



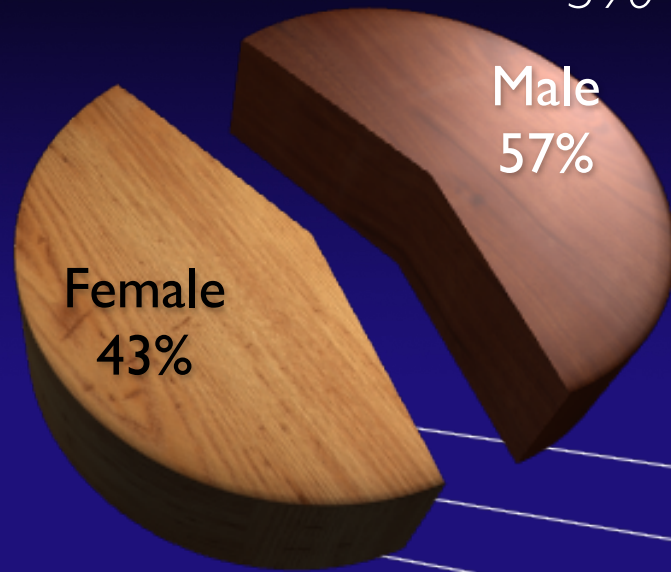
*Approccio Multidisciplinare  
nel Trattamento delle Metastasi Vertebrali  
la Chirurgia  
Alessandro Gasbarrini*





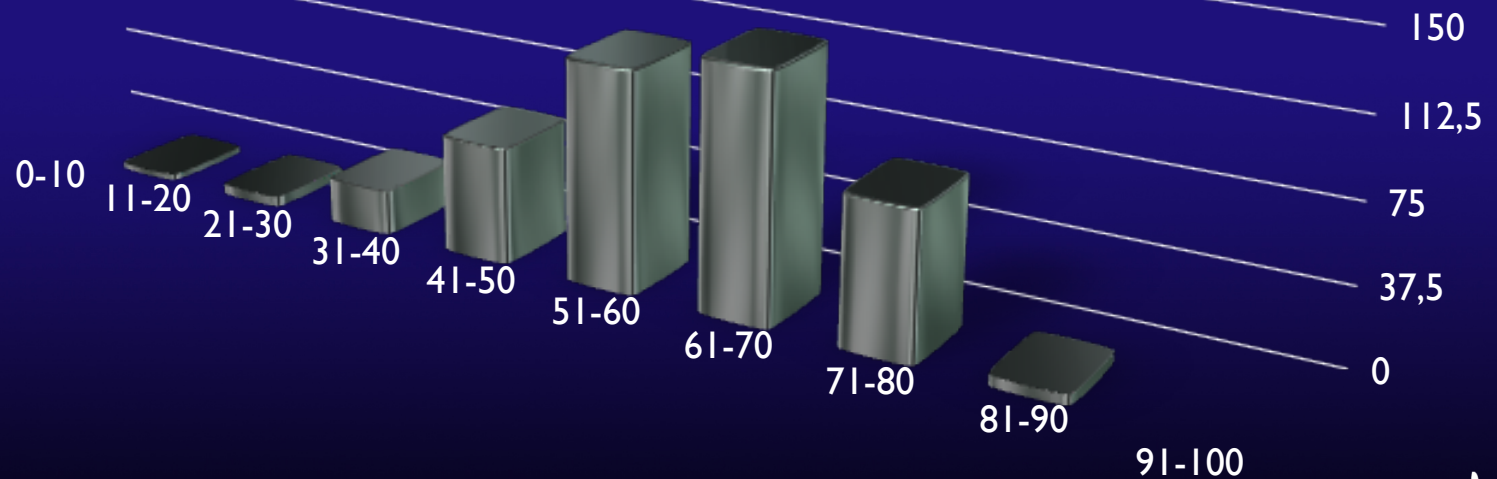
# Bone Metastases & Haemopathies of the Spine

390 CASES (1990-2009)



Age: 14 to 86

Av.: 58

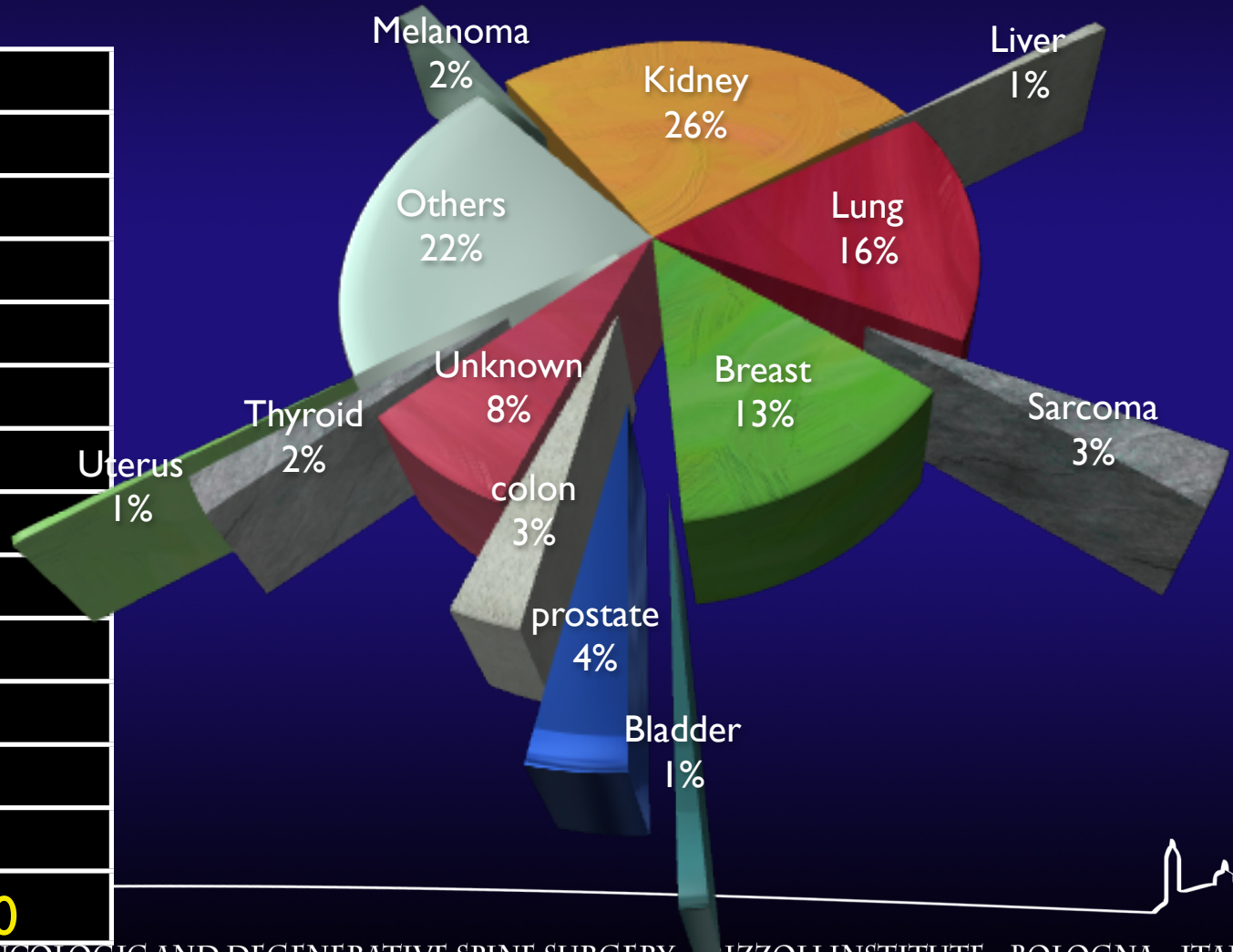




# Bone Metastases of the Spine

390 CASES (1990-2009)

Kidney	99
Lung	60
Breast	50
Bladder	4
Uterus	2
Liver	3
Sarcoma	12
Prostate	15
Colon	12
Thyroid	9
Melanoma	7
Unknown	30
Others	84
<b>Total</b>	<b>390</b>



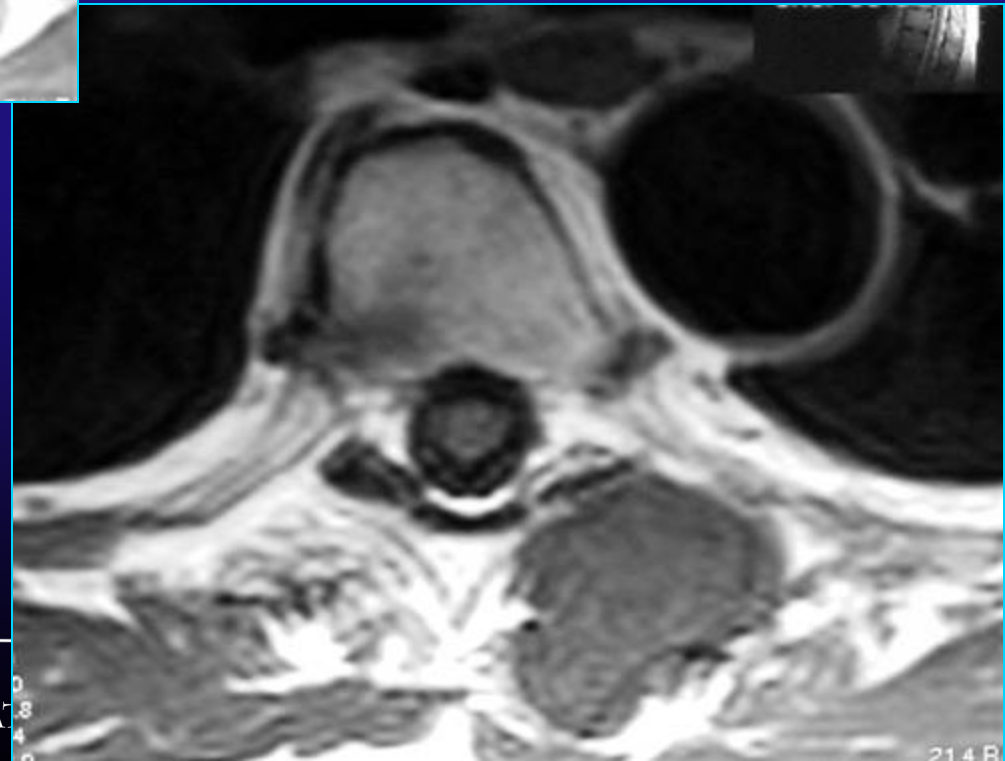




***B.D., 65 yrs., M, T4-T7***

- *5 YRS BEFORE, PROSTATECTOMY FOR K.*
- *4 YRS BEFORE, COLONECTOMY FOR K.*

***“PRESUMED” DIAGNOSIS  
OF METASTASIS***





***B.D., 65 yrs., M, T4-T7***

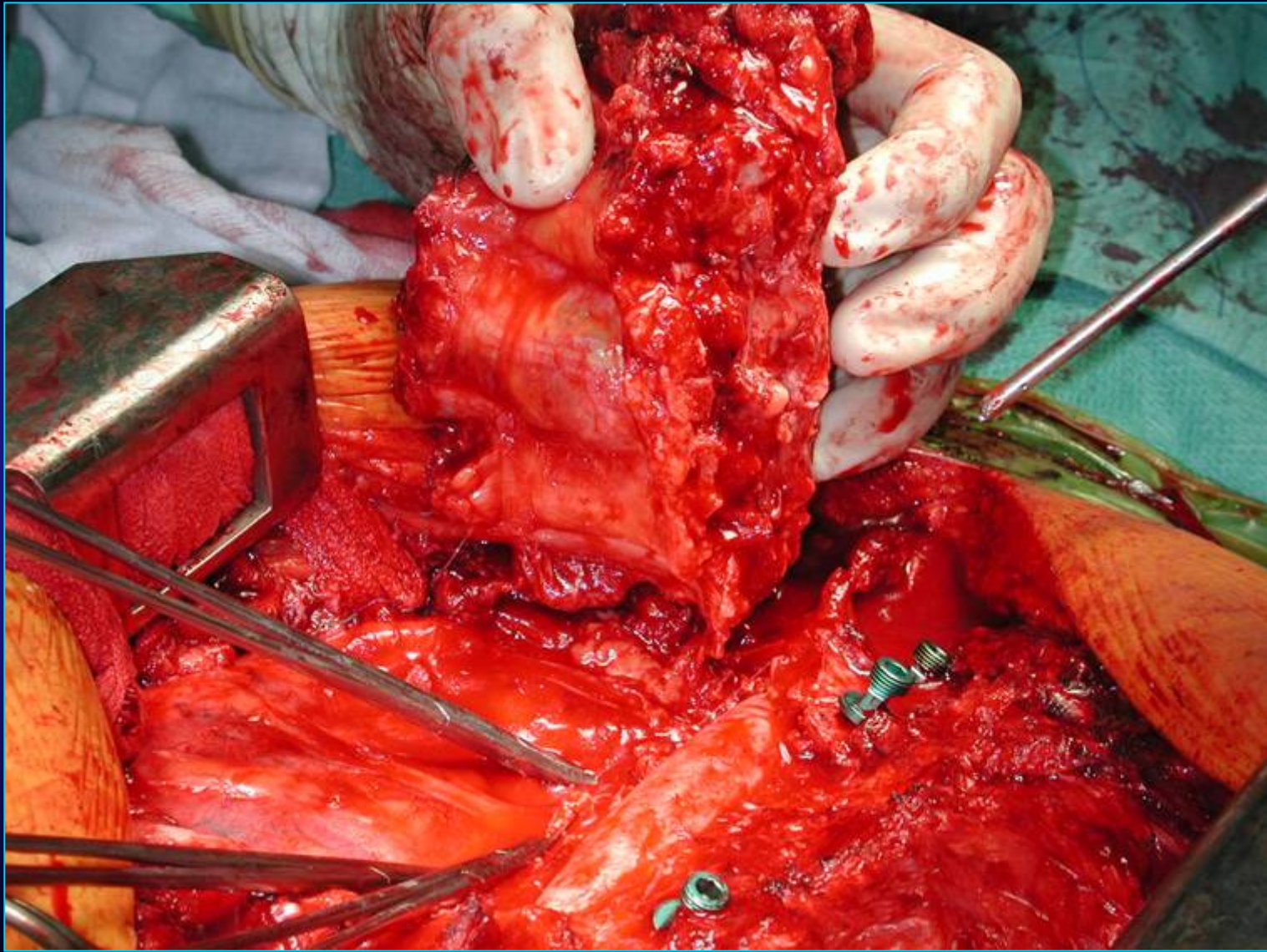


***RTR > INCREASING PARAPARESIS***

***BIOPSY: CONDROSARCOMA***



*B.D., 65 yrs., M, T4-T7*

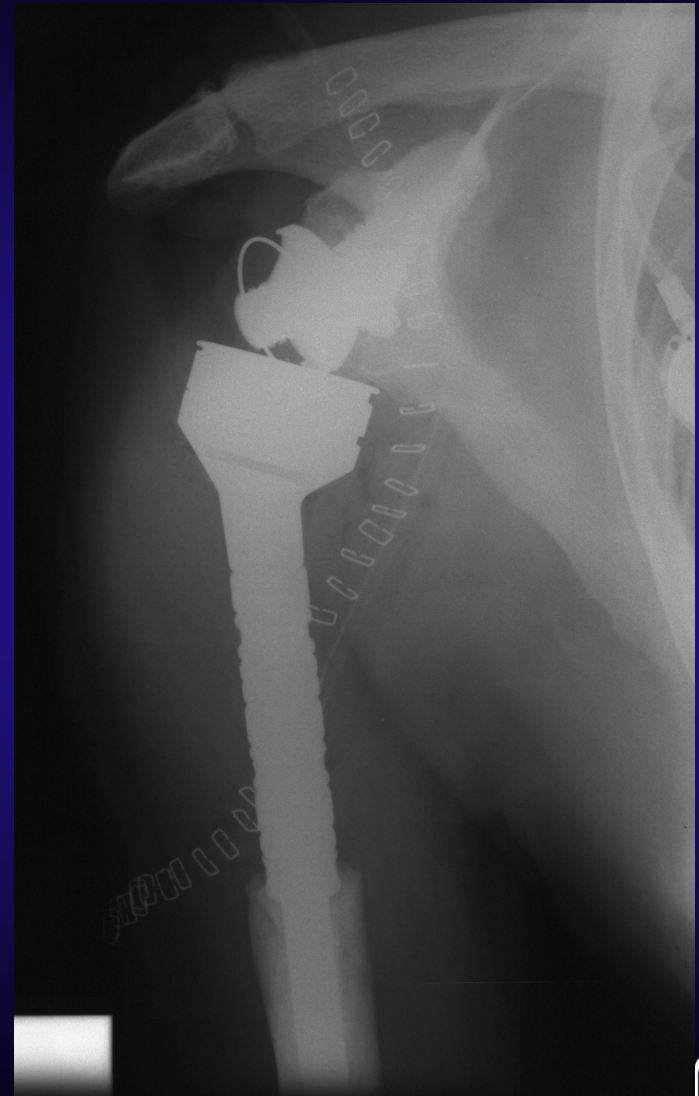




# *F.G., 63 yrs, multiple mets from Lung Carcinoma*



*F.G., 63 yrs, multiple mets from Thyroid Carcinoma*

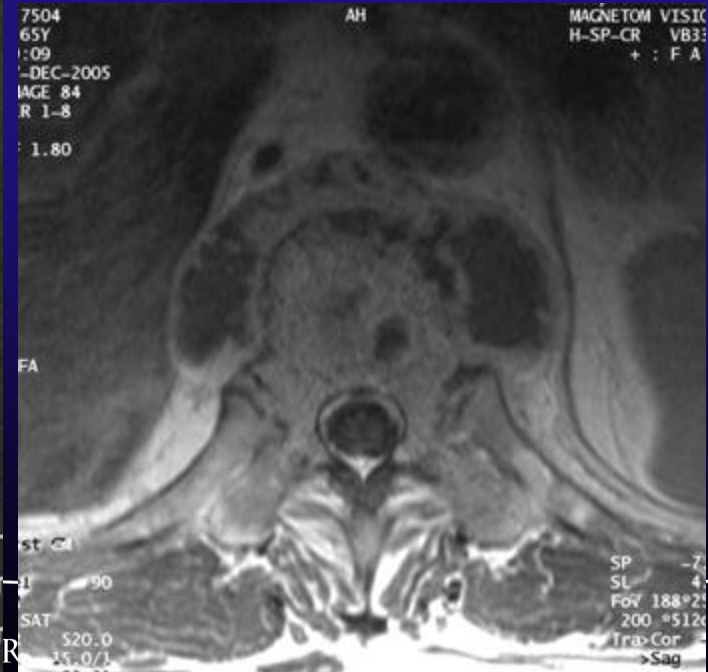




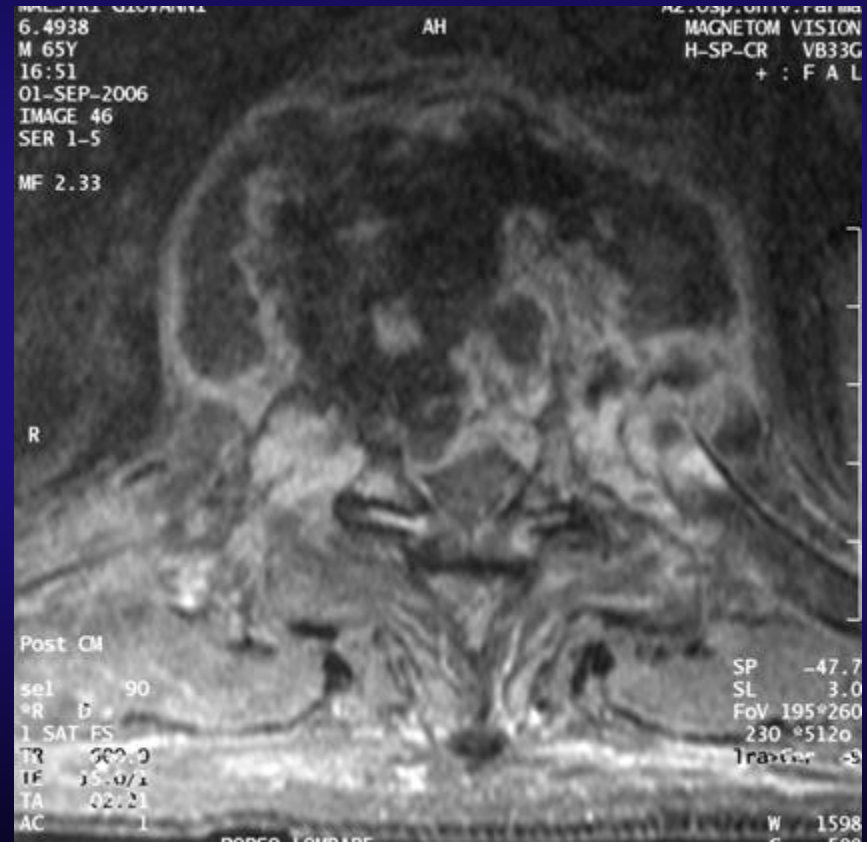
*F.G., 64 yrs, 13 months after surgery of humerus*



