



II° CONGRESSO  
Gruppo Interregionale  
AIRO Piemonte-Liguria  
Vale d'Aosta

"Aspetti clinici e tecnici  
della radioterapia nei  
tumori del colon-retto"

8 ottobre 2011

Castello di Grinzane Cavour

Con il patrocinio:



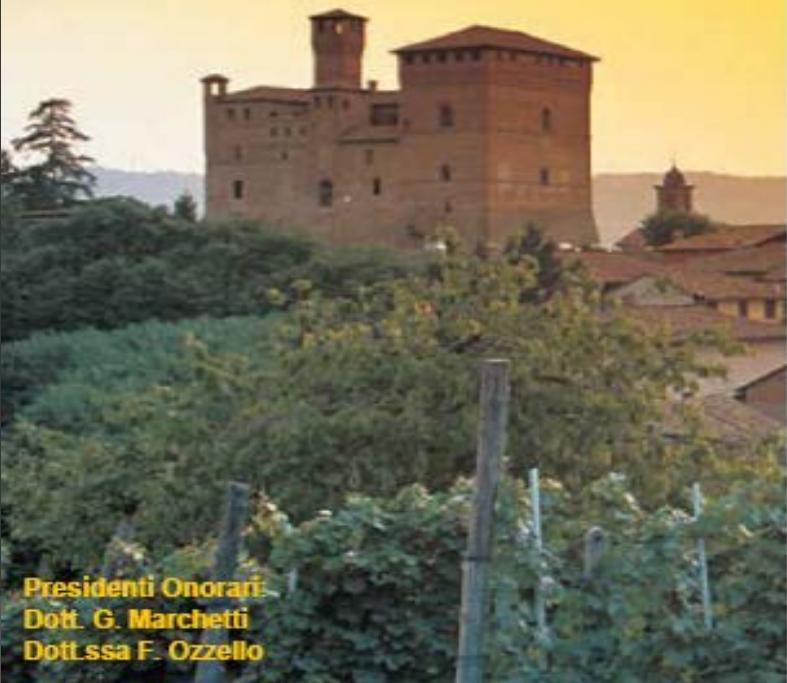
Associazione  
Italiana  
Radioterapia  
Oncologica



FNOMCeO  
CUNEO



LILT  
LIGA ITALIANA PER LA  
LOTTO CONTRO IL CANCER  
Sezione Provinciale  
di Cuneo



# RADIOTERAPIA CON TOMOTERAPIA E CAPECITABINA NEL TRATTAMENTO PRE-OPERATORIO DEL CARCINOMA DEL RETTO LOCALMENTE AVANZATO: ESPERIENZA PRELIMINARE DELL'IST DI GENOVA

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Università degli Studi di Genova  
IRCCS San Martino-IST

Presidenti Onorari:  
Dott. G. Marchetti  
Dott.ssa F. Ozzello

La CT/RT neoadiuvante  
rappresenta  
il trattamento standard  
nel carcinoma del retto localmente  
avanzato (cT3-4 e/o N1-2)



LIVELLO DI  
EVIDENZA 1



CATEGORIA 1

La **recidiva locale** rimane  
causa di severa morbidità  
e mortalità



L'OS a 5 anni scende al 20%

# “Neoadjuvant RT dose significantly correlated with 5-year rates of DFS and OS, but not 5-year CSS. Significant advantages were found for doses greater than 45 Gy”

## CLINICAL INVESTIGATION

### Rectum

#### PROGNOSTIC VALUE OF PATHOLOGIC COMPLETE RESPONSE AFTER NEOADJUVANT THERAPY IN LOCALLY ADVANCED RECTAL CANCER: LONG-TERM ANALYSIS OF 566 ypCR Patients

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	Number	5-y DFS		5-y OS	
		%	p	%	p
All	566	84.7		91.6	
Age					
≤60	224	90.8		96.3	
>60	342	80.2	0.004	88.1	0.002
Gender					
M	372	83.3		90.9	
F	194	87.5	0.087	92.8	0.11
cStage					
II	249	90.2		94.9	
III	253	77.9	0.004	87.8	0.004
Dose (Gy)					
≤45	248	81.3		89.2	
>45	318	88.2	0.023	93.8	0.037



