4%

# Toxicity of treatment

- Treatment load
- Irradiated volume
- Dose
- Radiation delivery techniques

Prognostic factors

Early-staged (I-II) unfavourable features (EORTC/GELA)	Early-staged (I-II) unfavourable features (GHSG)
Four or more nodal areas involved	Three or more nodal areas involved
Bulky mediastinum*	Bulky mediastinum*
ESR >50 without B symptoms or >30 with B symptoms	ESR >50 without B symptoms or >30 with B symptoms
Aged 50 years old or more	Extranodal disease

\* Bulky mediastinum defined as mediastinal/thoracic ratio >0.35.

Tubiana M et Al. Blood 73(1):47-56, 1989

Diehl V et Al. Med Onc Tum Pharmacother 6(2):155-162, 1989

Haybittle JL et Al. Lancet 1(8453):967-972, 1985

- ✓ Chemotherapy exclusion is possible only in the stage IA of nodular lymphocyte predominant HL.
- ✓ Radiotherapy exclusion is possible in large majority of stage III-IV HL patients.

Nogovà L et Al. Annals of Oncology 26(3):434-439, 2008

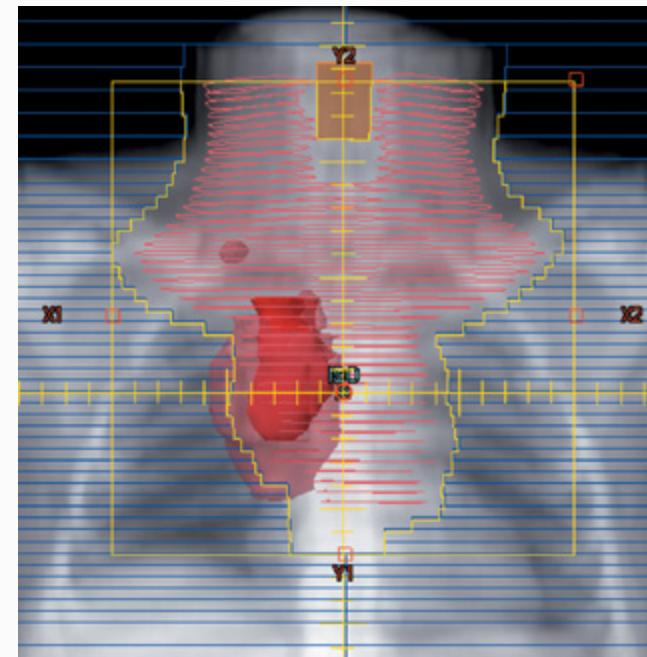
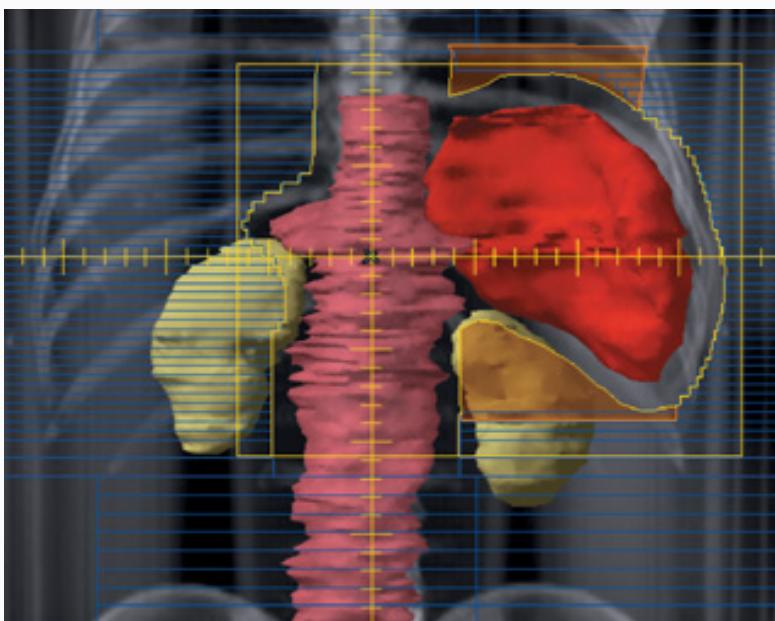
## Symposium article

*Annals of Oncology* 13 (Supplement 1): 79–83, 2002  
DOI: 10.1093/annonc/mdf616

# The involved field is back: issues in delineating the radiation field in Hodgkin's disease

J. Yahalom<sup>1</sup>\* & P. Mauch<sup>2</sup>

<sup>1</sup>Memorial Sloan-Kettering Cancer Center and Weill Medical College of Cornell University, New York, NY; <sup>2</sup>Brigham and Women's Hospital, Dana Farber Cancer Institute and Harvard Medical School, Boston, MA, USA



Shaidi M et Al.

**Site of relapse after chemotherapy alone for stage I and II Hodgkin's disease.**

Radiother Oncol 78(1):1-5, 2006

83% relapses in previous involved site.

