

# Hypofractionation with Tomotherapy: experience at HSR

Di Muzio Nadia

Radiation Therapy DPT, San Raffaele Hospital, IRCCS  
Milano, Italy

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# Summary

- **Classical applied radiobiology**
- **Hypofractionated RT: pro's and con's**
- **Hypofractionated protocols at HSR**
  - **Lung mets (details)**
  - **Liver mets (details)**
  - **Pancreatic carcinoma (details)**
  - **Pleural Mesothelioma (details)**
  - **..... further informations in other course lessons (head-neck, prostate, etc)**
- **Conclusions**



# Radiobiological basis: from the beginning

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The effect of radiation on cells is described by the Linear-Quadratic (LQ) model – extensively verified provided  $d > 0.5$  Gy and dose-rate not too low

$$E = n(\alpha d + \beta d^2) = D(\alpha + \beta d)$$

$$\text{and } SF = e^{-E}$$

full recovery in - between

where the  $\alpha$  and  $\beta$  are coefficients which describe the radiosensitivity of the cells in the normal tissue /tumour

# Classical applied radiobiology: BED

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Using different fractionation regimens the model enables one to convert from one regimen to another, by equating *BED*

## Biological Effective Dose

$$BED = E/\alpha = D[1 + d/(\alpha/\beta)]$$

### Basic assumptions:

- Complete repair of sublethal damage between fractions
- The effects of proliferation are negligible
- Dose distributions are uniform

# Classical applied radiobiology: BED

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In case of rapid repopulation during treatment:

$$\text{BED} = E/\alpha = D[1 + d/(\alpha/\beta)] - h(T - T_k)$$

$T$  = Overall treatment time (days)

$T_k$  = Proliferation starts at  $T_k$  days (20-30 days)

$h = 0.4 - 0.8$  Gy/day: Rate of loss after  $T_k$

For tumours with rapid repopulation during treatment the reduction in overall treatment time could increase the local control

# Classical applied radiobiology: EQD<sub>2</sub>

To convert a total dose  $D$  given in fractions of size  $d$  into the *isoeffective* total dose  $EQD_2$  given in 2-Gy fractions

assuming  $d_{ref} = 2$

$$EQD_{2Gy} = D \frac{d + \frac{\alpha}{\beta}}{2 + \frac{\alpha}{\beta}}$$

## Withers formula

(assuming complete repair,  
negligible repopulation, etc.)

$d$  and  $D$  are the doses prescribed for the tumour (...nothing about dose distribution and OAR behaviour)

# Classical applied radiobiology: $\alpha$ and $\beta$

$\alpha/\beta$  (Gy): ratio used in the LQ model to quantify the fractionation sensitivity of tissues

## Normal Tissues:

- Low  $\alpha/\beta$  (0.5-6 Gy) late effects, expressed months to years after irradiation
- High  $\alpha/\beta$  (7-20Gy) acute effects, expressed within a period of days to weeks after irradiation

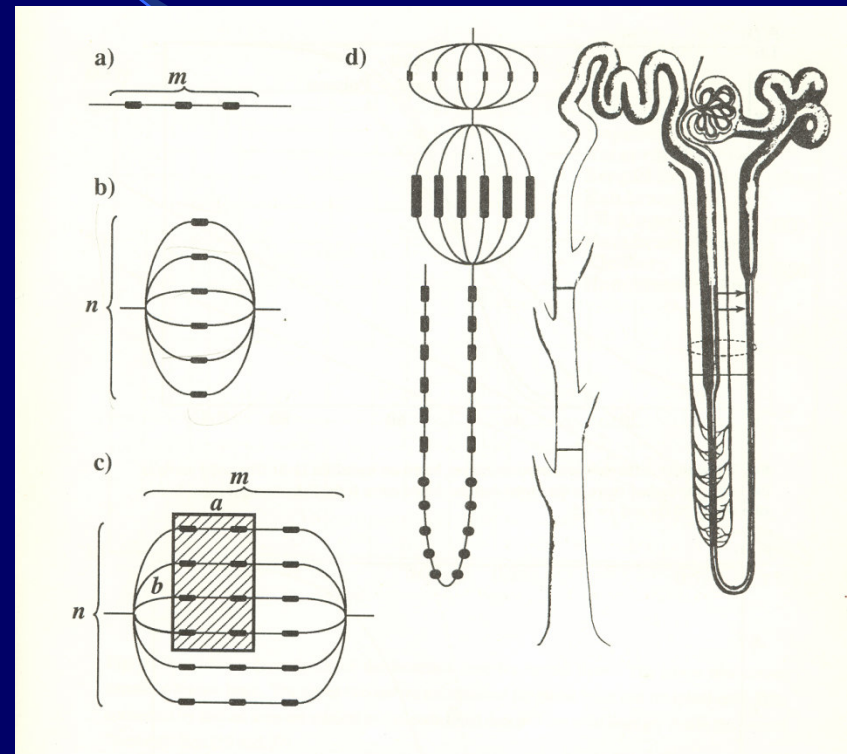
## Tumours:

- High  $\alpha/\beta$  (7-20Gy) (few exception in melanomas, sarcomas, prostate (?))

# But don't forget the assumptions

- the absorbed dose of the OAR is the same than the absorbed dose of the tumour: **while it's quite obvious the fact that if we can half the dose to the OAR we could double the dose/fraction without any incremental risk for the OARs**

- No differences have been considered between serial and parallel organs: **while the volume effect could have a great influence in the determination of the toxicity of the treatment in all the parallel OARs**





## Hypofractionation: PRO'S

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- Potentially favourable with tumours with high rate of repopulation during treatments
- Favourable for tumour with  $\alpha/\beta$  smaller than  $\alpha/\beta$  for OARs
- Favourable for “small” tumour “within” a “parallel” organ
- Economical advantages and more comfortable for patients (reduction fraction number)

## Hypofractionation: CON'S

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- Disadvantage for tumours with  $\alpha/\beta$  larger than  $\alpha/\beta$  for OARs
- Potentially detrimental for very radioresistant tumours (hypofractionation may act against the possible effects of redistribution and reoxygenation)

# Hypo: open problems

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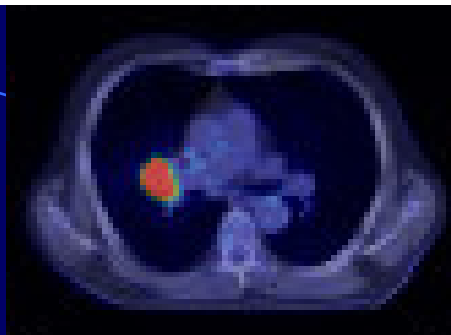
- **New complications:** using CRT in thorax diseases, the esophagus is the most important serially functioning tissue. Hypofractionated RT may significantly increase acute and late effects to other serially functioning tissues (bronchi, vascular pedicles ect).
- **Pretreatment healthy tissue function:** the use of higher dose/fraction increases complication rate in PTs with a reduced baseline functionality (i.e lung, liver, etc).
- **Acute mucosa reaction.**
  - Hypo RT (reduced total dose) should lead to a lower acute toxicity (high  $\alpha/\beta$ ) BUT:
    - Repopulation is an important mechanism of resistance to radiation!
  - In case of shorter schedule, acute mucosa reaction can become the dose-limiting side effect [*Gortec 1 and Harde1 trials*].
    - its underlying biological process remains unclear.
  - Much more caution is required when combined chemoradiation schedules are used

# What is (relatively) new ?

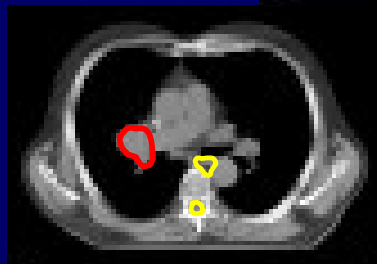
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- ❖ Advent of IMRT: Excellent dose painting
  - ❖ More precise coverage of PTVs
  - ❖ High gradient between PTV and OARs
  - ❖ Better sparing of OARs
- ❖ RT unit with Image System. Reduced impact of :
  - ❖ set-up errors
  - ❖ organ motion
- ❖ Clinical evidence that a tumoricidal dose, given in large fractions, is tolerated in certain OARs (body stereotactic RT)

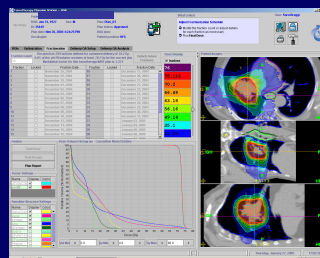
# TomoTherapy : work-flow at HSR



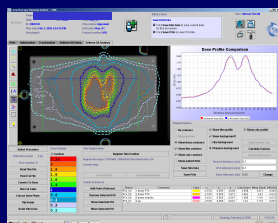
- CT +
- PET → HN, lung, pelvis
- NMR → brain, pelvis
- 4D-PET/CT → lung, pancreas, liver
- SPECT → lung



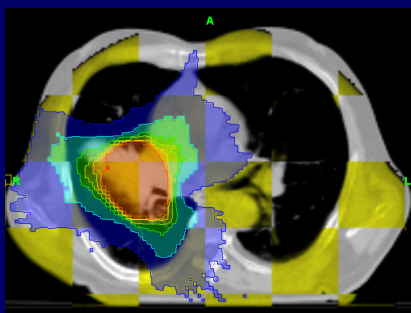
Contouring BTV/GTV and  
OARs



Planning strategy:  
↓  
Constraints related to  
dose/fraction value



Patient dosimetry: Part of  
QC. Critical cases



Daily MVCT-KVCT match

↓  
treatment





# TOMOTHERAPY PROTOCOLS AT HSR

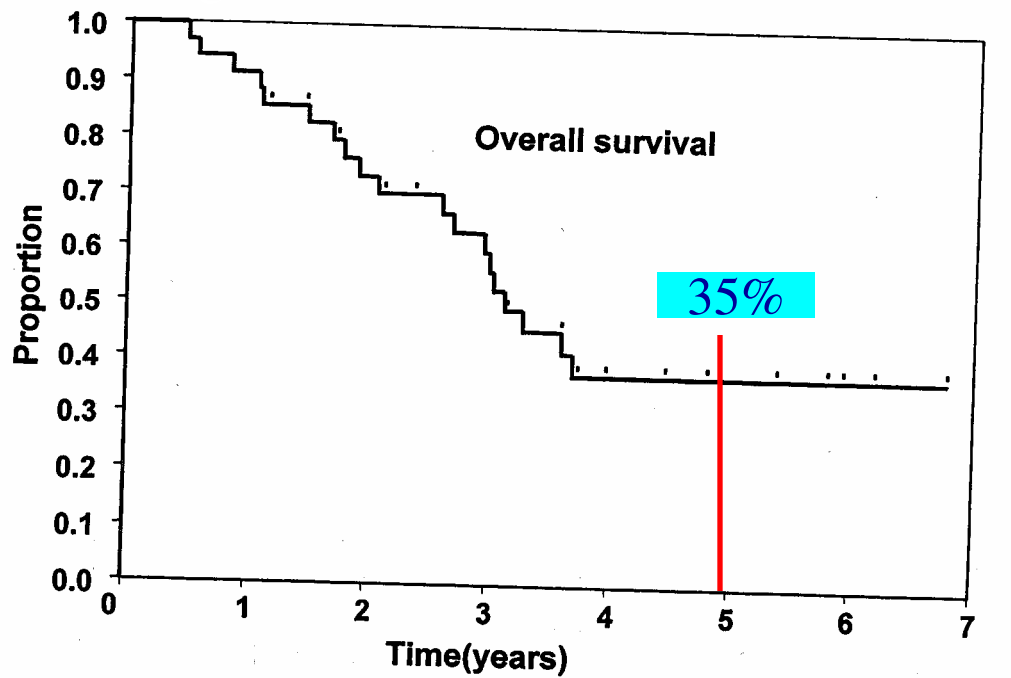
| SITE        | STAGE         | INDICATION | SCHEDULE    |                      |
|-------------|---------------|------------|-------------|----------------------|
|             |               |            | n fractions | Gy / f               |
| H&N         | IVa/b         | radical    | 30          | 1.8-2.15(2.25)       |
|             |               | adjuvant   | 30          | 1.8-2.3              |
| MESOTELIOMA | IIIa/b        | radical    | 25          | 2.16<br>SIB: 2.5     |
| PANCREAS    | III           | Radical    | 15          | 2.95<br>SIB: 3.2—3.9 |
| PROSTATE    | pT2-T4pN0     | adjuvant   | 20          | 2.9                  |
|             | T1-T3         | radical    | 28          | 1.85-2.65            |
| LUNG Met    | max 3 , < 3cm | radical    | 6           | > 6                  |
| LIVER Met   | max 4 , < 3cm | radical    | 5           | > 8                  |

# Small Lung lesions

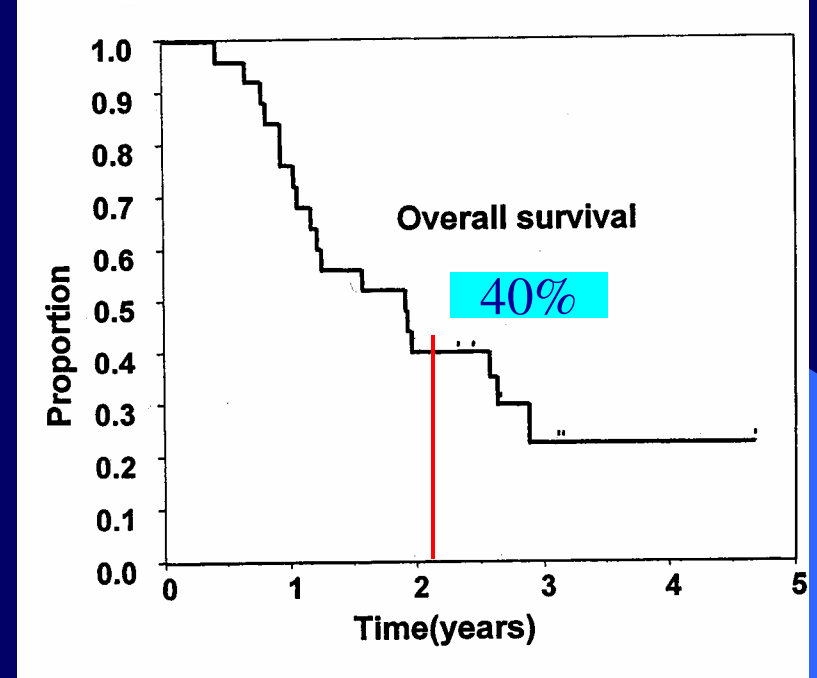
- Relevant articles demonstrate that
  - 3Fx15 Gy in 3 –12 days is a suitable fractionation regimen for lung and liver small lesions
  - lung tumours of size  $< 3$  cm diameter have a TCP of 95% contrasted with 58% for sizes  $> 3$  cm
- The limit of the dose escalation is the maximum acceptable level of toxicity .
  - The limit for the lung is a maximum of 20% of grade II pneumonitis .
- A review of the current regimes reveals a great increase of the dose size and of the BED values, without any clinical evidence of acute and late effects increase

# Stereotactic Body Radiation Therapy for NSCLC: clinical outcomes (Karolinska Hospital experience)

Stage I (35 PTs)



Stage III (25 PTs)



8-20 Gy /Fraction (PTV margin)  
2-5 fractions  
1-2 day intervals

*In "Stereotactic Body Radiation Therapy". Kavanagh BD and Timmerman RD editors*

# Stereotactic body radiation therapy: clinical outcomes (lung tumours)

► **TABLE 13-2 Results of Stereotactic Body Radiation Therapy for Early-stage Non-Small Cell Lung Cancer.**

| Author                   | No. of Patients | Median Follow-up | Local Control | Survival |
|--------------------------|-----------------|------------------|---------------|----------|
| Timmerman (57)           | 37              | 15 m             | 83%           | 54%      |
| Uematsu (47)             | 43              | 20 m             | 100%          | 3-yr 66% |
| Nagata <sup>a</sup> (50) | 16              | 16 m             | 100%          | 2-yr 79% |
| Wulf <sup>b</sup> (62)   | 12              | 8 m              | 85%           | 2-yr 40% |
| Hara (58)                | 5               | 20 m             | 100%          |          |
| Hof (48)                 | 10              | 15 m             | 80%           | 2-yr 64% |
| Onishi <sup>c</sup> (49) | 241             | 18 m             | 90%           | 3-yr 56% |
| Lee (59)                 | 9               | 18 m             | 90%           | 100%     |

<sup>a</sup>Only T1 N0 patients shown.

<sup>b</sup>Included some patients with T3 N0 and recurrent disease.

<sup>c</sup>Multiinstitutional study; may contain overlapping patients from other authors.

► **TABLE 13-3 Results of Stereotactic Body Radiation Therapy for Metastatic Lung Tumors.**

| Author        | No. of Targets | Median Follow-up | Local Control |
|---------------|----------------|------------------|---------------|
| Blomgren (63) | 14             | 8 m              | 92%           |
| Uematsu (47)  | 23             | 20 m             | 100%          |
| Nakagawa (61) | 21             | 10 m             | 95%           |
| Nagata (50)   | 9              | 18 m             | 66%           |
| Wulf (62)     | 11             | 8 m              | 85%           |
| Hara (58)     | 18             | 12 m             | 78%           |
| Lee (59)      | 19             | 18 m             | 88%           |

► **TABLE 13-4 Complications of Lung Stereotactic Body Radiation Therapy.**

| Author                   | No. of Patients | Dose               | Grade 3 Toxicity |
|--------------------------|-----------------|--------------------|------------------|
| Uematsu (47)             | 66              | 30–76 Gy, 5–15 fx  | 0%               |
| Nakagawa (61)            | 22              | 15–24 Gy, 1 fx     | 0%               |
| Nagata (50)              | 40              | 40–48 Gy, 4 fx     | 0%               |
| Wulf (62)                | 61              | 26–37.5 Gy, 1–3 fx | 3%               |
| Hara (58)                | 23              | 20–30 Gy, 1 fx     | 4%               |
| Hof (48)                 | 10              | 19–26 Gy, 1 fx     | 0%               |
| Onishi <sup>a</sup> (49) | 241             | 18–75 Gy, 1–22 fx  | 2%               |
| Lee (59)                 | 28              | 30–40 Gy, 3–4 fx   | 0%               |
| Blomgren (63)            | 13              | 15–45 Gy, 1–3 fx   |                  |
| Timmerman (51)           | 37              | 24–60 Gy, 3 fx     | 5.4%             |

Fx, fraction.

