

Ultrasound Guided In-Room for daily target localization:

IGRT by Restitu Resonant F. Muñoz

SCDU 1- Az. Osp. S. Giovanni Battista di Torino. Università di Torino. Dir. Prof. U. Ricardi



Image Guided RadioTherapy

A Physician's Perspective

IGRT is not new!!!



Johns (1959)
Princess Margaret
Hospital

kV portal imaging

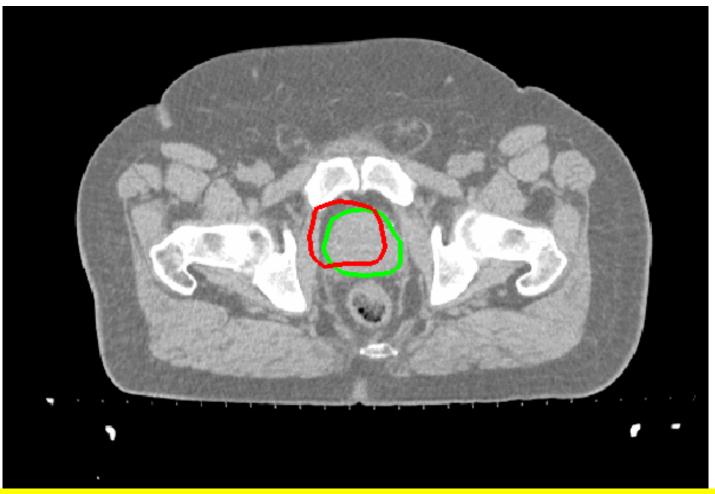
on a 60Co Unit

To improve setup accuracy

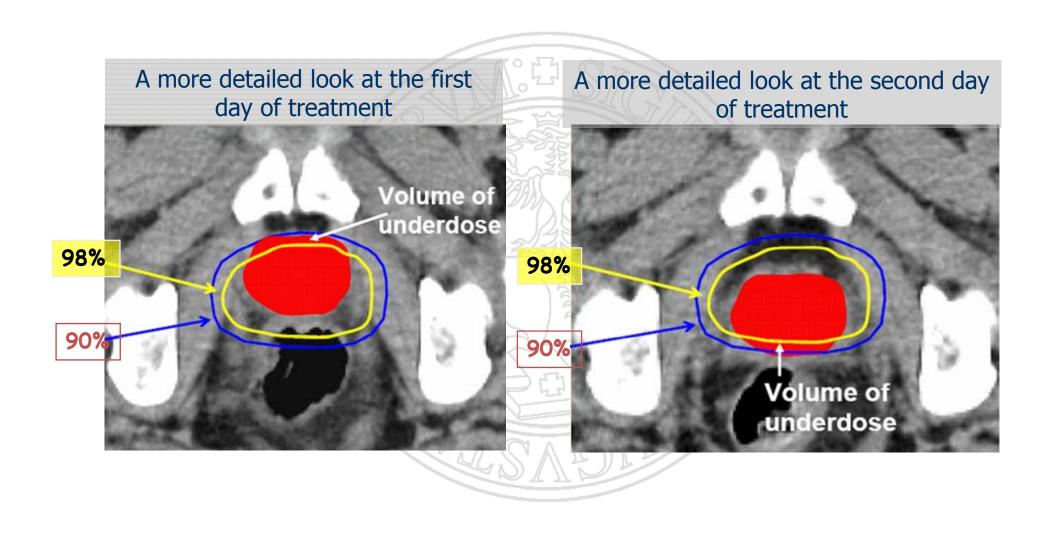


Image Guided RadioTherapy

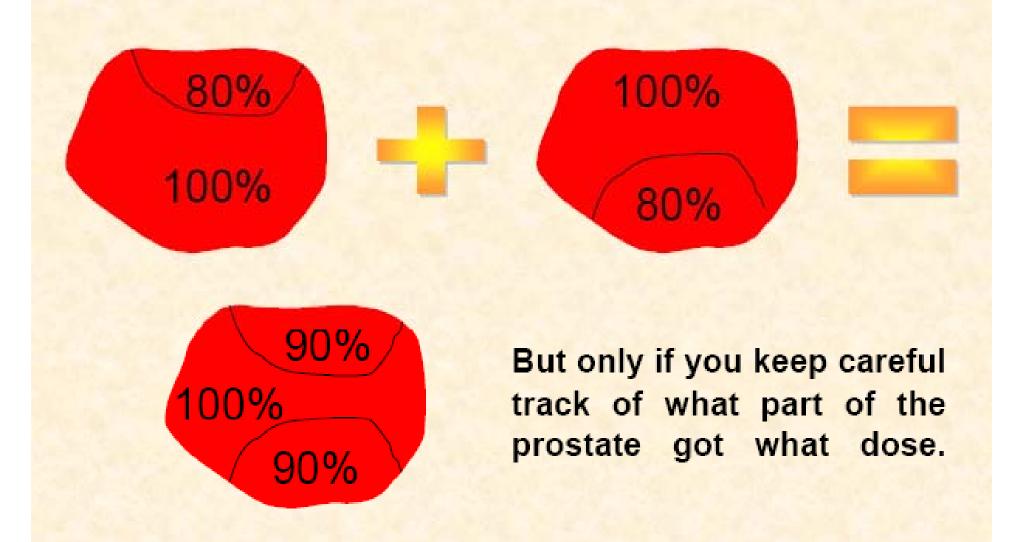
A Physician's Perspective



Potential dosimetric consequences of missing the target



How do you add the prostate doses?







METHODS OF CALCULATION

CROSS-MODALITY CALCULATION METHODS



B-MODE-BAT, NOMOS



SONARRAY VARIAN



I-BEAM

CMS

www.cms-stl.com

BAT

SonArray

Ultrasound

I-Beam

Restitu

Asti 18 ottobre 2008

Hotel Salera Via Monsignor Marello 19

INTRAMODALITY CALCULATION METHODS



RESTITU RESONANT



CROSS-MODALITY CALCULATION METHODS

BAT SYSTEM, SANARRAY, E.BEAM

Two orthogonal 2D US images obtaines immediately prior to treatment are compared to the position of the CT designed treatment planning volumes



CT-MRI image fusion for delineation of volumes in three-dimensional conformal radiation therapy in the treatment of localized prostate cancer