*RxT 3600 Gy*



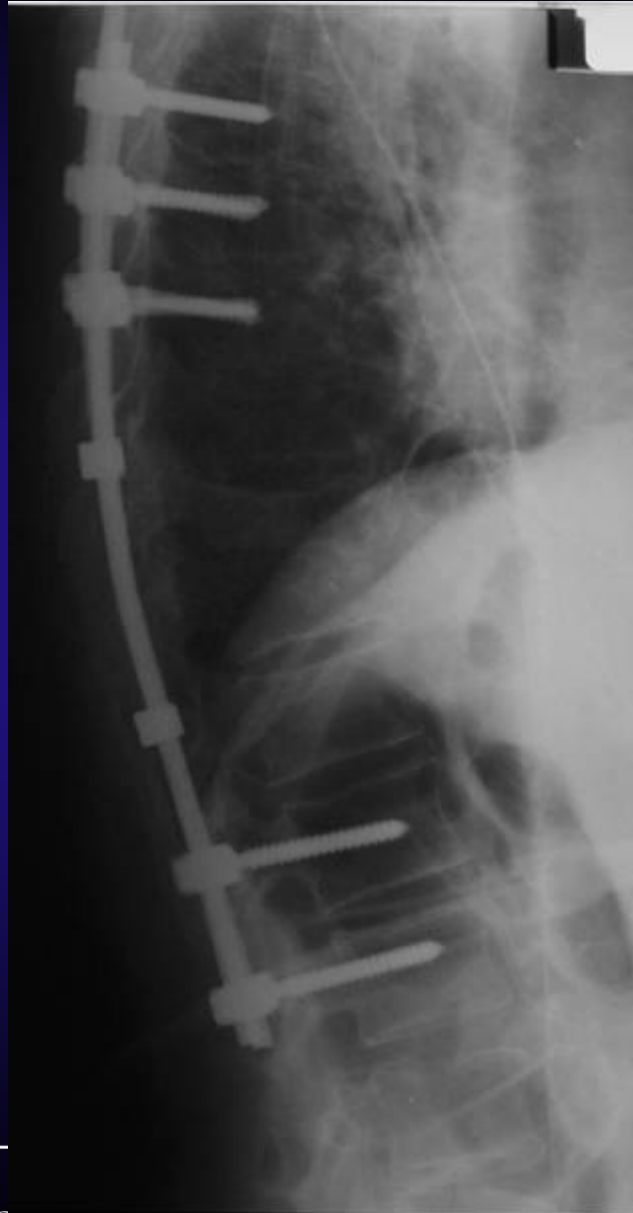
*F.G., 64 yrs, 13 months after surgery of humerus*



**Paraplegia progression**



*F.G., 64 yrs, 13 months after surgery of humerus*



*TBC*

# *METASTATIC TUMORS OF THE SPINE*



*“... selection of the appropriate treatment means avoiding a treatment neither too shy, unable to get a local control, nor too aggressive, exposing the patient to unnecessary morbidity ...”*