Subgroup analysis showed same nodes involved pre-CT

# Involved field = extended field?

- Engert , JCO 2003
- Bonadonna, JCO 2004
- Pluetschow, Blood 2005
- Fermè, NEJM 2007

Yes

# Involved field=involved node?

Campbell, JCO 2008

May be yes

< Dose

Schewe et Al. IJROBP, 1988

Engert A et Al. N Engl J Med 363:640–652, 2010

Reduced treatment intensity in patients with early-stage Hodgkin's lymphoma.

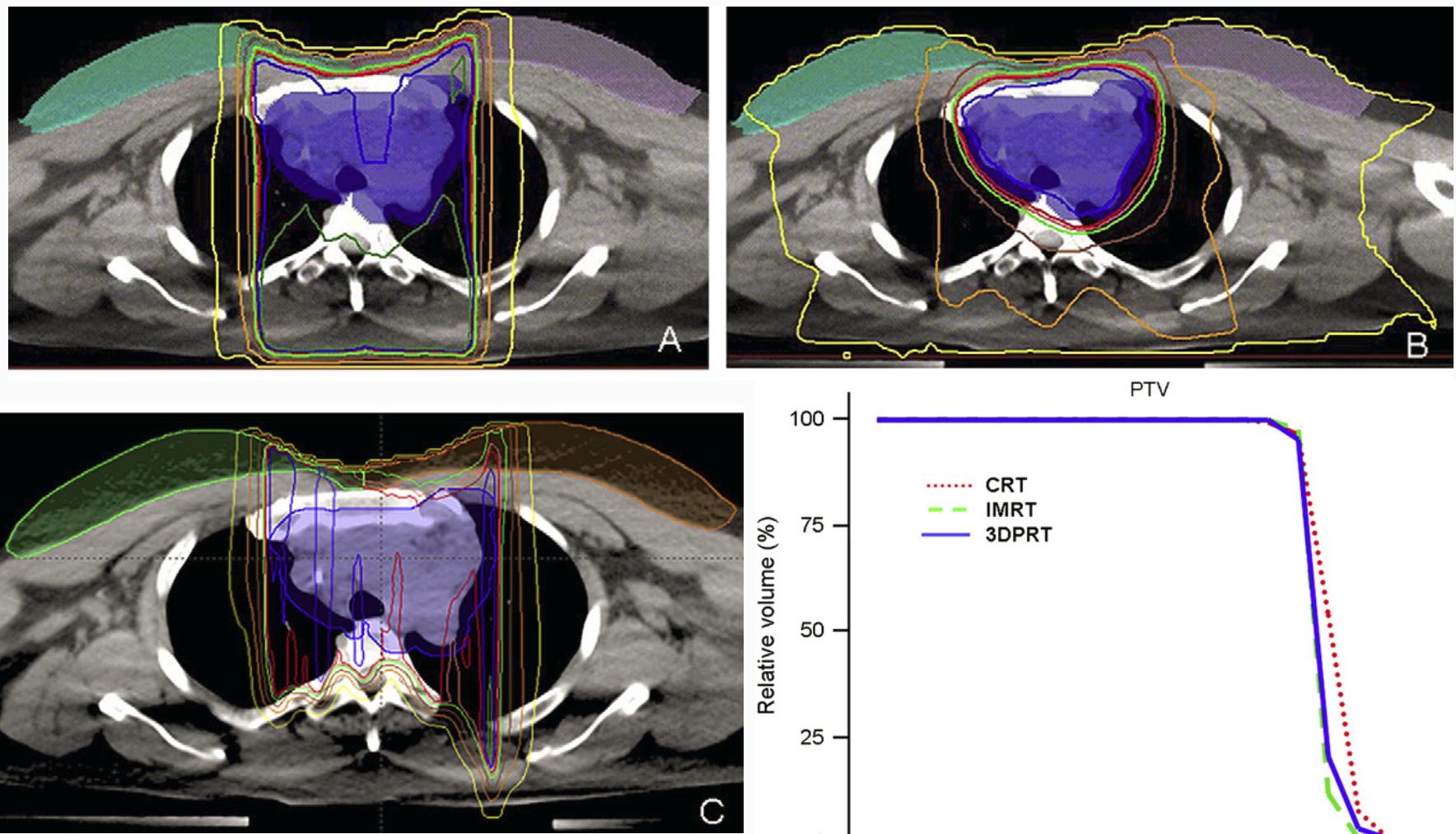
Stage I-II favourable prognosis HL  
2 ABVD + 20 Gy IFRT

# RT delivery techniques in HL

- ✓ 3D-Conformal RT
- ✓ Field in field (forward IMRT)
- ✓ IMRT
- ✓ Tomotherapy
- ✓ 3D-Conformal Proton Therapy



**Figure 1 FPIMRT portals.** Example of FPIMRT portals: a) main anterior-posterior field (AP); b) central AP subfield; c) right AP axillary subfield; d) left AP axillary subfield. The PTV is shown in magenta color and the thyroid gland in green.