<sup>a</sup>Multiinstitutional study; may contain overlapping patients from other authors.

*In “Stereotactic Body Radiation Therapy”. Kavanagh BD and Timmerman RD editors*



# Small Lung lesions: hypofractionated stereotactic body radiotherapy

## Literature data:

- Medically inoperable stage I NSCLC
  - Local Control: 71-95%
  - Survival (2-3y): 55-71%
  - Toxicity (grade 3-5) significantly associated with:
    - Tumor location: perihilar/central region (11-fold higher risk)
    - Tumor volume: > 10 mL (8-fold higher risk) The limit for the lung is a maximum of 20% of grade II pneumonitis .
- **JAPANESE MULTI INSTITUTIONAL RETROSPECTIVE TRIAL**
  - **CUMULATIVE LOCAL CONTROL RATE ACCORDING TO BED**
    - BED < 100 Gy : 5 y LC=36.5%
    - BED > 100 Gy : 5 y LC=84.2 %

P<0.001

## Lung mets (Phase I) protocol at HSR: Hypofractionated with dose-escalation

- **Simulation CT: 4D-CT/PET**
- **4D target volume:**
  - **PTV1: tumor region (4D\_GTV+BTVM +5/5/7 mm)**
- **Daily MVCT scan**

Dose escalation study:

D=36 – 54 (60) Gy (6 fr; 2 weeks)

BED<sub>10</sub>= 57.6 – 102.6 (120) Gy



## 4D-PET/CT : WORKFLOW ( 1 )

- respiratory training ( verify/instruct regular breathing )
- $^{18}\text{F}$ -FDG injection ( 50 kBq/Kg )
- rest for 60 minutes
- vacuum pillow , patient supine , 3 marks on the thorax , free regular breathing
- conventional whole-body PET/CT
- 4D-CT ( on the region of interest )
- 4D-PET ( on the region of interest )
- image processing and reconstruction ( Advantage Win , GE )

## 4D-PET/CT : WORKFLOW ( 2 )

Standard PET/CT ( PET/CT st ) : staging

4D CT :

- inspiratory phase ( CT insp )
- expiratory phase ( CT exp )
- all respiratory phases ( CT sum ; MIP method )

4D PET :

- all respiratory phases ( PET sum )

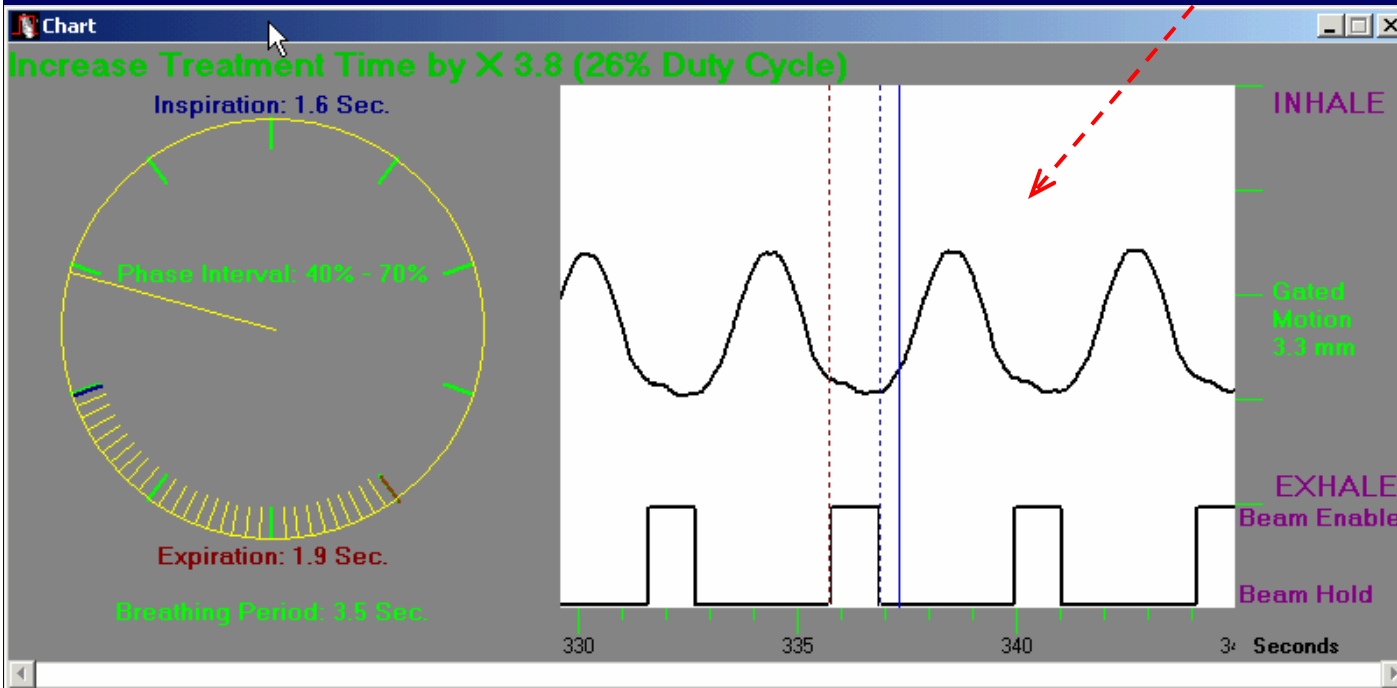
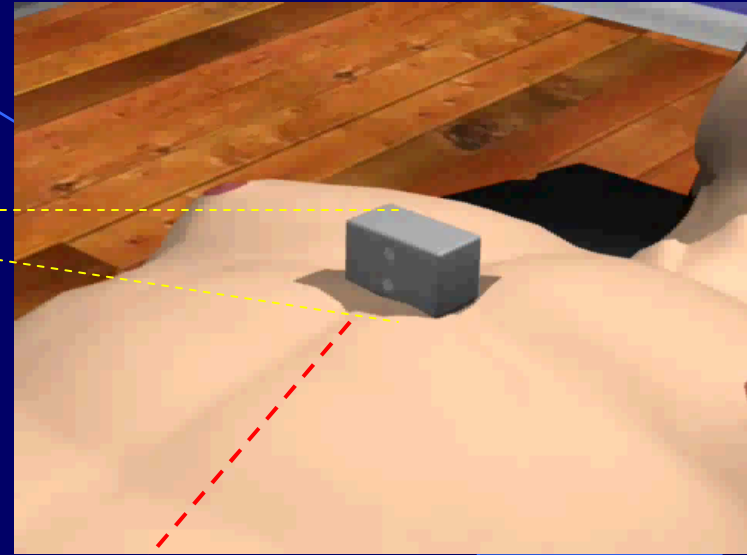
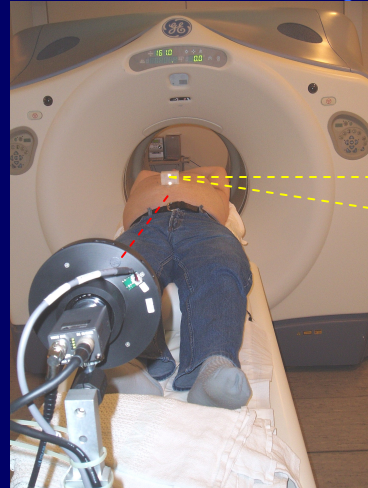
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# Respiratory Gating Techniques

## 4D PET/CT

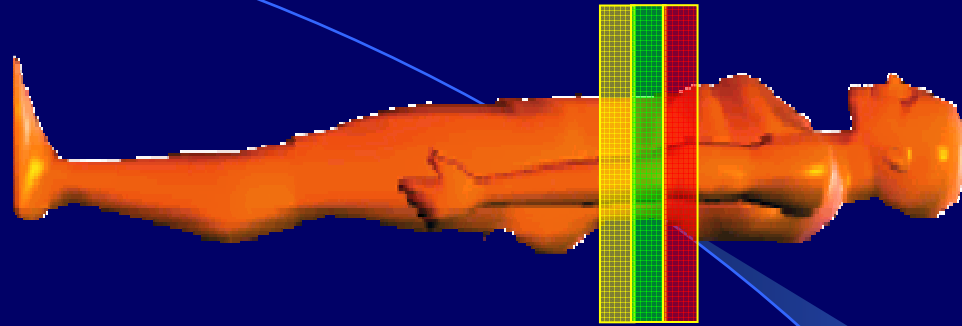
- Integrated PET/CT system with at least 70 cm gantry opening
- Standard RTP pallet (FLAT TABLE)
- High –precision patient positioning / immobilization devices
- 4D PET/CT Hardware for Respiratory Gating
- Respiratory monitoring system

# RPM Respiratory Gating™ System

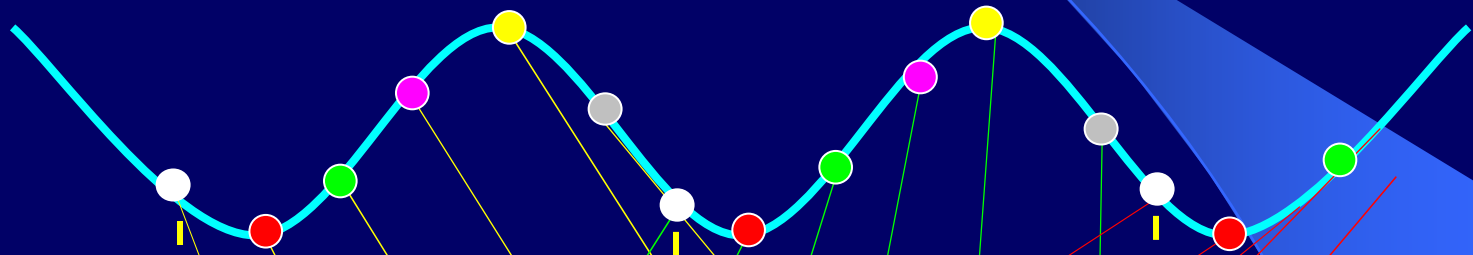


TM : Varian Medical System  
Gating School Copenhagen

# 4D Data Sorting

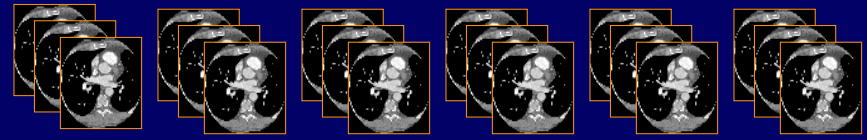


↻ Patient Breathing Curve



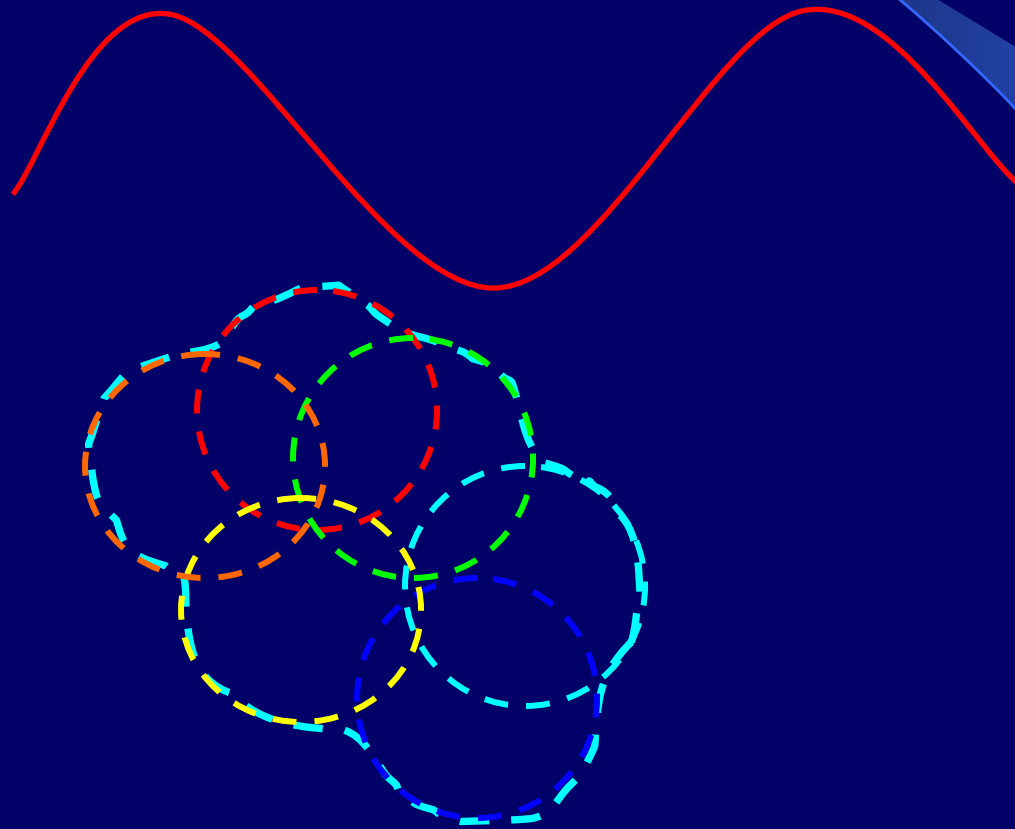
X-ray ON  
PET acquisition

CT or PET Images Phases



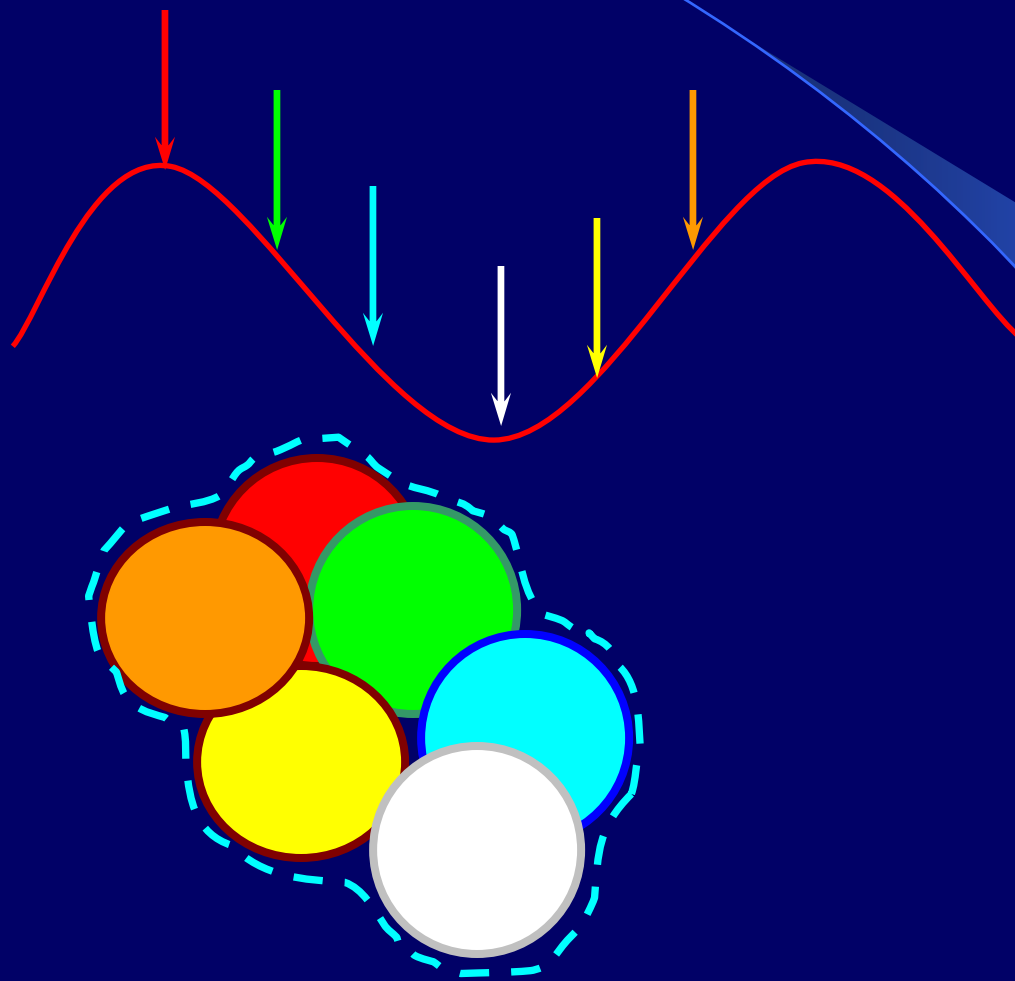
## Goal:

Define the target volume and the volume of space that encompasses tumor motion.