*Mario Campanacci 1932-1999*

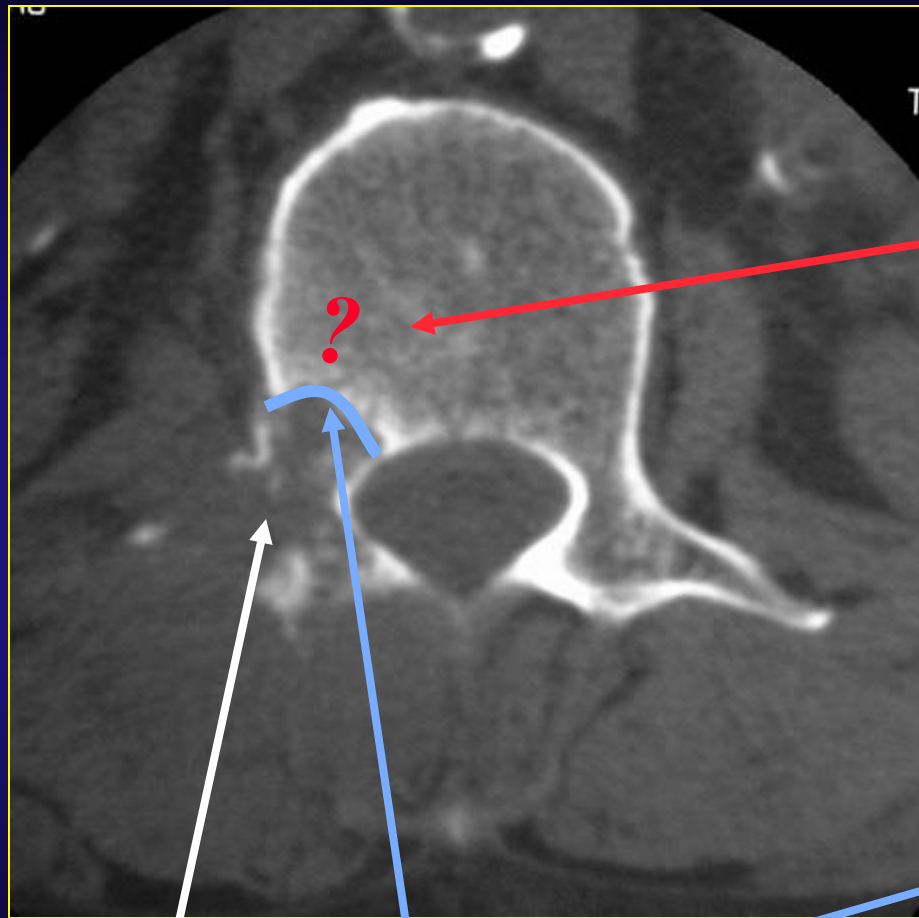


# *METASTATIC BONE TUMORS OF THE SPINE SYSTEMIC DISEASE*

*Oncologic Target:  
Local control of the disease*

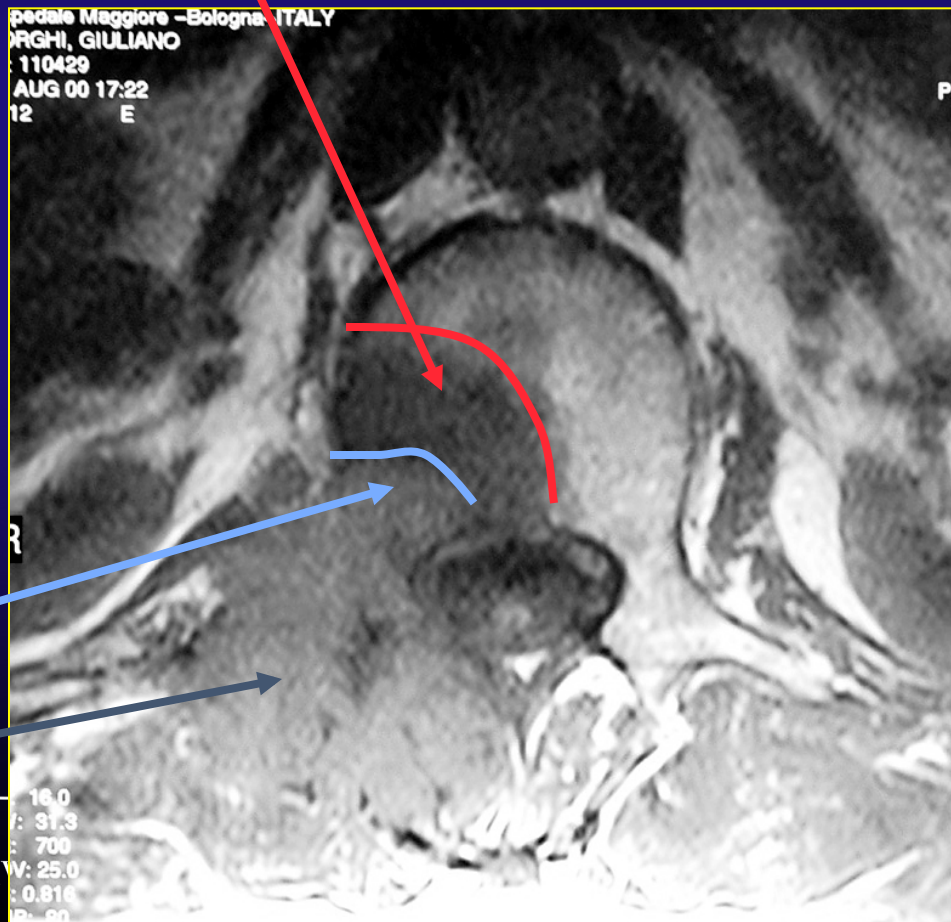
*Clinical Target:  
Quality of Life*

# Definitions of tumoral and peritumoral areas



CAPSULE

TUMOR



PSEUDOCAPSULE



# Definitions of Margins

## WIDE

*En-bloc excision  
outside the pseudocapsule*

## MARGINAL

*En-bloc excision  
along the pseudocapsule*

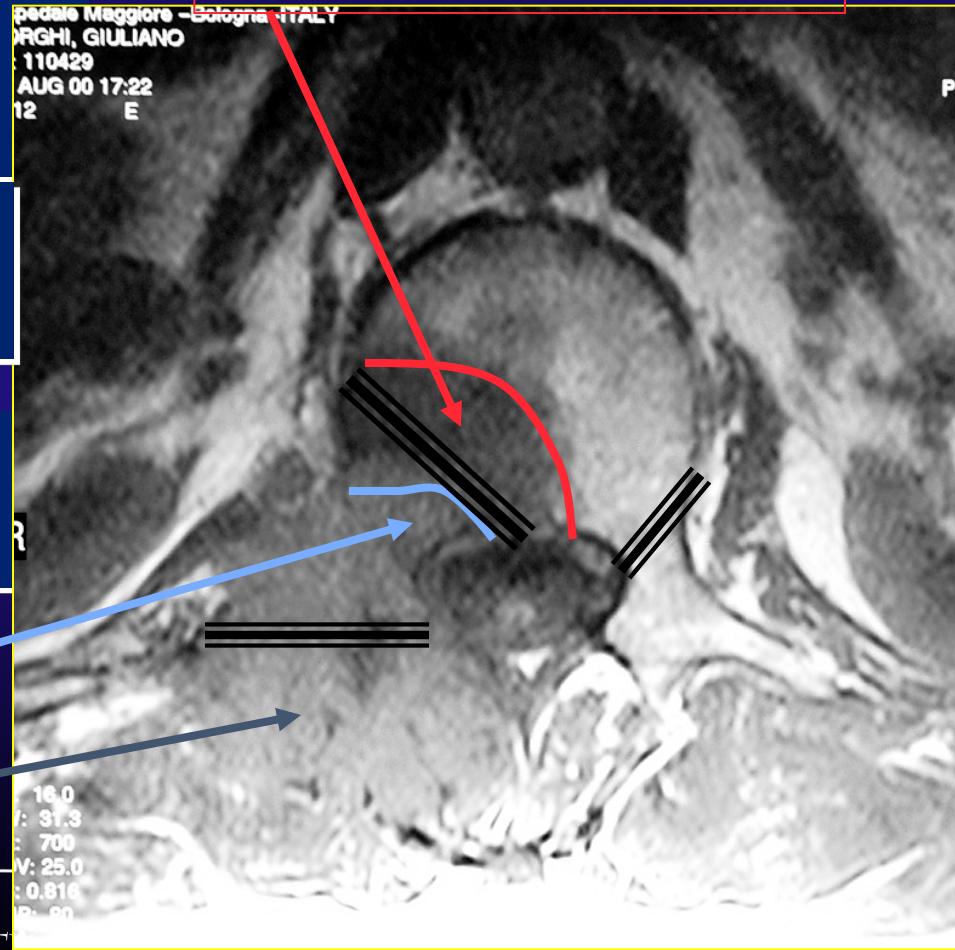
## INTRALESIONAL

*En-bloc excision  
within the tumor*

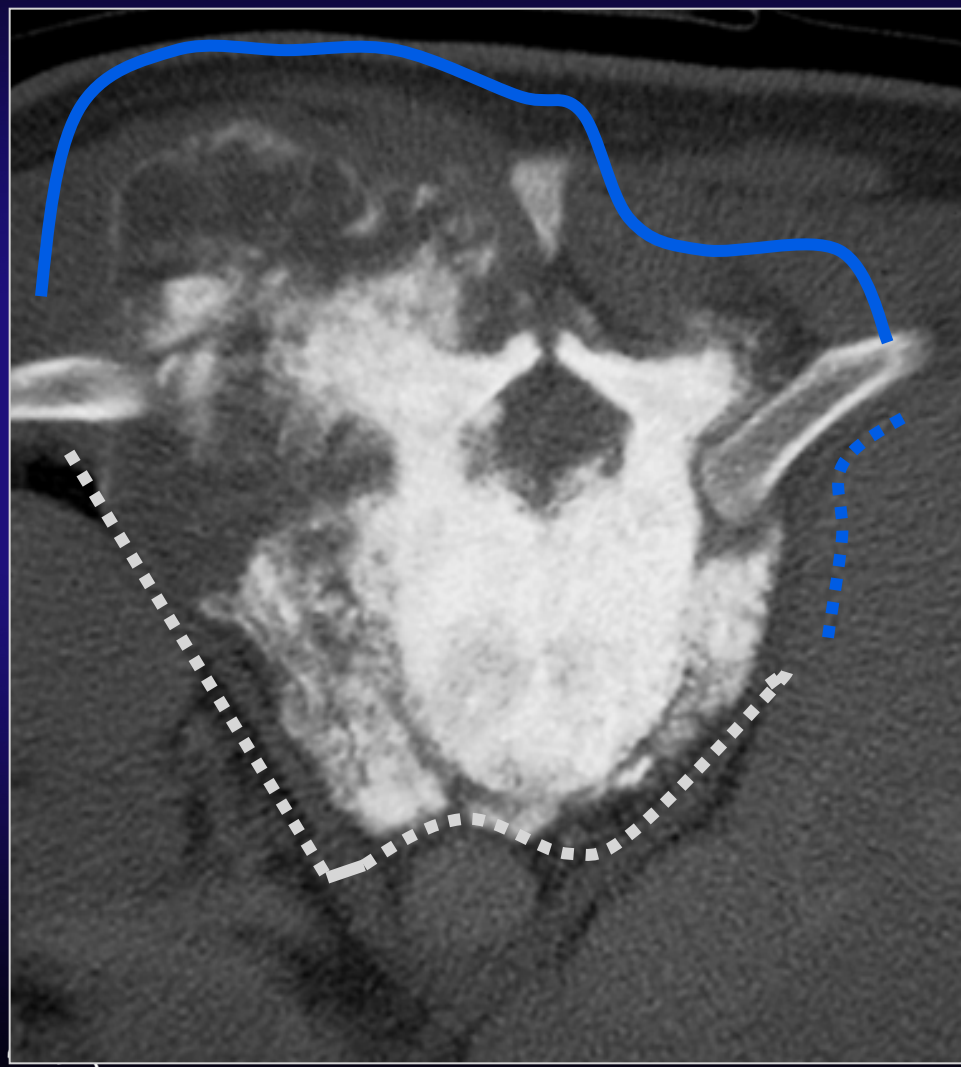
**CAPSULE**

**TUMOR**

**PSEUDOCAPSULE**

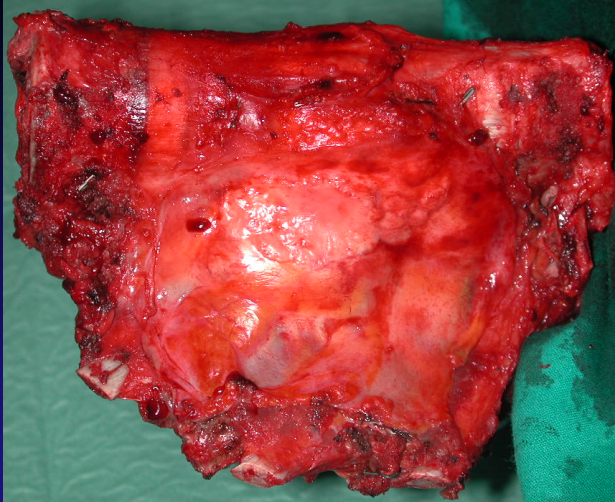


*C.C, f, 17 yrs. T11 Osteosarcoma treated with Wide margin surgery*

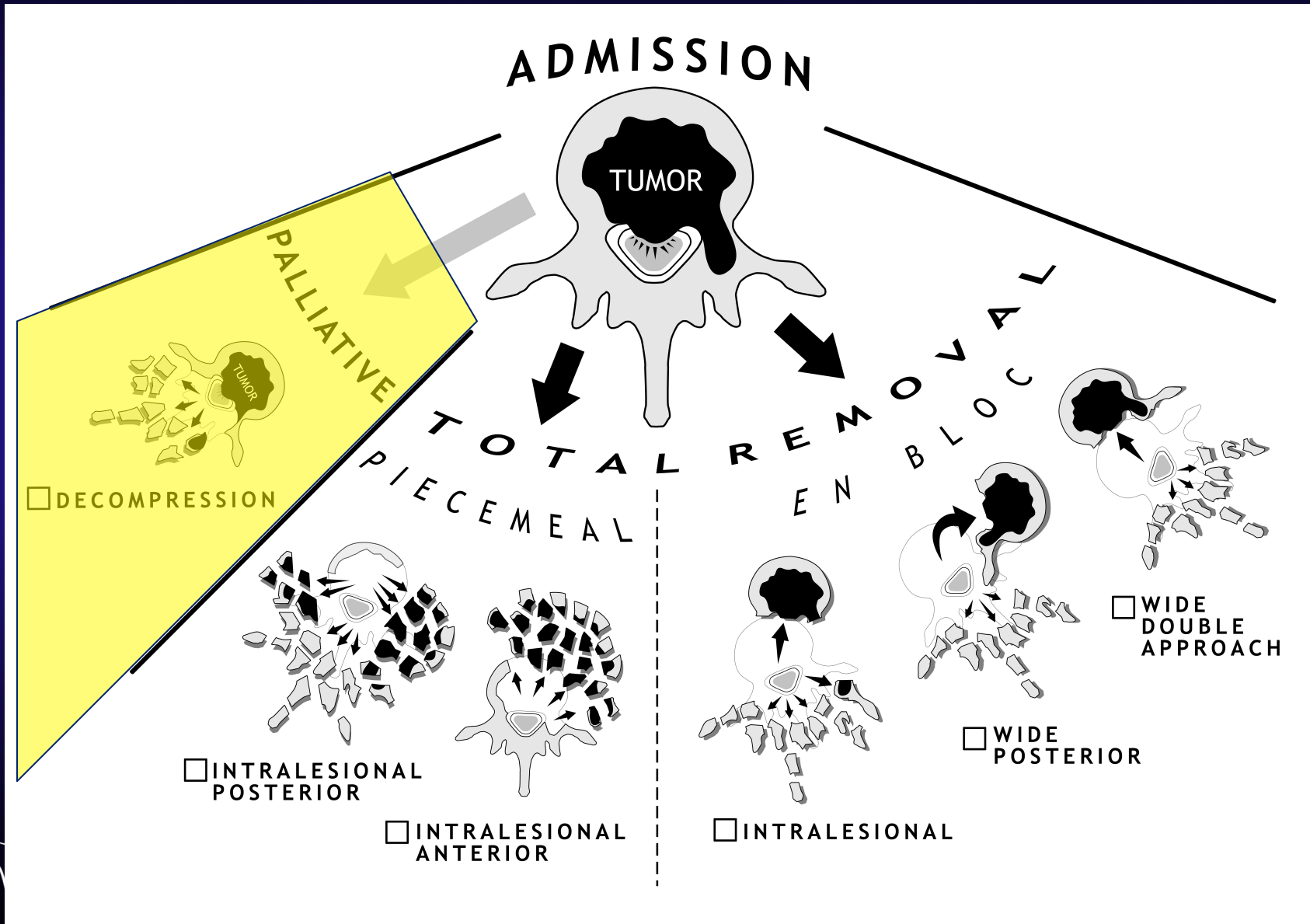




*C.C, f, 17 yrs. T11 Osteosarcoma treated with Wide margin surgery*



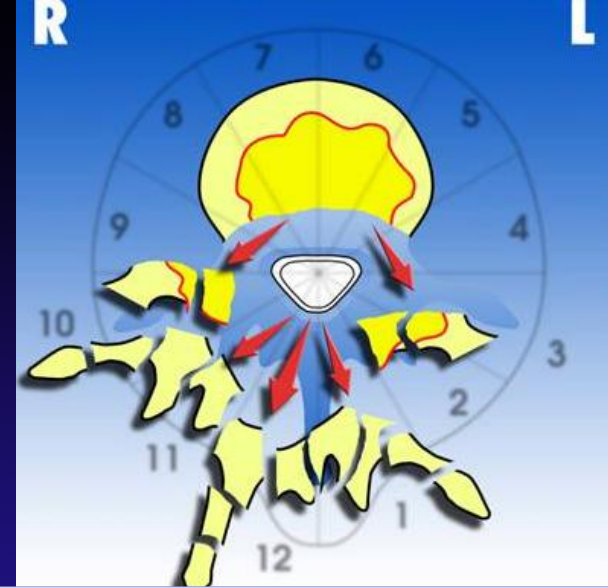
# METASTATIC BONE TUMORS OF THE SPINE





# Decompression and Stabilization

*B.A., 59 yrs., T10-T12, breast mets*



*... w.out reconstruction of  
anterior column*

# *Decompression and Stabilization*

*B.A., 59 yrs., T10-T12, breast mets*

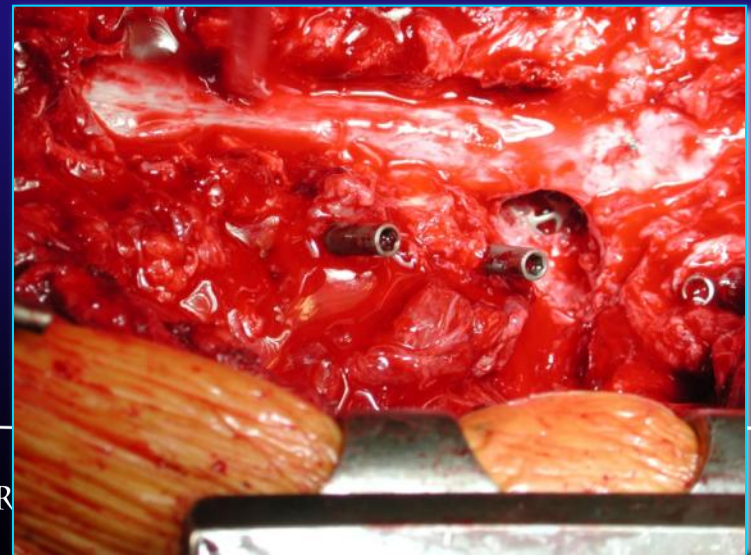
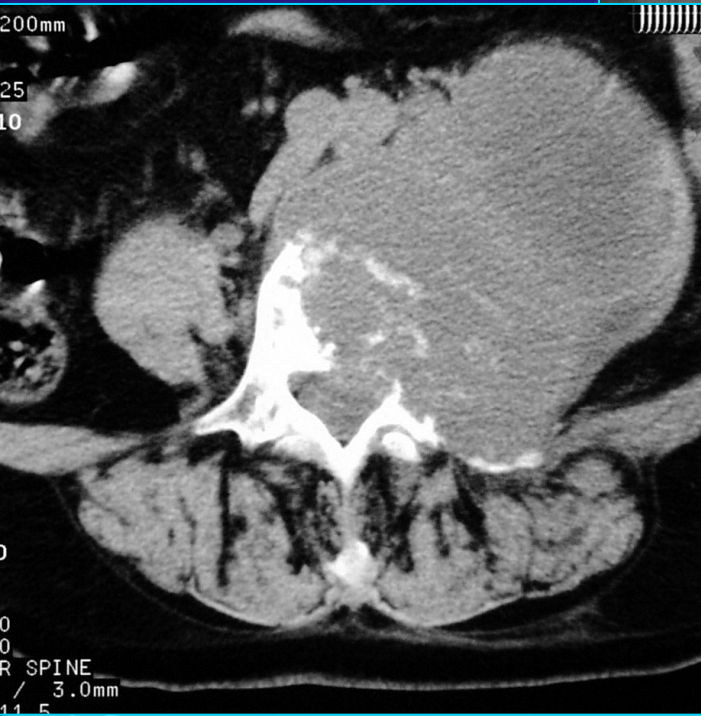
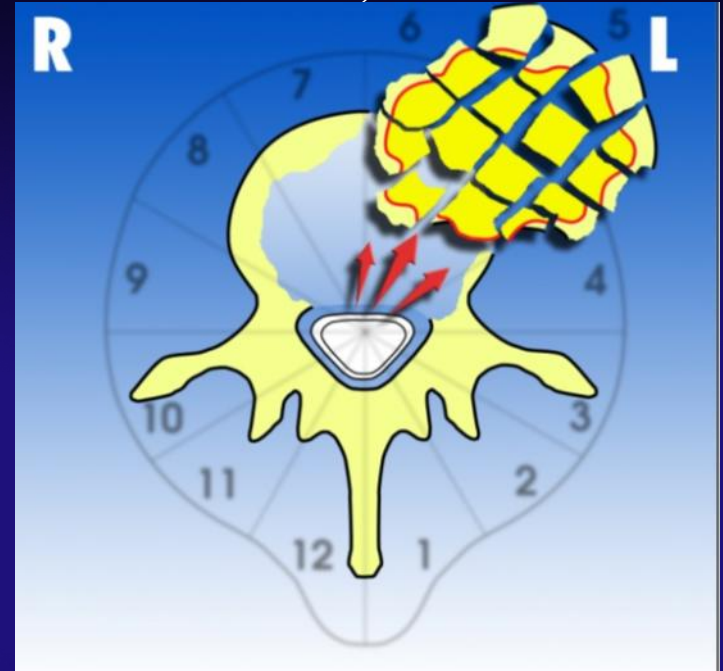
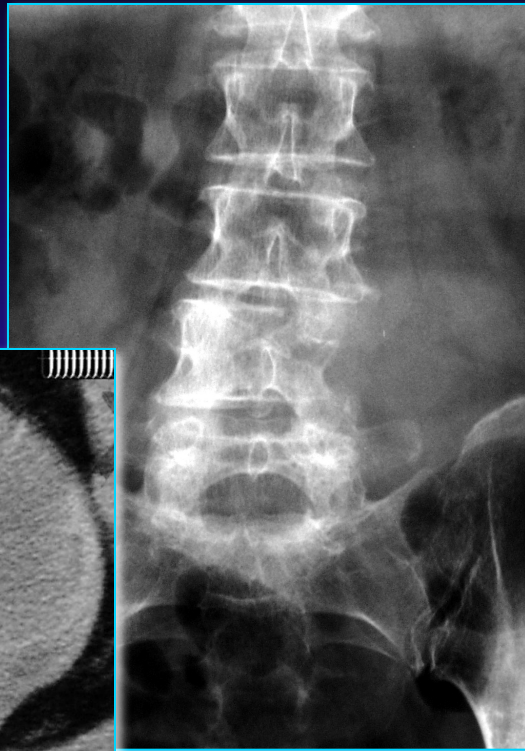
*Complete neurological recovery and reconstruction of anterior column*



*6 mths after RTR, CHT and diphosphonate*



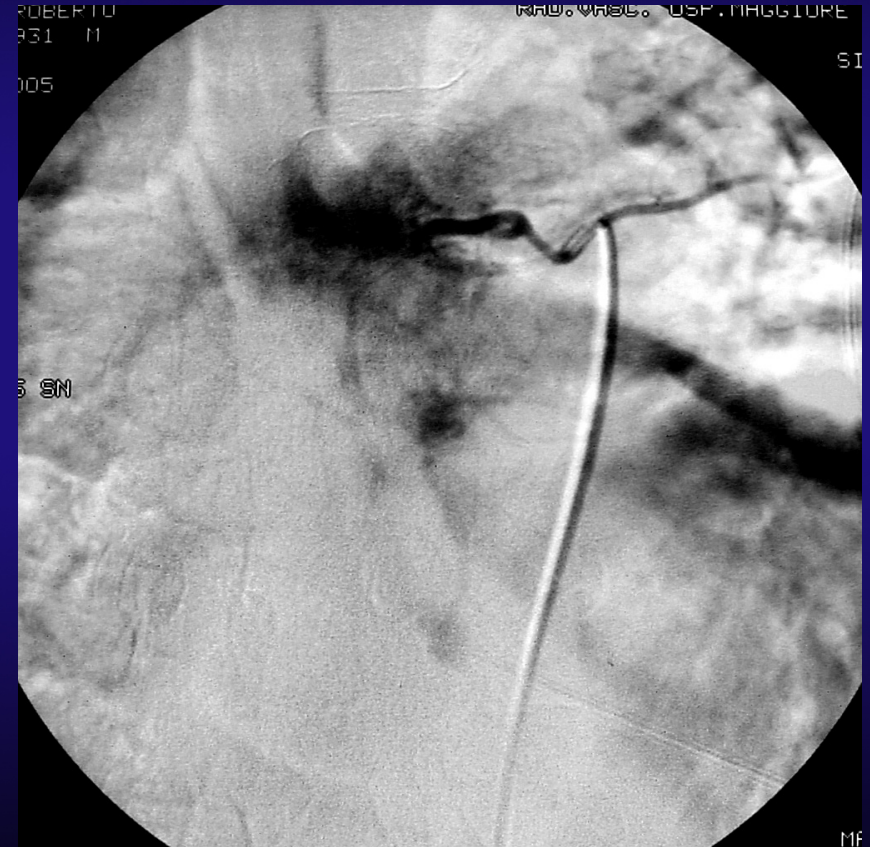
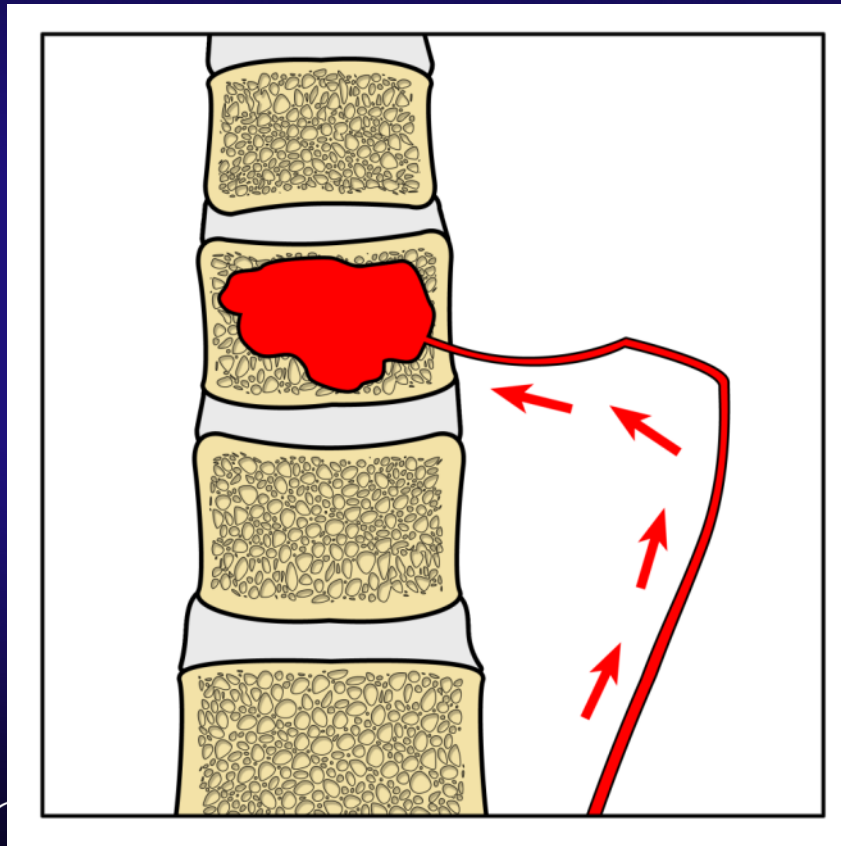
# Debulking (intralesional "extracapsular" excision)



*M.M., f, 65 yrs., L4, uterus met*

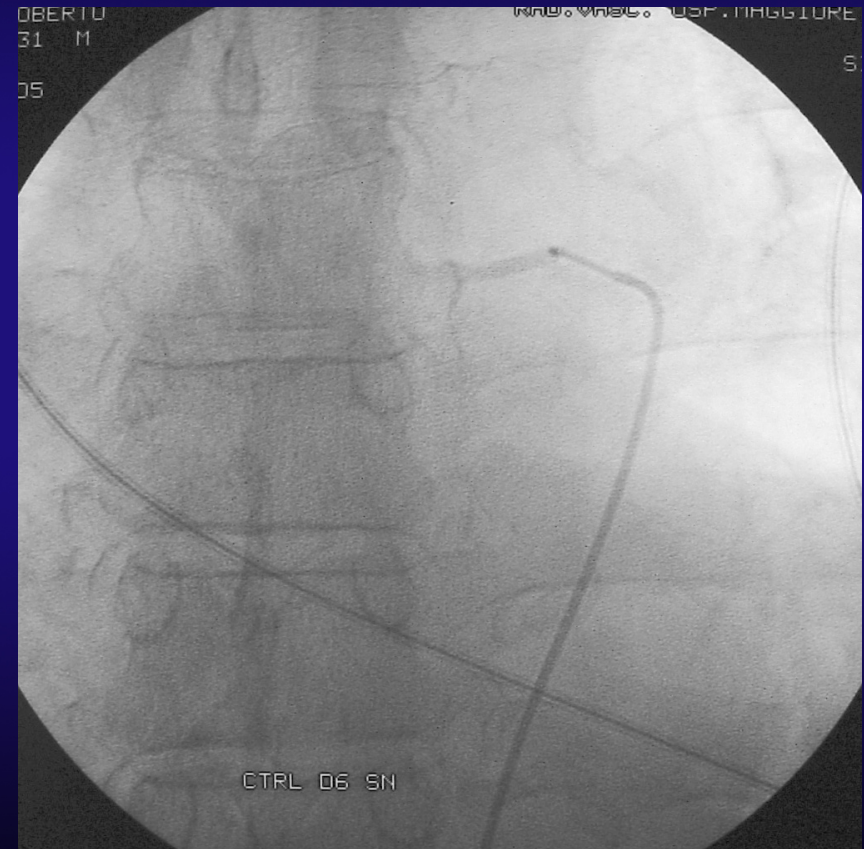
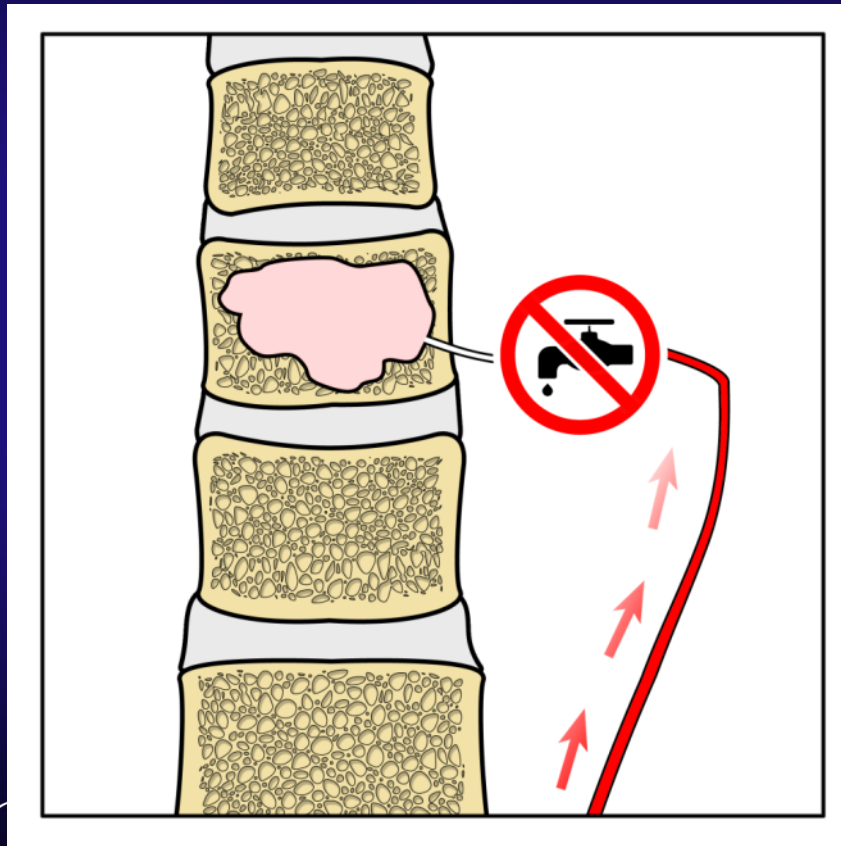
GENERATIVE SPINE SUR