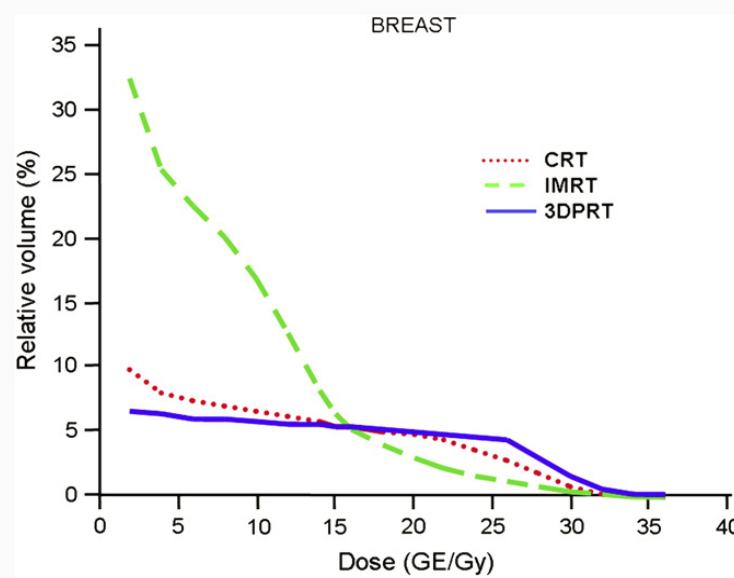
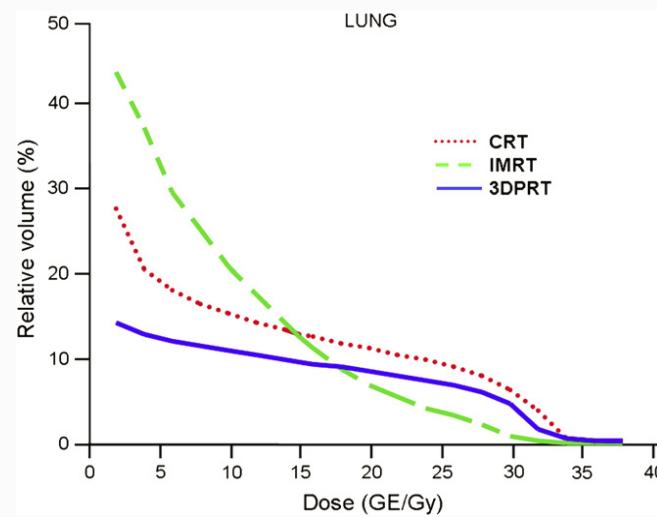
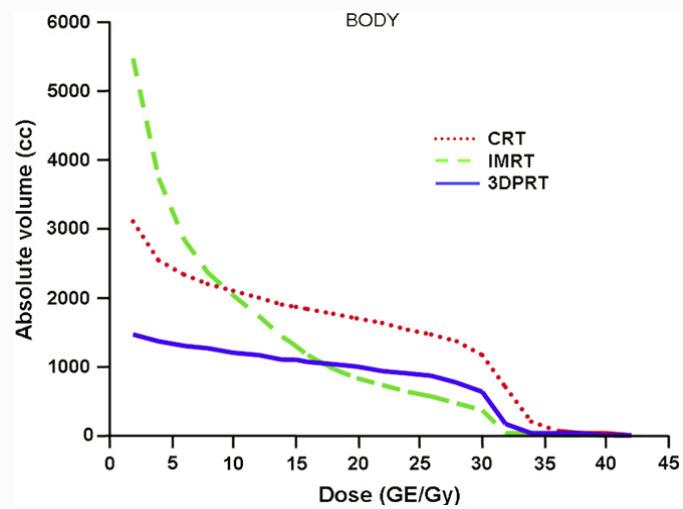
Chera BS et Al. Int. J. Radiation Oncology Biol. Phys. 75(4):1173–1180, 2009

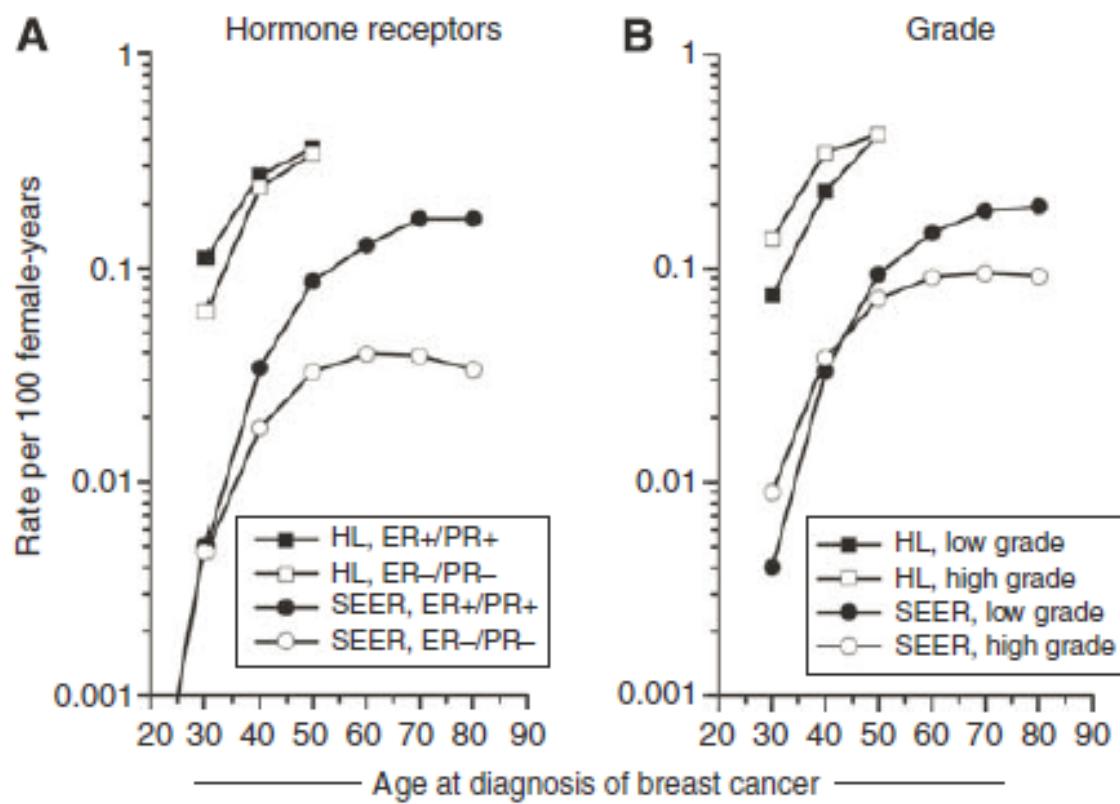
Table 1. Target coverage for CRT, IMRT, and 3D-PRT plans ( $n = 27$  plans) prescribing 30 CGE/Gy to PTV