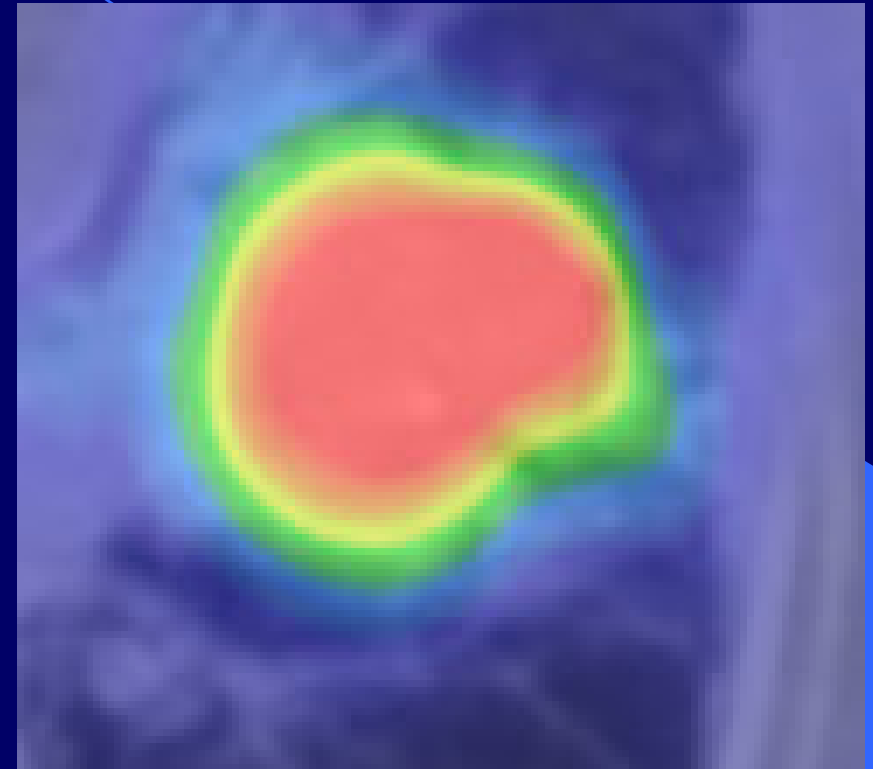
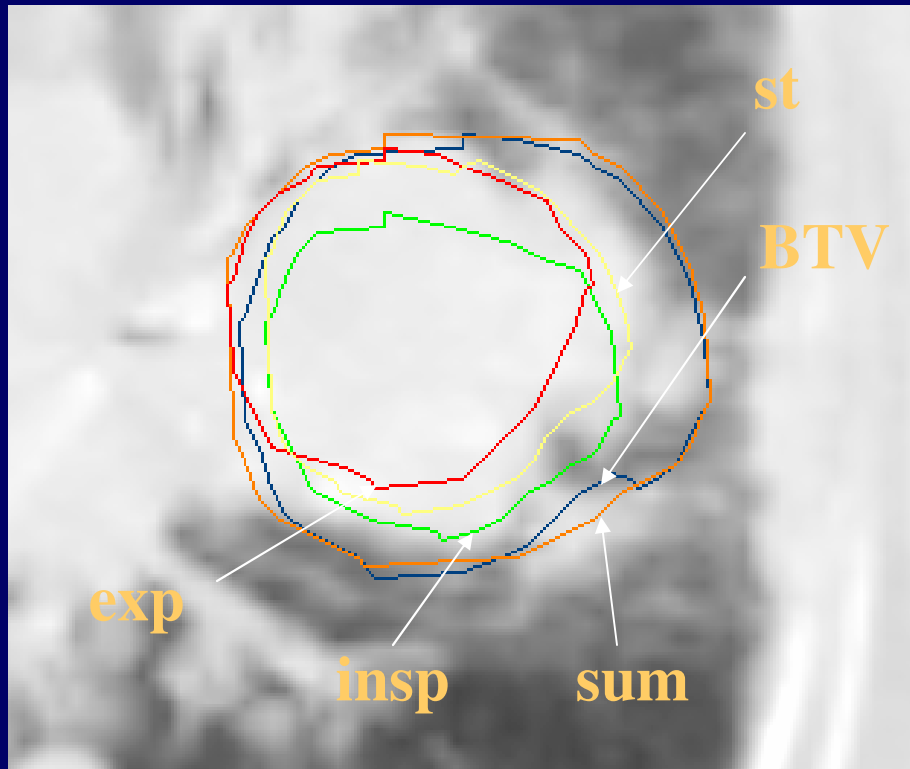




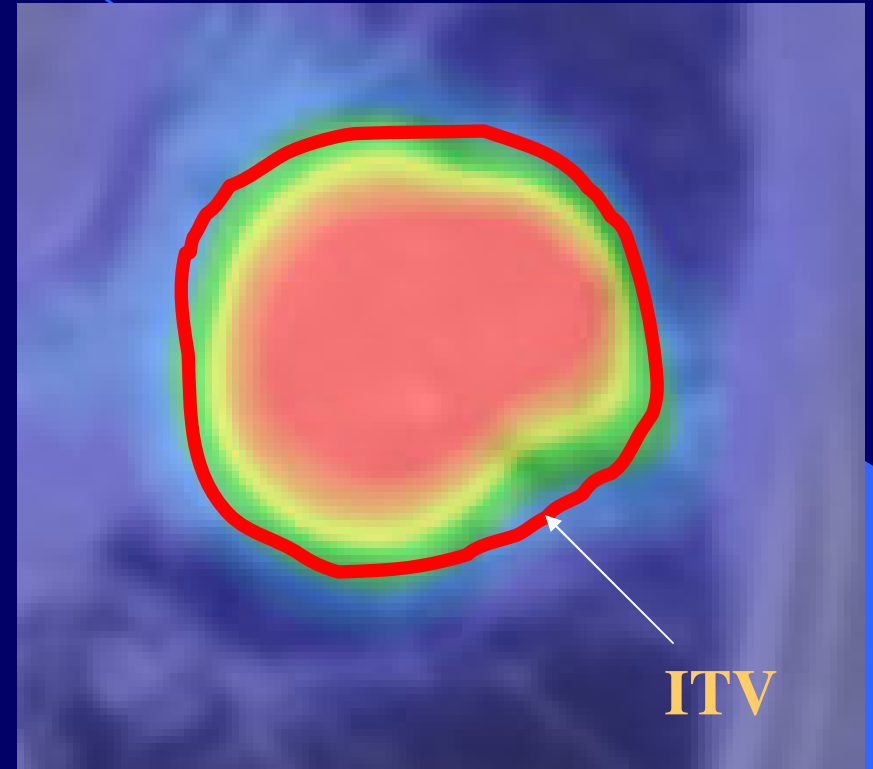
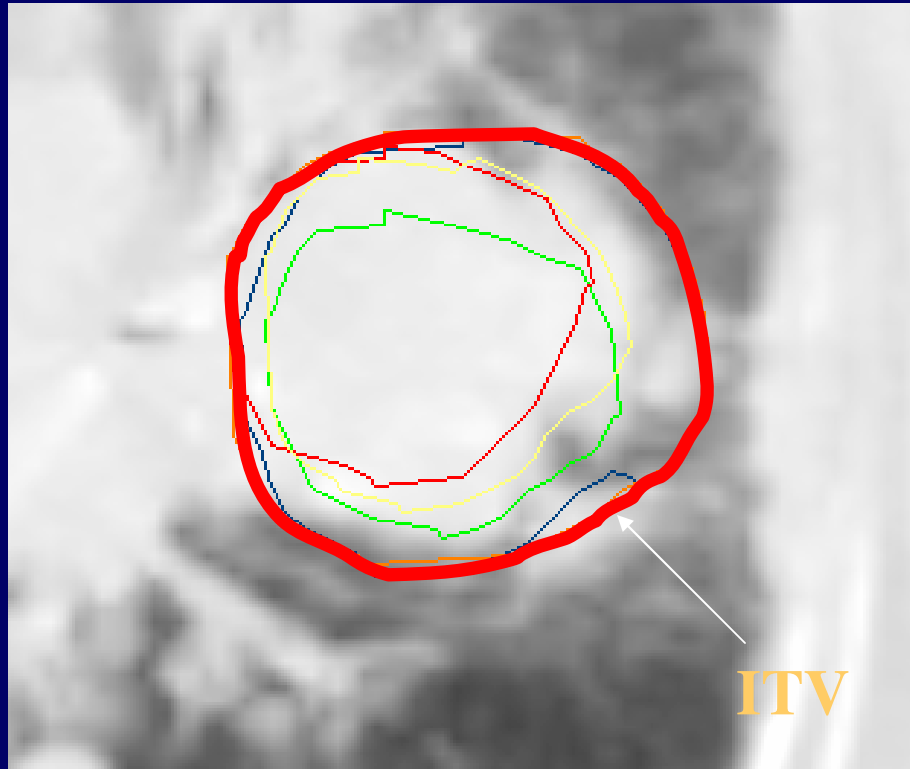
Goal:  
Define the target volume and the volume of space that encompasses tumor motion.



# 4D-PET/CT CONTOURING



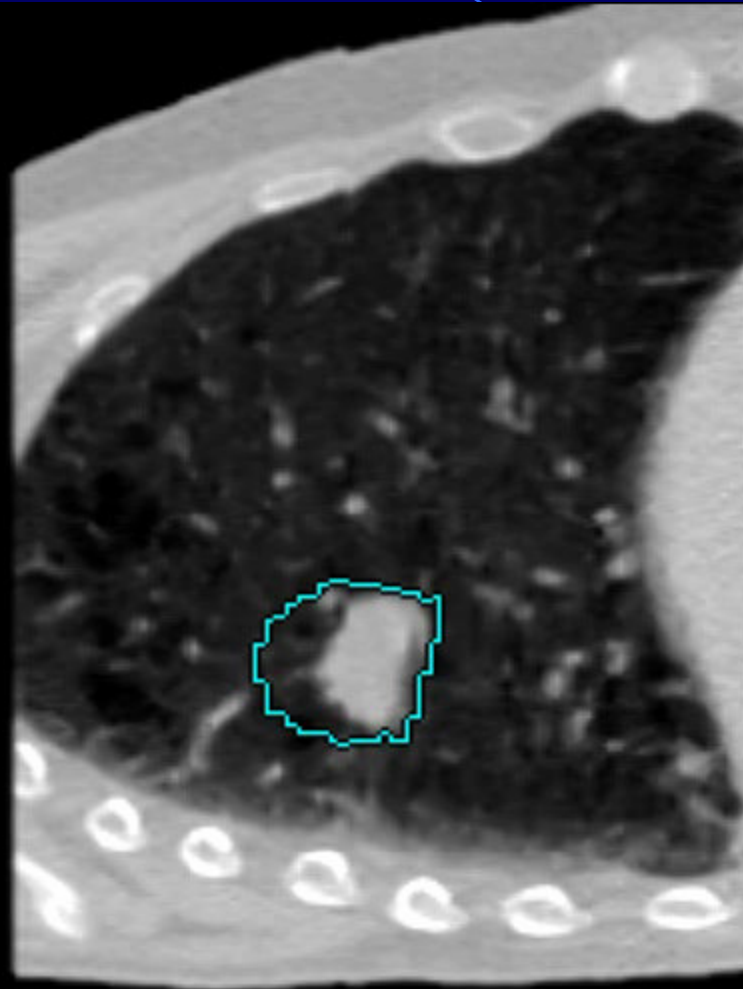
# 4D-PET/CT CONTOURING



4D CT

Cine Review

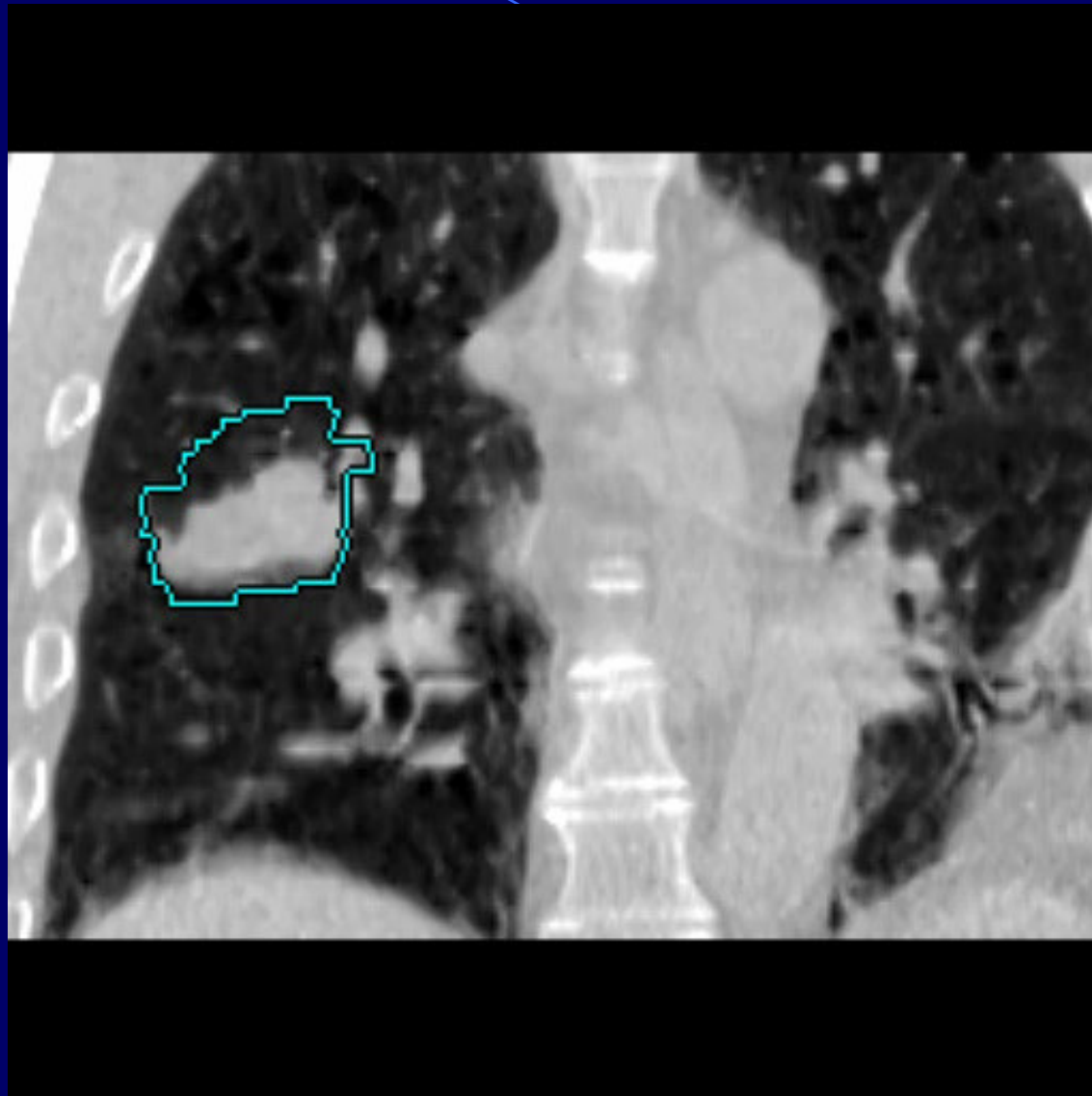
ITV



# 4D CT

## Cine Review

**ITV**



## PATIENTS

| Pt  | Primary tumor   | Lung mts location |
|-----|-----------------|-------------------|
| 1FE | lung            | left lower lobe   |
| 2PV | uretra          | right middle lobe |
| 3FF | lung            | right upper lobe  |
| 4RF | hepatocarcinoma | right middle lobe |
| 5LD | kidney          | right upper lobe  |

## PET/CT VOLUMES

“standard”

**GTV<sub>st</sub>**

$$\text{CTV}_{\text{st}} = \text{GTV}_{\text{st}} + 2\text{mm}$$

$$\text{ITV}_{\text{st}} = \text{CTV}_{\text{st}} + 5-15 \text{ mm}^*$$

$$\text{PTV}_{\text{st}} = \text{ITV}_{\text{st}} + 3,3,5 \text{ mm}$$

“4D”

**GTV<sub>sum</sub> (= ITV)**

$$\text{CTV}_{\text{sum}} = \text{GTV}_{\text{sum}} + 2\text{mm}$$

$$\text{PTV}_{\text{sum}} = \text{CTV}_{\text{sum}} + 3,3,5 \text{ mm}$$

\* according to location

## RESULTS

|           | GTVst ( cc ) | GTVsum ( cc ) |
|-----------|--------------|---------------|
| Mean ± SD | 17.51±30.83  | 19.64 ±31.86  |

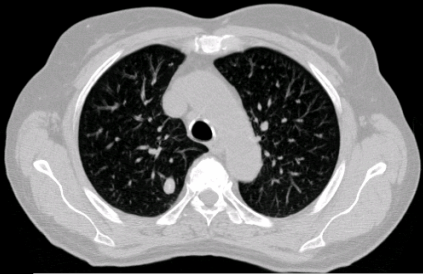
|           | PTVst ( cc )  | 4DPTVsum ( cc ) |
|-----------|---------------|-----------------|
| Mean ± SD | 135.96±121.61 | 42.44±55.69     |

|         | R ( spatial reproducibility index ) |                 |
|---------|-------------------------------------|-----------------|
|         | GTVst vs GTVsum                     | PTVst vs PTVsum |
| Mean±SD | 0.45±0.32                           | 0.23±0.12       |