# Selective Arterial Embolization

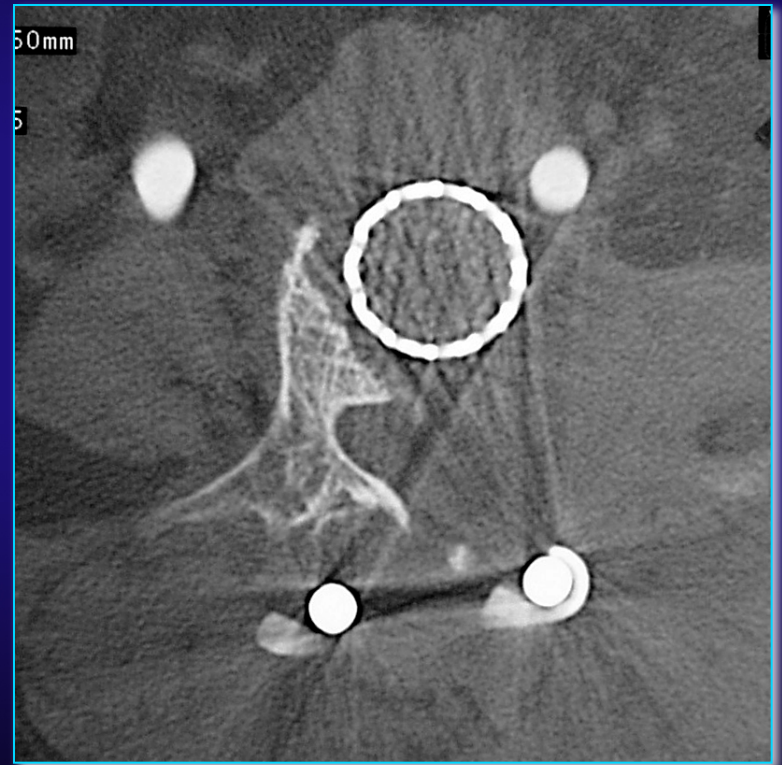
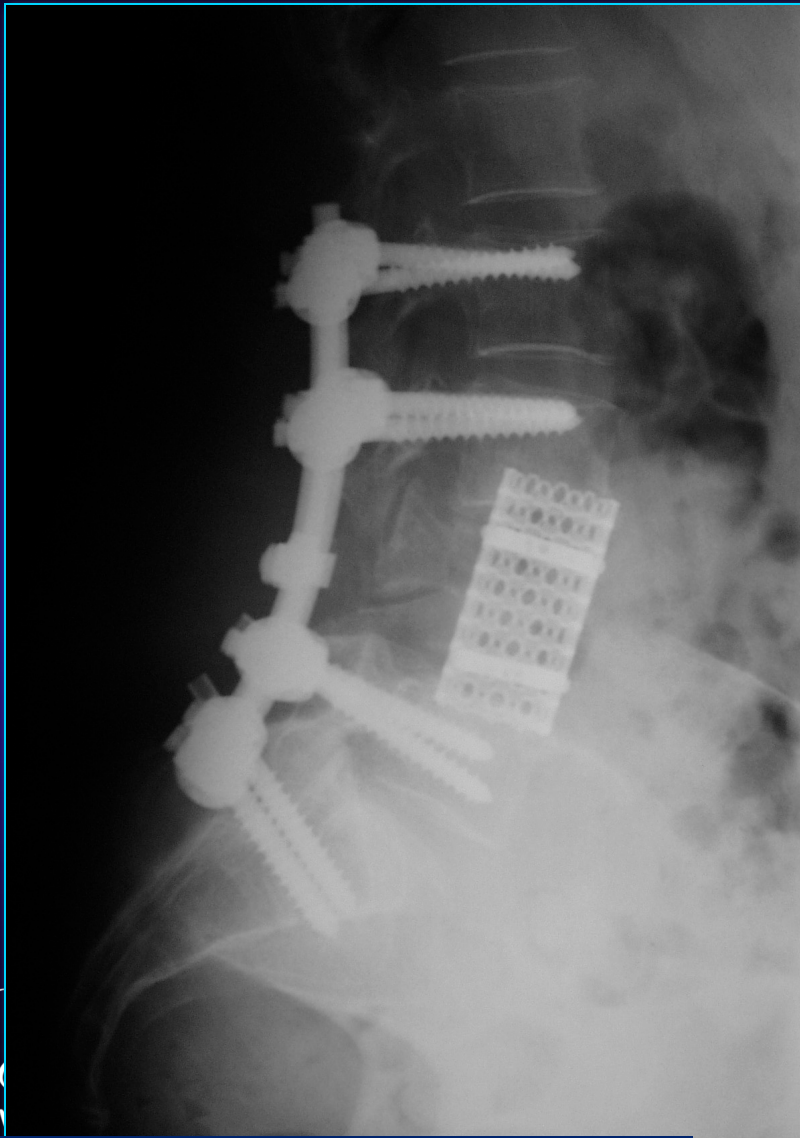




# Selective Arterial Embolization



# Debulking (intralesional “extracapsular” excision)



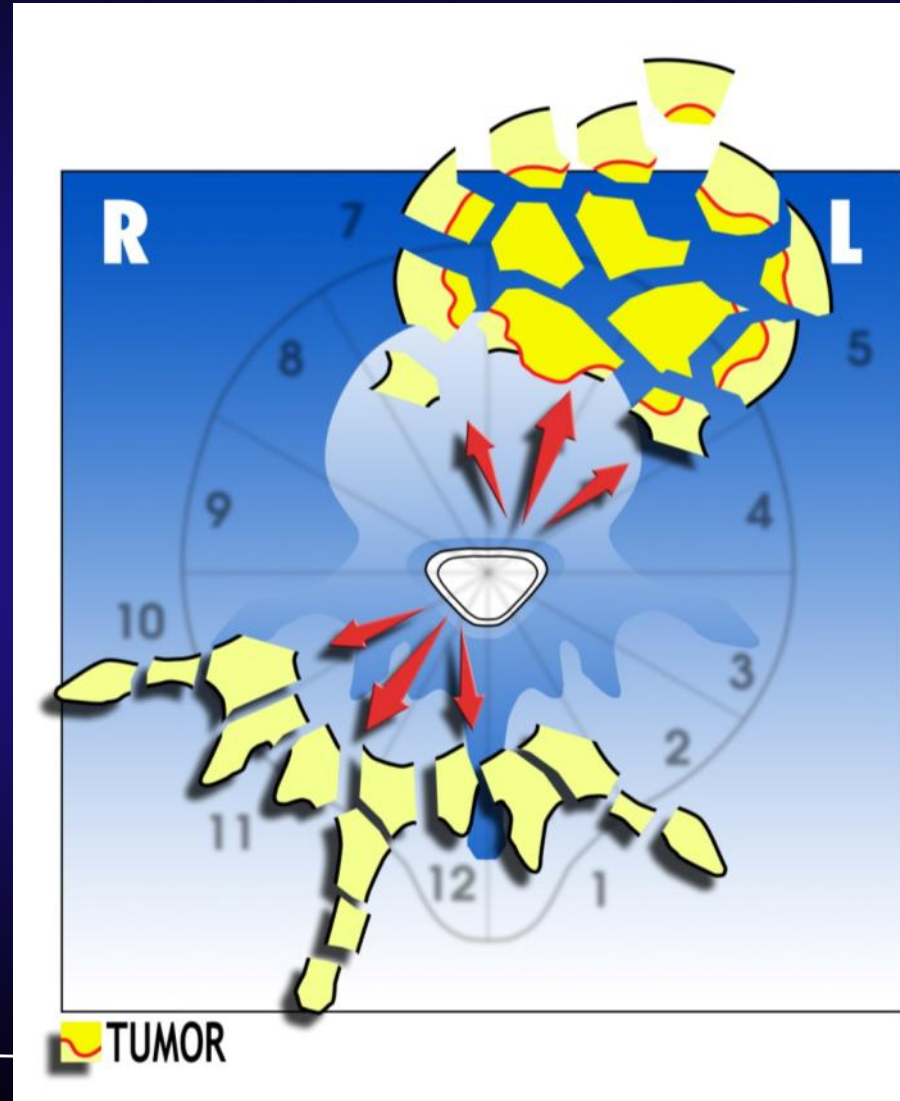
*M.M., f, 65 yrs., L4, uterus met*



# Vertebrectomy

- Surgical removal of all the anatomical elements of a vertebra

*Intralesional  
(piecemeal, curettage)  
("debulking" if subtotal)*

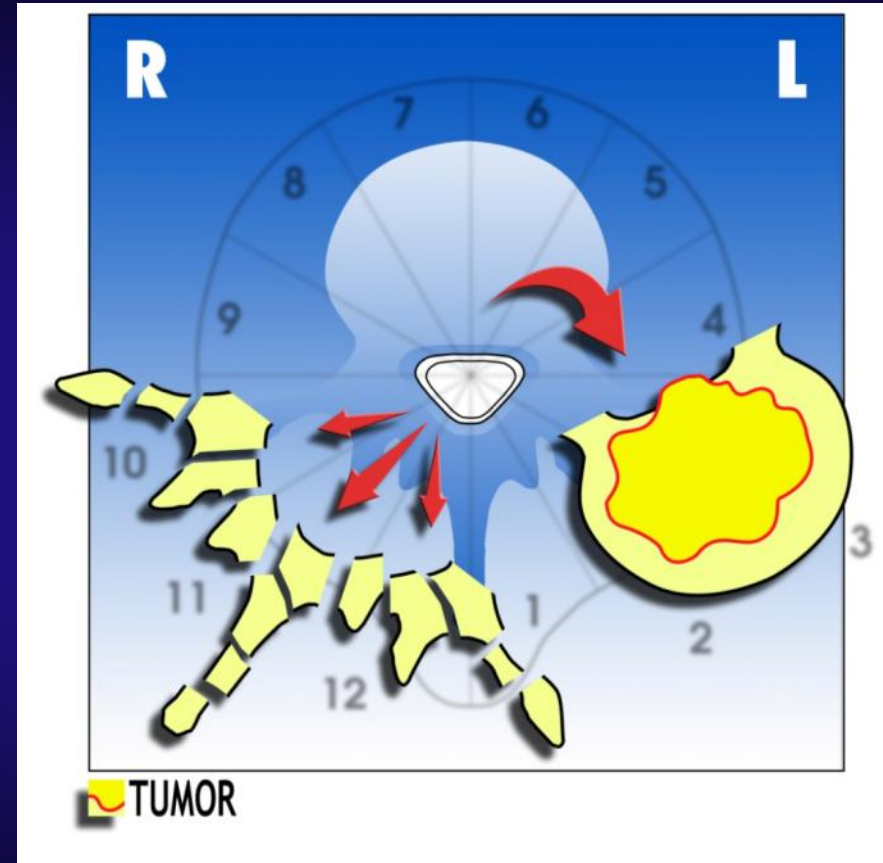


# Vertebrectomy

- Surgical removal of all the anatomical elements of a vertebra

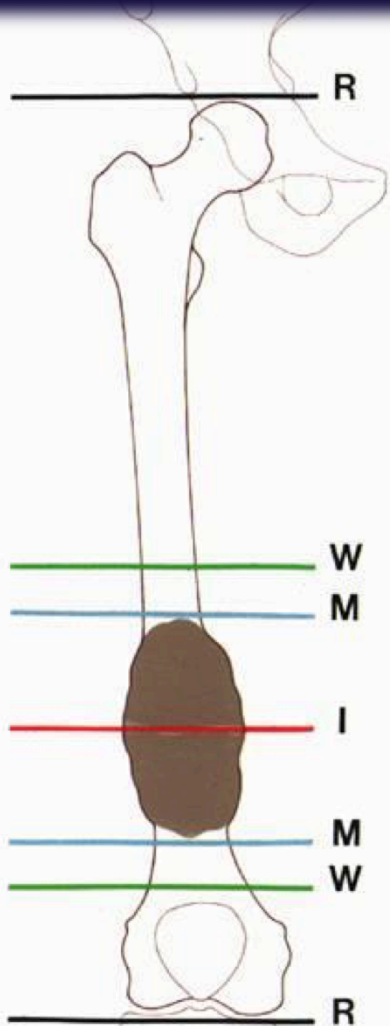
*En bloc*

*(vertebral body enbloc resection)*

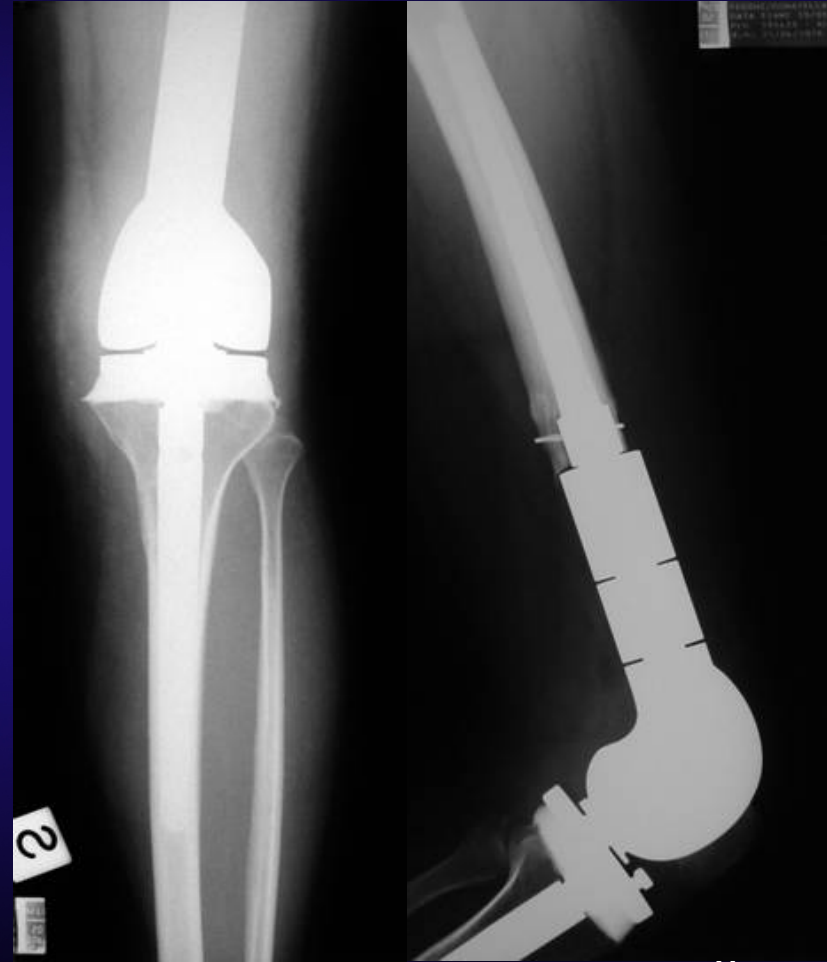




# “En Bloc” Resection in the Limbs



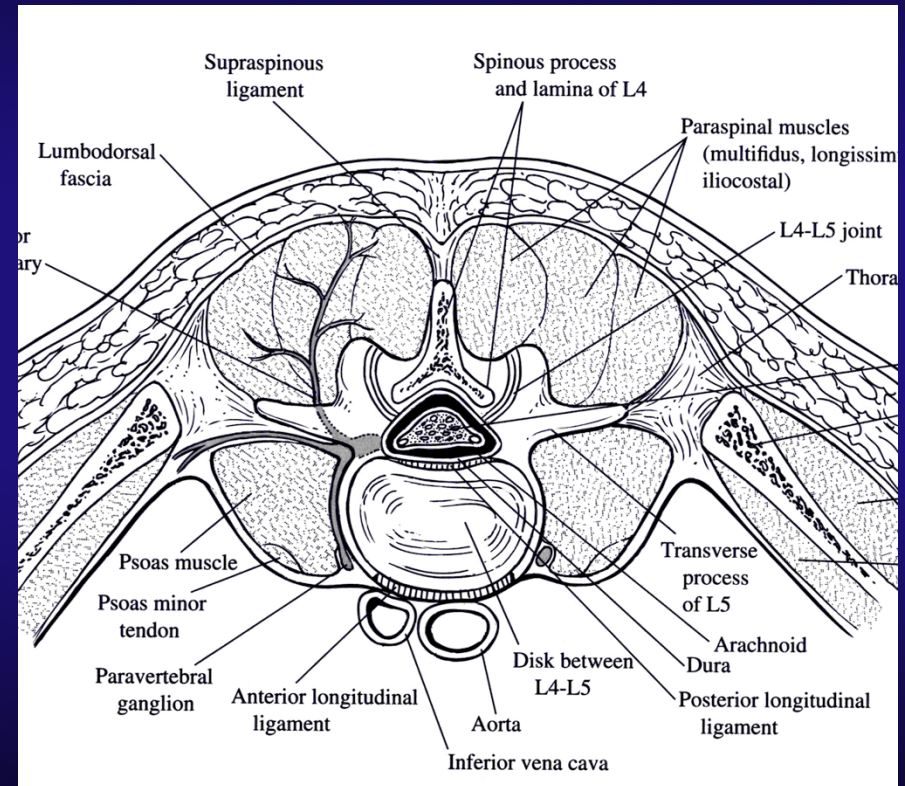
# “En Bloc” Resection in the Limbs





# “En Bloc” Resection in the Spine

- *Unresectable structures*
- *Severe functional loss*
- *High I-O morbidity*
- *Technically demanding procedures*



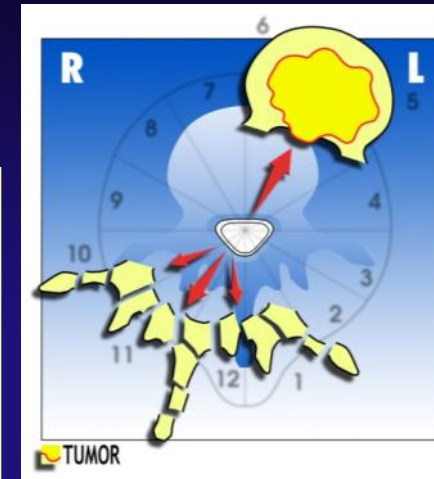
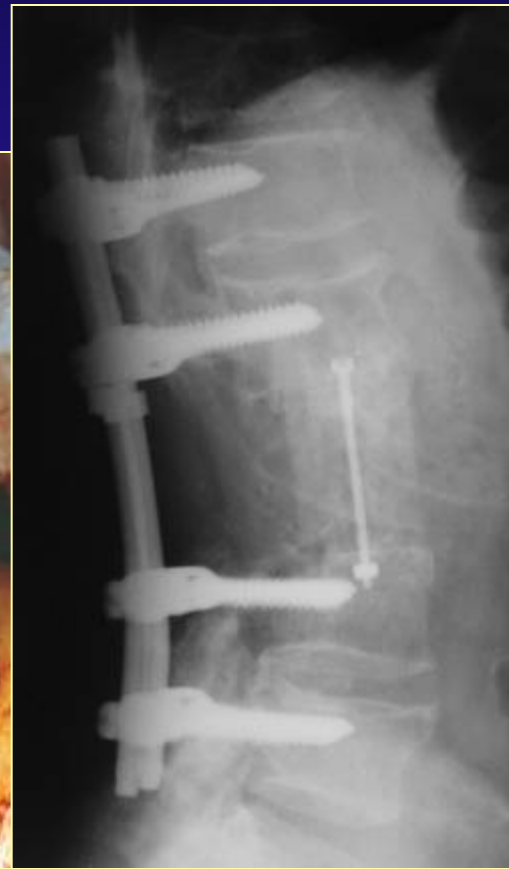
# EN BLOC RESECTION IN METASTASES OUT OF 141 *VERTEBRECTOMY*