GL Sannazzari, MD¹, R Ragona, PhD¹, M G Ruo Redda, MD¹, F R Giglioli, PhD², G Isolato, MD¹ and A Guarneri, MD¹

A study of prostate delineation referenced against a gold standard created from the visible human data

Zhanrong Gao^{b,*}, David Wilkins^{a,b,c}, Libni Eapen^{a,c}, Christopher Morash^c, Youssef Wassef^c, Lee Gerig^{a,b,c}

*Department of Radiation Oncology, The Ottawa Hospital Regional Concer Centre, Ottawa, Canada, *Department of Physics, Carleton University, Ottawa, Canada, *Department of Medicine, University Of Ottawa, Ottawa, Canada

Radiotherapy and Oncology, 2007

Uncorrecte

VHP male

6 radiation oncologists, 120 delineations on KV CTs

CT volumes on average 30% larger than true volume

CT volumes encompassed, on average, 84% of the true volume.

Missed posteriorly Extended too anteriorly

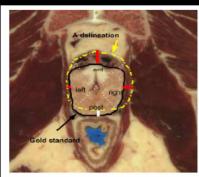


Fig. 2. An example of the difference between the gold standard contour and a representative CT based physician contour. Both are superimposed on the anatomical image and the "'Gap" between the



INTRAMODALITY CALCULATION METHODS

RESTITU

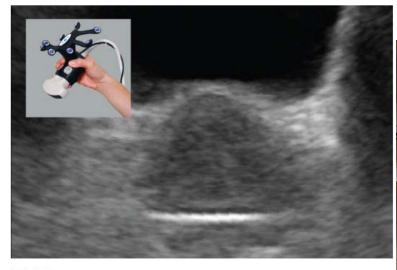
Compares the images obtained daily, before each fraction of RT, with an image of identical imaging modality obtained from the simulation day