PTV	CRT	IMRT	3D-PRT	Adjusted <i>p</i>
$V_{30}$ (%)	96.49 (1.54)	97.52 (1.92)	95.00 (0.0006)	.003*
Mean dose (CGE/Gy)	31.92 (0.44)	31.37 (0.13)	31.30 (0.84)	.09
Maximal dose (CGE/Gy)	34.15 (0.82)	32.67 (0.52)	33.41 (1.69)	.002*
Minimal dose (CGE/Gy)	28.10 (1.52)	29.14 (1.02)	28.50 (0.98)	.03*

Abbreviations: CRT = conventional radiotherapy; IMRT = intensity-modulated RT; 3D-PRT = three-dimensional proton RT; PTV = planning target volume;  $V_{30}$  = relative volume receiving 30 CGE/Gy; CGE = cobalt Gray equivalent.

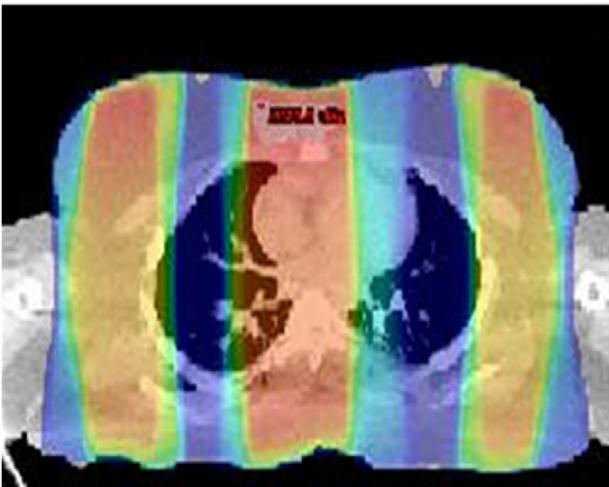
Data in parentheses are standard deviation.





**Figure 1** Age-specific incidence rates of female breast cancer (1990–2005) among 5-year survivors of Hodgkin's lymphoma (HL) diagnosed before 35 years of age and treated with radiotherapy and among the general population in nine registry areas of the Surveillance, Epidemiology and End Results (SEER) Programme, **(A)** according to oestrogen-receptor (ER) and progesterone-receptor (PR) status and **(B)** grade.

**6MV & 15MV PHOTONS**



**208 MeV PROTONS**

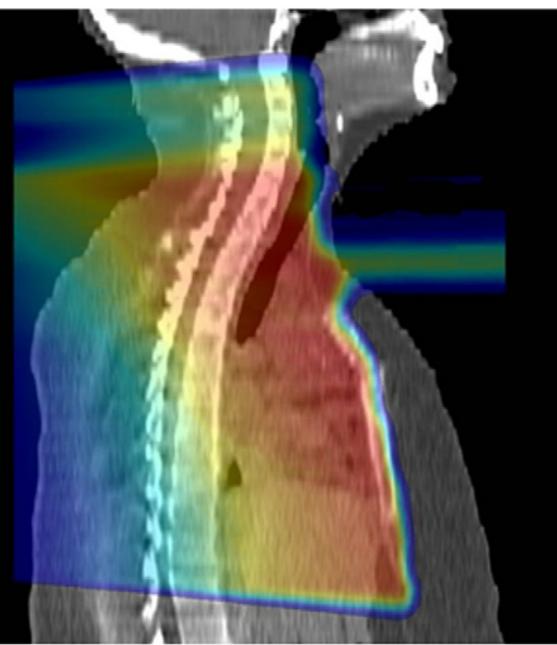
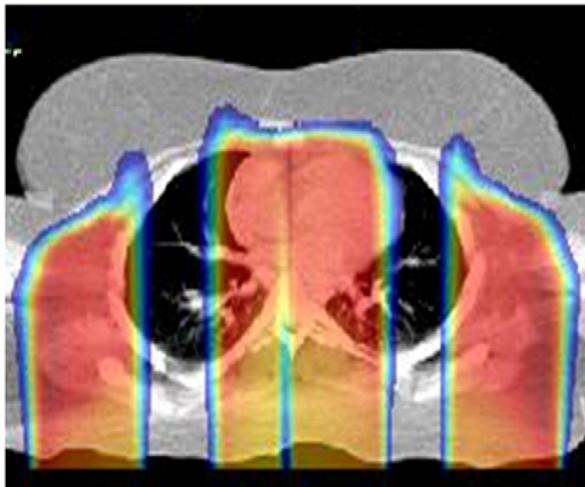