PSEUDOTUMORS	2
BENIGN	23
PRIMITIVE MALIGNANT	74
METASTASES	42 (29%)



# EN BLOC VERTEBRECTOMY IN METASTATIC BONE TUMORS OF THE SPINE

*12% of cases*  
*42/350*



# *METASTATIC TUMORS OF THE SPINE*



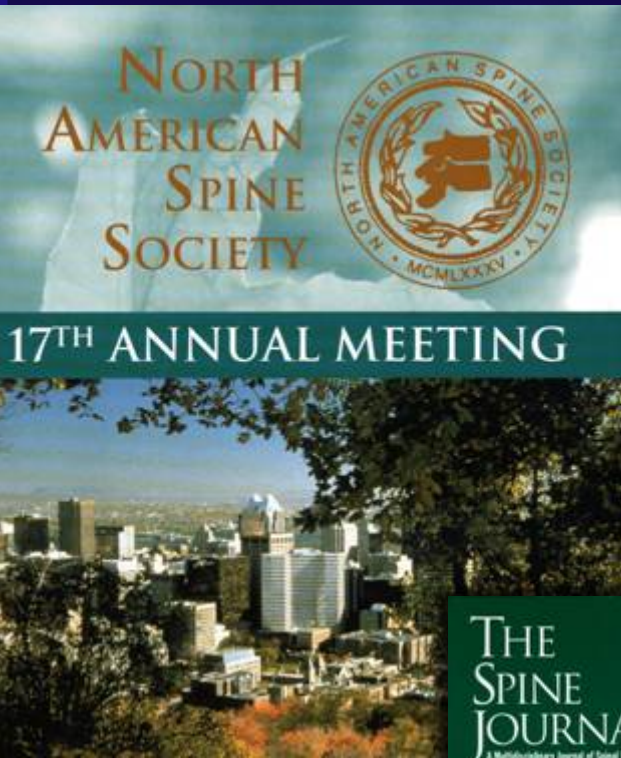
- *Patient-Centered Medicine*
- *Meritocracy*
- *International Relationships*
- *Multi-Disciplinary Approach*

*Mario Campanacci 5 luglio 1996*





# Tokuhashi Scoring System




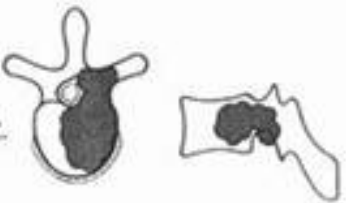
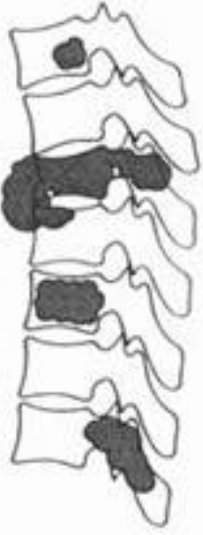

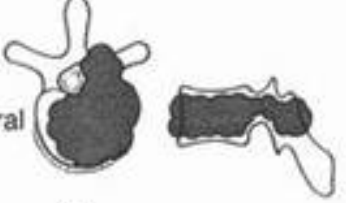


**Scoring System for the Preoperative Evaluation of Metastatic Spine Tumor Prognosis**

YASUAKI TOKUHASHI, MD, HIROMI MATSUZAKI, MD, SADAYOSHI TORIYAMA, MD, HISASHI KAWANO, MD, and SHUNZO OHSAKA, MD



A revised scoring system for preoperative evaluation of metastatic spine tumor prognosis. Y. Tokuhashi et al., 2002.

# Classification according to Tomita score

Intra-Compartmental	Extra-Compartmental	Multiple
<p><b>Type 1</b> vertebral body</p> 	<p><b>Type 4</b> epidural ext.</p> 	<p><b>Type 7</b></p> 
<p><b>Type 2</b> pedicle extension</p> 	<p><b>Type 5</b> paravertebral ext.</p> 	
<p><b>Type 3</b> body-lamina ext.</p> 	<p><b>Type 6</b> 2-3 vertebrae</p> 	

*K. Tomita, N. Kawahara, T. Kobayashi, A. Yoshida, H. Murakami, and T. Akamaru. Surgical strategy for spinal metastases. Spine 26 (3):298-306, 2001.*

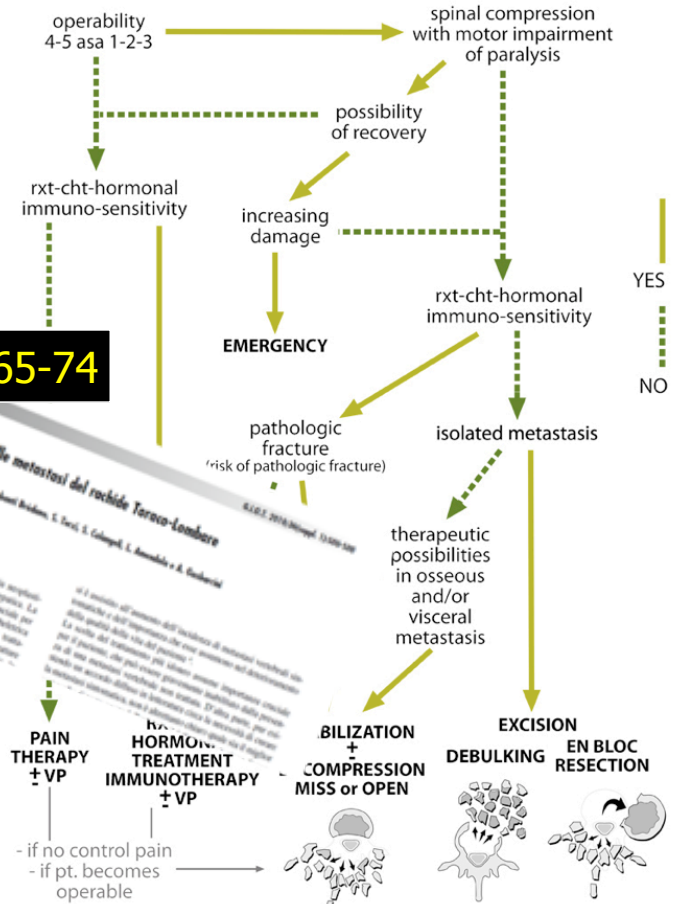


# Scoring Systems

- A point system for different disease parameters
- Indication for treatment based on cumulative points
- Does NOT account for the patient's overall status
- Relevance of parameters can vary from patient to patient

# SPINAL METASTASES TREATMENT FLOW-CHART

flow-chart for the treatment of spinal metastases



**EurRevMedPharmacolSci 2004; 8: 265-74**

**SPINE 2010; 35: 1466-70**

**Spinal metastases: treatment evaluation algorithm**

A. GASBARRINI, M. CAPPUCIO, L. MIRABILE, S. BANDIERA, S. TERZI, G. BARBANTI BRODANO, S. BORIANI

**Il trattamento delle metastasi vertebrali**

A. Gasbarrini, M. Cappuccio, S. Bandiera, L. Mirabile, S. Terzi, S. Boriani, G. Barbanti Brodano, S. Boriani

**Point of View**

Stefano Boriani, MD, and Alessandro Gasbarrini, MD

**SPINE 2005; 30: 2227-29**

**Efficacy Evaluation of a New Treatment Algorithm for Spinal Metastases**

Alessandro Gasbarrini, MD,\* Haomiao Li, MD,† Michele Cappuccio, MD,‡ Loris Mirabile, MD,‡ Stefania Paderni, MD,‡ Silvia Terzi, MD,‡ and Stefano Boriani, MD\*



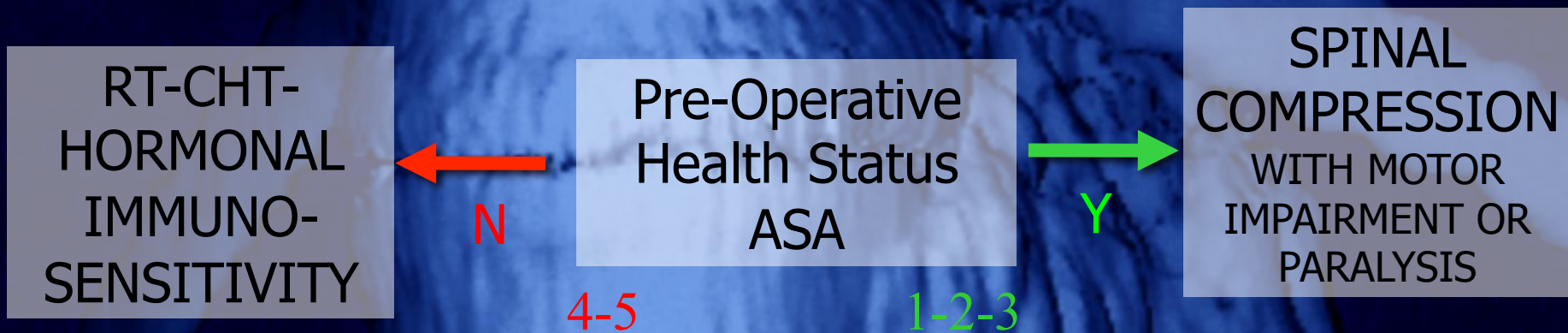
# Components of the Algorithm

## Decision points:

- *Suitability for surgery*
- *Neurological status*
- *Sensitivity to non-surgical therapies*
- *Pathologic Fracture*
- *Involvement of other organs and systems*

Clinical and radiographic parameters  
evaluated in an individualized manner

# SPINAL METASTASES TREATMENT FLOW-CHART



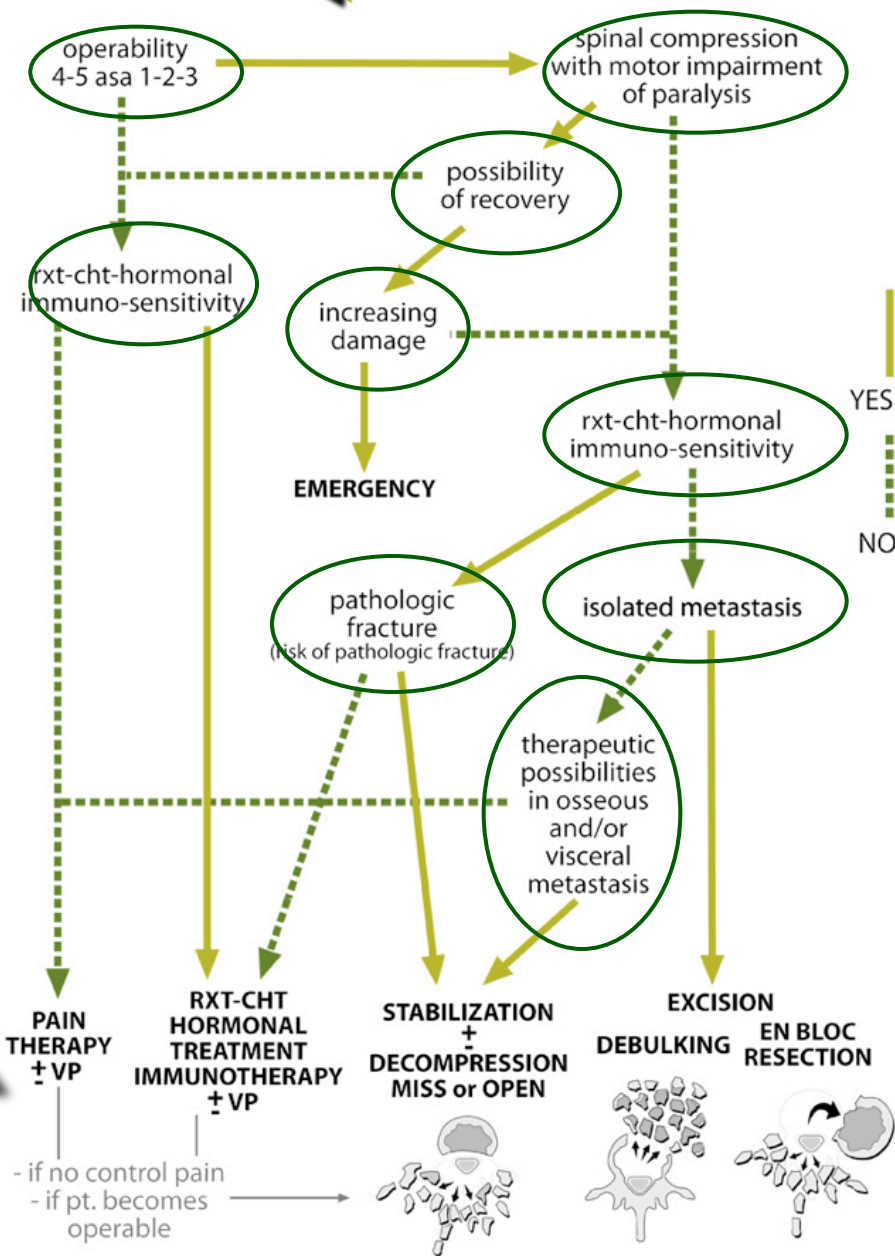


# SPINAL METASTASES TREATMENT FLOW-CHART

Decision Points

Treatment options

flow-chart for the treatment of spinal metastases



*C.T., 43 yrs., ASA score: 3  
 T12 isolated Met from  
 Breast Carcinoma  
 Karnofsky score: 90%  
 Frankel score: E  
 No pathologic fracture  
 Δt: 3 years*

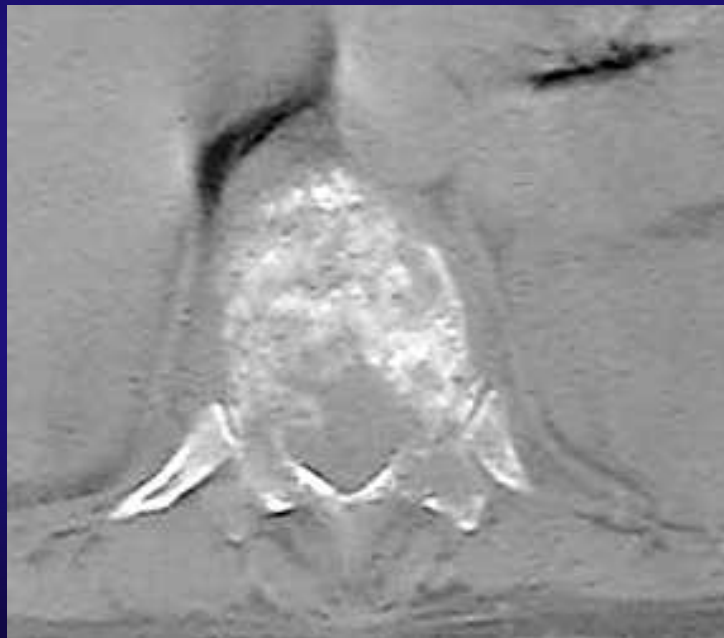


***Excisional  
 surgery***

<b>Tokuhashi score</b>		<b>SCORE</b>
<b>1. General function status-Karnofsky score (Ks)</b>		
Bad (Ks 10-40%)		0
Medium (Ks 50-70%)		1
<b>Good (Ks 80-100%)</b>		<b>2</b>
<b>2. N° of extraspinal bone metastasis foci (Tc<sup>99</sup>MDP Scan)</b>		
> 0 = 3		0
1-2		1
<b>0</b>		<b>2</b>
<b>3. N° of spinal metastasis foci (MRI)</b>		
> 0 = 3		0
2		1
<b>1</b>		<b>2</b>
<b>4. Metastases at internal organs (CT chest, US abdomen)</b>		
No surgical treatment option		0
Surgical treatment option		1
<b>No metastases</b>		<b>2</b>
<b>5. Primary cancer diagnosis</b>		
Lung, stomach		0
Kidney, liver, uterus, unknown		1
<b>Thyroid, prostate, breast, rectum</b>		<b>2</b>
<b>6. Spinal cord injury (Frankel score)</b>		
Complete (Frankel A or B)		0
Incomplete (Frankel C or D)		1
<b>None (Frankel E)</b>		<b>2</b>
<b>Total</b>		<b>12</b>



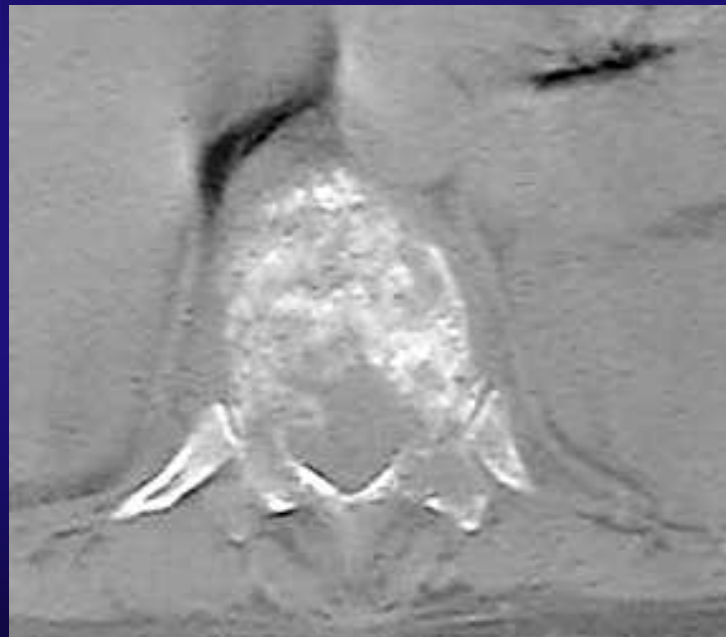
C.T., 43 yrs., ASA score: 3  
 T12 isolated Met from  
 Breast Carcinoma  
 Karnofsky score: 90%  
 Frankel score: E  
 No pathologic fracture  
 Δt: 3 years