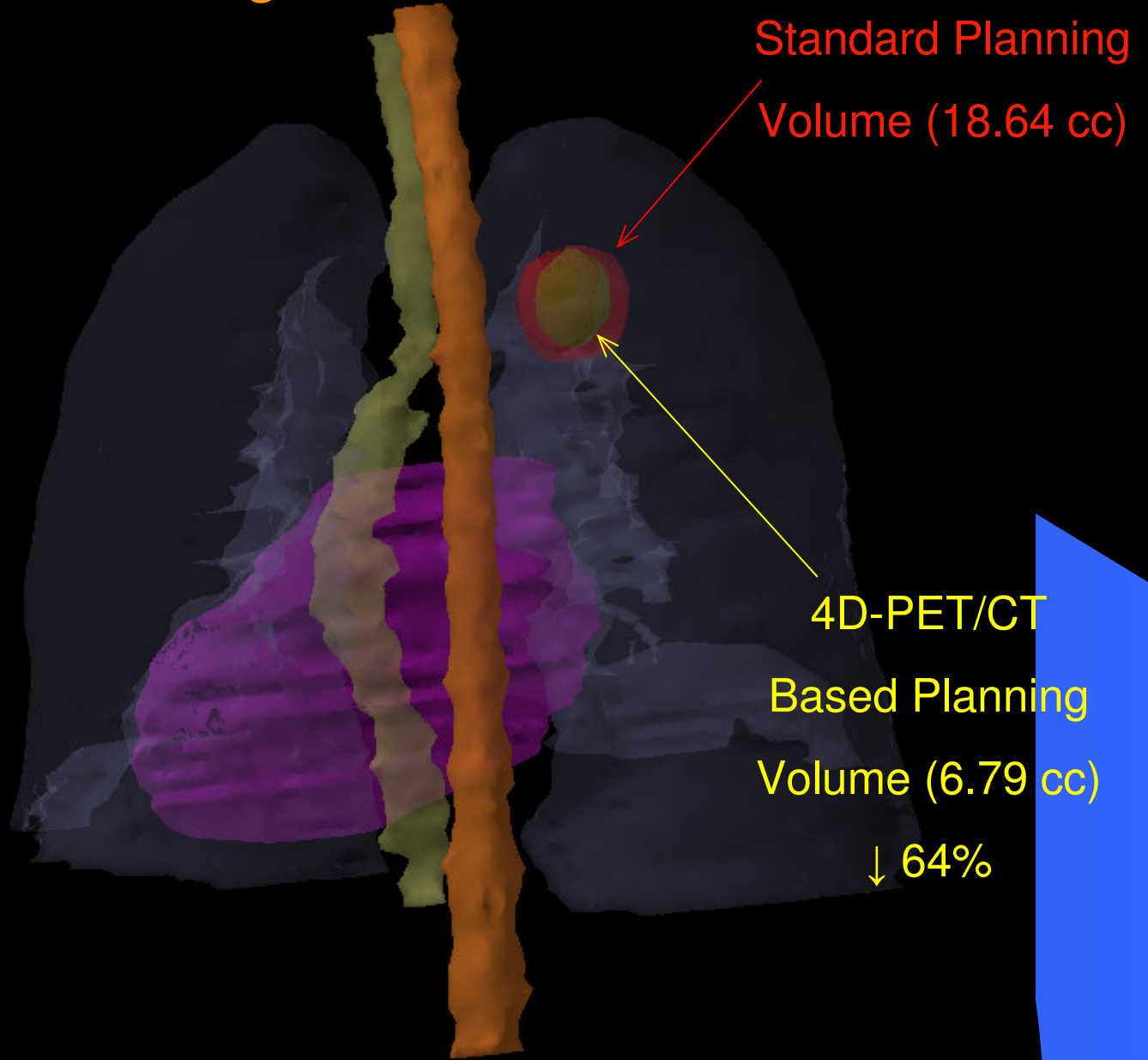
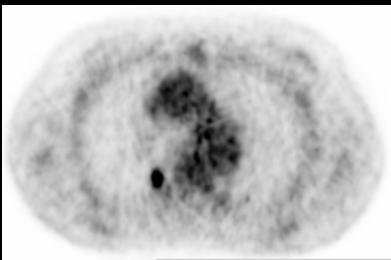


# Lung tumour

**CT**



**PET**



Standard Planning  
Volume (18.64 cc)

4D-PET/CT

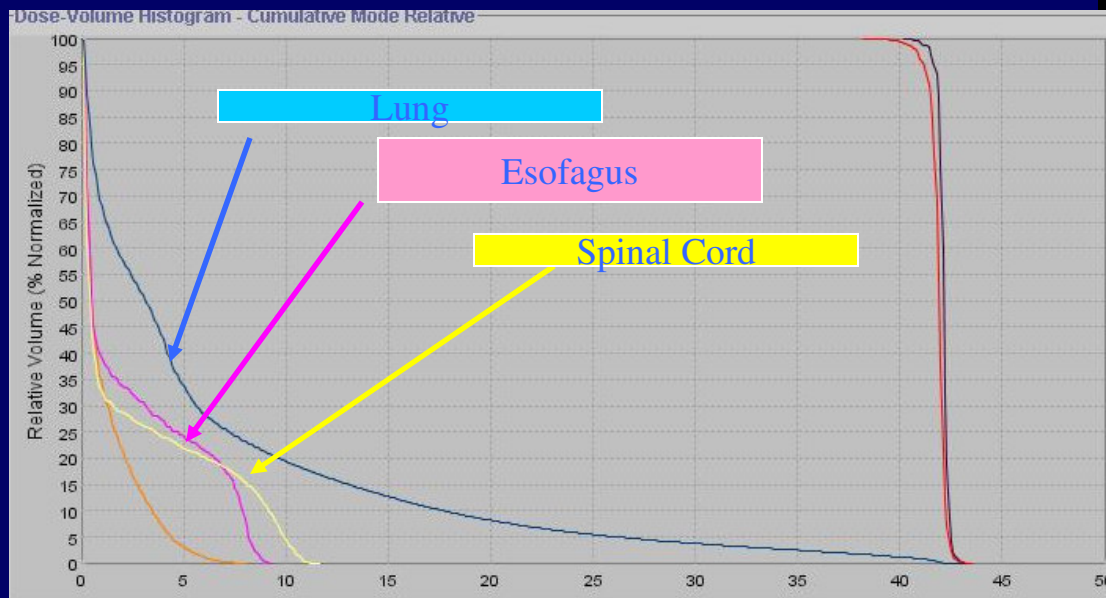
Based Planning  
Volume (6.79 cc)

↓ 64%

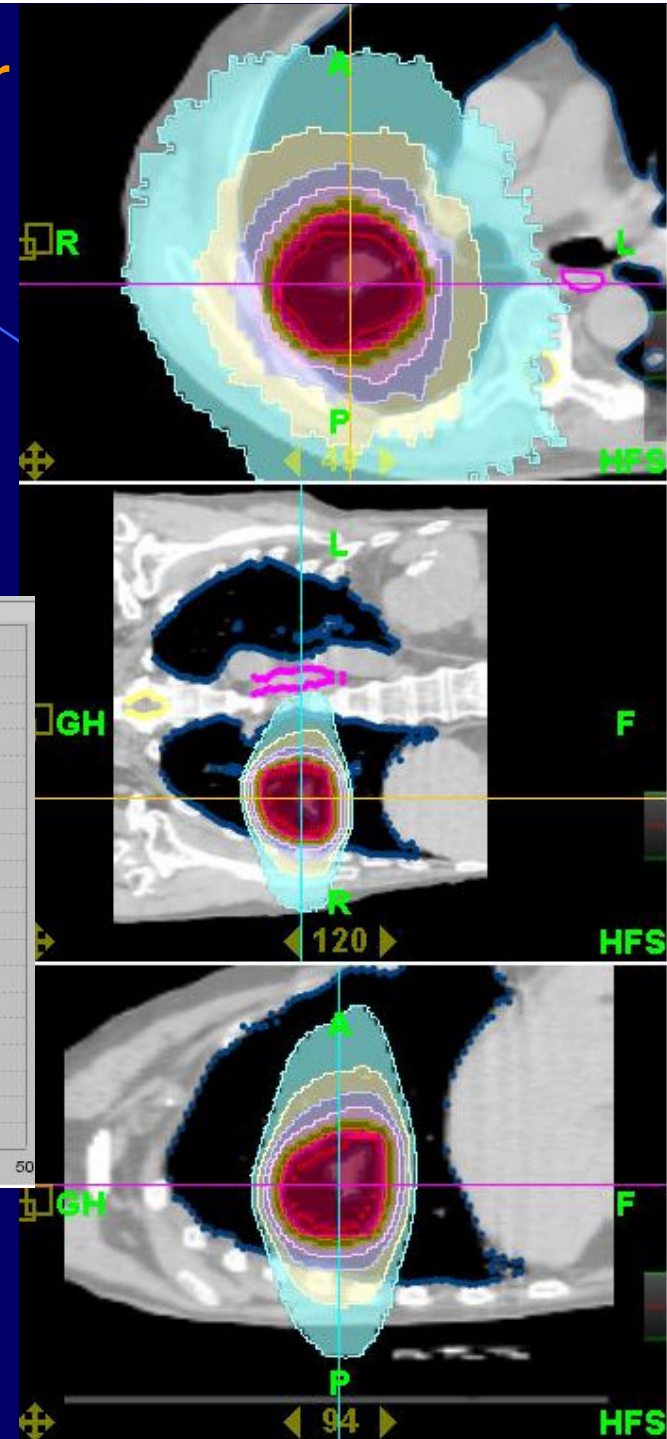
# Lung tumour

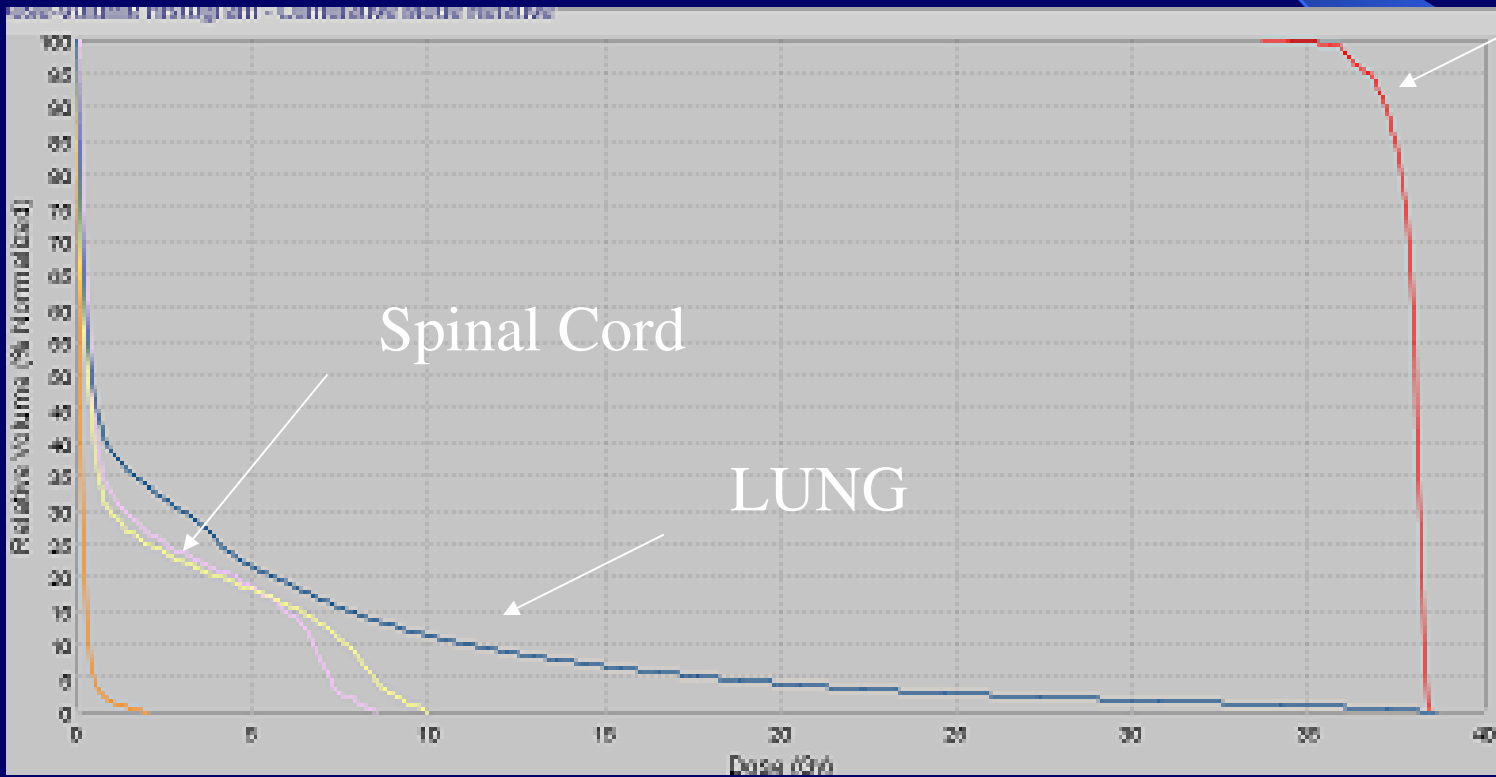
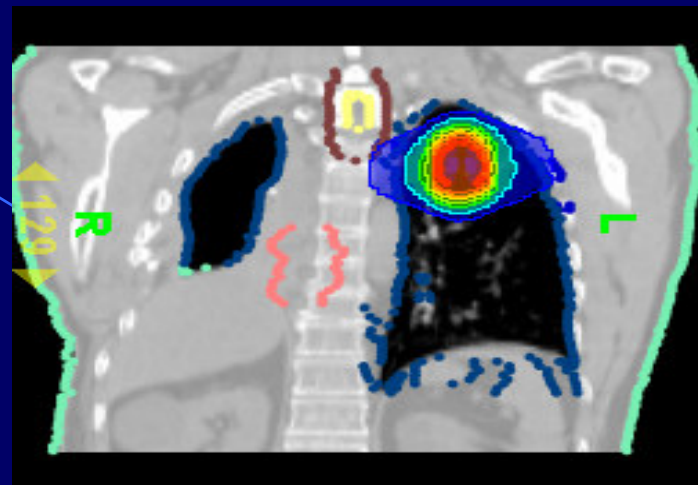
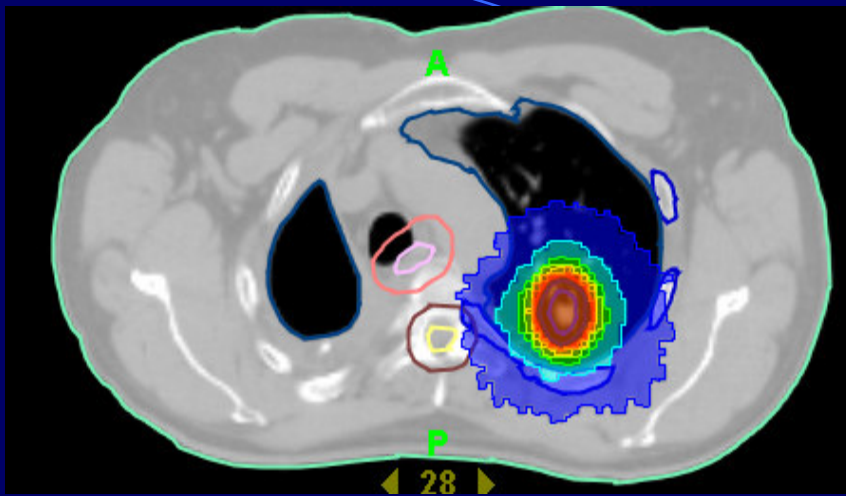
IMRT allows a “good dose painting“ of PTVs while sparing the adjacent normal tissue structures

⇒ This allows the development of Hypo-fractionated protocols.



Dose 54Gy= 9 Gy x  
6 fractions



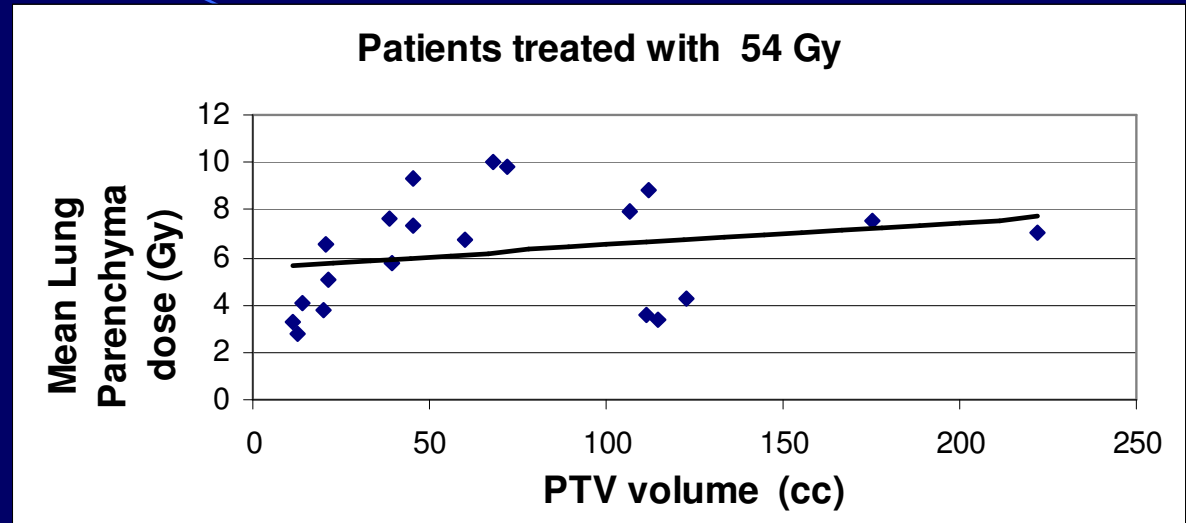


PTV

# Lung Met (single lesion): HT plan data

- 20 Patients
- 54 Gy, 6 fractions
- PTV vol:  $71.6 \pm 58.1$  cc
- Delivery  
time:  $19.8 \pm 6.0$  min