Table 1. Three-dimensional conformal involved-field photon radiotherapy (3D-CRT) vs.breast-sparing proton therapy (BS-PT):Comparison of patient-specific breast dose

Ann Arbor Stage	Fields treated	Breast size (cm <sup>3</sup> )	Breast dose	3D-CRT	BS-PT	Reduction (%)
IIA	L neck, L Sclv, mediastinum	623	Mean dose (Gy/CGE)	0.74	0.14	81
			V5 (cm <sup>3</sup> )	23	6	74
			V1 (cm <sup>3</sup> )	53	19	64
IIA	R neck, R axilla, B/L Sclv, mediastinum	1150	Mean dose (Gy/CGE)	8.46	2.01	76
			V5 (cm <sup>3</sup> )	545	161	70
			V1 (cm <sup>3</sup> )	861	299	73
IIA	B/L neck, B/L Sclv, mediastinum, epiphrenic	1302	Mean dose (Gy/CGE)	3.61	0.93	74
			V5 (cm <sup>3</sup> )	282	105	63
			V1 (cm <sup>3</sup> )	481	183	62
IIA	B/L neck, B/L Sclv, mediastinum,	2364	Mean dose (Gy/CGE)	3.45	0.44	87
			V5 (cm <sup>3</sup> )	410	97	76
			V1 (cm <sup>3</sup> )	807	195	76
IIB	L neck, L Sclv, mediastinum	600	Mean dose (Gy/CGE)	5.21	1.26	76
			V5 (cm <sup>3</sup> )	196	60	69
			V1 (cm <sup>3</sup> )	258	109	58
IIX	L neck, L Sclv, mediastinum	831	Mean dose (Gy/CGE)	1.93	0.37	81
			V5 (cm <sup>3</sup> )	95	33	65
			V1 (cm <sup>3</sup> )	160	50	69
IIX	Mantle, epiphrenic	1009	Mean dose (Gy/CGE)	10.15	1.98	80
			V5 (cm <sup>3</sup> )	559	163	70
			V1 (cm <sup>3</sup> )	836	326	61
IIX	R neck, B/L Sclv, mediastinum	1575	Mean dose (Gy/CGE)	4.19	0.73	83
			V5 (cm <sup>3</sup> )	310	89	71
			V1 (cm <sup>3</sup> )	919	193	79
IIBX	B/L neck, B/L Sclv, mediastinum	1067	Mean dose (Gy/CGE)	10.24	0.97	91
			V5 (cm <sup>3</sup> )	560	76	86
			V1 (cm <sup>3</sup> )	773	313	60
IIBX	Mantle	2741	Mean dose (Gy/CGE)	12.17	0.99	92
			V5 (cm <sup>3</sup> )	1771	194	89
			V1 (cm <sup>3</sup> )	2741	467	83
			Mean dose (Gy/CGE)	4.70	0.95	80 ( <i>p</i> < 0.001)*
			V5 (cm <sup>3</sup> )	360	93	74 ( <i>p</i> = 0.013)*
			V1 (cm <sup>3</sup> )	790	194	75 ( <i>p</i> = 0.009)*

Abbreviations: L = left; R = right; B/L = bilateral; Sclv = supraclavicular field; V5 = volume of breast tissue receiving  $\geq 5$  Gy; V1 = volume of breast tissue receiving  $\geq 1$  Gy.

\* Statistically significant.

**Table 2.** Three-dimensional conformal involved-field photon radiotherapy (3D-CRT) vs. breast-sparing proton therapy (BS-PT):Comparison of dose to nonbreast organs at risk

Organ at risk	3D-CRT	BS-PT	<i>p</i>
Mean lung dose	10.60	9.09	0.037*
Lung V20 (%)	29	26	0.068
Mean heart dose	14.16	17.01	0.082
Maximum heart dose	22.24	22.66	0.280
Mean thyroid dose	21.46	15.79	0.004*
Mean cord dose	11.69	13.92	0.352
Maximumcord dose	22.46	22.16	0.118
Mean esophageal dose	19.04	18.82	0.694
Maximumesophageal dose	22.28	22.35	0.645

Values are given as Gy/CGE, unless otherwise noted.

\* Statistically significant.