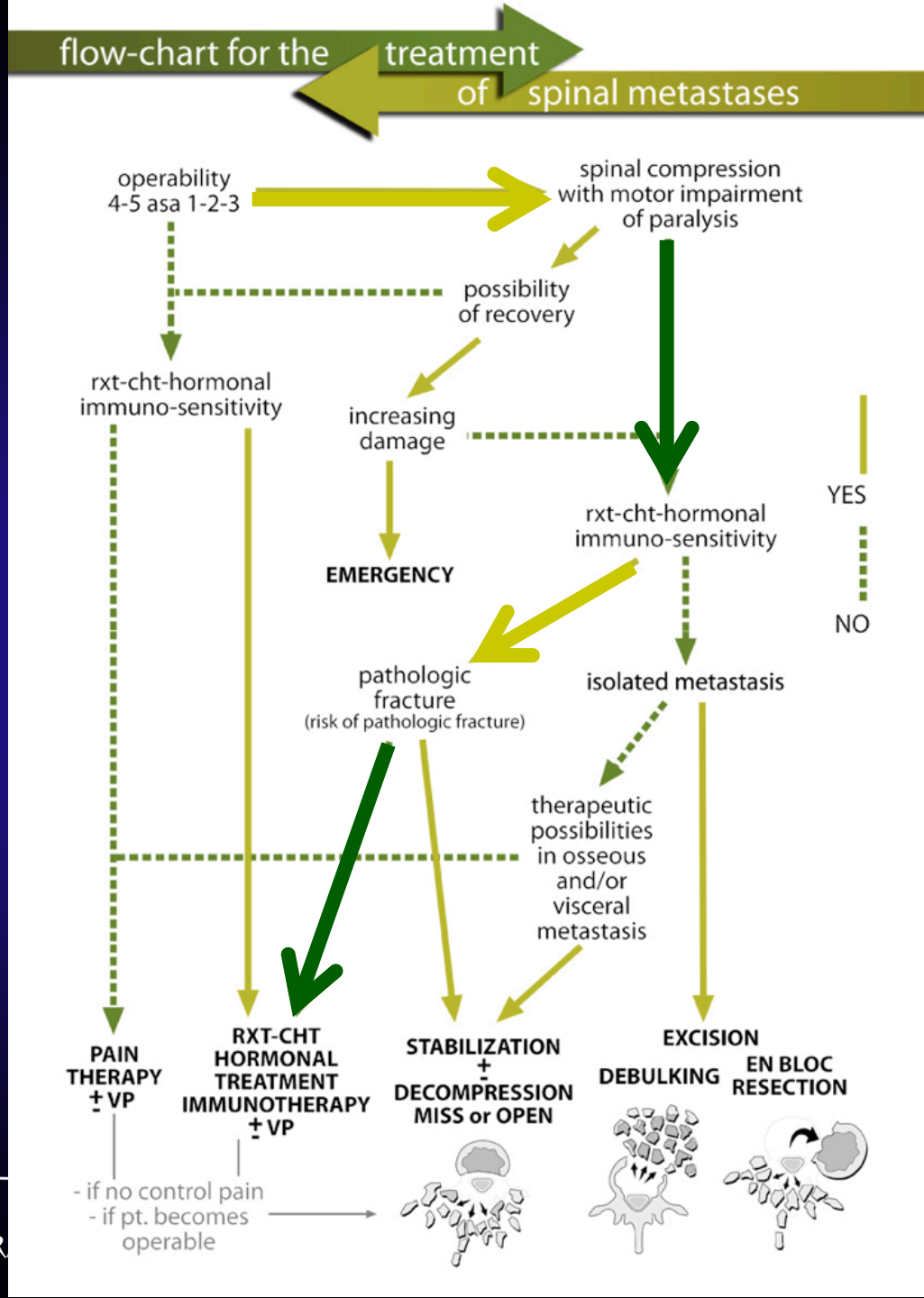
***Excisional surgery***  
*(wide or marginal)*

Tomita score	score
<b><i>Grade of malignancy</i></b>	
- Slow growth	1
- Moderate growth	2
- Rapid growth	4
<b><i>Visceral metastases</i></b>	
- No metastasis	0
- Treatable	2
- Untreatable	4
<b><i>Bone metastases</i></b>	
- Solitary/isolated	1
- Multiple	2
<i>total</i>	<b>3</b>

*C.T., 43 yrs., ASA score: 3  
 T12 isolated Met from  
 Breast Carcinoma  
 Karnofsky score: 90%  
 Frankel score: E  
 No pathologic fracture  
 Δt: 3 years*

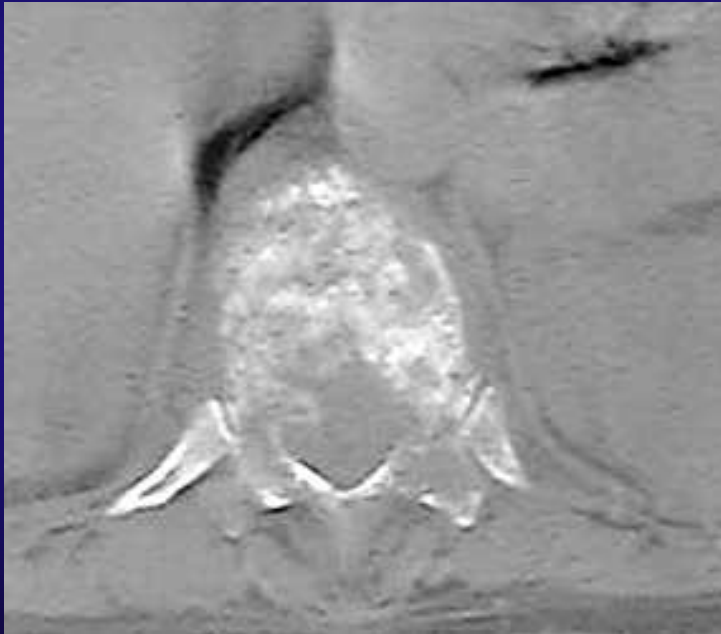


# Hormonal and RTR



*C.T., 43 yrs., ASA score: 3  
T12 isolated Met from  
Breast Carcinoma  
Karnofsky score: 90%  
Frankel score: E  
No pathologic fracture  
 $\Delta t$ : 3 years*

## **SPINAL METASTASES TREATMENT FLOW-CHART**

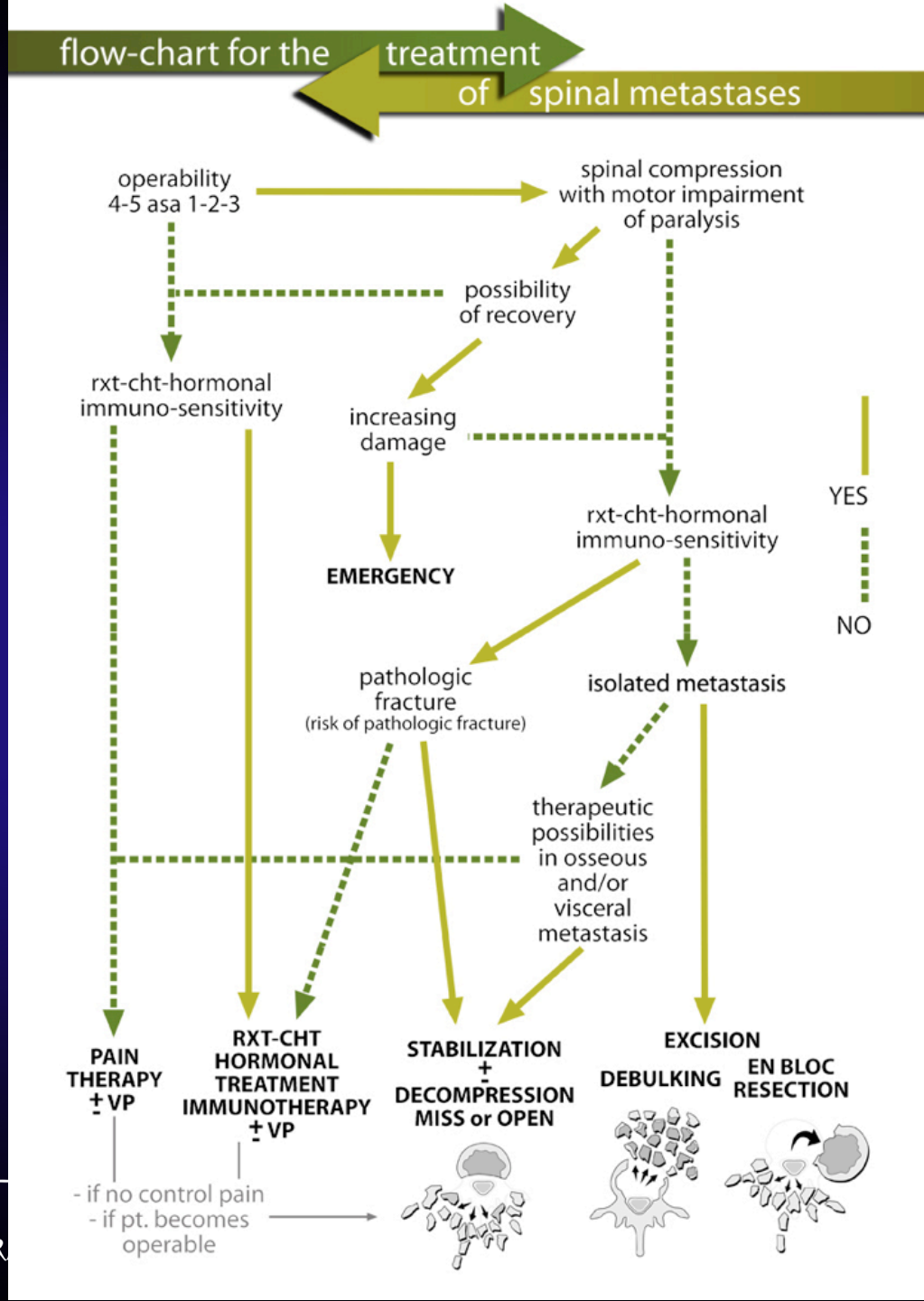


*9 months after Radio and Hormonal tx*



# SPINAL METASTASES TREATMENT FLOW-CHART

- *Logical sequences*
- *Patient-centered*
- *Multidisciplinary approach*



# SPINAL METASTASES TREATMENT FLOW-CHART

## *Validation/Reliability Studies*

- *Retrospective*
- *Prospective (multi-center)*



# SPINAL METASTASES TREATMENT FLOW-CHART

## *Validation/Reliability Studies*

- *Retrospective*
- *Prospective (multi-center)*

## Method

- “target achievement”
  - Survival in the statistical range
  - Local control (tumor growth and pain)
  - Frankel score maintained or improved



# SPINAL METASTASES TREATMENT FLOW-CHART

## *Validation/Reliability Studies*

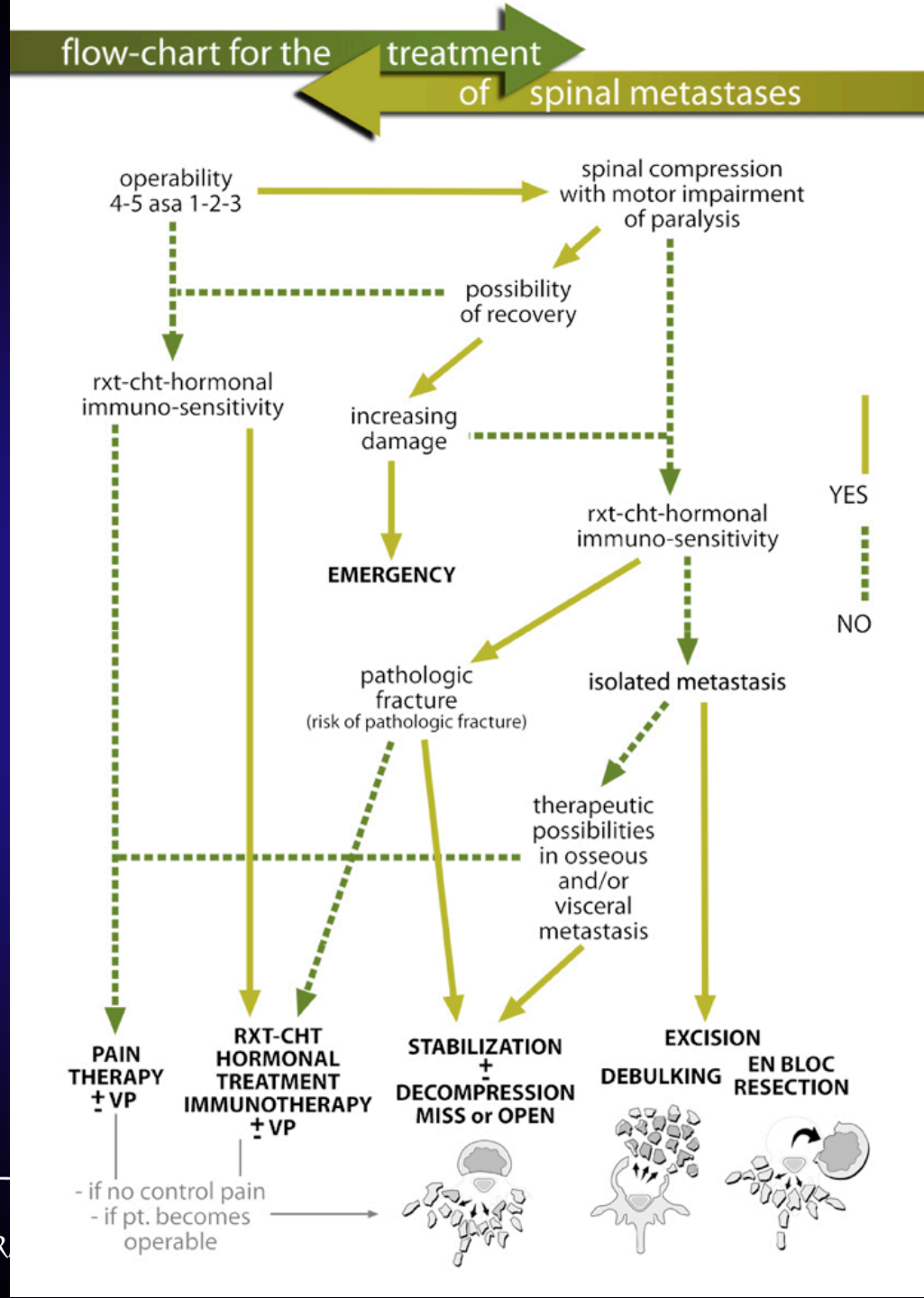
- *Retrospective*
- *Prospective (multi-center)*

## Results

Flow Chart	% target achievement
Followed	85%
Overtreatment	35%
Undertreatment	66%

# SPINAL METASTASES TREATMENT FLOW-CHART

- *Logical sequences*
- *Patient-centered*
- *Multidisciplinary approach*
- *Reiliable and Reproducibile*
- *Everlasting*

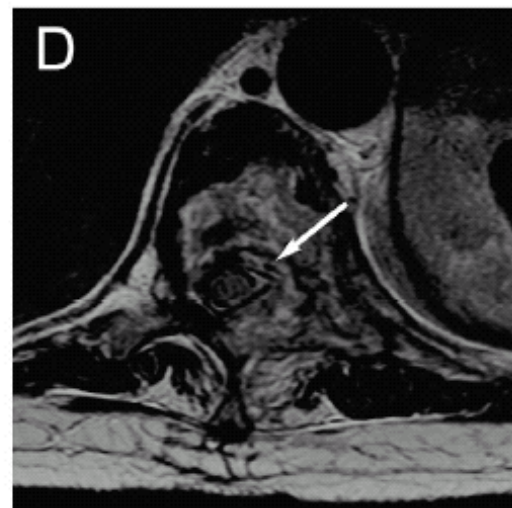
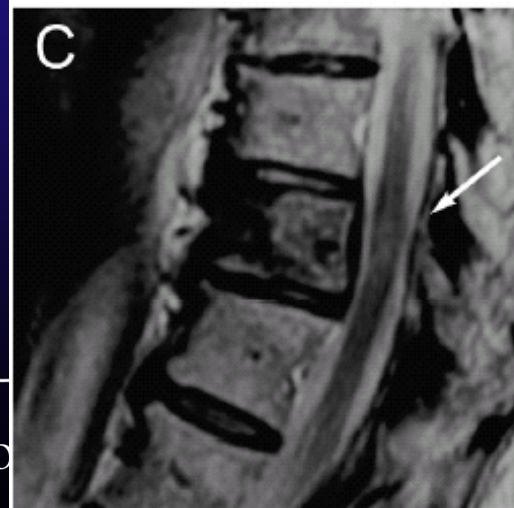
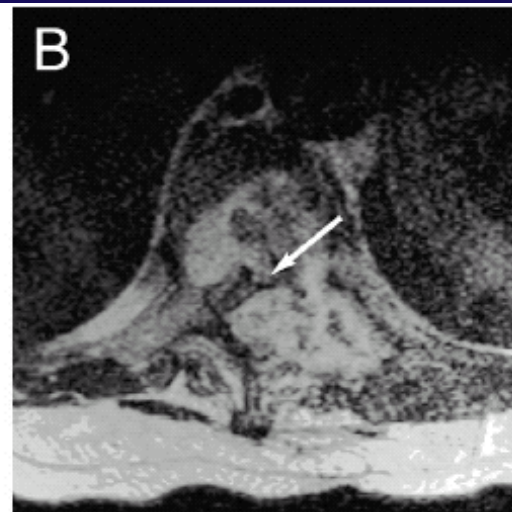
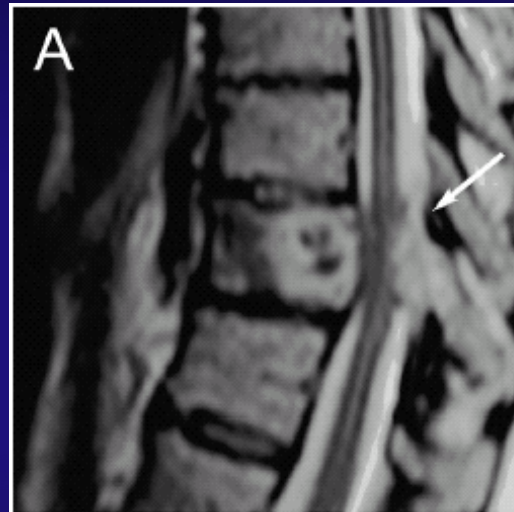




## Case Study of the Month

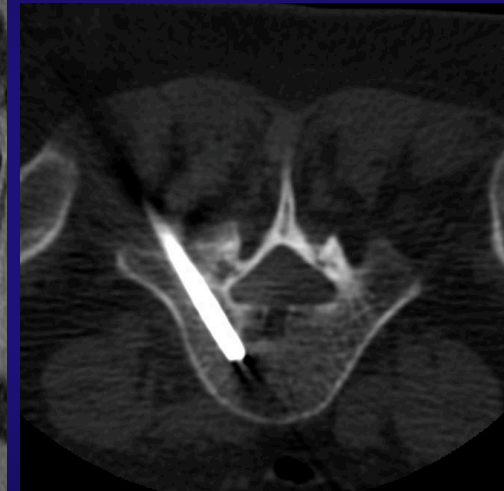
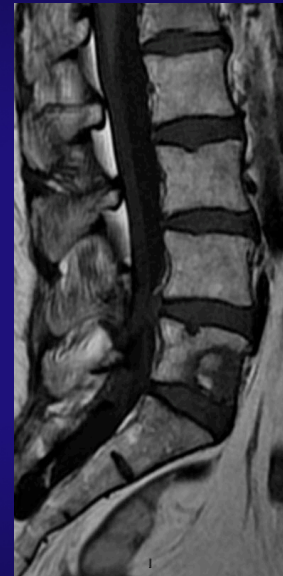
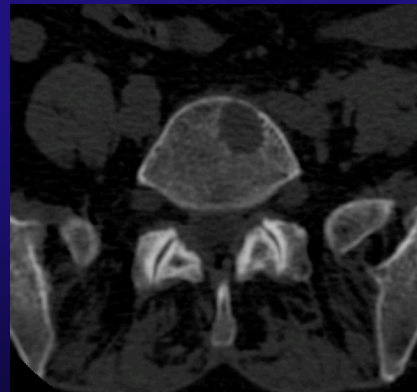
# Sunitinib Relieves Renal Cell Carcinoma Spinal Cord Compression

Quoc-Dien Trinh<sup>a</sup>, Étienne Cardinal<sup>b</sup>, Andrea Gallina<sup>a</sup>, Paul Perrotte<sup>a</sup>, Fred Saad<sup>a</sup>, Pierre I. Karakiewicz<sup>a,\*</sup>