CLINICAL INVESTIGATION

Rectum

PHASE II STUDY OF PREOPERATIVE HELICAL TOMOTHERAPY  
FOR RECTAL CANCER

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BART OP DE BEECK, M.D.,|| VINCENT VINH-HUNG, M.D., Ph.D.,\* JACQUES DE GRÈVE, M.D., Ph.D.,¶  
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**“Helical tomotherapy may decrease gastrointestinal toxicity in the preoperative radiotherapy of patients with rectal cancer. A simultaneous integrated boost seems to result in a high metabolic response rate without excessive toxicity”**



CLINICAL INVESTIGATION

Rectum

PREOPERATIVE HELICAL TOMOTHERAPY AND MEGAVOLTAGE COMPUTED  
TOMOGRAPHY FOR RECTAL CANCER: IMPACT ON THE IRRADIATED  
VOLUME OF SMALL BOWEL

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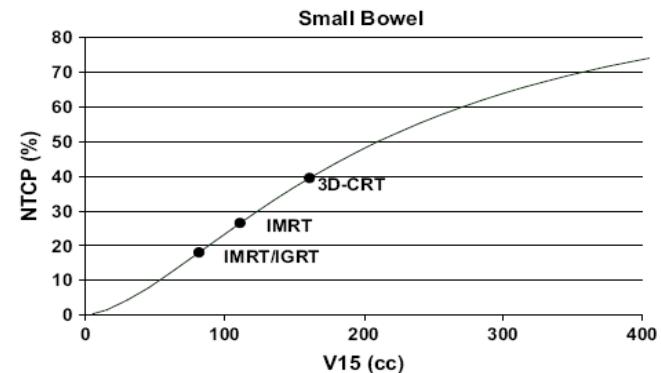


Fig 2. Normal tissue complication probability (NTCP) for acute Grade 2–4 diarrhea plotted as a function of volume of small bowel receiving more than 15 Gy ( $V_{15 \text{ SB}}$ ). Dots represent the resulting NTCP.

# ESPERIENZA PRELIMINARE DELL'IST

9 pz affetti da LARC (cT3N1)



Capecitabina 825 mg/mq 2v/die



Gruppo A (6 pz)

**CTV: 50 Gy/25 fx**

Gruppo B (3 pz)

**CTV1: 52.5 Gy/25 fx**  
**CTV2: 45 Gy/25 fx**

# FATTIBILITA' E TOLLERANZA

- ❖ Nessuna tossicità G3
- ❖ Gruppo A: 1 diarrea G1
- ❖ Gruppo B: 2 tossicità cutanea G2

# RISPOSTA PATOLOGICA

55% Downstaging (5 pz)



22% pCR (2 pz)

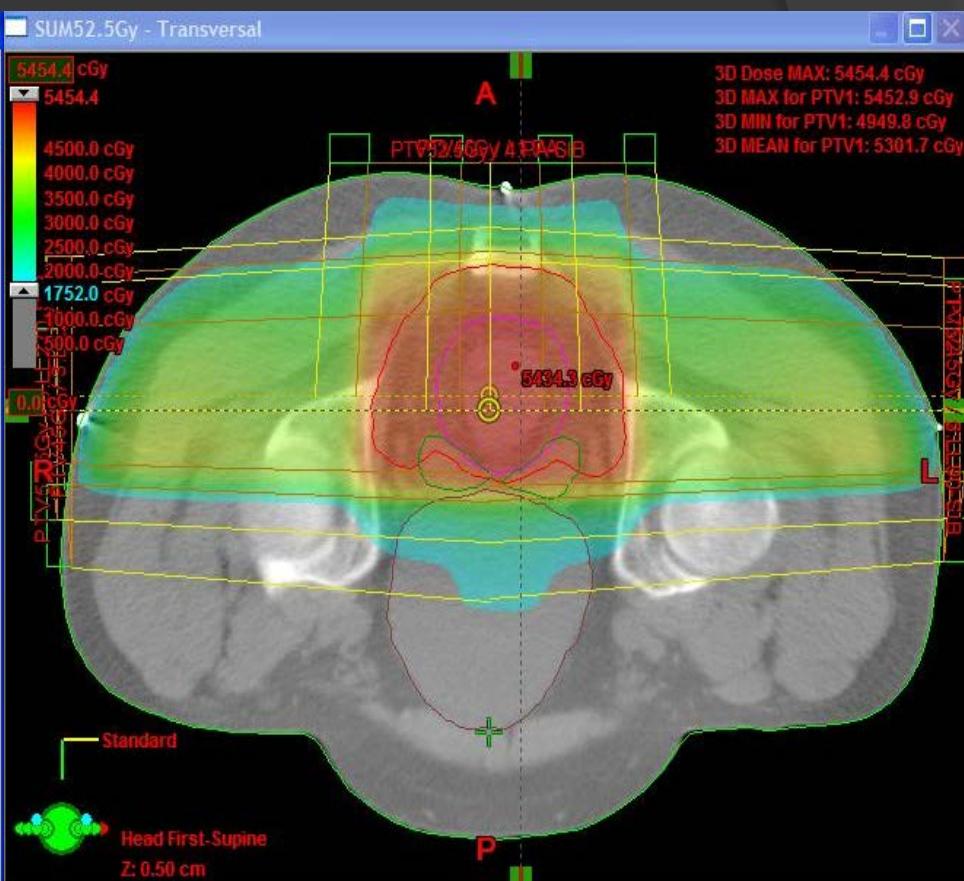
	<b>Grad 0</b>	No Regression	No Regression
	<b>Grad 1</b>	Regression <25%	Predominantly tumor cells, amongst radiogenic transformed tissue
	<b>Grad 2</b>	Regression 25-50%	Predominantly fibrotic tissue, simply detectable tumor cell nests
	<b>Grad 3</b>	Regression >50%	Tumor cells isolated and microscopically hard to detect. Predominantly fibrotic tissue
	<b>Grad 4</b>	Complete Regression	No tumor cells, only fibrotic tissue