In-TC echography

US SIM

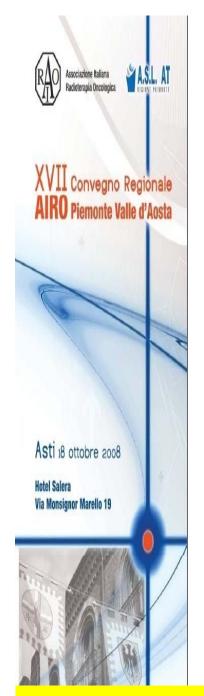


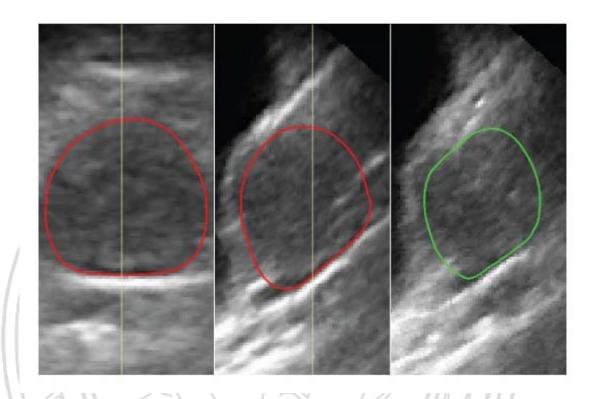
>acquisition quick and easy-non need to find the perfect 2D slice

>reconstruction of the 3D volume in any orthogonal plan









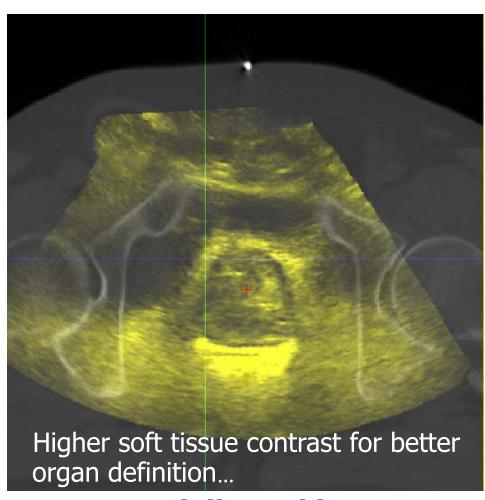
- Segmentation algoritms to extract a 3D surface a some seconds
- Reduction of inter-user variability

RESTITU CT/US SIM

- Implicit Registration gives automatic CT-U/S fusion
- Better and consistent GTV and PTV contouring
- Complimentary imaging modality for treatment planning







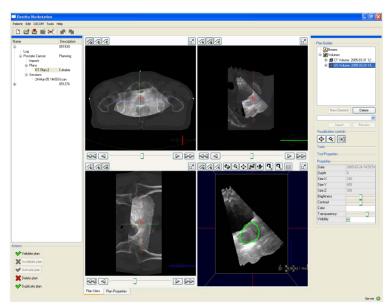
delivered by US-SIM

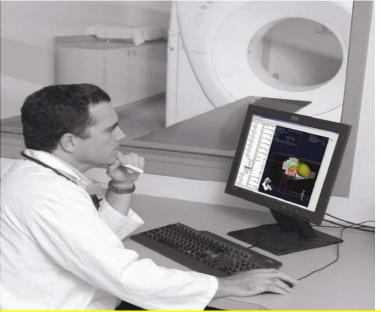


Restitu Workstation

Functionality:

- ➤ Inter-modality fusion of CT and US image sets for treatment planning
- ➤ Import of CT based treatment plan
- > Creation of reference volumes
- > Data Administration





Restitu U/S Guide

- ➤ U/S-GUIDE is involved in daily treatment
- Data acquired here is compared to reference volume acquired on U/S-SIM to determine necessary shifts