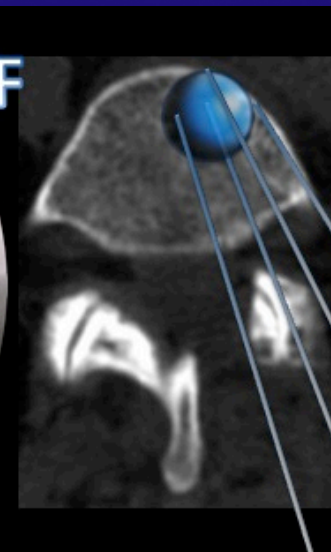
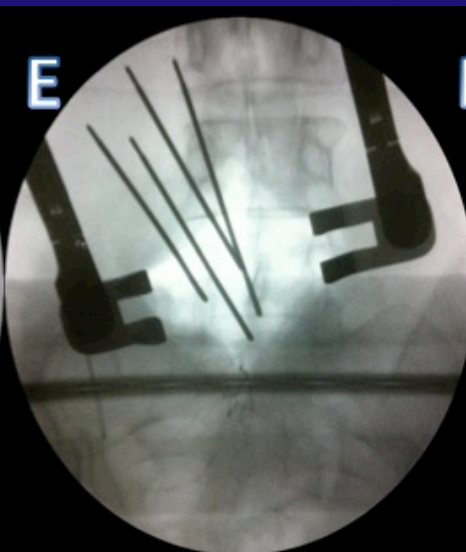
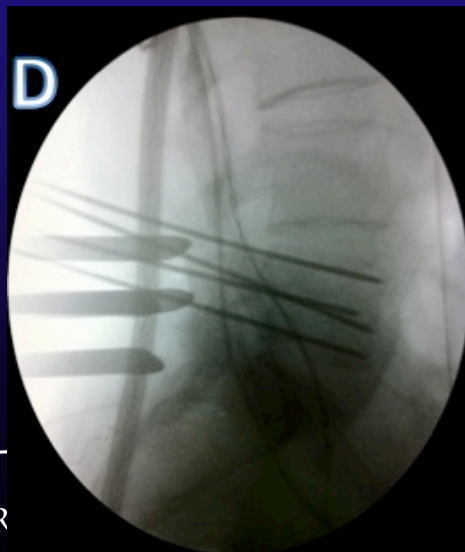
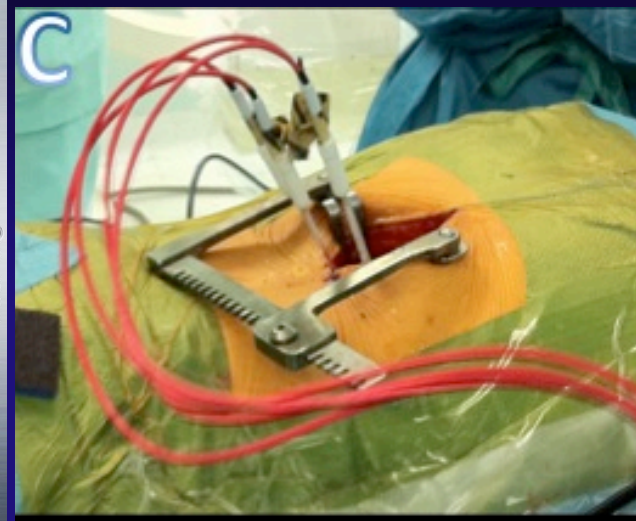
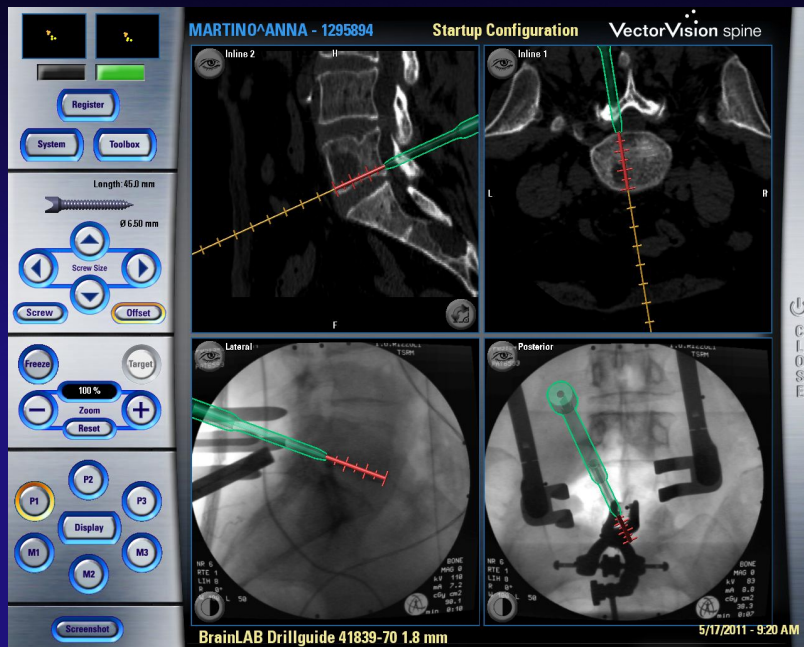
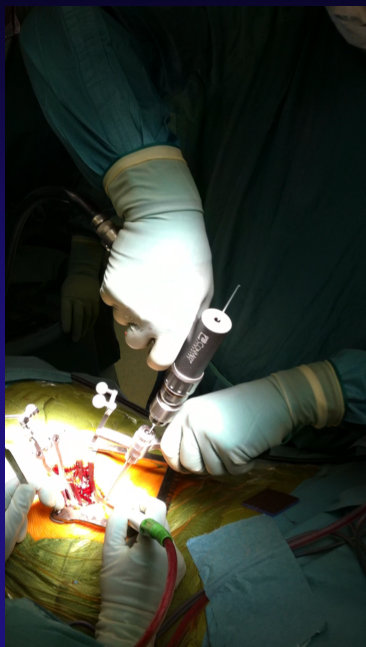




# *M.A., 61 yrs., L5 Melanoma Metastasis*

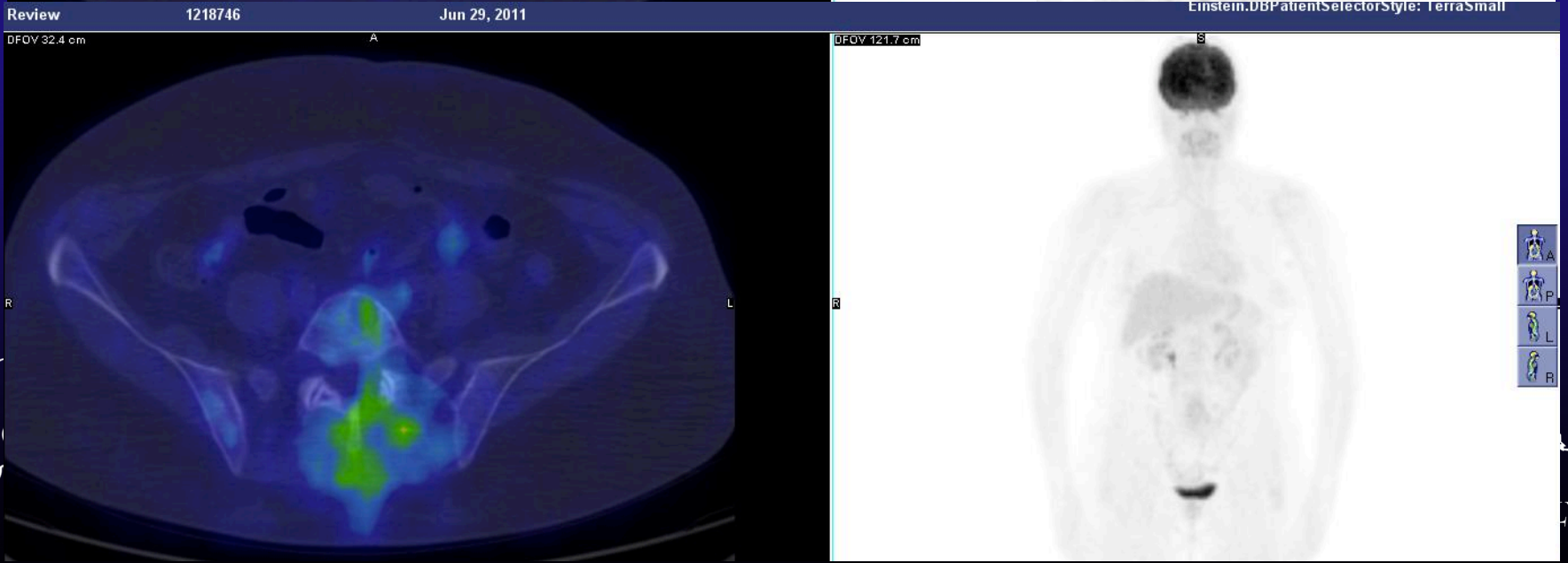
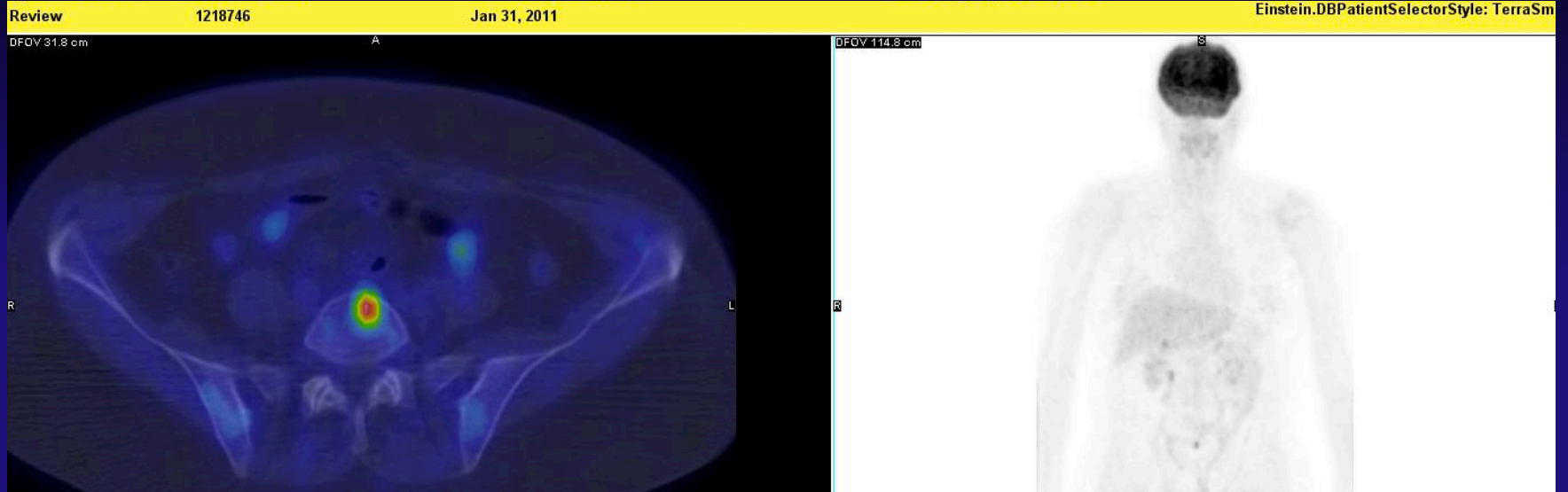


# M.A., 61 yrs., L5 Melanoma Metastasis





# M.A., 61 yrs., L5 Melanoma Metastasis







*Making wise choices...*

**RT+Surgery vs. Surgery+RT**

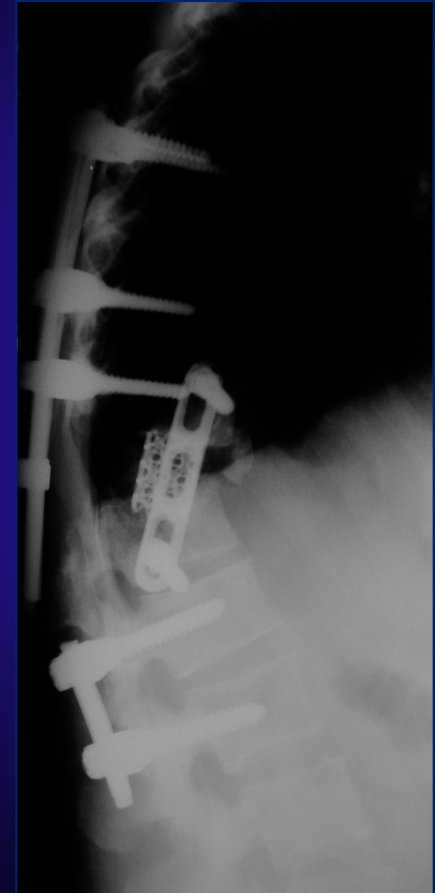
# Bone Tumors of the Spine

## *Incidence of Post-Op. Complications*



63 on 774 cases

- Oncologic
- Septic
- Tissue damage
- Hardware





# Bone Tumors of the Spine

## *Incidence of Post-Op. Complications*

- 27 on 109 surgeries on previously irradiated  
**24,7%**
- 36 on 665 surgeries on non-irradiated  
**5,4%**

Eur Spine J (2010) 19:231–241  
DOI 10.1007/s00586-009-1137-z

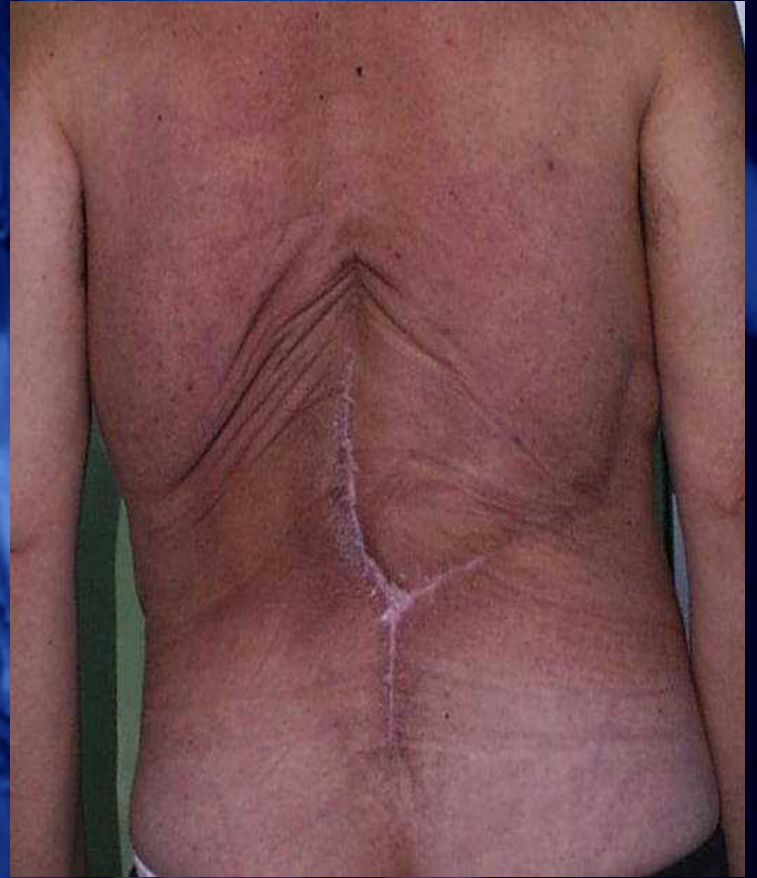
ORIGINAL ARTICLE

### **Morbidity of en bloc resections in the spine**

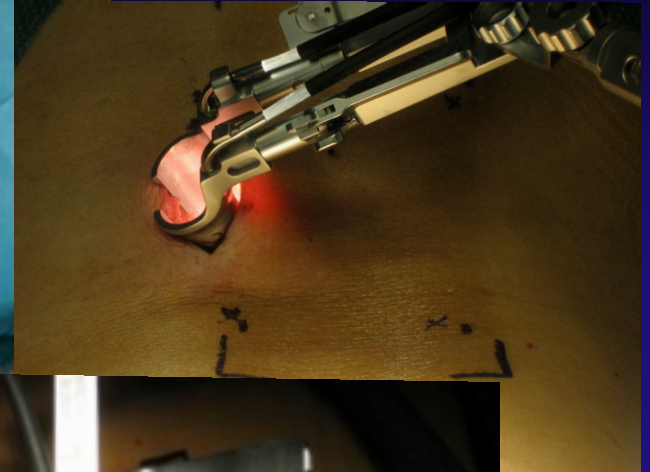
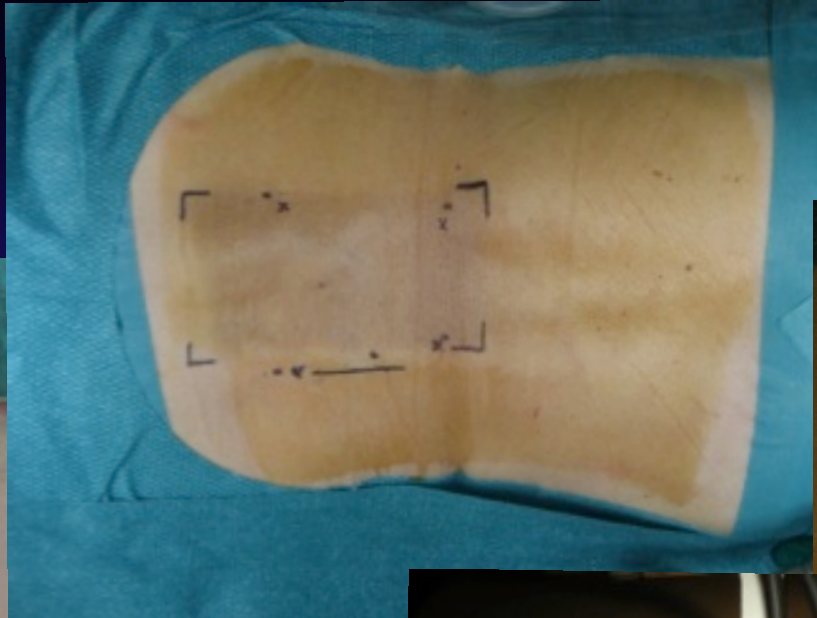
Stefano Boriani · Stefano Bandiera · Rakesh Donthineni ·  
Luca Amendola · Michele Cappuccio · Federico De Iure ·  
Alessandro Gasbarrini