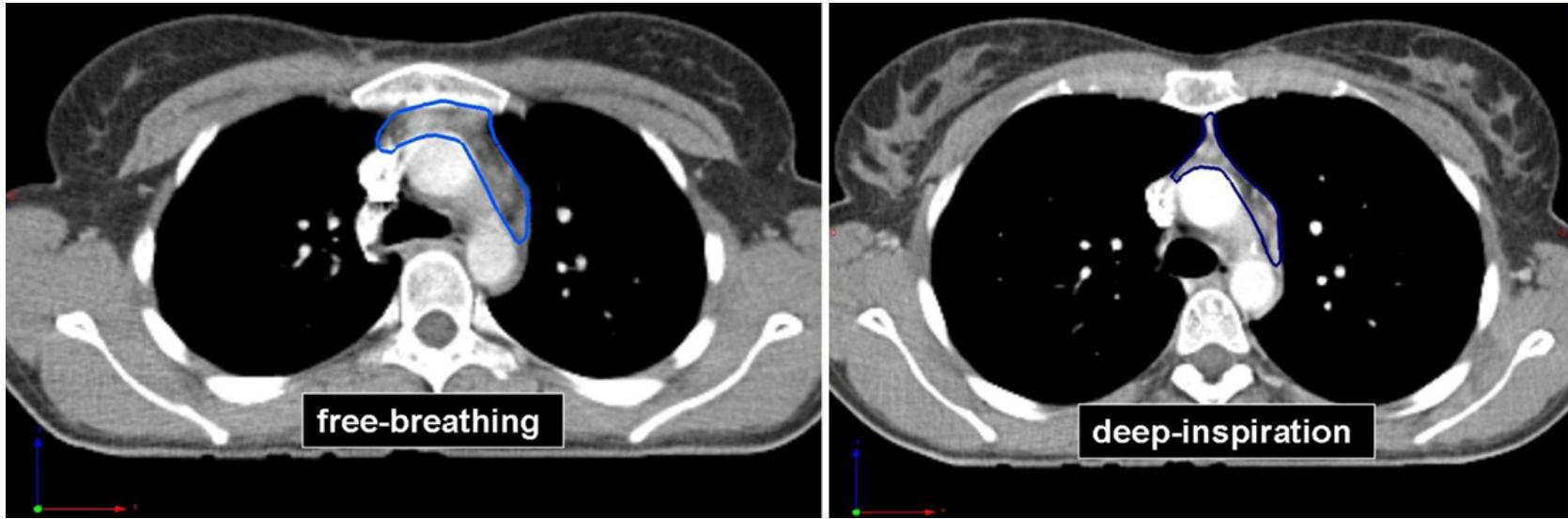


Table 2. Radiation dose to the different thoracic organs with free-breathing IMRT or deep-inspiration breath-hold IMRT, for all patients, the patients whose tumors were in the upper mediastinum, and those whose tumor involved more or less the whole mediastinum

Dosimetric parameter	Patient group	Free-breathing IMRT	Deep-inspiration breath-hold IMRT	Difference	<i>p</i> value
Mean coronary dose	All patients ( <i>n</i> = 28)	18.2 (15.9–20.6)	15.2 (12.6–17.9)	16%	0.0002
	Upper mediastinum ( <i>n</i> = 11)	13.9 (10.1–17.6)	8.8 (5.6–12.1)	37%	0.001
	Whole mediastinum ( <i>n</i> = 17)	21.1 (18.7–23.4)	19.3 (17.2–21.6)	9%	0.002
Mean heart dose	All patients ( <i>n</i> = 28)	8.4 (6.1–10.7)	7.1 (4.7–9.6)	15%	0.002
	Upper mediastinum ( <i>n</i> = 11)	3.6 (2.5–4.7)	1.8 (1.4–2.2)	50%	0.001
	Whole mediastinum ( <i>n</i> = 17)	11.5 (8.6–14.4)	10.6 (7.6–13.6)	8%	NS
Mean lung dose	All patients ( <i>n</i> = 28)	11.8 (10.6–12.9)	9.4 (8.3–10.4)	20%	<0.0001
	Upper mediastinum ( <i>n</i> = 11)	9.2 (8.4–10.1)	6.8 (6.3–7.3)	26%	0.001
	Whole mediastinum ( <i>n</i> = 17)	13.4 (12–14.8)	11 (9.9–12.1)	18%	0.0003
Lung V20	All patients ( <i>n</i> = 28)	21 (18–24)	15 (12–16)	28%	<0.0001
	Upper mediastinum ( <i>n</i> = 11)	16 (13–19)	10 (8–12)	38%	0.001
	Whole mediastinum ( <i>n</i> = 17)	24 (21–28)	17 (15–20)	29%	0.0003

Abbreviations: IMRT = intensity-modulated radiation therapy; NS = not significant.

Nonparametric *t* test for matched observations: Wilcoxon test: mean, 95% confidence interval in parentheses.