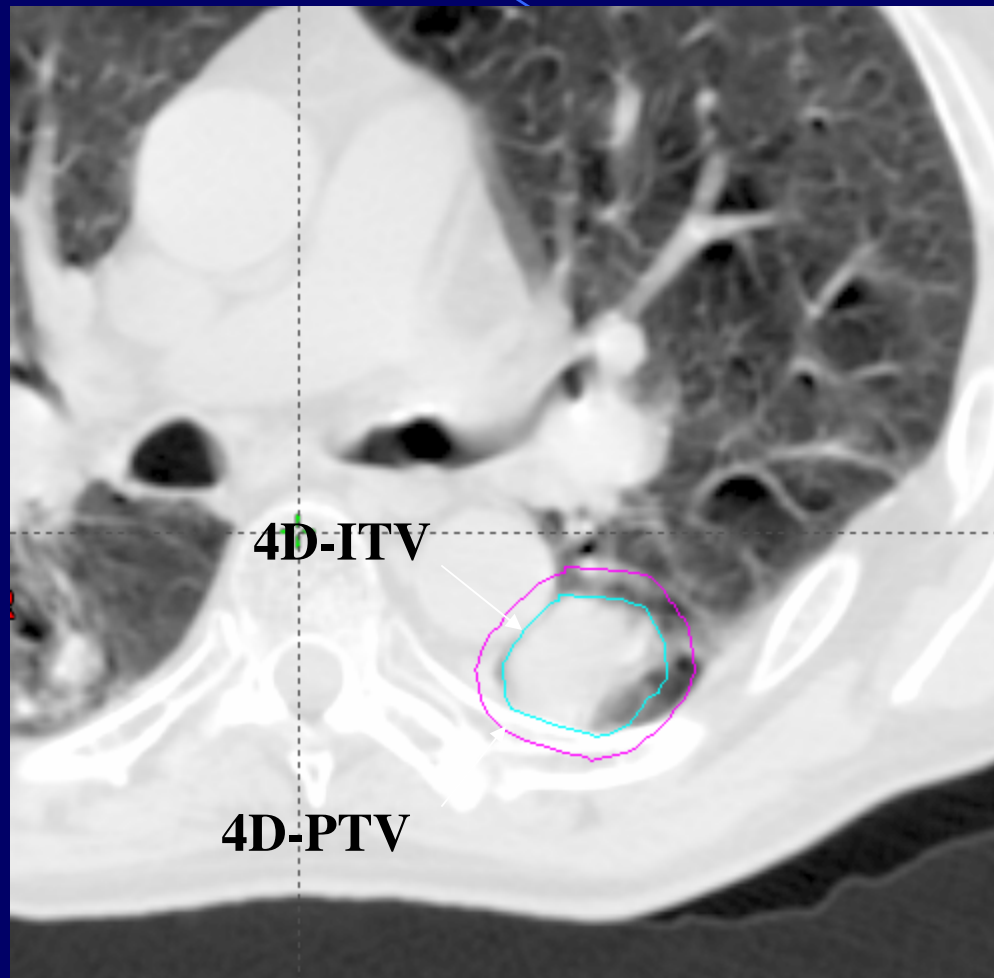
(block on contralateral Lung)



|          | D95            | D_mean | D_max | V10   |
|----------|----------------|--------|-------|-------|
| PTV      | $51.8 \pm 0.8$ |        |       |       |
| Heart    |                | 3.4    | 22.7  | 8.4%  |
| Esoph    |                | 4.1    | 18.2  | 16.0% |
| Sp cord  |                |        | 11.5  |       |
| Lung Par |                | 6.5    |       | 18.5% |



# MV-CT AND 4D-PTV REPRODUCIBILITY : METHODS



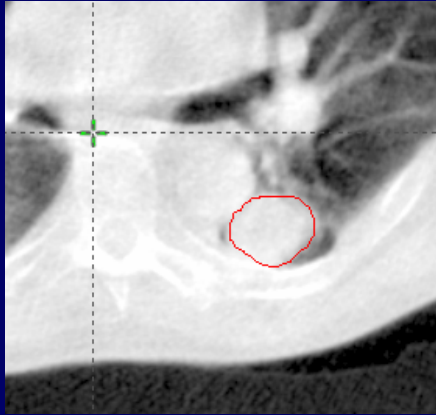
Male , lung mts

48 Gy/6 fs

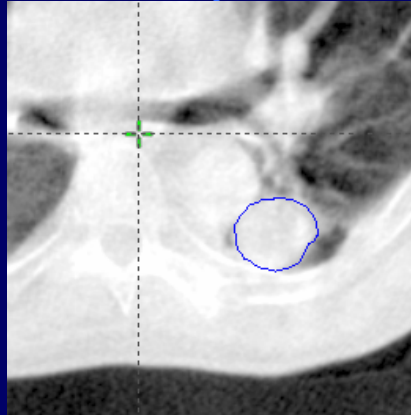




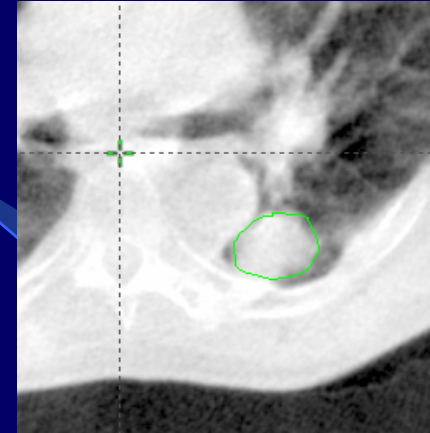
# MV-CT



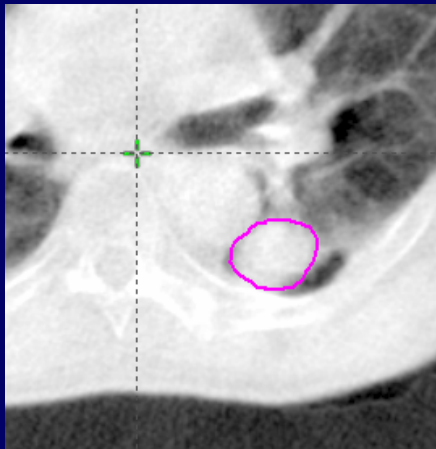
MV-CT 1



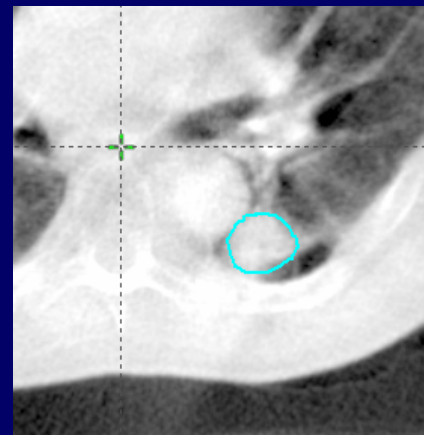
MV-CT 2



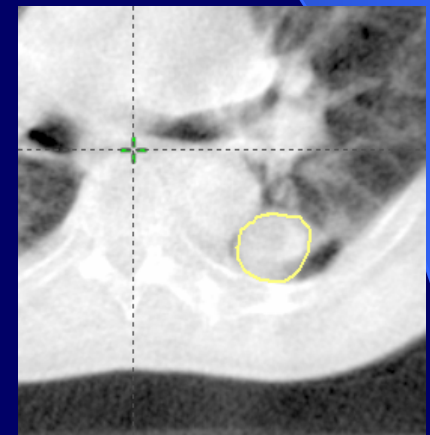
MV-CT 3



MV-CT 4

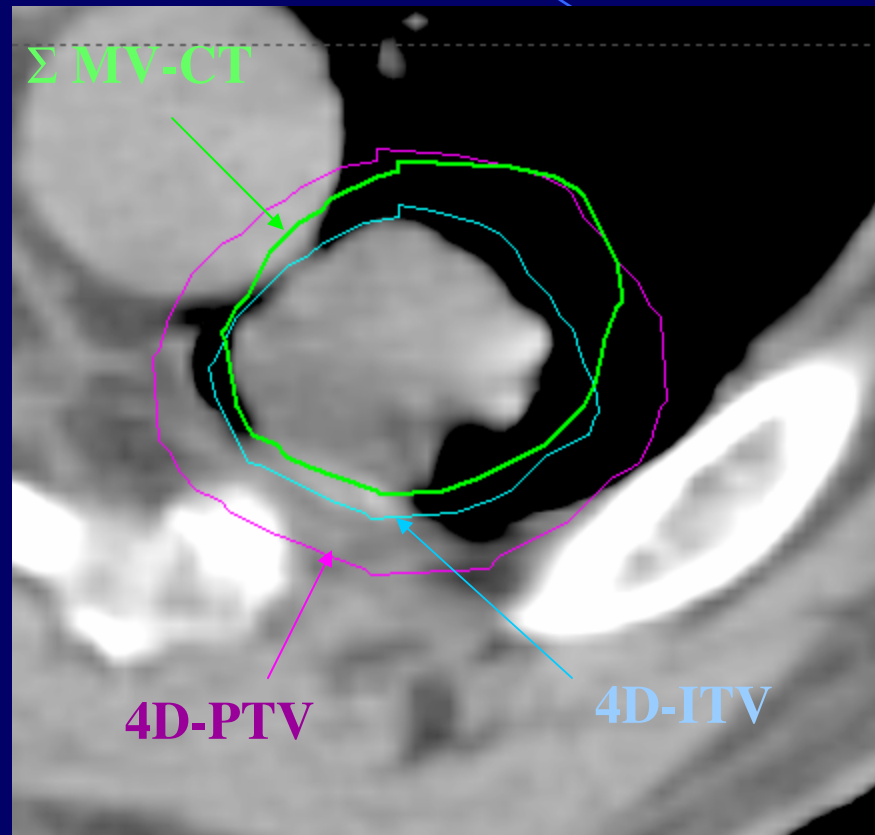


MV-CT 5

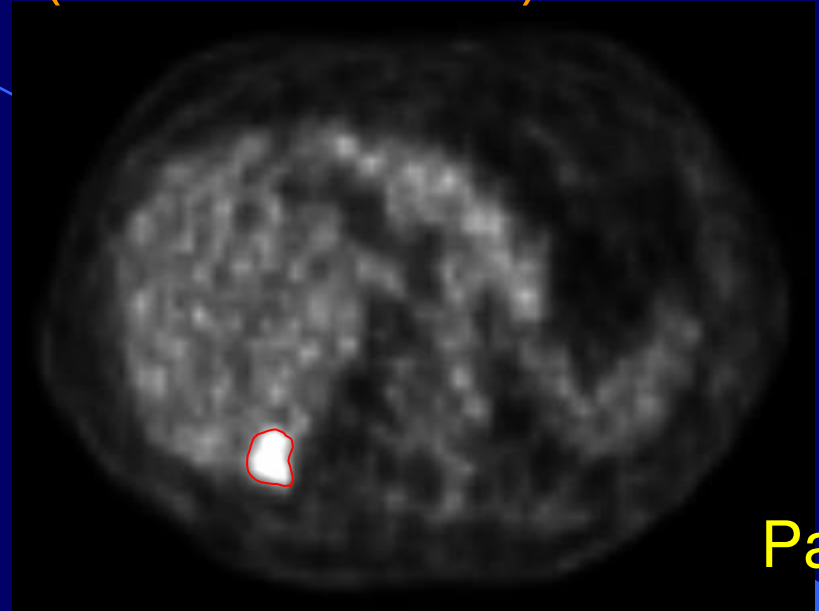
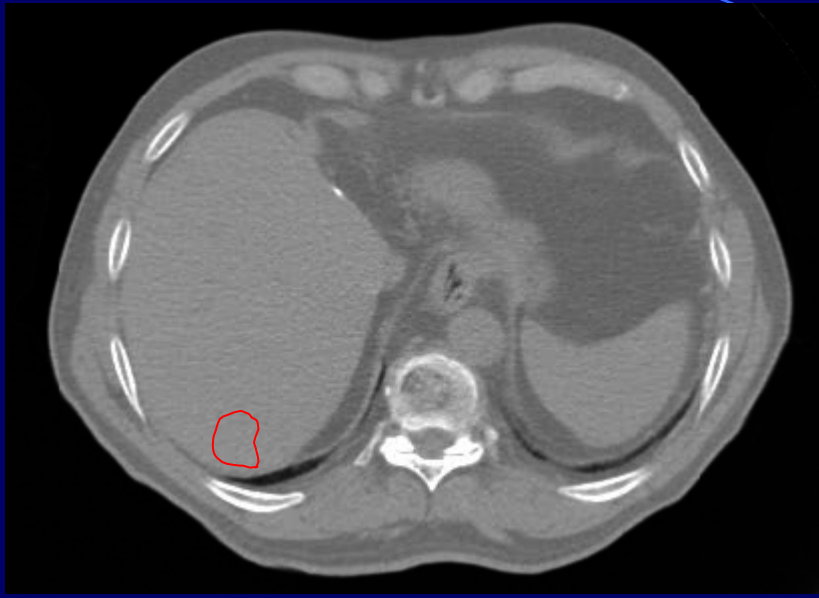


MV-CT 6

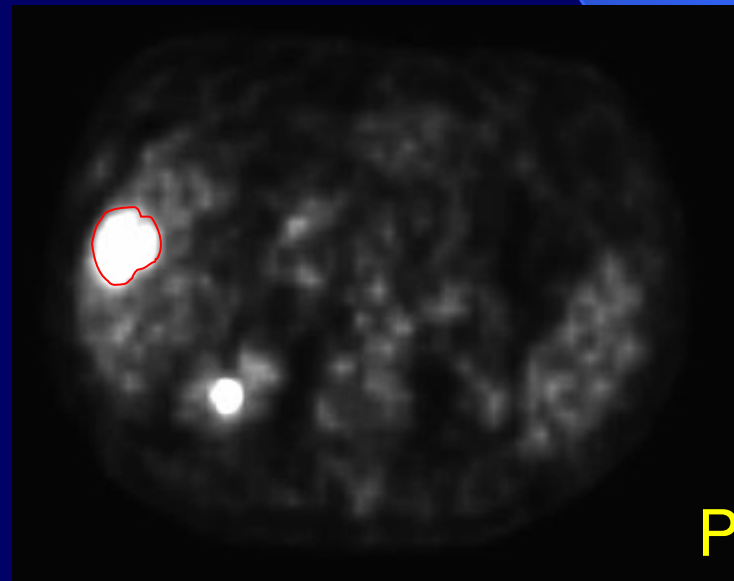
# VOLUME COMPARING



# Target definition (difficult on CT)



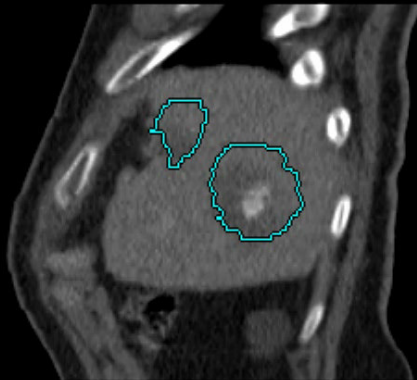
Pat.1



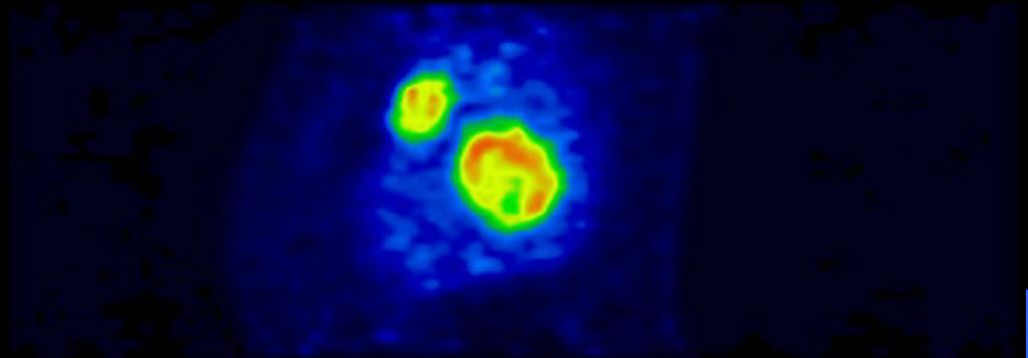
Pat.2



# 4D CT & 4D PET

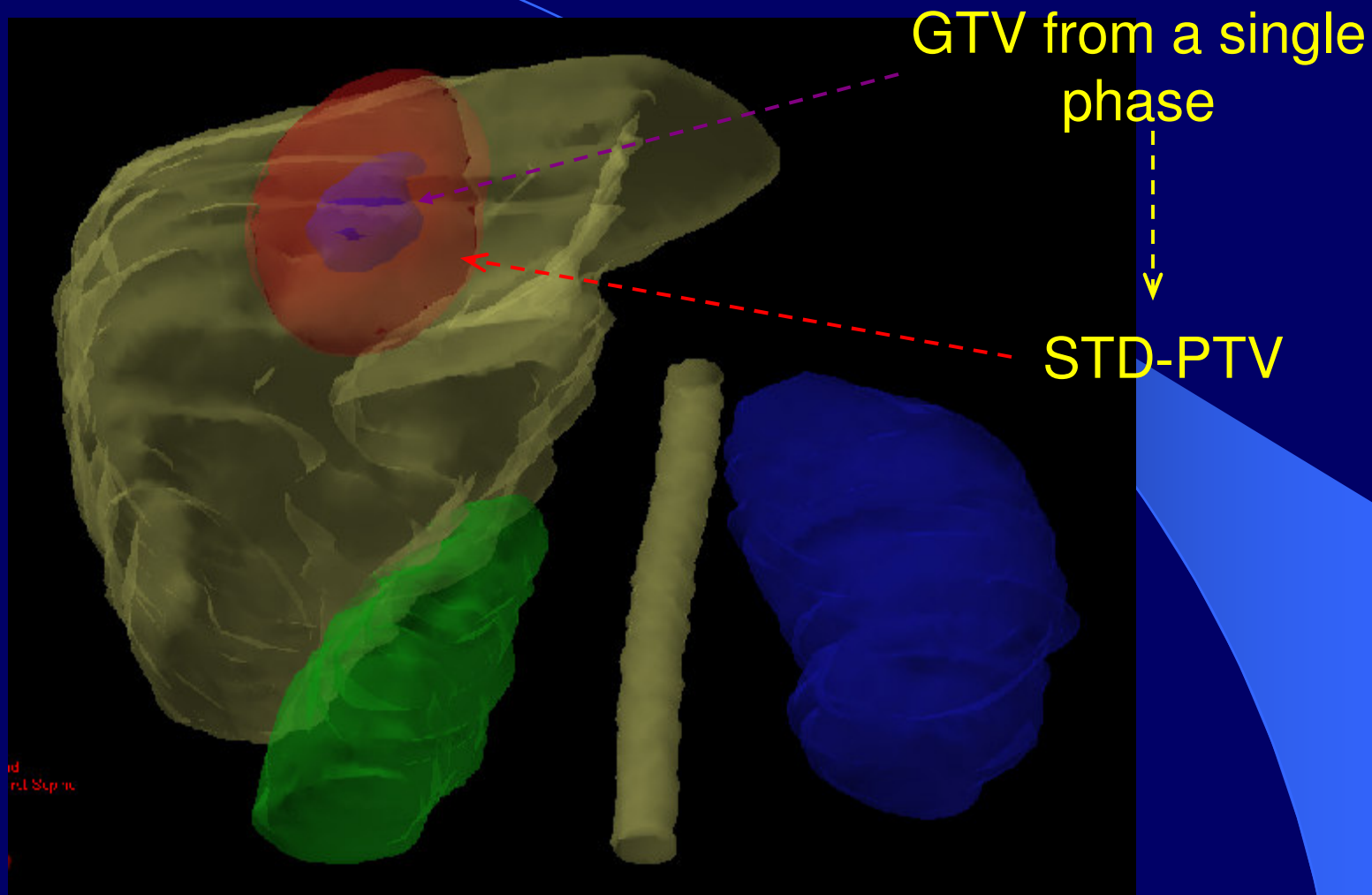


4D-CT  
with c.m.