Fig. 1. Tumor regression grading (TRG) after preoperative treatment according to Dworak *et al.* (25).

# CONFRONTO

IMRT-IGRT

3D-RT

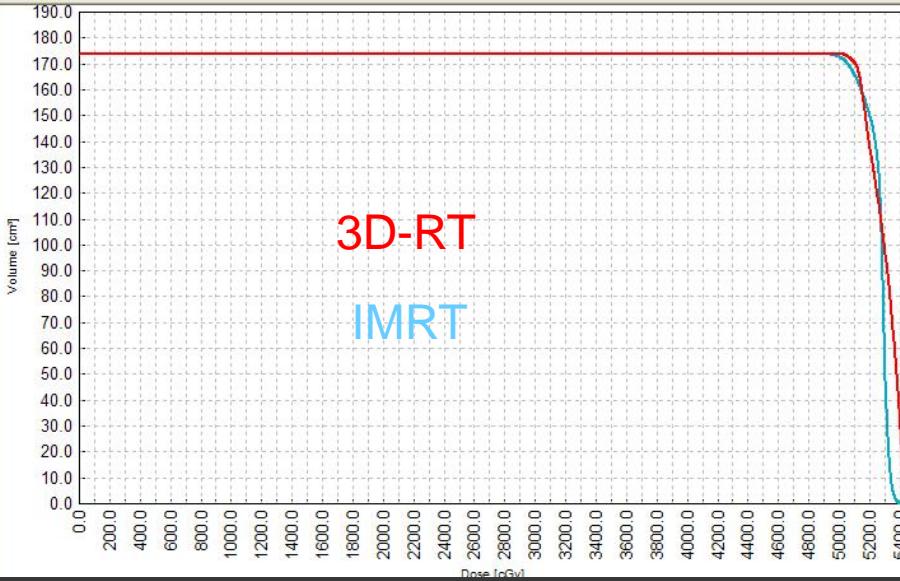


## Plan Comparison with Dose Volume Histogram

## Histogram

Plan	Structure	Prescr. Dose [cGy]	Treat. [%]	Cov. [%] / [%]	Volume [cm³]	Min [cGy]	Max [cGy]	Mean [cGy]	Modal [cGy]	Median [cGy]	STD
Retto/Tomopla	PTV1	5250.0	3.1	100.0 / 99.9	173.9	4695.5	5437.4	5269.4	5301.9	5288.3	71.26
Retto/SUM52	PTV1			100.0 / 100.0	173.9	4930.4	5454.4	5303.9	5426.9	5325.5	98.14