# RT evolution in HL

Dose 40 – 45 Gy >> 20 – 30 (36) Gy

Volume EF >> IF >> IN

Tecnica 2D >> 3D-CRT >> IMRT >> 3D-PT

# Techniques evolution

Individualization (age, sex, comorbidities, site)

Suitable targets (target volume, shape)

OAR constraints



doi:10.1016/j.ijrobp.2009.09.040

## INTRODUCTORY PAPER

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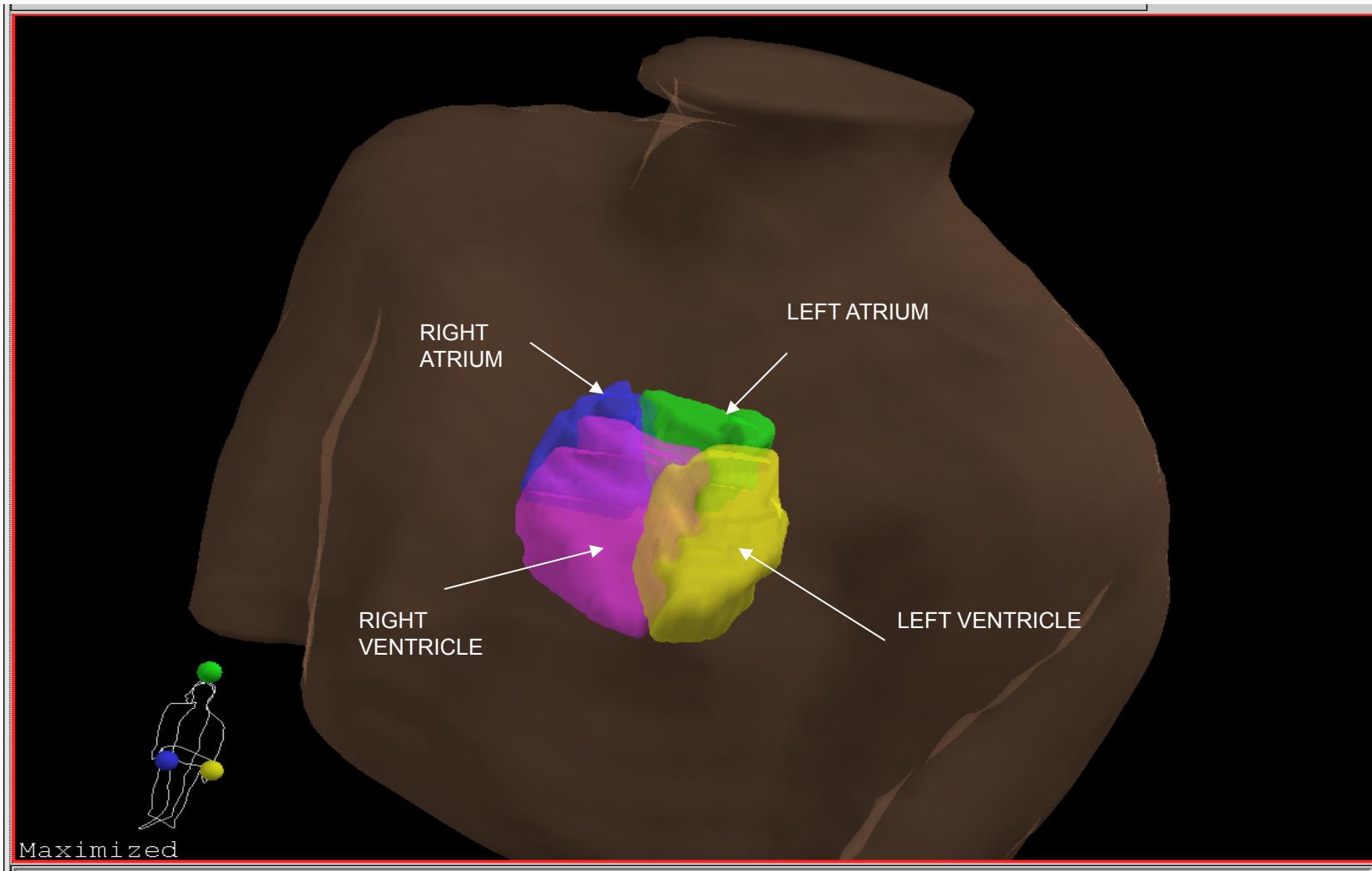
### QUANTITATIVE ANALYSES OF NORMAL TISSUE EFFECTS IN THE CLINIC (QUANTEC): AN INTRODUCTION TO THE SCIENTIFIC ISSUES

SØREN M. BENTZEN, Ph.D., D.Sc.,\* LOUIS S. CONSTINE, M.D.,<sup>†</sup> JOSEPH O. DEASY, Ph.D.,<sup>‡</sup>  
AVI EISBRUCH, M.D.,<sup>§</sup> ANDREW JACKSON, Ph.D.,<sup>||</sup> LAWRENCE B. MARKS, M.D.,<sup>¶</sup>  
RANDALL K. TEN HAKEN, Ph.D.,<sup>§</sup> AND ELLEN D. YORKE, Ph.D.<sup>||</sup>