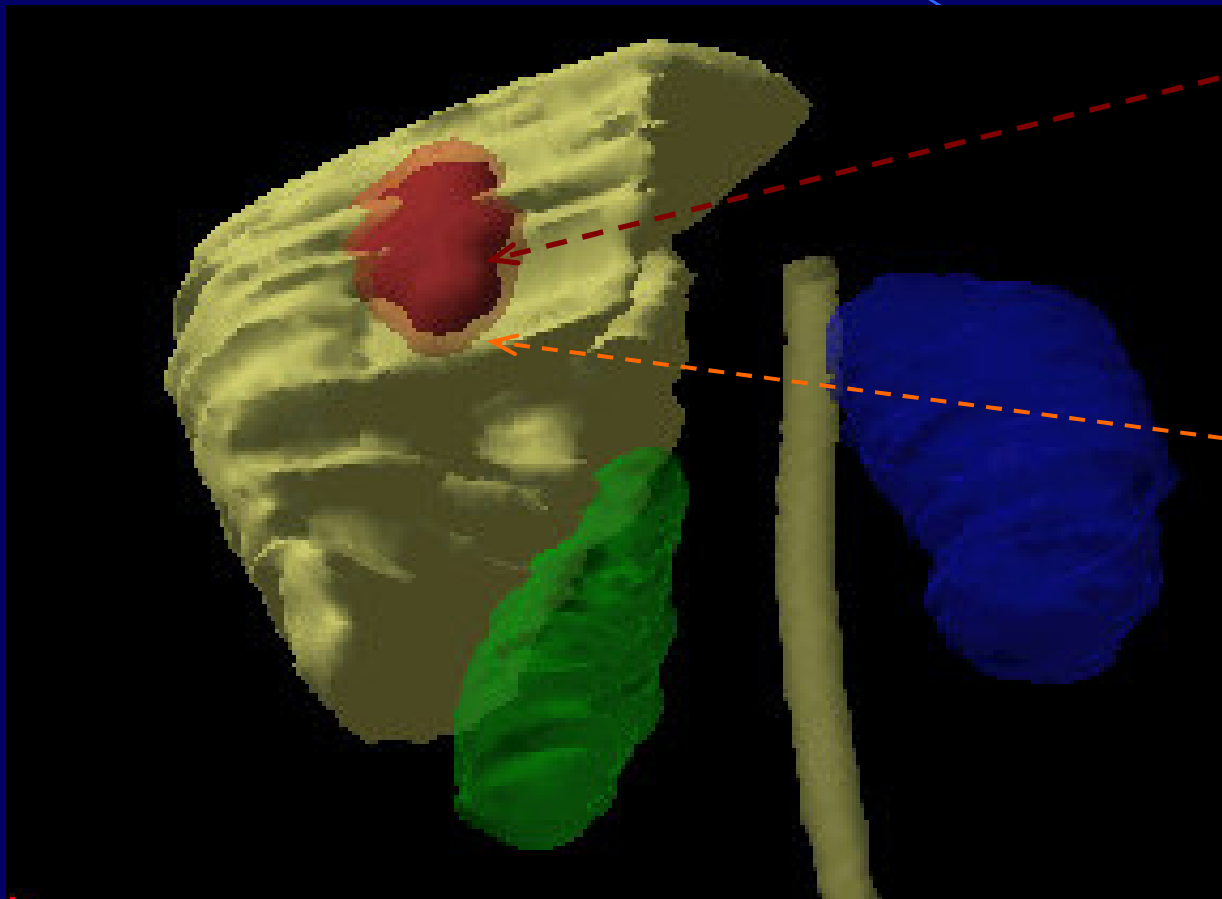


4D-PET

# Liver tumour



# Liver tumour



“4D” CTV



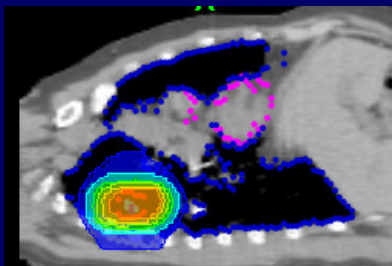
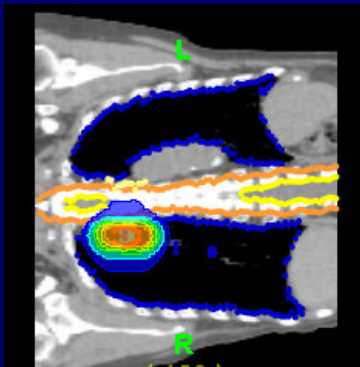
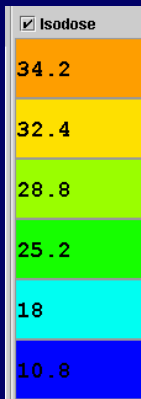
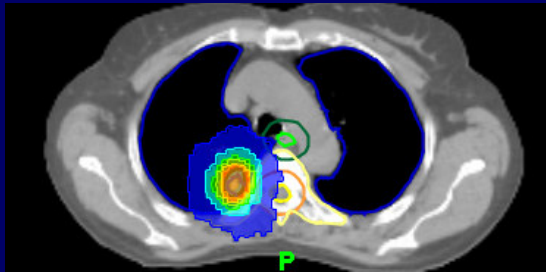
4D-PTV



- 50%

40Gy : 8Gy /fr

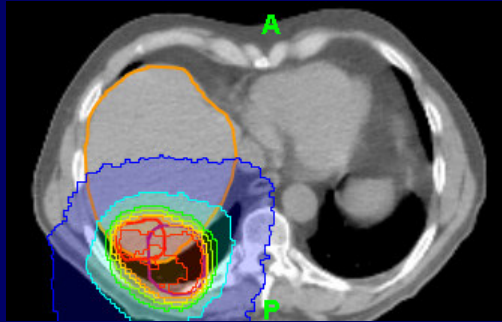
# LUNG mts : TOXICITY



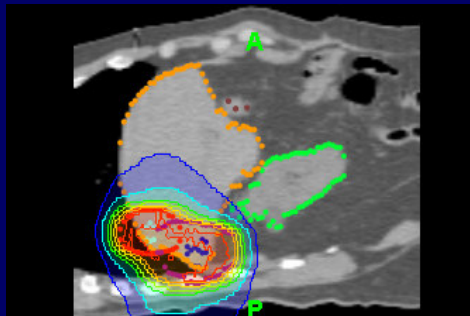
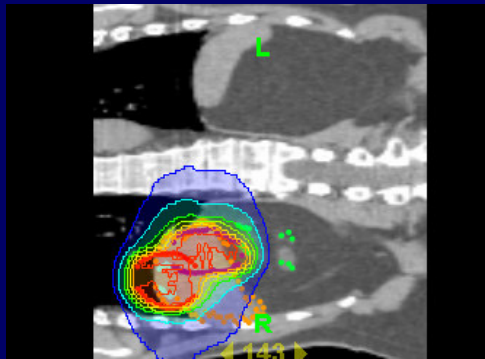
| Treatment                      | Dose ( Gy )       | Late Tox                |
|--------------------------------|-------------------|-------------------------|
| Radical ,<br>Mts<br>( 30 pts ) | 36-54<br>( 6 fs ) | ● Pulm :<br>G1 ( 2/30 ) |

RC 80%  
FU 24 ms

# LIVER mts : TOXICITY



| Isodose |
|---------|
| 56.175  |
| 52.5    |
| 49.875  |
| 47.25   |
| 42      |
| 36.75   |
| 26.25   |
| 15.75   |



| Treatment | Pts | Dose<br>(Gy) | Late Tox                |
|-----------|-----|--------------|-------------------------|
| 11 pts    | 11  | 40<br>(5 fs) | • Nausea :<br>G1 (2/11) |

RC 75%  
FU 26 ms

## **Pancreatic Tumor protocol (Phase I): Hypofractionated with dose-escalated SIB on infiltrated vessels**

- **Simulation CT: 4D-CT synchronized to concomitant infusion of non-iodinate contrast medium.**
- **Two 4D target volumes:**
  - **PTV1: tumor region (4D-GTV1 +5/5/7 mm) (NOT CTV, similar approach: Murphy IJROBP 2007]**
  - **PTV2 infiltrated vessels + 10 mm (4D-GTV2 +5/5/7 mm).**
- **Definition of overlap (stomach+duodenum) with PTV1 if > 5 cc**
- **SIB on PTV2 WITH concurrent to 5-FU continuous infusion (c.i.) or capecitabine**



# Pancreatic Tumor: protocol (II)

- Doses:

- PTV1 (and overlap if defined) : 44.25 Gy in 15 fractions

- $EQD_2(\alpha/\beta=10 \text{ Gy}) = 47.75 \text{ Gy}$

- PTV2: 48-55(58) Gy in 15 fractions

- $EQD_2(\alpha/\beta=10 \text{ Gy}) = 52.8\text{—}67.0 \text{ Gy}$

... ??? correction for overall treatment time ???

$$BED = E/\alpha = D[1 + d/(\alpha/\beta)] - h(T - T_K)$$

$T_k = 25 \text{ d}$

$h = 0.5 \text{ Gy}$

# Pancreatic Tumor: protocol (III)

correction for overall treatment time: just an estimation !

| D (Gy)          | fr | OTT<br>(d) | BED<br>(Gy) | BED*<br>(Gy) | $\Delta$ BED |
|-----------------|----|------------|-------------|--------------|--------------|
| 50<br>(std)     | 25 | 33         | 60          | 56           |              |
| 44.25<br>(PTV1) | 15 | 19         | 57.3        | 57.3         | +2.3%        |
| 55<br>(PTV2)    | 15 | 19         | 75.2        | 75.2         | +34%         |



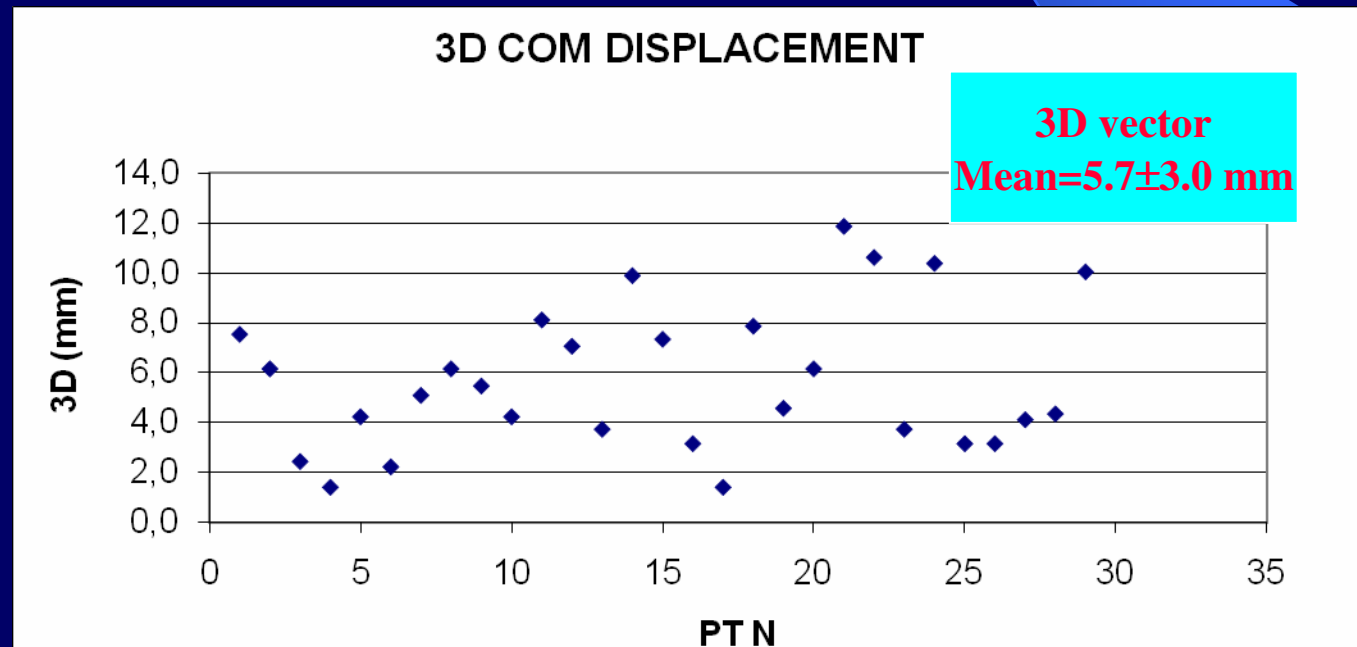




# Pancreatic tumor respiratory related motion

- 29 Patients with (contrast enhanced) 4D-CT, quite breathing
- 3D distance between center-of-mass (COM) of the GTV drawn on the end-inhalation and end-exhalation phases

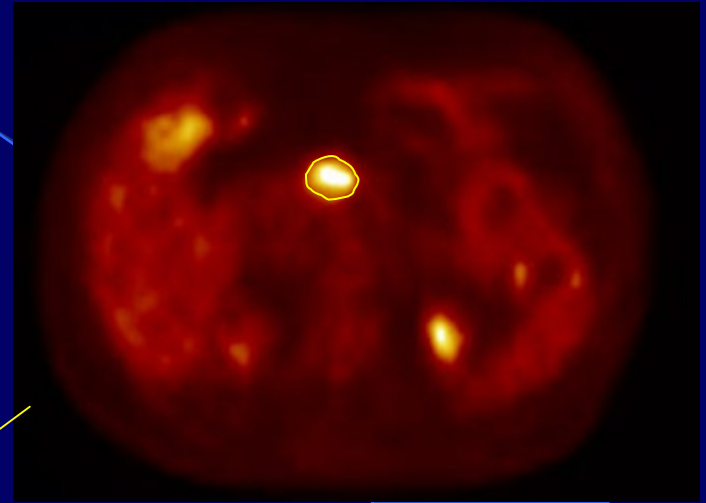
**3D vector:**  
**45%  $\leq 5$  mm**  
**8%  $> 10$  mm**  
**Max = 12 mm**



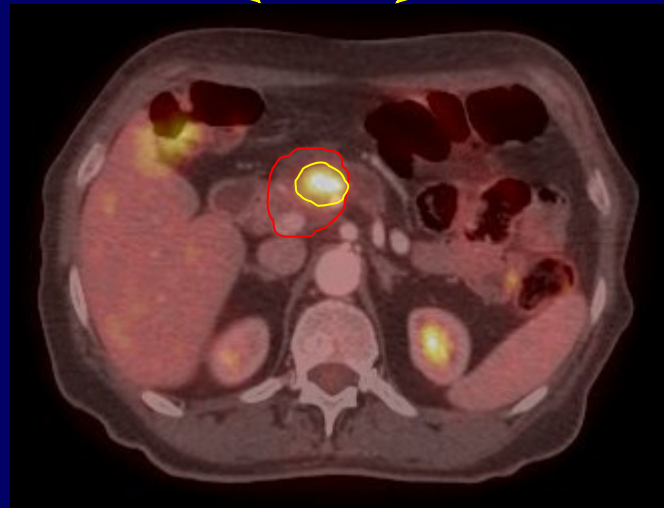
# Pancreatic Tumour: imaging for volume definition



4D-CT  
with c.m.