In **CT-Sim room** RESTITU

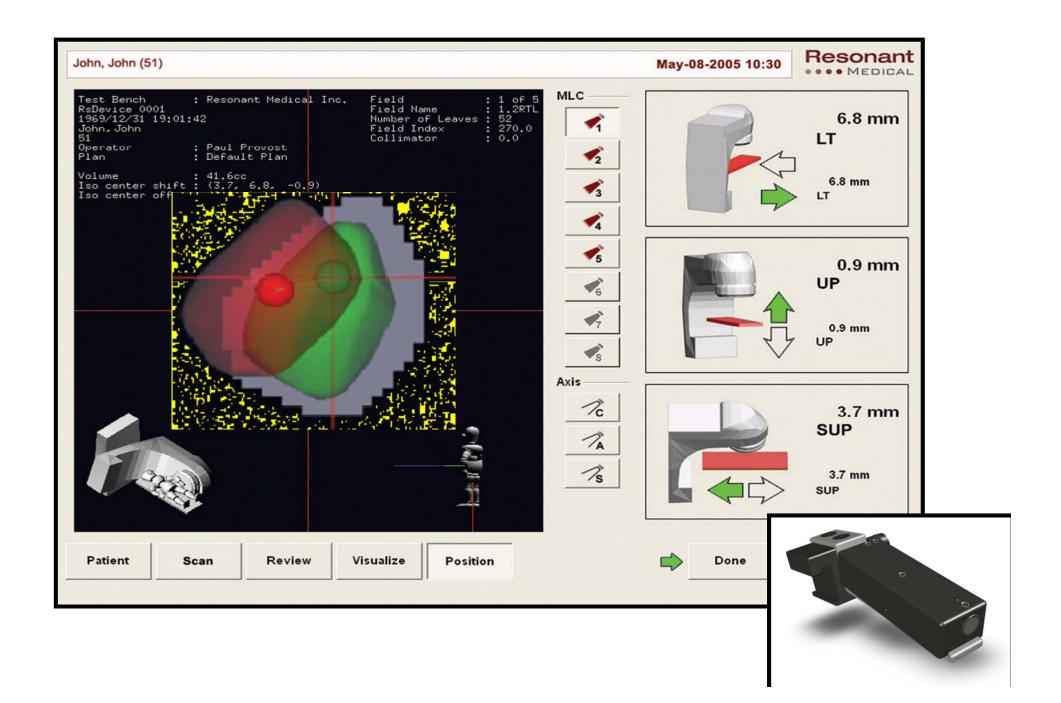
U/S allows more accurate target volume delineation on automatically generated

US/CT fusion volumes

In the treatment room, RESTITU U/S-GUIDE makes organ position verification and patient positioning possible without compromising throughput.



robust and reproducible 3D u/S imaging, tumor position verification and patient realignment in only 90 seconds.



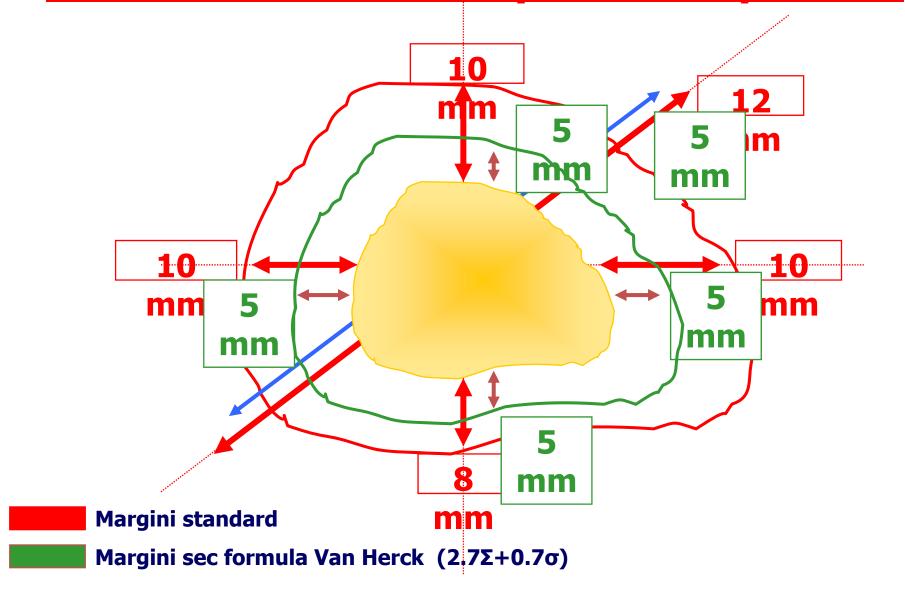
Our experience in IGRT US-guided

- ➤ From 2007, 45 consecutive patients + 25 with gold-seed fiducial markers)
- ➤ Prostate adenocarcinoma, intermediated risk or highrisk (if LN risk between 15-35% by Roach recipe)
- ➤ Ipofractionation 70 Gy /2.7 Gy per fx

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(BED_2 84.4 \text{ Gy if } a/\beta = 1.5 \text{ Gy})
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- ➤ Daily on-line target localization prior RT. Off-line correction for residual errors
- Empty of the rectum, full bladder and diet regime protocol