*F. 68 yrs L4 thyroid carcinoma metastases*





## To take home...

- Less tissue damage
- Less morbidity

Faster recovery



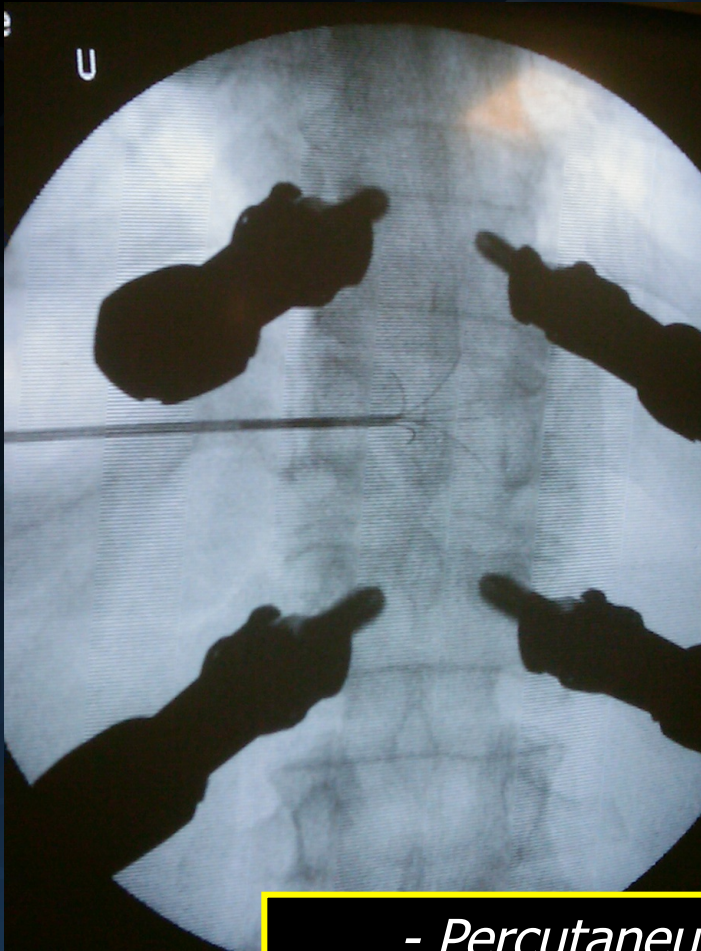
***ADJUVANT THERAPY (QT and RT) can be started EARLIER***



*R.M., 68 yrs., T11 HCC Meta after liver Transplant*



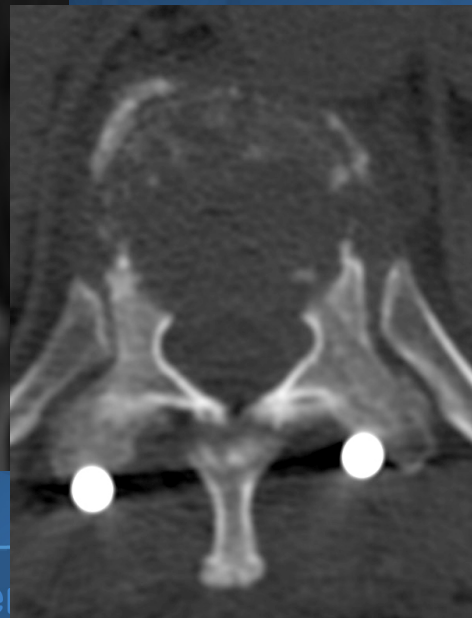
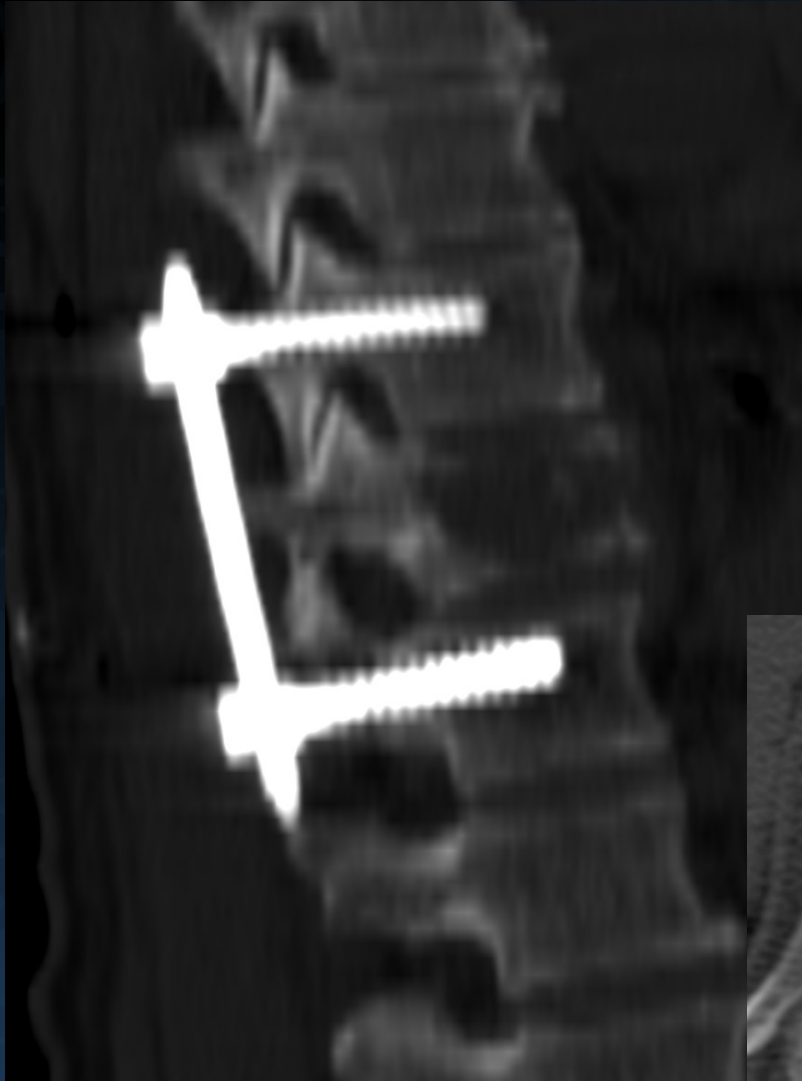
*R.M., 68 yrs., T11 HCC Meta after liver Transplant*



- *Percutaneous Stabilization*
- *Radiofrequency Thermoablation*



*R.M., 68 yrs., T11 HCC Meta after liver Transplant*

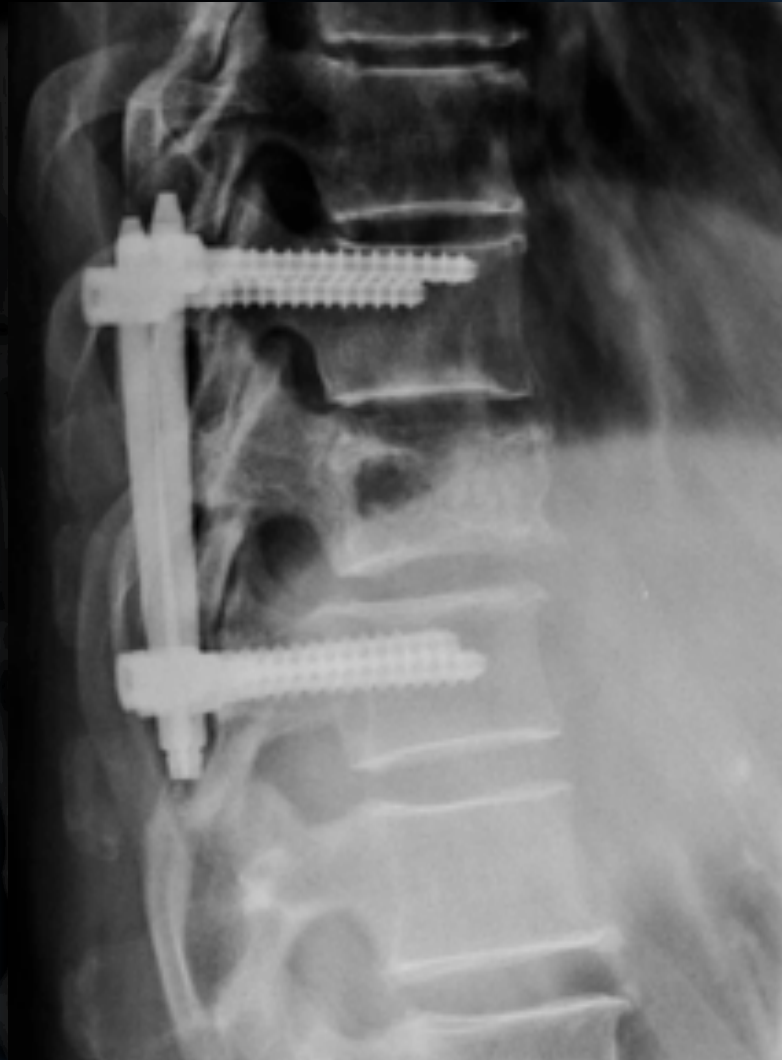
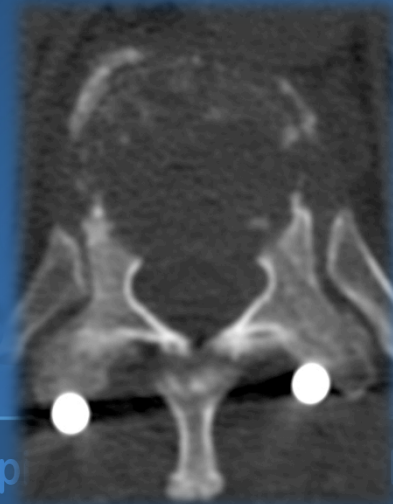




*R.M., 68 yrs., T11 HCC Meta after liver Transplant*



*2yrs later NED: excellent Q.of L.*



# Endoscopy *in the Treatment of Bone Tumors of the Spine*

To take home...

Minimal or Reduced Invasive Surgery must be planned according to:

- Diagnosis
- Oncological Staging

R.B., f, 40 y/o.  
“Solitary” breast met T5 DT 2 yrs

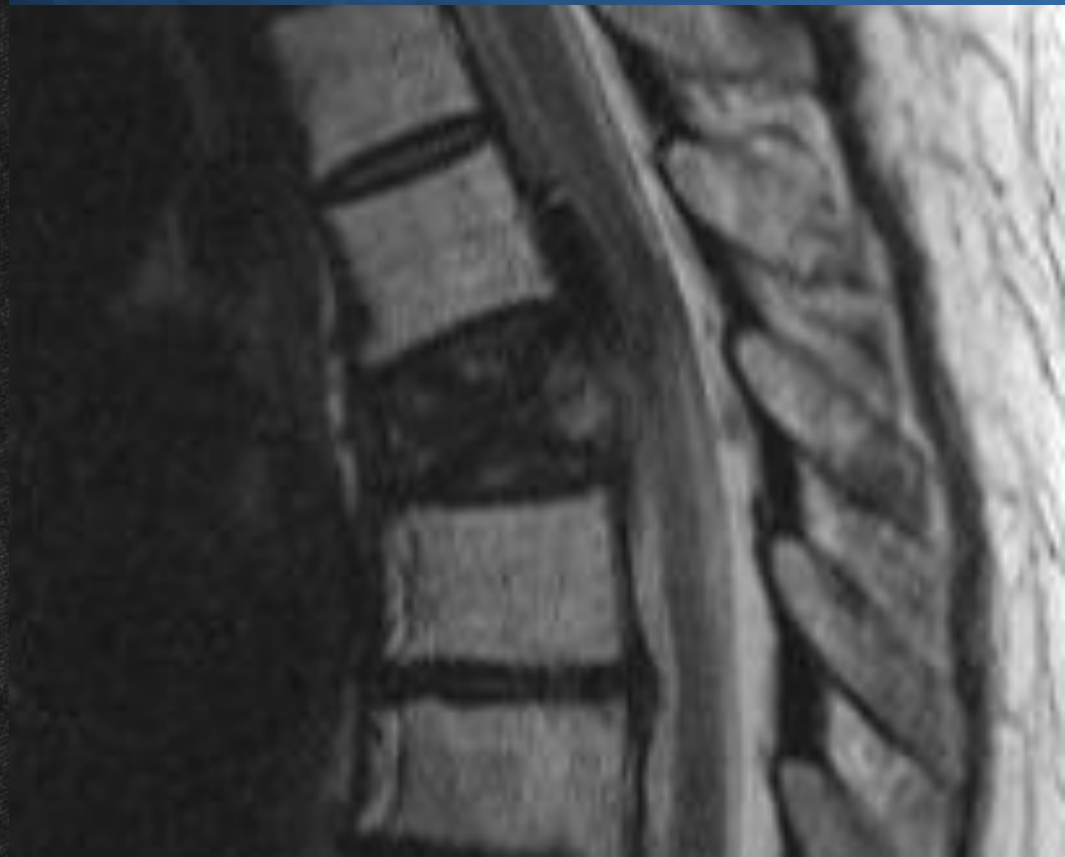




R.B., f, 40 y/o.  
“Solitary” breast met T5 DT 2 yrs



Vertebroplasty in March 2008  
(German University Hospital)



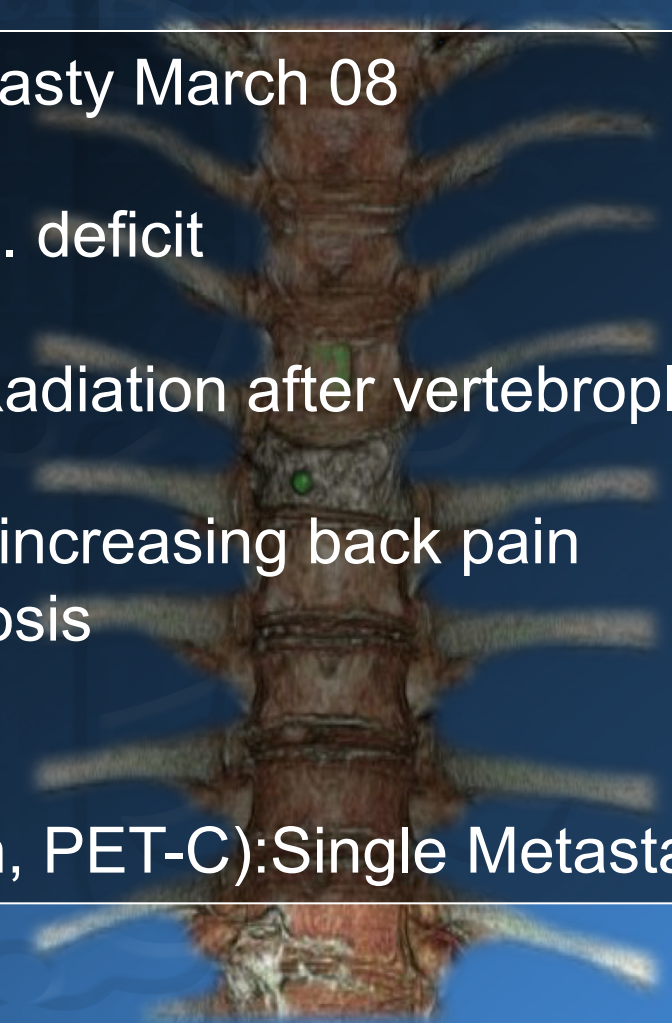
R.B., f, 40 y/o.

“Solitary” breast met T5 DT 2 yrs

- Vertebroplasty March 08
- No neurol. deficit
- Postop. Radiation after vertebroplasty
- Sept. 08 increasing back pain and kyphosis

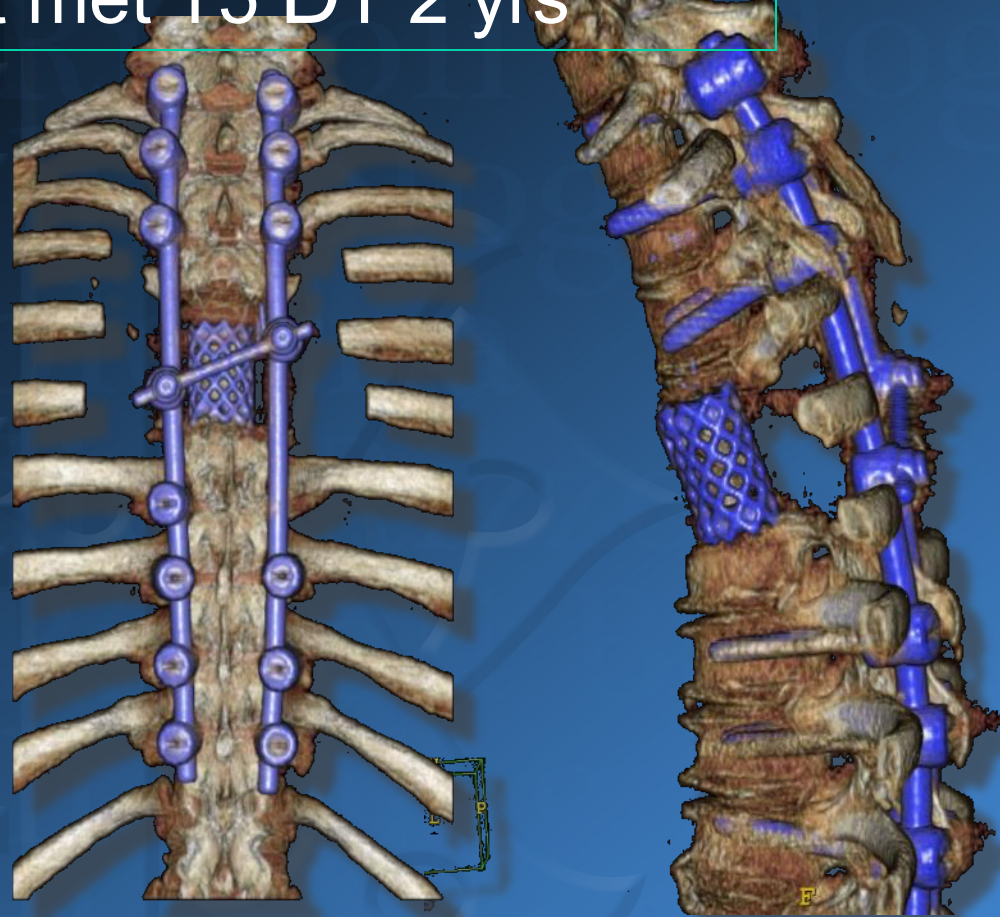
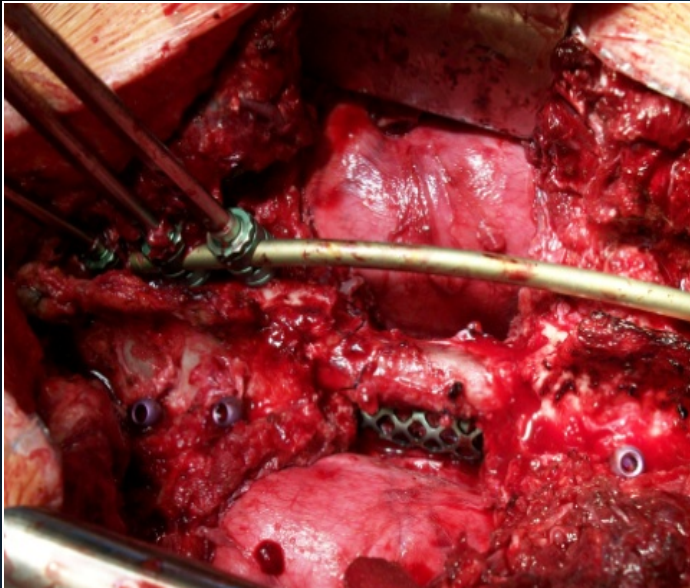
Sept. 08

(Bone scan, PET-C): Single Metastasis T 5





R.B., f, 40 y/o.  
“Solitary” breast met T5 DT 2 yrs



En bloc –Resection T 5 via bilateral posterolateral approach.  
Resection of adjacent parts of T 4 and T6  
Spinalcanalclearance (Vertebroplasty cement)



To take home...



# CONCLUSIONS

- THE GOAL OF SURGICAL TREATMENT IN VERTEBRAL METASTASES IS IMPROVING **QUALITY OF LIFE**
- THE AIM OF SURGERY MUST BE **LOCAL CONTROL** OF THE LESION
- A **MULTIDISCIPLINARY** APPROACH IS BEST



# APP - iSMT

## *Spinal Metastases Treatment*