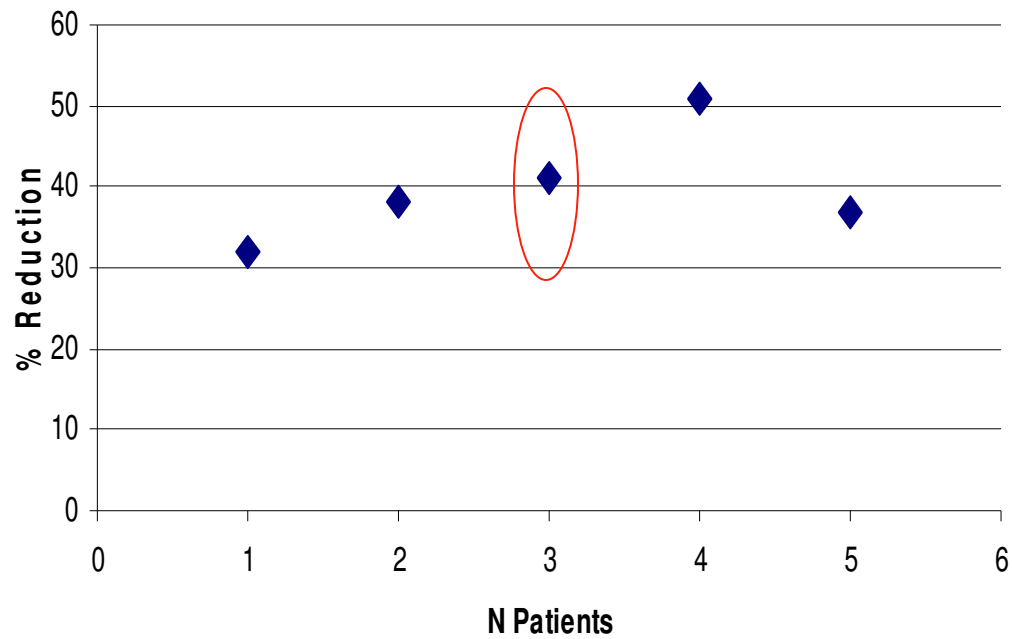
4D-PET



Fused  
PET /CT

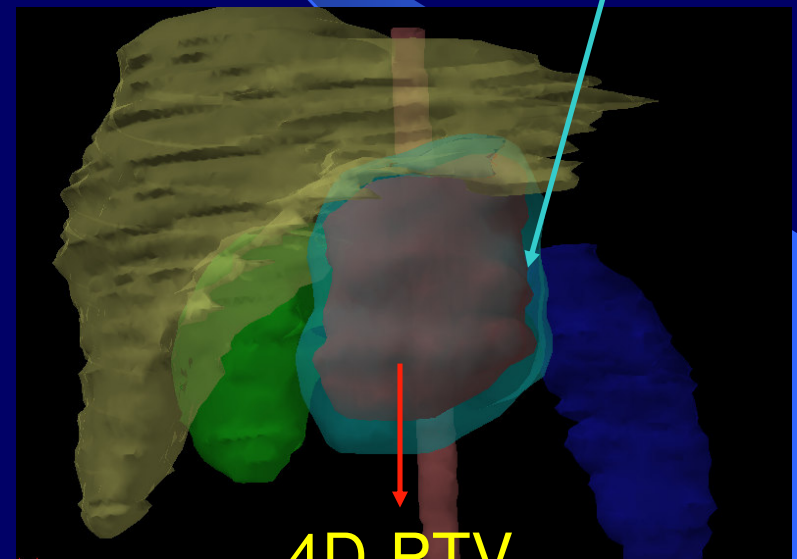
# Pancreatic Tumour

4D-PTV vs STD-PTV



Patient N 3

STD-PTV



4D-PTV

↓ 40%

# ST-PTVs 3DCRT vs 4D-PTVs 3DCRT

|           |                | 3DCRT Targets        |                      |                  |       |
|-----------|----------------|----------------------|----------------------|------------------|-------|
| Organ     | DVH Parameters | ST-PTV (Mean Values) | 4D-PTV (Mean Values) | Organ Spared (%) | P     |
| Stomach   | D_mean         | 22.6                 | 17.6                 | 22%              | 0.007 |
|           | V20            | 48.5                 | 39.7                 | 18%              | 0.01  |
|           | V50            | 13,9                 | 8.3                  | 40%              | 0.004 |
| Duode-num | D_mean         | 35.0                 | 30.1                 | 24%              | 0.01  |
|           | V20            | 69.9                 | 63.4                 | 9%               | 0.01  |
|           | V50            | 36.1                 | 25.3                 | 29%              | 0.01  |
| Kidney    | D_mean         | 9.0                  | 6.9                  | 23%              | 0.03  |
|           | V20            | 18.5                 | 13.2                 | 28%              | 0.05  |
|           | V30            | 11.2                 | 7.7                  | 31%              | 0.06  |

# ST-PTVs 3DCRT vs 4D-PTVs 3DCRT

## ST-PTV vs 4D-PTC: GEOMETRIC RESULTS

4D-PTVs resulted smaller than ST-PTVs in all pts

4D-PTVs were 36% smaller than ST-PTV (mean value 187 cm<sup>3</sup> vs 295 cm<sup>3</sup>, p=0.0006)

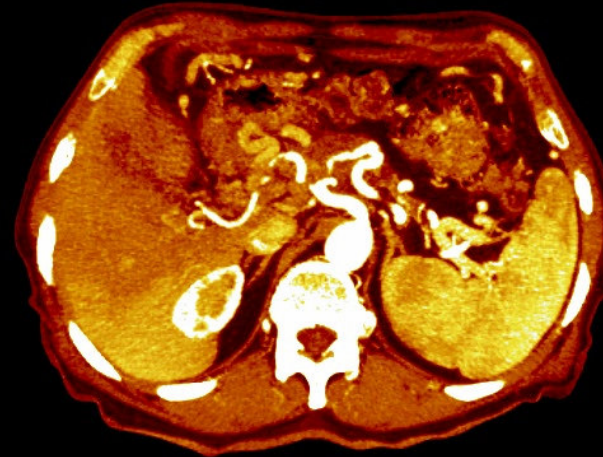
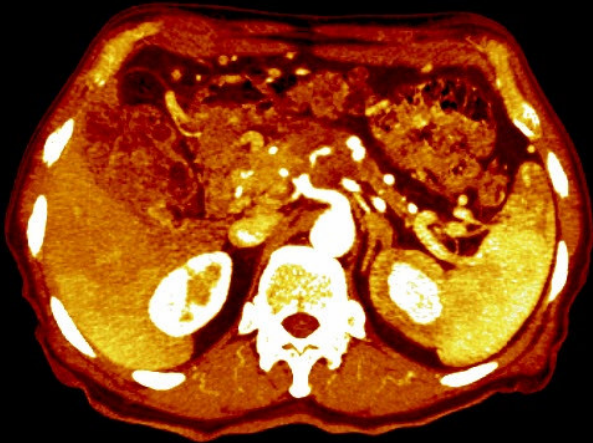
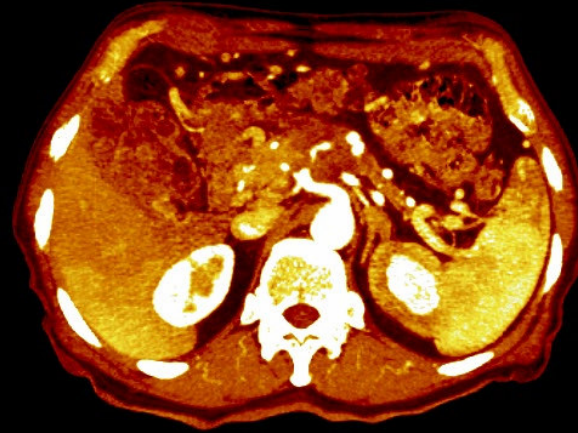
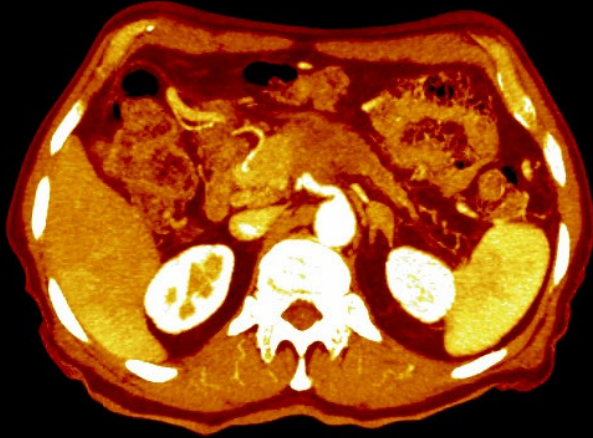
Overlapping volumes between 4D-PTVs and stomach resulted 59% smaller than overlapping volumes between ST-PTVs and stomach (mean value 7 vs 18 cm<sup>3</sup>, P=0.0014)

Overlapping volumes between 4D-PTVs and duodenum resulted 43% smaller than overlapping volumes between ST-PTVs and duodenum (mean value 9 vs 16 cm<sup>3</sup>, P=0.006)

# 3DCRT vs TOMOTHERAPY

|           |                | Target = 4DPTVs        |                       |                  |        |
|-----------|----------------|------------------------|-----------------------|------------------|--------|
| Organ     | DVH Parameters | 3DCRT<br>(Mean values) | TOMO<br>(Mean values) | Organ Spared (%) | P      |
| Stomach   | D_mean         | 17.6                   | 16.5                  | 8%               | 0.36   |
|           | V20            | 39.7                   | 29.2                  | 29%              | 0.004  |
|           | V50            | 8.3                    | 4.3                   | 48%              | 0.001  |
| Duode-num | D_mean         | 30.1                   | 24.6                  | 17%              | 0.003  |
|           | V20            | 63.4                   | 50.5                  | 20%              | 0.001  |
|           | V50            | 25.3                   | 12.7                  | 49%              | 0.001  |
| Kidney    | D_mean         | 6.9                    | 13.3                  | -48%             | 0.0006 |
|           | V20            | 13.2                   | 18.0                  | -26%             | 0.16   |
|           | V30            | 7.7                    | 1.2                   | 84%              | 0.01   |

# Pancreatic Tumour





# Pancreatic Tumour: two 4D-PTV

4D-PTV1  
“Vascular region”  
(48-55 Gy, 15 fr)



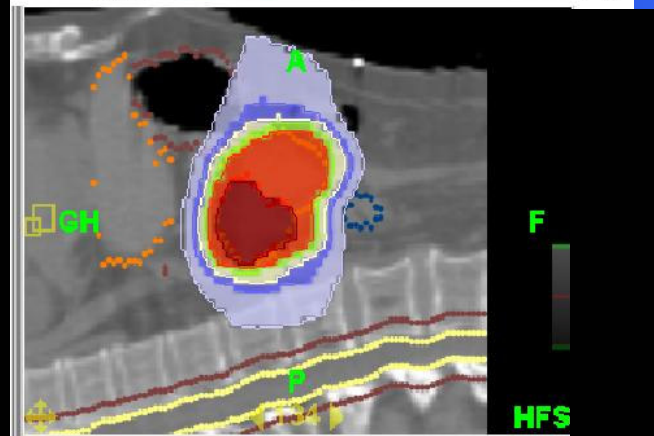
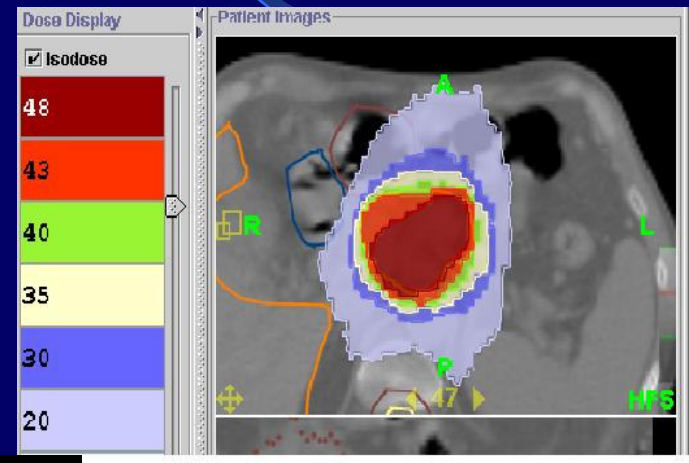
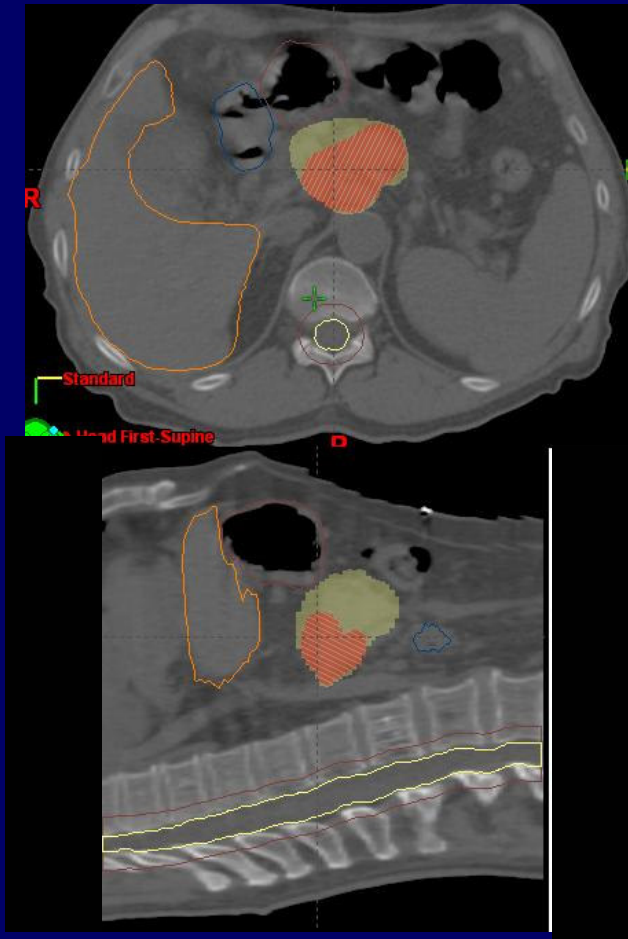
4D-PTV2  
(44.25 Gy, 15 fr)



# Pancreatic Tumour: HT plan

two 4D-PTV

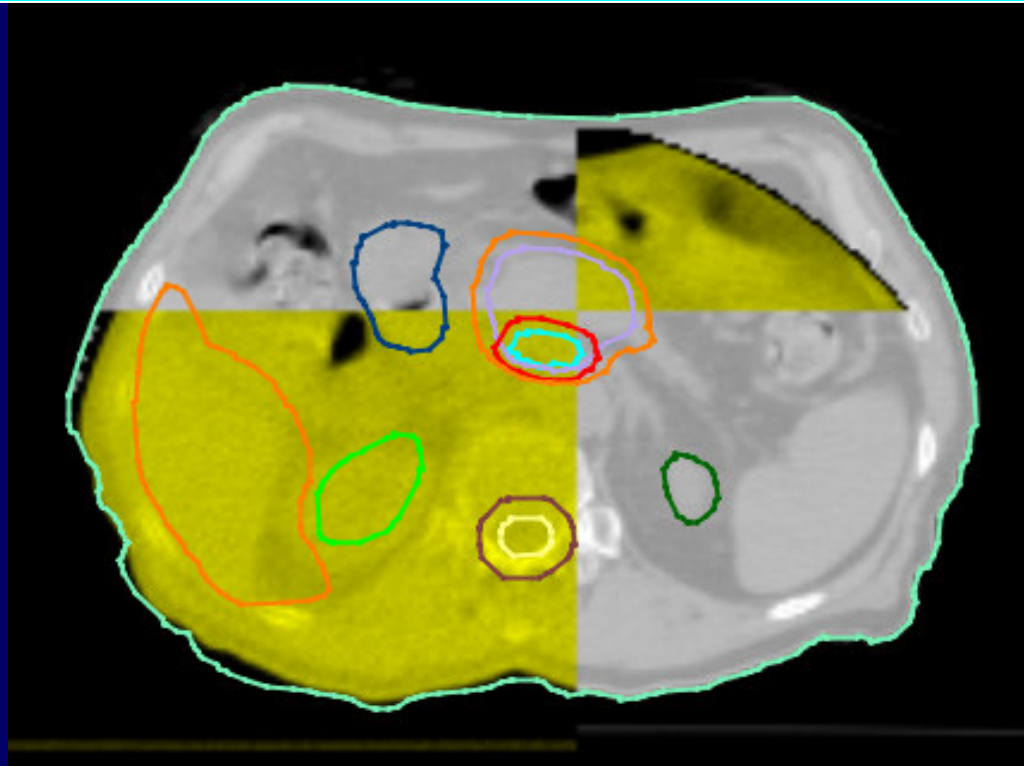
Dose distribution



# Daily MVCT-KVCT match

**A two step procedure:**

- **a fully automatic registration based on bony anatomy**
- **matching adjusted through direct visualization** (overlapping of the 12th costo-vertebral joints and of inter vertebral spaces; aorta, vena cava, and the origins of their main vessels, etc)



# Difference between “bone” and “operator” matching



- **12Pts, 180 daily MVCT**
- **For the three main axes, the deviation between bone matching and the final direct visualization**

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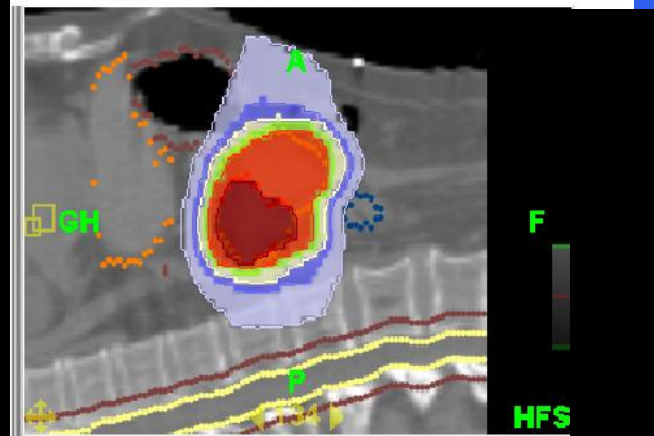
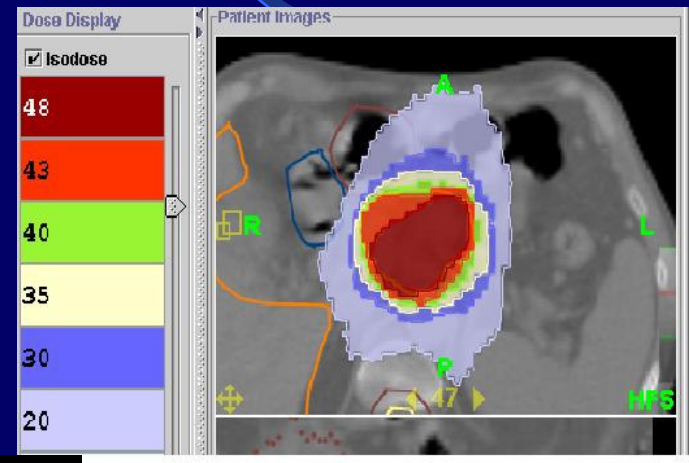
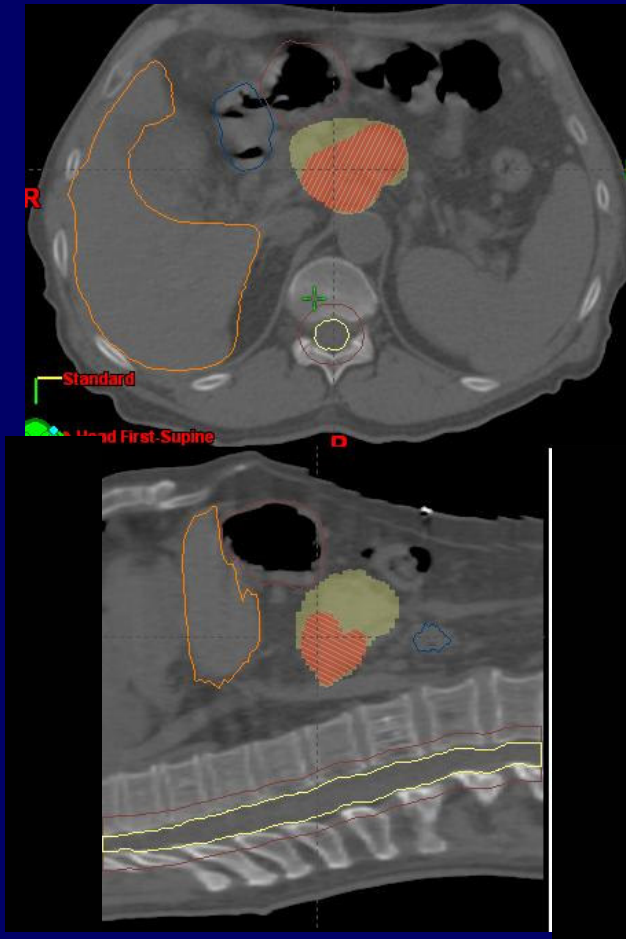
|                  | <b>LR</b> | <b>CC</b> | <b>AP</b> | <b>3D</b> |
|------------------|-----------|-----------|-----------|-----------|
| <b>≥ 3 mm</b>    | 6.8%      | 9.6%      | 3.4%      | 19.2%     |
| <b>≥ 5 mm</b>    | 3.4%      | 4.5%      | 2.3%      | 9.0%      |
| <b>≥ 7 mm</b>    | 2.3%      | 4.0%      | 1.1%      | 4.5%      |
| <b>Max shift</b> | 10mm      | 7mm       | 5mm       | 13mm      |