3D-RT  
IMRT



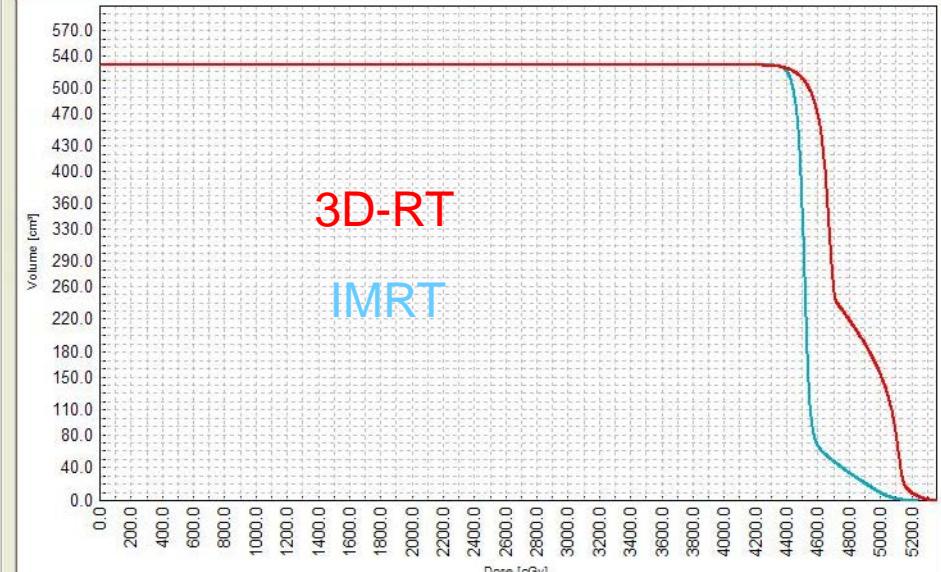
# Target

## Plan Comparison with Dose Volume Histogram

## Histogram

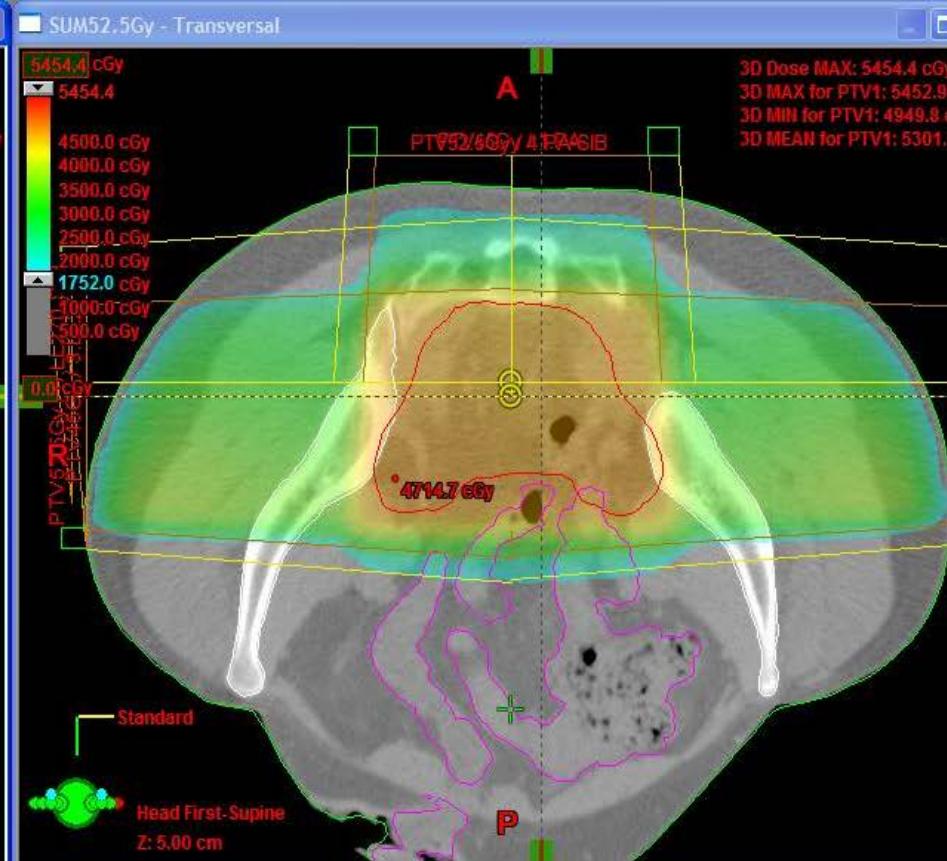
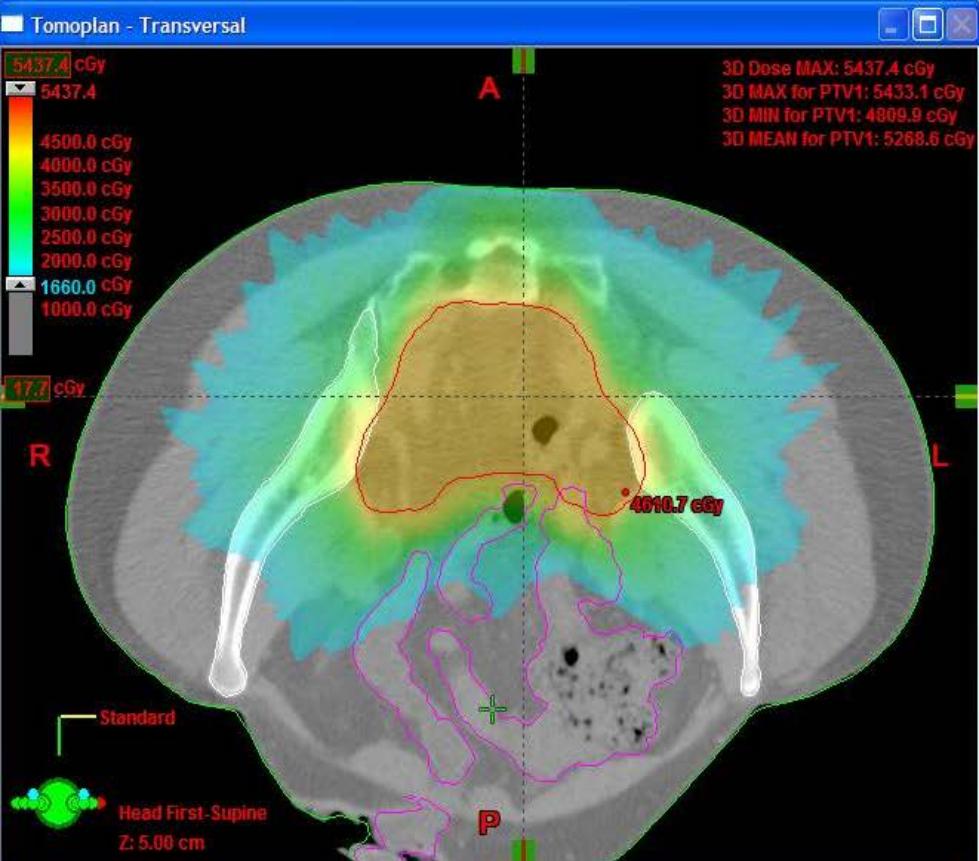
Plan	Structure	Prescr. Dose [cGy]	Treat. [%]	Cov. [%] / [%]	Volume [cm³]	Min [cGy]	Max [cGy]	Mean [cGy]	Modal [cGy]	Median [cGy]	STD
Retto/Tomopla	PTV2-PTV1	5250.0	3.1	100.0 / 99.9	528.5	3982.0	5243.7	4548.4	4517.5	4519.5	2.2
Retto/SUM52	PTV2-PTV1			100.0 / 99.9	528.5	4018.4	5359.1	4812.2	4692.7	4700.7	2.2