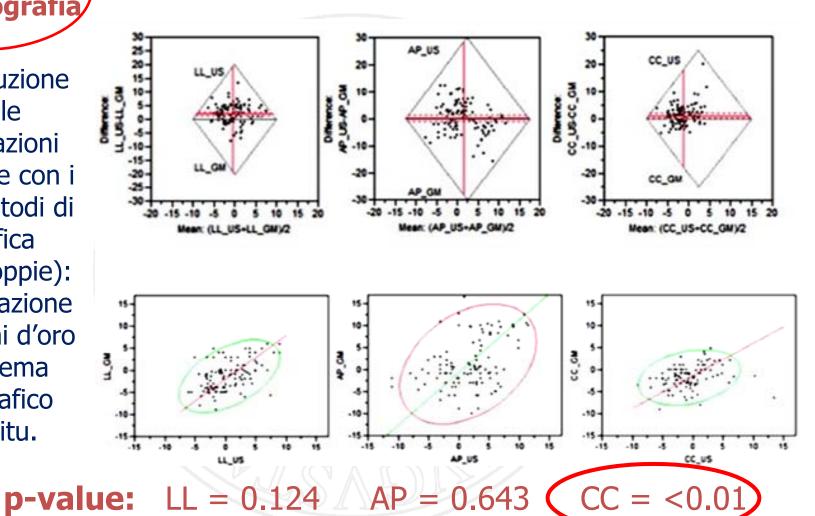
Definizione di un PTV paziente-specifico



Confronto semi-ecografia

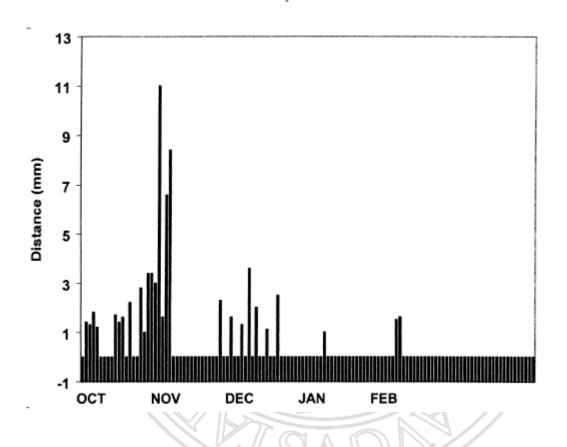
RESULTS

Distribuzione
delle
misurazioni
ottenute con i
due metodi di
verifica
(467 coppie):
localizzazione
dei semi d'oro
e sistema
ecografico
Restitu.





LEARNING CURVE

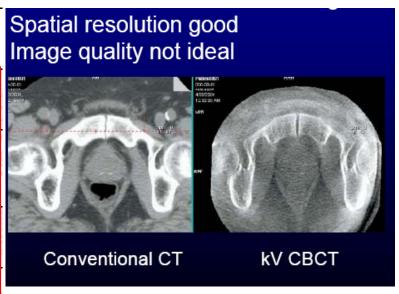


Ultrasound: PRO AND CONTRA BALANCE

CONTRAS PROs 1. OBESITY 1. FAST 2. NON-INVASIVE 2. LEARNING CURVE 3. EXCELLENT 3. BLADDER FILLING **VISUALIZATION OF COMPLIANCE SOFT TISSUES STRUCTURES** 4. NON-IONIZING 4. INTER-USERS Dong, Langen, Tomè **METHODS VARIATIONS?** 5. COST-EFFECTIVE **5. PROBE -INDUCED** Dong, McNeeley PRESSION? 6. NO OVERSTIMATES **VOLUMES** 7. NO LINAC **MODIFICATIONS**

COMPARISON IGRT SYSTEMS

IGRT PROSTATE	US	CONE-BEAM CT (kV)
SYSTEM USER FRIENDLY	++++	+++
EASE OF INTERPRETATION IMAGES	++	
VISIBILITY OF SOFT TISSUES	++++	++
POST- ALIGNMENT VERIFICATION	+++	
TIME CONSUMING	++++	
INTEGRAL DOSE	++++	
STORAGE REQUIREMENT	++++	TOME



TAKE HOME....

- ¶ fast ± 90-120 seconds, complet procedure
- non invasive
- allows to account target size, shape and position
- "implicit Registration" by CT, MR and PET
- store capability to Record and verify systems of all records and alignments
- cost-efficacy
- not necessary LINAC modifies
- non-controlled studies suggests that it might improve outcome