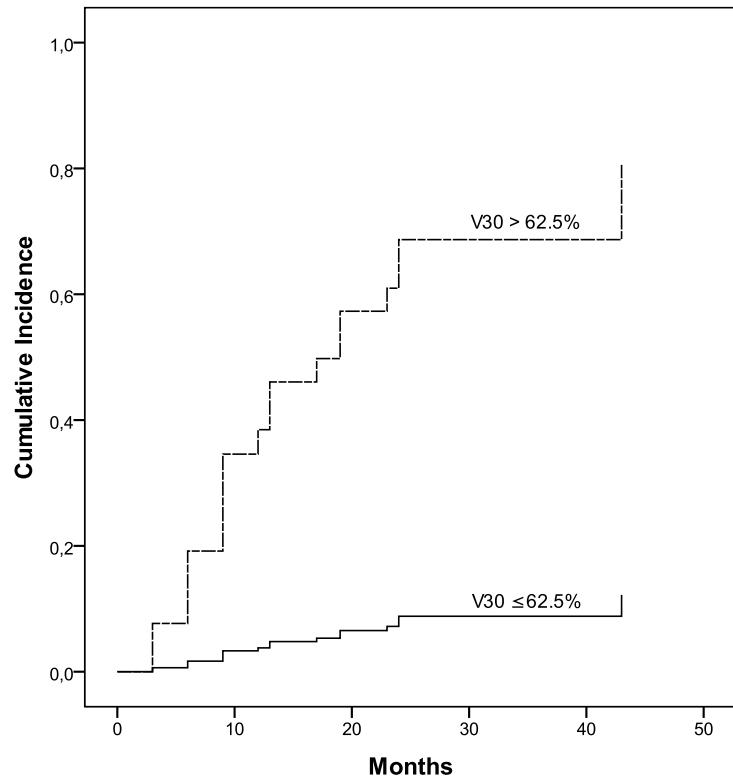
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<sup>‡</sup>Department of Radiation Oncology, Washington University, St. Louis, MO; <sup>§</sup>Department of Radiation Oncology, University of Michigan, Ann Arbor, MI; <sup>||</sup>Department of Medical Physics, Memorial Sloan Kettering Cancer Center, New York, NY; <sup>¶</sup>Department of Radiation Oncology, University of North Carolina at Chapel Hill, NC

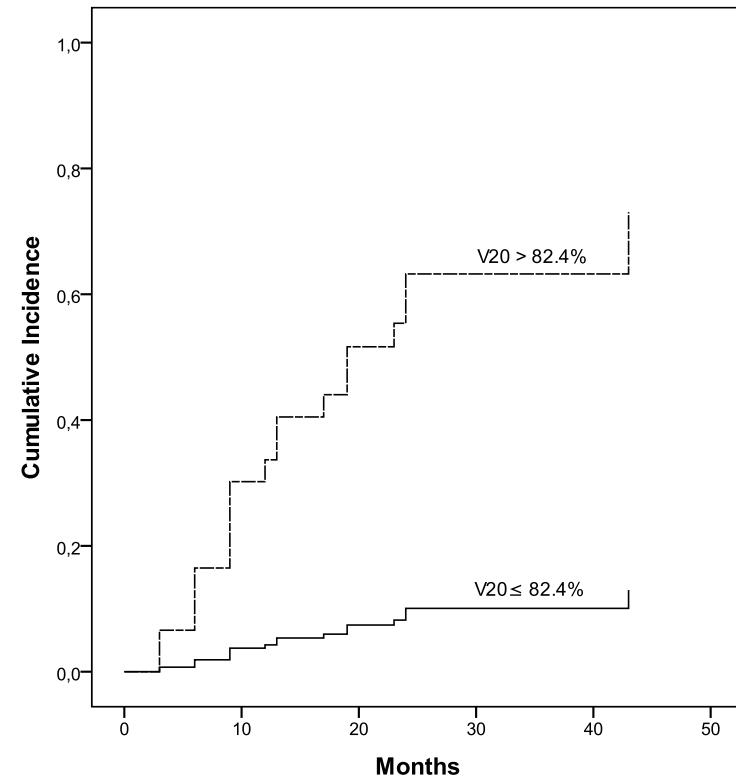
**Advances in dose–volume/outcome (or normal tissue complication probability, NTCP) modeling since the seminal Emami paper from 1991 are reviewed. There has been some progress with an increasing number of studies on large patient samples with three-dimensional dosimetry. Nevertheless, NTCP models are not ideal. Issues related to the grading of side effects, selection of appropriate statistical methods, testing of internal and external model validity, and quantification of predictive power and statistical uncertainty, all limit the usefulness of much of the published literature. Synthesis (meta-analysis) of data from multiple studies is often impossible because of suboptimal primary analysis, insufficient reporting and variations in the models and predictors analyzed. Clinical limitations to the current knowledge base include the need for more data on the effect of patient-related cofactors, interactions between dose distribution and cytotoxic or molecular targeted agents, and the effect of dose fractions and overall treatment time in relation to nonuniform dose distributions. Research priorities for the next 5–10 years are proposed.** © 2010 Elsevier Inc.



Cella L et Al. Radiother Oncol 2011



V30 tiroide



V20 tiroide

# Conclusions

- ✓ Evolution in the indication, volume, dose and technical delivery of the radiation treatment in HL paves the way to a significant improvement of the late toxicity associated with older treatment modalities.
- ✓ Better knowledge of toxicity constraints coupled to an individualization of patients therapy technique will be necessary to fully utilize the available technology .