3D-RT  
IMRT



# IMRT-IGRT

# 3D-RT

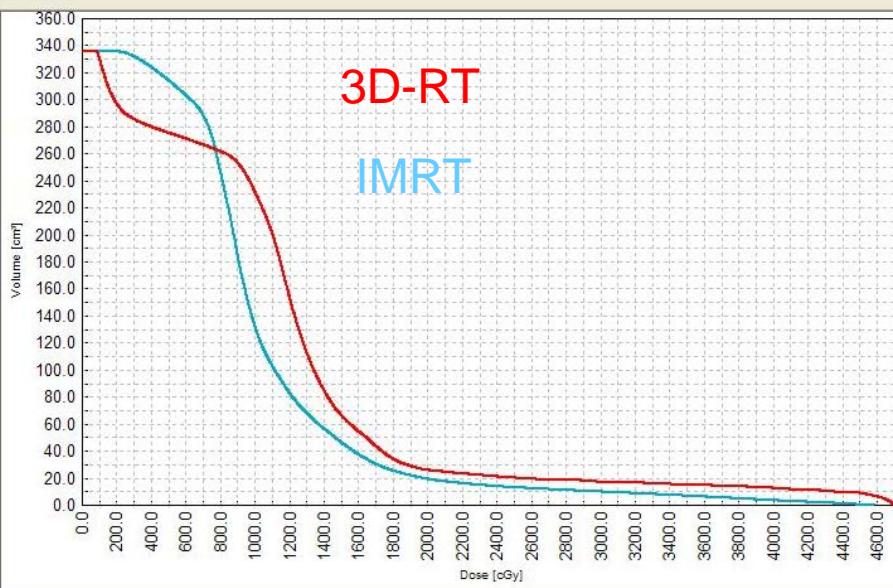


## Plan Comparison with Dose Volume Histogram

## Histogram

Plan	Structure	Prescr. Dose [cGy]	Treat. [%]	Cov. [%] / [%]	Volume [cm³]	Min [cGy]	Max [cGy]	Mean [cGy]	Modal [cGy]	Med [cG]
<input checked="" type="checkbox"/> Retto/Tomoplan	Small Bowel	5250.0	3.1	100.0 / 100.0	335.8	181.9	4583.9	1091.9	831.8	929.
<input checked="" type="checkbox"/> Retto/SUM52.5Gy	Small Bowel			100.0 / 100.0	335.8	82.8	4757.3	1232.9	1140.7	1173.

3D-RT  
IMRT



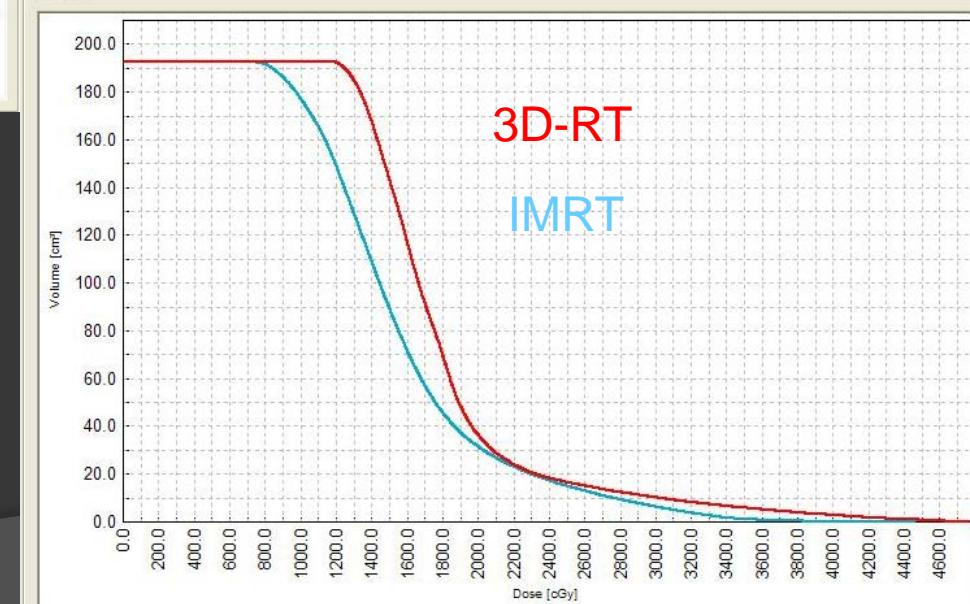
# Small bowel

## Plan Comparison with Dose Volume Histogram

## Histogram

Plan	Structure	Prescr. Dose [cGy]	Treat. [%]	Cov. [%] / [%]	Volume [cm³]	Min [cGy]	Max [cGy]	Mean [cGy]	Modal [cGy]	Med [cG]
<input checked="" type="checkbox"/> Retto/Tomoplan	Bladder, NOS	5250.0	3.1	100.0 / 100.0	192.6	705.8	4469.8	1585.6	1429.3	1429.3
<input checked="" type="checkbox"/> Retto/SUM52.5Gy	Bladder, NOS			100.0 / 100.0	192.6	1174.8	4771.7	1820.2	1828.7	1828.7

3D-RT  
IMRT



# Bladder

# CONCLUSIONI

- ❖ RT con Tomoterapia + Capecitabina:  
trattamento fattibile e ben tollerato
- ❖ SIB: aumento della dose e maggior risparmio  
degli organi critici
- ❖ IMRT/IGRT vs 3D-RT: miglior omogeneità di  
dose all'interno del target

**GRAZIE**