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# Pancreatic Tumour: HT plan

two 4D-PTV

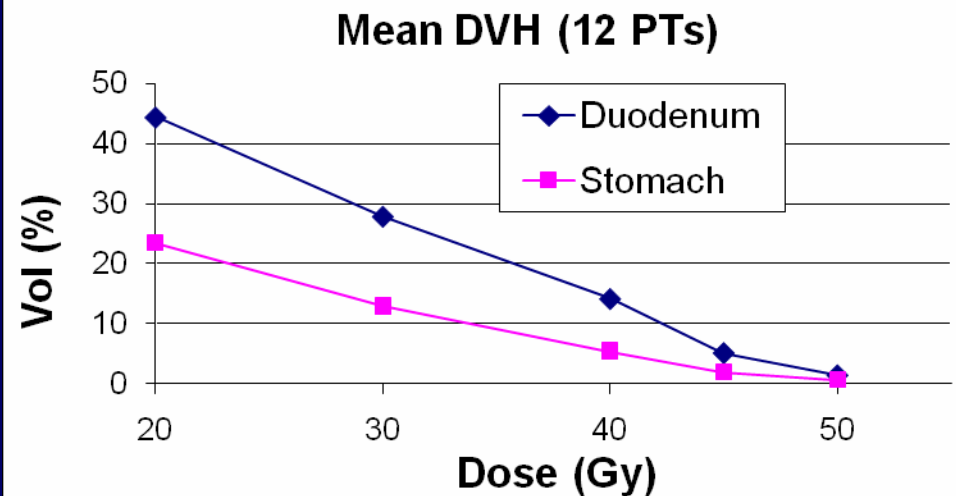
Dose distribution



# HT plan strategy

| OAR   | 2.95Gy                             | 3.67Gy                             |
|---|------------------------------------|------------------------------------|
| <b>Spinal cord</b><br>$\alpha/\beta = 2$              | $D_{\max} = 36.3 \text{ Gy}$       | $D_{\max} = 31.7 \text{ Gy}$       |
| <b>PR-Spinal cord</b><br>$\alpha/\beta = 2$           | $D_{\max} = 40.4 \text{ Gy}$       | $D_{\max} = 35.3 \text{ Gy}$       |
| <b>Liver (RILD)</b><br>$\alpha/\beta = 3$<br>NTCP: 4% | $D_{\text{med}} = 22.1 \text{ Gy}$ | $D_{\text{med}} = 19.7 \text{ Gy}$ |
| <b>DUODENUM</b><br>$\alpha/\beta = 3$                 | $V_{36} < 33\%$                    | $V_{32} < 33\%$                    |
| <b>STOMACH</b><br>$\alpha/\beta = 3$                  | $V_{36} < 25\%$                    | $V_{32} < 25\%$                    |

- Constraints modified according to the dose/fraction on PTV1 (... to stress the optimization with higher dose/fraction values)
- For more critical structure (stomach, duodenum): as low dose level (on overall DVH) as reasonable achievable without compromising PTV coverage



# PANCREATIC CANCER

## RESULTS

### DOSE LEVELS:

I level, 48 Gy: 4 pts  
II level, 50 Gy: 6 pts  
III level, 52Gy: 3 pts  
IV level, 55 Gy: 3 pts

|                  |             |
|------------------|-------------|
| <b>SD</b>        | <b>53%</b>  |
| <b>PR</b>        | <b>27%</b>  |
| <b>PD</b>        | <b>20%</b>  |
| <b>Median FU</b> | <b>18 m</b> |

### G3 TOXICITY:

Gastric ulcer: 1 pt at the II level  
Gastro-duodenitis: 1 at the IV level

### COMMENTS:

Three more pts will be enrolled at the IV level  
The planned final dose to PTV2 is 58 Gy

# Malignant Pleural Mesothelioma: dose escalation protocol with SIB on BTV

- **Simulation CT + PET**
- **Two target volumes:**
  - **PTV1: tumor region (CTV + 10 mm)**
  - **BTV: FDG\_PET avid region**
- **DOSES:**
  - **PTV: 54 Gy 25 fr (12 PTs)**
  - **BTV: 62.5 Gy 25 fr (11 PTs)**

# Malignant Pleural Mesothelioma

## DOSE-DEPENDENT PULMONARY TOXICITY AFTER POSTOPERATIVE INTENSITY-MODULATED RADIOTHERAPY FOR MALIGNANT PLEURAL MESOTHELIOMA

Rice et al. IJROBP 2007

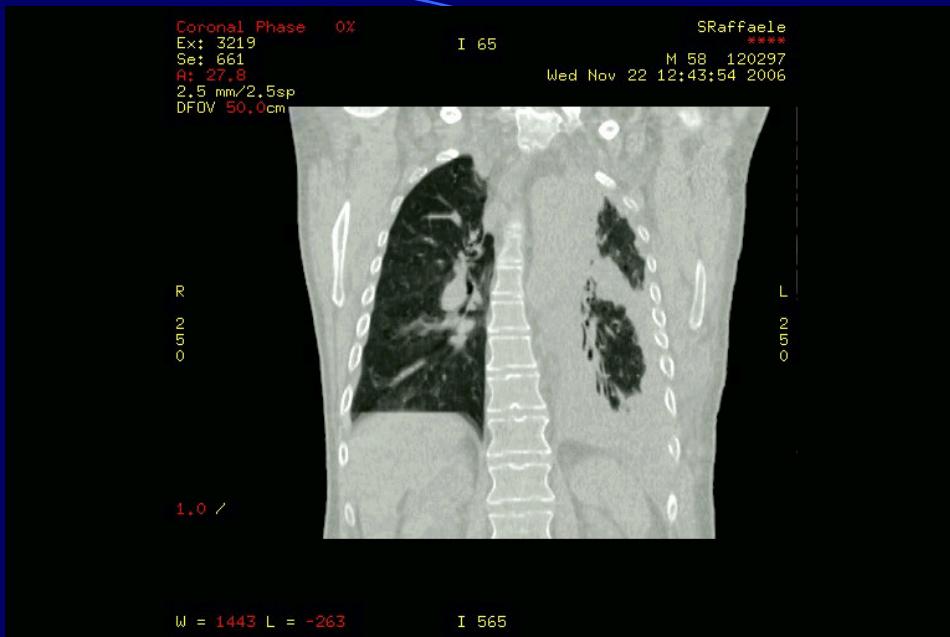
63 Pts, 21% non-cancer-related deaths

10% pulmonary related deaths

and may further improve local tumor control. With strict attention to limiting the MLD and  $V_{20}$  as much as possible, it is usually feasible to safely administer therapeutic doses to the entire planned target volume. Currently, we aim to keep the MLD at  $<8.5$  Gy and the mean  $V_{20}$  at  $<7\%$ ; ideally, both should be even lower if possible. In centers

**Conclusion:** The results of our study have shown that fatal pulmonary toxicities were associated with radiation to the contralateral lung.  $V_{20}$  was the only independent determinant for risk of PRD or non-cancer-related death. The mean  $V_{20}$  of the non-PRD patients was considerably lower than that accepted during standard thoracic radiotherapy, implying that the  $V_{20}$  should be kept as low as possible after extrapleural pneumonectomy.





**Involved lung respiratory pattern:**

**Usually reduced motion !**

**Rare exceptions ⇒ 4D imaging**

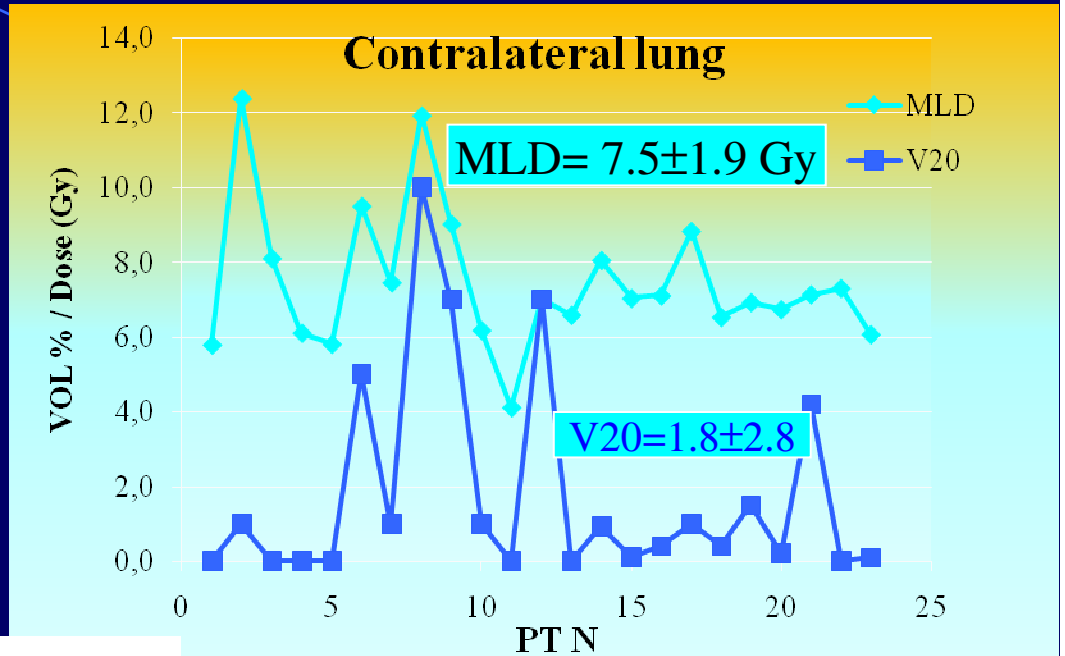
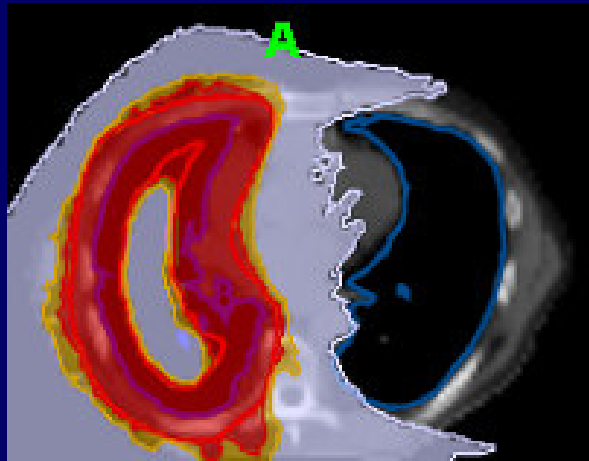


--- End Inspiration

--- End Expiration

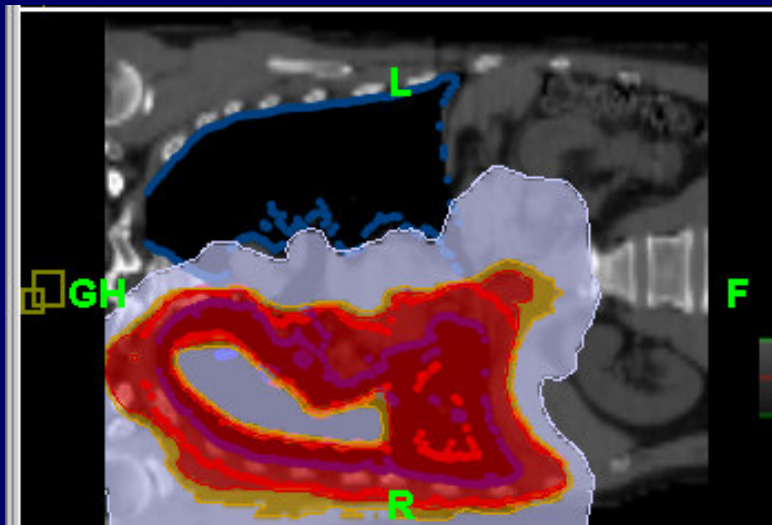
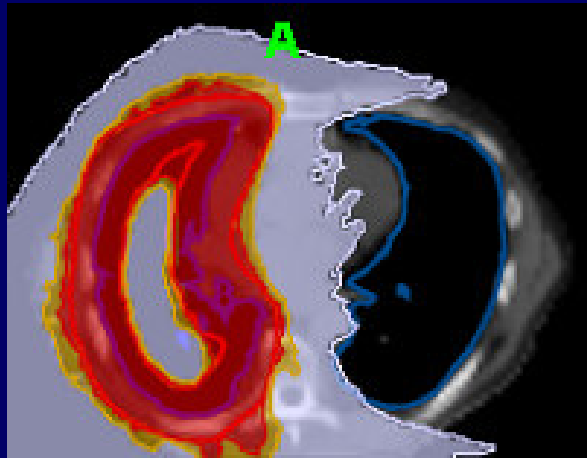


## Pleural mesothelioma : HT plan data



|                | Meso SX  | Meso DX  |
|----------------|----------|----------|
| <b>Heart</b>   |          |          |
| D_mean         | 28.5±5.0 | 23.2±2.9 |
| <b>Liver</b>   |          |          |
| D_mean         | 7.7±2.3  | 23.0±4.0 |
| <b>Sp Cord</b> |          |          |
| D_max          | 40.3±5.0 |          |

# Pleural mesothelioma : TOXICITY AND RESPONSES



## TWO GROUPS

\* Group 1 ( 56 Gy, 12 Pts)

Median Survival= 5 months ( 0-32 m)

No early-late tox > G1 RTOG

1 CR, 4 PR, 7 PD

\* Group 2 (+ SIB on BTV 62.5 Gy, 11 PTs)

3 G3 RTOG Lung Tox

4 PR, 3 SD

Median survival: 7 (1-12) months

# Conclusions

---

- **Modern IMRT-technology** guarantees a dose delivery which conforms more closely to the shape of the PTV and improves OAR DVHs
- Both lung and liver tumours have been treated using hypofractionated RT with limited acute or long term normal tissues reactions
- Certain dose and volume limitations are necessary BUT their limits are still under evaluation
- Daily MVCT scan for (hard) hypofractionated protocol

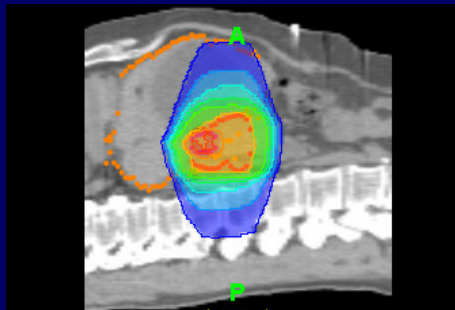
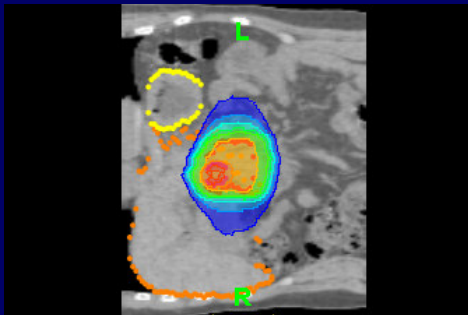
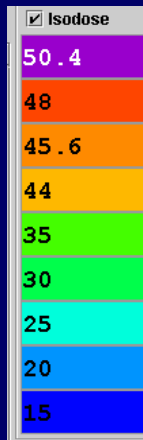
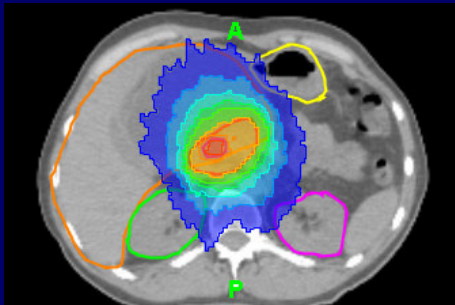
# Acknowledgements



- **Medical Physics DPT**
- **Radiotherapy DPT**
- **Nuclear medicine DPT**



# PANCREAS : TOXICITY AND RESPONSES



## SIB DOSES

- 48 Gy (4 PTs)
- 50 Gy (6 PTs)
- 52 Gy (3 PTs)
- 55 Gy (3 PTs)

Early G3 toxicity: 7%

SD 53%

PR 27%

PD 20%

Median FU 18 m